



CONTINUING EDUCATION

LEARN today • USE tomorrow • BECOME exceptional

See inside for new classes on Technology, Healthcare, Business and Professional Programs, Art, Personal Enrichment, TELOS and World Languages.



Contents

Technology

Д

Computer Basics Business and Desktop Applications Graphics Design User Experience (UX) and Web Design Web Development Database Design and Management Programming Software Testing and Quality Assurance

14 Business and Professional Programs

Communication Development Finance Healthcare Human Resources Management Project Management Real Estate

20 Arts and Design

Ceramics Digital Photography Certificate Program Drawing Literary Arts Painting Photography 24 Personal Enrichment Dance and Fitness Entrepreneurship Health and Nutrition Home and Garden Mindfulness Personal Finance

27 TELOS for Retirees

32

- World Languages Languages Travel Translation and Interpretation
- **38** Registration Form and Information



VOL 13, NO. 1 "CONTINUING EDUCATION" IS PUBLISHED QUARTERLY BY: BELLEVUE COLLEGE, 3000 LANDERHOLM CIRCLE SE, BELLEVUE WA 98007-6484. USPS 019-147 PERIODICALS POSTAGE PAID AT BELLEVUE, WA, AND ADDITIONAL MAILING OFFICES. POSTMASTER: PLEASE SEND ADDRESS CHANGES TO: CONTINUING EDUCATION, BELLEVUE COLLEGE 3000LANDERHOLM CIRCLE SE, BELLEVUE WA 98007-6484 EVERY EFFORT IS MADE TO ENSURE THAT INFORMATION AND FEES ARE ACCURATE; HOWEVER, CHANGES, CORRECTIONS, OR CANCELLATIONS OF COURSES OR FEES MAY OCCUR. CONTINUING EDUCATION RESERVES THE RIGHT TO CANCEL ANY CLASS. FOR THE MOST CURRENT INFORMATION, CHECK WWW.BCCONTED.COM

The Future of Technology Programs with Director, Mark Veljkov



ver the years, the general public has become familiar with the term "Moore's Law." Moore's Law was named after Gordon Moore, the co-founder of Fairchild Semiconductor and Intel (they make the main chips in most of our computers). In 1965, Gordon Moore stated that, "the number of transistors in an integrated circuit doubles approximately every two years." Since 1965, Moore's Law has been remarketed to encompass not just computer chips but technology in general. After all, if the computer chips that run our computers double in power every 2 years, then it stands to reason that ALL technology doubles in power.

While not exactly accurate, this concept does market well. Regardless of the details

of Moore's Law, one thing we all know is that technology changes, and often changes fast! In fact, by the time this blog is posted, more than a million technology changes have probably taken effect. Most of these we will never know much about; minor code changes, fixes, and feature enhancements.

Here at Bellevue College Continuing Education, we keep up with these changes – both minor and major. We are particularly focused on the major changes that, not only will impact our student's career opportunities, but be of benefit to our local employers. Being concerned with, and observant of, technology changes is not enough for us. Our mission is to ensure that we offer relevant programs that teach the skills employers are looking for. Aligning our curriculum with employment requirements helps us bridge the gap between what we teach and what will get our students jobs.

New Additions to Technology Programs

MS SQL Database programs – A new version of Microsoft's flagship operational database, SQL Server 2017. This new edition of SQL Server has added Python, graph processing and runs on Linux. Look for SQL Server 2017 instructions coming in the fourth quarter of 2018 combined with our current Python program.

Apple Development – iOS Development is back. Yes, we are bringing iOS development back in an "intensive" format. This format will allow students to more rapidly complete the

New Python Programming Stack

Learn the language that is running things at Google, Amazon, Microsoft and other top companies. Python is designed to be easy to learn and fun to use. 10 Saturdays could lead you to a new career with higher pay.

Item W8383 \$1,395 10 Saturdays Jan 6 - March 17 8:00am- noon See page 12 in the schedule. program while receiving more instruction both in the classroom and online. Students will learn to develop apps for iPhones, iPads and Apple TV. By Spring Quarter 2018, we will be adding Apple's ARKit development.

Immersive Reality Technologies – One of our most exciting new offerings is the growth of Immersive Reality technologies. These technologies include: Augmented Reality, Mixed Reality and Virtual Reality. We have already begun to offer the first step into this exciting world with courses in AR/ VR HoloLens Development and Immersive Realities Design. Soon, we will be adding a course in Apple's ARKit. If you are unfamiliar with Augmented Reality, for all the iPhone/ iPad users, check out this IKEA video: https://youtu.be/-xxOvsyNseY.

The Internet of Things – To round out our new changes, we are excited to offer a course in the Internet of Things (IoT). Experts predict that there will be over 24 billion devices (sensors) installed by 2020. Imagine controlling all of your home or office heating and lighting from your phone, or having your refrigerator alert you to the fact that you need milk, or using your phone to diagnose a car problem before you take it in. You could walk into the mall and use your phone to find who has the best price on the clothes you were looking for, then order and pay for them before you get to the store. Many of us already use health monitoring devices like the Fitbit, or make payments using our phones. These are just a few ways IoT technology is, and will, impact our lives. A recent Google Jobs search showed over 700 jobs for people with IoT skills in the Seattle and Bellevue area.

The Computer and Technology program is always working to stay connected and informed on the latest technologies that impact our students and employers. Instructors are working professionals in the program areas they teach, and many of our students are actively engaged in the technology world. Every day they bring us new ideas, new directions, and new opportunities that keep us changing, growing, and better equipped to offer new and exciting programs for our students and community.

Mark Veljkov, Director of Technology Solutions

[4] TECHNOLOGY PROGRAMS

at are the entry requirements? one. Just start taking classes. Basic computer kills are needed. n I take classes in any order?

"I like the certifications available, especially since the requirements are centered on real-life skills, and instructors have hands-on experience. BC's reputation gives me confidence that the certificates will mean something."

> — Student of Murray Law's class, SQL Server Reporting



EXCEED EXPECTATIONS

TECHNOLOGY PROGRAMS

COMPUTER BASICS

Windows 10 Introduction

Gain an understanding of the Windows desktop and file and folder management including layout, directory structure of disks, using applications, transferring data, using Windows accessories, customizing the desktop and adding shortcuts. See website for prerequisite information. Fee: \$259

Item W8303	C. Hanks	NORTH
2 sessions TTh	Jan 9 - Jan 11	8:00am - noon
Item W8356	C. Hanks	NORTH
3 sessions WTh	Mar 7 - Mar 14	6:00 - 8:40pm

BUSINESS AND DESKTOP APPLICATIONS

Access 2016: Level 1

Gain a foundational understanding of Access including the skills necessary to create a new database, construct data tables, design forms and reports, and create queries. See website for prerequisite information. Fee: \$259

Item W8304	C. Hanks	NORTH
2 sessions TTh	Jan 9 - Jan 11	1:00 - 5:00pm

Access 2016: Level 2

Expand your knowledge of relational database design, write advanced queries, structure existing data, validate data entered into a database, and customize reports. See website for prerequisite information. Fee: \$259

Item W8307	C. Hanks	NORTH
2 sessions TTh	Jan 16 - Jan 18	1:00 - 5:00pm

NEW!

Cyber Safety

Designed for non-technical end users of computers, mobile devices, networks and the Internet. Learn what you can do to protect yourself and your organization from technology-related risks. Understand security compliance considerations, social engineering, malware, and various other data-security-related concepts. Fee: \$129

tem W8387	C. Hanks	NORTH
1 Thursday	Feb 1	1:00 - 5:00pm

Data Visualization Using **NEW!** Power View, Power Pivot, Power Query, Power Map, and Power BI

Combine the functionality of Power View, PowerPivot, Power Query, and Power BI into graphs, charts, KPIs, reports, and other visualizations for use in your business. This course is lab example intensive. See website for prerequisite information. Fee: \$459

Item W8336	C. Hanks	NORTH
4 sessions TTh	Feb 13 - Feb 22	8:30am - noon

Excel 2016: Data Analysis with Pivot Tables

Harness the power of advanced PivotTable features and create PivotCharts to help you gain a competitive edge. Summarize data for you to analyze and organize the data in a way that can be meaningfully presented to others. See website for prerequisite information. Fee: \$135

Item W8317	C. Hanks	NORTH
1 Tuesday	Jan 30	8:00am - noon

Excel 2016: Data Analysis with Power Pivot

Gain a solid understanding of Power Pivot to maximize your effectiveness when analyzing data. Organize, manipulate, and report on your data in the best way possible. See website for prerequisite information. Fee: \$135

Item W8318	C. Hanks	NORTH
1 Tuesday	Jan 30	1:00 - 5:00pm

Excel 2016: Level 1

Organize, calculate, analyze, revise, update, and present your data in ways that will help the decision makers in your organization steer you in the right direction. Get a foundation for Excel knowledge and skills which you can build upon to eventually become an expert in data analysis. See website for prerequisite information. Fee: \$259

Item W8306	C. Hanks	NORTH
2 sessions TTh	Jan 16 - Jan 18	8:00am - noon
Item W8325	S. Saunders	NORTH
3 sessions TTh	Jan 30 - Feb 6	6:00 - 8:40pm

Excel 2016: Level 2

Create advanced workbooks and worksheets that can help deepen your understanding of organizational intelligence. Analyze massive amounts of data and extract actionable information from it. See website for prerequisite information. Fee: \$259

Item W8311	C. Hanks	NORTH
2 sessions TTh	Jan 23 - Jan 25	8:00am - noon
Item W8335	S. Saunders	NORTH
3 sessions MW	Feb 12 - Feb 21	6:00 - 8:40pm
NO CLASS 2/19		

Excel 2016: Level 3

Troubleshoot large, complex workbooks, automate repetitive tasks, engage in collaborative partnerships involving workbook data, construct complex Excel functions, and use those functions to perform rigorous analysis of extensive, complex datasets. See website for prerequisite information. Fee: \$259

Item W8343	C. Hanks	NORTH
2 sessions TTh	Feb 27 - Mar 1	8:00am - noon
Item W8355	S. Saunders	NORTH
3 sessions MW	Mar 5 - Mar 12	6:00 - 8:40pm

MS Project for Project Managers

Gain hands-on experience using MS Project software in the key roles of planning, control and execution. See website for prerequisite information. Fee: \$599

Item W8329	R. Nicklas, PMP	NORTH
4 Saturdays	Jan 20 – Feb 10	8:00am - 12:30pm

QuickBooks

Track money coming in and out of your business or personal account using proven tools and easy forms. Class covers creating your business, set-

INSTRUCTOR SPOTLIGHT

Cliff Hanks

For the past 18 years at Bellevue College, Cliff Hanks has taught business professionals and career changers to effectively use Microsoft Access, Excel, Outlook, PowerPoint, Word, SharePoint, and Windows. In addition to teaching for Bellevue College, he does private training through the Bellevue College Business Training Institute, where he helps people and organizations get more done in less time and with less effort. He has developed customized Microsoft Office solutions using Visual Basic for Applications for large corporations, universities, and hospitals, and small businesses. Cliff graduated Summa Cum Laude from Brigham Young University with a Degree in Training and Development.

ting up customers, vendors, account charts, and invoices. See website for prerequisite information. Fee: \$405

 Item W8338
 C. Knutson
 NORTH

 4 sessions MW
 Feb 12 – Feb 26
 6:00 - 9:00PM

 NO CLASS 2/19

 6:00 - 9:00PM

SharePoint 2016 Business Process Automation and Business Intelligence

Use SharePoint's Business Intelligence tools to transform raw data into meaningful Power View Reports and dashboards. Automate business processes with workflows, create and publish Power-Pivot dashboards, build visualizations using Power View, store and manage records, and protect data. See website for prerequisite information. Fee: \$269

 Item W8344
 C. Hanks
 NORTH

 2 sessions TTh
 Feb 27 - Mar 1
 1:00 - 5:00pm

SharePoint 2016 Introduction

SharePoint is a web platform tool that allows for collaboration within and across teams. This class introduces you to SharePoint and focuses on how to access and navigate content, work with the Ribbon and customize site navigation, understand web parts and app parts, and create and work with lists and libraries. See website for prerequisite information. Fee: \$269

Item W8312	C. Hanks	NORTH
2 sessions TTh	Jan 23 - Jan 25	1:00 - 5:00pm

SharePoint 2016 Site Owner

Combine MS Office tools and the Web into a single environment to share information and collaborate with colleagues. Manage list and library settings and permissions, work with content types and create views, configure search behavior, work with OneDrive for Business, create and add content to pages, create and manage sites, work with wikis and blog. See website for prerequisite information. Fee: \$475

Item W8337 C. Hanks NORTH 4 sessions TTh Feb 13 – Feb 22 1:00 - 5:00pm

Word 2016

Create professional-looking documents, add tables and lists, add design elements and layout options, and proof documents. Employ techniques to improve the appearance and accuracy of document content. See website for prerequisite information. Fee: \$259

Item W8314	S. Saunders	NORTH
2 Saturdays	Jan 20 – Jan 27	8:30am - 12:30pm

GRAPHICS AND PUBLISHING

Illustrator CC: Level 1

Create vector graphics for web and print media that will captivate your audience. Topics consist of efficiency with quick keys, interface basics, selection techniques, creating and manipulating shapes, and using color and text to bring out your design. See website for prerequisite information. Fee: \$549

Item W8331	M. Olson	NORTH
6 sessions TTh	Jan 23 – Feb 13	6:00 - 9:00pm
NO CLASS 2/8		

InDesign CC: Level 1

Produce professional page layouts for business cards, fliers and multi-page documents for print publishing. Topics consist of efficiency with quick keys, interface basics, new document set up, import and manipulate text and graphics, and work with master pages and colors. See website for prerequisite information. Fee: \$485

Item W8364	M. Olson	NORTH
5 sessions MW	Mar 5 – Mar 19	6:00 - 9:00pm

InDesign CC: Level 2 -Interactive PDFs

Use InDesign to create PDFs for print and electronic interaction. Explore the interactive features, add buttons, bookmarks, URLs, and text fields to take your PDFs to the next level of today's digital landscape. See website for prerequisite information. Fee: \$109

Item W8369	M. Olson	NORTH
1 Wednesday	Mar 21	6:00 - 9:00pm

Photoshop CC: Level 1

Use an impressive array of tools for editing digital photos, scanned photographs and creating photorealistic images. Topics consist of efficiency with quick keys, interface basics, selection techniques, image retouching and restoration, and using layers and masks to your advantage. See website for prerequisite information. Fee: \$485

Item W8308	M. Olson	NORTH
5 sessions TTh	Jan 4 - Jan 18	6:00 - 9:00pm

[6] **TECHNOLOGY PROGRAMS**

Photoshop CC: Level 2

Build on your basic Photoshop skills using Adobe Bridge, processing images with camera raw, resizing and cropping images, color management, color correction, and exploring powerful editing techniques used by professionals. See website for prerequisite information. Fee: \$485

 Item W8372
 M. Olson
 NORTH

 5 sessions TTh
 Mar 8 - Mar 22
 6:00 - 9:00pm

Photoshop CC: Level 2 – Using and Creating Brushes

Take an in-depth look at the Photoshop brush tools. Learn to use their settings to master different effects and create your own brushes. With these tools you can create effects that resemble actual paintings



GRAPHIC DESIGN CERTIFICATE

Register for a free information session

Monday, Dec. 4 6:00 – 8:00pm Item FCOBB M. Olson NORTH

Register by calling (425) 564-2263 or online at www.BCconted.com

Turn your creativity into a career.

- Courses combine artistic and technical training.
- Practical, work-ready skills
- Small hands-on courses taught by successful designers
- Flexible program designed to work around your schedule

For information on our certificates visit:

http://www.bellevuecollege.edu/ce/certificate-programs/

and drawings. See website for prerequisite information. Fee: \$205

Item W8341	M. Olson	NORTH
2 sessions MW	Feb 26 - Feb 28	6:00 - 9:00pm

GRAPHIC DESIGN

Advertising Design

Learn effective advertising visuals and apply concepts and tools learned in Design Foundation Series and Visual Designer Series to create magazine, newspaper and online ads for your portfolio. Course is in a workshop format; portfolio pieces developed through homework and in-class critiques. See website for prerequisite information. Fee: \$329

The program is separated into four series of classes that build on each other:

- Design Foundation Series: concepts and foundations needed as a Graphic or Visual Designer
- Visual Designer Series: hands-on skills with tools needed for visual design
- Design Portfolio Series: application of skills and concepts to create portfolio pieces
- Capstone Series: culmination of all the series to create a complete portfolio and brand your Graphic Design business

Developed by an advisory committee of design professionals representing a variety of disciplines, our Graphic Design Certificate Program can help you combine your artistic and technical talents to develop practical skills that are in demand.

The program also covers how to translate a concept into a visual by hand, develop pre-press skills, and run a graphic design business, including uncovering client needs, estimating costs, pricing and marketing your services, collaborating and negotiating effectively, and preparing contracts. Completion of the Graphic Design Capstone course is required to earn the certificate.
 Item W8328
 S. Glass
 NORTH

 5 Wednesdays
 Jan 10 - Feb 7
 6:00 - 9:00pm

Branding Business

This class is designed to give you a real world view of what a graphic designer is tasked to create for their clients. It takes you on a journey from concept to completion and will provide you with 7-10 pieces for your portfolio capstone. This is a required class and prerequisites are Illustrator, Photoshop and InDesign. Fee: \$329

Item W8381	M. Olson	NORTH
5 sessions MW	Jan 3 - Jan 22	6:00 - 9:00pm
NO CLASS 1/15		

Color in the Digital Age

This course is designed for artists interested in color theory fundamentals and the practical application of color in graphic design and more. Receive an introduction to how color is created in the most common graphic design software applications. Completion of Photoshop Level 1 strongly recommended. See website for required text. Fee: \$329

Item W8371	I. Alessandrini	NORTH
5 Thursdays	Feb 22 - Mar 22	6:00 - 8:30pm

Drawing Basics

Designed for non-artists who want a fun, informative and stress-free introduction to drawing. Learn basic sketching and drawing techniques including the use of line, space and perspective. Discover the secrets of shading solid forms while learning to draw common still lifes. Class is a combination of lecture, demonstration and one-on-one feedback. Visit our website for what to bring to first class and more information. Fee: \$269

Item W9486	C. Cooney-Wickett	NORTH
8 Fridays	Jan 12 - Mar 2 10:00am -	1:00pm

Graphic Design Basics

All forms of visual art are based on fundamental principles of aesthetic design. Learn basic design terminology and concepts and create two-dimensional abstract compositions using the elements of line, shape, space, value and color. Explore page and image management methods such as scaling, cropping and overlapping. Learn about information architecture and content hierarchy and how to assemble type and images using a grid. See website for required text. Fee: \$329

Item W8319	J. Aguilera	NORTH
5 Tuesdays	Jan 2 - Jan 30	6:00 - 9:10pm

Graphic Design Certificate Capstone

As the final course in the Graphic Design Certificate Program, students will cover the print production process and develop an online portfolio. Online portfolios will be presented to the class. See website for required text, prerequisites and more information. Fee: \$395

Item W8366	J. Aguilera	NORTH
5 Mondays	Feb 12 - Mar 19	6:00 - 9:00pm
NO CLASS 2/19		

Registration is by permission only. To enroll, please contact Customer Service at 425-564-2263.

HTML and CSS: Level 1

Create the content of a web page with text, images and hyperlinks. Enhance the look and feel of your website using Cascading Style Sheets to modify page text and layout. Use current coding standards to make pages work in today's environment. See website for prerequisite information. Fee: \$699

Item W8327	R. Gildea	NORTH
7 sessions MW	Jan 17 - Feb 7	6:00 - 9:00pm
Item W8342	O. Szemetylo	NORTH
6 sessions MW	Feb 5 - Feb 26	6:00 - 9:30pm
NO CLASS 2/19		

InDesign CC: Level 1

Produce professional page layouts for business cards, fliers and multi-page documents for print publishing. Topics consist of efficiency with quick keys, interface basics, new document set up, import and manipulate text and graphics, and work with master pages and colors. See website for prerequisite information. Fee: \$485

Item W8364	M. Olson	NORTH
5 sessions MW	Mar 5 - Mar 19	6:00 - 9:00pm

Infographics Using Illustrator CC

Discover what an effective infographic can do to convey your ideas. This class is for students comfortable with Illustrator foundations that would like to expand their knowledge. Topics will include planning an effective infographic, building a grid, working with color and type, and creating a map and pie chart to engage your target audience. See website for prerequisite information. Fee: \$289

Item W8347	M. Olson	NORTH
3 Saturdays	Mar 3 - Mar 17	1:30 - 4:30pm

Photoshop CC: Level 1

Use an impressive array of tools for editing digital photos, scanned photographs and creating photorealistic images. Topics consist of efficiency with quick keys, interface basics, selection techniques, image retouching and restoration, and using layers and masks to your advantage. See website for prerequisite information. Fee: \$485

Item W8308	M. Olson	NORTH
5 sessions TTh	Jan 4 - Jan 18	1:30 - 4:30pm

Print Media Design

Apply concepts learned in Design Foundation series and tools learned in Visual Designer series to create posters, CD/book covers, and collateral materials to incorporate into your portfolio. Portfolio pieces developed through homework and in-class critiques. Refinement will occur throughout the course and work on a computer outside of class is vital. See website for prerequisite. Fee: \$319

Item W8349	J. Aguilera	NORTH
5 Tuesdays	Feb 6 - Mar 6	6:00 - 9:00pm

The Business of Graphic Design

Whether you plan to freelance or manage a firm, graphic designers need to understand all parts of the business. Learn how to uncover client needs, estimate costs, establish pricing, negotiate, market yourself, prepare contracts, and understand intellectual property essentials. See website for required text. Fee: \$279

Item W8332	M. Olson	NORTH
4 sessions MW	Feb 5 - Feb 14	6:00 - 9:00pm

Typography

This course is designed for anyone interested in learning more about the fundamentals of typography. Students will learn about type weight, scale, style, font, kerning, leading, alignment and more. Class includes lectures, discussions, and group exercises. See website for required text. Fee: \$239

Item W8340	I. Alessandrini	NORTH
4 Tuesdays	Feb 6 - Feb 27	6:00 - 8:30pm

User Experience Design Fundamentals

Design websites that maximize the user's positive experience with the site. Simulate the work of the design team in implementing user experience design principles. Create user personas and scenarios; site organization and task flows; storyboards, wireframes and prototypes; and conduct usability tests. See website for prerequisite information. Fee: \$569

Item W8313	D. Shillcutt	NORTH
6 sessions TTh	Jan 9 - Jan 25	6:00 - 9:00pm

USER EXPERIENCE (UX) AND WEB DESIGN

Design Principles

Explore the planning and design phase of creating a user-focused site. Define the purpose and audience, outline the structure and navigation, and design the look and feel. Create a detailed plan for your site. See website for prerequisite information. Fee: \$309

Item W8302	R. Gildea	NORTH
3 sessions MW	Jan 3 - Jan 10	6:00 - 9:00pm
ltem W8322	K. Gill	NORTH
3 Saturdays	Jan 20 - Feb 3	9:00am - noon

Design Tools

Examine the process of building a website and the various tools you can use. Explore the planning tools, text editors, authoring software, online tools and content management systems used by web designers. Apply your knowledge of HTML and CSS code to use these tools to build a website stepby-step. See website for prerequisite information. Fee: \$595

Item W8315	O. Szemetylo	NORTH
6 sessions MW	Jan 8 - Jan 29	6:00 - 9:00pm
NO CLASS 1/15		

HTML and CSS: Level 1

Create the content of a web page with text, images and hyperlinks. Enhance the look and feel of your website using Cascading Style Sheets to modify page text and layout. Use current coding standards to make pages work in today's environment. See website for prerequisite information. Fee: \$699

Item W8327	R. Gildea	NORTH
7 sessions MW	Jan 17 - Feb 26	6:00 - 9:00pm

TECHNOLOGY PROGRAMS [7]



UX DESIGN CERTIFICATE

FREE INFORMATION SESSIONS

Tuesday, De	c 5	6:00-8:00pm
Item FCERI	Staff	NORTH

Register by calling (425) 564-2263

or online at www.BCconted.com

Certificate requires a total of 191 course hours

Bellevue College's UX Certificate program was developed by UX design professionals. It provides students with a solid foundation in current user-focused design best practices and skills for online content. Students learn how to apply design principles to development of web content, improve site usability, and create design documents using detailed procedures and guidelines. Topics include user experience research, UX information architecture, interaction design, usability studies, developing web content, graphic design basics, web accessibility, and design tools.

 Item W8342
 O. Szemetylo
 NORTH

 6 sessions MW
 Feb 5 - Feb 26
 6:00 - 9:30pm

 NO CLASS 2/19
 6:00 - 9:30pm

HTML and CSS: Level 2

Explore additional features for creating web pages, including creating and modifying tables; setting up forms; adding multimedia; validating code and publishing your site. Apply advanced CSS techniques to enhance the appearance and usability of your website. See website for prerequisite information. Fee: \$649

Item W8351	R. Gildea	NORTH
7 sessions MW	/ Feb 12 - Mar 5	6:00 - 9:00pm
NO CLASS 2/19.	ALL SESSIONS ARE MW	/ AND ONE TH,
2/22.		
Item W8377	O. Szemetylo	NORTH

	NORTH
6 sessions MW Mar 5 - Mar 21 6:00 -	9:30pm

jQuery Fundamentals

Use jQuery to add professional-quality code modules and UI widgets. Make interactive web pages easy and intuitive to build. See website for prerequisite information. Fee: \$405

Item W8359	M. Maxwell	NORTH
4 sessions TTh	Mar 6 - Mar 15	6:15 - 9:15pm

[8] **TECHNOLOGY PROGRAMS**



WEB DESIGN CERTIFICATE

FREE INFORMATION SESSIONS

Wed., Dec. 6		6:00 - 8:00pm
Item FCSAE	M. Olson	NORTH

Register by calling (425) 564-2263

Certificate requires a total of 177 course hours.

Our Web Design Certificate Program was created by an advisory board of web designers and managers from the area's leading employers and by a team of instructors with deep industry experience. This challenging program teaches skills that are directly transferable to the workplace. Hands-on classes offer high-level training in the most current industry practices and emphasize learning by doing. Instructors are respected professionals currently working in the field. The Bellevue College Continuing Education Web Design Certificate Program offers a breadth of classes, including a focus on user-centered design. BC CE's program includes courses on user experience design, responsive design for a variety of devices, search engine optimization, and web accessibility, all of which are critical skills for any web design professional.

Responsive Web Design

Be adept at crafting websites to provide an optimal viewing experience — easy reading and navigation with a minimum of resizing, panning, and scrolling — across a wide range of devices from desktop computer monitors to mobile phones. See website for prerequisite information. Fee: \$559

 Item W8378
 R. Gildea
 NORTH

 7 sessions MWTh
 Mar 7 - Mar 22
 6:00 - 9:00pm

 CLASS MEETS MW AND TWO TH, 3/15 AND 3/22.
 3/22.

Scripting for Web Designers

Discover how scripting affects the behavior and presentation of a web page, the roles of front-end and back-end programming languages, and how a data from a database makes its way onto a dynamic web page. Perform hands-on exercises using PHP, MySQL, and JavaScript. See website for prerequisite information. Fee: \$669

 Item W8339
 A. Bliven
 NORTH

 7 sessions TTh
 Jan 30 - Feb 22
 6:00 - 9:00pm

 NO CLASS 2/8

Search Engine Optimization

Increase your chances of being in the top of the search engine results. Create and apply effective keywords to site content, set-up a proper site structure and understand the importance of linking. Develop a strategy for improving your website to work better with the search engines. See website for prerequisite information. Fee: \$289

Item W8310 Staff ONLINE Jan 22 - Mar 17 This is a self-paced ONLINE class from Jan 22 to Mar 17.

User Experience (UX) -Usability Studies

Analyze existing product, service or other technology systems. Use heuristics to communicate usability standards. Create and test prototypes to understand how usability testing can improve human-computer interactions. See website for prerequisite information. Fee: \$309

Item W8368	K. Gill	NORTH
3 sessions TTh	Mar 13 - Mar 20	6:00 - 9:00pm

User Experience Design Fundamentals

Design websites that maximize the user's positive experience with the site. Simulate the work of the design team in implementing user experience design principles. Create user personas and scenarios; site organization and task flows; storyboards, wireframes and prototypes; and conduct usability tests. See website for prerequisite information. Fee: \$569

Item W8313	D. Shillcutt	NORTH
6 sessions TTh	Jan 9 - Jan 25	6:00 - 9:00pm

User Experience Research

Prepare, conduct, analyze, and present user experience research studies that result in an understanding of user needs and design recommendations. Employ research methods widely used in the technology industry. See website for prerequisite information. Fee: \$699

Item W8348	Staff	NORTH
7 sessions TTh	Feb 13 - Mar 6	6:00 - 9:00pm

UX Design Certificate Capstone

The final capstone project utilizes all the skills learned throughout the UX/UI Designer Certificate program. This capstone will form a central part of your professional portfolio. The Capstone is an individualized ePortfolio in which you can expect to spend as much as 30 hours outside of class in development. Final session is your presentation. Please call Customer Service at 425-564-2263 to enroll. Fee: \$409

Item W8370	K. Gill	NORTH
5 Wednesdays	Jan 3 - Mar 21	
Class Schedule	Jan 3	6:00–7:00pm
	Jan 24	6:00-8:30pm
	Feb 7	6:00-9:00pm
	Feb 28	6:00-8:30pm
	Mar 21	6:00-9:00pm

Registration is by permission only. Please call Customer Service at (425) 564-2263 to enroll in the class

Web Design Certificate Capstone

Develop your website to complete your Web Design Certificate Program. Each session has a focus in the development of your site. Final session is your site presentation. Registration is by permission only. Please call Customer Service at 425-564-2263 to enroll. Fee: \$409

Item W8384	O. Szemetylo	NORTH
5 Tuesdays	Jan 23 - Mar 20	
Class Schedule	Jan 23	6:00 - 7:00pm
	Feb 6	6:00 - 8:30pm
	Feb 20	6:00 - 9:00pm
	Mar 6	6:00 - 8:30pm
	Mar 20	6:00 - 9:00pm

For information on our certificates visit: http://www.bellevuecollege.edu/ce/certificate-programs/

Prerequisites: Many computer classes list "prerequisites," which are considered to be basic skills and expected knowledge prior to taking the class. Instructors will assume a readiness for the class materials and will not use class time to discuss prerequisite material. If you are unsure about your level of proficiency or have questions about prerequisites, please call CE Tech Programs at (425) 564-4020 or read our full course descriptions online.



DATABASE ADMINISTRATOR CERTIFICATE

DATABASE CERTIFICATE PROGRAMS

FREE INFORMATION SESSIONS

Tuesday, Decen	nber 5	6:00 -8:00pm
tem FCODR	A. Harney	NORTH

Register by calling (425) 564-2263

DATABASE BUSINESS INTELLIGENCE DEVELOPER CERTIFICATE

A Database Administrator designs, builds, and manages effective database systems. This field is projected to be one of the fastest growing occupations over the next six years. This certificate program prepares students to perform maintenance tasks, such as back up and restore a database, integrate data from various sources, troubleshoot problems, implement security, ensure database availability and performance, and coordinate activities with network and Web administrators. A Database Business Intelligence (BI) Developer organizes a company's operational data into formats that can be queried using BI developer tools. The resulting reports show trends and patterns that can help a company make better business decisions. The Database Business Intelligence Developer Certificate Program prepares students to design and create data warehouses and OLAP cubes, use BI developer tools to query data, use MDX to query OLAP cubes, and create reports based on queries you create.

The program's small classes let instructors give students personal attention. Classes are taught during evenings and weekends to accommodate the schedules of working professionals. Our flexible program lets you start any quarter you like and finish at your own pace. You can take as few as one or two classes a week. Although the program can be completed in a year and a half, you may take as long as three years to earn your certificate.

For information on our certificates visit: http://www.bellevuecollege.edu/ce/certificate-programs/

TECHNOLOGY PROGRAMS [9]

Web Accessibility

Examine the current guidelines and requirements for making a website accessible to users with disabilities. Explore ways in which users with disabilities access websites and receive hands-on tips and techniques for making websites accessible. See website for prerequisite information. Fee: \$279

Item W8379 A. Golden NORTH 3 sessions MW Mar 7 - Mar 14 6:00 - 9:00pm

Web Graphics

Optimize graphics for effective and efficient presentation on a website. Apply the principles of effective site design using Photoshop's web graphic tools for implementing layers and slices. Discuss issues related to procuring and using existing illustrations and photographs. See website for prerequisite information. Fee: \$405

Item W8320	M. Olson	NORTH
4 sessions TTh	Feb 20 - Mar 6	6:00 - 9:00pm
NO CLASS 3/1		

WEB DEVELOPMENT

Java Programming

Explore the fundamentals of the Java programming platform including Eclipse IDE. Object-oriented programming principles, language constructs, class hierarchy, interfaces, packages, exceptions, I/O, User Interfaces, Event handling, JDBC, Servlets, and the Collections API are covered. See website for prerequisite information. Fee: \$959

 Item W8373
 D. Gray
 NORTH

 10 sessions TTh Feb 20 - Mar 22
 6:00 - 9:00pm

DATABASE DESIGN AND MANAGEMENT

Basic Relational Database Essentials

Work with relational databases within the SQL Server Management Studio (SSMS) environment. Use the tools in SSMS to diagram an existing database and to create and run some very simple SELECT and CREATE TABLE structured query language commands. See website for prerequisite information. Fee: \$99

Item W8300	A. Johnson	NORTH
1 Tuesdays	Jan 2	6:00 - 9:00pm

Beginning SQL Server

Perform a core set of job-related tasks with a focus on the tools of SQL Server Management Studio (SSMS). Automatically generate queries, set up a remote connection, manage security permissions, monitor transactions and transaction locking, create and move a database, control the operation of services in SQL Server, and create, schedule and monitor jobs. See website for prerequisite information. Fee: \$599

Item W8353 S. Wang NORTH 4 Saturdays Feb 17 - Mar 10 8:00am - 12:30pm

[10] TECHNOLOGY PROGRAMS

Data Visualization Using **NEW!** Power View, Power Pivot, Power Query, Power Map, and Power BI

Combine the functionality of Power View, PowerPivot, Power Query, and Power BI into graphs, charts, KPIs, reports, and other visualizations for use in your business. This course is lab example intensive. See website for prerequisite information. Fee: \$459 Item W8336 C. Hanks NORTH 4 sessions TTh Feb 13 - Feb 22 8:30am - noon

Database Administrator Certificate Capstone

The final capstone project utilizes all the skills learned throughout each of the classes in the Database Administrator Certificate Program. This is an individualized project that will form a central part of the student's professional portfolio, and will require time outside of class in development. Registration is by permission only. Please call Customer Service at 425-564-2263 to register. Fee: \$469

Item W8365	S. Wang	NORTH
2 Mondays	Jan 22 - Mar 19	6:00 - 9:00pm
TWO SESSIONS (ONLY: 1/22 AND 3/19	

Database Business Intelligence Developer Certificate Capstone

The final capstone project utilizes all the skills learned throughout each of the classes in the Database Business Intelligence Developer Certificate Program. This is an individualized project that will form a central part of the student's professional portfolio, and will require time outside of class in development.Registration is by permission only. Please call Customer Service at 425-564-2263 to enroll in the class. Fee: \$509

Item W8357 4 Wednesdays	A. Harney Jan 10 - Mar 14	NORTH
CLASS SCHEDULE:	Jan 31 Feb 21	6:00 - 8:00pm 6:00 - 8:00pm 6:00 - 8:00pm
	Mar 14	6:00 - 9:00pm

Database Design

Familiarity with the principles of database design will help you design to ensure data integrity. Classroom exercises will help you to actively master the content, with practice opportunities, discussions, and skill checks, where you design a database from scratch and redesign an existing database. See website for prerequisite information. Fee: \$289

Item W8305	A. Johnson	NORTH
3 sessions T Th	Jan 4 - Jan 11	6:00 - 9:00pm

Introduction to Tableau

Analyze, visualize and share information using Tableau. Move from simple to complex visualizations and learn how to combine them in interactive dashboards. See website for prerequisite information. Fee: \$405

Item W8386	C. Gremore	NORTH
4 Wednesdays	Feb 28 - Mar 21	6:00 - 9:00pm

PowerShell: Level 1

If you manage a Windows system, PowerShell will make it easier to automate much of your work. Create and debug PowerShell scripts and manage files, services, and the registry. See website for prerequisite information. See website for prerequisite information. Fee: \$305

Item W8309	M. Law	NORTH
2 Saturdays	Jan 6 - Jan 20	12:30 - 4:30pm
NO CLASS 1/13		

PowerShell: Level 2

Harness the power of Microsoft's .NET Framework using PowerShell to automate complex and repetitive tasks in order to execute these tasks easily and consistently. See website for prerequisite information. Fee: \$305

Item W8324	M. Law	NORTH
2 Saturdays	Jan 27 - Feb 3	12:30 - 4:30pm

PowerShell: Level 3

Advance your knowledge of Microsoft Windows' integrated scripting language by exploring programming concepts in PowerShell. Use elements such as loops, conditional branching and object oriented programming to create flexible and useful production scripts. Programming with PowerShell provides essential skills for Windows administrators of all levels, and is a prerequisite for advanced topics such as application development with .NET. This course also provides an introduction to programming concepts. Fee: \$305

Item W8333	M. Law	NORTH
2 Saturdays	Feb 10 - Feb 17	12:30 - 4:30pm

PowerShell Stack

NEW!

NEW!

PowerShell: Levels 1 to 3 for a discounted price! Learn to harness Microsoft Windows' integrated scripting language to automate routine and complex administrative tasks. Get started with the basics of the language and progress to creating sophisticated scripts that you can easily share with other administrators in your network. This course will take the student from a beginning understanding of Power-Shell, which will provide essential skills for Windows administrators of all levels, through advanced topics such as PowerShell for Active Directory, PowerShell for Azure, PowerShell for SCCM, and Desired State Configuration. See website for prerequisite information. Fee: \$845

Item W8382	M. Law	NORTH
6 Saturdays	Jan 6 - Feb 17	12:30 - 4:30pm
NO CLASS 1/13		

SQL Server Analysis Services (SSAS)

Design data marts, develop multi-dimensional cubes, and utilize Office tools to present BI analytical data. Explore Star and Snowflake schema designs, dimensional attributes, hierarchies, measures, measure groups, MDX queries and cube administration. Create cube-driven reports with Excel and PowerPivot. See website for prerequisite information. Fee: \$1,305



C# PROGRAMMING CERTIFICATE

Free information sessions

Tuesday, Dec. 5		6:00 - 8:00pm
Item FCSAB	C. Torkko	NORTH

Register by calling (425) 564-2263 or online at

www.BCconted.com/learn/c-sharp

The C# Programming Certificate was designed by professional developers, managers and programmers to target the skills in demand by employers today. The certificate program leads the student through four levels of C# development classes, as well as additional offerings in design and development theory. Labs typically make up about 30% of the class time. The certificate includes a capstone project, designed and developed to demonstrate skills learned.

The program's small classes let instructors give students personal attention. Classes are taught during evenings and weekends to accommodate the schedules of working professionals. Our flexible program lets you start any quarter you like and finish at your own pace. You can take as few as one or two classes a week. Although the program can be completed in a year, you may take as long as three years to earn your certificate. And if you only need to take a key course or aren't ready to complete an entire program, courses may be taken individually.

For information on our certificates visit:

http://www.bellevuecollege. edu/ce/certificate-programs/

Item W8375	A. Harney	NORTH
13 sessions TTh	Feb 6 - Mar 22	6:00 - 9:05pm
NO CLASS 2/8		

SQL Server Reporting Services (SSRS)

This course is designed to teach the advanced functionality, report server administration, and security issues of SQL Server Reporting Services. Topics include: advanced report design, integrating parameters and filters, implementing interactive reporting features, scheduling automated delivery of reports, securing Reporting Services, optimizing report performance, implementing strategies for business and support systems, and rendering reports using .NET code. Prerequisite: T-SQL Programming or equivalent. Fee: \$995

Item W8321	A. Harney	NORTH
10 sessions T	Th Jan 2 - Feb 1	6:00 - 9:15pm

Structured Query Language: (SQL) Level 1

Create queries using a standard structured query language (SQL) applicable to almost any relational database. Get hands-on practice creating queries to retrieve data in various forms. Write queries to manipulate data in a table and create, alter, and drop tables and views. See website for prerequisite information. Fee: \$709

Item W8326	M. Law	NORTH
7 sessions MW	Jan 17 - Feb 7	6:00 - 9:00pm

Structured Query Language: (T-SQL) Level 2

Create queries using T-SQL commands. Merge data between tables, track data changes, rank data and compare tables, join data from subqueries and table-valued functions, perform recursive queries, use common table expressions, query Excel data, and transfer XML data between a SQL Server table and an outside file. See website for prerequisite information. Fee: \$599

Item W8345	V. Leal	NORTH
6 sessions TTh	Feb 13 - Mar 1	6:00 - 9:00pm

PROGRAMMING

Algorithms in .NET

Explore algorithm techniques and data structures, strategies used for sorting, binary searching, stacks, queues, dynamically sized arrays, parsing numbers/strings, lists, and binary trees. See website for prerequisite information. Fee: \$889

Item W8352	L. Zerrouki	NORTH
8 Saturdays	Jan 20 - Mar 10 8:30	am - 12:15pm

Basic Programming Essentials

Discuss computer programming concepts and terminology. Write simple computer programs using the basic coding structures in C#, such as assignment statements, variables, constants, decision making statements, loops, and arrays. Test and debug simple programs in Visual Studio (VS). All basic coding structures taught in this course can be applied to any programming language. See website for prerequisite information. Fee: \$399

Item W8301	M. Law	NORTH
4 sessions TWThM	Jan 2 - Jan 8	6:00 - 9:00pm

C# Programming Certificate Capstone

Complete a project based on the requirements provided by the deadline specified for each project. Answer questions that simulate an interview. By successfully completing the projects and answering the interview questions, you will demonstrate a mastery of the skills taught and be prepared for acquiring a job that utilizes these skills. Registration is by permission only. Please call Customer Service at 425-564-2263 to enroll. Fee: \$409

Item W8358	C. Prothman	NORTH
4 Wednesdays	Jan 10 - Mar 14	
CLASS SCHEDULE:	Jan 10	6:00-8:00pm
	Jan 31	6:00-9:00pm
	Feb 21	6:00-9:00pm
	Mar 14	6:00-9:00pm

C# Programming: 1

Apply the basic coding structures such as variables, constants, enumerations, decision making statements, loops, arrays, methods, and exception handling into Windows applications. You will also develop the skills for gathering input from the user in Graphical User Interface (GUI) type applications. See website for prerequisite information. Fee: \$939

Item W8330	L. Zerrouki	NORTH
9 sessions MW	Jan 10 - Mar 12	6:00 - 9:20pm
NO CLASS 1/15		
Item W8360	K. Mahadevan	NORTH
8 Saturdays	Jan 27 - Mar 17 8	8:15am- 12:00pm

C# Programming: 2

Apply the .NET Framework and object-oriented programming principles in Console applications. Acquire skills to develop applications that incorporate structures, collections and custom exceptions. Develop the skill to test code using unit testing techniques. See website for prerequisite information. Fee: \$1,205

 Item W8376
 A. Suner
 NORTH

 12 sessions TTh Feb 13 - Mar 22
 6:00 - 9:15pm

C# Programming: 3

Implement file processing, generics, delegates, events, and asynchronous programming features in Console applications. You will also implement multi-threading using the Task Parallel Library (TPL). See website for prerequisite information. Fee: \$889

 Item W8380
 L. Zerrouki
 NORTH

 9 sessions MW
 Feb 21 - Mar 21
 6:00 - 9:20pm

INSTRUCTOR SPOTLIGHT

Damon Gray

TECHNOLOGY PROGRAMS [11] C# Programming: 4

> Develop skills to transfer data between a SQL Server database and XML files. Working in a team environment, apply the scrum/agile practices to design and write C# computer programs. The assigned projects are designed to refresh you on the materials already taught and to prepare you for the Capstone. See website for prerequisite information. Fee: \$889

Item W8367	C. Torkko	NORTH
10 sessions MW	Feb 12 - Mar 19	6:00 - 9:00pm
NO CLASS 2/19		

Data Access Using C#

Access a SQL Server database by applying the Entity Framework using both the database-first and code-first approaches. Use Language-Integrated Query (LINQ) to query and update arrays, entities, and XML documents. Acquire the skills needed for working with various types of data stores using LINQ and the Entity Framework in your C# applications. See website for prerequisite information. Fee: \$709

Item W8350	C. Prothman	NORTH
7 sessions TTh	Feb 13 - Mar 6	6:00 - 9:00pm

Java Programming

Explore the fundamentals of the Java programming platform including Eclipse IDE. Object-oriented programming principles, language constructs, class hierarchy, interfaces, packages, exceptions, I/O, User Interfaces, Event handling, JDBC, Servlets, and the Collections API are covered. See website for prerequisite information. Fee: \$959

Item W8373	D. Gray	NORTH
10 sessions TTh	Feb 20 - Mar 22	6:00 - 9:00pm

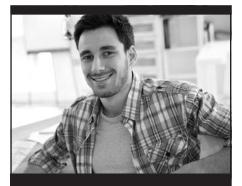
PowerShell: Level 1

If you manage a Windows system, PowerShell will make it easier to automate much of your work. Create and debug PowerShell scripts and manage files, services, and the registry. See website for prerequisite information. See website for prerequisite information. Fee: \$305

Item W8309	M. Law	NORTH
2 Saturdays	Jan 6 - Jan 20	12:30 - 4:30pm
NO CLASS 1/13		

Damon has been in the technology industry since 1994; the last 10 years at Microsoft. His work has always been in software, mostly specializing in networking and large scale systems. He has worn the hat of a network engineer, software developer and software architect. Except for a short stint in Atlanta he has mostly lived and worked in the Seattle area.

[12] TECHNOLOGY PROGRAMS



SOFTWARE TEST ENGINEER (STE)

FREE INFORMATION SESSIONS

Tuesday, Dec. 5 6:00 - 8:00pm Item FCOAE J. Beswetherick NORTH

Register by calling (425) 564-2263 or online at www.BCconted.com/learn/swt

This certificate program is designed to prepare students to become an entry-level software tester in a variety of industries such as aerospace, biotech, gaming and software. Bellevue College Continuing Education has been successfully training software testers for over fifteen years.

The program was designed with the guidance of software testing industry professionals to best reflect the skills needed to succeed in today's workplace. Because courses emphasize learning by doing, they incorporate extensive lab exercises to teach skills such as clientserver testing and bug eradication. All instructors are experienced professionals currently working in the software testing field, and Bellevue College Continuing Education has been successfully training software testers for more than ten years.

For information on our certificates visit: http://www.bellevuecollege. edu/ce/certificate-programs/

PowerShell: Level 2

Harness the power of Microsoft's .NET Framework using PowerShell to automate complex and repetitive tasks in order to execute these tasks easily and consistently. See website for prerequisite information. Fee: \$305

Item W8324	M. Law	NORTH
2 Saturdays	Jan 27 - Feb 3	12:30 - 4:30pm

PowerShell: Level 3

NEW!

NEW!

Advance your knowledge of Microsoft Windows' integrated scripting language by exploring programming concepts in PowerShell. Use elements such as loops, conditional branching and object oriented programming to create flexible and useful production scripts. Programming with PowerShell provides essential skills for Windows administrators of all levels, and is a prerequisite for advanced topics such as application development with .NET. This course also provides an introduction to programming concepts. Fee: \$305

tem W8333	M. Law	NORTH
2 Saturdays	Feb 10 - Feb 17	12:30 - 4:30pm

PowerShell Stack

PowerShell: Levels 1 to 3 for a discounted price! Learn to harness Microsoft Windows' integrated scripting language to automate routine and complex administrative tasks. Get started with the basics of the language and progress to creating sophisticated scripts that you can easily share with other administrators in your network. This course will take the student from a beginning understanding of Power-Shell, which will provide essential skills for Windows administrators of all levels, through advanced topics such as PowerShell for Active Directory, PowerShell for Azure, PowerShell for SCCM, and Desired State Configuration. See website for prerequisite information. Fee: \$845

Programming with Python: 1

Develop programs in Python, a programming language whose design philosophy emphasizes code readability. Learn types, operators, variables, IF statements, tuples, lists and dictionaries. See website for prerequisite information. Fee: \$505

 Item W8323
 M. Law
 NORTH

 4 Saturdays
 Jan 6 - Feb 3
 8:00am - noon

 NO CLASS 1/13
 8:00am - noon

Programming with Python: 2

Expand on your knowledge of Python by studying topics such as functions and modules, files and exceptions, software objects and the object-oriented environment. Use Python libraries and discover new resources as you practice coding exercises in class. See website for prerequisite information. Fee: \$505

Item W8346	M. Law	NORTH
4 Saturdays	Feb 10 - Mar 3	8:00am- noon

Programming with **NEW!** Python: 3

Build on your knowledge of Python programming with practical topics such as relational database integration, networking, and web programming. You'll learn to implement some of the most popular commercial applications of the Python language such as consuming CSV, XML and JSON data, web scraping, and wrapping existing code. See website for prerequisite information. Fee: \$505

Item W8363	M. Law	NORTH
4 Saturdays	Mar 10 - Mar 17	8:00am- noon

Programming with **NEW!** Python Stack

Programming with Python: 1 to 3 for a discounted price! Develop programs in Python, a programming language whose design philosophy emphasizes code readability. Learn types, operators, variables, IF statements, tuples, lists and dictionaries. See website for prerequisite information. Develop programs in Python, a programming language whose design philosophy emphasizes code readability. Learn types, operators, variables, IF statements, tuples, lists and dictionaries. See website for prerequisite information. Develop programs in Python, a programming language whose design philosophy emphasizes code readability. Learn types, operators, variables, IF statements, tuples, lists and dictionaries. See website for prerequisite information. Fee: \$1,395

Item W8383	M. Law	NORTH
10 Saturdays	Jan 6 - Mar 17	8:00am- noon
NO CLASS 1/13		

SOFTWARE TESTING & QUALITY ASSURANCE

C# Automation: 1

Gain practical, hands-on experience with popular test frameworks and use them along with your knowledge of C# to create enterprise-quality automation applications. Implement quality from the ground-up, as well as build checks for existing software. See website for prerequisite information. Fee: \$905

Item W8361	D. Geiger	ONLINE
	Jan 27 - Mar 17	

Principles of Software Testing

Discuss the tester's role in the product cycle and complete hands-on labs to develop software testing skills. Find and break down software problems, identify bugs, determine types of bugs, report bugs, and perform regression testing. See website for prerequisite information. Fee: \$659

Item W8316	J. Beswetherick	NORTH
7 sessions MW	Jan 3 - Jan 29	6:15 - 9:15pm
NO CLASS 1/15		

Professional Testing Methods

Explore test case development for the two most fundamental types of software testing: black box and white box. Practice writing and applying test cases, developing scripts, and using a wide variety of techniques to find bugs in software systems. See website for prerequisite information. Fee: \$759

Item W8374 E. Tjung NORTH 9 sessions TTh Feb 22 - Mar 22 6:00 - 9:00pm

Software Test Engineer **Certificate Capstone**

Demonstrate the skills and concepts acquired from the previous classes required for the STE Certificate. Design and execute multiple test passes against a small e-commerce application, then report test findings. Build the test environment and write custom testware to support test execution. Registration is by permission only. Please call Customer Service at 425-564-2263 to enroll. Fee: \$505

Item W8362 D. Geiger NORTH 5 Saturdays Jan 20 - Mar 17 noon - 2:00pm CLASS MEETS 1/20, 2/3, 2/17, 3/3, AND 3/17.

Test Planning, Modeling and Reporting

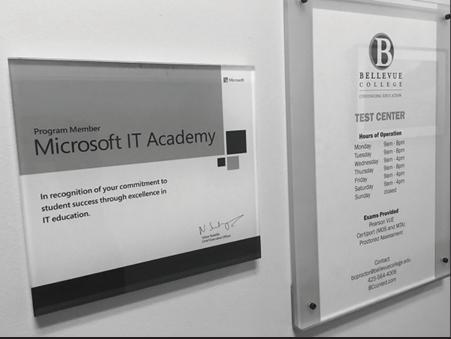
Develop advanced skills in test planning, prioritization and modeling. Plan recurring test activities and examine the product fundamentals necessary for decision making. Gain new skills and insight into test effectiveness, the measurement of test progress and identification of risks associated with complex software development projects. See website for prerequisite information. Fee: \$649

Item W8334 J. Beswetherick NORTH 7 sessions MW Jan 31 - Feb 26 6:15 - 9:15pm NO CLASS 2/19

iOS Bootcamp

Bellevue College is offering an evening and weekend 60 hour iOS development. The goal of the iOS Development Bootcamp is to transform you into an iOS developer. You will and learn how to think like an iOS developer and come to understand Swift and Xcode, by building iOS Apps for a range of devices such as iPhone, iPad and Apple TV. Our program will provide you with instruction, data-driven curriculum and a topnotch learning environment that will help to launch you into your first developer role. CHECK OUR WEBSITE FOR MORE INFORMATION.

TECHNOLOGY PROGRAMS [13



Bellevue College CE Testing Center

The Bellevue College North Campus Testing Center is an official testing center for Pearson VUE and Certiport testing. This includes testing services for information technology, regulatory, and certification boards as well as academic, government and corporate testing. Some of the exams offered include Cisco Certifications, CompTIA, CIW, Salesforce, and Microsoft Certified Professional testing.

The testing center also offers exam proctoring services for testers seeking to complete exams through secondary schools, colleges, universities, employers or government agencies. You don't have to be a student to use it.

Testing services are available Monday through Saturday with evening hours available. Testing can be scheduled by calling 425-564-4006 or by email at bcproctor@bellevuecollege.edu.



[14] BUSINESS & PROFESSIONAL PROGRAMS

BUSINESS AND PROFESSIONAL PROGRAMS

Build an Ecommerce **NEW!** Business

Building an effective online presence is critical for growing your business as it gives your company access to thousands or millions of local, national or international customers who are searching, interacting, sharing and shopping online. Each student who completes this course will walk away with a foundational Ecommerce website that will be built in class while also learning how to boost online sales, get more traffic and convert customers using proven strategies. Fee: \$449

Item W9794 B. & Professional Staff NORTH 5 sessions TTh Jan 9 - Jan 23 6:00 - 9:00pm A NetID account is needed to access the course materials via Canvas, the online learning management system.

NEW!

Engaging the "Right" Buyer

Product Management, Marketing and Sales leaders and their teams want to identify the RIGHT customers to quickly launch new, disruptive concepts – this course will help your team target and engage a narrow market segment most likely to readily adopt and use your breakthrough offering. Please see website for required texts. Fee: \$400

Item W9795	P. Hogan	NORTH
4 sessions TTh	Feb 6 - Feb 20	6:00 - 9:00pm
NO CLASS FEB 8.		

A NetID account is needed to access the course materials via Canvas, the online learning management system.

Super Manager: Be the **NEW!** Boss Everyone Wants to Work For!

Managers influence employees' satisfaction at work. This course will help you become a super manager - someone who everyone wants to work for. Successful completion of this course will increase your ability to develop self-awareness regarding your managerial skills and display attentiveness to your employees; demonstrate consistency in your values, attitude, and behavior; identify when and how to appropriately exercise mental flexibility; display humility and confidence in your decisions as a manager and show confidence in your employees; ensure that employees maintain focus, and encourage employee satisfaction and motivation by creating a fun working environment. Please see website for required texts. Yields 12 PDUs. Fee: \$119

Item W9780 C. Hanks 1 Monday Jan 8 NORTH 1:00 - 5:00pm

NEW!

1 Monday Jan 8 1:00 - 5:00pm A NetID account is needed to access the course materials via Canvas, the online learning management system.

The "Real" Keys to Effective Leadership

What does it take to be a truly great leader? This class does a "deep dive" into each of these key leadership areas and provides you the skills and insight you need to elevate your game! Fee: \$299

 Item W9759
 D. Yeomans
 NORTH

 4 Thursdays
 Jan 18 - Feb 15
 6:00 - 9:00pm

 NO CLASS FEB 8.
 8

Managing Business **NEW!** Processes: A "How To" Course

A "How To" course to effectively map out and improve core business processes. Great processes are accomplished quickly, with minimal waste and resources, and satisfy customers. This course will provide the skills for you to Design, Measure, Analyze, Improve, and Control processes critical to success. Those who attend will leave with a comprehensive tool kit of examples and methods you can immediately apply to your business—both large and small. Fee: \$299

Item W9763D. YeomansNORTH4 FridaysFeb 2 - Feb 238:30am - 12:30pmA NetID account is needed to access the course materials via Canvas, the online learning management system.system.

Build and Present a **NEW!** Winning Business Case

Have you ever had an idea that remained just thatan idea? Great ideas do not become reality unless you know how to prepare and present the idea to those who matter. This course provides both the science and art of developing—and –presenting—a winning business case. Are you an entrepreneur wanting to gain acceptance and support for your idea? Do you work in a company and have a great idea you want to share and get approved? Do you need to attract new customers, partners, suppliers, and talent to your team? Do you simply want to become more organized and persuasive? If you answered any questions with a yes-take this course. You'll have fun, practice, and learn how to successfully prepare and present your great ideas! Fee: \$299

 Item W9793
 D. Yeomans
 NORTH

 3 Thursdays
 Mar 1 – Mar 15
 6:00 – 9:00pm

 A NetID account is needed to access the course materials via Canvas, the online learning management system.
 system.

FINANCE

Accounting for Non-Accountants

Receive a hands-on introduction to financial and managerial accounting. Learn the accounting equation, accounting techniques, budgeting, terminology, and general accounting processes. Text provided. Fee: \$439

 Item W9784
 K. Ralls, PMP
 NORTH

 6 sessions TTh
 Mar 6 - Mar 22
 6:00 - 9:00pm

 A NetID account is needed to access the course materials via Canvas, the online learning management system.
 system.

QuickBooks

Track money coming in and out of your business or personal account using proven tools and easy forms. Class covers creating your business, setting up customers, vendors, account charts, and invoices. See website for prerequisite information. Fee: \$405

 Item W8338
 C Knutson
 NORTH

 4 session MW
 Feb 12 – Feb 26
 6:00 – 9:00pm

 NO CLASS Feb 19
 Feb 19
 Feb 19

Understanding Budgets

Gain skill in analyzing financial statements and using ratios to analyze cost information and the performance of profit centers. Fee: \$269

Item W9751	S. Elliott	NORTH
3 Mondays	Jan 8 - Jan 29	6:00 - 9:00pm
NO CLASS JAN 15	i.	

A NetID account is needed to access the course materials via Canvas, the online learning management system.

HUMAN RESOURCES MANAGEMENT

Advanced Compensation

This course is designed to apply objectives, principles, regulations, and terminology gained in the Compensation Basics class to learn to design an organization's compensation plan from start to completion. Recommended prerequisites: Basic Excel skills, and successful completion of the Compensation Basics class or equivalent experience. Fee: \$235

 Item W9779
 R. Mangini, SPHR
 NORTH

 3 Mondays Feb 26 - Mar 19
 6:00 - 9:00pm

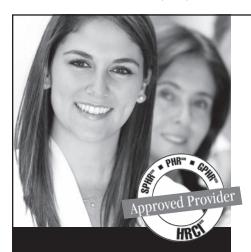
 NO CLASS 3/5

A NetID account is needed to access the course materials via Canvas, the online learning management system.

Advanced Employment Law

Utilizing practical scenarios and case studies, this course uses the information learned in Introduction to Employment Law to give you a greater understanding of the legal principles that govern the employee/employer relationship. Prerequisite: Introduction to Employment Law or equivalent knowledge. Fee: \$215

BUSINESS & PROFESSIONAL PROGRAMS [15]



HUMAN RESOURCES MANAGEMENT CERTIFICATE

The use of this seal is not an endorsement by the HR Certification Institute of the quality of the program. It means that this program has met the HR Certification Institute's criteria to be pre-approved for recertification credit.

Human Resources Certificate Program Information Session

Learn about BC's Human Resources Certificate Program. How do you get started? What is human resources all about? Which courses are best suited for your needs? Are there any entrance requirements? What is the career outlook for HR Professionals? Registration required. Free

Item COFL	C. Coy, SPHR	NORTH
1 Tuesday	Jan. 2	6:00 - 8:00PM

- Bellevue College is an Approved Provider for the Human Resource Certification Institute (HRCI[®])
 —the internationally recognized certifying body for the HR profession.
- Hands-on program designed and taught by practicing HR professionals
- Courses provide real-world skills that you can apply directly to your workplace
- Bellevue College's HR Management program provides a solid foundation that helps participants prepare for the Professional in Human Resources (PHR®) credentialing examination.

The U.S. Department of Labor has projected that employment of human resources (HR), training, and labor relations managers will grow by 17% between 2006 and 2016. Our HR Management Certificate program was designed by HR experts for those who want to enter this rapidly growing field or for professionals who want to improve their skills.

The certificate provides a solid foundation that helps graduates prepare for the Professional in Human Resources (PHR®) credentialing examination. And Bellevue College has been approved as a training provider by the leading independent, internationally recognized certifying body for the HR profession, the Human Resources Certification Institute (HRCI®).

Register for a free information session

Register by calling (425) 564-2263 or online at www.BCconted.com

For information on our certificates visit: http://www.bellevuecollege.edu/ce/certificate-programs/

Item W9786 J. Hopkins, JD NORTH 4 Saturdays Feb 24 - Mar 17 9:00am - noon A NetID account is needed to access the course materials via Canvas, the online learning management system.

Benefit Basics

Gain an understanding of the essential elements of benefits packages, including mandatory benefits and differences between voluntary and regulated benefit plans. Fee: \$289

Item W9782K. Rothberg, PHRNORTH5 WednesdaysFeb 21 - Mar 216:00 - 9:00pmA NetID account is needed to access the course ma-

terials via Canvas, the online learning management system.

Compensation Basics

Learn how to pay your employees appropriately, and motivate and retain them within budget. Explore methods to properly pay your workers in a cost-effective, competitive, equitable, and legal manner. Please see our website for information regarding the purchase of individual textbook chapters. Fee: \$289

Item W9758 R. Mangini, SPHR NORTH 5 Thursdays Jan 11 - Feb 15 6:00 - 9:00pm NO CLASS FEB 8. A NetID account is needed to access the course materials via Canvas, the online learning management system.

HR Systems and Metrics

Introduces you to the fundamentals of Human Resource Information Systems (HRIS) and HR metrics. Bring a USB flash drive (minimum 2 GB) to class. Required textbook: HRIP (Human Resources Information Professional) Certification Study Guide, 2014. Fee: \$275

Item W9774R. Mangini, SPHRNORTH3 ThursdaysMar 1 - Mar 226:00 - 9:00pmA NetID account is needed to access the course materials via Canvas, the online learning management system.system.

Human Resources Certificate Capstone

The Human Resources Management Certificate Program culminates in a capstone project which gives participants the opportunity to demonstrate mastery of certificate program objectives. Required prerequisites: Successful completion of all required courses. Fee: \$335

Item W9772 M. Summers, SPHR NORTH 3 Wednesdays Feb 7 - Mar 7 6:00 - 9:00pm Registration is by permission only due to the prerequisite of successful completion of all required courses. Please contact Customer Service at 425-564-2263 to enroll in this class. Three classroom sessions are held at NORTH on Feb 7, Feb 21 & Mar 7. This course will require time outside of class in development and writing of final project. Please see course syllabus for assignment timelines and due dates.

Human Resources Fundamentals

Provides a high level overview of the profession's fundamental objectives and competencies. Designed for individuals who are new to the HR field, those who are interested in learning more about the profession, and managers looking to improve their understanding of Human Resources. Fee: \$289

Item W9753K. Rothberg, PHRNORTH5 WednesdaysJan 3 - Jan 316:00 - 9:00pmCourse materials may be accessed via Canvas, the
online learning management system. If you do not
have a Canvas account, please visit bellevuecollege.
edu/netid or call 425-564-2263.

Item W9773M. Summers, SPHRNORTH5 MondaysMar 5 - Mar 126:00 - 9:00pmClass meets twice per week. A NetID account isneeded to access the course materials via Canvas,the online learning management system.

Introduction to Employment Law

Learn about federal employment laws, the rights they confer on employees, and the corresponding responsibility on employers, as well as the processes involved in enforcing these rights and respective responsibilities. Required textbook: The Employer's Legal Handbook, 12th ed. Fee: \$259

Item W9764 K. Klotz, JD NORTH 4 Saturdays Feb 3 - Feb 24 9:00am - noon A NetID account is needed to access the course materials via Canvas, the online learning management system.

Performance Management and Employee Relations

Ensuring maximum performance from the most valuable asset of the organization—its employees—is the role of effective performance management systems and the focus of this class. Recommended prerequisite: Successful completion of Human Resources Fundamentals class or equivalent experience. Required text:*The Performance Appraisal Handbook: Legal and Practical Rules for Managers,* 2nd ed. Fee: \$259

Item W9760K. KellerNORTH4 sessions TThFeb 6 - Feb 206:00 - 9:00pmA NetID account is needed to access the course materials via Canvas, the online learning management system.system.

Recruiting and Retaining a Talented Workforce

Take a step-by-step approach through the hiring process: advertising (both online and print), sourcing, screening, interviewing, reference checking, extending offers, and orienting new employees. Fee: \$259

Item W9766	L. Jack, MA	NORTH
4 Mondays	Jan 29 - Feb 26	6:00 - 9:00pm
NO CLASS FEB 19		

A NetID account is needed to access the course materials via Canvas, the online learning management system.

COMMUNICATION DEVELOPMENT

Coaching Skills for Leaders

Practice and develop the leadership skills essential in helping others realize their full potential. Through presentation, discussion, and group activities, this course addresses coaching and performance management, what it takes to be a good coach, effective communication, and coaching competencies. Fee: \$189

Item W9771	W. Cohen, SPHR	NORTH
3 Tuesdays	Feb 20 - Mar 6	6:00 - 9:00pm

Cultivating Collaboration: Building Strong Teams

Build strong teams and foster spirit, pride, commitment, and trust. There are definite team development stages and roles for each member. Practice developing and sustaining cooperative working relationships at all phases of team development. Explore ways to motivate and inspire others and promote cooperative working relationships. Promote participative leadership and empower your team. Fee: \$179

Item W9792	Y. McGookin, M.Ed	NORTH
2 Thursdays	Feb 22 - Mar 1	6:00 - 9:00pm



PROJECT MANAGEMENT CERTIFICATE

FREE INFORMATION SESSIONS

Register by calling (425) 564-2263

or online at www.BCconted.com

Bellevue College is a Project Management Institute Registered Education Provider. PMI®, PMP®, CAPM® and PMBOK® are trademarks of the Project Management Institute, Inc. which is registered in the United States and other nations.

- Core classes count toward education requirements for the Project Management Professional (PMP®) and Certified Associate in Project Management (CAPM®) certifications
- Practical skills taught by project management professionals
- Choose electives from a broad range of subject areas to customize your certificate
- Certificate requirement: completion of 141 required course hours and a minimum of 12 elective course hours

Our Project Management Certificate Program was developed by local experts and is based on the latest edition of the Project Management Body of Knowledge (PMBOK[®]) Guide. The program is designed to help you develop practical, real-world skills to enhance your career and improve the productivity of your workplace.

Program instructors have the professional project management and teaching experience to teach you the tools and techniques to deliver quality products on time and within budget. And they can help you develop the communications, leadership, and team-building skills you need to be an effective project manager as well.

For information on our certificates visit: http://www.bellevuecollege. edu/ce/certificate-programs/

Dealing With Discord: the Manager as Mediator

Unresolved tension between employees can undermine productivity, morale and teamwork, and may escalate into costly turnover or legal action. Learn a powerful and effective 4-step/3-skill process that managers or team leaders can use to facilitate a resolution to any ongoing dispute between staff members. Yields 5.5 PHR/SPHR re-certification hours. Fee: \$179

Item W9769	M. Ortman	NORTH
1 Thursday	Mar 1	9:00am - 4:00pm

It's Not What We Say, It's How We Say It! Part 1

Communicate with confidence by learning specific ways to: get cooperation without forcing your ideas, be positive yet direct, handle annoying behavior tactfully, and learn the 12 words that "push people's buttons." Yields 3 PDUs. Fee: \$89

ltem W9755	M. Ortman	NORTH
1 Tuesday	Feb 6	6:00 - 9:00pm
ltem W9761	M. Ortman	NORTH
1 Thursday	Feb 22	9:00am - noon

It's Not What We Say, It's How We Say It! Part 2: Advanced Skills

Learn and practice a powerful three-step process that quickly calms negative emotions, gets to the bottom of the real issue and transforms difficult conversations into satisfying solutions. Fee: \$89

ltem W9757	M. Ortman	NORTH
1 Tuesday	Feb 13	6:00 - 9:00pm
ltem W9762	M. Ortman	NORTH
1 Thursday	Feb 22	1:00 - 4:00pm

PROJECT MANAGEMENT

Project Management Certificate Program Information Session

Learn about Bellevue College's Project Management Certificate Program. How do you get started? What is project management all about? Which courses are best suited for your needs? All you want to know and more! Registration required. (Bellevue College is a Registered Education Provider for PMI.) Free

Item WCOFF	D. Pelletier, PMP	NORTH
1 Thursday	Jan 4	6:00 - 8:00PM

Certified Scrum Product Owner with Angela Druckman

Learn insight on differentiating product owner from project management and how to navigate to successful goal completion. Yields 14 PDUs. Fee: \$995

Item W9796	A. Druckman	NORTH
2 Sessions FS	Jan 19 - Jan 20	9:00am - 4:30pm
Item G9750	A. Druckman	NORTH
2 Sessions FS	Mar 23 - Mar 24	9:00am - 4:30pm

Certified ScrumMaster with Angela Druckman



Learn three key needs of a self-organized team, difference between waterfall and agile, a defined view of the ScrumMaster role, selling the benefits of Scrum, strategies for cleaning up

technical debt, writing effective user stories, characteristics of a great product owner, and developing the agile mindset to improve your work and life. Yields 14 PDUs. Fee: \$995

Item W9778	A. Druckman	NORTH
2 Sessions FS	Feb 15 - Feb 16	9:00am - 4:30pm
Item W9797	A. Druckman	NORTH
2 Sessions FS	Feb 2 - Feb 3	9:00am - 4:30pm
Item W9798	A. Druckman	NORTH
2 Sessions FS	Mar 2 - Mar 3	9:00am - 4:30pm

Agile Certified Practitioner Workshop (ACP) with Jerry Metcalf



This course is for anyone who wants a deeper understanding of what Agile is all about and insight into the principles of what makes Agile teams so successful. Potential students

include current PMPs, project managers, project coordinators, functional managers, team leaders, product managers, program managers, project team members, analysts, subject matter experts, stakeholders, and senior managers in any industry who want to make sure that the product or service they are developing meets or exceeds customer expectations. 21 class hours. Required text: PMI-ACP Exam Prep, Second Edition: A Course in a Book for Passing the pmI Agile Certified Practitioner (PMI-ACP) Exam: Mike Griffiths PMI-ACP PMP CSM: 9781932735987 Fee: \$795

Item W9787J. Metcalf, PMPNORTH3 SaturdaysMar 10 - Mar 24 8:00am - 1:30pmStudents should plan to spend an additional 6 hours
outside of class on their studies. Students must have
a Bellevue College NetID before the first class ses-
sion. Please https://www.bellevuecollege.edu/netid/
default.aspx to create your NetID account.

Earned Value

The Earned Value Management System integrates both cost and schedule to provide accurate tracking of project tasks. Practice techniques for creating and monitoring results to achieve positive project outcomes. Bring a calculator to class. Yields 6 PDUs. Fee: \$189

 Item W9777
 D. Thompson
 NORTH

 2 Mondays
 Mar 12 - Mar 19
 6:00 - 9:00pm

 A NetID account is needed to access the course materials via Canvas, the online learning management system.
 system.

Managing Project Communication and Team Dynamics

Create a project communication plan, learn to use communication tools & techniques and discover best practices for managing a project team. **Yields**

BUSINESS & PROFESSIONAL PROGRAMS [17]

12 PDUs. Fee: \$299

ltem W9754 3 Saturdays	W. Dow, PMP Jan 20 - Feb 3	NORTH 9:00am - 1:00pm	
Item W9783	G. Gibson, PMP	NORTH	
4 Thursdays	Mar 1 - Mar 22	6:00 - 9:00pm	
A NetID account is needed to access the course ma- terials via Canvas, the online learning management			
svstem.		ining management	

Principles of Project Management

Examine the project management framework including key terminology, project management context, project management processes, project life cycle, and organizational design. Please see website for required texts. **Yields 12 PDUs.** Fee: \$299

 Item W9752
 D. Pelletier, PMP
 NORTH

 4 sessions TTh
 Jan 9 - Jan 30
 6:00 - 9:00pm

 Item W9768
 K. Swirski, PMP
 NORTH

 4 Wednesday
 Feb 7 - Feb 28
 6:00 - 9:00pm

 A NetID account is needed to access the course material with Course
 material access the course material acce

terials via Canvas, the online learning management system.

Principles of Requirements Management

Learn the fundamental skills of developing and managing requirements over product and service development life cycle processes. Practice applying these key tools and techniques to help improve the requirements management process. **Yields 18 PDUS.** Fee: \$459

Item W9767D. ThompsonNORTH6 TuesdaysJan 23 - Feb 276:00 - 9:00pmCourse materials may be accessed via Canvas, the
online learning management system. If you do not
have a Canvas account, please visit bellevuecollege.
edu/netid or call 425-564-2263.

Project Execution, Monitoring and Controlling

Develop skills to perform tasks for the work-driven phase of a project. Use tools to evaluate the progress of a project, identify preventative actions to avoid issues, apply corrective action where needed, and document project performance. Yields 12 PDUs. Fee: \$299

Item W9788 W. Dow, PMP NORTH 4 sessions MW Feb 26 - Mar 7 6:00 - 9:00pm A NetID account is needed to access the course materials via Canvas, the online learning management system.

MS Project for Project Managers

Gain hands-on experience using MS Project software in the key roles of planning, control and execution. See website for prerequisite information. Fee: \$599

Item W8329 R. Nicklas, PMP NORTH 4 Saturdays Jan 20 – Feb 10 8:00am - 12:30pm

"The presenter has awesome knowledge and awareness on all areas of problems in implementing process."

— Student of Angela Druckman's class, Certified Scrum Product Owner

Project Planning and Scheduling

Using planning and scheduling techniques that will establish the timeline of a project and facilitate moving the project forward, building an accurate, resource-driven project schedule, and creating a realistic budget will be the focus of this course. Yields 18 PDUs. Fee: \$429

Item W9750	B. Gibson	NORTH
6 sessions MW	Jan 8 - Jan 29	6:00 - 9:00pm
NO CLASS JAN 15		

 Item W9770
 B. Gibson
 NORTH, V1125

 6 sessions TTh
 Feb 13 - Mar 1
 6:00 - 9:00pm

 Class meets twice per week. A NetID account is needed to access the course materials via Canvas, the online learning management system.
 NO CLASS FEB 8.

Project Process Development and Improvement

Acquire skills to develop and implement processes that are critical for project success. Other topics include creating process flow diagrams and applying those skills to develop a change management plan. Yields 9 PDUs. Fee: \$239

Item W9776M. Diamond, PMPNORTH3 MondaysMar 12 - Mar 266:00 - 9:00pmA NetID account is needed to access the course materials via Canvas, the online learning management system.system.

Project Resource Management

Learn a systematic method for applying techniques and identifying the issues that can result in cost overruns, delayed schedules, or failure to meet performance standards. Yields 9 PDUs. Fee: \$229

Item W9765 A. LaRiviere NORTH 3 Saturdays Feb 17 - Mar 3 9:00am - noon A NetID account is needed to access the course materials via Canvas, the online learning management system.

Understanding and Developing a Work Breakdown Structure

A Work Breakdown Structure (WBS) gives stakeholders a vision of the project scope, provides a framework for deliverables, and ensures that you have accounted for all the work to be performed while eliminating superfluous work that's not included in the scope. Yields 6 PDUs. Fee: \$149

Item W9775	S. Thompson,	PMP	NORTH
1 Saturday	Mar 17	9:00am	- 4:00pm

Project Management Practicum

Apply and synthesize the skills, knowledge, and techniques learned in previous project management courses. Work with a team on an actual project and receive valuable feedback from the group and the instructor. Registration is by permission. Please contact Customer Service at 425-564-2263 to enroll in this class. Fee: \$485

Item W9790	D. Gill, PMP	NORTH
11 Thursdays	Jan 11 - Mar 29	6:00 - 9:00pm
NO CLASS FEBRU	IARY 8.	

A NetID account is needed to access the course materials via Canvas, the online learning management system.

REAL ESTATE

Our Real Estate classes are self-paced, online courses approved by the Washington State Department of Licensing. The courses are taught by experienced Real Estate professionals who will monitor your progress and answer any questions you have. If you would like more information, please visit our website http://www.bellevuecollege.edu/ce/category/ real-estate/ or contact Professional Program Advisors at cebusinessprograms@bellevuecollege.edu or (425) 564-4018. Registration for this self-paced, online class is open now through Jan. 5 for the winter quarter. Class may be accessed as early as Jan. 2. Class must be finished by Mar. 22. Please expect approximately one week from time of registration to be granted access to the online class.

REAL ESTATE FREE INFORMATION SESSION

Learn about BC's real estate and appraisal courses. How do you get started? What topics are included? Which courses are best suited for your needs? Are there any entrance requirements? All you want to know and more. Registration required. Free

Saturday, Sep 10		10:00 -11:30am
Item WCOFP	S. Baenen	NORTH

Washington Real

Estate Fundamentals

This Washington State Dept. of Licensing approved entry-level course is designed for buyers, sellers, investors, and others interested in obtaining a Real Estate Brokers License. This is the FIRST required course prior to taking the WA State Licensing Exam. Topics include ownership rights, contract law, agency law, listing agreements and procedures, the selling process, valuation, finance, leasing, property management, landlord tenant law, license law and fair housing. Please see our website for textbook information. Fee: \$384

Item W9815 S. Baenen ONLINE Jan 2 - Mar 22

Registration for this self-paced, online class is open now through January 5 for the Winter guarter. Class

> Textbooks are required for all Real Estate classes. Please check the website for information.

may be accessed as early as January 2. Class must be finished by March 22. Please expect approximately one week from time of registration to be granted access to the online class.

Real Estate Practices

This is the SECOND required course prior to taking the Real Estate Brokers state licensing exam. Explore agency relationships, listings and evaluating techniques, in depth analysis of the purchase and sale agreements, residential financing, the closing process, marketing, negotiation, business skills and procedures, environmental issues, governmental agencies, and real estate math. Seasoned real estate instructors will answer your questions and give you feedback on your work. Please see our website for textbook information. Fee: \$224

Item W9816 ONLINE S. Baenen Jan 2 - Mar 22

Registration for this self-paced, online class is open now through January 5 for the Winter quarter. Class may be accessed as early as January 2. Class must be finished by March 22. Please expect approximately one week from time of registration to be granted access to the online class.

Principles of Appraising

Required for appraiser licensing and certification. Meets criteria set by the Appraisal Foundation for Basic Appraisal Principles. Includes, economic principles impacting appraisals, forms of ownership, appraisal tasks, principle of supply and demand. Approaches to value: Cost, Income, Sales Comparison. Current issues. Graded student project. Approved for continuing education for real estate licensees. Please see our website for textbook information. Fee: \$224

Item W9817	S. Baenen	ONLINE
	Jan 2 - Mar 22	

Registration for this self-paced, online class is open now through January 5 for the Winter quarter. Class may be accessed as early as January 2. Class must be finished by March 22. Please expect approximately one week from time of registration to be granted access to the online class.

Appraisal Procedures

Meets criteria set by the Appraisal Foundation for Basic Appraisal Procedures and for appraiser pre-licensing education. Students apply knowledge learned in "Principles of Appraising" by developing graded form reports, and applying techniques to form and narrative reports. Includes overview of approaches to value and valuation procedures for residential applications. Approved for continuing education for real estate licensees. Please see our website for textbook information. Fee: \$224

Item W9818 S. Baenen ONLINE Jan 2 - Mar 22

Registration for this self-paced, online class is open now through January 5 for the Winter quarter. Class may be accessed as early as January 2. Class must be finished by March 22. Please expect approximately one week from time of registration to be granted access to the online class.

Residential Market Analysis CP & Highest and Best Use

Meets the criteria set by The Appraiser Foundation for Residential Market Analysis and Highest and Best Use. Markets, sub-markets, market segmentation, supply side analysis, demand analysis, and the importance of market analysis to the appraisal process are covered in the first half of this course.

The second half focuses on the theory of Highest and Best Use. The course includes a case study and final exam. This course is approved by the Washington Dept. of Licensing for 15 Clock Hours for appraisers pre-licensing education. It is also approved by the DOL as education for Real Estate Licensees in addition to Appraiser pre-licensing. Please see our website for textbook information. Fee: \$150

Item W9819 S. Baenen ONLINE Jan 2 - Mar 22

Registration for this self-paced, online class is open now through January 5 for the Winter quarter. Class may be accessed as early as January 2. Class must be finished by March 22. Please expect approximately one week from time of registration to be granted access to the online class.

Residential Site Valuation and Cost Approach

This course meets the criteria set by The Appraiser Foundation for Residential Site Valuation and Cost Approach. This course will help students gain a working knowledge of the various theories and methodologies for performing residential site valuation and developing the Cost Approach. Costing methods will be discussed and applications of the cost approach in residential appraising will be examined. The distinction between Replacement Cost New and Reproduction Cost New will be discussed. The course includes a case study and final exam. This course is approved by the Washington Dept. of Licensing for 15 Clock Hours for appraisers pre-licensing education. It is also approved by the DOL as education for Real Estate Licensees in addition to Appraiser pre-licensing. Please see our website for textbook information. Fee: \$150

Item W9820 ONLINE S. Baenen Jan 2 - Mar 22

Registration for this self-paced, online class is open now through January 5 for the Winter guarter. Class may be accessed as early as January 2. Class must be finished by March 22. Please expect approximately one week from time of registration to be granted access to the online class.

Residential Report Writing

Meets the criteria set by The Appraiser Foundation for Residential Report Writing and Case Studies. The course covers the reporting options permitted by STANDARD 2. Issues are explored to illustrate the level of detail required in appraisal commentary so that appraisal reports are clear and not misleading (or fraudulent). The Uniform Residential Appraisal Report (URAR), is illustrated along with the requirements of the Uniform Appraisal Dataset (UAD). The course concludes with an overview of other more

www.BCconted.com (425) 564-2263

commonly used residential appraisal forms in addition to the URAR. This course is approved by the Washington Dept. of Licensing for 15 Clock Hours for appraisers pre-licensing education. It is also approved by the DOL as education for Real Estate Licensees in addition to Appraiser pre-licensing. Please see our website for textbook information. Fee: \$150

ONLINE

Item W9821 S. Baenen Jan 2 - Mar 22

Registration for this self-paced, online class is open now through January 5 for the Winter quarter. Class may be accessed as early as January 2. Class must be finished by March 22. Please expect approximately one week from time of registration to be granted access to the online class.

Supervising the Trainee Appraiser: National Regulations and Responsivities

Required course for Registered Trainees and Supervisors. This course is an overview of national and state appraisal regulatory bodies as well as a comprehensive discussion of the minimum Appraiser Qualifications Board and the WA Dept. of Licensing qualifying criteria for supervisory appraisers and the various appraiser classifications. Obligations of appraiser ethics and competency are also discussed with a focus on supervisory appraisers and trainees. The course concludes with specific roles and responsibilities of supervisory appraisers and trainee appraisers, including a final chapter that serves as a best practices checklist, designed to ensure thorough and meaningful supervisory oversight, and best practice development by trainees in appraisal development and reporting. Fee: \$69

Item W9822 S. Baenen ONLINE Jan 2 - Mar 22

Registration for this self-paced, online class is open now through January 5 for the Winter quarter. Class may be accessed as early as January 2. Class must be finished by March 22. Please expect approximately one week from time of registration to be granted access to the online class.

TECHNICAL WRITING

Technical Writing Information Session

Would you like to know more about the field of technical writing and communication but are not sure how to get started? In this orientation, you'll learn about our programs, basic requirements, job opportunities, and what courses are best suited for your needs. Registration required. Free

Item WCOGC	B. Mitsutama	NORTH
1 Monday	Feb 26	6:00 - 8:00pm

Fundamentals of Technical Writing

Learn the critical elements of audience, project design, language, use of graphics, editing, and problem solving. Working in groups, students gain practice and performance feedback in real-life technical writing exercises.Fee: \$299



TECHNICAL WRITING CERTIFICATE

FREE INFORMATION SESSIONS

Register by calling (425) 564-4018

or online at www.BCconted.com

Our online Technical Writing Certificate Program was developed by respected industry professionals and targets indemand skills. The program is designed for technical writers and editors who want to develop their skills or career changers with strong writing talent who want to broaden their skills. Instructors are working professionals who introduce real-world scenarios into the classroom. Course projects are hands-on, interactive, and directly transferable to the workplace.

For information on our certificates visit: http://www.bellevuecollege. edu/ce/certificate-programs/

Item W9785 M. Blyther Feb 6 - Mar 23

This online, instructor-moderated class begins February 6 and ends March 23. (Equivalent to 15 classroom hours.)

Students must create their NetID to access this course in Canvas, the online learning management system.

Technical Writing Certificate - Inclusive

Salary scales for Technical Writers range from \$75,000-\$97,000 in the greater Seattle area (Glassdoor). Employment trends for Technical Writers are expected to grow by 10% over the next 8 years.

--US Dept. of Labor

This employs a Course Mentor approach targeted to working professionals with a strong knowledge base of the material at hand, who are looking to speed up the certificate process. Topics covered include: Principles of Technical Writing, Role of the Technical Writer, the Writing Process, Usability, Writing Strategies, Editing, Document Design, Intro

BUSINESS & PROFESSIONAL PROGRAMS [19]

to HTML and XML, and Job Readiness. Fee: \$1500 Item W9791 M. Blyther ONLINE

Jan 2 - Apr 20

Students may enroll in this course up to January 5. This online, instructor-moderated CERTIFICATE Course begins January 2 and ends April 20. (Equivalent to 110 classroom hours.)

Developing Web Content

Learn how to write effective web content. Students will learn how to focus on the reader, set the tone on a home page, write pathway pages that are focused and well designed, and effectively use headings, illustrations, and links to add interest and readability. Note: This class does not cover blogging or twittering. Fee: \$299

Item W9756 S. Smith ONLINE Jan 2 - Feb 9

This online, instructor-moderated class begins January 2 and ends on February 9. (Equivalent to 15 classroom hours.)

Recommended textbook: Letting Go of the Words: Writing Web Content That Works, 2nd ed.

Fundamentals of Document Design

Learn how to apply basic design concepts and typography to page design and layout for print documentation. Fee: \$299

Item W9789	J. ODell	ONLINE
	Feb 26 - Mar 28	
This surlings	the state of a second state of	alwas having Esh

This online, instructor-moderated class begins February 26 and ends on March 28. (Equivalent to 15 classroom hours.)

HEALTHCARE

HEALTHCARE SOLUTIONS

ONLINE

7 Hour HIV/AIDS Training for Healthcare

The 1988 Washington State Omnibus Law requires that certain people have HIV/AIDS education. If you are obtaining health care credentials, you must have this training. This course is offered once per month, from 8:00 a.m. to 4:00 p.m., with one hour for lunch (not provided).Fee: \$75.

We will be adding additional classes to our Healthcare offerings. Please check our website.



ARTS & DESIGN

OPEN CERAMIC LAB HOURS

Take the opportunity to practice the skills taught in class at your own pace. This open lab is only for students enrolled the current quarter in a ceramics class. Please wait until after your first in-class meeting to attend any of the open lab sessions.

Please note that open lab schedule varies each quarter. Check with your instructor or visit the website for lab hours, final pickup and discard dates

CERAMICS

Beginning Hand Building and Hand Glazing

Students will be given the opportunity to learn and express their creativity using clay in a fun and engaging environment. No experience necessary. With weekly demonstrations and students creating multiple projects, you will learn the basic skills you need to create artistic and functional clay pieces. We will explore personalizing your work with your design aesthetic by adding clay objects and textures to dishes, bowls, and vases, creating dimension and unique style. This is the art of hand building! We will finish by learning the basics of glazing and firing to finish your works. By the end of this class, you will have completed 4 projects reflecting your personality and flair. Fee: \$299

Item W9501	S. Dickson	MAIN
8 Mondays	Jan 8 - Mar 12	6:30 - 9:30pm
NO CLASS on 1/1	5 & 2/19	

Wheel Throwing/Hand Building: Beginning

Wheel Throwing and Hand Building are taught simultaneously in this introductory course. Learn centering and tool use for shaping thrown items such as simple forms, cylinders, bowls and plates. In this introduction to hand building, learn how to create functional and decorative work using a variety of hand building techniques. Both low-fire and mid-fire clay and glazes are available. Projects develop from your skill level and personal ideas. See website for supply list. Tuition includes \$25 studio fee. Fee: \$355

ltem W9505	R. Palasamudro	am MAIN
10 Fridays	Jan 5 - Mar 9	9:00am - 12:00pm
ltem W9506	L. Hobaica	MAIN
10 Saturdays	Jan 6 - Mar 10	10:00am - 1:00pm
ltem W9507	P. Colyar	MAIN
10 Sundays	Jan 7 - Mar 11	10:00am - 1:00pm

CRAFTS & HOBBIES

Fiber Arts: Felted Bags NEW!

This class will cover the fiber properties of wool; pattern design; surface design; resists; layout; wet felting techniques and much more! Students will make a small flat and 3D sample prior to constructing a personally designed bag of choice. See web for required supplies. Tuition includes a studio fee. Fee: \$279

Item W9490 J. Griffin MAIN 2 sessions SSu Jan 20 - Jan 21 9:30am - 3:30pm

NEW!

Textile Block Printing

Explore the ancient worldly art and techniques of hand block printed textiles. Students will learn steps of designing a fabric composition; design and carve your own rubber and linoleum blocks for printing, and will work with textile inks to create large swatches of fabric and several small samples for multiple uses. This is a great collaborative workshop! See web for required supply list.and more information. Tuition includes a studio fee. Fee: \$279

Item W9491J. GriffinMAIN2 sessions SSuFeb 10 - Feb 119:30am - 3:30pm

DRAWING

Art Rx: Art for What Ails You

Want a break from your computer? Come and visit your right brain, in this playful, innovative art class that explores the mysteries of creativity, offers useful techniques in learning how to get out of your own way, and teaches you the secrets of the art making process. As your inner artist loosens up, so does your ability to breathe and flow, to problem solve and think outside of the box. Visit our website for more information. Fee: \$209

Item W9473	V. Dietrich	NORTH
6 Mondays	Jan 22 - Mar 5	2:00 - 5:00pm
NO CLASS on Feb	19	

"It's the best drawing class I've ever taken! I learned new techniques of drawing, but more importantly, I got motivated to draw more!"

— Student of Lee Wallat's class, Right Brain Drawing

Basic Drawing: Right-Brain Method

Utilizing whole brain research, explore the creative perceptual techniques that artists use to draw. Examine left hemisphere attributes (balancing a checkbook) vs right hemisphere (drawing, music), and do exercises that silence the linear, verbal left hemisphere in favor of the right's visual, spatial system. Through step-by-step drawing exercises, learn to see in a fresh, unselfconscious way that builds confidence and allows students to create surprisingly realistic drawings. Course involves sequential learning, instructor approval required if you register after course start date. Supply List is available online. Fee: \$169

Item W9468	L. Wallat	NORTH
5 Wednesdays	Feb 21 - Mar 21	6:00 - 9:00pm

Cartoon Illustration

Become the cartoonist you always dreamed of, for comic books, comic strips, or to design characters for videogames or animations. In this introduction to the art of cartooning, learn how to convey emotion, motion, and more through cartoons, letter for word bubbles, storyboard, and publish your comics. Leave the class with a cartooning portfolio and a showcase piece. Basic drawing skills recommended. See website for supply list. Fee: \$289

Item W9472E. PriceNORTH8 ThursdaysJan 25 - Mar 226:00 - 9:00pmBellevue College NetID required before the last twosession of the course.

Drawing Basics

Designed for non-artists who want a fun, informative and stress-free introduction to drawing. Learn basic sketching and drawing techniques including the use of line, space and perspective. Discover the secrets of shading solid forms while learning to draw common still lifes. Class is a combination of lecture, demonstration and one-on-one feedback. Visit our website for what to bring to first class and more information. Fee: \$269

Item W9486	C. Cooney-Wickett	NORTH
8 Fridays	Jan 12 - Mar 2 10:00am	- 1:00pm

Drawing: Beginning

Do you want to develop fundamental drawing skills and learn how to render realistic drawings? This class will introduce the use of perspective, line, mass, value, tone, light, form and composition. Using observation and working from still-lifes, practice these concepts while exploring various drawing media, including charcoal and graphite. No prerequisites. Returning students welcome. See website for supply list. Fee: \$299

 Item W9479
 L. Kelly Lyles
 MAIN

 9 Mondays
 Jan 8 - Mar 19
 7:00 - 10:00pm

 NO CLASS ON 1/15 & 2/19
 NO CLASS ON 1/15 & 2/19

Item W9482	C. Cooney-Wicket	t NORIH
9 Saturdays	Jan 20 - Mar 17	9:30am - 12:30pm

Portraiture: Beginning and Continuing

Learn the anatomy of the skull and facial muscles, the correct way of reproducing facial expressions and the composition of the portrait. Working from models of different ages, genders, and ethnicities, you will do portraits in charcoal, graphite conte crayon or ink. Bring a 14" x 17" sketch book, vine charcoal or soft pencil and a kneaded eraser to the first class. Basic drawing skills recommended. Tuition includes model fee for all sessions. See website for supply list. Fee: \$345

Item W9485 C. Cooney-Wickett NORTH 8 Thursdays Jan 11 - Mar 8 6:30 - 9:30pm NO CLASS ON 2/8

PAINTING

Abstract Watercolors

Learn how to combine the expressive, personal, exciting vision of Abstraction with the smaller, particular, intimate beauty of Watercolors. Discover basic elements of design, the language of color and harmony, line, shape and space, to create a compelling painting. Instructor will email supply list before class starts. Fee: \$225

Item W9475 V. Paquette NORTH 10 Wednesdays Jan 3 - Mar 7 10:00am - 12:00pm

Acrylics: Beginning

A great intro class for beginners or as a re-examination of fundamentals for any skill level. Working from still life, we'll study composition, basic color theory and mixing, and more. Gain experience with different types of paint application. Explore examples of classic and contemporary painting to promote discussion of theory and technique. See website for supply list and prerequisites. Fee: \$265

Item W9483	C. Cooney-Wickett	NORTH
8 Saturdays	Jan 20 - Mar 10	1:00 - 4:00pm

Acrylics: Continuing

Take your acrylic skills to the next level and get the most out of your painting. Explore many techniques used to create a rich and unique painting. Visit our website for more information on what to bring to class and more. Course price includes model fee. Fee: \$339

Item W9451	F. Lisaius	NORTH
10 Wednesdays	Jan 3 - Mar 7	1:00 - 4:00pm

Chinese Sumi Painting and Calligraphy (Beg/Cont)

Don't paint just what you see, paint what you feel. Painting with soul is the fundamental idea of sumi painting and calligraphy. Study the philosophy and theory of this art form and learn the brief history of seal carving and usage of chops. Learn skills and techniques of sumi floral and landscape paintings and calligraphy through demos and hands-on individual instruction. Instructor is a well-known Chinese calligrapher and painter. Bring supplies to first class. See website for supply list. Fee: \$139

Item W9478	Y. Zhu	NORTH
5 Tuesdays	Jan 9 - Feb 6	6:30 - 9:00pm

Creative Mixed Media

Experiment with fluid acrylics, ink, watercolor, fiber paper, pastels and more by creating mixed media media pieces with symbolic meaning or representational. Focus will be on using and applying a variety of media and principles to create strong and interesting compositions. Properties of color and development of a personal color palette will be encouraged. Subject matter will be loosely based on natural and manmade forms. Basic supplies provided. Fee: \$345

 Item W9494
 G. Gregory
 NORTH

 10 Thursdays
 Jan 4 - Mar 15 9:30am - 12:30pm
 NO CLASS ON 2/8

Introduction to Encaustic

Encaustic painting is an ancient medium of beeswax, damar resin, and pigment recognized for its resplendent surface and rich color. Gain a thorough set of skills, as well as tips for setting up a safe studio space at home! No prior experience required. Tuition includes studio and basic material fees. See website for your supply list. Register early! Fee: \$279

Item W9493 J. Griffin MAIN 2 sessions SSu Mar 10 - Mar 11 10:00am - 4:00pm

Encaustic and Photography

Combine your interest in Encaustic art and photography in this class! Learn how to layer photographic imagery into your encaustic works using a variety of techniques. Practical tips for painting, drawing and staining atop the resulting photographic transfers will be covered along with guidance for preserving your completed artworks. Tuition includes studio and basic material fees. See website for your supply list. Prerequisite: Introduction to Encaustic Prerequisite: Introduction to Encaustic Fee: \$279

 Item W9492
 J. Griffin
 MAIN

 2 sessions SSu
 Feb 24 - Feb 25
 10:00am - 4:00pm

Encaustic and the Book

In this workshop you will explore the concept of 'the book' using an accordion format, finishing the work in encaustic. You will learn about the application and heating of wax on this dimensional form as well as incising, collaging and transferring onto the waxen surface to create your own book. Tuition includes studio and basic material fees. See website for Supply List. Prerequisite: Intro to Encaustic Fee: \$175

 Item W9469
 D. Kapoor
 MAIN

 1 Saturdays
 Feb 3 - Feb 3
 10:00am - 4:00pm

 30-minute lunch break included.
 Main
 Main

Figure Painting in Oils **NEW!**

Painting the figure is a great way to develop good drawing and painting skills. This class covers both oil painting and gouache, a water-based opaque medium that is often used for more precise work. We'll start with loose sketches from photos of various models projected on the screen. We'll work on body parts (arms, torso, feet and hands) then build up to more complete forms, using both mediums. This is an advanced figure class, but beginners are welcome and encouraged to join. Learn several techniques in both mediums, with the emphasis on realism but also creativity and design. Final 2 classes will have live models and the instructor will work directly with you and do demonstrations along the way. Tuition includes model fee. Fee: \$355

Item W9477	P. Howe	NORTH
10 Wednesdays	Jan 3 - Mar 7	6:30 - 9:30pm

Pastels for Landscape and Figures

Working with pastels is unlike any other medium. The color you put down is direct and immediate. In this class, you will learn fun ways to apply pastel over various paper stocks, sandpaper, canson, even a gouache base. You'll work in line, overlay color, learn how and when to fix your drawing and how to lay one color over another to achieve subtle, realistic effects. This class is fun and relaxed, designed for beginners or intermediate students. You'll work on several pieces, landscapes and figures. Fee: \$335.

Item W9481	P. Howe	NORTH	Campus, V1058
10 Tuesdays	Jan 2 - Ma	ar 6	6:30 - 9:30pm

Oil Painting: Beginning and Continuing

Working from still life, learn fundamental oil painting techniques with a focus on composition & color theory, including basic color mixing and juxtaposition. Explore different types of paint application and much more. Assignments are carefully designed to be simple to initiate, and broad enough to elaborate. Each class includes demonstrations, painting time, and individual interaction with the instructor. See website for supply list and more information. Fee: \$269

Item W9484	C. Cooney-Wickett	NORTH
8 Tuesdays	Jan 9 - Feb 27	6:30 - 9:30pm

Painting and Abstraction

Discover the art of Modern life: Learn a new way of thinking and seeing, and create dynamic Abstract paintings. Express your inner self in your work with this more personal and expressive mode of painting. This introductory class is designed to explore the basics of style and structure, and the simple concepts behind the actions, working with acrylics and mixed media. Instructor will email the supply list to you before class starts. Fee: \$225

Item W9476	V. Paquette	NORTH
10 Wednesday	ys Jan 3 - Mar 7	12:30 - 2:30pm

Watercolor: Beginning

This fun, informative and stress-free class is designed for the beginning watercolorist. The course takes you step-by-step from the basic washes to

22] ARTS & DESIGN

finished paintings. Learn the importance of value and brush control while discovering ways to make your painting dramatic and rich. No drawing skills required. See website for supply list to be used for discussion on the first day. Bring a note pad to the first class. Course price includes model fee. Fee: \$339

Item W9452 F. Lisaius NORTH 10 Thursdays Jan 4 - Mar 15 9:30am - 12:30pm NO CLASS ON 2/8

Watercolor: Continuing

This class is intended for those who have an understanding of basic watercolor techniques and want to continuing learning and growing as an artist. We will be exploring a wide range of subject matter that will challenge you in a variety of ways. Some of the subjects covered in this class are: composition, color theory, and advanced watercolor techniques. Bring your watercolor paints, paper and supplies to the first class. Course price includes model fee. Fee: \$339

Item W9453	F. Lisaius	NORTH
10 Thursdays	Jan 4 - Mar 15	1:00 - 4:00pm
NO CLASS ON 2/8	3	

Watercolor: Intermediate

This is a class intended for those who have learned the fundamentals of watercolor painting and want to take them to the next level in a fun and supportive environment. We will be exploring watercolor painting techniques, and learning about composition and color through a variety of subject matter. Bring your watercolor paints, paper and supplies to the first class. Tuition includes model fee. Fee: \$339

Item W9450	F. Lisaius	NORTH
10 Wednesdays	Jan 3 - Mar 7	9:30am - 12:30pm

PHOTOGRAPHY

DP - Adobe Lightroom I

Organizing, Editing and Printing Photos: This introductory class is for digital photographers of all skill levels who wish to learn how to use Adobe Photoshop Lightroom, a program designed specifically to import and organize your photo collections, as well as to develop and enhance photographs for print and production. Visit our website for more information. Fee: \$349

Item W9454	A. Lawrence	NORTH
5 sessions TTh	Jan 2 - Jan 16	6:00 - 9:00pm

DP - Adobe Lightroom II

Adobe® Photoshop® Lightroom® 6/CC gives you the power to produce the best images possible from your digital photographs. This course builds on the basics taught in Adobe Lightroom I by expanding into more advanced methods of color managed editing and digital media management including keywording, publish collections, and plugins. Visit our website for more information. Fee: \$349

Item W9467	J. Matias	NORTH
5 sessions TTh	Mar 8 - Mar 22	6:00 - 9:00pm

DP - After the Shot: Establishing your Workflow and Beyond

Move to the next step in your photography by establishing your personalized Workflow from shot to finished work! Develop your own style using Lightroom, basic Photoshop, plugins, filters, and presets. Learn how to establish your online presence through web sites like Flickr, SmugMug, 500px, and others. Learn the many resources available for final production. Visit our website for information on prerequisites and what to bring on the first day of your class. Fee: \$239

Item W9462	J. Matias	NORTH
4 sessions TTh	Feb 20 - Mar 1	6:30 - 9:00pm

DP - Business of Art

This very practical class will give you the tools and the confidence to sell your work, covering a different topic each of the 5 evenings of the class. Explore 20 basic practical steps to move your art from a hobby to a business. Learn about making note cards as promotional tools and to sell, exhibiting, merchandising, licensing, and working with not-for-profits. Open to all visual artists working in all mediums. Visit our website for more information. Fee: \$275

 Item W9460
 R. Pfortner
 NORTH

 5 sessions TTh
 Feb 6 - Feb 22
 6:00 - 9:00pm

 NO CLASS ON 2/8
 2

DP - Business of Photography

Learn how to launch and upkeep a profitable photography based business. Topics will include structuring your business, client relations, pricing, marketing, managing your brand online and offline, and all the legal aspects of photography. Together we'll create a step-by-step business plan to get you started and set you up to succeed. See website for more information. Fee: \$275

Item W9464J. AguileraNORTH5 sessions MSJan 8 - Feb 56:00 - 9:00pmClass meets at North Campus on Jan 8, Jan 22, Jan29 and Feb 5; one off campus field trip, date/time TBAin class. No class on Jan 15.

DP - Long Exposures: Night and Day Photography

Learn how to add movement to your images with long exposure, no matter the time of day in this new hands on course! Learn and practice shooting images at night, and in low-light situations. Produce fabulous images in any type of light, and learn how to use motion to tell a story. Visit our website for field trip and more class details. Fee: \$225

Item W9461A. LawrenceNORTH4 sessions TThFeb 13 - Feb 226:00 - 9:00pmCLASS MEETS 6 - 9 PM AT NORTH CAMPUS FOR THE FIRSTAND THE LAST SESSIONS. OFF-CAMPUS FIELD TRIPS ONTHE 2ND AND 3RD SESSIONS, TIME/LOCATION TBA.

DP - Photographic Composition

Regardless of your subject matter, a great photo comes down to the composition. Well thought out composition can make even the most ordinary subject look spectacular. This class will cover the key elements of composition, taking your visual literacy to a new level. Shoot weekly assignments; share the results. Includes one on-location shoot. Bring 5 photographs on a flash drive or DVD to share as part of your introduction in the first class. Fee: \$329

Item W9457 R. Pfortner NORTH 6 sessions TS Jan 18 - Mar 8 6:00 - 9:00pm CLASS MEETS AT NORTH CAMPUS 6-9 PM ON THURSDAYS; ONE OFF CAMPUS FIELD TRIP 9 AM-12 PM ON SATURDAY, DATE/TIME TBA IN CLASS. NO CLASS ON 2/8, FEB 15 AND FEB 22.

DP - Photography Lighting I

You know that photography is "writing with light". Get a solid understanding and practice with how to leverage and shape light to enable you to bring out the best of your subject and to elevate your photography. Practice with available light, on camera flash, accessory speedlights, and continuous lighting. Visit our website for more class details. Fee: \$225

 Item W9455
 A. Lawrence
 NORTH

 4 sessions WM
 Jan 3 - Jan 17
 6:00 - 9:00pm

 NO CLASS ON JAN 15
 5

DP - Photography Lighting II

Build on the lessons from Lighting Level 1 using single and multiple electronic flash, studio strobes, continuous light sources, and studio gear. Learn lighting ratios, a variety of basic poses and light set-ups such as Broad, Short, High Key, Low Key, Butterfly. Fee: \$349

Item W9463 A. Lawrence NORTH 3 sessions ThST Mar 15 - Mar 20 6:00 - 9:30pm THURSDAY AND TUESDAY CLASSES MEET AT NORTH CAMPUS, 6:00 PM - 9:30 PM; ONE WEEKEND FIELD TRIP TO A PHOTOGRAPHY STUDIO ON THE WEEKEND, DATE/ TIME TBA IN CLASS.

DP - Photography Portfolio Review

Do you have a large collection of photography and feel uncertain about which ones, and even how many, to select to showcase your talent? Explore the art of selecting with the guidance of instructors and a panel of industry professionals. Learn about presentation options for your selected images, from traditional prints, to bound collections, to online portfolios. Bring 5 photographs on a flash drive or DVD to share as part of your introduction in the first class. Fee: \$299

Item W9466	R. Pfortner	NORTH
5 Wednesdays	Feb 7 - Mar 21	6:00 - 9:00pm
NO CLASS ON FEB	14 AND MAR 14.	

DP - Telling Better Stories

Why is a picture "worth a thousand words?" Because great photographs tell stories. In doing so they make a connection, evoke an emotion, kindle a memory, show a relationship, and provoke a response in the viewer. But to tell a story with your photograph, you must have a strong concept of just what you want to say combined with strong composition. In this class, explore how to share your story through a single image as well as through sequences. You will learn how to harness the narrative power of photographs, from planning and previsualizing to selecting what not to include and

www.BCconted.com (425) 564-2263

sequencing. Learn about creating stories you can sell to magazines and to create books of your own like after you travel. For all experience levels using any digital camera. Bring 5 of your photographs that you feel tell a story singly or in combination to the first class to share as part of your introduction. Fee: \$275

Item W9465 R. Pfortner NORTH 5 Mondays Feb 5 - Mar 19 6:00 - 9:00pm NO CLASS ON FEB 19 AND MAR 12.

DP - Digital Photography I

Get the photos you want by learning features and controls of your digital camera. Add an introduction to composition and light and you've got a magical art form. This course is divided into two units: digital camera operation and photographic fundamentals. Weekly assignments integrated with class discussions give a solid foundation in digital photography. Topics include: exposure modes, aperture, shutter speed, flash, histograms and exposure compensation, white balance and other in-camera overrides. Bring your camera and instruction manual.

Item W9456J. MatiasNORTH7 sessions TThS Jan 2 - Jan 186:00 - 9:00pmCLASS MEETS AT NORTH CAMPUS FOR 6 SESSIONS ONTUESDAYS AND THURSDAYS; ONE WEEKEND FIELD TRIPDATE & TIME TBA IN CLASS. FEE: \$395

Item W9459J. AguileraNORTH7 sessions FSJan 5 - Feb 21:00 - 4:00pmCLASS MEETS AT NORTH CAMPUS ON JAN 5, JAN 12, JAN19, JAN 26 AND FEB 2; TWO OFF CAMPUS FIELD TRIPS,DATE/TIME TO BE DETERMINED IN CLASS ACCORDING TOWEATHER. FEE: \$400

Item W9458 A. Lawrence NORTH 7 sessions MW Jan 22 - Feb 7 6:00 - 9:00pm CLASS MEETS AT NORTH CAMPUS FOR ALL SESSIONS. FEE: \$395

LITERARY ARTS

Creating Strong Feminine **NEW!** Romantic Heroines

Want to create the romantic heroine of the 21st century? In this course learn how to create a protagonist that is strong, successful, complex, independent, and feminine and romantic at the same time. Explore six archetypes of women from Greek Mythology and learn how to translate them into a modern time romance. By the end of this course you will have a detailed profile of your own romantic heroin. Fee: \$189

Item W9480 A. Ben-Shaul NORTH 8 Tuesdays Jan 23 - Mar 20 10:00am - 12:00pm NO CLASS ON MAR 6

Intuitive Writing

Want to connect with your deeper literary voice? Take a deep breath, show your inner critic the door, and let your intuitive writer take over. Writing is a thrilling ride. There is a knack to it. Secrets that can make it flow and hum. Through fresh, surprising exercises in a variety of writing styles, you will discover a hidden cache of ideas and profound truths you didn't know you knew. A great kick-start for the beginner. A refreshing reboot for the more seasoned writer. Join us for some fun and inspiration, in this playful, non-critical writer's playroom. Let's take your intuitive writer out for a spin! Fee: \$199

 Item W9474
 V. Dietrich
 NORTH

 6 Wednesdays
 Jan 24 - Feb 28
 10:00am - 1:00pm

Novel Re-Vision: Editing Your Manuscript for Story

Do you have a completed draft novel? Wondering what to do next? This class walks writers through the novel revision process. In-class exercises and critiques help students recognize the sections of their manuscripts that convey story and those that don't. During the course students will compile a list of edits necessary to revise their novel. Prerequisite: a completed draft novel. See website for required textbook. Fee: \$219

Item W9470	L. Brandt	NORTH
8 Tuesdays	Jan 9 - Feb 27	6:30 - 9:00pm

Scene Work

This hands-on workshop by a veteran actor will show you techniques that will improve your ability to be a dynamic and generous ensemble player. This class will include improv, scene work, and individual coaching. Fee: \$229

Item W9489 A. Bond NORTH 6 Wednesdays Jan 17 - Feb 28 6:00pm - 9:00pm NO CLASS ON FEB 14

The Magic of Writing for Children

Whether you're a beginner, or have already published; whether you want to write for preschoolers, teens, or in-between, this is the class for you. We'll explore what makes a book "work" for each age group in terms of word choice, characterization, theme, and structure. Plus, you'll have the chance to get feedback in a safe environment from a seasoned author. Fee: \$299

Item W9487 K. Bond NORTH 10 Wednesdays Jan 10 - Mar 21 6:00pm - 8:30pm NO CLASS ON FEB 14

Wordcraft

NEW!

NEW!

"...when words are tuned to their highest ability... it is possible to feel...language clicking into place." -Mark Doty, THE ART OF DESCRIPTION

Whether you're a beginning or an advanced writer, this class will bring you back to the foundation of craft—the specific words that make up your paragraphs and stanzas. Wake up your descriptions through enhanced attention. Discover unexpected images through "meaning networks." Revitalize the familiar by removing its usual scaffolding. The result will be work that is robust and vibrant—as much a pleasure to read as it is to create. All writing, from fiction to poetry to song lyrics, is welcome, as is that idea that's just beginning to percolate. Class time includes lecture, discussion, writing, and critique. Required text: The Art of Description: World into Word, ISBN-13: 978-1555975630. Fee: \$339

ltem W9488 K. Bond NORTH 11 Wednesdays Jan 10 - Mar 21 10:00am - 12:30pm

Writing Family Stories for **NEW!** Your Children and Grandchildren

Each of us holds a story deep in our heart that we would like to share with our children and grandchildren. How do we pass these family stories on to the next generation, so that our stories stand out in the modern world's data-stream bombardment aimed at our children? This course focuses on bringing meaningful stories to life for a new generation. Come prepared to write and to learn how to transform your heartfelt stories into ones that children will remember forever. We will draft our stories, share them with the class, and come up with a plan for creating a picture book or even a middle grade novel for the young children in our lives. Fee: \$175

Item W9471	L. Brandt	NORTH
8 Saturdays	Jan 20 - Mar 10t	10:00am - noon

Jump-Start Your Business with our New Class *Build an* eCommerce Business

Walk out with a ready-to-use eCommerce website and a working knowledge of tools and strategies for email, SEO and social media marketing.

See page14 for registration details.



PERSONAL ENRICHMENT

DANCE AND FITNESS

Bellydancing for Fun & Ultimate Fitness

Join us as we explore one of the world's most ancient and honored dance traditions. Learn traditional movement patterns, camel walks, figure 8's, serpentine arms, stomach rolls and flutters, and more! See website for more information. Fee: \$119

 Item W8961
 T. Chard
 MAIN

 8 Thursdays
 Jan 11 - Mar 8
 6:30 - 7:30pm

 NO CLASS ON FEB 8
 8

Gentle Yoga and Pilates for Flexibility and Strength

Hatha Yoga (in the lyengar Style). The class will incorporate poses that will include stretching, balance and mobility. Pilates is incorporated for core strength. The course is designed for all BODY TYPES and levels of FLEXIBILITY and STRENGTH. Explore self-direction and gain information about your body. Bring a "sticky" mat to the first class (available where yoga supplies are sold). Instructor will provide Pilate Balls, yoga blocks and stretchy straps. Bring water and refrain from eating for two hours before class. All levels of experience are welcome. Fee: \$60

Item W8960	M. Hanneman	NORTH
4 Wednesdays	Feb 21 - Mar 14	6:15 - 7:15pm

Jazz and Ballet Workout

Bring together the energetic and rhythmic movements of jazz dance with the toning and strengthening benefits of ballet for a fun way to get in shape. Class focuses on toning strength, working the lower body, abdominal and upper arm area, and low impact aerobics. Wear comfortable clothes, ballet or soft Jazz shoes recommended. The class is designed for beginners to intermediate level, all dancers and non-dancers are welcome. Fee: \$129

Item W8953K. Fedor-WhiteqMAIN8 TuesdaysJan 9 - Mar 207:30 - 9:00pmNO CLASS ON FEB 20, FEB 27 AND MAR 6

INSTRUCTOR SPOTLIGHT

Joanne Factor

Joanne's Background

Joanne Factor has been teaching safety and self-defense for over 20 years. As owner and instructor at Strategic Living, LLC, Personal Safety and Self-Defense Training, she's taught ages 5 to 75, students and sorority sisters, homeless women and business executives, and everyone in between.

Morning Yoga Stretch

Would you like to feel better? More focused, less tension and discomfort? Start your day with a clear mind and relaxed but focused energy. Learn effective breathing, stretches to release tension and pain, yoga asanas for strength and flexibility. End with a deep relaxation. Work with your body, at your own pace. Instructor has over 30 years of experience and will give adjustments for any special needs or concerns. Bring your yoga mat and water. Wear loose, comfortable clothing. Fee: \$149

Item W8957 H. Campbell 10 Thursdays Jan 18 - Mar 22 9:00 - 10:10am CLASS MEETS AT PINE LAKE COMMUNITY CENTER.

Yoga for Every Body

This non-intimidating class encourages beginners as well as experienced yoga students to work at their own level. Emphasis is on breath, stress reduction, increased flexibility, joint stability/mobility, conditioning core muscles and overall body strength. Class ends with relaxation, leaving you feeling refreshed and connected. Fee: \$149

Item W8958 H. Campbell 10 Mondays Jan 8 - Mar 19 6:35 - 7:35pm CLASS MEETS AT PINE LAKE COMMUNITY CENTER. NO CLASS ON JAN 15.

Self-Defense 101 for Women

Learn to recognize threatening situations, express your boundaries, and--if necessary--physically enforce them. Topics: recognizing assailant ploys/ manipulations and how to thwart them; practicing releases from common grabs; making decisive strikes to vital targets; and assessing risks. Come prepared to challenge yourself. Material fee included. Fee: \$189

Item W8962 J. Factor NORTH 6 Saturdays Feb 10 - Mar 17 1:30 - 3:30pm

Social Dance Beginners I

Want to learn to dance? In this fun and easy class you will be introduced to the world of dancing with partners and will learn the basics of the today's most popular dances; Salsa, Fox Trot, Waltz Rumba and Swing. Class focuses on footsteps, techniques of execution, leading and following, transitions into variations, as well as musicality, and timing recognition. Course will prepare you for the dance floors! Partners are recommended but not required. Comfortable shoe wear, no tennis shoes please. Fee: \$135
 Item W8950
 K. Fedor-White
 MAIN

 8 Mondays
 Jan 8 - Mar 19
 6:00 - 7:00pm

 NO CLASS ON JAN 15, FEB 19 AND FEB 26
 6:00 - 7:00pm

Social Dance Beginners II/ Intermediate

Have you had some dance experience in the past and want to learn more? This class is for students wanting to expand their techniques, dance steps, confidence and add more dances to their repertoire. Class will include expanded styling, footwork and several new dances in Latin category and introduces smooth dances in International styling. New dances are: Samba, Cha Cha, and continuing with Rumba. Tango and Fox Trot with free flowing International style. Partners are recommended but not required. No tennis shoes please. Some previous dance experience necessary. Fee: \$135

Item W8951	K. Fedor-White	MAIN
8 Mondays	Jan 8 - Mar 19	7:00 - 8:00pm
NO CLASS ON JAN	15, FEB 19 AND FEB 2	26

Tap Dancing

Try this fun and creative dance form and you may find a true joy in working out! Learn basic steps and combinations, correct timing and get plenty of aerobic workout. This class is suitable for all age groups. You will need tap shoes and comfortable attire. Instructor is a Conservatory Graduate and a former professional dancer with many years of experience. No loose clothing or high heels. Fee: \$135

 Item W8952
 K. Fedor-White
 NORTH

 8 Tuesdays
 Jan 9 - Mar 20
 6:00 - 7:00pm

 NO CLASS ON FEB 20, FEB 27 AND MAR 6

ENTREPRENEURSHIP

Journalism Fundamentals

Join us to tell stories from your community! Build confidence in your public speaking as you learn to voice for radio. Develop new skills reporting and producing stories. Students will practice interviewing each other and guests in class, use studio microphones and field recording equipment, write and edit news reports, and work as a team to produce a radio show. This class teaches students to thoughtfully ask questions, breakdown information and news, and engage listeners - let's make radio! Fee: \$139

Item W8966	J. Cecil-Moore	MAIN
6 Tuesdays	Jan 9 - Feb 13	6:00 - 8:00pm

Lovegevity: Wedding and Event Planner Certification

Classroom, instructor-led, hands-on/class session with online course access for those looking to get started in the wedding and event industry right away. Students fulfill all course requirements and prepare for the certificate exam by participating in the online and classroom sessions.

This course allows for instructor interaction with new perspectives and insider information from others in

the industry attending who bring advice, insight, and experience to group discussions. Local classes take class trips, meet with local vendors, and attend local industry events. Courses are taught by seasoned wedding and event professionals. Fee: \$1195

Item W8974	D. Davis	NORTH
10 Wednesdays	Jan 17 - Mar 21	5:30 - 9:30pm

Voice-Overs: NOW is YOUR Time!

YOU'VE HEARD LISA FOSTER ON TV AND RADIO COMMERCIALS! Now hear Lisa LIVE as she illustrates how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. Lisa will show you a unique, outside the box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! See website for more information. Fee: \$65

Item W8954	L. Foster	NORTH
1 Saturday	Jan 27	9:30 - 11:30am

HOME AND GARDEN

Basic Carpentry and **NEW!** Woodworking

Do you have power tools and want to learn to use them safely and effectively? Learn the basics of joinery, jigs, materials, methods and project design in a woodshop. After selecting your materials, apply everything you've learned to safely use hand and power tools in the construction and assemblage of a "toolbox." The course fee includes use of all tools, materials, and lumber for your first project. Fee: \$199

Item W8972 P. Marx MAIN 2 sessions SuS Feb 17 - Feb 18 9:30am - 2:30pm

Basic Hands-On Home Repair and Maintenance

Discover a variety of home improvements and maintenance skills in the Eastside's most comprehensive home repair class. Learn hand and power tool selection, operation and personal safety; kitchen and bath remodels; electrical and plumbing repairs; wall repair; and more! Gain the ability to undertake most small home repairs at home. Visit our website for more information. Tuition includes material fee. Fee: \$145

Item W8971	P. Marx	NORTH
1 Saturday	Feb 17	9:30am - 4:00pm
THE CLASS HAS	A 30-MINUTE BREAK.	

NEW!

Bathroom Design Tips

Would you like to design for your bathroom? Bathroom design is a specialized discipline within interior design that focuses on the aesthetic and function. Professional designers have a high level of knowledge about different types of materials and lighting. They also are aware of plumbing or electrical issues and how they impact the design of a space. Computer drafting skills are not required. You will learn basic design concepts and have the opportunities to visit the showrooms in Seattle, Bellevue & Newcastle Area. Fee: \$225

Item W8975M. YoshikawaNORTH8 TuesdaysJan 9 - Feb 2710:00am - 12:00pmCLASS MEETS AT NORTH CAMPUS. THREE OFF-CAMPUSFIELD TRIPS TO SHOWROOMS ON JAN 30, FEB 6 AND FEB13; LOCATION TBA IN CLASS.

Commercial Sustainability NEW!

There has never been a more appealing time to "go green", but it can be hard to know what steps to take and how to follow the most efficient path to a sustainable property. This course will be very educational for property owners and managers. We will be touching base on steps to having an efficient and healthy workplace for employees and customers. The class will go into details on what the solutions are and how they help reduce energy consumption and air quality issues. Fee: \$39

Item W8977	S.Bay	NORTH
1 Monday	Jan 22	6:30 - 8:00pm

Home Efficiency and **NEW!** Renewables: Using Your Home as a System

In today's world, knowledge is power. The majority of homeowners, or renters, don't understand their home as a system. In this workshop, we will give you the power to understand how your home works as a system, why certain areas of your home maybe be uncomfortable, how to reduce your utility costs, and discuss steps to having a sustainable home with renewable power and its application. Fee: \$39

Item W8979	S.Bay	NORTH
1 Thursday	Mar 8	6:30 - 8:00pm

Home Health and Your **NEW!** Family: Air Quality and its Impact

Indoor air quality is a relatively new concept. Human society relied on open windows during most of its history, but the advent of space heating and air conditioning required buildings to become more insulated and air-tight to isolate them from outdoor conditions. This helps us control temperature, but at the price of causing more pollutants and moisture to get trapped indoors. This workshop will go over how to identify pollutants in your home and the source of the pollutant; and the steps that you can take to improve the air quality in your home. Fee: \$39

Item W8978	S.Bay	NORTH
1 Tuesday	Feb 20	6:30 - 8:00pm

Making the Transition: **NEW!** From Large House to Tiny Living

Have you ever wondered about downsizing? Join this interactive workshop based on real experience from your instructor who moved into a 200 square

PERSONAL ENRICHMENT [25]

foot tiny home. The course will be thought provoking as participants will be challenged to examine why they are considering the transition, real pros and cons about living in a tiny dwelling, selecting the dwelling, techniques on how to downsize, and considerations to weather in the Pacific NORTHwest. Students will experience the footprint with a mock layout of a tiny dwelling and the challenges associated with mobility. Fee: \$39

Item W8976	K.Rubida	NORTH
1 Thursday	Mar 22	6:30 - 8:00pm

Landscape Design

Maximize the beauty, value and enjoyment of your yard! Equal parts theory and practical tips, this class employs slides, lectures and a tour of the Bellevue College campus to examine plant specimens. Topics include grading, plantings, lawns and entertainment areas. Analyze your own site and work with the instructor to create a unique new plan for your property. Instructor holds a degree in landscape architecture and is a specialist in native plants. Fee: \$189

Item W8963	B. Constantine	MAIN
6 Tuesdays	Jan 9 - Feb 13	7:00 - 9:30pm

MINDFULNESS

A Chance to Trance: Discover Hypnosis for Goal Achievement

Everyone can be hypnotized and learn to focus their own unconscious minds in powerful ways to achieve their goals. If you've ever wondered what trance is like, here's your chance to experience hypnosis first hand and be guided through an ingenious process of goal manifestation by Master Hypnotist & Licensed Trainer of NLP, Connie Brannan. Bring a pillow, if you like, and bring a goal for your life success! Fee: \$49

Item W8967	C. Brannan	NORTH
1 Wednesdays	Mar 7	7:00 - 9:00pm

Ayurveda: The Art of Healthy Living

Ayurveda is the ancient practice of daily and seasonal routines to maintain health and balance in one's life. Originating in India, this lifestyle-healing model has spread in recent years to the West. Through an understanding of the interaction between our personal body types, our environment and the qualities of our food, we can start a practice of balance and preventative care within ourselves. Learn the philosophy of Ayurveda, including learning your personal body type, food combining and daily self-care routines. Taught by Ayurvedic Wellness Practitioner. Fee: \$65

Item W8964	G. Nagano	NORTH
2 Tuesdays	Feb 20 - Feb 27	6:30 - 8:30pm

26] **PERSONAL ENRICHMENT**

Calming Down: A Daily Life Management Course

Gain more personal effectiveness and self-esteem when faced with challenging life situations. In this hands-on course, participants will gain a better understanding of the sources of rage, anger and anxiety and learn ways to reframe and develop a less reactive way of life. The course is designed for adults- young and old who want assistance with important life issues ranging from relationship building, anger and stress management, creating a positive attitude and better life management choices. Fee: \$139

Item W8956	R. Macdonald, M.M	NORTH
4 Tuesdays	Feb 6 - Feb 27	6:30 - 9:30pm

Captivating Conversations NEW!

Ever wonder why some conversations just happen, when others fall short? Join us as we explore the anatomy of social conversations—the predictable pattern of skills and content that make our conversations flow. From what to say, how to say it, and strategies for putting yourself and the people around you at ease, learn what it at takes to create memorable conversations, how to breathe life into awkward silences, and simple strategies for striking up conversations with people you don't know. Come prepared for an enjoyable evening of conversation and exercises packed with skills you can use for a lifetime. Great for business and pleasure. Fee: \$49

Item W8965	R. Gilbert, P.Ph.D	NORTH
1 Wednesday	Mar 14	6:30 - 9:30pm

Meditation: Dealing with **NEW!** Stress and Anxiety

Meditation is an ancient tool for better understanding our own mind and habits of behavior. By developing a regular meditation practice, we can develop deep wisdom that enables us to change. This course will explore ways of thinking and specific meditation topics derived from Buddha's teachings. Putting these methods of mindfulness into practice will help us deal more effectively with the stress and anxiety of day-to day life. This course will also explore ways to overcome the resistance that we may have to slowing down and meditating, and will explain how to weave a new habit of meditation into our modern lives.Gen Khedrub has been a Buddhist monk for over 20 years, and is the Resident Teacher at Kadampa Meditation Center Washington. Fee: \$99

 Item W8969
 K. Khedrub
 NORTH

 4 Thursdays
 Jan 25 - Feb 22
 7:00 - 8:30pm

 NO CLASS ON FEB 8
 8

Meditation: Overcoming **NEW!** Anger and Frustration

This course will explore a Buddhist approach to the inner practice of patience. Patience is so much more than being silently frustrated; it involves cultivating a new perspective on things and awakening an inner wisdom and strength. Cultivating this beautiful mind of patience helps us and all of those around us. By changing our mind we can bring more peace and harmony to this world. Gen Khedrub has been a Buddhist monk for over 20 years, and is the Resident Teacher at Kadampa Meditation Center Washington. Fee: \$49

Item W8970	K. Khedrub	NORTH
1 Saturday	Mar 10	9:30am - 12:30pm

Self Hypnosis for Healthy Eating & Weight Loss

Imagine yourself in your "skinny jeans." Hear the compliments of your family and friends. Like what you see when you look in the mirror! Feel the energy! The hypnosis skills taught in this workshop can help you unleash the infinite power within you to achieve all this! You'll learn to reprogram your own mind to act in ways you desire: healthy choices, healthy eating, motivation to exercise. It won't be a struggle, and it's not a "diet," it's simply doing what you want to do. Your mind and your body will be working together--for your health!! Fee: \$99

Item W8968	C. Brannan	NORTH
2 Wednesdays	Mar 14 - Mar 21	7:00 - 9:00pm

Political Literacy

In these politically charged times, it has become ever so imperative to know the very basics of American government, as well as how the written rules interact with the unwritten rules of government.

NEW!

INSTRUCTOR SPOTLIGHT

Kelsang Khedrub

Gen Kelsang Khedrub is the Resident Teacher at Kadampa Meditation Center Washington, a Buddhist temple located in Ballard. He has been ordained as a Buddhist monk for over 20 years, and is a 1992 graduate of Harvard University. He shows an inspiring example of a modern day western practitioner. Previous to his move to Seattle in 2007, Gen Khedrub served for 10 years as the Resident Teacher at Vajrayana Buddhist Center in Chicago. Gen Khedrub now teaches regularly throughout the Seattle area, and has also taught special weekend events in San Francisco, Los Angeles, San Diego, and Dallas. Classes will go over different levels of government, the three branches of government, and various government agencies. You will also learn how the fourth estate, the media, collaborates and conflicts with the government. The course will be a lecture-discussion hybrid, where the applied knowledge will be discussed at length in class. Fee: \$219

Item W8973	A. Regio	NORTH
10 Thursdays	Jan 4 - Mar 15	5:30 - 7:30pm
NO CLASS ON FEE	8	

PERSONAL FINANCE

How to Find the "Best of **NEW!** Breed" with respect to Stocks, ETF's & Mutual Funds

This class will present a 5 step approach to insure the Asset Class of your choice is represented in your portfolio by truly the best investment vehicle available in the marketplace today. For example, in the Small Cap stock arena, you have a choice of indexes, a pool of first class ETF's & also top tier No-Load Mutual Funds. This seminar will teach investors how to identify the options with the best potential performance, lowest fees & other nuances that will deliver consistent high probability portfolio profits & grow your net worth. Fee: \$99

tem W9180	G. Roze	NORTH
1 Saturday	Jan 27	9:00am - 12:00pm

3-Prong Recipe for Safe **NEW!** Growth & Outperformance of Your Investment Portfolio

Investors will learn a proven time tested 3 prong recipe which provides diversification across essential asset classes, offers index-beating growth as well as fee minimization that maximizes the money in your portfolio, not the money managers. We will expose a number of Wall Street myths & reveal research based truths that deliver both outperformance as well as portfolio growth. Attendees will takeaway a clear strategy to apply to their own portfolios & the personal confidence to execute the recipe. Fee: \$99

Item W9190	G. Roze	NORTH
1 Saturday	Feb 17	9:00am - 12:00pm

Get the Most Out of Your **NEW!** Retirement Years

Retirement can be overwhelming or it can be a lot of fun! Join your instructors as they share their secrets to getting the most out of retirement. They will discuss such topics as income sources and expenses how to stretch those retirement dollars! Other topics introduced include housing, volunteerism, activities, grandchildren and travel. Students will have plenty of time to ask questions. Fee: \$49

Item W8959	M. Clarke	NORTH
1 Saturday	Mar 17	9:00am - 12:00pm





Telos means "fulfillment" in Greek. The telos of an acorn is an oak tree.

This educational program is aimed at retired people who wish to participate in opportunities and challenges for continued learning, personal growth, and new friendships. A wide variety of cultural enrichment classes, designed to fit the lifestyles and interests of retirees, are offered quarterly and are conducted in a relaxed atmosphere. The emphasis of TELOS is on learning, growth, and fun. TELOS classes are non-credit and non-graded. They meet once a week during the day in the North Campus building, which has convenient parking. Most classes are 90 minutes long and meet for 8 weeks.

You can read expanded descriptions of TELOS classes and learn about the instructors by visiting our website, www. BCconted.com/retiree-programs.

TELOS - TSO "COFFEE & WISDOM" MONTHLY PRESENTATIONS

Organized by the TELOS Student Organization (TSO), in conjunction with TELOS, this Speaker's Bureau will feature a new speaker each month. Generally scheduled the first Friday of each month. There is no charge for attendance, but registration is required due to room capacity. Come join us for these stimulating talks!

See website for dates and details: studentweb.bellevuecollege.edu/ telos-tso/

Beginning Spring Quarter 2016, on behalf of our TELOS Student Organization, a \$5 fee will be added to student registration each quarter. For more information, please go to TSO website: http://studentweb.bellevuecollege.edu/ telos-tso or send email to TSO Council President, Edie Heppler: edieheppler@gmail.com MONDAYS

TELOS - Egyptian Voices from the Past: The Middle Kingdom

The Middle Kingdom was a time of prosperity, peace and long-reigning kings, but also a time in which the role and status of the king was diminished and the Egyptians were forced to become more cognizant of their neighbors. The language reached its highpoint and literature flourished as did arts and crafts, and sculpture. This course will review the Classic Period of Egyptian history by looking at the archaeological evidence found in architecture, literature and art. Fee: \$79

Item W8045	C. Smith	NORTH
8 Mondays	Jan 8 - Feb 12	10:00 - noon

TELOS - Stories from the Eastside's Past

We will chronicle the development of our local communities from the Native American populations, logging and mining industries, to the corporation of the four major Eastside cities: Bellevue, Redmond, Kirkland and Issaquah. Included will be the effects of the lowering of Lake Washington in 1916 on the economic growth of the area. Fee: \$79

Item W8047	J. Morton	NORTH
8 Mondays	Jan 8 - Feb 12	10:00 - 11:30am

TELOS - Fun with Computerbased Genealogy

Use online resources to research your ancestral families. Learn how to use Ancestry, Family Search and Google to locate and access genealogical information and improve the effectiveness of your surname searches. Utilize censuses and city directories to find your ancestors. Find subscription databases at local libraries that can be accessed from home and more. Fee: \$79

Item W8048 R. Barnes NORTH 8 Mondays Jan 8 - Feb 12 10:00 - 11:30am

TELOS - Intro to Drawing

Draw with confidence! Learn to see differently and gain skills quickly while developing your line, form, and perspective techniques. Exercises include contour drawing, value studies and still life. We will be using pencil, pastels, and charcoal. All levels welcome! Tuition includes course materials. Fee: \$89 Fee: \$79

Item W8050	S. Almgren	NORTH
8 Mondays	Jan 8 - Feb 12	10:00 - 11:30am

TELOS - Views of the News with John

Join us for a lively, highly interactive discussion of current events in the news, as well as persistent topics like the Middle East, China, the National Debt, Health Care Reform, Politics and America's future place in the world. We will also discuss more enduring topics. We look forward to hearing YOUR Views of the News! If you would like to sign up for this class' extension, please call NORTH Campus at 425-564-2263. Fee: \$79

tem W8057	J. Humphrey	NORTH
8 Mondays	Jan 8 - Feb 12	10:00 - 11:20am

TELOS - William NEW!

Shakespeare's Julius Caesar

Political Thriller. Relationship Drama. Historical Fiction. Moral Parable. Ghost Story. Off produced and perennially relevant, Shakespeare's JULIUS CAESAR continues to capture the attention of contemporary audiences. Through a close reading of the play, investigation of historical contexts, and a review of significant productions, participants in this course will have the opportunity to dive into the text and contexts of Shakespeare's JULIUS CAESAR.

Fee: \$79

Item W8049	L. Adcock-Starr	NORTH
8 Mondays	Jan 8 - Feb 12	10:00 - 11:30am

TELOS - Intro to Watercolor

Try your hand at a spontaneous medium. Develop basic watercolor painting skills in a relaxed studio environment. Study composition, color mixing, and color relationships. Through demonstrations and experimentation, you will create a variety of artwork from abstract to landscape. All levels welcome! Tuition includes course materials. Fee: \$89 Fee: \$79

Item W8051	S. Almgren	NORTH
8 Mondays	Jan 8 - Feb 12	noon - 1:30pm

TELOS - William **NEW!** Shakespeare's Twelfth Night

Through a thoughtful reading of William Shakespeare's exquisite and melancholy comedy TWELFTH NIGHT, participants will have the opportunity to fall in love with some of the Bard's most extraordinary and enduring characters who, as the irrepressible Viola declares, are not what they play. Dig deep into Shakespeare's bittersweet tale of shipwrecked twins, mistaken identity, vaulting ambitions, utter silliness and lovelorn longing! Fee: \$79

Item W8046	L. Adcock-Starr	NORTH
8 Mondays	Jan 8 - Feb 12	noon - 1:30am

TELOS - Views of the News with Dee

Join us for a lively, highly interactive collaborative discussion of timely and current news, as well as persistent topics like the Middle East, China, the National Deficit, Health Care Reform and America's future place in the world. We will also discuss more enduring topics. We will vote weekly on topics for discussion for the following week. If you would like to sign up for this class' extension, please call NORTH Campus at 425-564-2263. Fee: \$79

Item W8058	D. Koger	NORTH
8 Mondays	Jan 8 - Feb 12	noon - 1:30pm

TELOS - Dante's Inferno

Join us on a journey through hell! Gabrielle will introduce you to one of the greatest books of all time, Dante Alighieri's Inferno. The Inferno consists of 34 cantos, very short poetic chapters which we will read in English translation. Dr. Orsi leads discussion and presents Dante's cultural milieu and historical background. Fee: \$79

[28] **TELOS**

Item W8054	NORTH	
8 Mondays	Jan 8 - Feb 12	2:00 - 3:30pm

TELOS - Speaking **NEW!** Shakespeare

Doesn't matter if you are a beginner or a pro, Shakespeare's language belongs to all! This course invites participants to speak the speech as Shakespeare's intended, trippingly on the tongue! In a low stress, playful environment, participants will use the Bard's own 'advice to the players' to explore text analysis, and performance techniques, build confidence, and gain a deeper understanding of how to play the plays of William Shakespeare! Fee: \$79

Item W8052	L. Adcock-Starr	NORTH
8 Mondays	Jan 8 - Feb 12	2:00 - 3:30pm

TUESDAYS

TELOS - It's All About Face New!

We quickly make first impressions when we look at the faces of others. Since each face is a physical and emotional map of the individual, consciously observing a face provides the opportunity to note and decode several layers of information. Learn essential observation and analytical techniques that lead to accurate and deeper understanding and discover how these tools encourage, promote and enhance compassion and effective communication. Fee: \$79

Item W8007	G. Trout	NORTH
8 Tuesdays	Jan 2 - Feb 20	10:00 - 11:30am

TELOS - Baroque Art

This course will focus on painting, sculpture and architecture from the Early to Late Baroque period. We will examine the first "superstars" of the art world, such as Caravaggio, Rembrandt, Velázquez, Rubens, and Bernini. This was a tumultuous period, and we will see how the arts helped re-establish the global power of Roman Catholic Church during the Reformation -- and just how significant it was for artists that followed. Fee: \$79

Item W8009	M. Sarani	NORTH
8 Tuesdays	Jan 2 - Feb 20	10:00 - 11:30am

TELOS - The Age of Trump 2

Part lecture, part discussion, this course uses the analytical techniques of political science and history to understand Donald Trump's presidential actions and their impact. We will go beyond the headlines to examine what may be the most far-reaching developments in American society since World War II. Fee: \$79

Item W8008	R. Young	NORTH
8 Tuesdays	Jan 2 - Feb 20	10:00 - 11:30am

TELOS - Art Workshop NEW!

Intended for those who have learned the fundamentals of drawing OR watercolor and want to take them to the next level. Students may choose to follow the weekly lesson, or to continue working on a piece of their choosing. The flexible structure of this class will provide a relaxed and fun environment to fuel your artistic expression. Bring your watercolor paints, paper and supplies to the first class. Tuition includes \$10 materials fee. Fee: \$79

Item W8010	S. Almgren	NORTH
8 Tuesdays	Jan 2 - Feb 20	10:00 - 11:30am

TELOS - The American Civil War Homefront

We will see how both Northern and Southern governmental agencies, businesses, and local civilians contended with everyday life while supporting their troops. New organizations and, technology arose, local fund-raising increased creatively, and women emerged in new roles. The politics and economics of cotton spread globally. At home, visual expressions of loyalty, mourning, and reconciliation all involved textiles. Fee: \$79

Item W8030	A. Rosenberg	NORTH
8 Tuesdays	Jan 2 - Feb 20	2:00 - 3:30pm

TELOS - Creative Writing

Whether you are a beginning or experienced writer, whether your interest is in memoir writing, fiction or non-fiction, you will benefit from this class. Exchange of ideas and opinions is an important tool in the development of your writing skills. Priming the pump uncovers a myriad of memories and touches the creative center in all of us. Since the class involves reading and critiquing, each section must be limited to 12 students. Fee: \$79

Item W8011	D. Toppen	NORTH
8 Tuesdays	Jan 2 - Feb 20	
10:00am - 12:0	Opm	
Item W8015	D. Toppen	NORTH
8 Tuesdays	Jan 2 - Feb 20	12:30 - 2:30pm

TELOS - Buddhist Art of **NEW!** the Western Himalayas

The Western Himalayas, including India, Nepal and Tibet, is rich in its Buddhist traditions and religion and is also a treasure trove with regard to art and culture. We will study the influence of Buddhism on the artistic heritage of the predominant Buddhist regions of NW India (Spiti Valley, Ladakh, and Kashmir), including jewelry, paintings, and sculpture, and explore the symbolism and influence of Buddhism on these art forms.

Fee: \$79

Item W8039	S. Krishnamoorthy	NORTH
8 Tuesdays	Jan 2 - Feb 20	noon - 1:30pm

TELOS - American Comedy and Humor

We will sample widely, looking at such essential figures as Charlie Chaplin, Groucho Marx, Laurel and Hardy, Jack Benny, Bob Hope, Sid Caesar, Woody Allen, Mel Brooks, Bob Newhart, Lenny Bruce, Joan Rivers, Carol Burnett, Phyllis Diller, Richard Pryor, Chris Rock as well as landmark TV shows. Explore what social and cultural factors have influenced American tastes in comedy. What recent factors have emerged, and what influence might we expect from them? Fee: \$79

Item W8013	J. Hurwitz	NORTH
8 Tuesdays	Jan 2 - Feb 20	noon - 1:30pm

TELOS - Design Thinking NEW!

Design, the "D" in TED Talks, was defined by Herbert Simon as "changing existing situations to preferred ones." Design thinking is a human-centered approach to problem solving, from the complex "wicked problems" of social life, environment and society, to creating innovative technology, or for designing one's own life. We can all learn something about design--by doing, and through feedback iterating real world ideas. Fee: \$79

Item W8014	C. Bradley	NORTH
8 Tuesdays	Jan 2 - Feb 20	noon - 1:30pm

TELOS - Geomorphology -The Study of Landforms

The surface of the Earth is modified by a combination of surface processes that sculpt landscapes, and geologic processes that cause tectonic uplift and subsidence.

Fee: \$79

Item W8004	D. Charnley	NORTH
4 Tuesdays	Jan 2 -Jan 23	noon - 2:00pm

TELOS - Beowulf **NEW!**

The epic poem, Beowulf, is one of the foundation works of English literature. It is thought to have been written around the 7th century in Old English. Beowulf tells the tale of an old Norse hero. It is full of courage, duty and honor on the one hand, and doom, foreboding, betrayal, and transience on the other. It has monsters, dragons and superhuman feats of daring-do. Beowulf has continued to delight readers with its exciting exploits and beautiful poetry for centuries. We will read Seamus Heaney's magnificent and poetic translation published in 2000. Fee: \$79

Item W8012	L. Dillaway	NORTH
8 Tuesdays	Jan 2 - Feb 20	noon - 1:30pm

TELOS - The Crisis in American Health Care

The current crisis in American health care arises from historical uncertainty over whether universal access to care is a right or a privilege. This derives from Constitutional silence in the matter, as well as our commitment to free markets and opposition to government interference. This course will examine the historical health care antecedents leading up to the Affordable Care Act, examine its shortcomings and suggest remedies. Fee: \$79

Item W8005	J. Maynard	NORTH
8 Tuesdays	Jan 2- Feb 20	noon - 1:30pm

TELOS - Introduction to Acrylics

Intended focus of this class is fun through art-making, and exploration of contemporary approaches to acrylic painting via new methods. Encouraging students to explore individual passions for art and art history, while helping to build a stronger communal support. Students will be engaging in some basic drawing and painting with acrylic colors. Any level of skill is welcomed. Fee: \$79

Item W8018	M. Sarani	NORTH
8 Tuesdays	Jan 2 - Feb 20	2:00 - 3:30pm

www.BCconted.com (425) 564-2263

TELOS: Hooks, Riffs and Earworms-How Your Favorite Music Grabs You

Why do some songs or melodies quickly become favorites, or in some cases get stuck in your head, even though you don't particularly like them? In this course we will survey a wide variety of music to identify what makes some tunes so memorable. This will be a 'crowd sourced' course-much of the music we listen to will be selected by class participants. Come share your favorites, listen to some great music, and discuss it with us! Fee: \$79

Item W8016	D. Robison	NORTH
8 Tuesdays	Jan 2 - Feb 20	2:00 - 3:30pm

TELOS - British Bobby, **NEW!** and Guests, in Bellevue

Learn about policing in the UK from an insider's perspective, starting in the mid 1960's and stretching through involvement with Royalty, an American President and counter-terrorism. Now living on the Eastside and married to a former Bellevue Police officer, the instructor will deliver his fascinating and insightful experiences of policing in various parts of the world, involving guests from Bellevue law enforcement and the judiciary. Fee: \$79

Item W8017	J. Bishop	NORTH
8 Tuesdays	Jan 2 - Feb 20	2:00 - 3:30pm

TELOS - Views of the **NEW!** News with Carla

Join us for a lively, highly interactive discussion of current events in the news, as well as persistent topics like the Middle East, China, the National Debt, Health Care Reform, Politics and America's future place in the world. We will also discuss more enduring topics. We look forward to hearing YOUR Views of the News! Fee: \$79

Item W8053	C. Barnes	NORTH
8 Tuesdays	Jan 9 - Feb 27	2:00 - 3:30pm

WEDNESDAYS

TELOS - Ancient Textiles, Cloth and Society

Climate, location, natural resource availability, and symbolic ritual determined how the human body became covered with some form of textile or dye. Explored are the discovery and use of textiles in both early Western and non-Western cultures, and how the techniques of weaving cloth developed. We will look at gender roles, societal norms, archaeological discoveries, and clothing evolution. Fee: \$79

Item W8006	A. Rosenberg	NORTH
8 Wednesdays	Jan 3 - Feb 21	2:00 - 3:30pm

Technology and the Arts **NEW!**

A look at how evolving technologies have been adapted for arts and crafts from prehistoric times through to the present into the near future. Arts and crafts will include 2d and 3d art, as well as various areas of design, including graphics, fashion, architecture, electronic and more. The course is designed to look at artistic endeavors from a somewhat different perspective. Fee: \$79

 Item W8023
 S. Liston
 NORTH

 8 Wednesdays
 Jan 3 - Feb 21
 10:00 - 11:30am

TELOS - PowerPoint 2016 NEW!

Learn to create, edit and format PowerPoint presentations. Prerequisite: Basic knowledge of Windows File management. This class is compatible with PowerPoint 2007, 2010, 2013, 2016 and with PowerPoint for Macintosh. Fee: \$79

Item W8022	G. Young	NORTH
8 Wednesdays	Jan 3 - Feb 21	10:00 - 11:30am

TELOS - Don't Make **NEW!** Me Laugh!

For most people with stress incontinence, exercises for the pelvic floor can help. Go beyond the Kegel with full-body Feldenkrais(r) Awareness Through Movement lessons designed to help you use synergistic muscles that work as a team with the pelvic floor to reduce leakage when you're laughing, coughing, sneezing, running, jumping, bending and lifting. This series also helps you maintain a comfortable back and good balance and posture. Fee: \$79

Item W8021	I. Pasternack	NORTH
8 Wednesdays	Jan 10 - Feb 21	10:00 - 11:30am

TELOS - America in 1968 NEW!

Fifty years ago, our nation had one of the most turbulent years in its short history. This year, we're in trouble again; following years of prosperity, America has been plunged into disarray. Is this a cycle, destined to repeat itself over the decades? Or are the two periods completely different? We'll examine the underlying causes of national unrest, look for parallels, and see if there are any lessons for the future. Please bring an open mind! Fee: \$79

 Item W8020
 M. Waldstein
 NORTH

 8 Wednesdays
 Jan 3 - Feb 21
 10:00 - 11:30am

TELOS - "Ideas Worth Spreading"

A review of some of the immensely popular "Ideas Worth Spreading" presented in TED Talks, which brings together the world's most fascinating thinkers and doers. Watch multiple presentations from the TED Conferences and engage in a lively discussion on the topics. This term will feature new presentations. Students will be introduced to a wide cross-section of people representing many different disciplines.Fee: \$79

Item W8019	S. Black	NORTH
8 Wednesdays	Jan 3 - Feb 21	10:00 - 11:30am
Item W8019	S. Black	NORTH
8 Wednesdays	Jan 3 - Feb 21	12:00 - 1:30pm

TELOS - Journey to the **NEW!** Floor and Back

Learn how to get down to the floor safely without stressing your knees, hips and back, and how to get back up. In the process, you'll improve your balance, become more limber, and improve your breathing and posture. We'll use gentle and gradual Feldenkrais(r) Awareness Through Movement(r) lessons to find the pathways between sitting, standing, and the floor. Fee: \$79

Item W8024 I. Pasternack NORTH 8 Wednesdays Jan 3 - Feb 21 noon - 1:20pm

TELOS - Dance on **NEW!** Stage and Film

In 1896, Loie Fuller danced for the camera using newly invented wind machines & electric lights with color. This bold woman inspired a century's worth of innovative dance in Hollywood musicals, such as Busby Berkeley films, animated dance, & special effects that let Fred Astaire dance on the ceiling. Broadway Dance used different tricks to wow audiences. Each week we study the dance stars and the most beloved dance segments of 1 movie musical and 1 stage musical. Fee: \$79

Item W8000	C. Lawrey	NORTH
8 Wednesdays	Jan 3 - Feb 21	noon - 12:00am

TELOS - James Joyce's **NEW!** Ulysses II

Many consider Ulysses to be the greatest novel ever written. Have you been meaning to read it some day? Perhaps you started it but got bogged down. Perhaps you powered through it but missed a lot. We will read it carefully and slowly over three quarters. The novel covers the activities and thoughts of two characters over the course of a single day. We will continue our reading and discussion of Ulysses, covering the episodes from noon to early evening of Bloomsday. Interested students who did not take the Fall Quarter section should contact the instructor before registering at bigley43@gmail.com. Fee: \$79

ltem W8026 B. Bigley NORTH 8 Wednesdays Jan 10 - Feb 21 noon - 1:30pm

TELOS - SE Asia, Western **NEW!** Pacific, & Oceania

Natural History, Human Migration, and Cultural Development - Challenges of Progress. Natural History and the Physical Ocean - Understanding the Atmospheric Ocean Interface, Ocean Basins, its Physical Ecosystems in a Changing Ocean Environment. Challenges of Progress – Exploration, Imperialism, Colonialism, Treaties, Alliances and Mandates. Into the 21st Century, historical events and developing challenges Fee: \$79

Item W8027	C. Chase	NORTH
8 Wednesdays	Jan 3 - Feb 21	noon - 1:30pm

TELOS - The Bill of Rights, **NEW!** Supreme Court and You II

A continuation of the Bill of Rights, Supreme Court and You (level one) which covered topics including: free speech, freedom of religion and gun rights, this course will look at what the Bill of Rights and Supreme Court jurisprudence has to say concerning: criminal law, reproductive rights, equal rights and gender issues. Expect lively discussions and 30] **TELOS**

respect for varying points of view! Fee: \$79

Item W8025	K. Bergenholtz	NORTH
8 Wednesdays	Jan 3 - Feb 21	noon - 1:30pm

TELOS - Great Film Music **NEW!** Of The 20th Century

Ever since the birth of the movies, music has been a key component of the cinematic experience. This course will look at the contributions made by the major film composers of the 20th century, including Max Steiner, Miklos Rozsa, Bernard Herrmann, Franz Waxman, Elmer Bernstein, John Williams and Ennio Morricone, to name just a few. Generous video and audio clips will enhance what is guaranteed to be an entertaining and informative experience. Fee: \$79

Item W8028	F. Silber	NORTH
8 Wednesdays	Jan 3 - Feb 21	noon - 1:30pm

TELOS - Homeowner's **NEW!** Guide to Landscape Design Part I

Need to update your back yard? Does the front lawn look weedy? Want to find "just the right plant" for that special garden space? Explore and discover plants and methods to update and enhance your property. Learn techniques for providing an ease of maintenance. A basic section of the course is plant identification. Other elements offered are botany, soils, turf grasses, propagation, fertilizers, pests and pesticides.Fee: \$79

Item W8001	A. Munoz	NORTH
8 Wednesdays	Jan 3 - Feb 22	2:00 - 3:30pm

TELOS - Gentle Yoga

Discover Yoga in a gentle form that reduces strain on limbs and joints. Explore postures, breath work, and meditation. Postures may be done while seated or standing with the support of a chair. Gentle Yoga practice promotes stability and flexibility at the level of the body, self-awareness and clarity at the level of the body, self-awareness and clarity at the level of the mind, a sense of calm and balance at the level of the emotions, and overall wellness. This non-intimidating class is perfect for beginners! Fee: \$39

Item W8055 M. Hanneman NORTH 4 Wednesdays Feb 21 - Mar 14 2:00 - 3:30pm 4 WEEK COURSE

TELOS - The "New Yorker" **NEW!** Discussion Group

The New Yorker is an American magazine of reportage, commentary, criticism, essays, fiction, satire, cartoons, and poetry. Despite its name, it has a wide audience outside of New York and is read internationally. This class will be a discussion group (limited to 16 students) who each week will choose three to five articles, reviews, poems, stories or cartoons to discuss. A subscription or access to the magazine is, of course, essential. Fee: \$79

Item W8029	F. Silber	NORTH
8 Wednesdays	Jan 3 - Feb 21	2:00 - 3:30pm

THURSDAYS

TELOS - Beginner Ballet for Balance

Never studied ballet before? No worries! Here's your chance to reap the benefits and joys of dancing, while improving your balance, range of motion, and overall fitness. Beginner barre work is followed by careful low impact ballet moves across the floor, accompanied by beautiful music. Focus on improving balance, spatial awareness, and the joy of moving like a dancer! Fee: \$79

NEW!

NEW!

Item W8033	C. Lawrey	NORTH
8 Thursdays	Jan 4 - Mar 1	10:00 - 11:30am

TELOS - British Comedy NEW!

"The British Invasion" didn't only pertain to pop music and mod clothing! A wave of humor (make that humour) followed, and continues to this day: Monty Python, Absolutely Fabulous, Mr. Bean, and their ilk. We will have a jolly time exploring the roots of British comedy, seeing where American hits like The Office all began, and enjoy hilarious programs that have never come to our shores. Fee: \$79

Item W8035 M. Waldstein NORTH 8 Thursdays Jan 4 - Mar 1 10:00 - 11:30am

TELOS - Art Mashup!

This class celebrates exciting, socially impactful art. We will see works by artists in five categories - painting, architecture, film, product design, and photography. These 21st century works show innovative, individualistic approaches to social commentary. The instructor's purpose is to familiarize participants with the unfamiliar, provoke discussion of each art form's social impact, and encourage further exploration, all while having fun! Fee: \$79

Item W8036 S. Gersman NORTH 8 Thursdays Jan 4 - Mar 1 10:00 - 11:30am

TELOS - Swift Survey of Early Medieval History

This course will examine the glories of the High Middle Ages. During these years we will see life focus around three groups; those who work, those who fight, and those who pray. Europe will also re-establish trade routes and lively fairs, thriving towns, even universities. Philosophy will resurrect as reason engages with faith. Literature, music, and the arts will revive culminating in the rise of hundreds of majestic cathedrals. Come explore the highlights and the calamities of this engaging era. We will also hear some of the epic romances of the Middle Ages, such as the quest for the Holy Grail.. Fee: \$79

ltem W8034	K. Busch	NORTH
8 Thursdays	Jan 4 - Mar 1	10:00 - 11:30am
ltem W8040	K. Busch	NORTH
8 Thursdays	Jan 4 - Mar 1	noon - 1:30pm

TELOS - Dances of Stage and Film

Theatre and Film archives are rife with incredible talents of dancers such as Jack Cole, The Berry Brothers, Gower Champion, Fred & Ginger, Gene Kelly, Gregory Hines, and current game-changing dancers. Each class offers footage of eye-popping dances, discussion of their stylistic nuances, social themes, and political implications. Learn how dance is the musical genre's secret to success. Fee: \$79

Item W8043	C. Lawrey	NORTH
8 Thursdays	Jan 4 - Mar 1	noon - 1:30pm

TELOS - "Ideas Worth Spreadina"

A review of some of the immensely popular "Ideas Worth Spreading" presented in TED Talks, which brings together the world's most fascinating thinkers and doers. Watch multiple presentations from the TED Conferences and engage in a lively discussion on the topics. This term will feature new presentations. Students will be introduced to a wide cross-section of people representing many different disciplines. Fee: \$79

Item W8038	S. Black	NORTH
8 Thursdays	Jan 4 - Mar 1	noon - 1:30pm

TELOS - Modern Art

NEW!

The focus of this course will be pre-WW I art, eventual move of art influence from Europe to America, and the artist who helped define 20th century (and beyond). We will be looking at Pablo Picasso, Marcel Duchamp, Jackson Pollock and many more. Together we will examine history-shaping art events, art moments, and analyze just how influential the power of art can be. Fee: \$79

Item W8042	M. Sarani	NORTH
8 Thursdays	Jan 4 - Mar 1	noon - 1:30pm

TELOS - American History, **NEW!** Hollywood Style

From the American Revolution to 9/11, Hollywood has tackled our American past, usually resulting in a distortion of our history in the process. This course will examine crucial periods and events of our history --- the American Revolution, the Civil War, the Western Expansion, as well as recent events, and see how Hollywood has treated these matters, what they get right, and what they get completely wrong. Film excerpts will entertain and outrage you simultaneously. Fee: \$79

Item W8041	F. Silber	NORTH
8 Thursdavs	Jan 4 - Mar 1	noon - 1:30pm

TELOS - Views of the News with Jerry

This will be a participative discussion class. We will look at three or four national and international current affairs each week. We will also discuss more enduring topics and your suggestions for discussion by our group. How do these events affect us today and into the future? What is the historical background that got us to these events? Is there leadership we can look to or a lack of leadership? Fee: \$79

Item W8037	J. Bunce	NORTH
8 Thursdays	Jan 4 - Mar 1	noon - 1:30pm

www.BCconted.com (425) 564-2263

TELOS [31]

TELOS - Jewish Italy NEW!

This course focuses on the history of the Jews in Italy from the Roman Empire to the modern period. We will consider such topics as religious freedom, Jewish intellectual life during the Renaissance, the ghetto, Italian Jewish art and cuisine, Italian anti-Semitism, Jews under Fascism, and World War II and its aftermath. We will explore how the history of Italian Jewry illuminates the broader Jewish experience. Fee: \$79

Item W8031	G. Orsi	NORTH
8 Thursdays	Jan 4 - Mar 22	2:00 - 3:30pm

TELOS - Human Anatomy **NEW!** and Physiology

Join us in understanding how interesting the human body can be, while learning modern life science advances, in a fun learning environment! Introduction to human anatomy and physiology, including an overview of body functions. Class format will include lectures, short videos, group activities, and wellness disease discussion. Fee: \$79

Item W8044	F. Xie	NORTH
8 Thursdays	Jan 4 - Mar 1	2:00 - 3:30pm

Tai Chi for Beginners

Tai Chi is a traditional and ancient Chinese martial art used to promote health and well-being. Slow, graceful movements, deep breathing exercises and application of correct body usage make up this beautiful and healthy activity that can be done at any age. Please come dressed in comfortable shoes and clothing. Fee: \$79

Session I – Beginner		
Item 8061	C. Inouye	
8 Thursdays	Jan 4 - Mar 1	12:00 - 1:00pm
Session 2 – Intermediate		
Item 8062	C. Inouye	
8 Thursdays	Jan 4 - Mar 1	1:15 - 2:15pm
Check website for Location		

FRIDAYS

TELOS - Arts Out and About

This class meets up at varied, selected arts venues: museums, galleries, dance, opera, music, and theatre companies are some of the possible sites. Meet curators, choreographers, actors, and designers on their turf! Tours, talks, rehearsals and discussion lead to insights into how artists work and how they view their role in the community. 1st and 7th class in classroom, 6 onsite visits. Each class is 2 hours. Option to meet for lunch before or after each outing! Tuition covers admission fees to venues. Fee: \$79

Item W8032	C. Lawrey	NORTH
8 Fridays	Jan 5 - Feb 23	10:00 - 11:30pm

TELOS - Modern Threats: **NEW!** Counterterrorism

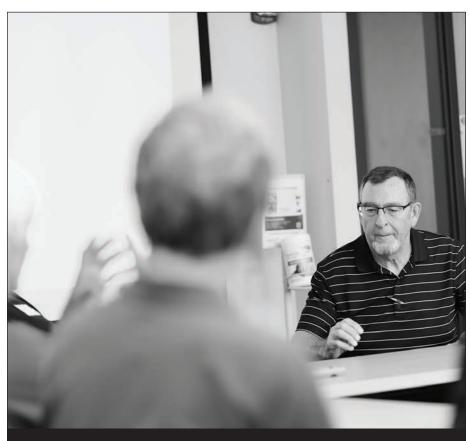
Modern Threats is a course series that addresses American security topics. The "Counterterrorism" course will use the eight weeks to bring students into the fold of current American counterterrorism efforts. We will look at the challenges that terrorism poses towards US interests at home and abroad, as well as discussing the pros and cons to the most up-to-date counterterrorism strategies used by the US and its allies. Fee: \$79

Item W8056	A. Regio	NORTH
8 Fridays	Jan 5 - Feb 23	noon - 1:30pm

Where does my class meet?

Class room assignments are listed on monitors in the North Campus lobby. Main Campus rooms are listed on our website.

BCconted.com



TELOS for Retirees

Join other retirees in classes designed for continued learning and enrichment. A wide variety of new classes are taught each quarter.

Classes are Mondays through Friday during the day.

WORLD LANGUAGES & TRAVEL [32]



- Student of Aida Cardenas¹ class, Spanish 1 Intensive

WORLD LANGUAGES INSTITUTE & TRAVEL

AMERICAN SIGN LANGUAGE

American Sign Language 1 Intensive

This twice-weekly course is for those who have never studied American Sign Language but with to learn at a faster pace. Participants will learn the manual communication alphabet and everyday phrases to assist in basic conversation. Method is American Sign Language (ASL). Fee: \$179

Item W9304 A. Layton	MAIN
10 sessions MW Jan 8 - Feb 12	6:30 - 8:30pm
NO CLASS ON 1/15	

American Sign Language 2 Intensive

For students who have taken 1 guarter of American Sign Language or the equivalent. This twice-weekly course will give you practice opportunities using the conversational and fingerspelling skills. Fee: \$179

Item W9305	A. Layton	MAIN
10 sessions MV	VFeb 14 - Mar 21	6:30 - 8:30pm

American Sign Language 2 Fee: \$179

Item W9306 T. Welch MAIN 8 Mondays Jan 8 - Mar 12 6:30 - 9:00pm NO CLASS ON 1/15 AND 2/19

Conversational ASL

Communicate in practical real-life contexts, and increase your vocabulary, ASL grammar, facial expressions, fluency, and confidence. Fee: \$159

Item W9307 MAIN K. Kazupski 8 Wednesdays Jan 10 - Feb 28 6:30 - 8:30pm

CHINESE (MANDARIN)

Mandarin for Travelers NEW!

Preparing for a trip to China? This interactive class is the perfect choice for travelers to a Mandarin speaking country who would like to learn basic tourist Mandarin to enhance their travel experience. Bon voyage. Fee: \$109

Item W9285	L. Gan	NORTH
5 Saturdays	Feb 17 - Mar 17	1:00 - 3:00pm

Chinese Character Writing NEW!

Expand your knowledge of written Chinese. Recommended for students who have some experience with Mandarin and wish to focus on character writing. Fee: \$159

Item W9308 NORTH L. Gan 8 Thursdays Jan 4 - Mar 1 6:30 - 8:30pm NO CLASS ON 2/8

Chinese 2

Fee: \$179

Item W9283 L. Gan NORTH 10 Mondays Jan 8 - Mar 26 6:30 - 9:00pm NO CLASS on 1/15 and 2/19

Chinese 3

NEW!

Fee: \$179		
Item W9289	N. Mar	MAIN
8 Mondays	Jan 8 - Mar 12	6:30 - 9:00pm
NO CLASS on 1/	15 and 2/19	

Chinese 5

Fee: \$179 Item W9284 L. Gan NORTH 10 Saturdays Jan 6 - Mar 17 10:30am - 12:30pm NO CLASS on 1/13

Chinese 6

Fee: \$179

Item W9280 S. Wang MAIN 10 Wednesdays Jan 10 - Mar 14 6:30pm - 8:30pm

Chinese 8

Fee: \$179

Item W9309 S. Wang NORTH 10 sessions TSu Jan 09 - Mar 13 6:30pm - 8:30pm

DUTCH

Dutch 1

Fee: \$179

Item W9250 J. Bungenberg de Jong NORTH 10 Thursdays Jan 4 - Mar 15 6:30pm - 8:30pm NO CLASS ON 2/8

FARSI

Farsi (Persian) 2

Fee: \$159

NORTH Item W9339 P. Behzad-Pour 8 Thursdays Jan 11 - Mar 8 12:15pm - 2:15pm NO CLASS ON 2/8

FRENCH

Survival French for the Traveler

Anyone can learn the basics of the French language in just three hours. In this workshop learn to pronounce challenging French sounds, exchange greetings, order from a French menu, and receive valuable cultural tips to ease interaction with the locals.Fee: \$49

Item W9341	P. Behzad-Pour	NORTH
1 Saturday	Feb 24	noon - 3:00pm

Basic Conversational French

Immerse yourself in French and boost your pronunciation, listening comprehension and speaking skills!Fee: \$159

Item W9340	P. Behzad-Pour	NORTH
8 Thursdays	Jan 11 - Mar 8	9:45 - 11:45am
NO CLASS ON 2/8		

French Book Club

This class aims to strengthen reading comprehension, vocabulary, and pronunciation. Throughout the quarter, students will focus on reading 1 novel and literature selections will vary by quarter. Intended for students in French level 4 or above (intermediate).Fee: \$179

Item W9347	T. Endres	MAIN
9 Tuesdays	Jan 9 - Mar 13	6:30 - 8:30pm
NO CLASS on 3/6		

French Grammar Tune-Up

This course aims to help you review, understand, and master some of the more challenging French grammar concepts introduced in the first four levels of French.Fee: \$159

Item W9334 J. Teyssier-Li NORTH 8 Mondays Jan 8 - Mar 12 10:15am - 12:15pm NO CLASS ON 1/15 AND 2/19

French Potpourri

Discover the pleasures of reading in French and deepen your understanding of the French language and culture. Explore its music, art, film, news, literature and history. Upper Intermediate.Fee: \$169

Item W9354	T. Endres	MAIN
9 Thursdays	Jan 11 - Mar 15	6:30 - 8:30pm
NO CLASS ON 2/8		

French Through Current Events

Read and discuss current events using the latest publications, while enriching your vocabulary and pronunciation. Class is taught entirely in French. Fee: \$159

Item W9336	J. Teyssier-Li	NORTH
8 Tuesdays	Jan 9 - Feb 27	9:45 - 11:45am
Item W9337	J. Teyssier-Li	NORTH
8 Tuesdays	Jan 9 - Feb 27	6:15 - 8:15pm

Intermediate **Conversational French**

Emphasis is placed on communicating in practical real-life situations with the objective to increase your vocabulary and fluency. Also included is a review of critical grammar concepts.Fee: \$159

Item W9335 J. Tevssier-Li NORTH 8 Mondays Jan 8 - Mar 12 12:30 - 2:30pm NO CLASS ON 1/15 AND 2/19

Variations Francaises

Variations Françaises is an opportunity to improve your advanced conversational fluency in French while examining a panorama of French culture and society through movies, commercials, poems, songs and other media. Advanced.Fee: \$159

Item W9338 J. Teyssier-Li NORTH Jan 11 - Mar 8 8 Thursdays 9:30 - 11:30am NO CLASS ON 2/8

French 1

Fee: \$179

Item W9348 P. Behzad-Pour NORTH 10 Mondays Jan 8 - Mar 26 11:30am - 1:00pm NO CLASS ON 1/15 AND 2/19

French 2

NEW!

Fee: \$179

Item W9344 NORTH Y. Matoré-Hoisinaton 10 Wednesdays Jan 10 - Mar 14 7:00 - 9:00pm

French 3

Fee: \$179

Item W9343 NORTH P. Behzad-Pour Jan 9 - Mar 13 10 Tuesdays 12:15 - 2:15pm

French 6

Fee: \$179

Item W9345 10 Tuesdays

Y. Matoré-Hoisinaton Jan 9 - Mar 13 7:00 - 9:00pm

French 7

Item W9342	P. Behzad-Pour	NORTH
10 Tuesdays	Jan 9 - Mar 13	9:45 – 11:45am

GAELIC

Gaelic Language and Culture

Fee: \$159

Item W9262 G. Sammons NORTH Jan 9 - Feb 27 7:00 - 9:00pm 8 Tuesdays

WORLD LANGUAGES & TRAVEL [33

Scottish Gaelic

Fee: \$159		
Item W9263	G. Sammons	NORTH
8 Wednesdays	Jan 10 - Feb 28	7:00 – 9:00pm

GERMAN

German Pronunciation

For students who have taken one guarter of German or the equivalent. This course will help you improve your pronunciation in order to enable you to communicate in German with more confidence. The focus is on practicing the standard German pronunciation. Topics include intonation, word stress, terminal devoicing, long and short vowels, and a number of vowel and consonant sounds that can be tricky for non-native speakers of German.Fee: \$109

Item W9297	M. Wilhelm	NORTH
5 Mondays	Jan 22 - Feb 26	4:00 - 6:00pm
NO CLASS ON 1/	'15	

German 2

Fee: \$179

Item W9293	M. Wilhelm	NORTH
10 Wednesdays	Jan 10 - Mar 14	6:30 - 8:30pm

German 4

Fee: \$179		
Item W9294	M. Wilhelm	NORTH
10 Tuesdays	Jan 9 - Mar 13	6:30 – 8:30pm

German 6

Fee: \$179

Item W9295	M. Wilhelm	NORTH
10 Thursdays	Jan 11 - Mar 22	6:30 – 8:30pm
NO CLASS ON 2/8	3	

German 8

Fee: \$179		
Item W9296	M. Wilhelm	NORTH
10 Mondays	Jan 8 - Mar 26	6:30 – 8:30pm
NO CLASS ON	1/15 AND 2/19	

ITALIAN

NORTH

Italian for Travelers

Students will learn survival travel vocabulary and cultural information in preparation for a visit to Italy. Fee: \$109

Item W9317	O. De Stavola	NORTH
5 Tuesdays	Jan 9 - Feb 6	6:30 - 8:30pm

Conversiamo

Approfondite la conoscenza dell'Italia e degli Italiani. Leggete e discutete gli eventi correnti usando giornali e riviste italiani. Migliorate il vostro vocabolario, la comprensione scritta e orale, la disinvoltura nel parlare. For students with a good command of Italian. tFee: \$159

Item W9301 T. Pibiri NORTH 8 Thursdays Jan 11 - Mar 15 10:00am - noon NO CLASS ON 2/8 AND 2/22

34] WORLD LANGUAGES & TRAVEL

Italian Conversation Immersion

Improve your fluency and pronunciation in this Italian Conversation Immersion course. Students will expand vocabulary, improve conversational fluency and gain a deeper understanding of the Italian language and culture. Taught entirely in Italian and intended for upper intermediate to advanced level students.Fee: \$159

Item W9310	J. Moschella	NORTH
8 Mondays	Jan 8 - Mar 12	6:30 - 8:30pm
NO CLASS ON	1/15 AND 2/19	

Italian Book Club

Durante questa classe gli studenti di italiano avanzato si dedicheranno alla lettura, studio e discussione di libri di narrativa classici o moderni.Fee: \$159

Item W9300	T. Pibiri	NORTH
8 Tuesdays	Jan 9 - Mar 6	12:30 - 2:30pm
NO CLASS ON 2/20		

Intermediate Conversational Italian

Item W9314	P. Querzoli	NORTH
8 Tuesdays	Jan 9 - Feb 27	6:30 – 8:30pm

Parliamo

Guardate l'Italia come fanno gli Italiani. Immergetevi nella cultura e nella lingua italiane attraverso letture e video clip.Fee: \$179

Item W9318	O. De Stavola	NORTH
8 Thursdays	Jan 11 - Mar 8	6:30 - 8:30pm
NO CLASS ON 2/8	3	

Advanced Italian Grammar Review

This intermediate level course is for students who have studied the basic concepts of the language and wish to review the major grammar topics, focus on the use of verbs and prepositions.Fee: \$159

Item W9302	T. Pibiri	NORTH
8 Tuesdays	Jan 9 - Mar 6	10:00am - noon
NO CLASS ON 2/2	20	

Italian 1

Fee: \$179

Item W9298	T. Pibiri	NORTH
10 Mondays	Jan 8 - Mar 26	10:00am - noon
NO CLASS ON 1	/15 AND 2/19	

Italian 2

Fee: \$179

ltem W9311 10 Tuesdays	J. Moschella Jan 9 - Mar 13	NORTH 6:30 - 8:30pm
Item W9299	T. Pibiri	NORTH
10 Wednesdays	s Jan 10 - Mar 21	10:00am - noon
NO CLASS ON 2/2	21	

Italian 4

Fee:	\$179
------	-------

Item W9315	R. D'Alba	NORTH
10 Wednesdays	Jan 10 - Mar 14	6:30 - 8:30pm

Italian 5

Fee: \$179

Item W9312J. MoschellaNORTH10 MondaysJan 8 - Mar 2610:00am - noonNO CLASS ON 1/15 AND 2/19

Italian 7

This intermediate-level Italian course includes a review of grammatical concepts, vocabulary and expressions, and practice in speaking, listening and reading comprehension.Fee: \$179

Item W9313	J. Moschella	NORTH
10 Tuesdays	Jan 9 - Mar 13	10:00am - noon

JAPANESE

NEW!

NEW!

Japanese through Film Fee: \$179

Item W9256 T. Benjamin NORTH 10 Saturdays Jan 6 - Mar 17 12:30 - 2:30pm NO CLASS ON 1/13

Japanese 2

Fee: \$179

	T. Benjamin Jan 4 - Mar 15	NORTH 6:30 - 8:30pm
NO CLASS ON 2/8		
Item W9271	R. Hornibrook	MAIN
8 Thursdays	Jan 18 - Mar 15	6:30 - 9:00pm
NO CLASS ON 2/8		

Japanese 3

Fee: \$179

Item W9253 T. Benjamin NORTH 10 Mondays Jan 8 - Mar 26 6:30 - 8:30pm NO CLASS 1/15 AND 2/19

Japanese 4

Fee: \$179

ltem W9268	N. Takei	MAIN
8 Wednesdays	Jan 10 - Feb 28	6:30 – 9:00pm
ltem W9272	R. Hornibrook	MAIN
10 Wednesdays	Jan 17 - Mar 21	7:00 – 9:00pm

Japanese 6

Fee: \$179

Item W9254 T. Benjamin NORTH 10 Saturdays Jan 6 - Mar 17 10:00am - noon NO CLASS ON 1/15

Japanese 7

Fee: \$179

Item W9269	N. Takei	MAIN
8 Mondays	Jan 8 - Mar 12	6:30 - 9:00pm
NO CLASS ON 1	/15 AND 2/19	

Japanese 8

Fee: \$179

ltem W9255 T. Benjamin 10 Tuesdays Jan 8 - Mar 20 NO CLASS ON 3/6

Japanese 11

Fee: \$179		
Item W9270	R. Hornibrook	MAIN
8 Mondays	Jan 22 - Mar 19	6:30 – 9:00pm
NO CLASS ON 2/	19	

KOREAN

Korean in Review, Level 1-4

=ee: \$	5179
---------	------

Item W9303	S. Kim	MAIN
8 Wednesdays	Jan 10 - Feb 28	6:00 – 8:30pm

Korean 2

Fee: \$179

Item W9276	S. Kim	MAIN
8 Thursdays	Jan 11 - Mar 8	6:00 – 8:30pm
NO CLASS ON 2/8		

Korean 4

Fee: \$179		
Item W9277	S. Kim	MAIN
8 Tuesdavs	Jan 9 - Feb 27	6:00 – 8:30pm

Korean 6

Fee: \$179		
Item W9278	S. Kim	MAIN
8 Mondays	Jan 8 - Mar 12	6:00 – 8:30pm
NO CLASS ON	1/15 AND 2/19	

PORTUGUESE

Portuguese 2

This course is for those with basic conversational
ability in Portuguese. Students will learn language
structures, vocabulary, communicative skills, and
information about the culture, geography and his-
tory of Brazil. Fee: \$179.00
Item W9355 J. Nicotra MAIN

8 Wednesdays Jan 10 - Feb 28 6	5:30 – 9:00PM
--------------------------------	---------------

RUSSIAN

Russian 2 Fee: \$179

Item W9291	L. Penkova	NORTH
10 Tuesdays	Jan 9 - Mar 13	6:30 – 8:30pm

SPANISH

NORTH

6:30 - 8:30pm

Intermediate Conversational Spanish

Immerse yourself in Spanish and boost your pronunciation, listening comprehension and speaking skills! Communicate in practical real-life contexts, and increase your vocabulary, fluency and confidence.Fee: \$159

Item W9332	A. Marshall	NORTH
8 Tuesdays	Jan 9 - Feb 27	2:00 - 4:00pm

Spanish Conversation **NEW!** Immersion

Improve your fluency, pronunciation, verb tense skills and grammar in this Spanish Immersion Conversation course. Students will practice real-life activities that are daily practice in Spanish culture such as visiting restaurants and shopping in the market. Taught entirely in Spanish and intended for upper intermediate to advanced level students.Fee: \$159

Item W9323 R. Vera NORTH 8 Thursdays Jan 11 - Mar 8 10:00am - noon NO CLASS ON 2/8

Spanish Through Current Events

Spanish Through Current Events is an upper-intermediate to advanced level class where students will discuss topics from articles from current newspapers and magazines, or questions generated by students.Fee: \$159

Item W9322 R. Vera NORTH 8 Wednesdays Jan 10 - Feb 28 10:00am - noon

Spanish for Life Club

This course is for those who have taken 10 or more consecutive quarters of Spanish at Bellevue College CE. The class is taught entirely in Spanish.Fee: \$179

Item W9333 A. Marshall NORTH 10 Thursdays Jan 11 - Mar 2211:30am - 1:30pm NO CLASS ON 2/8

Advanced Spanish

This course is taught entirely in Spanish, intended for advanced students who wish to review Spanish grammar and lexicon, practice conversation, and read Spanish texts.Fee: \$169

ltem W9329	A. Marshall	NORTH
9 Tuesdays	Jan 9 - Mar 6	11:30am - 1:30pm
ltem W9251 9 Tuesdays NO CLASS ON 3/6	M. Alicia Roberts Jan 9 - Mar 13	
ltem W9330	A. Marshall	NORTH
9 Wednesdays	Jan 10 - Mar 7	6:30 - 8:30pm

Advanced Spanish Grammar

A class for advanced students who want to hone their skills with subjunctive, imperfect and other verb conjugations to build fluency. Fee: \$159

Item W9331	A. Marshall	NORTH
8 Mondays	Jan 8 - Mar 12	2:00 - 4:00pm
NO CLASS ON 1/	15 AND 2/19	

Everyday Idioms and **NEW!** Expressions in Spanish

Students will continue to learn informal, everyday speech used by native Spanish speakers. Activities include conversation, written exercises and completing book practice. This fun and interactive class is great for intermediate to advanced Spanish speaking students!Fee: \$159

Item W9319	R. Vera	NORTH
8 Mondays	Jan 8 - Mar 12	10:00am - noon
NO CLASS ON 1,	/15 AND 2/19	

Spanish 1 Intensive

This course meets twice weekly to cover the same material in Spanish 1.Fee: \$179

Item W9259	A. Cárdenas	NORTH
8 sessions MW	/ Jan 8 - Feb 5	6:30 - 9:00pm
NO CLASS ON 1/	15	
Item W9257	A. Cárdenas	NORTH

8 TTh Jan 9 - Feb 1 6:30 - 9:00pm

Spanish 2 Intensive

This course meets twice weekly to cover the same material in Spanish 2.Fee: \$179

Item W9258 8 sessions TTh NO CLASS ON 2/8		NORTH 6:30 - 9:00pm
Item W9260	A. Cárdenas	NORTH

8 sessions MW Feb 12 - Mar 12 6:30 - 9:00pm NO CLASS ON 2/19

Spanish 1

Fee: \$179

ltem W9353	A. Lujan	NORTH
10 Tuesdays	Jan 9 - Mar 13	6:30 - 8:30pm
ltem W9261	A. Cárdenas	NORTH
8 Fridays	Jan 5 - Feb 23 10:	00am - 12:30pm
ltem W9352 10 Tuesdays NO CLASS Mar 6	C. Miranda-Perez Jan 9 - Mar 20	NORTH 10:00am - noon

Spanish 2

Fee: \$179

ltem W9321	R. Vera	NORTH
10 Tuesdays	Jan 9 - Mar 13	6:30 - 8:30pm
ltem W9324 10 Thursdays NO CLASS ON 2/8	C. Miranda-Perez Jan 11 - Mar 22	NORTH 10:00am - noon

Spanish 3

Fee: \$179

 Item W9325
 C. Miranda-Perez
 NORTH

 10 Wednesdays
 Jan 10 - Mar 14
 6:30 - 8:30pm

Spanish 4

Fee: \$179

Item W9326 C. Miranda-Perez NORTH 10 Thursdays Jan 11 - Mar 22 6:30 – 8:30pm NO CLASS ON 2/8 Item W9327 C. Miranda-Perez NORTH 10 Wednesdays Jan 10 - Mar 14 10:00am – noon

Spanish 5

Fee: \$179

Item W9328	C. Miranda-Perez	NORTH
10 Tuesdays	Jan 9 - Mar 13	6:30 - 8:30pm

Spanish 6

Fee: \$1	79
----------	----

Item W9320	R. Vera	NORTH
10 Tuesdays	Jan 9 - Mar 13	10:00am - noon

TRAVEL AND CULTURE

Ireland Beyond the Usual **NEW!**

The Emerald Isle has a long and fascinating history. We will investigate sites beyond the usual, and look at some popular sites from a different viewpoint - the viewpoint of the Gaels.Fee: \$49

Item W9264	G. Sammons	NORTH
1 Saturday	Feb 24	9:30am - noon

Scotland Beyond the Usual NEW!

In this workshop, we will look at many of the interesting sites around Scotland, and the history that makes them so fascinating.Fee: \$49

Item W9265	G. Sammons	NORTH
1 Saturday	Feb 24	1:00 - 3:30pm

Smile! at Thai Culture

An introduction to cultural aspects of Thailand. Receive a wealth of practical cultural tips and do's and don'ts and come away with an insider's perspective on Thailand from our instructor who is a native of this beautiful country. This course is full of tips for travelers to Thailand! Bring your questions!Fee: \$49

Item w92/5	L. BOGIN	NORTH
1 Saturday	Mar 3	9:00am - noon

Survival French for the Traveler

Anyone can learn the basics of the French language in just three hours. In this workshop learn to pronounce challenging French sounds, exchange greetings, order from a French menu, and receive valuable cultural tips to ease interaction with the locals.Fee: \$49

Item W9341	P. Behzad-Pour	NORTH
1 Saturday	Feb 24	12:00 - 3:00pm

The Celts - History, Art and Mythology

Fee: \$99		
Item W9267	G. Sammons	NORTH
1 Saturday	Mar 10	10:00am - 3:00pm

Italian for Travelers

Students will learn survival travel vocabulary and cultural information in preparation for a visit to Italy. Fee: \$109

Item W9317	O. De Stavola	NORTH
5 Tuesday	Jan 9 - Feb 6	6:30 - 8:30pm

Mandarin for Travelers **NEW!**

Preparing for a trip to China? This interactive class is the perfect choice for travelers to a Mandarin speaking country who would like to learn basic tourist Mandarin to enhance their travel experience. Bon voyage.Fee: \$109

Item W9285	L. Gan	NORTH
5 Saturdays	Feb 17 - Mar 17	1:00 - 3:00pm

TRANSLATION AND INTERPRETATION

TRANS 101: Introduction to Translation & Interpreting

Overview of the field and skills necessary for the profession. Covers general problems involved in translating and interpreting. Prerequisite: Acceptance into program, bilingual proficiency. This is a three-credit course. For registration information, call (425) 564-3177.Fee: \$450

Item W6750	M. Cohen,	MAIN
	T. Ramón Joffré	
10 Wednesday	s Jan 10 - Mar 14	6:00 - 9:00pm

TRANS 102: Fundamentals of Interpreting

Learn the building blocks of interpreting, including analyzing, summarizing and paraphrasing, listening comprehension, shadowing, closure, and note taking. This is a three-credit course.Fee: \$450

 Item W6751
 C. A'Zar
 MAIN

 10 Tuesdays
 Jan 9 - Mar 20
 6:00 - 9:00pm

 NO CLASS ON 3/6

TRANS 103: Fundamentals of Translation

Learn basic translation techniques and the process of translation. Includes a practical review of the English writing, editing, and proofreading skills necessary to produce clear and polished translations. This is a three-credit course.Fee: \$450

 Item W6754
 S. Sampa
 MAIN

 10 Thursdays
 Jan 4 - Mar 15
 6:00 - 9:00am

 NO CLASS ON 2/8

TRANS 105: Terminology Management & Research

Students develop skills in terminology research, dictionary usage, and glossary building. Basic terminology in the fields of medicine, law, computers, business, and international trade are covered. This is a three-credit course.Fee: \$450

Item W6752	D. Blachon	NORTH
10 Thursdays	Jan 4 - Mar 15	6:00 - 9:00pm
NO CLASS ON 2/8		

AP TR PAL



TRANSLATION & INTERPRETATION CERTIFICATE

FREE INFORMATION SESSIONS

Tuesday, Jan 30 ITEM WCOHA

Tuesday, Feb 27 ITEM WCOHB 6:00-7:30pm

6:00-7:30pm

NORTH

NORTH

Register by calling (425) 564-2263 or online at

www.bellevuecollege.edu/ce/ti

Are you bilingual? Turn your language skills into a career.

The Bellevue College Translation & Interpretation Certificate Program offers the most comprehensive and rigorous professional training available in the Northwest.

- Instructors are experienced, practicing professionals.
- Courses emphasize practical, handson job skills.
- Classes fit your schedule—just one or two evenings a week.
- Certificate meets prerequisite requirements for the ATA exam

New Art Classes For Winter

A CONTRACTOR OF A PROPERTY

FiberArts - Felted Bags - page 20 Textile Block Printing -page 20 Figure Painting in Oils - page 21

Art classes start on page 20.



Make your trip more enriching with a language class or travel class

Knowing about a place and speaking a few simple phrases can open up your travel experience to the people and the culture of the place you vist.

Meet Blaise Mitsutama, LMS Administrator & Instructional Designer



e are excited to introduce a new member of the Continuing Education staff, Blaise Mitsutama. You might recognize Blaise if you've taken one of her classes in the Technical Writing program or attended the open house. She is new to our staff, but not entirely new to Continuing Education.

Blaise has been an instructor for the Technical Writing program, and recently started working as an LMS Administrator and Instructional Designer. Her position supports our programs at Continuing Education by finding new ways to better deliver our offerings for all students. Learn more about Blaise Mitsutama in this Q&A:

Why did you choose to work at Bellevue College Continuing Education?

Lifelong learning has been described as:

... [T]he "ongoing, voluntary, and self-motivated" pursuit of knowledge for either personal or professional reasons. Therefore, it not only enhances social inclusion, active citizenship, and personal development, but also self-sustainability, as well as competitiveness and employability.

Bellevue College Continuing Education is a community of lifelong learners. This applies as much to faculty and staff as it does to our students. At Continuing Education, I feel there is a relentless push to be excellent, effective, and open to new ideas and opportunities. This is demonstrated in its commitment to incorporate eLearning best practices as well as innovative programs in augmented and virtual reality, e-commerce, healthcare solutions, translation and interpretation, and to learners from teens to seniors. Continuing Education is where I believe my contributions will have impact and make a difference. (Lifelong Learning, Wikipedia)

What is your educational background and experience?

I graduated from the University of Southern California, Los Angeles with a BA in Social Studies (emphasis in Anthropology and International Relations). One of the best learning experiences I had in college was being an exchange student in Japan for a year. Each student lived with a Japanese host family, and attended classes (in English) at Waseda University. For most of my life I have been an autodidact, delving into whatever field of study draws my interest. I mastered microcomputers and database programming before courses in these subjects were included in college curricula, and have been fascinated and engaged in technology ever since.

In 2014, I started teaching technical writing at Bellevue College Continuing Education, which led to my collaborating with another instructional designer to revamp the Technical Writing Inclusive online course. As a neophyte instructor, I discovered workshops available through Faculty Commons to actively develop teaching skills, classroom management, use of educational technology, and accessible learning. In a relatively short time, I was developing and/or delivering workshops on accessible technologies, copyright, and how to use Canvas. In 2016, I worked on a pilot project to develop template-based online Direct Transfer Agreement courses, and subsequently took on the role of facilitator for the Universal Design for Learning (UDL) Faculty Cohort.

What are you most excited about in your new position as LMS Administrator & Instructional Designer?

Education is changing. Not only are there new models and methods, there is also greater competition. MOOCs, online training companies, bootcamp-style schools, developments in education technologies, and a shift in focus from traditional degrees to competency-based learning are siphoning students away from brick-and-mortar colleges and universities. In addition, increasing traffic, tighter schedules, and personal commitments make it challenging, if not impossible, for people to take advantage of classroom training for professional development, job search, or career change.

As the Interim LMS Administrator/eLearning Instructional Designer, I'm excited to expand our online and hybrid offerings, and to create more options for more students to learn at Continuing Education.

What opportunities do you see for Continuing Education in your area?

Online and hybrid competency-based learning is a huge opportunity for Continuing Education. We have a lot of content that is currently classroom-based that can be expanded to a wider audience, if it is made available online. Also, it isn't enough to simply add course content to Canvas. Instructors will need training and support to navigate online and learn how to engage students they can't see and who are connected to the course asynchronously.

How do you plan to best serve the Bellevue College Continuing Education students and community?

- I will have served Continuing Education students, instructors, and community by answering the following questions:
- How do we prioritize the courses that should be online or hybrid?
- How do we design courses to be accessible, engaging, and support student success?
- How do we create and implement processes, resources, and tools that give instructors and students the information they need in and about online and hybrid courses?
- How do we make information and resources for online courses discoverable and accessible?
- What can we do better?

What does lifelong learning mean to you? And why?

I included a general definition of lifelong learning in my first comment. But more personally, lifelong learning means never losing the childlike curiosity that sees the world as a place of endless possibilities, fascination, and discovery.



Registration Fee

A non-refundable Registration Fee of \$10 per quarter will be charged in addition to course fees on all registrations starting on **DEC 26.** This fee will be waived if you register for classes BEFORE this date (and do not cancel the class).

Course Prerequisites

Many courses list "Prerequisites," which are considered to be basic skills and expected knowledge prior to taking the class. Instructors will assume a readiness for the class materials and will not use class time to discuss prerequisite material. Always check the course description on our website for textbook information and complete course descriptions.

Withdrawals & Refunds for Non-credit Classes

Some courses have withdrawal & refund policies that differ from this policy; these are noted in the course descriptions.

You may request a refund by phone at (425) 564-2263 or in person at North Campus. A \$10.00 processing fee is assessed on student-initiated refunds. Online classes:

- Flexible Start-Date Classes: No refund will be issued once the course has been accessed. A 100% refund will be made if Bellevue College cancels the course.
- Group Start and Hybrid Classes: Follow the in-person class policy listed below.

In-person classes: A refund (minus the processing fee) will be made if you withdraw at least 3 working days before the class start date. No refund will be made after that date. There are no partial refunds. A 100% refund will be made if Bellevue College cancels the class. The deadlines for dropping a class during weeks without holidays are:

If class starts:	Student must call to change before:
Monday 5	pm previous Wednesday
Tuesday	. 5 pm previous Thursday
Wednesday	5 pm previous Friday
Thursday	5 pm previous Monday
Friday - Sunday	5 pm previous Tuesday

Bus Information

Bellevue College campuses are served by Metro and Sound Transit bus routes. Please contact Metro (206) 553-3000 or visit http://metro. kingcounty.gov or Sound Transit (800) 201-4900 www.soundtransit.org

Parking

Parking at the Bellevue College North Campus and satellite locations is free of charge. Please see http://BCconted.com/publicsafety/parking.asp for Main Campus parking information and fees.

Continuing Education North Campus • (425) 564-2263

14673 NE 29th Place, Bellevue, WA 98007

Student I.D. Number	Quarter ☐ Fall	Year	NON CREDIT
Social Security Number *	Please check this b decide not to provid		
Signature			
*To comply with federal law, we are required to ask for your Social Se Number (ITIN). Your SSN/ITIN is confidential and, under federal law parties. Disclosure may be authorized for the purpose of Hope/Life transcript records and to conduct institutional research.	, it is protected and will not	be disclosed	to unauthorized
LastName			
First Name	Initial		1000
Address City	State		Zip
Telephone Number: Date Day Evening	e of Birth: Month Day		Year
E-mail Address	11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Mex. N	
Please charge my: DVisa DMasterCard Card Number Account Name:	Exp. Da	ate	
Please help us better meet your educational needs by sup Occupation	oplying the following:		
Indicate the course(s) / workshop(s) you want, and send a Item Number Course Title	mount for total fees:		Fees
		\$	
		\$	
		\$	
Registration fee charged (star			
TELOS students are charged a \$5 fee per quarter by the Please refer to the TELOS Student Organization with a	e TSO. ny questions regarding	.OSED <u>Ş</u> g this fee.	
Complete the form and mail with your c Bellevue College, CONTINUING EDUCATION, 14 Before you mail this form, please	673 NE 29th Place, Belle read the refund policie	evue, WA 9 es.	

Visit our website for additional information.

BCconted.com/registration

- Course Completion Requirements
- Certificate of Completion
- Download course schedule
- Under-Age Policy
- Equal Opportunity
- Students with Disabilities
- Health Disclaimer

BCconted.com/resources

- Accessibility
- Test Center
- Maps, directions & bus route
- Off-site class locations
- Main Campus
- Poppinjay's Café



Sign up before **Dec 26**, save the \$10.00 registration fee!

5 Easy Ways to Register

Registration for Continuing Education classes takes place at any time after the schedule is available. Your Social Security Number is confidential and, under federal law, it is protected and will not be disclosed to unauthorized parties. Disclosure may be authorized for the purposes of state and federal financial aid, American Opportunity Tax Credit & Lifetime Learning tax credits, academic transcripts, or accountability research.

Online Registration at *www.BCconted.com*



Click on "Classes" on the top menu. Choose your desired classes, and follow our easy-to-use wizard to enter all the required information. If the class is full, you will be notified by e-mail of your waitlist position. Please add Bellevue College to your "safe sender" list to ensure prompt e-mail delivery from the college.

2 Phone-In Registration

Call Continuing Education Registration Services at (425) 564-2263. Please have your student I.D. number, Visa or MasterCard number and expiration date, and course item number ready. During peak registration times, web and FAX registrations are quick and safe alternatives.

3 In Person registration North Campus

14673 NE 29th Place, Bellevue, WA 98007

Bellevue College registration services closed: 12/5, 12/23, 12/26, 1/2, 1/16, 2/9, 2/20, 3/7.

Fax-In Registration

Complete all the information on the form on page 47 including your Visa or MasterCard number and expiration date. Fax it to (425) 564-3113. Faxes are received in a secure site within Customer Service.

5 Mail-In Registration

Complete all the information on the form on page 46 and mail it to the address on the form. Include your check or money order payable to Bellevue College, or your Visa or MasterCard number and expiration date. Mail-in registrations are typically processed within one hour of daily mail delivery.



Change Your Future With These New Tech Offerings

PowerShell Stac

Learn to harness Microsoft Windows' integrated scripting language to automate routine and complex administrative tasks. Get started with the basics of the language and progress to creating sophisticated scripts that you can easily share with other administrators.

Programming with Python Stack

Develop programs in Python, a programming language whose design philosophy emphasizes code readability. Learn types, operators, variables, IF statements, tuples, lists and dictionaries.

iOS Bootcamp

Bellevue College is offering an evening andweekend 60 hour iOS development. The goal of the iOS Development Bootcamp is to transform you into an iOS developer. You will and learn how to think like an iOS developer and come to understand Swift and Xcode, by building iOS



Powershell Stack, page 10 Data Visualization, page 10 Python Stack, page 12 Build an eCommerce Business, page 14 The 'Real' Keys to Effective Leadership, page 14 Fiber Arts: Felted Bags, page 20 Bathroom Design Tips, page 25 New TELOS Classes, pages 27-31

BCconted.com

Register before December 26 and save the \$10 registration fee.







