

FALL 2015 CATALOG

HANDS-ON LEARNING SPECIAL INTEREST TRAVEL & LEISURE

Call 928.717.7755 or visit www.yc.edu/commed to register TODAY!



WELCOME!

Community Education

From Animal Care to Creative Writing, you will find interesting courses to help develop new technical skills, inspire your creativity, learn a language, promote a healthy lifestyle, explore new ideas, enliven history and bring new meaning to your life.

Learn to cook Indian and Mediterranean foods; refine your palette with wine and beer tasting classes; explore other cultures and languages; make some music; tune up your bicycle and ride Prescott's mountain biking trails.

It's not too early to think about holiday gift-giving, and there are several classes that will help you create great gifts. Mosaics, Leather Tooling, Felting, Cartooning and Zentangle offer ideas. Come be creative!

Broaden your world. Learn about Native Peoples and Arizona history. The peoples and languages of contemporary cultures are fascinating and especially interesting if you plan to travel, and there are a number of languages offered.

Learn new computer skills and how to use your digital camera or tablet. Use your skills and creativity to write and publish your writing. There are some fun Photography classes to help you take better photos then edit them on your computer.

The wide variety of Health and Wellness classes will introduce you to exercises for your mind, body and spirit. Get moving with a dance class. Explore your spirituality. Learn about energy and other alternative medicines and how to use herbal remedies and essential oils.

Make some music by learning to play the piano, the bagpipe or improvise in a music "Playshop."

Is retirement in your future plans? There are many finance and retirement planning classes to help you be successful.

Each fall we offer some popular Paranormal classes and an EDventures Ghost Walk in downtown Prescott to get you in the spirit for Halloween.

Fall EDventures

The EDventures guides are fun, well-traveled and knowledgeable. They make history and the stunning landscapes come alive as you travel off the beaten paths with them!

The fall overnight trip to explore the Navajo history and culture of Canyon de Chelly when the cottonwoods are golden fills quickly. Sign up early!

Local history comes alive as you travel the backroads around the Prescott area. The mining history of Crown King and the Southern Bradshaws and of Copper Basin, Skull Valley and Iron Springs shaped our county.

Fall is a beautiful time to be out hiking. Come with us to hike the Verde River Headwaters, Diamond Creek just above the Grand Canyon and Tonto Bench in western Grand Canyon.

Explore the sky at Lowell Observatory in Flagstaff with star gazing in October. Ride the rails of the Verde Canyon when the autumn colors are in full glory. Ghosts will be haunting downtown Prescott for the Prescott Ghost Walk on October 25.

We hope you will join us to travel, explore and experience north central Arizona! See the full list beginning on page 22.

EDventures International travelers are in Scotland this August. Travel with us on a Tapestry Tour of Italy departing in September 2016. Craig Ralston, Yavapai College Dean of Arts and Humanities will accompany this group on a cultural infusion of the Arts and Music of Italy. We will explore Venice, Verona, the Cinque Terre region, Florence, Rome, Pompeii, the Isle of Capri, the Amalfi Coast and much more. Join us for an informational session on Saturday, September 26 (see back cover).

Barbara Yarrow, Coordinator

P.S. Do you want to teach a class for Community Education? If you have a passion or area of expertise and would like to teach a new class, contact us at CommEd@yc.edu or call the office at (928) 717-7755.

with education

WHERE LIFELONG LEARNING FLOURISHES!

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EDVENTURES Educational trips throughout the Southwest and beyond! Pages 22-24.



WWW.YC.EDU/COMMED

Your next adventure in learning is just a click away!

- Browse and pay for classes and trips online
- View instructor biographies
- Find out about special offers and events

Visit www.yc.edu/CommEd and click the link to browse and register courses or download registration instructions.

OTHER WAYS TO REGISTER:

- Register by phone **(928) 717.7755** Monday through Friday 8:30 am - 4:00 pm
- Walk-in registration at Building 31 on the Prescott campus. See map on back page.
- Fax your completed registration form to (928) 717.7880

AGE REQUIREMENTS:

Community Education classes are open to the public, ages 14 and up. Students under 18 attending a class must have a completed permission slip signed by parent or legal guardian. Call (928) 717.7755 to request form. EDventures trips are open to the public. Students 16 and under (day trips) or 18 and under (overnight trips) must be accompanied by a parent or guardian. Students 16-17 may attend day trips unaccompanied with a permission slip signed by parent or guardian.

LOOKING FOR CURIOUS MINDS

Have you wanted to take a course at the College, but haven't had the money to dedicate to it? The Curious Mind Grant can help! A Curious Mind Grant can be used to explore a rich offering of non-credit college courses. Visit www. yc.edu/ce for current class offerings. You may apply for a grant if:

- You lack the financial resources to take a course at Yavapai College
- You have a curious mind or a commitment for personal growth
- You are 18 years of age or older
- You can commit the time and dedication to complete a course

To apply:

Visit **www.yc.edu/commed** to download an application or call (928) 717.7755 with questions. **Apply by August 28.**

FEES

Tuition fees are due and payable at time of registration. Fees vary in accordance with class length and other factors. Tax dollars are not used to support Community Education programs. They are sustained by student revenues, so classes must meet minimum enrollment. No fee waivers available for staff or faculty of Yavapai College. In the event of any administrative cancellation, you will receive a full refund of your tuition.

PLEASE HELP PREVENT CANCELLED CLASSES

Enroll early. Classes will be cancelled one week prior to start date if enrollment is too low.

COURSE PHYSICAL ACTIVITY LEVEL RATING CHART*

Activity Rating Level 1

Participants must be able to carry luggage, packs, and/or equipment; climb stairs; sit or stand for up to 1 hour; get in and out of vehicles easily; and walk a few blocks indoors or out.

Activity Rating Level 2 💈

Participants must be able to carry luggage, packs, and/or equipment; participate in physical activity for 1-2 hours; climb stairs; sit or stand for over 1 hour; and walk on uneven and/or varied terrain from three blocks up to one mile at a 2.0 mph pace over the course of the day (may include slight elevation changes).

Activity Rating Level 3 🜖

Participants must be able to carry luggage, packs, and/ or equipment; sit or stand for over 2 hours; be in good health, mobile, able to participate in 3-5 hours of physical activity per day; and walk on uneven and/or varied terrain up to five miles at a 2.5-mph pace over the course of the day and/or for multiple consecutive days (may include moderate elevation changes).

Activity Rating Level 4 🛂

Participants must be able to carry luggage, packs and/or equipment; sit or stand for over 2 hours; be in excellent health, extremely mobile, and used to an active lifestyle. Program activities may require up to 6 hours of strenuous, moderate- to fast-paced activity per day, equivalent to hiking 6 to 10 miles at a 3-mph pace over uneven and/or varied terrain (may include moderate to intense elevation changes). A conditioning regimen is recommended, beginning at least 2-3 months prior to departure that includes hiking (preferably), walking or some other form of cardiovascular exercise (swimming, cycling) in order to prepare for the activity in this adventure.

*Trip activities may vary. Not all trips will include all aspects of the assigned activity rating. For more information on individual trip activity levels or to request special accommodations, please e-mail Edventures@yc.edu or call 717-7755.

REFUND/CANCELLATION POLICIES

Community Education

- More than 14 days before course start = Full refund of tuition
- 8-13 days before course start = 50% refund
- 7 days or less = No refund
- No refunds will be given after course start date

EDventures

Day Trip Cancellation

- 21 days or more prior to departure = Full refund
- 8-20 days = 75% refund of tuition
- 7 days or less = No refund

Multi-Day Trip (Regional)

- 30 days or more = Full refund of deposit
- 21-29 days = Refund of 50% of tuition
- 15-20 days = Refund of 25% of tuition
- 14 days or less = No refund

EDventures International

International trip refund policies vary and will be provided upon registration or by request. Airfare is always non-refundable.

*All refunds of credit card payments will be issued to the same credit card as the original payment. Expired or closed credit cards, check and cash payments will be refunded by check. Please allow up to 30 days for processing of all refunds.

**Registration in any Yavapai College Community Education class or EDventures trip indicates understanding of this policy and agreement by the registrant to adhere to this policy and all other Yavapai College policies.

EDventure Discounts

10% off - Bookings of 3 or more (same day)

Community Education courses are not eligible for discounts. Discounts apply to EDventure base fares only; single supplements, airfare and any other additional fees not included. Discounts cannot be combined and may not apply to all trips. Available discounts for international trips will be disclosed on an individual trip basis.

CALL TODAY FOR A QUOTE ON A CUSTOM EDVENTURE EXPERIENCE FOR YOUR GROUP OR ORGANIZATION (928)717-7755

REGISTRATION HAS NEVER BEEN EASIER! LOG ON TO WWW.YC.EDU/COMMED TO GET STARTED!



COMMUNITY EDUCATION COURSES FALL 2015

ANIMALS

Traditional Chinese Medicine and Your Pet

FA15-101 • Tue, 9/8 to 10/13/15 • 6 - 8 pm

Prescott • Bldg 4, Room 116

Discover an integrated holistic approach to veterinary medicine through the art form of traditional Chinese Medicine, practiced for well over 4,000 years. Explore the principles of balance and respect for fundamental constitution types. Chinese herbals, acupuncture and other medicinal healing tools will be discussed as a gentle means of restoring and maintaining well-being along with the importance of fresh air, exercise and weight management. Intensive post-doctoral study and experience inform this balanced integrated holistic approach to veterinary medicine. Join us to start on the "Pet Advocacy through Education" adventure.

Caroline O'Sullivan, DVM, MS • \$90

Pet Loss Acceptance and Celebration of Life Seminar

FA15-102 • Tue, 10/20/15 • 6 - 9 pm

Prescott • **Bldg 4, Room 116** Losing a loved one demands that we go through the 5 stages of grief, and prospective on the passing of our animal friend and on the gifts they shared. Please join us and sign up with a friend for half price.

Caroline O'Sullivan, DVM, MS • \$30



Holistic Veterinary Care for the Aging Pet FA15-103 • Tue, 10/27 to 11/17/15 • 6 - 8 pm Prescott • Bldg 4, Room 116

Age is not a disease, but chronic pain is. When we look at the conditions that may arise with aging in pets, these conditions are often discounted as "just getting older." But they can be diagnosed and managed, resulting in an increased quality of life. Some of these conditions are related to muscles and joints, thyroid, diet and digestion, cognitivedysfunction, immune system, heart issues and even cancers. We will discuss the whole picture for improving the quality of your aging pet's life by using nutrition including non-GMO, healthy diet and other environmental choices. **Caroline O'Sullivan, DVM, MS • \$75**

Introduction to Telepathic Animal Communication

FA15-104 • Wed, 9/9 to 9/30/15 • 6 - 7:30 pm Prescott • Bldg 31, Room 110

This fun-filled, enlightening class is designed for you to become familiar with the natural rhythm of conversing with your animal companions and all of life. Learn to strengthen your intuitive skills by becoming familiar with the dynamics of telepathy and understanding how you personally send and receive information with the animals. Increase your awareness and confidence in using your innate abilities on a daily basis with your animal friends and all of nature. Each class session is a unique and heartfelt experience in discovering the miracle of interspecies communication. *\$15 materials fee payable to instructor at first class.*

Lozito, Donna • \$65

ARTS, CRAFTS & HOME

Interior Design for Your Project

FA15-184 • Wed, 9/9 to 10/14/15 • 2 - 4 pm Prescott • Bldg 3, Room 206

Learn the basics of Interior Design and the design process with your personal projects in mind. We will cover the basic principles and elements of interior design, space planning basics, color and light, developing your personal style. Develop a design concept and implementation plan as you learn about budgeting, project management and the construction process.

Shaynee McMillion • \$90

Photo Realist Painting: A Study

FA15-105 • Wed, 9/9 to 10/14/15 • 5:30 - 6:30 pm Prescott • Bldg 2, Room 208

Photographs have been used by artists as points of reference (memory tools) for over 150 years. Since the 1960s, Photo Realist artists have begun to use photographs not only as points of reference but as subject matter itself. We will examine ways in which Photo Realism differs from Historical Realism or Representational Art. Learn about tools and techniques used by artists to see more accurately, as well as photography and computers as contemporary tools. **Charles Stroh • \$65**

Chinese Brush Painting

FA15-106 • Thu, 9/10 to 10/15/15 • 2 - 5 pm Prescott • Bldg 4, Room 123

Paint with spontaneity, freedom and boldness. Learn this ancient watercolor art form that reflects 5,000-year-old traditions of human civilization, culture, story, poetry and virtues. As you paint, take a journey into another culture that will give you new perspective on your artwork and the symbolism of the creative spirit. Beginning and experienced students are welcome. *\$40 supply fee payable to the instructor at the first class.*

Diana Middlebrook • \$115

Zentangle® (Meditative Art)

FA15-107 • Thu, 9/10 to 10/15/15 • 5:30 - 7:30 pm Prescott • Bldg 4, Room 114

Have you ever wanted to explore your creative spirit or wish you were "more creative?" Do you ever think that you don't have enough (time, money, space, talent, etc.) to do something creative? The Zentangle® Method is an easy-tolearn, relaxing and fun way to create beautiful images by drawing structured patterns. It increases focus and creativity, provides artistic satisfaction along with an increased sense of personal well-being. The Zentangle Method is enjoyed all over the world across a wide range of skills, interests and ages. *Includes supplies*.

Wendy Kircher • \$105



Leather Working and Tooling: Beginning

FA15-108 • Thu, 9/10 to 10/15/15 • 6 - 8 pm Prescott Valley • Double H Leather, 3071 N Robert Rd An introduction to leather working – the art of cutting, stitching and tooling leather to make art or useful leather items that are both attractive and personalized. Learn the terms and history of leather working and how to use the tools. Build tooling skills with guidance as you create a beginner's project such as a belt or wallet. Supply list provided for students to purchase at estimated cost of \$195. Steve Long • \$90

Leather Working and Tooling: Intermediate FA15-109 • Thu, 10/22 to 12/3/15 • 6 - 8 pm

Prescott Valley • Double H Leather, 3071 N Robert Rd Advance your leather working skills! Create individual projects as you learn more about the art and craft of tooling. Kit or leather supplies required; cost will depend on project and additional tools required. Lab fee of \$85 payable to the instructor at the first class. (No class 11/26.) Steve Long • \$90

CALL 717.7755 OR VISIT WWW.YC.EDU/COMMED TO REGISTER TODAY!

Drawing to Paint

FA15-110 • Fri, 9/11 to 10/9/15 • 9:30 - 12:30 pm Prescott • Bldg 4, Room 123

A terrific short course for anyone interested in improving his/her ability to sketch creatively and accurately and apply these new skills to watercolor painting. Learn foundational to advanced painting techniques to render composition elements such as: the sky, figures, foliage, rocks and water effects with an opportunity to combine these techniques to produce finished paintings. Helpful reference sheets on the tips and techniques. The instructor is an award-winning editorial cartoonist and successful picture book illustrator. *Art supply list provided for students to purchase recommended materials (estimated cost: \$20-\$30, depending on the quality of paints and brushes you select).* **Tom Fox • \$100**

Cartooning Carnival

FA15-111 • Fri, 9/11 to 10/2/15 • 1:30 - 4:30 pm Prescott • Bldg 4, Room 123

Cartoon drawings aren't just funny scribbles. The best cartoon figures and scenes are based on sound drawing techniques and realities of how we perceive images. Employing some "tricks" can make simple cartoons powerful and effective. Each session will introduce new techniques and an interactive art demo. Subjects include: the face and caricature; bodies and simplified anatomy; action poses; animals; and settings. Helpful reference materials are provided for each activity. The instructor is an award-winning editorial cartoonist and successful picture book illustrator. Art materials supply list provided to students; estimated cost is \$15. Tom Fox • \$90

Mosaics 101

FA15-113 • Wed, 10/21 to 11/18/15 • 1 - 4 pm Prescott • 2KatStudios

This popular art form is everywhere, and you might think, "I could do that," but don't know where to begin. Even if you have worked with mosaics before, come to try something new. Learn how to choose colors and textures that work for you, how to design your piece, how to apply the tiles and much more. Create a beautiful one-of-a-kind mosaic mirror, and you will be on your way to covering all sorts of surfaces with mosaics! Dress for a mess. *\$25 materials fee payable to the instructor at the first class. (No class 11/11.)* **Kat Kirby • \$105**

Mosaics 201

FA15-114 • Thu, 10/22 to 11/19/15 • 1 - 4 pm Prescott • 2KatStudios

Now that you've started your mosaics journey, why not bring it up a notch? How about creating a mural for your home working on mesh then transferring it to your wall? This course is for anyone who has a solid understanding of basic mosaics concepts and materials. Guidance and materials will be provided, and if you have a substrate you wish to use (such as a table or piece of furniture), bring it along! *\$25* materials fee payable to the instructor at the first class. (No class 11/12.)

Kat Kirby • \$105

Felting Workshop

FA15-115 • Sat & Sun, 10/24 & 10/25/15 • 10 am - 3 pm Prescott • Bldg 4, Room 123

Create a beautiful, unique felted wool tapestry and another 3-dimensional piece such as a hat or bag! Use wet felting techniques to transform wool fibers into felt with soap, water, friction and a lot of fun. Learn design principles such as depth, color and shading while planning your piece. Use math concepts to measure, add, multiply and calculate approximate shrinkage with percentages. Bring a snack or lunch. \$25 materials fee payable to the instructor at the first class. Deborah Henry • \$80



COMPUTERS & TECHNOLOGY

Microsoft Office 2013 for Windows: An Introduction

FA15-116 • Tue, 9/8 to 10/13/15 • 3:30 - 5 pm Prescott • Bldg 19, Room 207

Learn the basics of Microsoft Word, Excel and PowerPoint. Learn to use Word to create a sample of a letter, narrative and resume. Using Excel you will make useful spreadsheets such as a receipt and a budget illustrated with a chart. Did you know PowerPoint has a built-in shortcut to create an almost-instant photo slideshow? After making your personal photo album, learn about templates, simple animation and organizing information with SmartArt. Each week you will receive detailed handouts. Bring a USB thumb drive (required). Basic typing skills preferred.

Robin Loperfido • \$80

Buy and Sell on eBay

FA15-117 • Wed, 9/9/15 • 2 - 5 pm Prescott • Bldg 19, Room 224 FA15-118 • Sat, 11/14/15 • 10 am - 1 pm Presott • Bldg 19, Room 206 eBay is one of the foremost ways used to buy and sell goods and services online. This course will walk you through the steps in setting up an account on eBay as well as techniques for successful buying and selling.

Keith Sagan • \$55

Art of Physical Computing

FA15-119 • Fri, 9/11 to 12/4/15 • 4 - 7 pm Prescott • Bldg 19, Room 208

Innovate, create and design! Learn how to build devices that integrate into the worlds of art, fashion, science and robotics. Engage in fun and creative problem solving using digital hardware such as the Arduino to build physical interfaces that can sense and react in the real and digital worlds. Learn the process of computer programming, prototyping and how computers work. Imagine your ideas and make them come to life! Arduino kit included. (No class 11/27.)

Dan Cervo • \$270

Computer Fundamentals: Intro to Computers, Level 1

FA15-120 • Fri, 9/11 to 9/25/15 • 10 - noon FA15-121 • Fri, 10/2 to 10/16/15 • 10 - noon Prescott • Bldg 19, Room 207

This class gives new and inexperienced users the basics of computer use. Even if you've been using a computer, come find the "correct" way to do things and why! Explore the basics of getting around on a computer – from turning it on, using a mouse and all the keys on the keyboard, plus keyboard shortcuts, to exploring Operating System features. Understand how to use Menus, Text Selection and Saving Files - all essentials for continued computer use, especially if you want to master the Internet and Email. This is a fun and important basic class.

Joe Cannizzaro • \$65

Computer Fundamentals: Intro to Computers, Level 1

FA15-122 • Mon, 10/19 to 11/2/15 • 3:30 - 5:30 pm Prescott • Bldg 19, Room 208 Joan Baum • \$65

Computer Fundamentals: Intro to Computers, Level 2

FA15-123 • Fri, 10/23 to 11/13/15 • 10 - noon Prescott • Bldg 19, Room 207

Continuation of Level 1 Computer Fundamentals. Practice the fundamental basic skills while learning more about working on a computer and using Microsoft Word's various features: basic text formatting, Copy & Paste, numbering and adding pictures; using Save and Save As to find and organize files. Prerequisite: Level 1 Computer Fundamentals skills. (No class 11/6.)

Joe Cannizzaro • \$65

Computer Fundamentals: Intro to Computers, Level 2

FA15-124 • Mon, 11/9 to 11/23/15 • 3:30 - 5:30 pm Prescott • Bldg 19, Room 208 Joan Baum • \$65



CURIOUS MINDS SCHOLARSHIP

APPLY BY AUGUST 28[™]. DETAILS ON PAGE 1.

Computer Fundamentals: Intro to Excel, Level 1 FA15-127 • Fri, 9/11 to 9/25/15 • 3 - 5 pm

Prescott • Bldg 19, Room 206

Need to be more organized? Excel can help! Excel is not just for numbers – it works well for sorting and calculating almost anything. Learn the basics of data entry and be amazed how easy it is to organize lists and keep track of a budget or other information. It does automatic totals and alphabetical and numerical sorting in a click! Excel is used by individuals and both small and large business owners to keep track of information such as names, addresses, phone lists, inventories (do you collect anything?), budgets, invoices, customer/contact lists, tables, pricing costs, etc. If you are job hunting, Excel experience is highly prized because it is used in many business situations. For new and inexperienced users of Excel wanting to learn the basics or brush up on skills. Applicable for all Excel software versions. *Prerequisite: Basic Computer Skills*.

Joan Baum • \$65

Computer Fundamentals: Excel Beyond the Basics, Level 2

FA15-128 • Fri, 10/2 to 10/16/15 • 3 - 5 pm Prescott • Bldg 19, Room 206

For current users with some experience of Excel who want to extend existing basic skills. Topics include: formulas/functions; sheet features (summary and grouping); expanded cell formatting; sorts and filters. Come away with useful tips and tricks learned from a longtime trainer and user of Excel. (Applicable for all versions.)

Joan Baum • \$65

Computer Fundamentals: Exploring Windows 7 Features FA15-125 • Sat, 9/12/15 • 10 am - noon

Prescott • Bldg 19, Room 208

Microsoft Windows 7 Operating System has some great features that are both fun and handy and can be real time savers to use! You will be introduced to features that allow better use of your time on the computer. Because some Windows 7 features are found in Windows 8, this is appropriate and suggested for users of both Windows 7 and 8. **Joan Baum • \$45**

Computer Fundamentals: Exploring the Basics of Windows 8.1

FA15-126 • Sat, 9/19/15 • 10 am - noon Prescott • Bldg 19, Room 208

The Windows 8 Operating System is a big change for users, and we'll help you navigate without frustration! Through demonstrations, you will be introduced to the major features and some tips and tricks that will allow you to make better use of your time using Win8.1. Appropriate for users and potential users of Microsoft Windows 8.1.

Joan Baum • \$45

Computer Fundamentals: Intro to PowerPoint

FA15-129 • Sat, 10/10 & 10/17/15 • 9 am - noon Prescott • Bldg 19, Room 207

PowerPoint is a really fun way to use both text and photos to create attractive visual and graphic presentations with a "wow" factor for both business presentations and personal occasions (weddings, graduations, parties, etc.). Enjoy learning the basics of this powerful presentation program. PowerPoint is used heavily in business and is a must-learn for job seekers. Instruction is applicable for all software versions. *Prerequisite: Basic Computer Skills.*

Joan Baum • \$65

Tablets: How to Use Effectively

FA15-131 • Mon, 10/19 to 11/2/15 • 2:30 - 4:30 pm Prescott • Bldg 3, Room 269

Come to learn how to use your tablet more effectively in this workshop-style class. Android and iOS devices will be specifically addressed, and there will be time set aside for individuals using other tablets. Prepared presentation with time available for individual questions and problems. *Bring your own tablet*.

Randy Holt • \$65

Computer Fundamentals: Intro to Internet Basics

FA15-130 • Fri, 11/6 to 11/20/15 • 3 - 5 pm Prescott • Bldg 19, Room 206

The internet is constantly evolving and there are many tricks that can make your time on it really count. Come and learn how to access and use the internet more easily and quickly and with less frustration. Terms and skills will be discussed and practiced. A needed skill – if you want to access email. *Prerequisite: Basic Computer Skills.*

Joan Baum • \$65





CURIOUS MINDS SCHOLARSHIP APPLY BY AUGUST 28TH. DETAILS ON PAGE 1.

Visit www.yc.edu/commed or call 717.7755 to register –

DANCE

Belly Dance for Beginners – Egyptian Style

FA15-132 • Sat, 9/12 to 10/17/15 • 2 - 3 pm FA15-133 • Sat, 10/24 to 12/5/15 • 2 - 3 pm • (No class 11/28.)

Prescott • Bldg 2, Room 140

Be a goddess or just learn to dance like one! Egyptian style belly dance is a recognized art form comprising gentle movements, natural to woman's body. You will learn a fun choreography and elementary veil technique while gently stretching, strengthening and toning. Wear comfortable clothing that allows for movement. No experience, hip scarf or veil necessary. For women of all ages, shapes and sizes. Enroll with a friend!

Candice Coleman • \$65



International Folk Dance Introduction

FA15-134 • Sat, 9/12 to 10/3/15 • 3 - 5:00 pm Prescott • Bldg 2, Room 140

Learning ethnic dances from around the world is fun, recreational, educational and a great way to meet new friends while being active. Dances are taught by experienced folk dancers who delight in sharing their expertise and have a diverse collection of easy folk dances from countries such as Albania, Greece, Hungary, Israel, Japan and France. A partner is not necessary.

Noelle Elliott • \$75

FINANCE & RETIREMENT

(\$) Yavapai College endorses the educational value represented by these courses to the members of the community. Each course is a no-obligation opportunity for attendee(s) to receive information about personal legal and/or financial concerns. The college does not recommend or endorse any of the products or services that may be offered to attendee(s) should the attendee(s) decide to become a client of the instructor or the instructor's firm as a result of attending a course.

Understanding Investments

FA15-135 • Wed, 9/9 to 9/23/15 • 3 - 5 pm Prescott • Bldg 3, Room 269

Designed to help investors become more confident about making financial decisions, the easy-to-grasp format of this class provides a broad knowledge of investments preferred by investors approaching or already in retirement. Learn the ins and outs of stocks, bonds, mutual funds, annuities and more. Topics include: recognizing risk, controlling the tax impact of IRA withdrawals, avoiding common investment mistakes and simple risk reducing strategies that anyone can use. No investments will be offered or promoted. **Will Hepburn • \$65**

Keep It Simple: An Introduction to Investing

FA15-136 • Thu, 9/10 to 9/24/15 • 4 - 6 pm Prescott • Bldg 3, Room 270

Do you understand the difference between an exchangetraded fund and a mutual fund? How about a municipal bond or how annuities work? Investing doesn't have to be complicated. With so many options, research and analysis available to today's investors, making good decisions can seem overwhelming. Gain a working glossary to understand the world of investing. Learn a basic structure to assist in deductive decisions, and a fundamental framework to discuss the global marketplace. There will be time to learn about some of the pitfalls in financial planning and shared tips and insights on working with attorneys, accountants and advisors.

John Farmer • \$45

When Can I Retire?

FA15-137 • Thu, 9/17/15 • 6 - 9 pm FA15-138 • Thu, 10/22/15 • 6 - 9 pm Prescott • Bldg 3, Room 206

Worried about the stock market and low interest rates and wondering if you have enough money to retire? Get information to help make sound financial decisions about what it takes to retire. Examples and ideas to help you plan for and understand the risks are presented. When is the best time to start taking social security? Should you file and suspend or defer your social security benefit until age 70? Learn how to build a distribution plan to take money out over your life expectancy with rising income. Come away with better ways to understand your financial condition and what you need to do in retirement.

Jonathan Zweifel • \$55 single/\$20 for 2nd family member

Social Security and Retirement

FA15-139 • Thu, 9/24/15 • 6 - 9 pm FA15-140 • Sat, 11/7/15 • 9 am - noon Prescott • Bldg 3, Room 206

Learn what you need to know about social security and retirement: how social security is calculated; the taxation of benefits; ways to increase income through the "file and suspend" strategy; and when to take benefits. Understand the risks faced in retirement and create a strategy to mitigate those risks. AARP research says more than 70% of Americans receiving social security depend on it for half of their income. Planning for retirement can be complicated and knowing when to take social security benefits can be one of the most important decisions to make. Find ways to maximize your social security benefits and retirement income. Jonathan Zweifel • \$55 single/\$20 for 2nd family member

Medicare & Long-Term Care Basics

FA15-141 • Wed, 10/7 & 10/14/15 • 9:30 am - noon Prescott • Bldg 31, Room 110

Medicare explained in everyday terms: what it does and does not cover, including prescription plans. Learn the rules governing Medicare supplements and Advantage plans, local availability and costs of long-term care services, income and asset qualifications for ALTCS (Medicaid), and changes in transfer rules. We will go over a comprehensive list of questions to use when comparing LTC plans.

Marci Golden • \$35

Managing an Inheritance: Planning It, Getting It, Keeping It

FA15-142 • Wed, 10/7/15 • 3 - 5 pm Prescott • Bldg 3, Room 269

If you plan to be on the receiving end of an inheritance from a parent or other loved one, planning is crucial to preserve your windfall, save on taxes and avoid family squabbles. This short discussion guides you through the heart of complex issues, both emotional and financial, that beneficiaries face during the three phases of inheriting: planning your inheritance, receiving it and making life better because of it. Topics include documents you may need, dealing with disability, the use of trusts, basic estate planning principles and protecting your assets.

Will Hepburn • \$45



Understanding Annuities and Life Insurance FA15-143 • Thu, 10/8/15 • 4 - 6 pm

Prescott • Bldg 3, Room 270

Do you understand how annuities and life insurance work? You're not the only one. The complexity of these instruments can be staggering. Gain a basic understanding of different types of annuities and life insurance, when they should be used, when they should not and some of the pitfalls to avoid.

John Farmer • \$45

Estate Planning 101: Essential Elements of a Complete Estate Plan

FA15-144 • Thu, 10/8/15 • 5:15 - 7:45 pm Prescott • Bldg 3, Room 206

It has been said that the "only things certain in life are death and taxes." Still, many individuals fail to properly plan for an orderly administration of affairs in the event of incapacity and death. Learn the common misconceptions of estate planning, the typical documents included in an estate plan (including planning with revocable trusts), what happens when there is no estate plan, what it means to probate an estate, ways to avoid probate, whether or not estates are subject to estate taxes and other matters involving the administration of estates and trusts in Arizona.

Michael Harsch • \$50

Investing for Women 101

FA15-145 • Tue, 10/13 & 10/20/15 • 10 - 11 am Prescott • Bldg 2, Room 208

Explore the different types of investment strategies that are available to investors. This 2-part course will begin with the basics of savings and money market accounts and move through some of today's more sophisticated investment strategies. Expand your knowledge and get organized! If you are a woman who has wondered about how your own investments work, are intrigued by the different investments offered by financial companies or overwhelmed with statements and paperwork, then this class is for you! *Bring a 3-inch 3-ring binder, binder tabs and paper to organize the information.*

Chris Wright • \$40

Giving with Purpose: Charitable and Planned Giving Techniques Explained

FA15-146 • Thu, 10/15 & 10/22/15 • 4 - 6 pm Prescott • Bldg 2, Room 208

Have you thought about charitable giving but don't really understand the different tax and legal strategies? Do you fear losing control of your assets? Want to learn more about the advantages? You can retain complete control of your assets when living, insure that your family will benefit upon your passing and still arrange a gift for a charity or a loved one. Explore the benefits of charitable giving while living and upon passing, discuss family issues and dynamics, learn how to identify appropriate charities and explore a myriad of legal and tax vehicles.

John Farmer • \$45

FOOD & BEVERAGE

Mediterranean Way of Eating

FA15-147 • Wed, 9/9 to 10/21/15 • 10 - noon Prescott • Bldg 2, Room 206

Discover the healthy secrets of eating the Mediterranean way. Compare eating habits of different countries including the U.S. Explore the foods and nutrients that promote a healthy heart while being introduced to a sustainable eating plan with a proven track record. Learn about the nutritional contribution of each Mediterranean food group. Each session concludes with food tastings from that group. Locally available foods are emphasized. Topics include: food groups, relative portion sizes, nutritional needs of an adult and menu planning. Although not a cooking class, students will participate in food preparation and sampling. *Tuition includes cost* of food and supplies. (No class 9/16.) Mary Ellen Rivero • \$110

How to Be a Better Wine Consumer: Red Wines Part 2

FA15-148 • Wed, 9/9 to 10/7/15 • 5:30 - 7 pm Prescott • Bldg 31, Room 105

Taste and examine a variety of red wines: the wines of Piedmont (Dolcetto, Barbaresco, Gattinara); mix it up with Southern Rhone Blends and assorted versions; what's in a name? (Tinta, Tinta Roriz, Tempranillo not from Spain); the "Big Boys" (Negro Amaro, Nero Davola, Aglianico); and Say that Again? (Dornfelder, Bonarda, Lemberger). As a consumer, which is the best to buy based on personal preferences or a great wine to go with great food? Wines tasted in each class. Sample recipes provided for each version of the wines we discuss. **Over 21 only.**

Harry Haff • \$145

How to Be a Better Wine Consumer: Sparkling and Fortified Wines

FA15-149 • Wed, 10/14 to 11/18/15 • 5:30 - 7 pm Prescott • Bldg 31, Room 105

In this wine tasting class we will research and learn to identify a variety of sparkling and fortified wines. Food pairings and recipes for "homework" variations are included. Explore Champagne and Cremant that use the same methods with different results. Discover Italy's revenge – Prosecco, Asti and Francia Corta. Then there are sparkling wines that use the Champagne Method but are not Champagne and are produced in the U.S., Spain, Australia and Chile. Have a look at the grapes, styles and results that produce Sherry, Porto, Madeira and Marsala and discover the family differences, the styles and flavors of Porto. **Over 21 only.** (*No class 11/11.*) *Harry Haff • \$145*



Cooking: Mediterranean Breads and the Foods that Go with Them

FA15-150 • Thu, 9/10 to 10/8/15 • 5:30 - 8:30 pm Prescott • Prescott High School, Room 300

Learn how to make traditional yeast breads and a plethora of delicious accompaniments from Spain, France, Italy, Israel, Greece and Lebanon as you join Chef Molly Beverly in a Mediterranean cooking adventure. This hands-on course covers traditional preparation of yeast breads, including starters and retarded fermentation. Each class will also cover dips, spreads, soups, salads, vegetables and fresh cheeses. Includes recipes and tastings. Vegan & vegetarian options available. View the menu online at www.yc.edu/commed. **Molly Beverly • \$200**

Cooking: Introduction to Indian Cooking

FA15-151 • Thu, 10/22 to 11/19/15 • 5:30 - 8:30 pm Prescott • Prescott High School, Room 300

Join Chef Molly Beverly for an exciting Indian culinary experience with special emphasis on spices. This hands-on course covers the basics of Indian cooking including flavorful curries, chutneys, raitas, dahls, pilafs, flatbreads, desserts and beverages. In each class you will prepare a full, varied meal with recipes and food tastings. Gluten free, vegan and vegetarian options available. View the menu online at www. yc.edu/commed.

Molly Beverly • \$200

Beer Appreciation

FA15-152 • Mon, 9/21 to 10/12/15 • 6:30 - 8 pm Prescott • Granite Mountain Brewery

You never really liked the ice-cold can of standard American beer? Perhaps you've found one brew or style you like but wonder what else may be out there to enjoy. Since the 1980s American industrial lager has steadily given ground to fine craft brews resulting in a growing appreciation of the variety and complexity of beer. Learn about the ingredients of beer and how they affect the finished product, plus some history and brewery information. Taste samples of six beers in each class, including some of the finest examples of lagers, pilsner, brown, gold and amber ales, pale ales and IPA, porters and stouts from the U.S. and around the world. Pub snacks provided. **Over 21 only, of course.** *Caere Dunn • \$105*

GENEALOGY

Tracing British Isles Ancestors

FA15-153 • Fri, 9/11 to 10/2/15 • 2 - 4 pm Prescott • Bldg 19, Room 207

Covering genealogical records of England, Ireland, Scotland and Wales, this course focuses on the historical and political changes and the resulting laws which affected genealogical records. It provides in-depth information on research outside the United States not usually covered in other genealogical courses.

Peggy Magee • \$80

Getting an Immigrant Ancestor to the Old Country

FA15-154 • Fri, 10/9 & 10/16/15 • 2 - 4 pm Prescott • Bldg 19, Room 206

Have you reached a genealogical roadblock after tracing your U.S.-born ancestors? This course covers genealogical records needed for tracing an immigrant across the ocean to the place of birth and provides greater insight into the North American records available for determining an immigrant's place of origin.

Peggy Magee • \$60

Tracing Your Roots I

FA15-155 • Fri, 10/23 to 12/4/15 • 2 - 4 pm Prescott • Bldg 19, Room 207

Learn how to start tracing your family tree or find other resources to overcome genealogical road blocks. This class takes you from the initial forms through the major types of records and how and where they can be located. Bring looseleaf notebook and highlighter. (No class 11/27.) **Peggy Magee • \$95**

> CALL 717.7755 OR VISIT WWW.YC.EDU/COMMED TO REGISTER TODAY!

HEALTH & WELLNESS

T'ai Chi Chih®: An Introduction

FA15-159 • Tue, 9/8 to 10/6/15 • 12:30 - 1:30 pm Prescott • Bldg 19, Room 225

T'ai Chi Chih is a series of gentle movements that circulate and balance the internal life force (Chi). Regular practice brings far-reaching benefits – physically, mentally and emotionally. This is an introduction to the fundamental principles of T'ai Chi Chih and an opportunity to learn the first ten movements and one held posture. Optional practice DVD (\$32.95) and booklet portraying the movements (\$15.95) are available for purchase from the instructor.

Hope Spangler • \$65

T'ai Chi Chih®: Part 2

FA15-160 • Tue, 10/20 to 11/17/15 • 12:30 - 1:30 pm Prescott • Bldg 19, Room 225

Prerequisite: Introduction to T'ai Chi Chih. As a continuation of the introduction course, students will learn the last nine (9) movements of T'ai Chi Chih, as well as review the first ten (10) and all the fundamentals of movement.

Hope Spangler • \$65



Chi-Lel (Zhineng) Qigong: Level 1 FA15-156 • Tue & Thu, 9/8 to 10/15/15 • 5:30 - 6:30 pm Prescott • Bldg 31, Room 110

Qigong is a body/mind practice that harmonizes, rejuvenates and strengthens a person's life-force and vitality. It literally translates as "life energy" (qi) and "daily effort" (gong). Chi-Lel is a medical qigong that can be considered a moving meditation emphasizing the integration of body and mind. Through slow, gentle movements in a relaxed, meditative state, energy channels are unblocked and the outcome is improved health both mentally and physically. Learn basic theory and principals of qigong and experience the benefit of this ancient healing art by practicing Lift Chi Up Pour Chi Down method, La Chi and Six Directions La Chi. **Deborah Henry • \$85**

Jin Shin Jyutsu® Self Help, Level 1

FA15-162 • Wed, 9/9 to 10/14/15 • 5:30 - 7 pm Prescott • Bldg 19, Room 225

Explore Jin Shin Jyutsu® Physio-Philosophy, an ancient art of harmonizing the life energy in the body. The application of the hands gently balances the flow of life energy in the body. Jin Shin Jyutsu brings balance and harmony to the body, mind and spirit which promotes optimal health and well-being and facilitates the body's healing capacity. Learn and practice self-help routines for your daily life. *Optional self-help books recommended and available for purchase from the instructor for \$37.*

Maggie Norton • \$70

Jin Shin Jyutsu® Self Help, Level 2

FA15-163 • Wed, 10/21 to 12/2/15 • 5:30 - 7 pm Prescott • Bldg 19, Room 225

Continue the study of Jin Shin Jyutsu® self-help and expand your awareness of the depths, safety energy locks and "individualized" body energy function flows. Learn to locate the safety energy locks with hands-on, "jumper-cable" practice. For those addressing existing stress or health disharmonies, or for those wishing to participate actively in maintaining health, harmony and well-being, this class is designed to deepen your awareness of this healing art. Prerequisite: Jin Shin Jyutsu Self Help. Optional self-help books recommended and available for purchase from the instructor for \$37. (No class 11/11 & 11/25.)

Maggie Norton • \$70

Expressive Arts for Healing

FA15-167 • Fri, 9/11 to 10/2/15 • 1 - 4 pm Prescott • Bldg 4, Room 114

Feel better while learning the value of the Expressive Arts. Whether the health challenges are physical or emotional, discover how healing is supported through visual art, music, guided imagery and writing/journaling. Learn proven methods to help you feel good by encouraging your body to produce endorphins (your natural Prozac) whenever you want! You will love the way you feel after taking this fun class! Discover the ancient secret of "art as a healing modality" which creates new connections between mind and body. No artistic ability required, just plan on having fun and feeling better. Sign up with a friend and learn together. *Bring an unlined 8-1/2x11 journal.*

Betty Parsonage • \$85

Active Isolated Stretching

FA15-164 • Mon & Wed, 9/14 to 10/7/15 • 8 - 9 am Prescott • Bldg 2, Room 140

Want to help improve your game, stay injury free, increase your overall flexibility and well-being with 2-second stretches? Active Isolated Stretching (AIS) could be the answer. AIS was developed by a kinesiologist who studied movement and how to improve people's lives, whether they are professional athletes, weekend warriors, in rehab or in chronic pain. AIS is an intricate, dynamic form of stretching based on the elemental actions of joints, ligaments and muscles. Come to learn the specific stretches that will help you in your daily activities and make playing your game more enjoyable. Be ready to have some serious fun! *Bring a mat. Bill Smith • \$75*

Introduction to Ayurveda

FA15-166 • Mon, 9/14 - 10/5/15 • 5:30 - 7 pm Prescott • Bldg 3, Room 203

Radiate health and vitality with Ayurveda! Known as the science of life, Ayurveda is an ancient holistic healing system that recognizes the laws governing nature govern us as well. Gain basic understanding of Ayurveda and identify lifestyle practices that lead to better health and greater energy. This introductory course describes basic concepts of Ayurveda including the Doshas.

Beth Bazevage • \$65

Tai Chi for Overall Health

FA15-157 • Mon, 9/14 to 10/19/15 • 5:30 - 6:30 pm FA15-158 • Mon, 10/26 to 11/30/15 • 5:30 - 6:30 pm Prescott • Bldg 19, Room 225

Through the slow, repetitive movements of Tai Chi, students develop a center of peace and inner harmony. These movements allow the body to create new patterns of health, enabling the practitioner to gain greater flexibility and coordination, increase bone strength and improve memory function. Through slow repetitive movements, students learn to calm the nervous system, quiet the mind and gain vitality. It regulates the central nervous system, releasing physical and emotional trauma and stress. It's fun, easy to learn and suitable for everyone. Learn how to expand awareness, develop patience, emotional balance and inner harmony.

Kyla Diamond • \$65

Tapping (EFT)

FA15-169 • Thu, 9/24/15 • 5:30 - 8:30 pm Prescott • Bldg 4, Room 116

Learn to relieve stress and anxiety with the gentle technique of Tapping, an Emotional Freedom Technique (EFT). This simple method – gently tapping on a number of acupuncture points while tuning in your issue – is effective for general and specific anxiety. This is a hands-on workshop with explanation of the techniques, demonstration and practice. There will be a focus on emotional eating.

Nadia Clark • \$45

Meditation for Health and Relaxation: Lift Your Life!

FA15-168 • Mon, 9/28 to 10/19/15 • 4 - 5 pm Prescott • Bldg 19, Room 225

Relax, revitalize and heal your mind and body in this series of guided meditations using breath, mantras and various music. Learn and practice different meditation techniques that are supported by research to promote better memory, digestive health, sleep, motivation, happiness and quality of life. Live calm and learn how to incorporate regular, simple meditative techniques into your wellness. Taught by a Certified Transpersonal Hypnotherapist and Wellness Coach. *Bring a yoga mat or towel.*

Terri Cafazzo • \$60

CALL 717.7755 OR VISIT WWW.YC.EDU/COMMED TO REGISTER TODAY!

LifeForce® Yoga: Level 1

FA15-161 • Sat, 10/17 to 12/5/15 • 8:30 - 9:50 am Prescott • Bldg 19, Room 225

Choose positive mental health! LifeForce® Yoga is a practice designed specifically to help manage the mood. This course is an introduction to certain yogic techniques and the ways in which they work to help alleviate depression and anxiety. Learn breathing techniques, the use of mantra, visualization, meditation and intention as well as yoga poses. Incorporating such techniques into a complete practice balances body, mind and spirit. No experience is necessary. *Please bring a yoga mat.* (*No class 11/14 & 11/28.*)

Colleen McHorney • \$75

Reiki I

FA15-170 • Sat, 10/10/15 • 9 am - 4 pm Prescott • Bldg 31, Room 105

Are you ready for the "Gift of Reiki"? Learn how to become a Reiki practitioner or just be proactive in your own healing. Receive a Reiki Lineage that traces back to four of the original Masters of Takata Sensai. Discover how to remove energy blocks, detoxify your energy field, learn relaxation techniques and much more. Class includes lots of fun handson experience. This Reiki Program is taught as an intuitive Spiritual Healing Art. Students receive Reiki I Certification from a Reiki Master/Teacher and Certified Holistic Health Practitioner. *\$7 fee for course manual payable to instructor at class.*

Linda Evans • \$65



Reiki II

FA15-171 • Sun, 10/11/15 • 9 am - 4 pm Prescott • Bldg 31, Room 105

Continue on your path to wellness and/or becoming a Reiki Practitioner. Learn 3 Traditional Symbols of Reiki and move into the emotional and mental levels of healing. Discover techniques for distance healing and how to incorporate original Japanese Reiki into your healing practice. Includes hands-on practice and Reiki II Certification from a Reiki Master/Teacher and Holistic Health Practitioner. Prerequisite: Reiki I at YC. *\$7 fee for course manual payable to instructor at class.*

Linda Evans • \$65

Reiki III Advanced

FA15-172 • Sat, 11/7/15 • 9 am - 4:30 pm Prescott • Bldg 31, Room 105

Continue the transformative journey to advanced level in your Reiki practice. Experience guides and angels and commune with your higher self – some of the elements to this beautiful healing art. Develop awareness of the human energy field, how to do community healing events and learn spiritual principles. This is the first step of the Reiki Master/ Teacher level of instruction. Students receive Reiki III Certification from a Reiki Master/Teacher and Certified Holistic Health Practitioner. *Prerequisite: Reiki I and II at YC. *\$7 fee* for course manual payable to instructor at class.

Linda Evans • \$70

Reiki Master/Teacher

FA15-173 • Sat, 12/5/15 • 9 am - 4 pm Prescott • Bldg 31, Room 105

This class teaches how to eternalize Reiki and be able to attune others to facilitate healing energy. You will learn additional Japanese techniques and some non-traditional symbols. Upon completion of this class, students receive certified lineage and Reiki Master/Teacher certification, from a Reiki Master/Teacher and Certified Holistic Health Practitioner. *Prerequisite: Reiki I, II and III at YC. *\$7 fee for course manual payable to instructor at class.*

Linda Evans • \$70



Herbal Medicine Basics

FA15-176 • Wed, 9/9 to 10/14/15 • 5:30 - 7 pm Prescott • Bldg 3, Room 270

Herbal medicine has been practiced for thousands of years in various medicine traditions. Explore the basics of using herbal remedies in their many forms and how to apply their use at home. Learn the historical and contemporary uses of medicinal herbs and their application to the various body systems. *Bring a 3-ring binder.*

Kris Vaughan • \$75

Essential Oils: Relax and Revitalize

FA15-175 • Thu, 9/17/15 • 5:30 - 7:30 pm Prescott • Bldg 2, Room 211

Do you experience stress? Insomnia? Essential Oils do more than just smell nice. These highly concentrated plant oils work in the limbic system in the brain to create change. Come experience some smells and learn: what are therapeutic grade essential oils; how to decrease your stress and insomnia; how to improve your mood and immune function; application methods of essential oils; which basic essential oil to use for your ailment.

Marie Hardman • \$45

Essential Oils: An Introduction

FA15-174 • Sat, 10/24/15 • 10 am - 1 pm Prescott • Bldg 31, Room 105

Essential oils do more than smell nice. They are powerful, safe aromatic compounds found in plants that provide a natural approach to health care. Learn about some of the benefits, history, components and ways to use essential oils. Oils can inhibit the growth of bacteria and viruses. Lemongrass, white fir or black pepper may help with pain. Try peppermint for headaches, stomachaches or pain. Allergies may be treated naturally with oils. Find wonderful ways to use Frankincense oil. Instructor is doTerra trained. **Connie Troup • \$50**

The Brain Gym® 26 with Juggling

FA15-165 • Tue & Thu, 10/20 to 10/29/15 • 5:30 - 7:30 pm Prescott • Bldg 19, Room 225

When Paul and Gail Dennison developed this educational exercise model to support brain integration, they chose 26 activities. These 26 activities were observed by them and hundreds of students around the world to make a difference in the learning process. Each activity fits into one of four categories that relates to one of the three dimensions of the brain. Participants will learn and experience each of the activities, understand which dimension of the brain it associates with, and observe how learning to juggle is made easier by utilizing the 26 activities.

Frankie Cardamone • \$75

HISTORY & CULTURES

Palestine and Israel: Rumors and Reality

FA15-177 • Tue, 9/8 to 10/13/15 • 2 - 4 pm Prescott • Bldg 3, Room 215

Visitors to the Holy Land love to take pictures of biblical sights and stones, often missing the opportunity to interact with the living stones – people who know the stories behind current tensions because they lived them. This course offers a historical survey of those people, their stories, the documents and events that form the backdrop of and contribute to today's illusive search for peace. Videos, interviews, readings, presentations and discussions will be used in this study to sort fact from fiction and rumors from reality. It is especially useful for those planning to visit the Holy Land. *Mai & Harold Vogelaar • \$85*

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CURIOUS MINDS SCHOLARSHIP APPLY BY AUGUST 28TH. DETAILS ON PAGE 1.

Getting to Know Muslim Neighbors FA15-178 • Tue, 10/27 to 11/17/15 • 2 - 4 pm

Prescott • Bldg 3, Room 215

Learn more about the beliefs and practice of Islam through readings, lectures, discussions and videos. In conjunction with the course, an optional trip to a local mosque will be offered. This opportunity to broaden perspectives on faith and feelings of Muslims is guided by two scholars, one Christian and one Muslim. Become familiar with the culture and beliefs, exploring beyond headlines, to engage the "heartlines" of Muslim people.

Mai & Harold Vogelaar • \$70



Arizona History Lecture Series

FA15-179 • Dates as noted: Tue, 9/8; Thu, 9/10; Thu, 9/24; Mon, 9/28; Mon, 10/5; Mon, 10/12 • 6 - 8 pm Prescott • Bldg 2, Room 208

This series of lectures explores a number of unique facets from Arizona's history in a six-part format. Topics include prehistory, political history and biography. 1) Ancestral Arizona: How It Was and Who Was Here, Way Before Now. 2) The Champagne Line: The Controversial Delineation of Arizona's Southern Boundary. 3) Becoming Arizona: How Arizona Became a Political Entity. 4) The State of Maricopa: The Genesis of Arizona's Most Powerful County. 5) Lost Carmelita: A Prescott Woman's Quest for a New Life in the Wilderness. 6) The Baron of Arizona: A Royal Crook in Film, Fiction and Fact.

Vince Murray • \$90 for all or select 3 dates for \$65

Colorado Plateau Settlement

FA15-180 • Mon, 9/28 to 10/26/15 • 5:30 - 7:30 pm Prescott • Bldg 3, Room 269

The Colorado Plateau, a colorful and unique landscape of mesas, canyons and high mountains, embraces eastern Utah, northeast Arizona, northwest New Mexico and southwest Colorado. The plateau was settled by Native American peoples at least 10,000 years ago, but was one of the last parts of the American west settled by Anglo-Americans. Find out about the physical aspects of the plateau and the long and varied human history, from the earliest Native American settlers, to the occupants of the great houses of Chaco Canyon and the cliff dwellings of Mesa Verde and concluding with the arrival of the Mormon pioneers in the late 1800s. **Chris Wuehrmann • \$80**

Native Peoples of the Southwest: The Colorado River

FA15-181 • Tue, 10/20 to 11/3/15 • 5:30 - 7:30 pm Prescott • Bldg 3, Room 270

The American Southwest has long been home to a fascinating variety of Native Peoples, each with their own unique story. This course will focus on the history and culture of the peoples living along the Lower Colorado River Valley, including the Mohave, Chemehuevi, Cocopa and Yuma. **Chris Wuehrmann** • **\$65**

Native Peoples of the Southwest: The Southern Tribes

FA15-182 • Mon, 11/2 to 11/16/15 • 5:30 - 7:30 pm Prescott • Bldg 3, Room 270

The American Southwest has long been home to a fascinating variety of Native Peoples, each with their own unique story. This course will focus on the history and culture of the Piman-speaking peoples of southern Arizona and southwestern New Mexico, including the Pima and Papago people and the former Sobaipuro people.

Chris Wuehrmann • \$65

Gothic Cathedrals: Structure and Symbolism

FA15-183 • Wed, 10/21 to 12/2/15 • 5:30 - 6:45 pm Prescott • Bldg 3, Room 269

Gothic cathedrals are overwhelming in their size, complexity, beauty and testimony to human ingenuity. They embody Christian beliefs which include a reliance on geometric order that is shared with many other religions in the world. Geometry is the basis for both structure and symbolism of Gothic cathedrals. We will examine selected European cathedrals to discover what they share with regard to structure and symbolism. Geometry as the link between the physical and spiritual world will be a primary focus. (*No class 11/11 & 11/25.*)

Charles Stroh • \$65

LANGUAGES

Chinese Mandarin: An Introduction

FA15-185 • Tue & Thu, 9/8 to 10/15/15 • 5 - 6 pm Prescott • Bldg 4, Room 117

Join us in an introductory Mandarin course that assumes no prior exposure to Chinese Mandarin language and culture. The main focus of this course is to build a foundation of standard Mandarin pronunciation (Pinyin) and use Pinyin to communicate. Chinese culture and customs will be introduced throughout the course. Purchase the textbook *Basic Spoken Chinese: An Introduction to Speaking and Listening for Beginners*, ISBN: 978-0804840156 (also used for Mandarin I, II and III) for \$24-\$35 online.

Sophie Ma • \$90

CALL 717.7755 OR VISIT WWW.YC.EDU/COMMED TO REGISTER TODAY!

Chinese Mandarin: Begin to Speak 1

FA15-186 • Tue & Thu, 9/8 to 10/15/15 • 6:15 - 7:15 pm Prescott • Bldg 4, Room 117

FA15-187 • Mon & Wed, 10/19 to 12/2/15 • 5 - 6 pm • (*No class 11/11 & 11/25.*)

Prescott • Bldg 4, Room 121

A beginning Mandarin course that assumes some prior exposure to Pinyin (the standard Mandarin pronunciation system) and the Chinese culture. The main focus of this course is to learn how to properly construct and speak basic Mandarin. Pinyin will be used throughout this course; more Chinese culture and customs will be introduced. Purchase the textbook *Basic Spoken Chinese: An Introduction to Speaking and Listening for Beginners*, ISBN: 978-0804840156 (also used for Mandarin Speak II) for \$24-\$35 online.

Sophie Ma • \$90



Chinese Mandarin: Begin to Speak 2 FA15-188 • Mon & Wed, 10/19 to 12/2/15 • 6:15 - 7:15 pm

Prescott • **Bldg 4, Room 121** This is the second part of Basic Spoken Chinese series that

assumes students have successfully completed Begin to Speak 1. The main topics are numbers, dates, time and money, and will help prepare students who wish to travel to China. Continue learning how to properly construct and speak basic Mandarin. Only Pinyin will be used. Purchase the textbook *Basic Spoken Chinese: An Introduction to Speaking and Listening for Beginners*, ISBN: 978-0804840156 for \$24-\$35 online. (*No class 11/11 & 11/25.*) **Sophie Ma • \$90**

Chinese Mandarin for Travelers

FA15-189 • Sat, 9/12 to 10/17/15 • 10 am - noon Prescott • Bldg 4, Room 117

If you plan to travel in China, this is the perfect course for you! Learn to speak some basic conversational Chinese – greetings, courtesy expressions, self-introductions, transportation, asking for directions, currency, hotel, food and drinks, shopping, colors, numbers, time and dates, etc. As a bonus, get to know the Chinese culture and customs. Pinyin will be used throughout this course. *Prerequisite: Intro to Mandarin or equivalent*.

Sophie Ma • \$90

CALL 717.7755 OR VISIT WWW.YC.EDU/COMMED TO REGISTER TODAY!

French I: Beginning

FA15-190 • Mon, 9/14 to 10/19/15 • 5:30 - 6:30 pm FA15-191 • Mon, 10/26 to 11/30/15 • 5:30 - 6:30 pm Prescott • Bldg 2, Room 206

Learn the basics of French – greetings, travel phrases, how to ask questions. The instructor is a native of Le Touquet in the north of France and will give insights of life in France. The class is designed for beginners as well as anyone wanting to brush up on French skills from high school or college. Handouts will be provided.

Nadia Clark • \$65

French I: Intermediate

FA15-192 • Mon, 9/14 to 10/19/15 • 7 - 8 pm FA15-193 • Mon, 10/26 to 11/30/15 • 7 - 8 pm Prescott • Bldg 2, Room 206

A continuation of French I for those who have the basics. Continue learning French, including grammar and pronunciation from a native of Le Touquet in the north of France. Practice speaking with French conversation while learning about life in France. Handouts will be provided. **Nadia Clark • \$65**

French: Speak It!

FA15-194 • Wed, 9/9 to 10/14/15 • 5:30 - 6:30 pm **FA15-195** • Wed, 10/21 to 12/9/15 • 5:30 - 6:30 pm • (*No* class 11/11 & 11/25.)

Prescott • Bldg 2, Room 206

Practice speaking French and improve your conversational skills. In the first section, we will discuss French artists and painters, and in the second section the focus will be on French writers. The class will be conducted mainly in French with some grammar explained in English if necessary. This is an opportunity to practice your French and get comfortable with daily use of the language.

Nadia Clark • \$65

German Conversation

FA15-196 • Thu, 9/10 to 10/15/15 • 5:30 - 7 pm Prescott • Bldg 3, Room 269

The class everyone has been asking for: a chance to practice speaking and hearing German and improve your conversational skills. This basic German conversation course will prepare you for traveling in the many German-speaking countries. Master everyday phrases for survival situations such as shopping, dining and transportation. Cultural background information and fun learning will be tailored to the participants to boost confidence and excitement about speaking and understanding German. All new materials provided. *June Mann* • *\$75*

German Conversation: Intermediate

FA15-197 • Thu, 10/22 to 12/3/15 • 5:30 - 7 pm Prescott • Bldg 3, Room 269

Continue to practice your German in this fun conversation course. Using games and role-playing to boost your confidence in German communication skills, you will be amazed at how much progress you make! Language is a "use it or lose it" skill, and this is the way to help make the most of your trip to any German-speaking country, surprise German family members or chat with your new German-speaking friends. *Prerequisite: Beginning German Conversation or conversational familiarity with the language.* All new materials provided. (*No class 11/26.*) *June Mann* • *\$75*

Japanese Language and Culture

FA15-198 • Tue, 10/20 to 11/24/15 • 6 - 7:30 pm Prescott • Bldg 3, Room 269

The rich culture of the Japanese is interesting to discover, and the language with its subtleties and connection to Chinese characters is fascinating! Learn to write and read the Hiragana (Japanese alphabet) and recognize the meaning behind Kanji (Chinese characters). Practice key expressions and phrases in Japanese. Come to learn about Japanese mannerisms, language, customs, food, traditional dress, money, folklore, schools, housing, holidays, arts and entertainment. Develop a keen understanding of Japanese culture and sample a little Japanese food while learning some techniques for making Japanese cuisine at home.

Kim Adams • \$80

Korean Language, History and Culture

FA15-199 • Fri, 9/11 to 10/16/15 • 1 - 2 pm

Prescott • Bldg 19, Room 225

Learn the basics of the Korean language. Students will be introduced to the Korean sound system and its writing system, Hangul, as well as basic Korean language structures and vocabulary that are essential to basic communication. The topics and functions include greetings and introductions, counting, telling time, common expressions, food and culture and Korean history. Various speaking and writing activities will be used to develop communicative skills in Korean. **Soon Wook Tokko • \$65**

Korean Language, History and Culture, Part 2

FA15-200 • Fri, 10/23 to 12/4/15 • 1 - 2 pm Prescott • Bldg 19, Room 225 Continuation of Korean Langauge, History and Culture. Prerequisite: Part 1. (*No class 11/27.*) Soon Wook Tokko • \$65

MUSIC

Bagpipe: Learn to Play!

FA15-203 • Wed, 9/9 to 10/14/15 • 6 - 8 pm Prescott • Bldg 30, Room 126

Designed for the absolute beginner who wants to learn to play the bagpipe. The instructor is a professional bagpiper and will guide you through finger positions, grace notes, doublings and other rudimentary movements, beginner tunes and music theory. The course requires a practice chanter and the College of Piping "Green Tutor" book. Please order at time of registration for \$100. Enrollment closes 2 weeks prior to class start date. (No class 9/23.)

Jeffrey Anderson • \$75

Bagpipe: Beyond the Basics

FA15-204 • Thu, 10/29 to 12/3/15 • 6:15 - 8:15 pm Prescott • Bldg 30, Room 126

Expanding on the introductory bagpipe course, come to advance your skills through more complex fingerings and embellishments, classical tunes and music theory. The course will use content from the College of Piping "Green Tutor" book and additional music from the public domain. The instructor is a professional bagpiper and certified bagpipe adjudicator for the Western and Eastern United States Pipe Band Associations (WUSPBA and EUSPBA). (*No class 11/26.*)

Jeffrey Anderson • \$80

Piano/Keyboard: Part 1

FA15-205 • Wed, 9/9 to 10/14/15 • 1 - 3 pm

FA15-206 • Thu, 10/22 to 12/3/15 • 1 - 3 pm • (*No class* 11/26.)

Prescott • Bldg 15, Room 210

Join us for the rewarding journey of making music! Discover the amazing satisfaction of playing the piano/keyboard in this introductory course. Learn proper technique, note reading and playing chords with both hands while playing some popular and familiar favorite songs. Classes meet in the piano lab where keyboards are available; practice rooms are available for practicing. Lesson books available to purchase from the instructor for \$20.

Jennifer Stone • \$90

Piano/Keyboard: Part 2

FA15-207 • Thu, 9/10 to 10/15/15 • 1 - 3 pm FA15-208 • Wed, 10/21 to 12/2/15 • 1 - 3 pm • (No class 11/11 & 11/25.)

Prescott • Bldg 15, Room 210

Part 2 in the series. Prerequisite: Piano/Keyboard Part 1 or basic knowledge of note reading and piano playing. Continue the rewarding journey of making music! Build on the accomplishments of Part 1: learn to use the damper pedal and additional chords; increase knowledge and build skills to play the piano/keyboard. Classes meet in the piano lab where keyboards are available; practice rooms are available for practicing. *Purchase lesson books from the instructor for* \$20 at the first class.

Jennifer Stone • \$90

Piano/Keyboard: Independent Study

FA15-209 • Fri, 9/11 to 10/16/15 • 1 - 2:30 pm FA15-210 • Fri, 10/23 to 12/4/15 • 1 - 2:30 pm • (No class 11/27.)

Prescott • Bldg 15, Room 210

Enjoy the musical journey! This is an opportunity to set independent goals for self-paced instruction with assistance of the instructor. Continue to build knowledge and skill with a focus on playing songs in major and minor keys, octaves and arpeggiated chords. Classes meet in the piano lab where keyboards are available; practice rooms are available for practicing. Prerequisite: Piano/Keyboard Part 1 and Part 2. *Purchase lesson books from the instructor for \$20.* **Jennifer Stone • \$90**

Music Improvisation Playshop

FA15-211 • Wed, 9/9 to 9/23/15 • 6 - 8 pm Prescott • Bldg 15, Room 209

In this "Playshop" explore music improvisation as a tool for connecting with one another. There will be instruments available such as drums, autoharps and specially tuned stringed instruments for anyone to play. Or, bring your own. And don't forget your voice. Developing musical skills such as listening, collaborating, rhythm, melody making, singing, songwriting and song playing help foster life skills. Open to anyone who wants to try new things, the course is based around the idea that everyone is completely musical and has something unique to share!

Jonathan Best • \$65

Music Making in a Group

FA15-212 • Wed, 9/30 to 11/4/15 • 6 - 8 pm Prescott • Bldg 15, Room 209

Did you ever want to join a band but didn't think you had enough experience, or just didn't know how to go about starting one? Open to anyone who wants to discover the fun of creating music as a team regardless of musical experience, we will start by getting to know each person's unique musicality, even if you don't think you have any. Songwriting, arranging and group members interacting musically are all part of this creative musical experience! You can even just be a singer in the band! At the end of the series we will present an informal performance. Bring your own instrument and/or try out a selection of easy-to-play instruments.

Ionathan Best • \$85

Guitar Maintenance 101

FA15-213 • Sat, 10/24 & 10/31/15 • 1 - 3:30 pm Prescott • Jack Straw Guitars

Learn basic maintenance and adjustments for both acoustic and electric guitars from luthier Bill Meyer (www.jackstrawguitars.com). We'll cover the basics of maintaining and adjusting your guitar and how to keep it looking and playing its best. A comprehensive handout listing the most important tools and supplies you need to take care of your guitar is included. Classes are held at the instructor's workshop and studio space.

Bill Meyer • \$70

SPECIAL NEEDS

Special Needs classes are designed for students with limited academic abilities due to developmental or cognitive disabilities. The Special Needs courses are generously subsidized through community donations to offset tuition for each student.

Special Needs: Healthy Living with Tai Chi and Nutrition

FA15-201 • Tue, 9/8 to 10/13/15 • 6:30 - 8 pm Prescott • Bldg 19, Room 225

Designed for Special Needs Adults. Discover the peace and calm you will feel with learning warm-ups and postures of Tai Chi Chuan, Yang style. You will experience fluid motions of this ancient Chinese art, along with gentle breath work. After practice, we will focus on the basics of good nutrition and enjoy healthy snacks. Wear loose clothing, soft shoes or heavy socks and bring a water bottle and lined notebook. Carol Levin • \$35

Special Needs: Watercolor and Mixed Media

FA15-202 • Thu, 10/22 to 12/3/15 • 6:30 - 8 pm Prescott • Bldg 15, Room 110

Designed for Special Needs Adults. Explore watercolors and create your unique art using popular techniques, vivid imagery and explosions of color - elements associated with water paints. We'll incorporate mixed media with some of your paintings to create a multi-dimensional effect. Share the creations with family and friends during a casual art show and reception on the final day of class. Art supplies provided. (No class 11/26.)

Sue Lord • \$45



PARANORMAL

Ghosts & All That's Paranormal

FA15-214 • Mon, 9/28 & 10/5/15 • 5:30 - 8:30 pm Prescott • Bldg 3, Room 271

Discover why souls stay connected from the "other side." Take a look at the history of spiritualism, the latest research, Prescott's most haunted, déjà vu, practice psychometry and automatic writing. Bring your ghost stories! See EDventures "Ghost Walk" on page 23.

Terri Cafazzo • \$65

Paranormal Investigation

FA15-215 • Mon, 10/12 to 10/26/15 • 6 - 8 pm Prescott • Bldg 3, Room 271

Take the unexplained, combine it with real paranormal investigation and see supernatural experiences come to life. Learn to conduct a professional paranormal investigation, become a true ghost hunter and go on a real paranormal investigation. Certification available. See the EDventures "Ghost Walk" on page 23.

Terri Cafazzo • \$65

PHILOSOPHY & SPIRITUALITY

Spiritual Well-Being

FA15-216 • Tue, 9/8 to 10/13/15 • 3 - 5 pm Prescott • Bldg 31, Room 110

Experience and define "spiritual well-being" for yourself as we explore organic forms of spirituality and healing; diverse expressions of spirituality, rituals, prayer and meditation from several different traditions; and create a spiritual tool box. Kathleen Labb • \$85

Conscious Well-Being

FA15-217 • Tue, 10/20 to 11/24/15 • 3 - 5 pm Prescott • Bldg 31, Room 110

Explore and create spiritual resources to live life consciously until the end of our earthly journey. We'll discuss conscious living and dying: meaning and purpose; our spiritual legacy to loved ones; paradigms of life after death; and our interconnectedness to all sentient beings, nature and the Universe.

Kathleen Labb • \$85

Transforming Trauma through Spiritual Awareness

FA15-218 • Tue, 9/8 to 10/13/15 • 6:30 - 8:00 pm Prescott • Bldg 1, Room 205

Have you experienced a loss in your life of a loved one, a relationship, job or money? Have you been a victim of abuse, be it mental, physical or emotional? Do you struggle with every day stress? If so, this class is for you. We have all experienced trauma in one way or another during our lives. According to Buddhist teachings, the human condition is one of suffering. This class addresses this suffering and how we can transcend trauma by applying spiritual principles to our lives. Topics include victim mentality, karma, forgiveness, creating our own reality and releasing of emotions. This class is educational in nature and not intended to be a substitute for professional therapy. Optional Book: *Stepping Outside the Secrets* by Elaine A. Hodge, available for purchase from the instructor for \$16.95. *Elaine Hodge, EdD, LP • \$75*

Be Clear. Be Happy. Be Free!

FA15-221 • Mon, 9/14 to 10/19/15 • 6 - 7:30 pm FA15-222 • Mon, 10/26 to 12/7/15 • 6 - 7:30 pm (No class 11/9.)

Prescott • Bldg 1, Room 205

Are you a long-time seeker? Or perhaps new to the spiritual path? Realizing your true Self and experiencing "enlightenment" is not as hard or esoteric as we've been taught to believe. This is a very experiential class and will be based on the book *Simply Notice*. By using simple, fun noticing exercises, empower yourself to stop the seeking and see who and what you really are. The approach is universal and nondenominational – making this a course anyone can enjoy. Best of all, you won't leave with just theories or ideas but an actual experience of your true Self. Recommended book: *Simply Notice: Clear Awareness is the Key to Happiness, Love and Freedom.*

Peter Dziuban • \$75

Developing "Extra Sensory" Perception: Accessing Your Natural Psychic Abilities

FA15-219 • Mon, 9/14 to 10/19/15 • 7 - 8:30 pm FA15-220 • Mon, 10/26 to 11/30/15 • 7 - 8:30 pm Prescott • Bldg 31, Room 105

Learn to access and experience the reality that lies just below the surface of everyday life. Sharpen your natural intuition with specific techniques or "tools." Find reliable answers to your own important questions by quickly tuning in to extra sensory perceptions. Use your heightened awareness to access valuable information from sound, color, taste, smell, touch, or any sensation on your skin or in your mind, body or emotion. Many aspects of the psychic will be touched upon including kinesiology, psychometry, distant viewing, sending healing, astral travel and dream work. Each class will include a topic-specific meditation.

Rev Lois Cheney, CCHt • \$75

CALL 717.7755 OR VISIT WWW.YC.EDU/COMMED TO REGISTER TODAY!

Wise Women Gathering

FA15-223 • Thu, 9/24 to 10/29/15 • 10 am - noon Prescott • Bldg 2, Room 208

Does life sometimes seem like a turbulent river threatening to drown us and destroy the world? Come join in a discussion about a wealth of wisdom for learning how to step right into the river, to completely and fearlessly embrace the groundlessness of being human and more fully alive. The discussion will be guided by a book to be announced when you register. We look forward to having you with us to explore women's wisdom in a comfortable and safe environment.

Deni Harris • \$55

The Gift of Emotional Intelligence

FA15-224 • Wed, 10/7 to 11/4/15 • 2 - 3:30 pm Prescott • Bldg 4, Room 114

Explore the concept of Emotional Intelligence as it relates to self and the understanding of others. Delve into a deeper understanding of your own feelings including: understanding emotions and awareness of self and others; approval of self and others; managing emotions; and finding personal meaning. Engaging activities and discussions will be used in each session.

Gwen Doty • \$75



Soul-Self

FA15-225 • Mon, 10/12 to 10/26/15 • 6 - 8 pm Prescott • Bldg 3, Room 203

The deepest part of the personal self – the soul – is a living, substantive, multisensory "organ," correlated with subtle states of consciousness, phenomena and energy. An individual's soul is a vast repository for lessons learned, perhaps over many lifetimes, manifesting as talents and skills, virtues and morals, love and wisdom. It's also a receptacle for the accumulated imprints and impressions from one's most extraordinary experiences, from severe traumas to spiritual raptures. Explore and gain insight into the views of different traditions. Learn and practice shamanic techniques, bija (seed) mantras and effective meditations for "doctoring," enlivening, evolving and beautifying the soul.

LaWanna Durbin • \$65

The Potter Compared to Isaiah 64:8

FA15-226 • Sat, 10/3/15 • 10 am - 1 pm Prescott • Bldg 31, Room 110

As the potter throws a pot using a wheel, the group will discuss how it relates to the passage in Isaiah of the *Bible* referring to the Lord as the Potter and individuals as the clay. **Connie Troup • \$50**

Some Stories in the Bible and the Qur'an

FA15-227 • Wed, 10/14 to 11/4/15 • 2 - 4 pm

Prescott • Bldg 3, Room 270

In this class we will study and compare key stories in the *Bible* and the *Qur'an*, such as the creation story, Adam and Eve, Joseph, Moses, Jesus, Mary and the Day of Judgment. Participatory discussions of the stories will be the format for each class meeting.

Mai & Harold Vogelaar • \$70

PHOTOGRAPHY

Digital Photography Series, Pt. 1: I've Got A Digital Camera, Now What?

FA15-228 • Sat, 9/12 to 9/26/15 • 10 am - 12:30 pm Prescott • Bldg 19, Room 206 FA15-229 • Tue, 9/29 to 10/13/15 • 2 - 4:30 pm Prescott • Bldg 19, Room 223 FA15 - 230 • Sat 10/24 to 11/7/15 • 10 am - 12:20 pm

FA15-230 • Sat, 10/24 to 11/7/15 • 10 am - 12:30 pm Prescott Valley • Bldg PV 40, Room 105

Part 1 in series. Learn about your digital camera along with basic photo editing, sizing, printing and emailing. *Bring your camera and manual*. Sign up early – classes are limited to 12 students and fill up fast! Must have basic computer skills. *Bring a thumb drive*.

Keith Sagan • \$75

Know Your Digital SLR Camera

FA15-231 • Tue, 9/15 & 9/22/15 • 2 - 5 pm Prescott • Bldg 19, Room 223 FA15-232 • Sat, 10/10 & 10/17/15 • 10 am - 1 pm Prescott • Bldg 19, Room 206

What do all these menus and buttons do? Take a beginner's tour of your personal SLR or high-end "point and shoot" camera. Learn to use the settings that will allow you to shoot manually in lots of different conditions. There will be time for questions and hands-on camera work. *Bring your camera, cable, manual and a thumb drive.*

Keith Sagan • \$70

Digital Photography Series, Pt. 2: Photoshop Elements, The Next Step

FA15-233 • Tue, 11/10 & 11/17/15 • 2 - 4:30 pm Prescott • Bldg 19, Room 223 Part 2 in the series. Prerequisite: "I've Got a Digital Camera, Now What?" Learn how to superimpose photos using layers, apply faux matting and hone your advanced photo-editing skills using Adobe Photoshop Elements. *Bring a thumb drive. Keith Sagan* • *\$70*

Digital Photography Series, Pt. 3: Photoshop Elements, Practical Applications

FA15-234 • Tue, 11/24 & 12/1/15 • 2 - 4:30 pm Prescott • Bldg 19, Room 223

Part 3 in the series. Prerequisite: "I've Got a Digital Camera, Now What?" and "Photoshop Elements: The Next Step." Learn about all the exciting tools and features of Photoshop Elements for digital photo manipulation. *Bring a thumb drive. Keith Sagan* • *\$75*



Funtography

FA15-235 • Tue, 9/15 to 10/13/15 • 7 - 9 pm Prescott • Bldg 2, Room 206

Turn your snapshots into photos of distinction by learning to use the basic functions of your camera and the elements that make better photos. Understand the role of the lens and shutter, improving sharpness of image, the use of flash and reflective lights, and close-up portrait photography with simple light. Have fun while learning simple techniques that you won't find in any manual. Includes 4 classroom meetings and one group field trip to practice photography skills (that includes painting with flash and multiple exposures). *Bring your camera, manual (and optional tripod)* and have fun with other photographers! **Chuck Holley • \$80**

Photoing Around! FA15-236 • Tue, 10/20 to 11/3/15 • 2 - 5 pm Prescott • Bldg 19, Room 223

Join Keith Sagan for this fun opportunity to use your camera and what you've learned in the Digital Photography series. This combined 3-session field/classroom course is designed to improve your photography skills and learn some of the best tips and tricks. Group will meet and photograph in downtown Prescott (call for meeting place) and Jerome (carpool), with one meeting to debrief and share what was learned. *Bring a USB flash drive.* Moderate walking in downtown Prescott and Jerome and at the Gold King Mine (\$5 entrance fee). Prerequisite: "I Want to Know More about My Digital Camera" or "I've Got a Digital Camera, Now What?" *Keith Sagan* • *\$85*

CALL 717.7755 OR VISIT WWW.YC.EDU/COMMED TO REGISTER TODAY!

RECREATION

Bike Maintenance: The Basics

FA15-237 • Sat, 9/12/15 • 9 am - 3 pm

Prescott • Bldg 31, Room 105

Learn the basics about your bike, gear and riding safety at this workshop. Find out how to select the proper bike that fits you and suits your riding style. Learn about the components of the bike including general tuning of tires, chains and other parts. Evaluate your bike for safety and learn the rules of the road. Also includes information about the proper gear, such as helmet, gloves, water source, tools and spare parts. Bring your bike. (1 hour lunch break.)

Bryce Wright • \$65

Bike Maintenance: Intermediate

FA15-238 • Sat, 9/19/15 • 9 am - 3 pm Prescott • Bldg 31, Room 105

Learn advanced maintenance for your bike, such as techniques and tools for cleaning and lubrication, drive chain adjustments of derailleurs and shifters. Be introduced to wheel trueing and brake adjustments for mechanical and disk brakes. You will learn initial settings and adjustments to suspension. Also included are advanced bike fitting and safety. *Bring your bike* and prepare to get your hands dirty! (1 hour lunch break.)

Bryce Wright • \$65



Mountain Biking: Women's Beginning

FA15-239 • Sat, 10/3 & 10/10/15 • 9 am - noon Prescott • Bldg 30, Room 126

Designed for women who want to bike mountain trails, come to learn bike safety, general bike maintenance and trail riding tips and techniques in the first class meeting. Then, take to the trail for a ride with instruction for specific situations including rock gardens, downhills, flats, corners and finishing strong.

Bryce Wright • \$65

Intro to Trail Mountain Biking

FA15-240 • Sat & Sun, 10/17 & 10/18/15 • 9 am - noon Prescott • Bldg 31, Room 105

Beginner- to moderate-level riders will be introduced to rules of the road and rules of the trails. Learn trail selection, safety precautions, buddy system and how to handle emergencies on the trail. The group will bike 15 to 25 miles of single-track trails west of downtown Prescott. *Bring bicycle, helmet and riding gear.* Enjoy the ride!

Bryce Wright • \$65

Ladies' Defensive Pistol Shooting

FA15-241 • Mon & Wed, 9/14, 9/16, 9/21 & 9/23/15 • 6 - 9 pm Prescott • Bldg 4, Room 121

Learn the essential self-protection skills every woman should have. Examine threat scenarios, effective responses, avoidance techniques, firearm safety, pistol marksmanship and home and personal defense. Tuition includes range fees. **No firearms or ammo allowed on YC campuses.** Student supplies ammunition. Ammo may be purchased and firearms are available for rental at range facility. Plan to attend all classes. The last two class meetings are held at High Noon Indoor Shooting Parlour in PV. **Sherrie Seibert • \$135**

Beginning Defensive Pistol Shooting

FA15-242 • Mon, Tues & Fri, 10/5, 10/6 & 10/9/15 • 3 - 5 pm Prescott • Bldg 4, Room 121

Learn how to choose a firearm for personal protection, safe handling and home storage. Learn Arizona laws regarding use of firearms for self defense and basic principles of marksmanship. Student supplies ammunition. **No firearms or ammunition allowed on YC campuses.** Ammo may be purchased and firearms are available for rental at range facility. Plan to attend all classes. The last class meeting is held at High Noon Indoor Shooting Parlour in PV from 10 am - 5 pm with 1-hour lunch break.

Matt Seibert • \$105

RV Lifestyle Basics: Home is Where You Hook Up FA15-243 • Tue, 9/29 to 10/13/15 • 5:30 - 7:30 pm Prescott • Bldg 2, Room 208

Have you dreamed about the freedom of hitting the road in an RV, but have questions about how it works? For a weekend traveler or even a more adventuresome months-long expeditioner, RVing can seem intimidating. Learn about the basics of the RV lifestyle, the pros and cons of various types of RVs and how to manage the logistics of everyday life such as mail and how to find a place to park. This class will prepare you to select an RV suitable for your needs, answer your questions, and avoid potentially costly beginner's mistakes. Let the good times begin!

Rita & Chris Wuehrmann • \$65



CURIOUS MINDS SCHOLARSHIP APPLY BY AUGUST 28TH. DETAILS ON PAGE 1.

SCIENCE

Electric Energy Production

FA15-244 • Tue, 9/15 to 10/6/15 • 10 am - noon Prescott • Bldg 2, Room 208

Learn how electricity we use every day is produced while reviewing electric power generation in both Arizona and the United States. Review the basic technologies of coal, natural gas, nuclear and hydroelectric power plants and the social, economic and environmental impacts of each. Find out about renewable energy plants powered by wind and solar with an emphasis on the many solar power plants located in Arizona and California. Final discussion will focus on the long-term outlook for electric energy production in the U.S. **Thomas McColloch • \$45**

Geology: Soft Rocks

FA15-245 • Thu, 10/15 to 11/19/15 • 9 - 11 am Prescott • Bldg 4, Room 121

Living as we do in the Southwest, we are all familiar with the landscape that is made up largely of rocks that geologists refer to as "Soft Rocks." The "Soft Rocks" make up nearly all of majestic rock formations seen in Monument Valley, most of the Colorado Plateau National Parks, Sedona and much more. Soft rocks were created at the surface of the earth by mechanical and chemical actions on pre-existing rocks that were exposed at the surface, including sandstones, shales, mudstones, limestones and evaporite rocks, among many others. This course will focus on these rocks, their description, mode of formation, and subsequent events that resulted in the rocks and landscapes we see today in our region.

Terry Steinborn & Harry Allen • \$85

WRITING & PUBLISHING

Poetry Writing for Adults

FA15-247 • Fri, 9/11 to 10/2/15 • 10 am - noon Prescott Valley • Bldg PV40, Room 105

This is a poetry class in a relaxed, enjoyable setting for adults who are beginners or advanced. Experience the fun and satisfaction of being creative and imaginative while expanding your horizon in an informal setting. Class size is limited. *Bring your laptop if you wish or writing materials.* Janice Luke • \$75

Basic Grant Writing

FA15-246 • Mon, 9/14 to 10/19/15 • 5:30 - 7:30 pm Prescott • Bldg 19, Room 206

This course will help you assist your non-profit agency. Every grant writer needs to focus on both the quality of writing and writing a successful grant. Learn how to find grants and analyze grant applications. Additionally, explore grant-funding opportunities and create a budget based on funder requirements. Non-profit agencies, their employees, volunteers and others will benefit from the class exercise of writing an actual grant proposal that will be refined during the course.

Rhonda Davis • \$90

CALL 717.7755 OR VISIT WWW.YC.EDU/COMMED TO REGISTER TODAY!

Self-Publishing: Everything You Need to Know

FA15-248 • Tue, 10/20 to 11/10/15 • 9:30 am - 12:30 pm Prescott • Bldg 19, Room 224

Are you someone who loves the printed word, has a story to tell and feel you have something to share and perhaps have written pieces already? Get information to help decide whether to publish and what it takes to have the best chance of success. Learn the basics, including costs, about getting your work published and marketed – whether you decide on a traditionally printed hard or soft cover book, print-on-demand, e-book or some combination. In-depth, informative handouts provided. The instructor is an independent author/illustrator, award-winning cartoonist and dramatic writer who has worked with many independent authors to produce their books. **Tom Fox • \$90**

Creating Children's Books

FA15-249 • Tue, 10/20 to 11/3/15 • 1:30 - 4:30 pm Prescott • Bldg 2, Room 206

This is an ideal "how-to" for anyone interested in learning how to write and produce a children's picture book. Writers will learn fundamental techniques to improve their stories and gain insights on how illustrators might approach the story and learn tips to help them "picture" the text in ways that add variety, interest and drama. Participants will gain valuable knowledge of the market and the many options available for publishing. There will be opportunities for constructive, supportive critiques as well. Helpful reference materials supporting these tips and techniques are provided. **Tom Fox • §75**



Social Media for Authors FA15-250 • Thu, 11/12/15 • 9 am - noon

Prescott • Bldg 3, Room 270

Understand the role social media plays in the marketing plan for your book and how to use these electronic tools to further your goals. Through instructor demos, learn basics about launching a website and setting up social media sites recommended for authors. This is an interactive, hands-on workshop requiring writing assignments in class. Take home finished content to use on your website and social media sites. Class intended for authors in process of working on manuscript or soon to be in print.

Diane Phelps • \$55



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PRACTICAL ENTREPRENEURSHIP

Lean Business Start-Up • \$25 September I • 5pm-8pm Prescott • Bldg 29 September I6 • 5pm-8pm Cottonwood BAC

Intro to Business Plan Writing • \$25 August 19 • 5pm-8pm Prescott • Bldg 29 October 8 • 5pm-8pm Cottonwood BAC

Accounting Fundamentals for Business Start-Up • \$25 October I • 5pm-8pm Prescott • Bldg 29

Business Planning Series with SCORE • \$90 5 week series: September 2, 9, 16, 23, 30 • 5pm-8pm, Prescott

FINANCE

Getting Your Financial House in Order • \$20 September 17 • 5pm-7pm Prescott • Bldg 29 September 22 • 5pm-7pm Verde • Bldg G, Rm 108

Preparing Your Business to Get a Loan • \$20 October 6 • 5pm-7pm Verde • Bldg G, Rm 108 October 15 • 5pm-7pm Prescott • Bldg 29

Managing Your Business: Understanding Financial Statements • \$40 August 12 • 5pm-8pm Prescott • Bldg 29 August 18 • 5pm-8pm Verde • Bldg G, Rm 108

Crowdfunding for Small Business • \$40 October 22 • 5pm-8pm Verde • Bldg G, Rm 108 October 26 • 5pm-8pm Prescott • Bldg 29

Enhance Your Bottomline • \$25 Date Coming Soon! Visit yc.edu/sbdc for workshop dates. Verde Campus

SOCIAL MEDIA FOR YOUR BUSINESS

Facebook 1.0 Basics of Establishing Your Business Page • \$25 September 29 • 5pm-8pm Verde • Bldg G, Rm 108

Fearless Facebook • \$25 September 3 • 5pm-8pm Prescott • Bldg 29

How to Get on Google's Page 1 • \$25 August 5 • 5pm-8pm Sedona • Rm 28 November 12 • 5pm-8pm Prescott • Bldg 29 Creating SEO Rich Content for Website, Blog & Facebook • \$25 October 7 • 5pm-8pm Sedona • Rm 28 October 29 • 5pm-8pm Prescott • Bldg 29

WEBSITE DEVELOPMENT Enroll in all three classes for only \$90!

Introduction to Website Design • \$25 August 12 • 12pm-1:30p Cottonwood BAC September 10 • 5pm-6:30p Prescott Campus November 3 • 12pm-1:30p Cottonwood BAC

Website Design II • \$35

August 19 • 5pm-8pm Verde • Bldg G, Rm 108 September 17 • 5pm-8pm Prescott Campus November 10 • 5pm-8pm Verde • Bldg G, Rm 108

Website Design III • \$35

August 26 • 5pm-8pm Verde • Bldg G, Rm 108 September 24 • 5pm-8:00pm Prescott Campus November 17 • 5pm-8pm Verde • Bldg G, Rm 108

Enroll in all three classes for only \$90! Introduction to Website Design Using Wordpress • \$25 September 2 • 5pm-6:30pm Verde Campus October 8 • 5pm-6:30pm Prescott Campus

Wordpress Website Design II • \$35 September 9 • 5pm-8pm Verde Campus October 15 • 5pm-8pm Prescott Campus

Wordpress Website Design III • \$35 September 16 • 5pm-8pm Verde Campus October 22 • 5pm-8pm Prescott Campus

SPECIAL TOPICS FOR BUSINESS

Is Your Business Ready for Exporting? • \$40 November 2 • 5pm-8pm Verde • Bldg G, Rm 108 November 9 • 5pm-8pm Prescott • Bldg 29

Making and Licensing Your Art • \$20 November 17 • 5pm-7pm Sedona • Rm 28

How to Get Published \$20 December 1 • 5pm-7pm Sedona • Rm 28 Understanding and Managing Business Risks • \$20 October 12 • 5pm-7pm Prescott • Bldg 29

Employee or Independent Contractor? • \$20 November 19 • 5pm-7pm Prescott • Bldg 29

Lean Management Principles •\$25 December 7 • 5pm-8pm Prescott • Bldg 29

Accounting Fundamentals for Artisans • \$25 October 20 • 5pm-8pm Sedona • Rm 28

ENTREPREUNERSHIP AND INNOVATION Commercialization of Your Product • \$30 September 28; November 18 • 1pm-3pm Rural Center for Entrepreneurship

Intellectual Property • \$40 August 27 •5pm-8pm Prescott Building 29 September 15; December 3 • 1pm-4pm Rural Center for Entrepreneurship

Use Crowdfunding to Develop Your Product • \$30 September 24; November 30 • Ipm-3pm NAU Yavapai (Prescott Valley)

How to do Business With Government • \$30 September 2; December 9 • I pm-3pm NAU Yavapai (Prescott Valley)

PROFESSIONAL DEVELOPMENT

Caregiver Certificate • \$900 plus additional fees August 24 – September 14; Mon through Fri • 8:30am-4:30pm Verde Campus October 5 – October 23; Mon through Fri • 8:30am-4:30pm Prescott Valley Campus November 2 – November 20; Mon through Fri • 8:30am-4:30pm Yarnell

Direct Care Worker Certificate • \$550 September 21 – September 25 • 8am-3pm Yarnell November 30 – December 4 • 8am-3pm Prescott Valley Campus December 14 – December 18 • 8am-3pm Verde Campus

REGISTER BY PHONE: (928) 776-2008







EDVENTURES TRIPS

EDVENTURES IN LEARNING – Travel to learn and explore your world!

At EDventures, our tour leaders are eager to share their knowledge and enthusiasm for the colorful local history, fascinating cultures and natural features as you travel the southwest with us!

TAPESTRY TOUR THROUGH ITALY

September 19 – October 3, 2016

Travel with EDVentures to experience a Cultural Infusion of the Arts as we explore the arts, music and rich cultural heritage of Italy. Tour Venice, Verona, the Cinque Terre region, Rome, Pompeii, the Amalfi coast and much more. Join us for an informative presentation on **Saturday, September 26**. Please RSVP: (928) 717-7755.

MULTI-DAY TRIPS

Canyon de Chelly Adventure (2 days/1 night)

Wednesday & Thursday, October 14 & 15 #101415 The cultural resources of Canyon de Chelly include distinctive architecture, artifacts and rock art. The canyon sustains a living community of Navajo people connected with the beautiful landscape and its great historical and spiritual significance. Take a 4x4 tour up the canyon with Navajo guides. Enjoy lunch in the Petrified Forest and visit the historic Hubbell Trading Post in Ganado. The colors of fall in the canyon are sure to delight! Activity Rating: 1-2. \$495 per person double occupancy/\$100 single occupancy supplement - Trip discounts do not apply. (Includes transportation, lodging, meals, instruction, 4x4 tour, permits and admission fees.) Departs

at 7AM. *Camp Verde pickup available. Please reserve by Sept. 28.

DAY TRIPS

Crown King and the Southern Bradshaws

Thursday, September 24 #092415 The history of the region's historic gold mines comes to life! Travel along the winding roads beside the old railroads of

the Bradshaws and the railroad switchbacks that pass the historic mines dotting the surrounding hillsides. Enjoy the magnificent views as you top out at the summit. A visit to the Crown King General Store transports you back in time. Driving on bumpy roads. *Activity Rating: 1.*

\$129 per person (Includes transportation, box lunch and instruction.) Departs 8AM from Prescott. *Cordes Junction pickup available. Please reserve by Sept. 10.

Our website now has itineraries!

For detailed information, visit us online at www.yc.edu/edventures email EDventures@yc.edu or call 717-7755.

Verde Canyon Railway Thursday, October 1



Start the day with a stop in Jerome to explore this historic copper mining town. Spend the afternoon aboard the vintage train cars on a wilderness excursion that follows the curves of the Verde River through a red rock canyon full of unusual geology, abundant wildlife, brilliant fall colors and prehistoric ruins. Expert narration leaves passengers with a sense of history, archaeology and the Indian lore of the Verde Canyon. *Activity Rating: 1-2.*

\$159 per person – Trip discounts do not apply. (Includes transportation, train fare, lunch voucher and guide.) Departs 8AM from Prescott. Please reserve by Sept. 17.

Drive to the Bottom of the Grand Canyon

Saturday, October 3 #100315 Thursday, October 8 #100815 Saturday, October 24 #102415 Thursday, November 12 #111215



Follow Diamond Creek as it winds through Peach Springs Canyon – the only road access to the bottom of the Grand Canyon. The road crosses and follows the creek as you are transported down canyon to the banks of the Colorado River. Enjoy a picnic lunch with an optional walk the last mile to the river through a narrow canyon with flowing stream. Includes driving on bumpy roads. *Activity Rating: 1-2*.

\$139 per person (Includes transportation, box lunch, permit fees, field guide.) Departs 7:30AM from Prescott campus. Please reserve at least two weeks in advance.

Tour the Starry Universe (Lowell Observatory)

Friday, October 9 #100915

Learn about the active research work underway at Lowell Observatory in Flagstaff as you tour one of the oldest observatories in the U.S. Wide-screen multimedia shows will awe, and you will have the opportunity to tour the telescopes and historic Rotunda, take the Pluto and Deep Space Tours and find out about the construction of the Discovery Channel Telescope. Enjoy dinner in Flagstaff before returning to the observatory for stunning views of the sky through the Lowell telescopes. Light walking on level paths with some inclines. Please be aware that some people may be sensitive to high elevations if not previously acclimated. *Activity Rating: 2.* *Camp Verde pickup available.

\$159 per person - Trip discounts do not apply. (Includes ground transportation, instruction, dinner, admission fees.) Departs 10AM from Prescott. Please reserve by Sept. 25.

See Activity Rating descriptions on page 2.



Canyon de Chelly Overnight

Wednesday & Thursday, October 14 & 15 #101415 (See description on page 22.)

Explore Yavapai County: Copper Basin, Skull Valley and Iron Springs Friday, October 23 #102315

This road trip takes Thumb Butte Road along the crest of the Sierra Prieta Mountains above Prescott, down through Copper Basin to Skull Valley, and then back around on Iron Springs Road with a few side jaunts here and there. See incredible scenery, historic mining activity, the unique Skull Valley store, George Phippen's residence and grave, the old Iron Springs railroad construction camp. Learn of the geology, natural history and territorial history of the area. There will be a few short walks of up to a quarter mile, but no serious hiking. *Activity Rating: 2.*

\$139 per person - Trip discounts do not apply. (Includes ground transportation, field instruction and box lunch.) Departs 8AM from Prescott. Please reserve by Oct. 9.

Drive to the Bottom of the Grand Canyon

Saturday, October 24 #102415 (See description on page 22.)

Prescott Ghost Walk Saturday, October 24



Join expert paranormal investigator Terri Cafazzo for a pre-Halloween tour of the most haunted locations in downtown Prescott. Includes lunch at the historic Palace Saloon on Whiskey Row. Be prepared to visit a few mysterious locations on this walking tour! (See related classes on page 16.) *Walking on paved sidewalks. Activity Rating: 1.*

\$79 per person - Trip discounts do not apply. (Includes lunch, instruction and admissions.) **Departs from downtown meeting location at 10AM.** Please reserve by Oct. 9.

Hike the Verde River Headwaters Saturday, October 31 #103115

Saturday, October 31 #103115 Hike with EDventures to the source of the Verde River, located northeast of Chino Valley. Hike into the canyon downstream from the river's confluence with Granite C

downstream from the river's confluence with Granite Creek, then follow the river upstream to the headwaters springs and a large rock art site that incorporates Native American winter solstice observatory features. Geological features, water sources, natural history and prehistory will be discussed. Total hiking distance is approx. 4 miles. The climb in and out is several hundred feet elevation change and is steep but short. There will be at least one river crossing. *Activity Rating: 3.*

\$139 per person - Trip discounts do not apply. (Includes transportation, hiking guide, field instruction and box lunch.) Departs 8AM from Prescott. Please reserve by Oct. 16.

Rock Art Ranch and La Posada 📢 📢

Thursday, November 5 #110515

Step back in time with a visit to Chevelon Canyon on Rock Art Ranch, home to some of the finest ancient petroglyphs in the world on a privately-owned ranch. Visit the cowboy museum and working ranch to learn about ranching history, the Hashknife Cattle Company and military and Indian activity in the area. Take a short, steep hike into Chevelon Canyon to tour the multiple petroglyph panels. Visit La Posada, the beautifully restored Fred Harvey Hotel in Winslow, and enjoy dinner (on your own) at the award-winning Turquoise Room. Activity Rating: 2-3 (steep stairs).

\$159 per person – Trip discounts do not apply. (Includes transportation, box lunch, instruction and ranch tour admission.) Departs 7AM from Prescott. *Camp Verde pickup available. Please reserve by Oct. 22.

See Activity Rating descriptions on page 2.





EDVENTURES TRIPS FALL 2015

Hike Grand Canyon: Diamond Creek 🚯

Saturday, November 7 #110715

Hike with EDventures! Drive to the Grand Canyon on the only road to the Colorado River, accessible on Hualapai lands. Shortly before reaching the river, this road meets Diamond Creek. The hike is about 5 miles round trip up the creek into spectacular narrows. The trail has no steep grades, but it crosses the creek several times, so expect some wet walking and walking on river rocks. Lunch at a beautiful waterfall beneath thousand-foot cliffs and learn about both the geology and natural history. The day will culminate with a stop at the Colorado River. Dinner stop (on your own). Activity Rating: 3+.

\$139 per person – Trip discounts do not apply. (Includes transportation, field instruction, Hualapai permits and box lunch.) Departs 7AM from Prescott. Please reserve by Oct. 23.



Drive to the Bottom of the Grand Canyon Thursday, November 12 - #111215 (See description on page 22.)

Hike Grand Canyon: Tonto Bench Saturday, November 14



Hike with EDventures! The only road to the Colorado River canyon's depths is located on Hualapai lands in western Grand Canyon. This road accesses a little-known hiking route that leads out onto the Tonto Rim, nearly a thousand feet above the Colorado River. This is a truly wild and adventurous Grand Canyon hike, with fabulous distant views up and down the canyon. Hiking distance is slightly less than four miles and includes steep grades and narrow trails - not for the fainthearted. Geology and natural history will be discussed along the way. The day will culminate with a van stop at the Colorado River. Dinner stop (on your own) in Seligman. Activity Rating: 4.

\$139 per persón - Trip discounts do not apply. (Includes transportation, field instruction, Hualapai permits and box lunch.) Departs 7AM from Prescott. Please reserve by Oct. 30.

LET EDVENTURES DESIGN A **REGIONAL TRIP FOR YOUR GROUP OR FAMILY**

We are happy to plan and make all the arrangements for your next group outing. Whether it's one day or a multiday adventure you are looking for, we can help plan and make arrangements, provide knowledgeable tour leaders and turn it into a fun and educational trip! Call EDventures at 928-717-7755 to find out more!

IMPORTANT INFORMATION

Trip departure times and locations are noted under individual trip descriptions. Departure times on the mailed itinerary are firm. No refunds will be issued for missed vans. All trips depart from Yavapai College main campus at 1100 E. Sheldon St. in Prescott. Vans meet at the flagpole in the center of campus. *Cordes Junction and Camp Verde pickup locations may be available.

Discounts cannot be combined and do not apply to single supplement fees. Not all trips are discounted.

Please notify us of any mobility restrictions, dietary restrictions (for trips that include meals), and/or hearing/ vision impairment prior to the trip so we may ensure your safe and enjoyable experience.

For detailed itineraries and more visit us online at www.yc.edu/edv, email Edventures@yc.edu or call 717-7755.

See Activity Rating descriptions and Cancellation Policy on page 2.

**Travel with your family and friends! Groups of 3 or more registering together get 10% OFF! **

CALL 717.7755 OR VISIT WWW.YC.EDU/EDVENTURES TO REGISTER TODAY!

See Activity Rating descriptions on page 2.



31. Community Ed/ EDventures Office

Is getting to your Class a challenge because of a disability?

For those who need assistance in finding appropriate parking and getting to your classroom, we offer the following information:

Disability parking is located at the second floor level behind Buildings 3 and 4 and in parking lot M. You must have a disability permit to park in these areas. You may take the elevator in Buildings 2, 3 and 4 to the first floor level.

If there are any other disability concerns or requests for accommodations, please do not hesitate to contact Disability Resources for assistance at (928) 776-2079.

Registration Form

Contact us early for information and registration.All registration is done through the Community Education Office, phone 928.717.7755; FAX 928.717.7880, or stop by Building 31 between 8:30 am and 4 pm Monday through Friday. PLEASE DO NOT CALL THEYC REGISTRATION OFFICE.

Mail form to: Community Education, I 100 E Sheldon St PMB 6912, Prescott AZ 86301-3297 • Email: lifelonglearning@yc.edu

Name Phone		Birth Date
Email		
City		
I'd like to enroll in these c	lasses:	
ID number Title	Fee	Make checks payable to Yavapai College.
		(Cash payments are accepted for in person registration only.)
		Have you taken classes at Yavapai College in the past?
		Yes 🗆 No 🖵



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TRAVEL WITH EDVENTURES ITALIAN TAPESTRY TOUR SEPT. 19 – OCT. 3, 2016

Travel with EDventures to experience a Cultural Infusion of the Arts as we explore the arts, music and rich cultural heritage of Italy. Craig Ralston, Dean of Arts & Humanities, will accompany us on a Music and Art Tapestry Tour through Italy!

Join us for a cultural infusion of the Arts as we explore:

- Venice, the Queen of the Adriatic and the Floating City
- Verona and Santa Margherita Ligure
- Cinque Terre region to visit picturesque fishing villages
- Pisa and Florence
- Assisi and ancient Rome
- Ancient ruins at Pompeii and Paestum
- Isle of Capri and Amalfi coast
- The arts, music, rich cultural heritage with free time to experience ltaly on your own

A preliminary itinerary is available online at www.yc.edu/edventures

Find out more! Join us for an informational presentation on EDventures travel to Italy in 2016.

Saturday, September 26, 2015, on the Yavapai College Prescott campus

Please RSVP: 928-717-7755

