

ADULT PROGRAMS+ YOUTH CAMPS SPRING & SUMMER '25























Registration is Open & Easy!



Scan to get started.

Online Class Registration

For ease and convenience, register at: **arapahoe.edu/wcp**

New Students:

You will need to create a user profile before you can register for a class.

Returning Students:

Already have a user profile? Simply sign-in with your username and password

In-Person Registration
2nd Floor, Littleton Campus
Room 2405

Phone Registration 303.797.5722

Refund Policy

Need to cancel or drop a class? Please review our refund policy at: arapahoe.edu/workforce-community-programs/policies

CAMPUS ALERTS AND WEATHER CLOSURES

Scan to download.





Policies & Procedures



Registration and Confirmation

- Registration Visit arapahoe.edu/wcp to register online or call 303.797.5722 to register over the phone.
- **Confirmation** An order receipt along with a confirmation email will be sent upon registration.
- Welcome Email You will receive a welcome email, which includes a parking permit, room number, and campus maps approximately 3 to 4 business days prior to the start of your class.

Course Cancellations, Drops, and Refunds

- Students receive a 100% refund for any class which is canceled
- Students receive a 100% refund for any drops made prior to the first class
- Sometimes we may need to cancel a course due to insufficient enrollment. You will be called if a cancellation occurs.
 Remember to register early to help us avoid canceling a class.
 If you paid by credit card/charge, you are eligible for a refund back to the original card provided the card is still valid and the payment is not over 184 days old.
- If you paid by check or cash, refunds will be sent in the form
 of a check form the State of Colorado. Refunds are sent to the
 person who is registered for the course, which may differ from
 the person who paid for the course, unless other arrangements
 are made.

Accommodation

 Reasonable accommodation will be provided upon request if you have a disability. Please notify the Workforce & Community Programs, 303.797.5722, a minimum of 30 days prior to the start date of the course. Further information and forms are available through the Disability Access Services office.

Contact Workforce and Community Programs

• Call 303.797.5722 or email wcp@arapahoe.edu— 9am-6pm, Monday-Thursday and 9am-4pm, Friday.

Locations

- » Littleton Campus 5900 S. Santa Fe Drive Littleton, CO 80120
- » Art and Design 2400 W Alamo Ave. Littleton, CO 80120
- » Sturm Collaboration Campus 4500 Limelight Ave. Castle Rock, CO 80109

» Scan For Campus Maps



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HOURS/CLOSURES

WCP Office Hours

9:00AM-6:00PM Monday-Thursday

9:00AM-4:00PM Fridays

WCP Closed/No Classes

May 26: Memorial Day June 19: Juneteenth July 4: Independence Day



GATHER.



ARTS & HUMANITIES

Al Vision Boards

You will create a vision board to define and symbolize your heart's desires while learning to create beautiful images using generative Al. Capture images of your dream life in full detail that inspire you to make your mental landscapes a reality. Put yourself in the pictures using text-to-image or image-to-image techniques that help you adjust and perfect the images and compile them into a vision board using free browser-based design tools.

Tu, 5:30–7:30PM, 3/4–3/11 \$89 Littleton Campus Holly Wasinger

NEW

Art Appreciation: Women in Art

Explore the rich contributions of female artists throughout history. This course will delve into the lives, works, and impact of women artists from diverse backgrounds and cultures, highlighting their unique perspectives and innovative techniques. Through a combination of lectures, discussions, and hands-on activities, students will examine iconic pieces and lesser-known works, gaining insight into the societal challenges these artists faced and how they overcame them. We will investigate various art movements, mediums, and themes, encouraging students to appreciate the depth and breadth of women's creativity in the art world.

Tu, 5:00-7:00PM, 1/7-1/28	\$109
Littleton Campus	Jodee Sweet-Whitehead
Tu, 5:00-7:00PM, 3/4-3/25	\$109
Littleton Campus	Jodee Sweet-Whitehead

Beginning Watercolor

Learn how to paint with watercolor. No experience necessary. This class explores the usage and application of watercolor paint. Discover how artists use the unique medium of watercolor to achieve beautiful effects! Further supplies will be discussed at first class.

\$129+supplies
Brian Brennan
\$129+supplies
Brian Brennan

"The demonstrations in Beginning Wheel Throwing were incredible. I really enjoyed this course! Super fun to learn a new skill"

Pretty Writing

Has your penmanship gotten worse over the years?
Has it been years since you used cursive? Come to this class if you want to learn or improve your cursive or just write pretty. Bring any writing utensil you'd like (crayons, markers, pencils, pens) and some lined paper and let's get busy. Use your pretty writing to create wedding invitations, greeting cards, event signage, certificates or just for fun!

Th, 6:00–7:30PM, 2/6–2/27 \$119 Littleton Campus Evette Goldstein

Chancery Hand Calligraphy

Calligraphy, from the Greek "Calli and Graphic" literally means "beautiful writing". Chancery Hand is the first recognized calligraphic style of writing. You will learn everything from how to hold the pen to achieve the unique look of the Chancery Hand letters, to how to care for the pen so that it will serve you well for as long as you pursue the art of Calligraphy!

Th, 6:00–8:00PM, 4/3–5/1 \$129+\$50 material fee Littleton Campus Evette Goldstein

Beginning Wheel Throwing

This adult class offers an introduction to the basic practice of wheel thrown pottery. Skills that will be covered include: wedging, centering, pulling, trimming, and finishing ceramic forms with glaze. Each class will start with a specific skill-focused demonstration and students can expect supportive guidance from our instructor.

F, 2:00-5:00PM, 1/24-2/28	\$189+supplies
Art & Design Center	Chuck Martinez
F, 9:00AM-12:00PM, 3/28-5/2	\$189+supplies
Art & Design Center	Kate Ruygrok
M, 6:00–9:00PM, 6/2–7/7	\$189+supplies
Art & Design Center	Chuck Martinez

Oil Painting

This course will provide students with a well rounded approach to oil paint: how it works, how to use it, and its importance to modern art and art history. Students will receive an inside look into how to use oil paint effectively, as well as painting composition and the elements of art.

W, 6:00-8:00PM, 2/5-2/26	\$109+supplies
Art & Design Center	Jodee Sweet-Whitehead
Th, 5:00–7:00PM, 4/10–5/1 Art & Design Center	\$109+supplies Jodee Sweet-Whitehead





Goals in Focus: The Art of Journals and Vision Boards



Unlock your potential with our innovative thinking strategies designed to help you achieve your goals and dreams. In this engaging class, you'll explore creative techniques that inspire joy and motivation through the power of images and words together. Each participant will receive a journal in the first session, providing a space to apply and reflect on these transformative ideas. In the second session, you'll have the opportunity to bring your own inspirational materials, or use resources provided by the instructor, to craft a stunning vision board masterpiece. Join us on this journey of self-discovery and creativity and take meaningful steps toward your aspirations!

Th, 6:30–8:00PM, 2/6–2/13 Littleton Campus \$59+\$15 material fee Kathleen Wucherpfennig

Introduction to Unreal Engine, 3D Modeling, and Video Mapping



This four-week intensive course introduces students to the basics of Unreal Engine, 3D modeling, and the art of video mapping. Designed for beginners, the course covers the essential tools and techniques needed to create immersive visual art using Unreal Engine. Students will learn how to import, manipulate, and design 3D models, and how to integrate these elements into a projectable visual experience. The course will culminate in a practical project where students will video map their 3D visual art onto a surface selected by the college, giving them hands-on experience in creating engaging, real-time visual environments. By the end of the course, students will have gained a foundational understanding of Unreal Engine's interface, 3D modeling techniques, and the creative possibilities of video mapping.

Tu, Th, 6:15–8:15PM, 2/25–3/20 \$199 Littleton Campus Timmy Edens

3D Printing Online



Curious about 3D printing but find it too intimidating? This course will demystify all there is behind the world of 3D printing and design so that you can make brand new things right out of your imagination from home! This course will take you through all the ins-and-outs of 3D printing, from the very first design steps to designing your reaction in Computer Aided Design, to slicing files ready-to-print, to making those designs reality through Fused Deposition Modeling—better known as 3D printing! This course also covers resin printing.

Monday, 4/14–5/12, 6:00-8:00PM \$139 Sturm Collaboration Campus at Castle Rock Raymond Cober Tuesday, 6/3-7/1, 6:00-8:00PM \$139 ACC Virtual Course Raymond Cober

3D Printing

The 3D printing workshop provides participants with an introductory session(s) to the technology, covering the fundamentals of 3D modeling, printing techniques, and materials. Attendees learn how to use popular software to create their own designs, as well as how to prepare and optimize files for printing. The workshop includes hands-on experience with 3D printers, demonstrating the step-by-step process from setup to finishing prints. Participants also explored various applications of 3D printing to discuss best practices for troubleshooting common issues. By the end of the session, attendees left with practical skills and insights to start their own 3D printing projects. Lunch break from 12-1PM. Students must take woodshop safety orientation to enroll in this class. Contact acc.hive@arapahoe.edu to sign up for an orientation.

Saturday, 9:00AM-5:00PM, 3/1-3/8 \$149 Art & Design Center

Knitting for Everyone

Knit hats, scarves, totes, blankets, and so much more. Whether you're new to knitting, it's been a while, or you want to learn new techniques, Knitting for Everyone is a knitting class for all skill levels. From casting on to weaving in ends, you'll learn how to make several beautiful projects. Choose from dozens of projects that will help you learn how to knit or go beyond the basics. This is a fun class where you set your own pace. Patterns, step-by-step instructions, and videos are available to support you in your quest to master this skill, even when you're not in class. Give yourself the gift of knitting, a hobby for all ages. Sign up with a friend, a family member, or a neighbor and you'll have the beginnings of a knitting club.

Th, 3:00–5:30PM, 1/23–2/27	\$169+\$60 material fee
Littleton Campus	Sonia Berlingeri
Th, 6:00–8:30PM, 1/23–2/27	\$169+\$60 material fee
Littleton Campus	Sonia Berlingeri
Th, 3:00–5:30PM, 4/10–5/15	\$169+\$60 material fee
Littleton Campus	Sonia Berlingeri
Th, 6:00–8:30PM, 4/10–5/15	\$169+\$60 material fee
Littleton Campus	Sonia Berlingeri

ARTS & HUMANITIES

Rock to Radiance: The Lapidary Experience

Discover the beauty of stones through creating NEW! finished cabochons that can be bezel set or wire wrapped. Learn how to cut, shape, and polish a stone from slabs. The studio is equipped with full lapidary equipment including trim saws, lapidary machines, and flat laps. By the end of class, students will have experience in cutting a variety of shapes.

Tu, Th, 9:00AM-12:00PM, 6/3-6/12	\$229
Art & Design Center	Ethan Shultz

Soldering Essentials: Introduction to Jewelry

Join us for a hands-on workshop designed for beginners eager to explore the art of soldering using a torch. You will learn essential soldering techniques that are fundamental to jewelry making. Participants will understand different types of solder joints and their applications. This also includes a basic bezel setting for a cabochon stone. Then you will have the opportunity to practice your new skills by creating a piece of jewelry such as a pendant or ring to take home.

Tu, W, Th, 9:00AM-12:00PM, 6/17-6/26	\$249
Art & Design Center	Lexi Erickson
Tu, Th, 6:00–9:00PM, 7/8–7/24	\$249
Art & Design Center	Lexi Erickson

Voice Overs...Now is Your Time!

In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice overs parttime or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

Sa, 10:00AM-12:00PM, 3/8	\$49
ACC Virtual Course	Justine Reiss
Th, 6:30-8:30PM, 5/15	\$49
ACC Virtual Course	Justine Reiss

You Can Draw!

Learn to draw anything you see! Discover how artists "record" images onto paper. This is a great observational drawing class for beginners. Utilize proven methods behind portrait, still life and landscape drawing. Explore line, texture, and tone as you learn shading techniques. Advanced subjects reviewed for the experienced artist as well.

Tu, 6:30–9:00PM, 2/4–2/25	\$129+supplies
Littleton Campus	Brian Brennan
Th, 6:30–9:00PM, 6/5–6/26	\$129+supplies
Littleton Campus	Brian Brennan

Workshop: Plan and Start Your Summer Garden

A favorite winter activity is to plan our summer gardens and anticipate the flowers, herbs, fruits, and vegetables we will grow. This is the time of year when we can dream, sketch, list, order seeds, and prepare for the upcoming gardening season. In this fun workshop, we will share ideas while starting our personal garden plans. Kim has experience creating yearly plans for her personal indoor/ outdoor garden. Additionally, she has collaborated on school and community garden plots for many years. She will share her sketchbook-planning method, as well as digital-planning resources she has found to be helpful. All gardeners and aspiring gardeners are welcome! Beginners will feel supported by fellow gardeners' suggestions to find a planning method that works for you. Gardeners with at least one season of experience are encouraged to share stories of trial and error as we all strive to be successful Colorado gardeners. Let's start our gardens this year with a plan!

- Paper calendars and basic garden-planning templates will be provided.
- Bring pens/pencils and a calendar/planner of your choice, if you prefer.
- Bring your laptop/device if you prefer to create digital plans.

Sa, 10:00AM-12:00PM, 2/22	\$29
Art & Design Center	Kim Graham



NEW

HIVE Community Membership

The HIVE Makerspace at Arapahoe Community College is a student-centered innovation lab now offering monthly membership to local community members. Featuring a full woodshop and digital fabrication tools, our space seeks to foster cross-discipline creativity in a safe and playful workspace. Please visit our webpage for a full list of the tools and technology available in our lab.

Students must take woodshop safety orientation to enroll in this membership. Contact acc.hive@arapahoe.edu to sign up for an orientation. HIVE is closed Sundays and March 17-23 for Spring Break.

Arranged, 2/1–2/28 Art & Design Center	\$75
Arranged, 3/1–3/31 Art & Design Center	\$75
Arranged, 4/1–4/30 Art & Design Center	\$75

HIVE Community Membership Day Pass

A one-day pass to our ACC HIVE Makerspace.

Arranged, 2/1-5/13	\$9.99
Art & Design Center	

NEWI

Furniture Restoration

The furniture restoration workshop equips participants with essential skills and techniques for reviving and preserving vintage or worn furniture pieces. Attendees learn about various methods of stripping, sanding, and refinishing wood surfaces, as well as how to assess damage and choose appropriate repair strategies. The workshop included hands-on demonstrations, covering topics such as shop safety, upholstery, paint techniques, and applying finishes for durability. Participants bring and share their own projects, gaining personalized guidance and tips from the instructor. By the end of the session, attendees leave with newfound confidence and practical knowledge to undertake their own restoration projects. Students must take woodshop safety orientation to enroll in this class. Contact acc.hive@arapahoe.edu to sign up for an orientation. Lunch break from 12-1PM.

Saturday, 4/19, 9:00AM-5:00PM	\$149
Art & Design Center	

Floral Design Certificate Program

Earn a certificate in Floral Design! Classes focus on fresh flower arranging and are taught by Crystal Oleskevich, who owns her own floral business. Courses Include: Introduction to Floral Design Principles Demonstration: Explore how to put flowers together using proven design principles. Get tips on purchasing fresh flowers and caring for flowers from your garden. Discuss the right tools and their care to create beautiful designs in this demonstration class. Concepts & Containers: Learn to create arrangements. Discuss styles including traditional, contemporary, oriental, funky, seasonal, and special events. Explore color, focal point, pop, texture, volume and size. Make an arrangement to take home, container provided. Creating Style, Shape & Color: Learn to utilize shape and color to create a stylish arrangement for any occasion. Bring your own favorite vase or container and make an arrangement to take home. Arrangement Workshop & Critique: The culminating workshop brings your flower arranging skills together. Make an arrangement to take home.

Tu, 6:00–9:00PM, 3/4–3/25	\$219+\$150 flower fee
Art & Design Center	Crystal Oleskevich
Tu, 6:00-9:00PM, 4/8-4/29	\$219+\$150 flower fee
Art & Design Center	Crystal Oleskevich

Bouquets and Boutonnieres

An excellent follow up if you've taken our Floral Design certificate program. Learn how to create beautiful hand-tied floral bouquets and boutonnieres for Weddings and other special occasions.

\$49+\$85 flower fee
Crystal Oleskevich
\$49+\$85 flower fee Crystal Oleskevich

ACADEMIC NONCREDIT ART CLASSES

3D Design (Academic Noncredit)

This course introduces the fundamentals of threedimensional design, form, and space. The course applies the elements and principles of design to threedimensional problems.

Tu, Th, 9:00–11:45AM, 1/21–5/13	\$529
Art & Design Center	Benjamin McQuillan

AutoCAD for Interiors

(Academic Noncredit)

Discover the power of AutoCAD in this hands-on course designed to elevate your design skills. Learn to create professional interior design plans, from simple drawings to complex layouts, while exploring tools that make drafting efficient. Through real-world projects, you'll gain the confidence to design, edit, and present with ease. This course equips you with essential skills to excel in interior design. Familiarity with basic computer functions, applications, and file management is required.

12:00-12:00AM, 1/21-5/13	\$529
ACC Virtual Course	Kelly Rapp
M, 9:00-11:30AM, 1/27-5/12	\$529
Art & Design Center	Helen Coderre

Drawing I (Academic Noncredit)

This course investigates the various approaches and media that students need to develop drawing skills and visual perception.

M, W, 6:00–8:45PM, 1/22–5/12	\$529
Art & Design Center	Victoria Smith
Tu, Th, 1:00–5:00PM, 5/27–8/5	\$529
Art & Design Center	ACC Art Department

Ceramics I (Academic Noncredit)

Ceramics I introduces traditional and contemporary approaches to ceramic form and processes, with an emphasis on hand building techniques, and a basic introduction to the potter's wheel. This course includes basic surface design, glaze, and kiln firing procedures.

M, W, 1:00–3:45PM, 1/22–5/12	\$529
Art & Design Center	Bradley Klem
M, W, 6:00-8:45PM, 1/22-5/12	\$529
Art & Design Center	ACC Art Department
Tu, Th, 1:00-5:00PM, 5/27-8/5	\$529
Art & Design Center	ACC Art Department

Digital Photography I (Academic Noncredit)

If you love to take pictures, and want to learn how to make them like a pro, this class is for you! This class presents the fundamentals of digital photography, including use of camera equipment and software for creative photography. Topics include camera settings and exposure control, composition, working with light and time, and creative image manipulation using apertures, shutter speeds, and post processing using Adobe Lightroom and Photoshop.

Notes: To enroll, students must have access to a digital camera with manual exposure capabilities and a computer capable of running Adobe Lightroom and Photoshop. ACC does not supply computer or Adobe access for Academic Non-credit courses. For full access register for the For-credit course. For more information, contact the Photography Area Coordinator, Angela Faris Belt at angela.belt@arapahoe.ed.

M, W, 1:00–3:45PM, 1/22–5/12	\$529
Art & Design Center	Angela Belt

Drafting for Interiors (Academic Noncredit)

Explore the essentials of drafting for interiors with this hands-on course. Learn to use drafting tools and techniques to create floor plans and interior elevations, graphic symbols, dimensioning, and lettering. The course also introduces technical drafting with an iPad and shows how these skills are ideal for field sketches. Familiarity with basic computer functions, applications, and file management is required.

12:00-12:00AM, 1/21-5/13	\$529
ACC Virtual Course	Dawn Viola
Th, 9:00-11:30AM, 1/23-5/8	\$529
Art & Design Center	Paula Teixeira

History of Interior Design

(Academic Noncredit)

Explore the evolution of interior design from the medieval period to modern-day classics. This course delves into the architectural elements, furniture, design motifs, and art that shaped interiors, examining how cultural, political, and technological changes influenced design trends throughout history. Familiarity with basic computer functions, applications, and file management is required.

F, 10:00AM-12:00PM, 1/21-5/13	\$529
Art & Design Center	Dawn Viola
12:00-12:00AM, 5/27-8/4	\$529
ACC Virtual Course	ACC Art Department





NEW

Interior Design Fundamentals (Academic Noncredit)

Learn the fundamentals of interior design through an introduction to key elements, principles, and design theory. This course explores composition and design relationships while developing essential skills for both visual and oral presentations. You'll apply your knowledge by creating a residential conceptual design board and designing a model home project. Familiarity with basic computer functions, applications, and file management is required.

12:00–12:00AM, 1/21–5/13	\$529
ACC Virtual Course	Delilah Diamond Collins
Th, 12:30-3:00PM, 1/21-5/13	\$529
Art & Design Center	Jacquelin Sanders

Jewelry & Metalwork I (Academic Noncredit)

This course introduces metalsmithing techniques and design used for jewelry and small scale sculptural objects in addition to fabrication and forming techniques, such as soldering, forming, hollow construction, cold connections, surface treatment, finishing processes, and basic stone setting. It also includes generating and constructing functional jewelry and sculpture.

Tu, Th, 6:00–8:45PM, 1/21–5/13	\$529
Art & Design Center	ACC Art Department
M, W, 9:00–11:45AM, 1/22–5/12	\$529
Art & Design Center	Amy Bailey

Sculpting the Figure (Academic Noncredit)

This course focuses on sculpting the human figure using modeling techniques in clay.

Tu, Th, 1:00–3:45PM, 1/21–5/13 \$529 Art & Design Center Donald Fodness

SketchUp (Academic Noncredit)

Step into 3D design for architecture and interiors with this hands-on SketchUp course. Learn to create and shape virtual spaces, apply realistic materials, and organize your designs. You'll explore tools for enhancing models with styles and shadows, perfect for presenting your architectural or interior projects. By the end, you'll confidently bring your creative vision to life. Familiarity with basic computer functions, applications, and file management is required.

1/21–5/13 \$529
ACC Virtual Course ACC Art Department
Tu, 10:00AM–12:00PM, 1/21–5/13 \$529
Art & Design Center Rebecca Terpstra

Watercolor I (Academic Noncredit)

This course provides an introduction to the basic techniques and unique aspects of materials involved in the use of either transparent or opaque water media or both. Color theory is included.

Tu, Th, 9:00–11:45AM, 1/21–5/13 \$529 Art & Design Center Daniel Granitto



MUSIC

ACC Advanced Pop/Rock Ensemble

Join the ACC Pop/Rock Ensemble. Class is for adults. Previous playing experience required. Register at least 10 days prior to class start date.

F, 11:00AM-1:00PM, 1/24-5/9	\$159
Littleton Campus	ACC Music Department
F, 11:00AM-1:00PM, 5/30-8/1	\$159
Littleton Campus	ACC Music Department

ACC Choir

Join the ACC choir no matter what your musical ability is. This class is for adults.

Tu, 7:00-9:00PM, 1/21-5/13	\$159
Littleton Campus	ACC Music Department



ACC Jazz Ensemble I

Join the ACC Jazz Band. This class is for adults. Previous playing experience required. Register at least 10 days prior to class start date.

Littleton Campus	ACC Music Department
Th, 6:00-8:00PM, 5/29-7/31	\$159
Littleton Campus	ACC Music Department

ACC Jazz Ensemble II

Th, 6:00-8:00PM, 1/23-5/8

Join the ACC Jazz Band. This class is for adults. Previous playing experience required. Register at least 10 days prior to class start date.

Sa, 10:00AM-12:00PM,	1/25–5/10	\$159
Littleton Campus	ACC Music	Department

ACC Pop/Rock Ensemble

Join the ACC Pop/Rock Ensemble. This class is for adults. Previous playing experience preferred. Register at least 10 days prior to class start date.

F, 1:00-3:00PM, 1/24-5/9	\$159
Littleton Campus	ACC Music Department



ACC String Chamber Ensemble

Join the ACC String Chamber Ensemble. This class is for players age 12 to adult. You must have previous playing experience. Register at least 10 days prior to class start date.

M, 5:30-7:30PM, 6/2-8/4	\$159
Littleton Campus	ACC Music Department

ACC String Orchestra

Join the ACC String Orchestra. Class is for players age 12 to adult. Previous playing experience required. Register at least 10 days prior to class start date.

M, 5:30-7:30PM, 1/27-5/12	\$159
Littleton Campus	ACC Music Department

Private Music Lessons

Private Brass, Private Drums, Private Guitar/Electric Bass, Private Low Brass, Private Piano, Private Strings, Private Trumpet, Private Voice.

5 hours, Arranged between 1/21–5/13 \$299 Littleton Campus ACC Music Department

"The Jazz Ensemble experience far exceeded my expectations. The director has extensive experience and I personally gained a great deal of musical knowledge from singing under his direction. The course also expanded my vocal abilities for which I am grateful and proud."

\$159





ACADEMIC NONCREDIT MUSIC CLASSES

History of Jazz (Academic Noncredit)

This course provides an overview of jazz history covering the basic materials of music and the forms, media, genres, and the historical and cultural framework of each style period. This course emphasizes the building of critical listening tools and the development of a jazz music vocabulary.

Tu, 2:30–3:45PM, 1/21–5/13 Littleton Campus \$510

Jeff Miguel

NEWI

Music Appreciation (Academic Noncredit)

This course introduces the study of music focusing on intelligent listening skills, the elements of music and their relationships, the musical characteristics of representative works and composers, common musical forms and genres of various Western- and non-Western historical style periods. This is a statewide Guaranteed Transfer course in the GT-AH1 category.

M, W, 10:00–11:15AM, 1/22–5/12 \$510 Littleton Campus Philip Howard

M, W, 1:00–2:15PM, 1/22–5/12 \$510 Littleton Campus Kimberly Bird

Music History Romantic to Present

(Academic Noncredit)

This course provides an historical survey of Western art music connecting the classical period to the Romantic period and following to the present. This course includes the study of styles, genres, composers, works, and significant cultural and historical influences upon the repertoire.

Tu, Th, 1:00–2:15PM, 1/21–5/13 Littleton Campus

\$510

Hidemi Matsushita

Music Publishing

(Academic Noncredit)

This course provides a detailed overview of the fundamentals of music publishing and licensing. Course explores the managing and monetizing of intellectual property, industry cash flow, exclusive bundle of copyrights, exploitation of rights, rights and licensing organizations, national and international licensing, song ownership, song placement, pitching songs, and maximizing royalties.

M, W, 2:30–3:45PM, 1/22–5/12 Littleton Campus \$510

Jason Klobnak

NEW

Music Theory Fundamentals

(Academic Noncredit)

This course focuses on the foundational elements of music theory. The course will cover clef reading, pitch and rhythmic notation, intervals, scales, key signatures, triads and diatonic chords, and an introduction to ear training and sight singing. The course will help beginning music students, including those who have limited background reading music notation and understanding the fundamentals of music theory.

Tu, Th, 10:00–11:25AM, 2/4–5/13 Littleton Campus

\$510

Cindy Hsun Chih Hsu



PHOTOGRAPHY

Basic Photo Organization and Preservation

We take more photos every day than were taken in the entire 19th century, so it's no wonder we need some help organizing and managing them so that we can actually find, see, and enjoy them. Join Jennifer Wise, memory-keeping consultant since 2005, for a basic photo organization and preservation class. In 90 minutes, you'll learn: organizational methods and tips, the personal wellness benefits of decluttering and being able to access your photos, the difference between STORING and PRESERVING (and how to do both), and five strategies for consistency so you can stop being overwhelmed by your photos and instead start seeing and being able to share them! At the end of the class, you'll receive a link to the Ten Minutes Daily Plan, too.

NOTE: This is a basic class geared toward an average photo-taker. We will focus mostly on organizing and preserving digital photos but will touch briefly on printed (physical photos). This is an online class that will be held virtually over Zoom so you can attend from anywhere. You will receive a join link prior to the class.

W, 6:30-8:00PM, 2/26 ACC Virtual Course Jennifer Wise

Photography and Cameras!

Tired of your camera collecting dust? Want to capture frameable photos of your family? Frameable photos of nature? Your pets? Whatever the reason, learn from a working photographer about all those little buttons on your camera and how to use them to capture photos you'll love forever! No camera? No problem! We'll learn not just camera stuff, but composition tricks and tips as well that can easily be translated to your phone camera.

Sa, 11:00AM-2:00PM, 3/1-3/8	\$99
Littleton Campus	Curt Dennis
Sa, 11:00AM-2:00PM, 5/3-5/10	\$99
Littleton Campus	Curt Dennis
Sa, 11:00AM-2:00PM, 7/12-7/19 Littleton Campus	\$99 Curt Dennis
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Secrets of Better Photography

Learn to take outstanding photos and get the best results whether you're using a DSLR, a point-and-shoot, or your phone camera. Each lesson contains exercises and assignments that help you apply new techniques to your camera and make a distinctive difference in your photos. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

\$129 Rolling Enrollment, 24 hours ACC Virtual Course Self Guided or Instructor-Moderated



\$29





COMMUNICATION & LEADERSHIP

Advanced Project Management

NEW!

Our Advanced Project Management Masterclass is a combination of nuts-and-bolts theory and practical lessons learned, all packaged in a fast-paced, highly interactive session to get your organization on track to consistently deliver successful projects. This Masterclass course helps project managers learn in-depth practices that go beyond surface-level information into real-life, complex situations.

Th, 8:30AM-4:30PM, 4/3-4/10 \$400 **ACC Virtual Course** Ashleigh Clark

NEW Communicate with Ease: Effective Communication for Real-World Interactions

Learn essential skills to enhance your everyday conversations and build stronger connections. This course will equip you to effectively manage conflicts and misunderstandings, allowing you to communicate more clearly and confidently with others. You'll explore emotional intelligence, learning how to recognize and respond to the feelings of those around you, which is crucial for fostering deeper relationships. Additionally, you'll develop the courage to express your needs and desires, empowering you to overcome shyness and hesitation in speaking up. Yeah, introverts, I see you. We'll also discuss strategies for navigating challenging and high-maintenance individuals, ensuring you have the tools to advocate for yourself while maintaining positive interactions. By the end of this course, you will feel more confident in your ability to communicate effectively in all areas of your life, setting you up for personal and professional success. In this class, we will up your communication skills for the real-world.

Tu, 6:30-8:30PM, 4/1-4/15 \$169 Littleton Campus Cathy Reilly

Essentials of Project Management

NEW!

This Essentials of Project Management Virtual Masterclass helps you improve your ability to lead your team and deliver your projects. It will also help you transform your work and life habits to accelerate your career and pass the Project Management Institute's PMP® or CAPM® Certification Exam.

Th, 8:30AM-4:30PM, 3/20-3/27 \$400 **ACC Virtual Course** Ashleigh Clark

Introduction to Relationship-**Based Mentoring in Education**

NEW!

These courses provide opportunities for experienced ECE teachers to learn and practice beginning-level concepts and philosophy of mentoring new teachers in early childhood education. Upon completion of these courses, participants will be able to apply for the initial coaching credential with the Colorado Professional Development Information System (PDIS).

Tu, 5:30-9:00PM, 2/4-4/22 Hybrid Course Tricia Martin Owen

\$1,299

PMP Certification Exam Prep

NEWI

The Exam Prep Virtual Masterclass course guides you through the final steps before you take the PMP or CAPM certification exam. Gaining a project management credential can be an important milestone in the development of your career!

\$200 Th, 8:30AM-4:30PM, 4/17 **ACC Virtual Course** Ashleigh Clark

Project Management for Non-Project Managers



An overview of the most important things for those who don't manage projects but would like to learn more about project management or who are just getting started. This will set you up with the information you need to begin your project management journey! Learn what a project manager's role is, how to adjust when projects go off track, and all the basics to initiate, plan, and close your projects. You'll even get to know more about the difference between Waterfall and Agile project management

Th, 9:00AM-4:00PM, 3/6 \$200 **ACC Virtual Course** Ashleigh Clark

Using AI for Digital Storytelling

NEWI This workshop introduces participants to Al tools for creating text, images, and multimedia content. Through hands-on activities, attendees will explore Alpowered platforms that enhance creativity and streamline storytelling. No prior experience is needed. By the end of the course, participants will have a small portfolio of engaging digital content they created incorporating Al tools.

\$299 Sa, 10:00AM-2:00PM, 3/1 Littleton Campus Lynn Wilson M, W, 6:00-9:00PM, 3/3-3/5 \$299 **ACC Virtual Course** Lynn Wilson

ENTREPRENEURSHIP

Branding with Generative Al Series

In this series of short courses you will learn basics of Al image generation by completing personal branding projects for your small business organization, side bustless

NEW!

NEWI

NEW

NEW

projects for your small business, organization, side hustle, or passion project. You will create striking visual assets that reflect your brand aesthetic and values through text-to-image and image-to-image projects.

Complete your branding assets using the best free browserbased applications. Choose one project to get a feel for Al image generation, or take the complete series to create a personal branding kit. This series includes three courses:

- Personal Branding: Business Portraits and Brand Persona
- Professional Branding: Logos and Colors
- Social Media Assets and Business Cards

W, 6:00–8:00PM, 4/2–4/16 \$99 Littleton Campus Holly Wasinger

Personal Branding: Business Portraits and Brand Persona

In this course you will define your brand values and create a personal brand that reflects these values. Using a selfie and Al image-to-image generation you will learn to create a series of business portraits for yourself reflecting your professional persona, or you can opt to create a fictional brand ambassador that embodies your brand values.

W, 6:00–8:00PM, 4/2 \$39 Littleton Campus Holly Wasinger

Professional Branding: Logos and Colors

In this course, you will create a logo using AI text-to-image generation, then convert it to a vector graphic using a browser-based free app. Using color symbolism, you will create a brand color palette that reflects the values of your business.

W, 6:00–8:00PM, 4/9 \$39 Littleton Campus Holly Wasinger

Social Media Assets and Business Cards

In this course you will learn to create backgrounds and banners in your brand aesthetic to present a consistently professional presence across platforms using Al text-to-image. Bring your logo (or make one in Professional Branding: Logos and Colors) and we will create matching business cards!

W, 6:00–8:00PM, 4/16 \$39 Littleton Campus Holly Wasinger

Entrepreneurship Unleashed: From Vision to Execution

Join us for an engaging and hands-on two-hour workshop designed to equip aspiring and early-stage entrepreneurs with the foundational knowledge and tools to turn their business ideas into reality. Whether you are just starting out or looking to refine your approach, this session will guide you through the key aspects of entrepreneurship, from developing a compelling business idea to building a sustainable business model.

Sa, 10:00AM–12:00PM, 2/8
Littleton Campus
Sa, 10:00AM–12:00PM, 3/22
ACC Virtual Course

\$159
Jamal Bowen, Lynn Wilson
Jamal Bowen, Lynn Wilson

Make Magic Happen: The POWER of AI to Generate REAL Customers

NEWI

Using the POWER acronym (P–Personalized Traffic, O–Offerings, W–Win their trust, E–Evaluate and Execute, R– Request an action), students will be guided through how to use artificial intelligence to create both physical products, digital downloadable products, and Al-related services that they can sell online. This course leverages the power of artificial intelligence to help you earn money. In this course, you will learn what Al is and is not. You will engage with Al yourself and create real products with currently available and free Al tools. This workshop will be unlike anything else you have ever attended. With your 'hands-on' experience, you will not just learn about Al, but your will immerse yourself into it. When done, you will have created both physical and virtual products, generated by Al, that you can sell and profit from online.

M, 6:00–7:30PM, 2/24–4/7 \$369 Sturm Collaboration Campus at Castle Rock Greg Jameson

Using Chat GPT for Business Writing

Leverage the power of AI to lighten your mental load and focus on what truly matters. In this workshop, you'll learn how to craft effective ChatGPT prompts to stay ahead of the competition and develop innovative solutions. Discover how successful entrepreneurs use ChatGPT to save time, boost productivity, and drive revenue growth like never before.

W, 10:00AM–12:00PM, 2/5 \$299 Littleton Campus Jamal Bowen, Lynn Wilson W, 6:00–8:00PM, 4/16 \$299 ACC Virtual Course Jamal Bowen, Lynn Wilson





Business and Marketing Writing

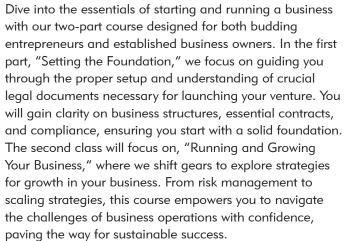
Expand your writing skills and learn to create copy that achieves business and marketing goals. This course will help you use the power of writing to present a solid, cohesive message to your target audience and improve your chances of getting hired or promoted. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours ACC Virtual Course

\$135

Instructor-Moderated

Starting and Building Right: A Two-Part Guide to Business Setup and Growth



 Th, 6:00–8:00PM, 2/6–2/13
 \$59

 Littleton Campus
 Stephanie Dahl

 Th, 6:00–8:00PM, 8/21–8/28
 \$59

 Littleton Campus
 Stephanie Dahl

The Realities of Business Ownership: What No One Tells You



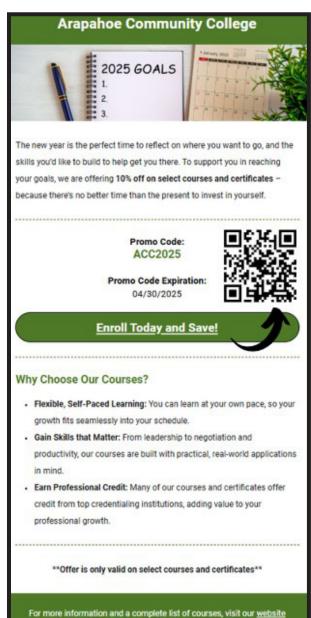
Turning your dream of owning a business into a reality can quickly become overwhelming if you haven't prepared for the "hidden" challenges that come with it. In this course, you'll learn what most business guides leave out—the practical, everyday realities that could make or break your success. Led by an instructor with 20 years of experience in bank lending and as a former restaurant owner, this class offers a no-nonsense approach to understanding the true demands of business ownership. By the end of this course, you'll be better equipped to tackle the challenges of running a business and avoid the costly mistakes that many first-time entrepreneurs make.

W, 6:00–8:00PM, 3/5–3/12 \$59 Littleton Campus Vic Calonder Tu, 6:00–8:00PM, 7/15–7/22 \$59 Littleton Campus Vic Calonder

Soft Skills Suite

Soft skills enable you to interact and engage with others to fully utilize your hard skills. This series will help you learn the secret to achieving successful working relationships with people you perceive to be difficult and how to better communicate with others by conscious and unconscious codes. You'll also discover the steps needed to make great decision so that you can make the most of every opportunity. Bundle includes: Achieving Success with Difficult People, Interpersonal Communication, Skills for Making Great Decisions, and Individual Excellence. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 96 hours \$465 ACC Virtual Course Self-Guided or Instructor-Moderated



ENTREPRENEURSHIP (Continued)

Agile Project Management (Ace Credit)

This online course introduces learners to Agile methods of project management. Beginning with an introduction to the core philosophy of Agile and the basic structure of an Agile project, the following modules address specific challenges that may be encountered by teams using Agile, best practices for integrating Agile methods into Waterfall Environments, and the principles of Scrum, one of several specialized Agile methods. This self-paced course offers an assortment of interactive exercises, videos, selected readings, case studies, and self-assessments that engage students and provide opportunities to practice project management skills in an Agile context. We'll cover Introduction to Agile, Principles of Scrum, Challenges of Agile Teams, Integrating Agile into a Waterfall Environment. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling Enrollment, 32 hours \$695 ACC Virtual Course Self-Guided

Optimizing Remote Work Bundle

Working remotely brings unique challenges to day-to-day work schedules. Technology issues can hinder your productivity and, when you're spending your whole day in the same place, it can be hard to transition from work hours to personal time. This online course bundle equips learners with the skills and strategies to thrive in a remote work environment. The courses offer advice on navigating a virtual career, providing tips on maintaining a healthy work-life balance, and guidance on managing different devices and technologies when working from home. In addition, these courses will give you the tools you need to balance work and life and maintain your emotional health. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 9 hours \$249 ACC Virtual Course Self-Guided

Creating a Successful Business Plan

Turn your business ideas into a solid plan for financing and long-term success. This course will guide you through all the major components of writing a business plan and you'll emerge with your first draft in hand. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling Enrollment, 24 hours \$135 ACC Virtual Course Self Guided or Instructor-Moderated



Wills and Trusts

This course is designed to teach you the basics of wills and trusts, essential tools for planning your estate. You will learn what wills, trusts, powers of attorneys, and living wills are and how they help you and your family. The course will cover the roles of executors and trustees, what a will and a trust will do for you and what happens during the probate process (the court process that validates a will). We will also discuss different types of trusts and how they can help in managing your assets and reducing taxes. Through practical examples and exercises, you'll gain the knowledge to make informed decisions about estate planning and ensure your wishes are carried out effectively and your family is protected.

Th, 11:00AM-1:00PM, 2/20	\$39
ACC Virtual Course	Stephanie Dahl
Th, 6:00–8:00PM, 4/10	\$39
Littleton Campus	Stephanie Dahl
Th, 6:00–8:00PM, 4/24	\$39
ACC Virtual Course	Stephanie Dahl
Th, 11:00AM–1:00PM, 8/7	\$39
ACC Virtual Course	Stephanie Dahl
Tu, 6:00–8:00PM, 8/12	\$39
ACC Virtual Course	Stephanie Dahl
M, 6:00–8:00PM, 8/18	\$39
Littleton Campus	Stephanie Dahl





ONLINE SELLING

CODING BOOTCAMPS

Create a Website for Fun, Profit, and Business!

Discover the best copy/paste, drag and drop website builders that will meet your needs and create an appealing, modern, dynamic, small business website. Included is a complete comparison review of the top Website and E-commerce Store builders. Determine proper planning and layout with an attention-grabbing Initial Focal Point. Learn Search Engine Optimization (SEO), Social Media Marketing, and the Tips and Traps, Dos and Don'ts of website design. Discover the #1 Secret to a successful website! Taught by a multi award-winning instructor and published author from Seattle. Lecture, Zoom class.

Tu, 6:00–9:00PM, 2/25 ACC Virtual Course

Don't Throw it Away—Sell it Online!

Get rid of your "stuff" and get paid! There are several phone apps and platforms that provide an excellent way for you to generate revenue by selling your unwanted used items or by creating a new e-commerce business. This class presents the most popular yet easy to use apps for each of the top categories including Furniture, Electronics, Clothing, Books, Art, and more. Learn which used items sell best and what can't be sold. Includes photography tips, pros and cons, dos and don'ts, tips and strategies, costs and how you get paid. So, determine which apps are the best match for the items you want to sell.

Th, 6:00–9:00PM, 3/6 ACC Virtual Course \$79 Kevin Boyd

\$79

Kevin Boyd

Sell it on eBay!

Discover if your item will sell or not in just One Minute! Learn how to create a seller account, pre-listing preparation, create a listing, upload photos, accept online payments, and determine shipping costs. Includes insider Tips, Tricks and Traps, what to sell and not to sell, where to get FREE shipping supplies and FREE home pickup. Learn proven listing strategies that get the most clicks, draw the highest bids, beat your competition, and close the sale. Covers eBay marketplace research, and how to create a profitable niche. Includes photography tips that will make your items "pop." Plus, how to sell antiques, collectibles and large items you don't want to ship. Taught by a multi-award-winning instructor and published eBay author from Seattle. Lecture, Zoom class.

M, W, 6:00–9:00PM, 2/24–2/26 ACC Virtual Course \$99

Kevin Boyd

Front End Software Developer

Monthly start dates beginning January 7:00–8:30PM ACC Virtual Course, 18 weeks (once per week) \$4,299

Back End Software Developer

Monthly start dates beginning January 7:00–8:30PM ACC Virtual Course, 18 weeks (once per week) \$4,299

Digital Marketing

Start dates in January, February and May 6:00–7:30PM ACC Virtual Course, 16 weeks (once per week) \$4,299

Big Data Engineering

Start dates in January, February and May 6:00–7:30PM ACC Virtual Course, 26 weeks (once per week) \$5,299





COMPUTER SKILLS

Computer Basics

If you have little or no experience with personal computers and want to learn the basics this class is perfect for you. Explore the main components of a typical computer system and the basic elements of the Windows interface. Navigate in Windows Explorer, organize files and folders, search for items on a computer, and personalize Windows. Learn to use an Internet browser and explore tips for routine maintenance. This is a Microsoft Windows course. Book included.

Tu, Th, 6:00-8:00PM, 3/25-4/3	\$169
Littleton Campus	Mike Thomas
Tu, Th, 6:00-8:00PM, 7/22-7/31	\$169
Littleton Campus	Mike Thomas

"Michael Thomas was fabulous. He devoted time to every student to make sure that they were making progress and understood everything that was being presented."

Intro to Generative AI for Creative Expression



In this course, you will learn the basics of creating Al images using a variety of techniques including text-toimage and image-to-image. Complete a series of small projects ranging from creating a character, to inventing a seamless pattern, to designing personalized cards and announcements, to making expressive fine art to decorate your space. Your creative journey will culminate in the creation of your own individual project. Finally, you will learn an array of different printing options to bring your digital images into real life in fun ways.

\$129 Th, 5:30-7:30PM, 2/13-2/27 Holly Wasinger Littleton Campus



Using Your Chromebook: Mastering the Basics



This hands-on workshop is designed to help participants gain a comprehensive understanding of how to effectively use a Chromebook for personal, educational, or professional tasks. In just two hours, you will learn how to navigate the Chrome OS operating system and optimize your Chromebook experience. We'll guide you through essential skills such as understanding the desktop layout, managing folders and files, and navigating system settings for better efficiency.

F, 10:00AM-12:00PM, 7/25	\$159
Littleton Campus	Lynn Wilson
F, 6:00-8:00PM, 8/8	\$159
ACC Virtual Course	Lynn Wilson

Adobe Photoshop CC

This course is designed for aspiring creatives seeking to master image editing, retouching, and digital art creation. You'll explore the ins and outs of Photoshop 2023, from navigating the interface to using advanced tools and techniques. You will dive into layers, selections, masks, typography, and even video editing. Get ready to build a wide range of skills, such as color correction, compositing, vector drawing, working with Camera Raw, and mastering Photoshop's Al-powered Neural Filters. By the end of this course, you'll be equipped with the know-how to create stunning visuals for personal projects or professional work, whether you're a graphic designer, photographer, or digital artist. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

\$394 Rolling enrollment, 32 hours **ACC Virtual Course** Self-paced

Keyboarding

Become faster and more confident at the keyboard. This course will help you learn how to touch-type the alphabetic, numeric, and symbol keys; create, save, and edit word processing documents; and successfully take a timed writing test during a job interview. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours \$129 ACC Virtual Course Self-Guided or Instructor-Moderated



MICROSOFT PROGRAMS

Microsoft Excel 2019 and 365 Level 1

Microsoft Excel Level 1 teaches some of the most essential introductory skills for using the Excel app. Introductory topics include identifying parts of the Office user interface; entering, editing, and formatting entries; selecting cells and ranges; creating and modifying basic formulas; applying relative and absolute cell referencing in formulas, inserting charts and tables; creating a template; and sorting and filtering data. Learners will be in a computer lab where they will be able to develop and apply skills. Book included.

Tu, Th, 6:00-8:00PM, 4/22-5/1	\$169
Littleton Campus	Joseph Bigelow
Tu, Th, 6:00-8:00PM, 8/5-8/14	\$169
Littleton Campus	Joseph Bigelow

Microsoft Excel-Pivot Tables

Maximize your investment in Microsoft Excel by mastering its pivot table features. In this practical hands-on course, you will discover how to use different layouts, subtotaling, and filtering options and discover a variety of advanced techniques for pivot tables, including Pivot Charts, Timelines, and Slicers. You will also master data analysis by learning how to quickly and easily summarize your data. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling Enrollment, 24 hours \$145 ACC Virtual Course Self-Guided or Instructor-Moderated

Microsoft Word Series

Learn how to effectively use Microsoft Word 2016, the most widely used word processing software anywhere in the world. You'll start with the basics, gaining foundational skills to create documents like letters and reports. Then, move on to intermediate skills, learning how to edit and format text, work on two documents simultaneously, and more through hands-on exercises. Finally, you'll tackle advanced topics like shortcuts and how to create professional-looking signs, newsletters, and even greeting cards as you build your professional skill set and become an expert user of Microsoft Word 2016. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 48 hours \$260 ACC Virtual Course Instructor-Moderated

Introduction to Microsoft PowerPoint 2019/ Office 365

Make presentations go from "so-so" to sensational with PowerPoint. This course will help you learn to use Microsoft PowerPoint 2019/Office 365 to create professional-quality slide presentations that grab attention and make your message memorable from start to finish. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours \$147 ACC Virtual Course Self Guided or Instructor-Moderated



TEST PREP

Becoming a U.S. Citizen

This comprehensive course is designed to successfully navigate your road to citizenship. Learn the fundamentals of United States History and Civics, as well as step-by-step details of your Citizenship N-400 Application. Prepare for your citizenship interview with USCIS today with English comprehension and speaking lessons woven throughout the course. Individual attention is provided.

W, 6:00–8:00PM, 2/5–4/30	\$259
Littleton Campus	Victoria Martysh
W, 6:00-8:00PM, 6/4-8/27	\$259
Littleton Campus	Victoria Martysh

GED Comprehensive Study Session

Join us for a comprehensive GED study session designed to boost your confidence and knowledge across all subject areas of the GED exam. Whether you're aiming to earn your high school equivalency credential or looking to improve your skills for personal or professional development, this session is tailored to meet your needs.

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Sa, 9:00AM–3:30PM, 3/8	\$89
Littleton Campus	Anita Nobles
Sa, 9:00AM–3:30PM, 4/12	\$89
Littleton Campus	Anita Nobles
Sa, 9:00AM–3:30PM, 6/21	\$89
Littleton Campus	Anita Nobles
Sa, 9:00AM–3:30PM, 7/26	\$89
Littleton Campus	Anita Nobles

GED Prep: English/Social Studies

This GED prep course focuses on helping learners develop the skills and knowledge necessary to succeed in the English and Social Studies areas of the GED exam. Through classroom instruction, practice tests, homework, and study aids, we will ensure you're prepared to pass these two exams. We'll focus on reading comprehension and writing skills through reading passages, analyzing text, writing essays, and practicing grammar and sentence structure. We'll evaluate comprehension of history, geography, civics, economics, and government through reviewing historical events, political structures, cultural geography, and economic and societal matters.

Th, 6:00–7:30PM, 2/13–4/24	\$189+book
Littleton Campus	Anita Nobles
Th, 6:00–7:30PM, 6/5–8/14 Littleton Campus	\$189+book Anita Nobles

GED Prep: Math/Science

Has it been awhile since you've practiced Algebra or Geometry? Does interpreting science experiments or using numbers in science intimidate you? This class is great for learning, or relearning, materials needed to pass the GED Math and Science tests.

Th, 4:30–6:00PM, 2/13–4/24	\$189+book
Littleton Campus	Anita Nobles
Th, 4:30–6:00PM, 6/5–8/14	\$189+book
Littleton Campus	Anita Nobles

Math Practice

We recognize that math can be scary! Join this working group to provide additional support and accountability as you practice GED math problems.

Th, 3:30-4:30PM, 3/13-4/17	\$59
Littleton Campus	Anita Nobles
Th, 3:30-4:30PM, 6/19-7/24	\$59
Littleton Campus	Anita Nobles

Math Refresher

Learn how to use math to your advantage in everyday life. The lessons in this course are filled with practical exercises and information that you can put to immediate use. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours \$129 ACC Virtual Course Self-Guided or Instructor-Moderated







HEALTH & WELLNESS

Holy Fire Reiki Level 1

Holy Fire Reiki is a type of Reiki energy and a system of Reiki healing based on Holy Fire energy. This energy has been active in the world since ancient times. In this class, you will learn this new form of Reiki healing which is a natural and simple healing method that balances the energies in your body. Reiki works on all levels—physical, mental, emotional, and spiritual. The class includes the Holy Fire Reiki I Placement with complete instruction on how to use Reiki to heal yourself and others.

Tu, 6:00–9:00PM, 4/22–4/29 Littleton Campus \$89+\$20 material fee Sandra Gourd

Beginning Tai Chi

Yang Style Tai Chi 8 form for beginners with Qigong warm up and basic Tai Chi foundation work. Our May and July classes are held outdoors on ACC's West Lawn!

Th, 6:30-8:00PM, 1/2-1/23	\$99
ACC Fitness Studio	Rich Mulvey
Th, 6:30-8:00PM, 3/6-4/3	\$99
ACC Fitness Center	Rich Mulvey
Th, 6:30-8:00PM, 5/1-5/22	\$99
ACC West Lawn	Rich Mulvey
Th, 6:30-8:00PM, 7/3-7/24	\$99
ACC West Lawn	Rich Mulvey

"A great course for beginners or more experienced Tai Chi practitioners."

Positive Psychology: The Science of Happiness

What makes life worth living? How do we keep our heads up and avoid being bogged down in negativity? Positive psychology is the study of what makes people flourish in all areas of life. This course delves into the science of positive psychology to give you practical strategies you can use each day to increase positive well-being on a short and long-term basis. These are science-based strategies that have been used by mental health practitioners around the world and have the power to change the way you live. Topics will include, but are not limited to: how to experience more positive emotions, the science of gratitude, mindfulness, changing stress mindset, and building positive relationships. Adolescents, families, and couples are all welcome!

W, 6:00–8:00PM, 3/26–4/23 Littleton Campus \$149

John Ameen

Prevention and Recovery from Chronic Stress and Burnout

NEW

Chronic stress and burnout have reached epidemic levels, with more than half of Americans feeling the impact on their health and wellbeing. The pressures of heavy workloads, long hours, financial concerns, and constant digital connectivity make it harder to find balance. But there's hope. This course is designed to help you recognize the signs of chronic stress and burnout, offering practical techniques like mindful breathing, time management strategies, and setting healthy boundaries. You'll also explore how to reframe negative thoughts and cultivate gratitude. Through actionable tips and a playful, mindful approach, you'll learn how to cope, heal, and thrive in today's fast-paced world.

Th, 6:00–7:30PM, 3/20–4/3 ACC Virtual Course \$269 Jayashree Chenglath



HEALTH & WELLNESS

Adventure Herbal 1st Aid

NEW

Planning on traveling, hiking, or camping this summer? We will discuss several plants and preparations. Leave the workshop prepared for and knowledgeable about situations ranging from poison ivy in your backyard, preventing infections, to international traveling qualms.

Sa, 9:30-11:00AM, 6/21 Bridget's Botanicals

\$69

Bridget Molloy

Backyard Kitchen Medicine

NEWI

Curious about herbalism and the practical uses of plants that can enhance your health and wellbeing? Join us for this introduction to using herbs as kitchen ingredients. We will learn about their properties for your health and uses throughout history. From ancient times to modern day, the kitchen has been the best place to start with your health!

Sa, 9:30-11:00AM, 4/26 Bridget's Botanicals

Bridget Molloy

\$69

Discover Herbalism

Explore natural health through herbs! Learn

about the top 5 herbs for vibrant health. This presentation will include how to use and integrate these herbs into your life, easy herbal recipes, and how to get started making your own herbal medicine at home.

Sa, 9:30-11:00AM, 1/25 Bridget's Botanicals

\$69 **Bridget Molloy**

Herbs for Women's Health

During this wholesome and empowering course, explore herbs through 4 different areas of women's health and sexual wellbeing: Female Anatomy and Physiology, Sacred Feminine, Sexual Wellbeing, Menstruation, Fertility, and Menopause. You'll learn herbal medicine making and build a personal apothecary specific to women's health and sexual wellbeing while connecting in circle with other women. Together we will experience and make herbal recipes, rituals, laughter, projects, tea, and more! This course is designed for 18+. First Sunday of each month: 2/2, 3/2, 4/6, 5/4, 6/1, 7/6, 8/3. We will decide together on a date for a field trip one Saturday from 10:00AM-4:00PM

Su, 2:00-5:00PM, 2/2-8/3 Bridget's Botanicals

\$1,399

Bridget Molloy

Neighborhood Herb Walk

Join me for an herb walk to discover what is hidden among the sidewalks, alleys, and backyards. We will learn about the medicinal properties and harvesting times of different edible plants and herbs that we commonly see every day.

Sa, 9:30-11:00AM, 5/17

\$69

Bridget's Botanicals

Bridget Molloy

Remedies for Winter

NEWI

Welcome winter with wellness! Staying healthy and warm through these months is a great way to make sure you enjoy the holiday season. In this class, learn how to support your immune system and nourish your body using a variety of herbs and tasty kitchen remedies. We will also make a winter remedy for you to take home and enjoy.

Sa, 9:30-11:00AM, 2/22

Bridget's Botanicals

Bridget Molloy

Spring Tonics and Detox Herbs

Herbs help us detoxify, cleanse and renew our organs, as well as our spirits. Learn about herbs that rejuvenate your mind and body as we enter into the Spring season. We will discuss how these herbs act in the body, and what benefits tonic herbs may hold for you. For this workshop, have fun tasting a variety of herbs specifically useful for the spring season and learning how to craft a spring herbal remedy.

Sa, 9:30-11:00AM, 3/22

\$69

Bridget's Botanicals

Bridget Molloy





Food is Medicine— Healthy Eating Habits and Tips

NEWI

Optimal nutrition is key to your overall health and well-being, and it can significantly boost your daily performance. In this course, you'll discover simple, practical eating habits and tips that nourish not only your body but also your mind. Learn how small changes in your diet can lead to big improvements in your energy, focus, and long-term wellness, helping you live a more vibrant and balanced life.

W, 6:00–7:30PM, 1/29 Littleton Campus \$89

Jayashree Chenglath

Mastering Habits: Growing Good, Breaking Bad

NEWI

Our habits shape our lives, for better or worse. The good ones can boost our health, productivity, and happiness, while the bad ones can hold us back. In this course, you'll learn how to break free from harmful habits and build positive ones that stick. Through simple, proven techniques, you'll discover how habits are formed and how to make lasting changes that lead to a more fulfilling life. Take control of your daily routine and create the life you want, one habit at a time.

Th, 6:00–7:30PM, 8/21–8/28 Littleton Campus/ACC Virtual Course Jayashree Chenglath \$179

Optimize Your Potential by Shifting Mindset

ψ1/:

\$179

NEWI

Struggling to find the motivation to hit the gym, go for that promotion, or quit smoking? It's not just a personal issue—it's about how we approach the challenge. In this course, you'll be introduced to powerful tools from Positive Psychology and Character Strengths, helping you develop strategies for a positive mindset and mental resilience. Learn how to identify your mental "saboteurs" and tap into your inner "sage" to boost your performance and happiness. Through engaging exercises, you'll build mental fitness and agility, empowering you to thrive in all areas of life.

Th, 6:00–7:30PM, 5/22–5/29 Littleton Campus or ACC Virtual Course Jayashree Chenglath

Powerful Keys to Lasting Health and Happiness

NEW

Can you learn to be healthier and happier? Absolutely—and this course will show you how. We're living longer, but are we truly living better? The great news is that a vibrant, fulfilling life is within your grasp. Research shows that up to 90 percent of your well-being comes down to the choices you make every day. In this interactive course, you'll discover practical, proven strategies to improve your health, master stress, and infuse more joy into your life. Learn how to prevent disease, build mental and emotional resilience, nurture meaningful connections with self and others, and create habits that support lasting vitality. Transform your life from the inside out and unlock your potential for living with purpose and energy. It all starts with you.

Th, 6:00–7:00PM, 6/19–7/31 ACC Virtual Course \$349

Jayashree Chenglath

Sleep Well to Power Up Your Life

NEW!

More than one in three Americans don't get enough sleep, increasing the risk of Alzheimer's, depression, stroke, heart disease, Type 2 diabetes, obesity, cancer, and other lifestyle related health problems. Explore the strong connection between good sleep and effective weight management. Gain practical tips to enhance sleep quality and manage weight, aiming to prevent diseases and improve overall well-being. Start your journey toward feeling better and more energized!

Th, 6:00–8:00PM, 4/24 Littleton Campus \$119

Jayashree Chenglath

Spiritual Training Wheels

NEW!

This course is designed to guide students on a journey of spiritual self-discovery, helping them understand their existence as 3D beings and how to elevate their vibrations to align with their higher selves. Through a blend of mindfulness practices, energy awareness, and meditation techniques, students will learn to recognize and release low-vibration patterns, connect with their higher purpose, and develop a deeper sense of alignment with the spiritual contracts they made for this lifetime. The course emphasizes practical applications of spiritual principles, enabling students to enhance not only their personal growth but also the well-being of their families and communities. Ideal for those seeking a foundational understanding of spiritual practices and how to integrate them into everyday life.

Tu, Th, 6:00–8:00PM, 4/1–4/10 Littleton Campus \$129

Timmy Edens

HEALTHCARE CONTINUING EDUCATION

QMAP

(Qualified Medication Administration Personnel)

Qualified medication administration personnel (QMAP) classes teach unlicensed staff members to safely administer medications in certain settings where it's authorized by law.

A QMAP can:

- » Administer medications according to written physician's orders.
- » Maintain proper documentation of the administration of both prescription and non-prescription drugs.
- » Use proper techniques when administering medications by various routes.
- » Safely and accurately fill and administer medications to and from medication reminder boxes with oversight from a licensed person or qualified manager.
- » Administer medications only in authorized settings:
 - Assisted living residences
 - Adult foster care facilities
 - Alternative care facilities
 - · Residential child care facilities
 - Secure residential treatment centers
 - State certified adult day programs
 - Program approved service agencies (PASA) serving people with intellectual and developmental disabilities

M, Tu, 9:00AM-2:00PM, 2/10-2/11 Littleton Campus \$199

William Tinley

Medical Math

Master the math skills you need to succeed in the medical field from calculating dosages to using scientific formulas. Whatever medical field you are in, the hands-on activities in this course will help you perform day-to-day math tasks quickly, easily, and accurately. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours

\$135

ACC Virtual Course Self-Guided or Instructor-Moderated

Certificate in Food, Nutrition, and Health

Learn how food interacts with your body and discover how to make healthy nutritional choices that will impact your well-being. This course provides an overview of current food and nutrition issues, including obesity, nutrition and stress, food labels, botanicals and herbs, genetically modified foods, and how your food choices affect your physical, social, emotional, and spiritual health. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 16 hours \$129 ACC Virtual Course Self-Guided or Instructor-Moderated







HEALTHCARE CONTINUING EDUCATION

ELMS—Executive Life Management Skills

This dynamic virtual non-credit course focuses on developing the essential executive skills necessary for effective life management. From self-assessment to goal setting, organizing to problem solving, you will gain a comprehensive understanding of these skills and how they can be impacted by brain injury. By equipping you with practical strategies, the course aims to enhance their ability to manage your own life and return to productive activities, such as work, school, or volunteering.

In this course we will work on the following:

- 1. Self-assessment/Awareness (strengths and challenges)
- 2. Goal-setting and Goal Persistence
- 3. Organizing, Prioritizing, Breaking into Steps
- 4. Remembering (including notetaking)
- 5. Planning
- 6. Problem Solving

The virtual non-credit course combines theoretical knowledge with real-world applications. Through interactive discussions, case studies, and hands-on exercises, you will develop a deep understanding of the concepts and acquire practical tools for effective life management. The course encourages you to take charge of your own life, becoming the executive managers of your personal journey.

Join us in becoming the executive manager of your life after brain injury, and unlock your potential for personal growth, productivity, and a fulfilling postinjury life. Discover the strategies to regain control, set meaningful goals, and navigate the challenges of life management with confidence and resilience. This course has Friday virtual check-ins from 1:00–1:30PM via Zoom. Scholarships are available to qualified individuals.

Tu, 9:30–11:30AM, 1/28–3/18 ACC Non-Credit Virtual Course Rachel Gramig, MS, OTR/L, CBIS

SAIL: Self Advocacy for Independent Life

Join our transformative non-credit virtual course, where we follow the evidence-based S.A.I.L. curriculum designed for individuals navigating life after a brain injury. This comprehensive program emphasizes self-advocacy and self-management skills across five core areas:

- 1. Self-Assessment and Goal Setting: Assess your needs and set attainable post-injury goals.
- 2. Wellness: Foster physical, emotional, cognitive, and social well-being.
- 3. Cognitive Skills: Develop problem-solving, memory, attention, and decision-making techniques.
- 4. Information and Resources: Access knowledge and resources for effective self-management and self-advocacy.
- 5. Psycho-Social Skills: Cultivate successful interactions at home, in the community, at school, and at work.

This non-credit virtual course offers a supportive and engaging learning environment. Through interactive discussions, exercises, and real-life scenarios, gain valuable insights and skills to navigate your life post brain injury confidently.

Enroll in S.A.I.L. today to embark on a transformative journey of self-advocacy and empowerment. Become an effective self-advocate and manager of your own life, unlocking your potential for personal growth, independence, and successful reintegration after a brain injury. Let's navigate this path together. This course has Friday virtual check-ins from 10:00–10:30AM via Zoom. Scholarships are available to qualified individuals.

W, 10:00AM–12:30PM, 2/26-5/14 ACC Non-Credit Virtual Course Lisa Elder, CTRS

\$389

\$699

"SAIL was a great course tailored for individuals who want to be better"

PLAY. GATHEI

LEARN.

HOBBY

AARP Safe Driving Course

Sa, 9:00AM-1:00PM, 6/7

Refresher on Safe Driving Procedures and Colorado Driving Law. Participants over 55 are given a reduction on car insurance by state law.

Sa, 9:00AM-1:00PM, 2/1	\$20 AARP members
Donald Abram	\$25 non-members
Sa, 9:00AM-1:00PM, 4/5	\$20 AARP members
Donald Abram	\$25 non-members

Donald Abram \$25 non-members
Sa, 9:00AM-1:00PM, 8/2 \$20 AARP members
Donald Abram \$25 non-members

\$20 AARP members

"AARP Safe Driving was good and well presented by the instructor."



Motorcycle Driver Safety Courses at ACC's Littleton Campus

303.789.3264 abateofcolo.org To Register and Find Out More!





Beekeeping for Newbees

Thinking of becoming a beekeeper, or just interested in learning more about the honeybee? This is an introductory class to learn the basics about bees and how to care for them. We will cover bee basics, hive management, creating a bee-friendly space, and all things honey! Come learn about the tiny but mighty honeybee, how bees affect our world, and how we can participate with them.

Sa, 9:00AM–12:00PM, 2/8 \$39 Littleton Campus Keysha Boggess

"Loved Beekeeping for Newbees far more than I expected!"

First Year Beekeeping and Beeyond

This class will help beginning beekeepers succeed during your first bee season and beeyond! Learn how to install your bees, perform hive inspections, understand what your bees need, and how to help them thrive. We will dive deep into what to expect your first year and you'll be ready to confidently begin your beekeeping journey.

Sa, 9:00AM–3:00PM, 3/1 \$79 Littleton Campus Keysha Boggess





Classes fill quickly. Register soon!

Beginning ESL

For beginners who speak little English. Learn to speak, read, and begin to write the English language. Discover fun facts about Colorado while you learn.

Tu, Th, 6:30–8:30PM, 2/4–4/17	\$209+book
Littleton Campus	Victoria Martysh
M, W, 9:00–11:00AM, 2/24–5/7	\$209+book
Art & Design Center	TBA
Tu, Th, 6:30–8:30PM, 6/3–8/14	\$209+book
Littleton Campus	Victoria Martysh
M, W, 9:00–11:00AM, 6/16–8/27	\$209+book
Littleton Campus	TBA

Intermediate ESL

This English as a Second Language camp is a great way to have fun while improving your English. For youth and teens who not only want to improve their English, but also their conversational skills with their fellow English-speaking classmates. Learn new English skills together and make new friends!

Tu, Th, 6:30–8:30PM, 2/4–4/17	\$209+book
Littleton Campus	Michelle Fuller
M, W, 9:00-11:00AM, 2/24-5/7	\$209+book
Art & Design Center	Anita Nobles
Tu, Th, 6:30–8:30PM, 6/3–8/14	\$209+book
Littleton Campus	TBA
M, W, 9:00–11:00AM, 6/16–8/27	\$209+book
Littleton Campus	Anita Nobles

Advanced ESL

Get more confident in your reading, writing, and conversational skills. This is a continuation of Intermediate English as a Second Language.

Tu, Th, 6:30–8:30PM, 2/4–4/17	\$209+book
Littleton Campus	Erik Fuller
M, W, 9:00–11:00AM, 2/24–5/7	\$209+book
Art & Design Center	TBA
Tu, Th, 6:30–8:30PM, 6/3–8/14	\$209+book
Littleton Campus	Josh Forristall
M, W, 9:00–11:00AM, 6/16–8/27	\$209+book
Littleton Campus	TBA

ASL (American Sign Language) Brush-Up

ASL Brush-Up is an interactive, casual time for using previously-learned American Sign Language in activities, conversation, and games. Each session will be unique, based on the signing skills/knowledge of the participants. A minimum of eight people is required for this class to run. It is recommended that you review the vocabulary from previous classes via your vocabulary lists and/or instructormade videos prior to ASL Brush-Up.

W, 6:00–8:00PM, 6/4 \$29 Littleton Campus Jennifer Wise

Beginning ASL Part I

Beginning ASL Part 1 is for students new to the world of ASL and Deaf Culture. The class is designed to include all the fundamentals of American Sign Language and its grammar, along with Deaf Culture basics, presented in a fun, engaging manner intended to prepare and interest students in additional ASL classes. Additional classes will build greater vocabulary while having cultural understanding already in place. Course registration closes approximately one week before the first day.

Tu, 6:00–7:30PM, 3/11–5/6 \$149 Littleton Campus Jennifer Wise

Intermediate ASL Part II

Intermediate ASL Part II is designed as a follow-up to Intermediate ASL Part 1 (and Beginning ASL Parts 1 and 2) to build both greater expressive language skills (signing) and greater receptive language skills (understanding what is signed to you) while having cultural understanding already in place. The class will touch on a few additional Deaf Culture points as well as a tool for improving fingerspelling fluency. Course registration closes approximately one week before the first day.

Tu, 6:00–7:30PM, 1/28–3/4 \$119 Littleton Campus Jennifer Wise

"The Advanced ESL teacher is really great and helps each student with their own difficulties"

SPANISH

Beginning Spanish 100

This course is designed to promote beginner writing and oral communication. Vocabulary in context, grammar, and cultural units will be covered. Upon completion of this course, students will be able to greet and introduce themselves to others, tell time, describe weather conditions, recognize cognates, talk about personality/physical traits, discuss what people do using the regular present tense of -ar, -er, and -ir verbs, to express how people are feeling, and how to express possession. The course also includes activities such as: reading comprehension, listening comprehension, writing and speaking. This course includes an optional book.

W, 5:30–7:30PM, 2/5–4/2	\$169
Littleton Campus	Jimena Pearson
Tu, Th, 6:00-8:00PM, 3/4-3/27	\$169
Littleton Campus	John Soister
Sa, 9:00AM-12:00PM, 3/8-4/12	\$169
Littleton Campus	Shawn Stein
Th, 6:00-8:00PM, 6/5-8/7	\$169
Littleton Campus	Shawn Stein

Beginning Spanish 101

This course is designed to promote intermediate writing and oral communication. Vocabulary in context, grammar, and cultural units will be covered. Upon completion of this course, students will be able to convey likes and dislikes, narrate an action in progress (present progressive), describe plans and conveying what will happen in the future (Ir+a+infinitive), express opinions by talking about what they want or what they prefer (stem changing verbs), point out demonstrative adjectives, discuss to whom or for whom an action takes place, and to avoid repetition in speaking and writing (OD and ID pronouns), talk about events in the past (Preterite), talk about knowing people or knowing how to do things (Saber and Conocer), and talk about daily routines (reflexive verbs). The course also includes activities such as: reading comprehension, listening comprehension, writing, and speaking. This course includes an optional book.

Tu, Th, 6:00-8:00PM, 4/1-4/24	\$169
Littleton Campus	John Soister
W, 5:30-7:30PM, 4/9-5/28	\$169
Littleton Campus	Jimena Pearson
Sa, 9:00AM-12:00PM, 4/19-5/17	\$169

Beginning Spanish 102

This course is designed to promote very intermediate writing and oral communication. Vocabulary in context, grammar, and cultural units will be covered. Upon completion of this course, students will be able to describe past events in detail, discuss situations, celebrations, describe conditions, express ongoing actions in the past (imperfect progressive), explain how something is done (adverbs), and ranking people and things (ordinal numbers). The course also includes activities such as: reading comprehension, listening comprehension, writing, and speaking. This course includes an optional book.

Tu, Th, 6:00-8:00PM, 4/29-5/22	\$169
Littleton Campus	John Soister
W, 5:30-7:30PM, 6/4-7/23	\$169
Littleton Campus	Jimena Pearson

Intermediate Spanish 200

This course is designed to promote advance writing and oral communication. Vocabulary in context, grammar, and cultural units will be covered. Upon completion of this course, students will be able to state impersonal information, give directions, explain how to get to places, give suggestions in informal settings (commands), state an action that has some relation to the present (present perfect), and talk about the future. The course also includes activities such as: reading comprehension, listening comprehension, writing, and speaking. This course includes an optional book.

W, 5:30-7:30PM, 7/30-9/17	\$169
Littleton Campus	Jimena Pearson

Spanish for Travelers

Are you preparing for an upcoming trip? Join this course to acquire fundamental Spanish vocabulary that will assist you in navigating everyday situations during your travels. You'll focus on essential phrases such as greetings, expressing emotions, asking for directions, making purchases, posing basic inquiries, discussing time, and handling currency. By the course's conclusion, you'll be equipped to engage in brief conversations and feel confident for your journey.

W, 6:00-8:00PM, 4/2-4/30	\$109
Littleton Campus	John Soister
W, 6:00-8:00PM, 7/9-8/6	\$109
Littleton Campus	John Soister



Littleton Campus



Shawn Stein

SPANISH (Continued)

ADDITIONAL LANGUAGES

Spanish for Medical Professionals

Prepare for any situation by bridging the communication gap between you, your patients, and worried family members. This course provides knowledge of basic medical phrases to help you better communicate with the Spanish-speaking community. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours \$135 ACC Virtual Course Self Guided or Instructor-Moderated

Spanish for Law Enforcement

Communicate more effectively with the Spanish-speakers around you, and add a valuable skill to your resume. This course will help you master basic Spanish and gain more power handling situations that involve Spanish-speaking victims, witnesses, or criminals. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours \$129 ACC Virtual Course Instructor-Moderated

Spanish in the Classroom

Bridge the communication gap between you, your Spanish-speaking students and parents with essential Spanish for teachers. This course starts with the basics and provides survival phrases for parent-teacher conferences so that you can discuss progress, deal with academic and behavior problems, and provide grades and homework.

Rolling enrollment, 24 hours \$129 ACC Virtual Course Self-Guided or Instructor-Moderated

Let's travel together!



Beginning Conversational German

Learn beginning German.

M, 6:00–7:30PM, 6/9–7/14 \$129 Littleton Campus Birgid Howell

Instant Italian

NEW

Learn to express yourself comfortably in Italian. You'll be surprised how quickly and easily you are able to learn Italian in this course, which provides knowledge of practical, everyday words and phrases you are likely to hear if you vacation in Italy. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours \$129 ACC Virtual Course Instructor-Moderated

Conversational Japanese

Prepare for your next trip to Japan by learning the basics of conversational Japanese. This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 24 hours \$129 ACC Virtual Course Instructor-Moderated

Academic Study Abroad

This program is designed to feature guided learning, cultural engagement, program immersion, and experiences to develop global competency while connecting your learning to a variety of ACC academics. Fundraising and scholarships available.

•Costa Rica May 30–June 7, 2025

London, Yorkshire & Edinburgh
 May 28-June 4, 2026

COSTA RICA LONDON +







Community Travel Abroad

Exclusive trips for community members seeking an upscaled experience. Immerse yourself in breathtaking landscapes, ancient architecture, and iconic cultural landmarks. Our carefully curated journeys include personalized guided tours, optional flights, elegant accommodations, authentic local cuisine, enriching cultural experiences, optional excursions, and travel extensions for those looking to explore even further.

- Sicily: Palermo, Syracuse & Taormina July 12–20 2025
- Budapest, Vienna & Prague
 Oct 9–Oct 19, 2026





To discover more & sign up for exclusive updates, contact Study Abroad Director, trish.sangelo@arapahoe.edu

FINANCE

Women and Finance—Series

Now more than ever, women are focused on their finances and prioritizing their financial well-being. Having a solid personal financial planning process is the first step in achieving your financial goals. This series of classes will allow you to take charge of your finances, change your financial mindset, build real wealth, and plan for unexpected expenses. Get the confidence you need to handle your money and build a roadmap to a sound financial future. You can pick and choose your desired courses or enroll in all three.

- Organizing Your Finances, Debt Management, Types of Investments
- Financial and Tax planning
- Retirement

W, 5:30-7:30PM, 2/5-4/9 Littleton Campus

\$99 Nadia Shokohi

Women and Finance—Organizing Your Finances, Debt Management, Types of Investments

Take control of your financial future with this essential class covering:

- Organizing Finances—Learn budgeting, expense tracking, and simple systems to streamline your financial life.
- Debt Management—Explore effective debtreduction strategies and create a plan to achieve financial freedom.
- Types of Investments—Understand the basics of stocks, bonds, and other investments to build a wellrounded portfolio.

By the end, you'll have the tools to organize your finances, manage debt, and start investing confidently.

W, 5:30-7:30PM, 2/5

\$49

Littleton Campus

Nadia Shokohi

Women and Finance—Financial and Tax Planning

Learn the essentials of financial and tax planning to optimize your wealth. This class covers strategies for setting financial goals, maximizing savings, and reducing tax liabilities. Gain insights into tax-efficient investments and planning techniques that can help you keep more of what you earn and grow your wealth over time.

W, 5:30-7:30PM, 3/5

\$49

Littleton Campus

Nadia Shokohi

Women and Finance—Retirement

Prepare for a secure retirement with this focused class on retirement planning. Learn strategies for building a retirement fund, understanding Social Security, and planning for healthcare costs. Discover how to set realistic retirement goals and create an income plan that supports the lifestyle you envision.

W, 5:30-7:30PM, 4/9 Littleton Campus

\$49

Nadia Shokohi



Personal Finance for Working Mothers

NEW If you are constantly working and it doesn't seem to show up in your bank account, there are things within your power to change it. Whether you are in bankruptcy, have unimaginable credit card debt, are facing foreclosure, or whether you have zero debt and are financially rich, this course is for financially strapped and financially abundant mothers alike. Money management is a learnable skill. No one is "born" being an excellent money manager.

In this course, you'll learn:

- How to identify financial leaks and patch them.
- How to increase your ability to earn, without piling in more working hours.
- How to save money and avoid waste.
- How to draw boundaries with family and friends who live at your financial expense.
- How to have a healthy emotional connection with your feelings about money.

Tu, 6:00-8:00PM, 2/25 \$39 Preethi Fernando **ACC Virtual Course** \$39 Sa, 10:00AM-12:00PM, 5/10 **ACC Virtual Course** Preethi Fernando



REAL ESTATE INVESTING

Alternatives to Traditional Real Estate Investing

Look at real estate investing from an angle other than single family homes, duplexes, or condos. There's a world of options out there; commercial property, assisted living homes, partnerships, and more! Learn how to create a business plan for your investment, including financing options, management, and the formulas you need to measure your ROI. While this class is aimed at people who have already discovered the advantages of investing in real estate, it can also be suitable for those simply ready to diversify into investments other than the stock market. A personalized meeting is included. The Instructor, Jim Flint, CRS, has over 35-years experience with real estate in five states. If you have questions, please call Jim Flint at 303.759.2222.

Tu, 6:00–9:00PM, 3/25	\$49+\$20 material fee
Littleton Campus	Jim Flint
Th, 6:00–9:00PM, 5/8	\$49+\$20 material fee
Littleton Campus	Jim Flint
Th, 6:00–9:00PM, 7/24	\$49+\$20 material fee
Littleton Campus	Jim Flint



Fundamentals of Real Estate Investing: How to Take Advantage of Any Market and Profit

Learn how to buy homes at foreclosure sales, how much money is needed, and how to bid. Learn how to get a good return on your money, 1031 Exchanges and Reverse Exchanges, and how to reduce your income taxes. Learn an analytical approach to investing. You can be your own boss and never get fired! Learn how to invest in cash flow mini storages and assisted living homes. An individual meeting with the instructor is included for no additional fee.

Tu, 6:00-9:00PM, 3/18	\$49+\$20 material fee
Littleton Campus	Jim Flint
Th, 6:00–9:00PM, 5/1	\$49+\$20 material fee
Littleton Campus	Jim Flint
Th, 6:00–9:00PM, 7/17	\$49+\$20 material fee
Littleton Campus	Jim Flint

Managing Your Rental Properties: Learn how to Avoid Trouble and Vacancies

This class is taught by Jim Flint, CRS, with over 40-years' experience in Denver investment real estate. Dan Hagstrom also teaches this class. Learn how to screen your prospective tenants and keep the bad ones out. Be aware of "dos and don'ts" when dealing with tenants. If you must evict, how? Have a pool of qualified service people that respond quickly. We'll explain how to keep your property rented when others have vacancies. We also review the Fair Housing Laws and the new laws passed by Colorado in the last few years. Is professional property management for you? A detailed discussion of a lease used in over 300 housing units is part of the class. An individual meeting with the instructor is included for no additional fee. If you have questions, please call Jim Flint at 303.759.2222.

Th, 6:00–9:00PM, 3/20	\$49+\$20 material fee
Littleton Campus	Jim Flint
Tu, 6:00–9:00PM, 5/6	\$49+\$20 material fee
Littleton Campus	Jim Flint
Tu, 6:00–9:00PM, 7/22	\$49+\$20 material fee
Littleton Campus	Jim Flint

STOCK MARKET



Stock Trading Suite

If you want to learn how to make money in the stock market wisely, this series will give you the tools you need for successful investments. Learn the fundamentals of investing by learning the ins and outs of the stock market, 401K plans, retirement planning, and personal financial goals. Once you've mastered the basics, you'll move on to techniques for valuing stocks, including how to read financial statements and conduct economic research and how to buy, sell, and profit with tools used by professional investors. Complete this series and learn to leverage your investment dollars in any type of market. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling Enrollment, 72 hours \$340 ACC Virtual Course Instructor-Moderated

RETIREMENT PLANNING

Retirement Planning Today

Retirement Planning Today explains time-tested strategies that help you to make informed financial decisions. Plan for your future with confidence. Build a nest egg, protect your assets, and create a retirement plan that matches your goals and values. Determine the savings you need to retire today or in the future.

Th, 6:30–9:30PM, 1/30– 2/6	\$59+book included
Littleton Campus	Milt Murphy
Tu, 6:30–9:30PM, 2/4– 2/11	\$59+book included
Littleton Campus	Milt Murphy
Th, 6:00–9:00PM, 2/13– 2/20	\$59+book included
Highlands Ranch Rec Center-Northrid	ge Milt Murphy
Tu, 6:00–9:00PM, 2/18– 2/25	\$59+book included
Highlands Ranch Rec Center-Northrid	ge Milt Murphy

Women and Finance: Retirement

Prepare for a secure retirement with this focused class on retirement planning. Learn strategies for building a retirement fund, understanding Social Security, and planning for healthcare costs. Discover how to set realistic retirement goals and create an income plan that supports the lifestyle you envision.

W, 5:30–7:30PM, 4/9 \$49 Littleton Campus Nadia Shokohi



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\$2,245

ONLINE CAREER TRAINING

WCP offers online open enrollment programs designed to provide the skills necessary to acquire professional level positions for many in-demand occupations.

Our programs are designed by a team of professionals from each respective field, providing you with effective web-based learning programs. Instructors/mentors are actively involved in your online learning experience, responding to any questions or concerns, as well as encouraging and motivating you to succeed.

Our popular career training programs are listed below, but if you are interested in a career that you don't see listed here, please call us at 303.797.5722.

Electrical Technician (Tools Included)

This course provides an intensive overview of electrical maintenance. You will learn the skills needed to work as an electrical technician, including math, inspection, safety, quality, electrical systems, automation, motor controls, and assembly. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 120 hours \$2,845 **ACC Virtual Course** Self-paced

Residential Electrician (Tools Included)

From updating existing buildings to building construction, demand for electricians is on the rise. This course will train you for an entry-level career as an electrician by teaching you the fundamental skills you need to succeed, such as electrical theory, wiring and installation, customer service best practices, the National Electrical Code®, and much more. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 125 hours \$3,145 **ACC Virtual Course** Self-paced

HVAC/R Certified Technician (Voucher and Tools Included)

If you want to take your HVAC/R career to the next level, this course uses hands-on service call simulations to prepare you for industry-recognized HVAC Excellence or NATE certification. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 330 hours \$4,395 **ACC Virtual Course** Self-paced

CompTIA Security+

Learn a broad range of security topics, including threat management, identity management, access control, cryptography, and network security. This course will teach you everything you need to take and successfully pass the CompTIA Security+certification exam. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

\$1,995 Rolling enrollment, 85 hours **ACC Virtual Course** Self-paced

CNC Machinist

This course provides an intensive overview of workholding, math, inspection, safety, metal cutting, supplies, quality, and grinding. These skills are essential for working as a CNC machinist. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 195 hours Self-Paced **ACC Virtual Course**

Dental Assistant

The Dental Assistant Training Program is aligned to industry-recognized certification exams so you can take the next steps in your career with confidence. Through your courses, you'll build the knowledge and clinical skills that can help you prepare for the National Entry Level Dental Assistant (NELDA) component exams offered through the Dental Assisting National Board (DANB), as well as get hands-on experience in a real dental office through a 100-hour externship. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 460 hours \$3,799 **ACC Virtual Course** Self-paced

ONLINE CAREER TRAINING (Continued)

Medical Coding and Billing Professional

Designed by experts, our online Medical Coding and Billing Professional Program is aligned to the career-focused skills that can help you become a successful medical billing and coding professional. Your program also prepares you to sit for the American Academy for Professional Coder's (AAPC) Certified Professional Coder (CPC) exam, which can help you stand out to employers! Additionally, the AAPC's Practicode course and an AAPC membership are included with your program. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 476 hours ACC Virtual Course \$3,699 Self-paced



Mental Health Technician

This program provides a comprehensive overview of how mental health technicians treat patients coping with a variety of mental health issues like drug and alcohol addiction, physical abuse, depression, anxiety, etc. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 352 hours ACC Virtual Course

Association of Bridal Consultants Certified Wedding Planner Program

This course will help you prepare for your new career as a wedding planner. The Certified Wedding Planner Program is designed to give people new to the industry a solid education in the art and science of Wedding Planning and Wedding Business. The complete program will take you through Etiquette for Wedding Professionals, Wedding Business Basics, Wedding Etiquette, Planning and Consulting, Service Providers, and Rehearsal to Reception. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 60 hours ACC Virtual Course \$1,255 Self-paced

\$3,399

Self-paced

Business Management and Organizational Leadership for PMP

Offering a straightforward introduction to the basic principles of leadership, this course provides students with practical strategies for becoming more effective leaders in organizational settings and in their own lives. Using leadership theory and practical activities, this course will provide a comprehensive overview of the basics of leadership in an understandable, student-centered format. Each section of this course will focus on a fundamental aspect of leadership, discuss how it can be applied in real leadership situations, and provide relevant profiles of leaders. The course will utilize applied activities such as case studies, self-assessment questionnaires, observational exercises, and reflection and action worksheets to help the student further explore leadership concepts and real-world applications. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 440 hours ACC Virtual Course \$3,669 Self-paced

Event Planner

In this course we will study the principles and practices of event planning, such as: initial planning and budgeting, organization and timing, location, transportation, guest arrival, venue requirement, guest demographics, and food and beverage. Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling enrollment, 300 hours ACC Virtual Course \$1,623 Self-paced

SAT/ACT Prep Series

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT test as part of their evaluation package. This series will prepare you for both.

This series will prepare you to excel in all sections of the undergraduate college entrance exams and provide you with the means to achieve your best potential score! Call 303.797.5722 or email wcp@arapahoe.edu to enroll!

Rolling Enrollment, 48 hours ACC Virtual Course \$258

Instructor-Moderated



SUMMER YOUTH CAMPS—WEEK ONE: JUNE 2-6

Fun in the Sun "Picnic" Sports Camp



(Ages 6-10)

Summer is finally here and it's time to have some fun in the sun with Amazing Athletes JumpBunch! This camp focuses on introducing all the games and activities you might see at the beach, a BBQ at the park or a field day event. We'll play classic games like bocce, badminton, croquet, tug-of-war, kickball, relay races, cup stacking, ladder ball, and so much more! After this camp, your child is sure to be the star of any picnic or tailgate event this summer!

M-F, 8:30AM-12:00PM, 6/2-6/6 Amazing Athletes JumpBunch Camps \$279

Harry Potter® Wizards (Ages 6–10)



Accio! We're so glad you're able to join us for some spell-binding fun! In this program, your learner will explore the magical world that surrounds Harry Potter and creatively design ways to bring their imagination to life. Riddikulus, there's nothing scary here, just creative fun that will open doors to new possibilities—Alohomora and let your learner's love of magical possibilities fly-Wingardium Leviosa!

M-F, 12:30-4:00PM, 6/2-6/6 Snapology

\$279

Beats and Jams: Digital Music Creators (Ages 10-14) Begin your rise to the top of the charts with digital music production! Just like today's top artists, you can design your own beats or remix a mashup of your favorite songs to become a digital composer and sound engineer. In this course, students will learn to produce digital music, record sound, make sound effects, and mix their own tracks. No prior music experience is necessary. Student-created soundtracks will be available on a password protected website to share with friends and family.

M-F, 12:30-4:00PM, 6/2-6/6

\$279

Black Rocket

Minecraft® Modders (Ages 10–14)

Customize your own Minecraft world and mod the classic game in this one of a kind class. Learn scripting and logic statements as you create your first mods. Students will create a wide variety of new elements, gameplay mechanics, and world generating mods to change the way you play Minecraft. Projects will be available on a password protected Black Rocket website to share with friends and family. Students must have the Java version of Minecraft to take this class. Tablet, phone, and game console versions of Minecraft are not compatible. Returning students can create more advanced projects that build on previous years.

M-F, 8:30AM-12:00PM, 6/2-6/6

\$279

Black Rocket



SUMMER YOUTH CAMPS—WEEK TWO: JUNE 9-13



Amazing Athletes SuperNinjas Training Camp (Ages 6–10)

Calling all Heroes! This action-packed camp is all about training your kiddo to be a stealthy Ninja and everyday Superhero! Your child will learn a variety of martial arts and gymnastics skills since these sports help athletes develop strength, agility, flexibility, balance, and speed. We'll also teach them stances, blocks, punches, and kicks while maintaining a safe environment. Our obstacle courses are an absolute hit! The kids will learn that being a Superhero means knowing how to act with honor, integrity and kindness. Our goal is to help each child gain confidence and compassion by discovering the best version of themselves!

M-F, 8:30AM-12:00PM, 6/9-6/13 Amazing Athletes JumpBunch Camps

ROBLOX® Coders (Ages 10–14)

Discover the Lua language through a visual block coding system while designing worlds in ROBLOX, an online universe where you can create anything you dream of. This new class combines game design concepts, coding, and fun! Young entrepreneurs will also learn how to navigate ROBLOX's fast-growing marketplace to publish their games. Student-created games will be available on a password protected Black Rocket website to share with friends and family.

M–F, 12:30–4:00PM, 6/9–6/13 Black Rocket

Science of Superpowers (Ages 6–10)

In Snapology's Science of Superpowers program, students explore the world of their favorite superheroes. Students will learn about forces, energy, and problem solving as they build models inspired by Superman, Batman, and all their favorite heroes. Experimentation and fun are crucial components of this 'super' educational program!

M–F, 12:30–4:00PM, 6/9–6/13 Snapology \$279

\$279

\$279

& ACC

The Artist's Laboratory: Train Your Own Al Artist Assistant (Ages 9–14)

Do you come up with amazing ideas for projects, but then never have a chance to make them? Or maybe you had an awesome idea for a character, or a story, or a clothing collection or a song, but then never finished it? If so, maybe an Al assistant can help you when you get stuck. In our artist's laboratory, you will use tools like Midjourney and ChatGPT to finish your ideas just the way you would if you had time for them all. Using your own sketches and stories in your own words, teach your helper to write and draw in your style and make a series of creative visual and written projects. Create a final project and see if anyone can tell that you had a little helper!

M–F, 8:30AM–12:00PM, 6/9–6/13 Kathleen Wucherpfennig \$279

Wizarding Wonders of Science (Ages 6–10)

Is it science or magic? You'll find out! In our half-day camp you'll create erupting foam monsters, conduct amazing air pressure experiments, dig for hidden treasures, unravel the mysteries of illusions and build your own spectroscopes to explore the vibrant spectrum of light.

M–F, 8:30AM–12:00PM, 6/9–6/13 \$279 Science Matters



Details & Registration: arapahoe.edu/wcp

SUMMER YOUTH CAMPS—WEEK THREE: JUNE 23–27

ROBLOX® Makers (Ages 10–14)

Unlock the power of ROBLOX® Studio, the world creation tool used by real-world ROBLOX developers! Learn how to build 3D models and create an adventure in your ROBLOX world. Bring characters to life with unique animations you design. Student-created projects will be available on a password-protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program.

M-F, 12:30-4:00PM, 6/23-6/27 Black Rocket

\$279

Animation Studio (Ages 6–10)

Who doesn't love an action-packed animation movie that brings our favorite toys to life? In Snapology's Animation Studio program, students get to do more than just enjoy those movies, they get to create them! In this technical program, children will work in teams to learn the fundamentals of stop motion animation and develop their own animated movie starring some of their favorite LEGO® mini-figures! Students will go through the entire movie making process with their filming partner, from plot development and set design to detailed visual and audio editing. The best part, their movie will move beyond the classroom and be uploaded to Snapology's YouTube channel so they can share their film with friends and family for years to come!

M-F, 8:30AM-12:00PM, 6/23-6/27 Snapology

\$279

Clay for Kids (Ages 9–14)

This class explores making objects from clay that range from functional vessels and animals to sculptures. Students learn a variety of hand building techniques such as slab, coil, and pinch and several methods of surface treatment and glazing. Some projects extend into mixed media. In addition to being a fun and engaging activity, working with clay has many benefits for children. It helps to improve fine motor skills, encourages creativity and problem-solving, and promotes a sense of accomplishment and selfexpression. So, if your child loves art and is eager to get their hands dirty, come join us for our Clay for Kids class and watch their creativity come to life! All materials, tools and clay are provided. Wear old clothes and bring a large paint shirt and a snack.

M-F, 8:30AM-12:00PM, 6/23-6/27 \$279 Katie Caron

Fashion Design for Self-Expression

(Ages 9-14)

Do you make a unique statement with your style? In this course you will learn to use personal fashion and style to express creativity, celebrate individuality and inspire others. Learn about color, create a mood board, and change the whole look of a basic outfit through styling and accessories. Get design inspiration from Al and incorporate it into your design. Challenge yourself to create an upcycled outfit from old garments. Work with a team to make your upcycled looks into a cohesive collection, then show them off with your best walk in a final runway show.

M-F, 12:30-4:00PM, 6/23-6/27

\$279

Holly Wasinger

Ooey Gooey Science—Potions & Polymers (Ages 6–10) A little of this, a little of that, some wild reactions is where it's at! Make a slushy treat to eat and see Soda Slobber. We'll make water disappear and play with snow that never melts. Then—make some Slime that looks alive! You won't believe that our mixing fun can teach some science before it's done. With a Pop, or a Bang, or even some Fizz, you have become a chemistry whiz!

M-F, 12:30-4:00PM, 6/23-6/27 Science Matters

\$279

TGA Junior Golf Camp (Ages 6-10)

NEWI

Tee it up with TGA this summer for an action-packed week of golf camp with our experienced coaches! Our camp maximizes the fun by including instruction, games, and engaging activities to help players of all experience levels develop their skills and passion for the sport in a safe and supportive environment. All equipment, including golf clubs are provided, but feel free to bring your own if you'd prefer! All first-time participants will receive a TGA t-shirt, water bottle, and handbook. Different colored Hat Clips provided based on the level achieved.

Each day of camp will include:

- Station-based instruction featuring putting, chipping, and full-swing
- Fun games and contests
- Low camper to instructor ratio
- Rules and etiquette lessons
- Life lessons in perseverance, leadership & sportsmanship
- STEAM labs that explore academic concepts through golf

M-F, 8:30AM-12:00PM, 6/23-6/27 Amazing Athletes JumpBunch Camps \$279

SUMMER YOUTH CAMPS—WEEK FOUR: JULY 7-11



Chessmates (Ages 6–10)

Each child will be individually placed with the instructor who best matches their ability level. Camp will include lessons throughout the day from the main instructors and special presentations from guest instructors! Additionally, we will hold a chess tournament that runs throughout the week for students to work on learned skills. We will also have several Variant Chess Tournaments to win extra prizes. We'll host lots of games, and we will have prizes and trophies throughout camp. On the last day of camp, there will be a special Simul where all students get to play a game at the same time against a National Master. Prizes will be given to the best Simul player from each section.

M-F, 12:30-4:00PM, 7/7-7/11 Science Matters

MEW

\$279

\$279

NEWI

GameBots (Ages 6–10)

Calling all gamers! Have a blast creating robotic games each week while learning about robotics. Students will learn about gear ratio, sensors, programming, and pulleys as they create fun to play games. Whether creating a robotic hockey player, pinball machine, or a ring toss, your child is sure to have fun building, learning, and playing.

M-F, 8:30AM-12:00PM, 7/7-7/11 Snapology

Mixed Media (Ages 9–14)

Have fun creating beautiful art while learning creative thinking techniques that transfer to life skills. Express yourself through your unique style of art. Projects include drawing, writing, acrylic painting, ink with watercolor, block printing, foil embossing, sculpture, and more! You will go home with a journal and many masterpiece works of art.

M-F, 12:30-4:00PM, 7/7-7/11 Kathleen Wucherpfennig \$279



YouTube® Content Creators (Ages 6–14)

Find your voice and leave your mark on the world! Whether you are six or sixty, it's time to start a career as the next YouTube star. Explore the variety of content and personalities that exist on YouTube and how to find your own niche. Learn the dos and don'ts of the platform and how to practice good digital citizenship. Develop your on-camera presence, your own channel branding, and professional editing skills. Take home a plan for launching your own channel with the content created in class! Student projects will be available on a password protected Black Rocket website to share with friends and family. Students work in pairs or teams for most of the program. Lab and licensing fee included.

M-F, 8:30AM-12:00PM, 7/7-7/11 Black Rocket \$279



SUMMER YOUTH CAMPS—WEEK FIVE: JULY 14-18

Basic Training Baking Boot Camp

(Ages 6-10)

Aspiring bakers who love to get their hands sticky in the kitchen will love this camp! Learn the basics of scratch baking from pita bread to lemon tarts and cornbread. Young chefs will love creating sweet AND savory baked goods in this tasty and imaginative camp!

M-F, 12:30-4:00PM, 7/14-7/18 Sticky Fingers Cooking

\$279

"My daughter attended the Sticky Fingers camp. This was her first "camp" experience outside of the after school/ summer program at her school, so she was VERY NERVOUS about an ACC camp. But the staff was very welcoming and she had excellent experience. She was all smiles each time we picked her up. The communication and "after camp" messaging was also greatly appreciated. I'm hoping to send her to future ACC Summer Camps."

Epic Sports Camp (Ages 6–10)

Is your athlete ready for some friendly competition? Our Epic Sports Camp will teach the importance of being a team leader, setting good examples for your teammates, learn how to be a good "winner" and "loser", master the art of sportsmanship, and learn how to get back up when we fail and feel defeated! "Our greatest glory is not in never falling, but in rising every time we fall." We'll put their skills to the test by playing numerous high intensity games like flag football, dodgeball, ultimate frisbee, kickball, and capture the flag!

M-F, 8:30AM-12:00PM, 7/14-7/18 Amazing Athletes JumpBunch Camps





Pokémon® Masters: Designers and 3D Makers Unite! (Ages 10-14)

Calling all PokeMasters who want to be the designers of the future! Use your Pokemon imagination and bring your ideas to life. Begin by creating your own digital Pokemonstyle custom-playing card game. Progress onto designing action figures, jewelry, and toys in professional-level modeling software. Learn how to prepare a model for 3D printing and create a design portfolio to showcase your work! No prior experience is necessary, and 3D designs will be available on a password-protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program.

M-F, 12:30-4:00PM, 7/14-7/18 Black Rocket

\$279

Science Adventures! (Ages 6–10)

Join us as we transform our 2024-25 after-school club topics into an unforgettable week-long camp adventure! Uncover the mysteries of ancient Egypt, build your own weather station to explore the wild world of meteorology, and get elbow deep in the science of slime. Plus, you'll whip up delicious homemade ice cream, investigate the fascinating realm of sound, and experiment with chemistry mixtures that fizz and pop. Each day is packed with fun and discovery!

M-F, 8:30AM-12:00PM, 7/14-7/18

\$279

Science Matters



Video Game Animation (Ages 10–14)

NEW!

Bring your animations to life with design tools used by real game developers! Create sophisticated sprite animations using simple-to-learn techniques that you can use in any 2D editor. Squash, stretch, and shade your creations to make your characters pop! Students do not need any prior experience in game design, animation, or sketching. Student-created games will be available on a password-protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program.

M-F, 8:30AM-12:00PM, 7/14-7/18 Black Rocket

\$279

New Classes Added All The Time! | 303.797.5722

SUMMER YOUTH CAMPS—WEEK SIX: JULY 21–25

Camp CSI (Ages 6–10)

Become a Science Explorers CSI! We'll use forensic techniques to document evidence, lift fingerprints, analyze mystery powders, conduct simulated blood testing, extract DNA from bananas, perform fiber analysis, and use a black light to uncover hidden clues. See if you'll be the one to crack the case!

M-F, 8:30AM-12:00PM, 7/21-7/25

\$279

Science Matters

Creature Creator Robotics (Ages 6–10)

In Snapology's Creature Creator Robotics class, your animal lover will create their own animal inspired robotic models. Students will learn about gear ratio, sensors, simple machines, and programming as they build insects, dolphins, gorillas, and much more. Your child is sure to have a wild time as they build, learn, and play.

M-F, 12:30-4:00PM, 7/21-7/25 Snapology

\$279

Photography and Digital Arts (Ages 9-14) NEW! Discover the joy of digital art as you learn skills that are transferable to a variety of devices. Attention will be given to the creative process as it applies to photography and post-processing. You will learn how photos can be used with other art forms. A field trip among beautiful Hudson Gardens will provide wonderful photo opportunities. You will go home with a display board masterpiece showcasing your photos. Students should bring a camera to camp each day, no requirements for type of camera.

M-F, 8:30AM-12:00PM, 7/21-7/25 Kathleen Wucherpfennig

\$279

Toy Design (Ages 9–14)

Play is a universal language that allows children to explore, test, and imitate their surroundings. Toys become avatars to our imagination. Utilizing the emerging digital technologies of ACC's Hive Makerspace such as 3D printing, 3D scanning and laser cutting, students will work together to build worlds, games, and design characters. Students will come away from the class with an introduction to digital softwares which enable them to fabricate 3D toys and games to access their

imagination. All materials are provided. Wear old clothes

M-F, 8:30AM-12:00PM, 7/21-7/25 Fitz Lewis

\$279

Traditional Sports Camp (Ages 6–10)

NEW

During this camp, we'll introduce the fundamentals of the most popular traditional sports, while promoting teamwork, good sportsmanship and the importance of having a positive attitude. Your child will build confidence in their abilities and passion for participating in group sports in this one-stop shop summer camp! Sports include soccer, track and field, baseball/softball, golf, field hockey, and more.

M-F, 8:30AM-12:00PM, 7/21-7/25 Amazing Athletes JumpBunch Camps \$279



YouTube® FX Shorts (Ages 10–14)

NEW!

Are you ready to have your creations go viral? Take your content creation skills to the next level through editing and visual effects! Learn end-to-end postproduction skills while creating visual shorts worthy of your favorite social media site. The skills learned in this class can be applied to all types of video production, long or short! Topics cover video editing basics, color grading for that visual pop, and creating advanced VFX composites. Student projects are available on a password-protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program.

M-F, 12:30-4:00PM, 7/21-7/25 Black Rocket

\$279



and bring a snack.



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MEDICAL ASSISTING

6-month program where apprentices earn the ACC Medical Assistant Certificate and can sit for the CCMA. A Medical Assistant is a healthcare professional who assists doctors in various clinical settings. They perform both administrative and clinical

REGISTERED BEHAVIOR TECHNICIAN (RBT)

Brand new apprenticeship that will prepare students to work as a Registered Behavior Tech. This program is in development to launch in fall of 2024. RBT's are part of a care team for individuals with autism.

RBT STARTING 2-24-25

BUILDING ENGINEER

18-month program where apprentices combine on-the-job learning with customized ACC courses to prepare students to become a successful Building Engineer. A Building Engineer administers maintenance and repair services for apartments and workplace facilities.

MEDICAL LAB TECHNOLOGY

1-to-2-year program where apprentices earn the ACC Associate of Applied Science in Medical Technology. An MLT is a specialist who tests the health of human tissues and blood samples using lab

AUTOMOTIVE TECHNOLOGY

1.5-2-year program where apprentices earn the ACC Associate of Applied Science in Automotive Technology and take the Automotive Service Excellence (ASE) certification. Auto Techs are service professionals who repare and inspect various types of vehicles.

INDUSTRY TRAINING PROGRAM

ELECTRONEURODIAGNOSTIC TECH (EEG)

1-year training program that prepares students to sit for **EEG STARTING 2-18-25** the Registered EEG Tech ABRET certification. Students participate in live classroom instruction and hospital clinical rotations and receive a certificate of completion.

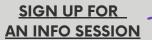


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COLORADO HEALTH CAREERS ACADEMY SUMMER 2025

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- Get connected to employment opportunities with large healthcare companies
- Earn your Basic Life Support (BLS) certification
- Gain hands on experience in various medical simulation labs
- Create friendships & build community
- Must be between 16-24 years old
- 3 week hybrid program: online and in-person

Check out our website to register and learn more »







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Contact Us

cohealthcareers@arapahoe.edu 303.797.5722

https://www.dol.gov/sites/dolgov/files/OASAM/legacy/files/EO_Notice_WIOA_English.pdf EO is the Law. This workforce product was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The product was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor. The U.S. Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership. This product is copyrighted by the institution that created it. dol.gov

^{*}This program follows all Equal Employment Opportunity guidelines, and a portion of this workforce program was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration.

FREE ART AND DESIGN WORKSHOPS

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Where

Arapahoe Community College Art & Design Center

When

Different workshops held monthly

- Every 1st Saturday
 10am-noon
- 3rd Wednesday 6-8pm

Workshops

Makerspace Laser cutting Jewelry Ceramics Watercolor Digital Photography & more!





ARAPAHOE COMMUNITY COLLEGE

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PHONE: 303.797.5722

Arapahoe Community College Workforce and Community Programs A legal periodical of general circulation in Littleton, Colorado,

USPS 014-763) is published quarterly by Workforce and

Community Programs at Arapahoe Community College PERIODICALS POSTAGE IS PAID AT LITTLETON, CO

AND ADDITIONAL MAILING OFFICES.

Arapahoe Community College Workforce & Community Programs POSTMASTER: Send address change to:

5900 S. Santa Fe Dr. PO Box 9002, Littleton, CO 80160-9002

Issue #28

Issue date: January 2025



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