

## Supply list for Portraits in 6 Steps

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We'll start this class by shooting model reference, photos of whoever you bring in, friends or family, or each other. The main focus of the class is to achieve good realistic faces, so the emphasis will be on the entire process in 6 steps. A final finished painting will be the result.

**Please think about your model ahead of time.** You will get your best results from controlled lighting. We will set up poses for good soft shadows and clean light. The instructor will shoot each model separately and have prints ready for the 2<sup>nd</sup> class. **A self portrait is always a good idea!**

**Oil Paints** – It's much less expensive to purchase small tubes of student grade color.

You can find a good set of oils for around \$20 of Winton oils, if you search Amazon or Google.

Skin tones require - Burnt Umber or Van Dyke Brown, Yellow Ochre, Cadmium Red Medium, Cadmium Red Light, (or similar) Crimson, Phthalocyanine Blue, Titanium White and Ivory black.

If you want to purchase other hues, you might want to pick up Raw Umber, Burnt Sienna, Rose Madder, an orange and middle green. Avoid bright and dark colors.

The Cadmium colors are a little pricey, you can usually find substitutes. Buy small tubes unless you plan to paint a lot. You will use more white and brown (Umber or Van Dyke) than any other colors.

**Additional oil supplies –**

**One small jar of Traditional Liquin Medium** (not the detail or impasto tube Liquin) Liquin is a medium used to thin color for glazing. I will show you how to quickly paint this on, then buff it out to a very smooth finish. **Alternates are – Galkyd**, or any pre-mixed mediums like Grumbacher or WN.

You can also make your own medium, like – 1/3 damar varnish, 1/3 mineral spirits, 1/3 linseed or stand oil. A good medium will help the paint flow better and for details and glazing.

We'll be using Odorless Mineral Spirits to clean the brushes and thin paint with, which I will supply.

**Please do not bring in Turpentine.** *Please do not take the class if you are allergic to oil paint.*

**Painting surfaces –**

The best portrait canvas is Portrait Linen. However, this is quite expensive. A good alternative is a fine weave of cotton duck that is double-primed. This can be stretched canvas or from a roll. I'll show you how to add a thin layer of additional gesso to the canvas surface to smooth it more and set it up for drawing. I do not recommend a canvas panel for a finished painting as the cardboard will bend.

Depending on the image, a 20x24 or 24x30" stretched canvas is a good portrait size.

**Brushes -**

Portraits require good brushes, to block in with and paint details.

At minimum, please purchase a few good sables. These do not have to be expensive. Buy a 1/2 " flat or filbert (can also be a synthetic brush) a 1/2 " bristle, a sable round with a good tip, and at least one small detail brush, flat or round. Also, buy one soft MOP brush, for blending. We will go over these in the first class. I will also bring in my own brushes to help with larger block in areas.

**Please always bring in these supplies** – Small container for the mineral spirits (a small glass jar is ideal.) A maul-stick - any rod or straight piece of wood works (a dowel rod). This is used to support your arm for detail work. I'll show you some tricks with this.

A glass plate or palette, if you have one. Clear is best. You can use any glass from an inexpensive 8x10 frame, simply mount it to a white or light-gray board and carefully tape just the edges.

Pencils, number 2's are fine. Scraps of canvas are ideal to sketch on and test color.

A smock, Q-tips, clean rags (old t-shirts work great), and any other painting supplies you feel you need.

Please contact the instructor at the email address above if you have any questions!