

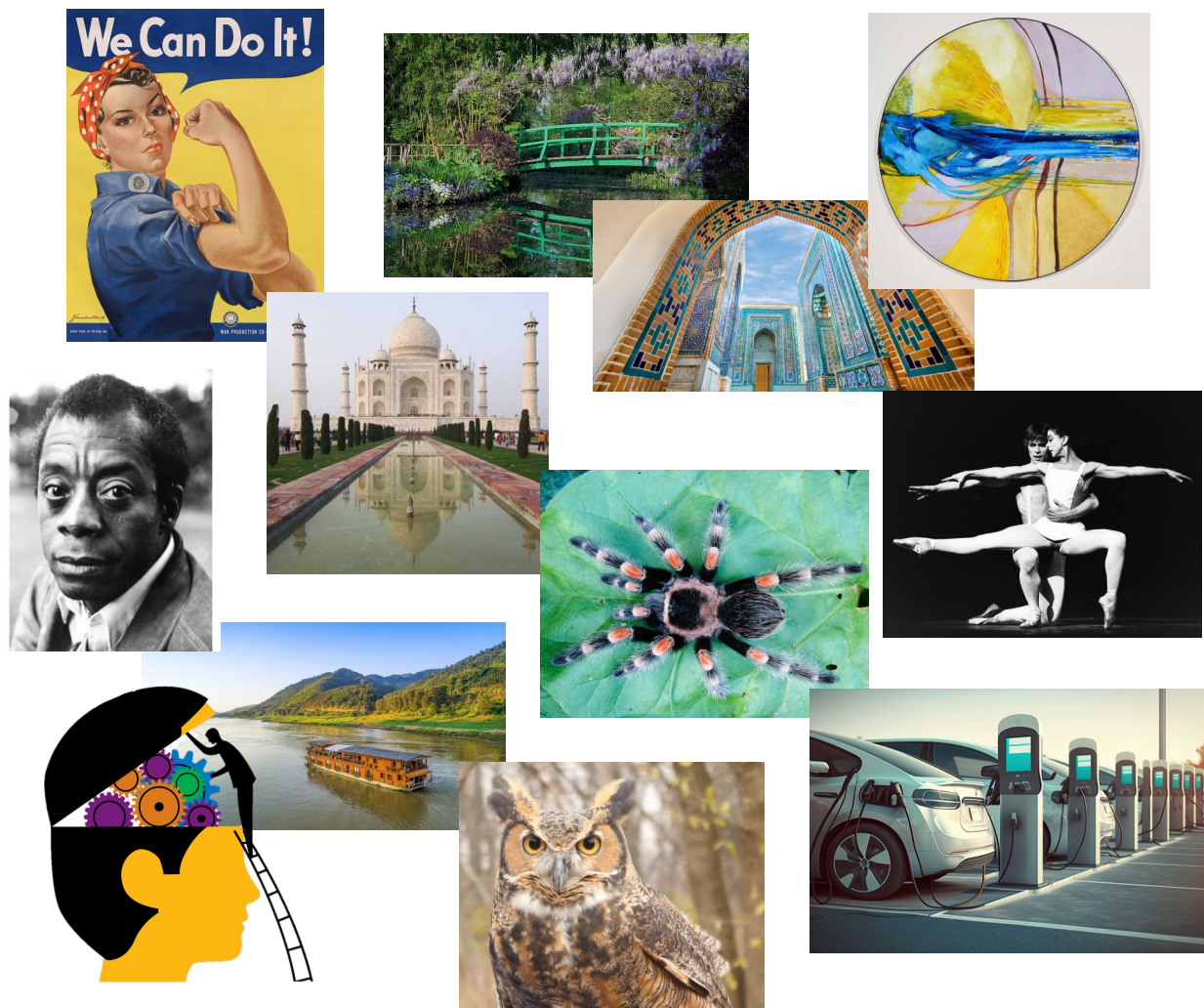


In-Person, Online, and Hybrid Classes

Elderwise

lifelong learning classes for curious and inquiring minds of ALL ages

Fall 2024 PROGRAM



Elderwise, 2275 Platt Road, Ann Arbor, MI 48104

Tel: 734.340.4691 | email: elderwiselearning@gmail.com | website: elderwiselearning.org

WELCOME TO ELDERWISE

WHO WE ARE AND WHAT WE DO

Established in 1992, Elderwise is a nonprofit, independent, lifelong learning organization dedicated to offering continuing education to learners of all ages. Elderwise is member driven in organization, leadership, participation, financial support, and program development. All our instructors volunteer their time and expertise. Our mission is to provide a broad spectrum of classes and a significant range of topics to meet the needs and interests of a wide variety of individuals. We offer in-person, online, and hybrid classes. We strive to provide an experience that values both intellectual and social interaction.

LOCATION AND FACILITIES

The Elderwise office and classroom are located at the Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. The best way to contact us is by phone at 734.340.4691 or by email at elderwiselearning@gmail.com.

ANNUAL MEMBERSHIP

All memberships expired at the end of June 2024. Anyone who wants to receive the membership discount must renew by registering and paying the \$30 fee. The Elderwise annual membership fee of \$30 covers all 3 terms—Fall 2024, Winter 2025, and Spring 2025. You can sign up to be a member at any time. You do not need to be a member to take classes. Members pay \$10 per session. Nonmembers pay \$15 per session. Members are also welcome to attend Council, standing committee, and the annual organization meetings. We also greatly encourage members to bring a friend, free of charge, to one single-session class, or one session of a multi-session course. To bring a free guest, please call or email the office in advance.

REGISTRATION

You may register and pay online at www.elderwiselearning.org, by U.S. mail, or in person. **We encourage everyone to register online if possible.** If registering by mail or in person, please complete the form at the end of this catalog and send or bring it with your check to: Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. Postal delays may cause a delay in registration. Please contact the office if you have not received your Zoom link email one day before an online class begins, or if you have other questions: 734.340.4691 or elderwiselearning@gmail.com.

The class registration form included in this catalog provides lines for paying the annual membership and class fees, as well as a line for making a tax-deductible contribution to the Elderwise Annual Fund. Elderwise is a nonprofit 501(c)(3) organization.

CLASS CANCELLATIONS

When a scheduled class is canceled, we will make every effort to notify registrants by email and by phone.

	Monday	Tuesday	Wednesday	Thursday	Friday
SEPTEMBER 2024	2 NO CLASSES	3 NO CLASSES	4 NO CLASSES	5 AM Classroom SC42 Alzheimer's: Latest Advances in Diagnosis, Care, and Prevention PM	6 AM PM
	9 AM PM Zoom CU04 World Heritage Sites All Stars, Part 3	10 AM DEVELOPMENT & MARKETING PM	11 AM Classroom MU27 Fonteyn and Nureyev: The Perfect Partnership PM	12 AM Classroom CU05 Bojagi: Hand Stitched Patchwork PM Classroom NA31 Owls of Washtenaw County	13 AM PM Tour TO50 Robotics Tour at The University of Michigan 12-1 Limit 20
	16 AM Zoom SC43 The Life of Astronomer James C. Watson PM Zoom CU04 World Heritage Sites All Stars, Part 3	17 AM CURRICULUM PM Classroom HI12 Rosie the Riveter: "We Can Do It!"	18 AM Classroom MU28 That's Amore: Italian American Singers of the 1950s 9:30-12 PM Tour TO51 The Spelman Art Collection, UMMA 2-3 Limit 15	19 AM Classroom LF20 Warning Signs of Dementia and Some Good News PM Classroom HI13 John Brown: The Road to Harpers Ferry	20 AM PM
	23 AM PM Tour TO52 Food Gatherers: Volunteer Opportunity Limit 20	24 AM COUNCIL PM Classroom NA32 Nature by Car	25 AM Tour TO53 A Fall Wildflower Walk Limit 15 PM	26 AM PM Classroom LF21 Meditation: A Path to Better Health and Inner Peace	27 AM PM
	30 AM Zoom MU29 Composers, Lyricists, Performers, and Connections PM Zoom LI24 Book Club				

Unless noted in red, class start and end times are: AM = 10—12 noon PM = 1—3

	Monday	Tuesday	Wednesday	Thursday	Friday
OCTOBER 2024	Note Performance of the EMU Play <i>Alice by Heart</i> , Sunday, October 6, 2:00 p.m. at the EMU Legacy Theater. Online Pre-play class, Friday, October 4, 10–12 noon.	1 AM Classroom SC44 Cutting the Cord: An Update PM Classroom FL10 Two Films by Fritz Lang: <i>Metropolis</i> and <i>M</i> 1–3:30	2 AM PM Classroom HI14 The 1930s New Deal: Then and Now	3 AM Classroom PO37 Michigan Innocence Clinic Update PM	4 AM Zoom TH48 EMU: <i>Alice by Heart</i> Pre-play class PM
	7 AM PM Zoom LF22 Pilates for Balance	8 AM Hybrid AA01 Gallery Walks: Paul Klee, The Invisible Man PM Classroom FL10 Two Films by Fritz Lang: <i>Metropolis</i> and <i>M</i> 1–3:30	9 AM TOUR TO54 Women Answer the Call, Michigan Flight Museum 10:30–12 Limit 20 PM	10 AM PM Hybrid CU06 The Soul of Southeast Asia 1–3:30	11 AM PM Tour TO55 Trees of Bird Hills Nature Area Limit 12
	14 AM PM	15 AM Hybrid AA01 Gallery Walks: Paul Klee, The Invisible Man PM	16 AM PM Classroom PO38 Women in Prison	17 AM PM Zoom HI15 Hi Barbie!	18 AM PM Zoom NA33 <i>Planet Earth</i> , Narrated by Sir David Attenborough
	21 AM Zoom CU07 Iris Apfel, Fashion Icon PM	22 AM ADMINISTRATION & FINANCE PM	23 AM Classroom NA34 Michigan's Aquatic Mammals PM Classroom HI16 History of Immigration in the U.S.	24 AM Classroom AA02 The Art of David Barr: Making Visible the Invisible PM	25 AM PM Zoom NA33 <i>Planet Earth</i> , Narrated by Sir David Attenborough
	28 AM PM Zoom LI24 Book Club	29 AM Zoom PO39 American Politics Panel, Session I PM Classroom LF23 Developing Your Psychic and Spiritual Self	30 AM PM Classroom HI16 History of Immigration in the U.S.	31 AM Classroom FL11 <i>The Pit and the Pendulum</i> PM Zoom PO40 Taking Apart the News, Session I	
Unless noted in red, class start and end times are: AM = 10—12 noon PM = 1—3					
NOVEMBER 2024	Note Performance of the PTD Play <i>A Very Shakespeare Christmas</i> , Sun., Nov. 17, 2:00 p.m., Riverside Arts Center, Ypsilanti. Online Pre-play class, Friday, Nov. 15, 1–3.				1 AM PM Zoom NA33 <i>Planet Earth</i> , Narrated by Sir David Attenborough
	4 AM Zoom LI25 Tommy Orange's <i>Wandering Stars</i> PM Zoom NA35 <i>Planet Earth Diaries</i>	5 ELECTION DAY AM DEVELOPMENT & MARKETING PM	6 AM Zoom AA03 Diego Rivera and his Murals at the DIA PM Zoom PO40 Taking Apart the News, Session II	7 AM Hybrid HI17 The Mystery of the Edmund Fitzgerald PM Classroom HO19 Iris Folding for a Christmas or Hanukkah Card 1–3:30 Limit 12	8 AM Zoom SC45 Weighing Stars and Mapping Galaxies PM Zoom PO40 Taking Apart the News, Session III
	11 AM Zoom LI25 Tommy Orange's <i>Wandering Stars</i> PM Zoom CU08 Saddle Weavers of the Gobi Desert	12 AM CURRICULUM PM Zoom PO39 American Politics Panel, Session II	13 AM Zoom HI18 A Tour of the city of Lincoln, England PM Classroom NA36 Trekking and Climbing in the Himalayas	14 AM Zoom CU09 The Normandy Coast: Fascinating History, Art, and Charm PM Classroom LI26 James Baldwin	15 AM Zoom SC45 Weighing Stars and Mapping Galaxies PM Zoom TH49 PTD: <i>A Very Shakespeare Christmas</i> Pre-play class
	18 AM PM Zoom SC46 Electric Vehicles: Owner Experiences	19 AM COUNCIL PM Classroom PO41 Michigan's Redistricting Commission: Review and Update	20 AM Classroom SC47 Tarantulas and other Secretive Spiders PM Classroom MU30 The Amazing Paul Wittgenstein: Music for the Left Hand	21 AM PM Classroom LI26 James Baldwin	22 AM Zoom SC45 Weighing Stars and Mapping Galaxies PM
	25 AM PM Zoom LI24 Book Club	26 AM ADMINISTRATION & FINANCE PM	27 NO CLASSES	28 THANKSGIVING DAY	29 NO CLASSES

FALL 2024 PROGRAM OVERVIEW

C = The class is offered in-person only, in the classroom at the Vineyard Church in Ann Arbor.

H = The class is offered in person, in the classroom at the Vineyard Church in Ann Arbor **AND** online via Zoom.

TH = The class includes a pre-play online class, and a live production at the theater.

TO = The class is a local offsite field trip or tour at the location specified.

Z = The class is offered online only via Zoom.

ART and ARCHITECTURE (AA)

- AA01 **H** Gallery Walks: Paul Klee, The Invisible Man
- AA02 **C** The Art of David Barr: Making Visible the Invisible
- AA03 **Z** Diego Rivera and his Murals at the DIA

CULTURE (CU)

- CU04 **Z** World Heritage Sites All Stars, Part 3
- CU05 **C** Bojagi: Hand Stitched Patchwork
- CU06 **H** The Soul of Southeast Asia
- CU07 **Z** Iris Apfel, Fashion Icon
- CU08 **Z** Saddle Weavers of the Gobi Desert
- CU09 **Z** The Normandy Coast: Fascinating History, Art, and Charm

FILM (FL)

- FL10 **C** Two Films by Fritz Lang: *Metropolis* and *M*
- FL11 **C** *The Pit and the Pendulum*

HISTORY (HI)

- HI12 **C** Rosie the Riveter: "We Can Do It!"
- HI13 **C** John Bown: The Road to Harpers Ferry
- HI14 **C** The 1930s New Deal: Then and Now
- HI15 **Z** Hi Barbie!
- HI16 **C** History of Immigration in the U.S.
- HI17 **H** The Mystery of the Edmund Fitzgerald
- HI18 **Z** A Tour of the City of Lincoln, England

HOBBIES and CRAFTS (HO)

- HO19 **C** Iris Folding for a Christmas or Hanukkah Card

LIFESTYLE and HEALTH (LF)

- LF20 **C** Warning Signs of Dementia and Some Good News
- LF21 **C** Meditation : A Path to Better Health and Inner Peace
- LF22 **Z** Pilates for Balance
- LF23 **C** Developing Your Psychic and Spiritual Self

LITERATURE (LI)

- LI24 **Z** Book Club
- LI25 **Z** Tommy Orange's *Wandering Stars*
- LI26 **C** James Baldwin

MUSIC and DANCE (MU)

- MU27 **C** Fontaine and Nureyev: The Perfect Partnership
- MU28 **C** *That's Amore*: Italian American Singers of the 1950s
- MU29 **Z** Composers, Lyricists, Performers, and Connections
- MU30 **C** The Amazing Paul Wittgenstein: Music for the Left Hand

NATURE and ENVIRONMENT (NA)

- NA31 **C** Owls of Washtenaw County
- NA32 **C** Nature by Car
- NA33 **Z** *Planet Earth*, Narrated by Sir David Attenborough
- NA34 **C** Michigan's Aquatic Animals
- NA35 **Z** *Planet Earth Diaries*
- NA36 **C** Trekking and Climbing in the Himalayas

POLITICS and CURRENT EVENTS (PO)

- PO37 **C** Michigan Innocence Clinic Update
- PO38 **C** Women in Prison
- PO39 **Z** American Politics Panel: Another "Most Important Election Ever"
- PO40 **Z** Taking Apart the News: The 2024 Election
- PO41 **C** Michigan's Redistricting Commission: Review and Update

SCIENCE and TECHNOLOGY (SC)

- SC42 **C** Alzheimer's: Latest Advances in Diagnosis, Care, and Prevention
- SC43 **Z** The Life of Astronomer James C. Watson
- SC44 **C** Cutting the Cord: An Update
- SC45 **Z** Weighing Stars and Mapping Galaxies
- SC46 **Z** Electric Vehicles: Owner Experiences
- SC47 **C** Tarantulas and other Secretive Spiders

THEATER (TH)

- TH48 **TH** EMU Theatre: *Alice by Heart*
- TH49 **TH** PTD Theatre: *A Very Shakespeare Christmas*

TOURS and FIELD TRIPS (TO)

- TO50 **TO** Robotics Tour at The University of Michigan
- TO51 **TO** The Spelman Art Collection, UMMA
- TO52 **TO** Food Gatherers: Volunteer Opportunity
- TO53 **TO** A Fall Wildflower Walk
- TO54 **TO** *Women Answer the Call*, Michigan Flight Museum
- TO55 **TO** Trees of Bird Hills Nature Area

FALL 2024 CLASSES BY FORMAT/LOCATION

IN-PERSON ONLY CLASSES

Held in the Elderwise classroom

AA02	The Art of David Barr: Making Visible the Invisible
CU05	Bojagi: Hand Stitched Patchwork
FL10	Two Films by Fritz Lang: <i>Metropolis</i> and <i>M</i>
FL11	<i>The Pit and the Pendulum</i>
HI12	Rosie the Riveter: "We Can Do It!"
HI13	John Bown: The Road to Harpers Ferry
HI14	The 1930s New Deal: Then and Now
HI16	History of Immigration in the U.S.
HO19	Iris Folding for a Christmas or Hanukkah Card
LF20	Warning Signs of Dementia and Some Good News
LF21	Meditation : A Path to Better Health and Inner Peace
LF23	Developing Your Psychic and Spiritual Self
LI26	James Baldwin
MU27	Fontaine and Nureyev: The Perfect Partnership
MU28	<i>That's Amore</i> : Italian American Singers of the 1950s
MU30	The Amazing Paul Wittgenstein: Music for the Left Hand
NA31	Owls of Washtenaw County
NA32	Nature by Car
NA34	Michigan's Aquatic Animals
NA36	Trekking and Climbing in the Himalayas
PO37	Michigan Innocence Clinic Update
PO38	Women in Prison
PO41	Michigan's Redistricting Commission: Review and Update
SC42	Alzheimer's: Latest Advances in Diagnosis, Care, and Prevention
SC44	Cutting the Cord: An Update
SC47	Tarantulas and other Secretive Spiders

THEATER CLASSES

Online pre-play class

In-person live performance

TH48	EMU Theatre: <i>Alice by Heart</i>
TH49	PTD Theatre: <i>A Very Shakespeare Christmas</i>

ONLINE ONLY CLASSES

Presented via Zoom

AA03	Diego Rivera and his Murals at the DIA
CU04	World Heritage Sites All Stars, Part 3
CU07	Iris Apfel, Fashion Icon
CU08	Saddle Weavers of the Gobi Desert
CU09	The Normandy Coast: Fascinating History, Art, and Charm
HI15	Hi Barbie!
HI18	A Tour of the City of Lincoln, England
LF22	Pilates for Balance
LI24	Book Club
LI25	Tommy Orange's <i>Wandering Stars</i>
MU29	Composers, Lyricists, Performers, and Connections
NA33	<i>Planet Earth</i> , Narrated by Sir David Attenborough
NA35	<i>Planet Earth Diaries</i>
PO39	American Politics Panel: Another "Most Important Election Ever"
PO40	Taking Apart the News: The 2024 Election
SC43	The Life of Astronomer James C. Watson
SC45	Weighing Stars and Mapping Galaxies
SC46	Electric Vehicles: Owner Experiences

HYBRID CLASSES

Held both in the Elderwise classroom and online

AA01	Gallery Walks: Paul Klee, The Invisible Man
CU06	The Soul of Southeast Asia
HI17	The Mystery of the Edmund Fitzgerald

OFFSITE TOURS

Local in-person field trips

TO50	Robotics Tour at The University of Michigan
TO51	The Spelman Art Collection, UMMA
TO52	Food Gatherers: Volunteer Opportunity
TO53	A Fall Wildflower Walk
TO54	<i>Women Answer the Call</i> , Michigan Flight Museum
TO55	Trees of Bird Hills Nature Area

ART and ARCHITECTURE

AA01 Gallery Walks: Paul Klee, The Invisible Man

HYBRID: In the classroom and online. A Zoom link will be sent to all one day before each class session.
Presenter: Michael R. Kapetan
Dates: Tuesdays, October 8 and 15
Time: 10:00 a.m. to 12 noon
Fee: Member \$20 Nonmember: \$30

This is about art and about history, but it is not art history. Let's be foot loose and fancy free, and just follow our feet from one imaginary gallery to another, from one museum to another, to an astonishing building here and a surprising home or factory there. Without any boundaries of time or space, let's enjoy the work of creative people, one by one, asking ourselves how the font of human ingenuity is opened and nourished and fulfilled. The imagined gallery we visit for this class will be that of color and design theorist Paul Klee. **Michael R. Kapetan** is an artist whose own work is informed by the scientific, the aesthetic, and the spiritual as he creates holy images for churches, synagogues, and temples, plus unique solar sculptures that mark the turning of the seasons. Mike is retired from the University of Michigan's School of Art. He holds a degree in art history from Harvard University, and a master's degree in sculpture from the University of Michigan.

AA02 The Art of David Barr: Making Visible the Invisible

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Ken Stevens
Date: Thursday, October 24
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

David Barr's sculptures span the globe. Like the towering steel arc of *Transcending* in Detroit's Hart Plaza, each individual sculpture expresses the uniqueness of a place. Taken together they "form an invisible filigree of connective links, filigree that embraces people in the past, present and future." Ken will examine each of David Barr's global projects as works of art that give form to patterns which nurture and connect humanity in science, geography, culture, and aesthetics. He will include an introductory tour of David Barr's Michigan Legacy Art Park (MLAP) and Villa Barr Art Park. Frequent presenter **Ken Stevens** is professor emeritus at Eastern Michigan University, former president of MLAP, and education advisor to Villa Barr and MLAP.

AA03 Diego Rivera and his Murals at the DIA

ONLINE: A Zoom invitation link will be sent one day before class begins.
Presenter: Wendy Evans
Date: Wednesday, November 6
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

Diego Rivera, the greatest of the Mexican muralists, called the fresco cycle he painted in the Detroit Institute of Arts (DIA) his "finest work." We will look in depth at the Detroit Industry murals, and also at other works by Diego Rivera, as we explore his style, his life, and his ideas, using detailed illustrations. **Wendy Evans** was raised among the museums of London, England, and holds an advanced degree from Oxford University. She has taught art history at Wayne State University and other institutions in Michigan and is a long-time docent volunteer at the Detroit Institute of Arts. Wendy is known fondly for her British accent and crazy socks, and for the passion for art she loves to share with others in her richly illustrated presentations.

CULTURE

CU04 World Heritage Sites All Stars, Part 3

ONLINE: A Zoom invitation link will be sent the Friday before each class session begins.
Presenter: Toby Teorey
Dates: Mondays, September 9 and 16
Time: 1:00 to 3:00 p.m.
Fee: Member \$20 Nonmember \$30

Just over 52 years ago, in 1972, the United Nations Educational, Scientific, and Cultural Organization (UNESCO) designated as World Heritage Sites more than a thousand locations valued for their outstanding cultural and/or natural significance to humanity. The sites designated by UNESCO include archaeological excavations, masterpieces of religious or secular architecture, and monumental sculpture. This class revisits six Elderwise favorites, adopted from *The Great Courses* series, featuring lectures by Justin M. Jacobs of American University, and breathtaking visuals from some of the most outstanding World Heritage Sites.

September 9 Paleolithic Cave Art of Spain and France
Samarkand, Crossroads of Central Asia
Mount Fuji in Japan

September 16 The Taj Mahal of Agra (India)
Virunga National Park, Gorilla Sanctuary
Tibet's Potala Palace and Jokhang Temple

Toby Teorey is the current Vice Chair of the Elderwise Council. He is retired from the Computer Science and Engineering Department at the University of Michigan and in retirement pursues his enduring love of world history, music, and culture.

CU05 Bojagi: Hand Stitched Patchwork

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Matthew Addonizio
Date: Thursday, September 12
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

Clothing production today is one of the most polluting industries on the planet. However, not long ago it was a mindful, functional, and climate friendly cottage industry. Today there is a small slow-fashion revolution taking place to combat the ever-growing fast-fashion industry by returning to these traditional techniques. In this class we will look at some of the ways designers and artisans are slowing down clothing production. We will learn how to be part of this movement with a simple Korean hand stitched patchwork technique called Bojagi (also called Jogakbo or Pojagi). We will use fabric scraps to create a small sampler that can be expanded into a pillow cover, a cafe curtain, a gift wrap, a scarf, or a simple garment. All supplies will be provided. **Matthew Addonizio** is the son of Joan Bulmer, a longtime Elderwise member, from whom he inherited this creative curiosity. He is a designer and multimedia artist in Philadelphia. He attended Kalamazoo College and has been working in fiber arts professionally for the past four years. His eponymous label (Matthew Addonizio LLC) and his fabric import company (Approved Textiles LLC) work with artisan communities in India and Africa to produce fabric and clothing using traditional hand craft techniques.

CU06 The Soul of Southeast Asia

HYBRID: In the classroom and online. A Zoom link will be sent to all one day before class begins.
Presenter: George Jabol
Date: Thursday, October 10
Time: 1:00 to 3:30 p.m.
Fee: Member \$10 Nonmember \$15

Southeast Asia in 2023 is a world very different from ours in terms of cultures, languages, beliefs, foods, and people. In Phnom Penh, Cambodia, we see the Royal Palace complex and its Khmer-style architecture. The classic art of Apsara dancing introduces us to the ancient civilizations at Angkor Wat and Angkor Thom, whose stunning ruins speak of a glorious distant past. The Killing Fields site is dedicated to the memory of those who lost their lives during the Khmer Rouge regime. In Thailand we see the elaborate temples of the Grand Palace in Bangkok as well as the ruined palaces of Ayutthaya, the former capital. Laos is a mountainous and scenically beautiful country where old ways predominate over modernity. A Mekong River cruise brings us to a remote village to learn how local people live. Finally, in Vietnam, we board a classic junk to explore the breathtaking scenery of Ha Long Bay. In bustling Hanoi, we view a Water Puppet performance and enjoy a bicycle/rickshaw ride through the thriving streets and marketplaces of the city's Old Quarter. **George Jabol** received his B.A. degree from Muskingum College in Ohio, and a Ph.D. in English language and literature from the University of Michigan. Fully retired now from a career with the federal government, George creates photographic slide shows as a way to remember his travels and share them with others.

CU07 Iris Apfel, Fashion Icon

ONLINE: A Zoom invitation link will be sent the Friday before class begins.
Presenter: Linda Gintowt
Date: Monday, October 21
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

You will be delighted and inspired by *Iris*, an Albert Maysles documentary made in 2014 about Iris Apfel, a Manhattan cultural icon and self-proclaimed geriatric starlet. Movie critic Manohla Dargis of *The Times* called the documentary an "insistent rejection of monocultural conformity" and "a delightful eye-opener about life, love, statement eyeglasses, bracelets the size of tricycle tires, and the art of making the grandest of entrances." A juicy group discussion will follow the film which runs for 1 hour, 19 minutes. Feel free to wear something fabulous! **Linda Gintowt** holds an M.A. in drama from the University of Toronto. She has a passion for history and the preservation of art and culture. Linda served as the Elderwise Program Coordinator for five years.

CU08 Saddle Weavers of the Gobi Desert

ONLINE: A Zoom invitation link will be sent the Friday before class begins.
Presenter: Mary Underwood
Date: Monday, November 11
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

"You must wear something colorful when you ride a camel," said Mary Underwood's Mongolian friend, Bodio, before Mary's first trip to the Gobi Desert. Willing or not, one does make a statement when suspended seven feet off of the ground! Some eight years later, during the week of Tsagaan Sar (the Mongolian new year), Mary traveled again to the Gobi with her friend for a camel festival and to study with a renowned camel saddle weaver. In this class Mary opens the doors of our imagination to the world of camel fibers, camel husbandry and racing, and to how a camel saddle is created. Join us as she treats us to a glimpse of Mongolian life and culture from her travels around that country. **Mary Underwood** is a hand spinner and weaver who works with natural fibers. Her yarns and weaving are intended for functional use, for apparel, or the home. She is a member of local, state, and international weaving guilds and groups. Her interests extend to those who grow, raise, prepare, and dye the fibers and yarns she uses. Mary's constant thirst for adventure has led to multiple trips to Mongolia to ride horses and document the textile traditions there.

CU09 **The Normandy Coast: Fascinating History, Art, and Charm**

ONLINE: A Zoom invitation link will be sent one day before class begins.
Presenter: Gerlinda Melchiori
Date: Thursday, November 14
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

Commemorating 80 years since the D-Day landings on its beaches during World War II, France's Normandy coast will be a veritable tourist mecca in 2024. Join Gerlinda Melchiori for a "virtual" visit, without the crowds, to some of Normandy's most famous historic sites: the Omaha beaches; Rouen, where Joan of Arc was burned at the stake; Honfleur, the cradle of impressionism; and Monet's home and garden in Giverny, near Paris. We will also journey to medieval Bayeux and its Viking tapestry; the Benedictine Abbey of Fecamp, famous for its herbal liquor; Le Mont Saint Michel Abbey (now a commune) on a rock island looking over to England, as well as the region's beautiful seaside cliffs. **Gerlinda Melchiori** holds advanced degrees in history and business, and a doctorate in higher education management from the University of Michigan. She has served as an international consultant to universities around the world. Her special interests include the history and arts of regions and cultures worldwide.

FILM

FL10 **Two Films by Fritz Lang: *Metropolis* and *M***

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: John Stewart
Dates: Tuesdays, October 1 and 8
Time: 1:00 to 3:30 p.m.
Fee: Member \$20 Nonmember \$30

Fritz Lang created 22 films during his five-decade career in Germany and the United States. We will view the two which brought him the most praise and the title "Master of Darkness." *Metropolis* (1927) was made in the silent era and offers a vision of a malfunctioning future in which the elite inhabit luxury skyscrapers and frolic in handsome gardens while the less fortunate live and slave deep underground. *M* (1931) is a masterpiece of the early sound era. Families in Berlin are terrorized by repeated murders of children, with the city's police unable to trace the killer. This movie brought stardom to Peter Lorre for his role as the elusive murderer. These German-language films have been beautifully restored with added music and English subtitles. **John Stewart** is a retired software developer with degrees in biology from the University of Michigan. He is not a movie maven, but he enjoys films with a foreign touch, and he believes these two will appeal to Elderwise cinema lovers.

FL11 ***The Pit and the Pendulum***

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenters: Hope Bernard and Mark Bernard
Date: Thursday, October 31
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

Throughout the 1960s, exploitation filmmaker Roger Corman directed a series of Edgar Allan Poe adaptations that are among the most beloved films of the drive-in era. Among these is *The Pit and the Pendulum* (1961), starring Vincent Price (who appeared in almost all of Corman's Poe adaptations) and Barbara Steele, two icons of horror cinema. Adapted by acclaimed novelist and screenwriter Richard Matheson, *The Pit and the Pendulum* is a rousing, roaring, Gothic masterpiece featuring Price at his histrionic best, Steele at her most sinister, and plenty of spooky castle intrigue. Join us on Halloween for a viewing of the film and a discussion of the psychological themes and surprisingly powerful Freudian subtext. Costumes welcome! **Hope Bernard** teaches Drama and Film at Washtenaw Community College. She has a PhD in Theatre from Bowling Green State University. **Mark Bernard** is an Associate Professor of English at Siena Heights University in Adrian, Michigan. He has a PhD in Film, Media, and Culture from Bowling Green State University.

HISTORY

HI12 Rosie the Riveter: “We Can Do It!”

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Claire Kitchin Dahl
Date: Tuesday, September 17
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

“We Can Do It” became the rallying cry for millions of women during World War II who had, until this time period, never envisioned working on an industrial assembly line building weapons of war. Rosie the Riveter was the star of a campaign aimed at recruiting female workers for defense industries, and she became an iconic image of working women. Join Claire Kitchin Dahl of the Michigan Flight Museum at Willow Run, to learn the incredible history of the Willow Run B-24 Bomber Plant and the teamwork of the powerful Detroit automotive industry. Claire will share the dramatic and vital roles played by women as they showed the nation that they were willing and able to fill the work force gaps caused by men going into military service. This class is in partnership with a tour at the Michigan Flight Museum on Wednesday, October 9 (see TO54 *Women Answer the Call*). **Claire Kitchin Dahl** began her teaching career in 1971, and retired from Ann Arbor Pioneer High School in 2009. Armed with a master’s degree in women’s studies, she has always championed the strong women in American history. Claire volunteers as a Tribute Rosie at the Michigan Flight Museum.

HI13 John Brown: The Road to Harpers Ferry

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Peggy Russo
Date: Thursday, September 19
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

On October 16, 1859, John Brown and 21 of his followers invaded Harpers Ferry, Virginia. They took possession of the federal armory and arsenal there as part of an attempt to end the institution of slavery. Captured two days later, Brown was tried and convicted of treason, murder, and inciting a slave insurrection. He was hanged on December 2, 1859. Because of his actions, southern states began to arm and eventually to secede from the union. Many historians consider Brown’s actions to have been a catalyst for the Civil War, and 165 years later he remains a controversial figure. Was he a hero, a fanatic, a terrorist, a martyr, a “crazy old coot”? A look at John Brown’s life during the years leading up to the Harpers Ferry raid provides some possible answers to these questions. **Peggy Russo** holds a Ph.D. in English language and Literature from the University of Michigan. After 30 years of teaching at Pennsylvania State University, she retired and returned to Ann Arbor. She is co-editor (with Paul Finkelman) of *Terrible Swift Sword: The Legacy of John Brown*.

HI14 The 1930s New Deal: Then and Now

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Michael Homel
Date: Wednesday, October 2
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

Between 1933 and 1938, Franklin D. Roosevelt’s New Deal broke new ground by making the federal government a force for change and linking individuals to the nation in unprecedented ways. In this class Mike Homel will describe those policies of 80 years ago, and will explore similarities to and differences from today’s efforts by the Biden administration. We will also look at the economic and political context then and now, and compare today’s foreign challenges to those F.D.R. faced during the Great Depression. **Michael Homel** is Professor Emeritus of History at Eastern Michigan University. He specializes in 20th century American history and American urban history. He is the author of *Unlocking City Hall: Exploring the History of Local Government and Politics*, and other publications on urban politics and education.

HI15 Hi Barbie!

ONLINE: A Zoom invitation link will be sent one day before class begins.

Presenter: Mary Bondarenko

Date: Thursday, October 17

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

The most popular doll on the planet, Barbie is still going strong after 65 years! Along the way she has significantly impacted pop culture as a model of female independence (or not), been a lightning rod for social controversy, run for U.S. President six times, literally travelled into space twice — AND done it all looking great, wearing the latest fashions. She's still "got it," turning the summer of 2023 pink with the release of her first live-action movie. Not bad, since everyone except her creator was sure she would be a colossal failure. Today, a Barbie is sold somewhere in the world every second. Millions of girls own and play with Barbies and hundreds of thousands of adults around the world collect her, perhaps including you. Do you have good or bad memories of Barbie? Or, are you wondering "what's the big deal?" Join us to learn more about this six-decade-long cultural phenomenon. **Mary Bondarenko** has been active in Elderwise for seven years. After a diverse career in a Fortune 500 company including management training, Mary is looking forward to being back in teaching mode for the first time since retiring, to present a topic that turns out to be extremely interesting.

HI16 History of Immigration in the U.S.

IN-PERSON: The Elderwise classroom at the Vineyard Church

Presenter: Susan Nenadic

Dates: Wednesdays, October 23 and 30

Time: 1:00 to 3:00 p.m.

Fee: Member \$20 Nonmember \$30

Immigration is a timely issue not only for Americans, but for the entire western world. In this class we will examine the difference between migration, emigration, and immigration, particularly but not exclusively relating to the United States. We will examine what causes people to leave all that is familiar and seek a better life elsewhere, as well as why so many people are hostile to the idea of newcomers, and what part governments play vis a vis human movement. Susan will address these issues during our first session. For the second session, we will watch and discuss the 2007 film *The Visitor*. The story begins when a man goes to New York to check on an apartment he owns, only to find illegal immigrants living there. How will this affect his life? Join Susan and find out. **Susan Nenadic** holds undergraduate and graduate degrees in history and English. She is known for her integration of history and literature in teaching, and is the author of several books and articles, including *A Purse of Her Own: Occupations of 19th Century Women*, and *Legendary Locals of Ann Arbor*. Susan currently leads Friends of Amoru, a non-profit organization building a secondary school in Uganda.

HI17 The Mystery of the Edmund Fitzgerald

HYBRID: In the classroom and online. A Zoom link will be sent to all one day before class.

Presenter: Ray Stocking

Date: Thursday, November 7

Time: 10:00 a.m. to 12:00 noon

Fee: Member \$10 Nonmember \$15

In this class we will learn about the tragedy of the S.S. Edmund Fitzgerald, an American Great Lakes freighter that sank in a Lake Superior storm on November 10, 1975. This event dominated national headlines for days. Presenter Ray Stocking will share a historical review of the Edmund Fitzgerald, with photos, video, and music accompanying the presentation. We will examine the specific details of the Fitzgerald's final journey, a journey that ultimately took the lives of all 29 crew members. We will also discuss a summary of the investigation that followed this tragic event, and the multiple theories about what caused the ship to sink so suddenly, without any distress calls. **Ray Stocking** is a life-long admirer of the Great Lakes shipping industry. He grew up along the shores of Lake St. Clair and spent his childhood years watching and learning about the "big freighters" as they passed by. Ray is a graduate of Eastern Michigan University where he received his B.B.A and M.B.A. degrees in business management.

HI18 **A Tour of the City of Lincoln, England**

ONLINE: A Zoom invitation link will be sent one day before class begins.

Presenter: Pat Butler

Date: Wednesday, November 13

Time: 10:00 a.m. to 12 noon

Fee: Member \$10 Nonmember \$15

Located in the northeast of England, the city of Lincoln once rivalled London as one of the most important cities in the country. It has been a Roman colonia, a Viking trade centre, and a powerful hub of engineering. Take a walk along its cobbled streets and you will find history embedded in every corner. This virtual tour will take us on a journey of discovery through the city's most significant moments from the past two thousand years and will showcase the best of Lincoln's historic buildings such as the castle, cathedral, and Bishop's palace. **Pat Butler** was the Elderwise Administrator until retiring back to Warwick, England. She is now a Tour Guide for the National Trust's Back-to-Back History Museum in Birmingham, U.K. Pat also presents classes on social history to the U.K.'s University of the Third Age.

HOBBIES and CRAFTS

HO19 **Iris Folding for a Christmas or Hanukkah Card**

IN-PERSON: The Elderwise classroom at the Vineyard Church

Presenter: Betty Abraham

Date: Thursday, November 7

Time: 1:00 to 3:30 p.m.

Enrollment: This class is limited to 12 attendees. A waitlist will be available.

Fee: Member \$15 Nonmember \$20 Fee includes an additional \$5 for materials.

Iris folding is a paper craft that involves folding strips of colorful patterned paper to form a design. This idea originated in 20th century Holland where early craft people made their designs using patterned paper cut from the inside of envelopes. The center of the design forms an Iris — a shape similar to the Iris diaphragm of a camera lens. This technique involves layering paper strips across a cutout shape and following a printed template. You will make one complete holiday card and learn techniques to make many more. A few patterns will be supplied, and a resource list will be provided. This project is fun, relaxing, creative, inexpensive, and EASY. **Betty Abraham** is a retired Middle School teacher with a love for crafting. Her interests began at a young age in the Army Post Craft Huts all over the world. Her latest new hobby is Iris Folding and she would love to share her enthusiasm with you.

SPECIAL NOTE: Class registrants should bring a pair of scissors, a pencil, and Scotch tape.

LIFESTYLE and HEALTH

LF20 Warning Signs of Dementia and Some Good News

IN-PERSON: **The Elderwise classroom at the Vineyard Church**

Presenter: **Jim Mangi**

Date: **Thursday, September 19**

Time: **10:00 a.m. to 12 noon**

Fee: **Member \$10 Nonmember \$15**

“Oh, shucks, where’d I put my phone?” “What did you say your name was?” These are common questions, but the question we want to answer in this presentation is how to tell when memory lapses like this might be signs of a serious brain disorder, dementia. We will discuss potential dementia warning signs and what to do if they appear. Then, we will discuss some new evidence-based news about reducing our risk of developing dementia, and some even more exciting news about progress against the brain disease that causes most cases of dementia. **Jim Mangi**, PhD has been caring for his wife with Alzheimer’s for 16 years. As a longtime community education volunteer, he has taught hundreds of classes for the Alzheimer’s Association, and made presentations statewide for the Association, for AARP, and for the Wayne State Institute of Gerontology, about dementia and the caregiving experience. He chairs Dementia Friendly Saline, a nonprofit organization which works to make life in the community less difficult for persons with dementia. Dementia Friendly Saline runs the nation’s first Dementia Friendly movie program.

LF21 Meditation: A Path to Better Health and Inner Peace

IN-PERSON: **The Elderwise classroom at the Vineyard Church**

Presenter: **Layla Ananda**

Date: **Thursday, September 26**

Time: **1:00 to 3:00 p.m.**

Fee: **Member \$10 Nonmember \$15**

Studies have shown that meditation can have a positive impact on heart rate, blood pressure, stress, and mood. While these are important at any age, they are especially vital to our well-being as seniors. Meditating for even a few minutes a day can help increase our sense of calmness, comfort, and equanimity. There are many ways to meditate, and class members will have an opportunity to try several of them. Layla will also share some of the history and philosophy behind the practice of meditation. **Layla Ananda** has a B.A. degree in contemporary musicology from Michigan State University, and an M.A. in clinical psychology from the Michigan School of Psychology. Layla is retired from a career that spanned the fields of music, psychotherapy, management, and teaching, most recently at Washtenaw Community College. She continues to offer consulting and workshops through Deep Peace Consulting, and sings with the Threshold Singers of Ann Arbor and Our Own Thing Chorale.

LF22 Pilates for Balance

ONLINE: **A Zoom invitation link will be sent the Friday before class begins.**

Presenter: **Gwyn Jones**

Date: **Monday, October 7**

Time: **1:00 to 3:00 p.m.**

Fee: **Member \$10 Nonmember \$15**

In this workshop, Gwyn Jones will guide you through each move, and will help you build a better understanding of your mind and body connections. The class focuses on alignment and posture, building movement awareness with a blend of natural movements that will help you find balance. These Pilates exercises will show you how to improve the strength and stability in your muscles. Modifications are given as you build the fundamentals of Pilates and natural movement patterns. **Physical requirement for the class:** be able to stand, and get up and down from the floor. **Props Needed:** Long resistance band around 60”. Massage Ball (a semi-dense ball) is best, not a hard ball; Lacrosse practice balls work great. **Gwyn Jones** has offered personal training sessions, workshops, and classes on Pilates for more than ten years. She is certified in STOTT Pilates and TRX suspension, and annually enrolls in continuing Pilates Education.

LF23 **Developing Your Psychic and Spiritual Self**

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Beverly Fish
Date: Tuesday, October 29
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

Beverly's class called Developing Your Psychic and Spiritual Self is based on the reading of Gary Zukav's book, *Seat of the Soul*. Registrants are not required to read the book prior to the class, but it may be helpful in understanding the concept of sensitivity and awareness of a spiritual guide. Beverly will explore the meaning of intuition and empathic ability, and how we can use these tools in our everyday lives. **Beverly Fish** is retired from Wayne State University, and the College of Creative Studies in Detroit. She became aware of her psychic medium abilities as a young child when she learned that she could communicate with the spirit person (ghost) that haunted their house.

LITERATURE

LI24 **Book Club**

ONLINE: A Zoom invitation link will be sent the Friday before each class session begins.
Facilitators: Kathleen Hillegas, William Hillegas
Dates: Mondays, September 30, October 28, and November 25
Time: 1:00 to 3:00 p.m.
Fee: Members \$30 Nonmembers \$45

Using prepared questions and our own observations, the discussion each month will explore a book from current best-seller lists. Selected books for the Fall 2024 term are:

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|------------------|---|
| September | <i>The Last Stand</i> by Nathaniel Philbrick
Published in 2013, 312 pages Historical Fiction
Even in victory, the Battle of the Little Bighorn was the last stand for the Sioux and Cheyenne Indian nations. |
| October | <i>Lessons in Chemistry</i> by Bonnie Garmus
Published in 2022, 200 pages Fiction
The career of a gifted, self-assured research chemist in 1960s California takes a detour when she becomes the unlikely star of a TV cooking show. |
| November | <i>Half American</i> by Matthew Delmont
Published in 2022, 400 pages Non-fiction
World War II looks different when viewed from the perspective of Black Americans — many of whom drew parallels between the fascist threat abroad and Jim Crow at home. |

Please read *The Last Stand* before the first class. The facilitators will send a list of discussion questions for each book to all registrants prior to each Book Club session. **Kathleen and William Hillegas** are long-time members of both Elderwise and the Book Club. Both are avid readers, and look forward to a lively exchange of ideas, opinions, and interpretations.

LI25 Tommy Orange's *Wandering Stars*

ONLINE: A Zoom invitation link will be sent the Friday before each class session begins.
Presenter: Cecilia Donohue
Dates: Mondays, November 4 and 11
Time: 10:00 a.m. to 12 noon
Fee: Member \$20 Nonmember \$30

Wandering Stars, Tommy Orange's long-awaited follow-up to his 2018 Pulitzer-nominated debut novel *There There*, hit the booksellers this past February, and we will be reading and discussing it in this November class. Part historical novel and part sequel to his first book, *Wandering Stars* provides details of the 1800's Cheyenne experience and its link to the contemporary characters who survived the violence at the conclusion of *There There*. You need not have read Orange's first book to appreciate his second. A brief synopsis of *There There* will be provided on request. **Cecilia Donohue** retired in 2013 following a 25-year career of undergraduate instruction, graduate teaching, and academic administration. She now resides in east Tennessee with her husband Bill and their menagerie of horses, cat, and dog. Currently an associate editor of *The Steinbeck Review*, Cecilia has written extensively on America's southern authors and poets, notably Robert Penn Warren and Anne Tyler.

LI26 James Baldwin

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Kevin Eyster
Dates: Thursdays, November 14 and 21
Time: 1:00 to 3:00 p.m.
Fee: Member \$20 Nonmember \$30

James Baldwin (1924–1987), novelist, essayist, playwright, poet, social critic, and expatriate, wrote and spoke about the America he experienced over four decades. To gain a sense of his lasting impact and many accomplishments, our first session focuses on the two “letters” that constitute *The Fire Next Time* (Vintage International paperback), published in 1963, one-hundred years after the Emancipation Proclamation, and his most anthologized short story, “Sonny’s Blues,” originally published in *Partisan Review* in 1957. Our second session includes viewing filmmaker Raoul Peck’s 2016 Academy Award nominated documentary *I Am Not Your Negro*. “Sonny’s Blues” is available online at www.sfponline.org/Uploads/372/sonnysblues.pdf. **Kevin Eyster** is a professor emeritus at Madonna University where he teaches courses in literature.

MUSIC and DANCE

MU27 Fonteyn and Nureyev: The Perfect Partnership

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Toby Teorey
Date: Wednesday, September 11
Time: 10:00 a.m. to 12:00 noon
Fee: Member \$10 Nonmember \$15

Margot Fonteyn and Rudolf Nureyev were arguably the greatest partners in the history of ballet. This 2005 documentary from the Kultur International Film series, traces their partnership from its explosive inception in 1962 in *Giselle* at Covent Garden, to its grand finale 17 years later. At the beginning, Dame Margot was already an acclaimed star of the ballet world, while Nureyev was an electrifying young upstart from the Kirov Ballet and a highly publicized recent defector from the Soviet Union. Their legendary partnership started quickly despite their 19-year difference in age and experience. The film includes excerpts from many of their performances, as well as rare behind-the-scenes footage of both dancers. **Toby Teorey** is the current Vice Chair of the Elderwise Council. He is retired from the Computer Science and Engineering Department at the University of Michigan and in retirement pursues his enduring love of film, music, and world culture.

MU28 *That's Amore: Italian American Singers of the 1950s*

IN-PERSON: **The Elderwise classroom at the Vineyard Church**

Presenter: **Michael Homel**

Date: **Wednesday, September 18**

Time: **9:30 a.m. to 12 noon**

Fee: **Member \$10 Nonmember \$15**

Between the end of World War II and the Motown Sound and “British Invasion” of the 1960s, Italian American singers were prominent in pop music. At the peak was Frank Sinatra, who revived his youthful success. Many more joined him. Some, like Tony Bennett, Perry Como, and Dean Martin, became household names. Frankie Laine, Vic Damone, Mario Lanza, Jerry Vale, and others found success as well. In this class we will survey their stories and their recordings. We will also explore why this trend occurred and consider the changing role of Italian Americans in postwar society. **Michael Homel** is Professor Emeritus of History at Eastern Michigan University. He specializes in 20th century American history and American urban history. He is the author of *Unlocking City Hall: Exploring the History of Local Government and Politics*, and other publications on urban politics and education.

MU29 *Composers, Lyricists, Performers, and Connections*

ONLINE: **A Zoom invitation link will be sent the Friday before class begins.**

Presenter: **Phil Simmons**

Date: **Monday, September 30**

Time: **10:00 a.m. to 12 noon**

Fee: **Member \$10 Nonmember \$15**

Many composers and their lyricist counterparts tend to work regularly with the same performers. Frequent Elderwise presenter Phil Simmons will share how some of the most famous composer/lyricist teams have helped make the careers of certain performers — and vice versa. **Phil Simmons** is the Director and a professor of Musical Theater at Eastern Michigan University, and a card-carrying member of the Actors Equity Association. He has lectured and taught master classes in dance across the United States. Phil's passion is teaching the next generation of actors, singers, and dancers to be happy, thriving, career-long performers.

MU30 *The Amazing Paul Wittgenstein: Music for the Left Hand*

IN-PERSON: **The Elderwise classroom at the Vineyard Church**

Presenter: **Henry B. Aldridge**

Date: **Wednesday, November 20**

Time: **1:00 to 3:00 p.m.**

Fee: **Member \$10 Nonmember \$15**

Born into a famous Viennese family, Paul Wittgenstein was an aspiring concert pianist. After losing his right arm during WWI, Wittgenstein was determined to continue his career, and commissioned many concertos, chamber works, and solo pieces for left hand alone. Henry will discuss Wittgenstein's extraordinary career, play excerpts from compositions by Korngold, Prokofiev, Britten, and Bortkiewicz, and will conclude with a complete performance of the famous Concerto for the Left Hand by Maurice Ravel. **Henry B. Aldridge** is an Emeritus Professor of Electronic Media and Film Studies at Eastern Michigan University. He has a Ph.D. from the University of Michigan and M.A. and B.A. degrees from the University of North Carolina. Henry is also one of the organists at the Michigan Theater in Ann Arbor.

NATURE and ENVIRONMENT

NA31 Owls of Washtenaw County

IN-PERSON: **The Elderwise classroom at the Vineyard Church**

Presenter: **Matthew Spoor**

Date: **Thursday, September 12**

Time: **1:00 to 3:00 p.m.**

Fee: **Member \$10 Nonmember \$15**

In this presentation, Matt Spoor will explore the wonderful world of Washtenaw County owls. He will unravel their natural history, physiology, behavior, breeding, conservation challenges, and methods of identification. Along the way, he will share fascinating facts about these remarkable creatures. Questions and curiosity are encouraged!

Matthew Spoor, a naturalist with roots in birding, is a passionate environmental educator and enabler of habitat restoration efforts throughout Washtenaw County. As Park Steward Coordinator at the City of Ann Arbor Natural Area Preservation, he works with volunteers to develop and implement ecological restoration workplans in Ann Arbor's natural areas. Matt volunteers his expertise as a Park Naturalist Assistant for Washtenaw County Parks and Recreation, as a Board Member and Field Trip Chair for the Washtenaw Bird and Nature Alliance, and as Ornithology Instructor for MSU Extension Michigan Master Naturalist Program. He co-founded and served as President of the Grand Forks Audubon Society for nearly a decade. Matt also developed and manages A2Nature.org, a simple, hand-curated website about Ann Arbor area nature events.

NA32 Nature by Car

IN-PERSON: **The Elderwise classroom at the Vineyard Church**

Presenter: **Don Chalfant**

Date: **Tuesday, September 24**

Time: **1:00 to 3:00 p.m.**

Fee: **Member \$10 Nonmember \$15**

Most of us have always enjoyed, indeed loved, the outdoors, and we have cherished our walks to see flowers, birds, butterflies, and all of nature's gifts. However, many of us have been slowed in recent years by knee surgeries, hip replacements, the effects of arthritis, and general loss of the energy we once had. Yet our love of the outdoors has remained steadfast. Today's class provides an alternative to the walks we so enjoyed, and we will find that our communion with nature need not be curtailed, just modified. Join frequent Elderwise presenter Don Chalfant as he presents a motoring route in southwest Washtenaw County, plus a drive down his favorite road in the county, which will result in seeing a surprising number of nature's treasures. Enjoy Don's classroom photo trip; then plan one for yourself and your family. **Don Chalfant** has been entertaining and enlightening the Elderwise community for many years with his profound knowledge and stunning photographs of North America's natural world. Don received his undergraduate and graduate degrees from the University of Michigan. Since retiring from teaching in the Ann Arbor Public Schools, Don is eager to share his passion for birds and other flora and fauna through his photos.

NA33 ***Planet Earth, Narrated by Sir David Attenborough***

ONLINE: A Zoom invitation link will be sent one day before each class session begins.
Presenter: Linda M. Gintowt
Dates: Fridays, October 18 and 25, and November 1
Time: 1:00 to 3:00 p.m.
Fee: Member \$30 Nonmember \$45

This is the second half of the *Planet Earth* series begun in Spring 2024. Join us for a stunning viewing experience that captures rare action, impossible locations, and intimate moments with our planet's best-loved, wildest, and most elusive creatures. This exciting series features six episodes of an astonishing BBC production released in 2006. Each episode features a global overview of a different biome or habitat on Earth.

October 18 *Ice Worlds, Great Plains*

October 25 *Jungles, Shallow Seas*

November 1 *Seasonal Forests, Ocean Deep*

Linda M. Gintowt holds an M.A. in drama from the University of Toronto. She has a passion for history and the preservation of art and culture. Linda served as the Elderwise Program Coordinator for five years. She is pleased to share her love of nature with Elderwise friends through this iconic series.

NA34 ***Michigan's Aquatic Mammals***

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Elle Bogle
Date: Wednesday, October 23
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

Michigan is home to four distinct semi-aquatic furbearers, fur producing mammals that have adapted to freshwater habitats and complete their life cycle in or near water. These include Beaver, Mink, Muskrat, and Otter. They are among the most enjoyable wild animals to observe, but many people find identifying them to be confusing, especially as they often appear to be swimming blobs of fluff. Join naturalist Elle Bogle for an exploration of these furry fellows and learn all about their differences, similarities, and the very important roles they play in the ecosystem. To highlight her presentation, Elle will bring examples of skins and skulls of the various animals being described. **Elle Bogle** is a passionate outdoor educator and adventurer who takes pride in connecting people with the beauty of nature. She has been working as a naturalist with Washtenaw County Parks and Recreation Commission for four years and as an environmental specialist with the Ann Arbor Public Schools for five years. Her specialties are amphibians and reptiles, dragonflies, and mindfulness in nature. She is an avid reader and book lover who also enjoys traveling, kayaking, hiking, and spending time with her family.

NA35 ***Planet Earth Diaries***

ONLINE: A Zoom invitation link will be sent the Friday before class begins.
Presenter: Linda M. Gintowt
Date: Monday, November 4
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

During the original 2006 broadcast of BBC's series *Planet Earth*, each 50-minute episode was followed by a 10-minute additional featurette, taking viewers to a behind-the-scenes look at the challenges of filming that specific episode. Here, in one collection, we will view all eleven 10-minute behind-the-scenes featurettes in *Planet Earth Diaries*, to see some of the amazing stories from the production team. Four years in the making, the series involved over 2,000 days in the field, using 71 cameramen filming across 204 locations in 62 countries. From diving with piranhas in Brazil to flying a hot air balloon over the trees of Madagascar, filming in minus 50 C temperature and hurricane-force winds, hiding in a cramped hole for hundreds of hours, or working with local people to track reclusive animals, sometimes tracking them through the night, every filming assignment provided its own unique challenges. **Linda M. Gintowt** holds an M.A. in drama from the University of Toronto. She has a passion for history and the preservation of art and culture. Linda served as the Elderwise Program Coordinator for five years. She is pleased to share her love of nature with Elderwise friends through this iconic series.

NA36 Trekking and Climbing in the Himalayas

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Bud Thomas
Date: Wednesday, November 13
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

Bud Thomas's latest presentation will focus on the background and visuals of the fascinating experiences he has had associated with high-altitude mountain climbing in the Himalayas. He will discuss what is required to prepare physically in order to successfully summit high-altitude peaks, as well as the number of Nepalese porters required and their individual duties. We will also learn many interesting facts about Nepalese culture. **Bud Thomas** is a retired Aerospace Engineer with 50+ years of experience, including rocket engine design for the Saturn-V Apollo rocket, the Space Shuttle's main engine, and jet engine design for commercial and military aircraft. He has taught Jet Engine Design at the graduate school level for 49 years and is now a mentor to Aerospace Engineering students at the University of Michigan. Bud also has climbing experience in the United States, Africa, Japan, France and Antarctica, and has had multiple dog sledding experiences in the Arctic.

POLITICS and CURRENT EVENTS

PO37 Michigan Innocence Clinic Update

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Imran Syed
Date: Thursday, October 3
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

The Michigan Innocence Clinic at the University of Michigan Law School was created in 2009 as the first exclusively non-DNA innocence clinic in the country. Clinic attorneys and law students work to investigate and litigate claims of innocence made by people convicted of crimes in Michigan in cases where DNA evidence is not available. In its first 15 years, the Clinic's work has resulted in the release of 42 people whose combined wrongful incarceration totalled more than 700 years. Professor Syed will discuss recent victories secured by the Innocence Clinic, as well as some interesting ongoing cases in which the Clinic is involved. **Imran Syed**, Co-Director of the Michigan Innocence Clinic, holds a JD and an undergraduate degree in political science from the University of Michigan. He joined the Michigan Innocence Clinic as a law student in 2009, and has been an attorney at the clinic for over 13 years. Imran specializes in forensic science-based litigation and also teaches an independent course in forensic science for law students. In 2017, the American Bar Association named him one of the Top 40 Young Lawyers in the country and in 2016, the State Bar of Michigan recognized him with the Regeana Myrick Outstanding Young Lawyer of the Year Award.

PO38 Women in Prison

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenters: Kathie Gourlay and Carolyn Madden
Date: Wednesday, October 16
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

Which women are in prison? Why are they there? How are women in prison different from men in prison? Are they treated differently? What happens to their children? What challenges do women returning from prison face? Join Kathie and Carolyn as they discuss these important issues and statistics. A formerly-incarcerated woman will join the class to talk about her experience. **Kathie Gourlay and Carolyn Madden** have taught several courses for Elderwise on the subject of criminal justice. As prison volunteers, they each have experience with incarcerated women, and with helping formerly-incarcerated women who return to free society. They are also active in Friends of Restorative Justice and other criminal justice reform organizations.

PO39 American Politics Panel: Another “Most Important Election Ever”

ONLINE: A Zoom invitation link will be sent one day before each class session begins.

Presenters: Jeffrey Bernstein, Michael Homel, and Larry Kestenbaum

Dates/Times: Session I Tuesday, October 29 10:00 a.m. to 12:00 noon

Session II Tuesday, November 12 1:00 to 3:00 p.m.

Fee: Member \$20 Nonmember \$30

This is at least the fifth time these politics experts will share pre- and post-election analyses for a national election together. Join us for this **two-session class** as we explore an election that is — stop us if you’ve heard this before — like no other we have seen. In the pre-election class, panel members will offer fearless predictions of what will occur on November 5 for the House, the Senate, and the presidency. They will then reunite after the election to see how they did and assess what voters have done. Did Republicans or Democrats win Congress and the presidency or did divided government remain? Or are these questions still unsettled? Join us to collectively generate an understanding of where we are and where we are going, as an electorate and as a country.

Jeffrey Bernstein studies and teaches political science and American politics at Eastern Michigan University (EMU). Jeffrey specializes in public opinion and political behavior. **Michael Homel** is Professor Emeritus of history at EMU. Mike’s special expertise is in the fields of 20th century American history and American urban history.

Larry Kestenbaum is the Washtenaw County Clerk/Register of Deeds. He is the creator and owner of the Internet’s most comprehensive source for American political biography, *PoliticalGraveyard.com*.

PO40 Taking Apart the News: The 2024 Election

ONLINE: A Zoom invitation link will be sent one day before each class session begins.

Presenter: Al Chambers

Dates: Session I Thursday, October 31

Session II Wednesday, November 6

Session III Friday, November 8

Time: 1:00 to 3:00 p.m.

Fee: Member \$30 Nonmember \$45

Taking Apart the News is **three sessions** this Fall Term and will focus on the U.S. Presidential Election, which could turn out to be the most important and controversial in recent history. One class will be held a few days before the November 5 election, and two in the days immediately following. Media’s role and the global reaction to America’s drama will be considered, whatever may have transpired. Elections around the world, along with continuing political and economic surprises, will have been features of 2024. In any event, after 20 years, these sessions may well be Al Chambers’ final TATN classes, at least focusing on the power and speed of major developments, growing tensions, and technology. **Al Chambers** is a veteran journalist and communicator who continues to focus on the power and speed of news, media, and technology in this rapidly changing world.

PO41 Michigan’s Redistricting Commission: Review and Update

IN-PERSON: The Elderwise classroom at the Vineyard Church.

Presenter: Margaret Leary

Date: Tuesday, November 19

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

In 2018, over 60% of Michigan voters approved a state constitutional amendment to take the power to draw federal and state election district lines away from the legislature and put that power in the hands of a 13-member Independent Citizens Redistricting Commission (MICRC). Margaret Leary will describe how for 40 years, Michigan became one of the most gerrymandered states in the United States, what gerrymandering is, how the proposal got on the ballot, the main features of the MICRC, the steps to creating the final new district lines in time for the November 2022 elections, challenges to the Commission’s work, and the response to a federal court’s finding that the state house and senate lines in the Detroit area had to be corrected.

Margaret A. Leary received a B.A. from Cornell University, an M.A. from the University of Minnesota, another from Eastern Michigan University, and a J.D. from the William Mitchell College of Law. She taught at the University of Michigan Law School, and was director of the university’s Law Library from 1984 to 2011.

SCIENCE and TECHNOLOGY

SC42 Alzheimer's: Latest Advances in Diagnosis, Care, and Prevention

IN-PERSON: The Elderwise classroom at the Vineyard Church

Presenter: Bruno Giordani

Date: Thursday, September 5

Time: 10:00 a.m. to 12 noon

Fee: Member \$10 Nonmember \$15

Alzheimer's disease was first described by the German neuropathologist Alois Alzheimer in 1906. Today, it is regarded as the most common form of dementia. In this class Dr. Bruno Giordani will provide background information on Alzheimer's disease and explain what is going on in the brain when someone has this form of dementia. We will learn about the latest findings from this year's Alzheimer's Association International Conference and several other recent conferences where new information is being presented, including information on risk factors, early detection, innovative prevention and treatment approaches, and new initiatives to support research.

Bruno Giordani is a professor at the University of Michigan in the Departments of Psychiatry, Neurology, and Psychology, and in the School of Nursing. Dr. Giordani currently serves as Associate Director of the Michigan Alzheimer's Disease Center. His research interests include identification of early signs of cognitive impairment and cross-cultural applications of new assessment and intervention models.

SC43 The Life of Astronomer James C. Watson

ONLINE: A Zoom invitation link will be sent the Friday before class begins.

Presenter: Austin Edmister

Date: Monday, September 16

Time: 10:00 a.m. to 12 noon

Fee: Member \$10 Nonmember \$15

James C. Watson began his studies at the University of Michigan in 1853 at the young age of 15. From the start, Watson was known as an intellectual force, mastering multiple subjects and receiving one of the first Masters degrees offered at the University of Michigan. After joining the Detroit Observatory, Watson's subsequent career in astronomy would catapult him to notoriety and infamy. This is the tale of one of the biggest personalities in 19th century astronomy and his journey through astronomical success and earthly blunder. **Austin Edmister** serves as assistant director for astronomy at the Detroit Observatory. Austin holds a B.S. in physics from the University of Illinois, Urbana-Champaign and an M.S. in astrophysics from Michigan State University. He has over a decade of experience using telescopes and planetariums to teach about the wonders of the night sky.

SC44 Cutting the Cord: An Update

IN-PERSON: The Elderwise classroom at the Vineyard Church

Presenter: Jim Keen

Date: Tuesday, October 1

Time: 10:00 a.m. to 12 noon

Fee: Member \$10 Nonmember \$15

The world of TV streaming is changing fast. In this class, Jim Keen offers an update on this rapidly evolving topic. In recent times, many people have made the decision to cancel their cable, satellite, or AT&T television service. This is known as "cutting the cord." Join us as Jim Keen discusses the issues surrounding cutting the chord, to help you decide if it is something that is right for you. Additionally, Jim will explore the latest streaming services and devices that are available no matter what you decide. What is involved with cutting the cord? What options in programming are available? What devices would you need? Can you save money? Whatever your needs, Jim will help make sense of this complicated conundrum. **Jim Keen** holds a B.A. in communications and an M.A. in educational studies from the University of Michigan. He currently owns and operates Keen Focus Technology Tutoring.

SC45 Weighing Stars and Mapping Galaxies

ONLINE: A Zoom invitation link will be sent one day before each class session begins.
Presenter: Philip Hughes
Dates: Fridays, November 8, 15, and 22
Time: 10:00 a.m. to 12:00 noon
Fee: Member \$30 Nonmember \$45

In this class Philip Hughes will lead us through the science that lets astronomers explore a Universe so vast that light from the most distant objects seen today began its journey before the Sun and Earth had formed. We will start by introducing Kepler's Laws, which enable us to map the Solar System, and to "weigh" the objects within it. The same approach allows us to "weigh" stars. Philip will then show how the light from stars holds the secret of their composition and structure, providing new tools for calculating the distance to remote galaxies: the so-called "distance ladder." The final item in our toolbox is the Doppler effect, enabling us to measure the speed with which objects approach, or recede from, Earth. Pulling all this together enables us to build a picture of the Universe — from the Big Bang to the formation of planets, stars and galaxies — and to predict its ultimate fate! **Philip Hughes** teaches in the Department of Astronomy at the University of Michigan. His research focuses on the high-energy particles and magnetic fields in the jets of plasma associated with supermassive black holes in galaxies.

SC46 Electric Vehicles: Owner Experiences

ONLINE: A Zoom invitation link will be sent the Friday before class begins.
Presenter: John Sarver
Date: Monday, November 18
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

Electric vehicles are here, and more are coming. Although they will help us mitigate the impacts of climate change, there will be bumps in the road for the EV revolution. John Sarver will lead a panel of three electric vehicle owners who will share their experiences with three different types. Attendees who have electric vehicles will be encouraged to share their experiences as well. Are you thinking about buying an EV, or just curious about how the transition is going? Join us to have your questions answered and learn about the pros and cons of ownership. **John Sarver** was a program director in the Michigan Energy Office for 35 years, where he worked on energy efficiency and renewable energy programs and policies. He serves on the Board of Directors of the Great Lakes Renewable Energy Association and the Meridian Township Environmental Commission. John has a master's degree from the University of Michigan Ford School of Public Policy.

SC47 Tarantulas and other Secretive Spiders

IN-PERSON: The Elderwise classroom at the Vineyard Church
Presenter: Cara Shillington
Date: Wednesday, November 20
Time: 10:00 a.m. to 12 noon
Fee: Member \$10 Nonmember \$15

Life histories of tarantulas present an interesting dichotomy. Sedentary females live in the same burrows for up to 25 years, whereas males reach sexual maturity in 7 to 8 years and spend the last few months of their lives actively searching for, and mating with, as many females as possible. Despite a very robust pet trade, surprisingly little is known about these animals in their natural environments. In this presentation Cara Shillington will introduce us to the fascinating world of spiders, with a focus on tarantulas. She will discuss what she and her students are learning at their current field site in southern Colorado. Join us with any spider questions you may have and prepare to enjoy an up-close encounter with live tarantulas. **Cara Shillington** is a professor of biology at Eastern Michigan University (EMU) whose area of expertise is behavioral and physiological ecology. She teaches invertebrate biology at EMU, and has led students on field trips to tropical and subtropical localities in Florida, the Bahamas, and Ecuador. Her research focuses on the arachnids, especially tarantulas, using these creatures as both model and muse.

THEATER

TH48 Eastern Michigan University (EMU) Theatre: *Alice by Heart*

Book by Steven Sater and Jessie Nelson
Music by Duncan Sheik, Lyrics by Steven Sater
Directed by Pam Cardell
Music Direction by R. MacKenzie Lewis
Suggested for ages 13+

Presenter: Pam Cardell

Pre-Performance ZOOM Class: Friday, October 4, 10:00 a.m. to 12 noon
A Zoom invitation link will be sent one day before class begins.

Matinee LIVE Performance: Sunday, October 6, 2:00 p.m., Legacy Theatre, EMU Campus.

Fees: Members \$22; Nonmembers \$27 Includes class and one ticket to the performance.

Extra Tickets are \$12 each. Please see TH48A on the Registration Form.

EMU Emeritus faculty: Members \$10; Nonmembers \$15 [Two free tickets to the play from EMU.]
Please contact the Elderwise office with your emeritus status and we will register you for the pre-performance class.

Parking: Driving directions and parking instructions will be emailed to class registrants a few days before the performance.

From Tony and Grammy award-winners Steven Sater and Duncan Sheik, co-written by Jessie Nelson, *Alice by Heart* is a musical inspired by Alice's Adventures in Wonderland. In the rubble of the London Blitz of World War II, Alice Spencer's budding teen life is turned upside down, and she and her dear friend Alfred are forced to take shelter in an underground tube station. When the ailing Alfred is quarantined, Alice encourages him to escape with her into their cherished book and journey down the rabbit hole to Wonderland. As they travel through the tale, *Alice by Heart* explores the poignancy of first love, coming to terms with loss, and finding the courage to move forward. This touching musical encourages us all to celebrate the transformational power of the imagination, even in the harshest of times. **Pam Cardell** earned a B.S. degree in Comprehensive Communication and Theatre from Eastern Michigan University (EMU) in 1993, and an M.A. degree in Theatre Arts from EMU in 1998. She is delighted to put her degrees to use as part of EMU's Department of Communication, Media, and Theatre Arts, where she has served as assistant managing director for EMU Theatre since 1996. She has been an actress, director, and producer, and has worked with several area theatres. She has also worked with students at Ann Arbor's Huron High School and Chelsea High School and was the 2018 recipient of the Michigan Thespians "Standing Ovation Award" presented by the Michigan Educational Theatre Association.

TH49 **PTD Theatre: A Very Shakespeare Christmas**

Original play by P.S. Drake
Directed by Laura Bird

Presenter: **Laura Bird**

Pre-Performance ZOOM Class: **Friday, November 15, 1:00 to 3:00 p.m.**
A Zoom invitation link will be sent one day before class begins.

Matinee LIVE Performance: **Sunday, November 17, 2:00 p.m., Riverside Arts Center**
76 North Huron Street, Ypsilanti, MI

Fees: **Member \$25; Nonmember \$30** **Includes class and one ticket to the performance.**

Extra Tickets are \$15 each **Please see TH49A on the Registration Form.**

Failed Hollywood actress Eleanor is home for the holidays and down on her luck. She receives a magical copy of *The Complete Works of William Shakespeare* that sends her, and those around her, spiraling down a rabbit hole of the Bard's most famous works. Join us to enjoy this romantic comedy with an Elizabethan twist, where dreams, old flames, magic spells, secrets, and illusions all collide. **Laura Bird** is a retired theater educator, director, and designer. She earned her doctorate in Theatre History from Michigan State University in 1999. Laura was Associate Professor and Director of Theater at Concordia University, and taught at Greenhills School in Ann Arbor. She is currently on the Board of PTD Productions in Ypsilanti, and often works on their shows in one or more of a dozen or so capacities; however, she enjoys directing and scene design the most.

TOURS and FIELD TRIPS

TO50 Robotics Tour at The University of Michigan

OFFSITE TOUR: Robotics Building, U-M North Campus

Guides: **T. Renay Hutchings and Dan Newman, Robotics Department**

Date: **Friday, September 13**

Time: **12:00 to 1:00 p.m.**

Enrollment: **This tour is limited to 20 attendees. A waitlist will be available.**

Fee: **Member \$10 Nonmember \$15**

The University of Michigan Robotics Department is located at the Ford Motor Company Robotics Building on North Campus. Opened in 2021, the complex houses the first Robotics Department among top-ten engineering schools, including one of the first undergraduate programs in robotics alongside its graduate programs. On the tour, you will see where Michigan roboticists are designing, testing, and deploying robots to improve everyday life and to tackle the most pressing issues facing society, including:

- Three-story fly zone for autonomous aerial vehicles
- An outdoor obstacle course for walking robots
- High-bay garage space for self-driving cars
- Indoor water tank for testing underwater autonomous systems
- A rehabilitation lab where lower-limb robotic prostheses and exoskeletons are designed and tested
- A robotics maker space with CNC, 3D printers, and other shop tools
- An outdoor Mars Yard with imitation Martian rocks and soil for testing rovers

Visitor parking space is provided across the street from the Robotics Department. **Driving directions and parking instructions will be emailed to class registrants a few days before the tour.**

TO51 The Spelman Art Collection, UMMA

OFFSITE TOUR: The University of Michigan Museum of Art (UMMA)

Guide: Grace VanderVliet

Date: Wednesday, September 18

Time: 2:00 to 3:00 p.m.

Enrollment: This tour is limited to 15 attendees. A waitlist will be available.

Fee: Member \$10 Nonmember \$15

Join a staff member of the University of Michigan Museum of Art for a guided tour that ties together threads from multiple exhibitions. *Silver Linings: Celebrating the Spelman Art Collection*, a traveling collection from the Spelman College Museum of Fine Art in Atlanta, Georgia, uplifts the legacy of artists of African descent. It looks at artists from the 20th century through the contemporary moment who were overlooked by mainstream art museums. Works will be chosen from other exhibitions that relate to themes in *Silver Linings*. The tour will begin in the UMMA lobby next to the Shop. Tour route and restrooms are both accessible by elevator. **Grace VanderVliet** is the Curator for Teaching and Learning at UMMA. A former high school English teacher and art history instructor at Michigan State University, Grace has designed museum experiences for more than 6,000 visitors per year. **Driving directions and parking instructions will be emailed to class registrants a few days before the tour.**

TO52 Food Gatherers: Volunteer Opportunity

OFFSITE: Food Gatherers Facility, 1 Carrot Way, Ann Arbor

Guides: Professional Staff of the Food Bank Program

Date: Monday, September 23

Time: 1:00 to 3:00 p.m.

Enrollment: This volunteer opportunity is limited to 20 attendees. A waitlist will be available.

Fee: This volunteer opportunity is FREE, but you must register.

Required: A Group Member Volunteer Waiver Form and more information will be sent to all registrants a few days prior to the tour. Please bring the form with you when you come to volunteer.

Food Gatherers rescues several tons of food daily that volunteers help process, inspect, and sort. Since Food Gatherers relies on donations from the community, they cannot predict what they will be getting from one day to the next; therefore, specific tasks are often not determined until the day of the shift. There is no heavy lifting involved; Food Gatherers recognizes that we are a group of senior citizens! **Please be on time with your waivers filled out.** (If you decide to fill out a waiver on site, please arrive a few minutes early to do so.)

NOTE: Volunteers must wear sensible closed-toed shoes (no sandals) and a shirt with t-shirt length sleeves or longer (no tank tops, sleeveless shirts, or crop tops). A head covering (hat, beanie, bandana, etc.) is required for most tasks. Hairnets will be provided if you need one. You may be in the Green Room which is temperature controlled around 50°F, so it's a good idea to bring an extra layer such as a sweatshirt. Also, keep in mind you may be working with open food and things can get a bit messy. If you are wearing clothing that does not comply with these guidelines, you will not be able to volunteer. **Driving directions and parking instructions will be emailed to class registrants a few days before the class.**

TO53 A Fall Wildflower Walk

OFFSITE TOUR: Dexter–Huron Metropark, 6535 Huron River Drive

Guide: Beverly Walters

Date: Wednesday, September 25

Time: 10:00 a.m. to 12 noon

Enrollment: This tour is limited to 15 attendees. A waitlist will be available.

Fee: Member \$10 Nonmember \$15

Note: Vehicles without a Metropark seasonal pass will be charged a \$10 park entry fee.

Enjoy the natural areas of Dexter–Huron Metropark with botanist Beverly Walters. High quality open woodlands along the Huron River will be seen on our way to exploring wildflowers in the prairie areas. Brilliant yellow sunflowers and goldenrods will be blooming along with lavender blazing stars and white and purple asters, all nestled in among the tall prairie grasses. The B2B trail we will follow is paved, but we will also venture onto narrow footpaths for part of the walk, so sturdy footwear is advised. **Beverly Walters** has experience both as a field botanist and a Museum Collections Manager at the University of Michigan Herbarium. Now retired, she helps maintain and improve the Herbarium's *Michigan Flora Online* website (<https://michiganflora.net>), a popular resource for plant identification. Bev pursued her botanical studies at Michigan State University. **Driving directions and parking instructions will be emailed to class registrants a few days before the tour.**

TO54 Women Answer the Call, Michigan Flight Museum

OFFSITE TOUR: The Michigan Flight Museum, Willow Run Airport

Guide: Claire Kitchin Dahl

Date: Wednesday, October 9

Time: 10:30 a.m. to 12:00 noon

Enrollment: This tour is limited to 20 attendees. A waitlist will be available.

Fee: Member \$20 Nonmember \$25 Includes \$10 entrance fee

This new exhibit, *Women Answer the Call*, at the Michigan Flight Museum (formerly the Yankee Air Museum), provides an interactive experience, showcasing the millions of women who left their homes to enter the workforce during World War II. Willow Run Airport was home to the famed Ford Willow Run Bomber plant, which transformed and simplified production of the B-24 Bomber to an assembly-line format. Claire Kitchin Dahl will lead the tour of the *Rosie Exhibit*, and another docent will finish the tour of the museum. During the tour, Claire will teach attendees how to rivet! This tour is in partnership with the class: HI12 Rosie the Riveter: "We Can Do It!" at the Elderwise classroom on Tuesday, Sept. 17. **Claire Kitchin Dahl** began her teaching career in 1971 and retired from Ann Arbor's Pioneer High School in 2009. Armed with a master's degree in women's studies, she has always championed the strong women in American history. Claire volunteers as a Tribute Rosie at the Michigan Flight Museum. **Driving directions and parking instructions will be emailed to class registrants a few days before the tour.**

TO55 Trees of Bird Hills Nature Area

OFFSITE TOUR: 1850 Newport Road, Ann Arbor

Guide: Tom Friedlander

Date: Friday, October 11

Time: 1:00 to 3:00 p.m.

Enrollment: This tour is limited to 12 attendees. A waitlist will be available.

Fee: Member \$10 Nonmember \$15

Bird Hills Nature Area is the largest park in Ann Arbor. Its hilly woods are a sanctuary for hikers and nature lovers; the trails are closed to bicycles. No facilities are available, but a large parking lot is located on Newport Road. The wide-to-narrow unpaved trails wind through hills and ravines dominated by beech, sugar maple, flowering dogwood, oak, hickory, and other woody plants, both native and planted/naturalized. We will focus on features that identify tree species, including form and size, bark, twigs, leaves, flowers, fruits, and fall colors. We will also discuss soils, geographic ranges, invasive species, diseases, parasites, burls, shade tolerance, logging, and several other related topics. Appropriate footwear is recommended. Tour members are welcome to supplement the outing with phones/cameras, including the several excellent tree identification apps now widely available.

Tom Friedlander is a retired University of Michigan trained tree-and-shrub taxonomist who spent 38 years teaching and coaching at Greenhills School in Ann Arbor. **Driving directions and parking instructions will be emailed to class registrants a few days before the tour.**

REGISTRATION FORM — Elderwise Fall 2024 Program

Name _____ Email _____

Street Address _____ Apt #/Unit _____

City _____ Zip _____ Tel (____) _____

Emergency Contact _____ Emergency Tel (____) _____

Pre-registration is required for all Elderwise courses. You may register and pay by credit card online, or with a check by mail. Checks should be made payable to Elderwise. Please do not send cash payments by mail. Address: Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. Before coming to the Elderwise office, please call or email first to be sure that someone is there to let you into the building and to assist you.

MEMBERSHIP FEE \$30

All memberships from previous terms have now expired. If you want to be a member and receive a discount on all your classes, now is the time to renew!

\$30 membership fee is good through June 30, 2025 (Fall 2024, Winter 2025, Spring 2025). \$ _____

CLASS FORMAT CODES						
C = Classroom	H = Hybrid	TH = Theater	TO = Tour	Z = Zoom		
M = Fee for members		NM = Fee for nonmembers		M	NM	Total
				\$	\$	\$
AA01	H	Gallery Walks: Paul Klee, The Invisible Man.....		20	30	_____
AA02	C	The Art of David Barr: Making Visible the Invisible		10	15	_____
AA03	Z	Diego Rivera and his Murals at the DIA.....		10	15	_____
CU04	Z	World Heritage Sites All Stars, Part 3.....		20	30	_____
CU05	C	Bojagi: Hand Stitched Patchwork.....		10	15	_____
CU06	H	The Soul of Southeast Asia.....		10	15	_____
CU07	Z	Iris Apfel, Fashion Icon.....		10	15	_____
CU08	Z	Saddle Weavers of the Gobi Desert		10	15	_____
CU09	Z	The Normandy Coast: Fascinating History, Art, and Charm.....		10	15	_____
FL10	C	Two Films by Fritz Lang: <i>Metropolis</i> and <i>M</i>		20	30	_____
FL11	C	<i>The Pit and the Pendulum</i>		10	15	_____
HI12	C	Rosie the Riveter: “We Can Do It!”		10	15	_____
HI13	C	John Bown: The Road to Harpers Ferry		10	15	_____
HI14	C	The 1930s New Deal: Then and Now		10	15	_____
HI15	Z	Hi Barbie!		10	15	_____
HI16	C	History of Immigration in the U.S.....		20	30	_____
HI17	H	The Mystery of the Edmund Fitzgerald.....		10	15	_____
HI18	Z	A Tour of the City of Lincoln, England		10	15	_____
HO19	C	Iris Folding for a Christmas or Hanukkah Card		15	20	_____
LF20	C	Warning Signs of Dementia and Some Good News		10	15	_____
LF21	C	Meditation: A Path to Better Health and Inner Peace.....		10	15	_____
LF22	Z	Pilates for Balance		10	15	_____
LF23	C	Developing Your Psychic and Spiritual Self		10	15	_____
LI24	Z	Book Club		30	45	_____
LI25	Z	Tommy Orange’s <i>Wandering Stars</i>		20	30	_____
LI26	C	James Baldwin		20	30	_____

MU27	C	Fontaine and Nureyev: The Perfect Partnership.....	10	15	_____
MU28	C	<i>That's Amore: Italian American Singers of the 1950s</i>	10	15	_____
MU29	Z	Composers, Lyricists, Performers, and Connections.....	10	15	_____
MU30	C	The Amazing Paul Wittgenstein: Music for the Left Hand	10	15	_____
NA31	C	Owls of Washtenaw County	10	15	_____
NA32	C	Nature by Car.....	10	15	_____
NA33	Z	<i>Planet Earth</i> , Narrated by Sir David Attenborough	30	45	_____
NA34	C	Michigan's Aquatic Animals	10	15	_____
NA35	Z	<i>Planet Earth Diaries</i>	10	15	_____
NA36	C	Trekking and Climbing in the Himalayas	10	15	_____
PO37	C	Michigan Innocence Clinic Update	10	15	_____
PO38	C	Women in Prison	10	15	_____
PO39	Z	American Politics Panel: Another "Most Important Election Ever"	20	30	_____
PO40	Z	Taking Apart the News: The 2024 Election.....	30	45	_____
PO41	C	Michigan's Redistricting Commission: Review and Update.....	10	15	_____
SC42	C	Alzheimer's: Latest Advances in Diagnosis, Care, and Prevention	10	15	_____
SC43	Z	The Life of Astronomer James C. Watson.....	10	15	_____
SC44	C	Cutting the Cord: An Update	10	15	_____
SC45	Z	Weighing Stars and Mapping Galaxies	30	45	_____
SC46	Z	Electric Vehicles: Owner Experiences.....	10	15	_____
SC47	C	Tarantulas and other Secretive Spiders	10	15	_____
TH48	TH	EMU: <i>Alice by Heart</i>	22	27	_____
		(Online pre-play class and live performance)			
TH48A		EMU: <i>Alice by Heart</i> Extra Tickets.....	12	12	_____
TH49	TH	PTD: <i>A Very Shakespeare Christmas</i>	25	30	_____
		(Online pre-play class and live performance)			
TH49A		PTD: <i>A Very Shakespeare Christmas</i> Extra Tickets.....	15	15	_____
TO50	TO	Robotics Tour at The University of Michigan	10	15	_____
TO51	TO	The Spelman Art Collection, UMMA	10	15	_____
TO52	TO	Food Gatherers: Volunteer Opportunity	FREE		(Check box to register) <input type="checkbox"/>
TO53	TO	A Fall Wildflower Walk.....	10	15	_____
TO54	TO	<i>Women Answer the Call</i> , Michigan Flight Museum	20	25	_____
TO55	TO	Trees of Bird Hills Nature Area.....	10	15	_____

To expedite your registration process and to help our staff, we encourage all Elderwise participants to use online registration. Just visit our website at www.elderwiselearning.org. If you need help registering, feel free to contact the Elderwise office at (734) 340-4691 and we will be pleased to assist you. If you are unable to register online, please complete and mail this form, along with your check, to Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104.

<p>Elderwise Credit Policy:</p> <p>1) In the event that Elderwise must cancel a class or other program activity for any reason, including inclement weather or instructor illness, class fees will be refunded.</p> <p>2) Elderwise does not offer class-fee credits or refunds to members or nonmembers who cancel their own registrations or cannot make it to class.</p> <p>Instructor preferences may require placing a limit on class size.</p> <p>Registrations are processed in the order in which they are received.</p>	<p>Annual Membership Fee \$30 \$ _____ <small>(All memberships expired June 30. It's time to renew.)</small></p> <p>Contribution to Annual Fund \$ _____</p> <p>Courses, Classes, Tours \$ _____</p> <p>TOTAL FOR FALL 2024 \$ _____</p>
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NOTES



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FALL 2024 PROGRAM



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