

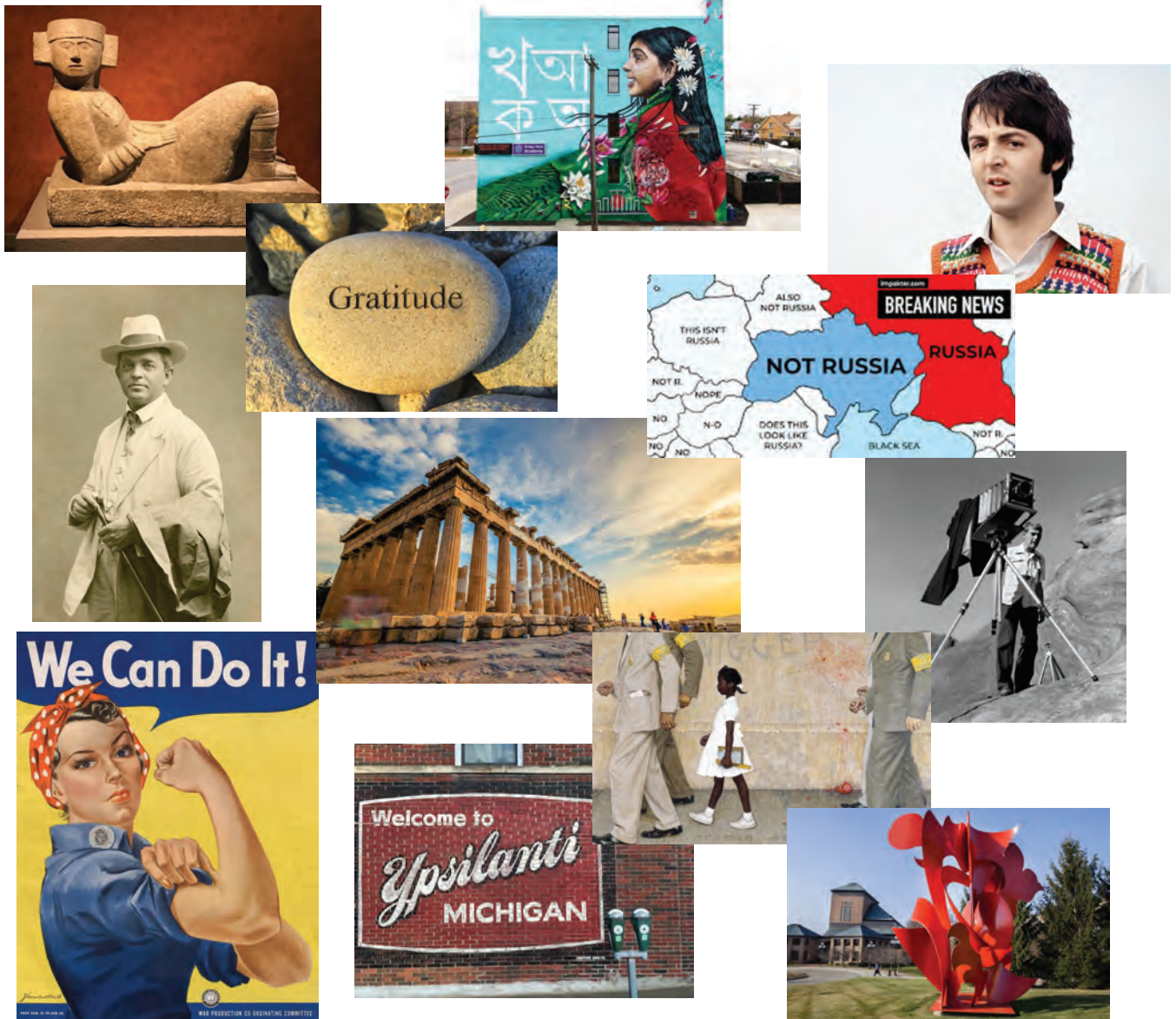


Elderwise

**ONLINE AND IN-PERSON
CLASSES**

growth through lifelong learning

SPRING 2023 PROGRAM



www.elderwiselearning.org

Tel: 734.340.4691

Email: elderwiselearning@gmail.com

Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, 48104

WELCOME TO ELDERWISE

WHO WE ARE AND WHAT WE DO

Elderwise is a nonprofit, independent, lifelong learning organization dedicated to offering continuing education to learners of all ages. Our mission is to provide a broad spectrum of classes and a significant range of topics to meet the needs and interests of a wide variety of individuals. Learning, educational enjoyment, and personal growth are the fundamental goals of every Elderwise program. We strive to provide an experience that values both intellectual and social interaction.

OUR HISTORY

Elderwise was established in 1992 through the efforts of Eastern Michigan University representatives and a group of nonacademic enthusiasts committed to developing continuing education programs. Today, Elderwise is member driven in organization, leadership, participation, financial support, and program development.

LOCATION AND FACILITIES

The Elderwise office is located at Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. The office is not regularly staffed. The best way to contact us is by phone at 734.340.4691 or by email at elderwiselearning@gmail.com.

LIMITATIONS ON CLASS SIZE

Instructor preference and/or pandemic restrictions may require placing a limit on class size. Please refer to the specific class description in this catalog.

ANNUAL MEMBERSHIP

The Elderwise annual membership fee of \$30 covers the 12 months between September 1 and August 31 of the following year. Class fees for members are \$10 per session. Nonmember fees are \$15 per session. Annual membership entitles you to the reduced class fees, and voting privileges in the Elderwise organization. Members are also invited to attend Council, standing committee, and annual organizational meetings, and to bring a friend, free of charge, to **one single-session class, or one session of a multi-session course**. To bring a guest, please call the office in advance at 734.340.4691.

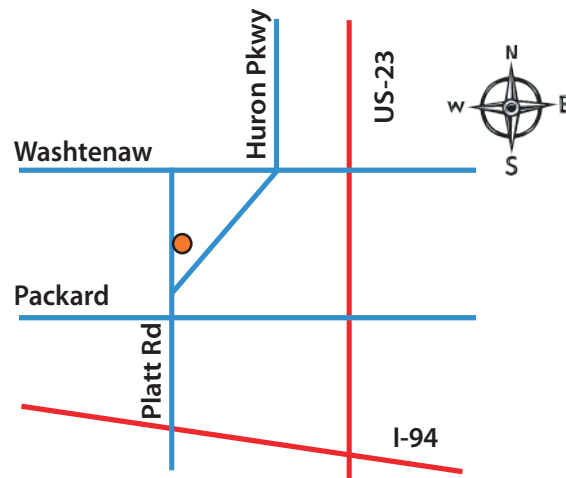
REGISTRATION

You may register and pay by credit card online at www.elderwiselearning.org, by U.S. mail, or in person. We encourage everyone to register online if possible. If registering by mail or in person, please complete the form at the end of this catalog and send or bring it with your check to: Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. Postal delays may cause a delay in registration. Please contact the office if you have not received your Zoom invitation link one day before an online class begins, or if you have other questions: 734.340.4691 or elderwiselearning@gmail.com.

The class registration form included in this catalog provides lines for paying the annual membership and class fees, as well as a line for making a tax-deductible contribution to the Elderwise Annual Fund. Elderwise is a nonprofit 501(c)(3) organization.

CLASS CANCELLATIONS

When a scheduled class is cancelled, we will make every effort to notify registrants by email and by phone.



SPRING 2023 PROGRAM OVERVIEW

C = the class is offered in person, in the classroom at the Vineyard Church in Ann Arbor.

H = the class is offered in person, in the classroom at the Vineyard Church in Ann Arbor **and** online via Zoom.

TH = the class is a live theater production at the theater.

TO = the class is an offsite field trip or tour at the location specified.

Z = the class is offered online via Zoom.

ART and ARCHITECTURE (AA)

- ~~AA01 **C** Art and Math **CANCELLED** e-Collaboration~~
 AA02 **Z** From the Photographer's Collection
 AA03 **Z** Picturing America in Art

(See TO46 Sculpture Tour, North Campus)

CULTURE and RELIGION (CU)

- CU04 **Z** Egyptian Burial Practices and the Afterlife
 CU05 **Z** Amazing Amsterdam
 CU06 **Z** World Heritage Sites IV
 CU07 **Z** Poetry, Song, and Politics:
 Freeth's Coffee House
 CU08 **C** Aztec and Mayan Cultures in Mexico

FILM and VIDEO (FL)

- FL09 **C** Almost Alone
 FL10 **Z** *The Magnificent Ambersons*
 FL11 **C** *Buck: The Real Horse Whisperer*
 FL12 **Z** Two Films by Lee Chang-dong

HISTORY (HI)

- HI13 **Z** Ukraine is Not Russia
 HI14 **C** What Do the Greeks, Underwear, and
 Henry Ford Have in Common?
 HI15 **C** A Tale of Two Wild Wests
 HI16 **C** The Borders Within Eight Mile
 HI17 **C** Rosie the Riveter
 HI18 **C** Escape to Freedom
 HI19 **Z** Hello Faz: Ypsilanti Pizza Guy

(See TO43 Yankee Air Museum)

(See AA02 From the Photographer's Collection)

(See TO47 Hack House and Museum)

HOBBIES (HO)

- HO20 **C** Iris Folding Paper Craft
 HO21 **C** Making Paper by Hand

LIFESTYLE and WELLNESS (LS)

- LS22 **Z** Dementia Friends and Dementia
 Friendly Communities
 LS23 **Z** Pilates: The Kitchen Workout
 LS24 **Z** Three Secrets to Preventing Identity Theft
 LS25 **C** The Medicinal Effects of Good Nutrition
 LS26 **C** A Mindful Approach to Self-Hypnosis

LITERATURE (LI)

- LI27 **Z** George Orwell and Albert Camus
 LI28 **Z** Book Club
 LI29 **Z** Please Pass the Gratitude
 LI30 **Z** *There There*: A Novel of Millennial Native
 American Voices
 LI31 **C** Gustave Flaubert's *Madame Bovary*

MUSIC and DANCE (MU)

- MU32 **C** Ralph Vaughan Williams at 150
 MU33 **H** The Great Hoax: Paul McCartney,
 Dead or Alive?
 MU34 **C** 20th Century Composers:
 Nielsen and Boyer
 MU35 **C** A Celebration of Doo Wop

NATURE and ENVIRONMENT (NA)

- NA36 **C** Creating Native Landscapes in Our
 Cities and Suburbs
 NA37 **Z** Detroit River International Wildlife Refuge
 NA38 **C** A February Visit to Central Florida

(See TO42 Spring Wildflower Walk)

(See TO44 Matthaei Botanical Gardens)

POLITICS and POLICY (PO)

- PO39 **Z** American Politics Panel

SCIENCE, TECHNOLOGY, and MATH (SC)

- SC40 **C** Podcasts, Music, and e-Books

(See TO45 U-M Robotics Tour)

THEATER (TH)

- TH41 *The Only Man in Town*
 Z Pre-play Class
 TH In-person Performance, Chelsea

TOURS and FIELD TRIPS (TO)

- TO42 **TO** A Spring Wildflower Walk
 TO43 **TO** Yankee Air Museum Tour
 TO44 **TO** Tour of the Great Lakes Gardens
 at Matthaei Botanical Gardens
 TO45 **TO** Robotics Tour at U-M
 TO46 **TO** Sculpture Tour, U-M North Campus
 TO47 **TO** Hack House and Museum, Milan

MESSAGE FROM THE ELDERWISE CHAIR

Thank you all for making our transition to a new space successful! Many of us were busy behind the scenes attending to all the big and little details that make your experience a good one. Our host, the Vineyard Church of Ann Arbor, has been so gracious and helpful and we are very happy to be there.

I'm extending a call to our faithful membership to consider volunteering with Elderwise. There are many ways you can volunteer that would help our "to do" list get done! Volunteering will give you great satisfaction knowing you are part of the "cogs" that make the wheel turn and keep us moving forward. We need people to set up refreshments and/or greet attendees as they enter the building. We would love some Zoom savvy people to act as Zoom hosts for our online classes and Tech Assistants for our in-person classes. We also have committees you could be a part of such as Development and Marketing, Curriculum, and Finance. All instructors, regardless of their experience and expertise, are also unpaid volunteers.

This spring we have a balanced set of offerings between in-person and Zoom classes. During the recent fall and winter terms we experimented with hybrid technology for several of our classes to determine the best practices for future hybrid classes. Our consensus is to expand an in-person class to hybrid when certain criteria are met, including when the instructor requests it to reach a larger audience and our technology for audio and video is adequate for the situation. We will announce such hybrid classes during the spring months to provide the best experience for our attendees.

Spring 2023 will bring us an excellent variety of tours and field trips. Classes will provide a mix of new instructors and familiar favorites and thanks to Zoom, instructors will again be coming to us from across the country and internationally. New instructors include: William Philpott, joining us online from England, will share the history of Freeth's Coffee House in Birmingham, England, Paul Kubicek will discuss Ukraine and Russia, Claire Dahl will tell us about the iconic image of working women, Rosie the Riveter, and we will travel to Chelsea to enjoy Jason Eyster's original musical play *The Only Man in Town*. Rochelle Balkam will return with a provocative prelude to the upcoming Ypsilanti Bicentennial celebrations this summer.

We encourage you to take advantage of online registration, both to expedite your registration process and to help our staff. Just visit the Elderwise website at www.elderwiselearning.org. If you need help, simply call the Elderwise office at 734.340.4691 and we will be pleased to assist you with your registration.

Mary Miller
Elderwise Chair

	Monday	Tuesday	Wednesday	Thursday	Friday
APRIL 2023	3 NO CLASSES THIS WEEK (Between-term break)	4 NO CLASSES THIS WEEK (Between-term break)	5 NO CLASSES THIS WEEK (Between-term break)	6 NO CLASSES THIS WEEK (Between-term break)	7 NO CLASSES THIS WEEK (Between-term break)
	10 AM Zoom LS22 Dementia Friends and Dementia Friendly Communities (Free Class) PM	11 AM NO CLASSES MEETINGS PM Zoom HI13 Ukraine is Not Russia	12 AM Classroom HI14 What do the Greeks, Underwear, and Henry Ford Have in Common? PM	13 AM Classroom NA36 Creating Native Landscapes in Our Cities and Suburbs PM	14 AM PM
	17 AM PM Zoom LI27 George Orwell and Albert Camus	18 AM NO CLASSES MEETINGS PM Zoom NA37 Detroit River International Wildlife Refuge	19 AM PM	20 AM Zoom CU04 Egyptian Burial Practices and the Afterlife, Kelsey Museum PM	21 AM Classroom HI15 A Tale of Two Wild Wests PM
	24 AM PM Zoom LI28 Book Club	25 AM NO CLASSES MEETINGS PM Zoom LS23 Pilates: The Kitchen Workout	26 AM Zoom LI29 Please Pass the Gratitude PM	27 AM Zoom LS24 Three Secrets to Preventing Identity Theft PM	28 AM PM

Unless noted, class start and end times are: AM = 10–12 noon PM = 1–3

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Art & Architecture

AA01 Art and Mathematics: A Divine Collaboration

In-Person Class: **The Elderwise classroom at the Vineyard Church.**

Presenter: **Joan Cohen Jones**

Date: **Wednesday, April 12**

Time: **1:00 to 3:00 p.m.**

Enrollment: **Pandemic protocols may limit the enrollment for this class.**
 Registrants will be informed in advance, and a waitlist will be available.

Fee: **Member \$10 Nonmember \$15**

Join us as we explore some of the many ways in which artistic endeavor uses mathematical thinking, both formally and informally. These include the use of perspective, patterns in art, textiles, and architecture, the golden ratio in art and architecture, and the Fibonacci sequence in nature and art. No special knowledge of either math or art are needed in order to enjoy and learn from Joan Cohen Jones' presentation. Expect a lively and fun class that may teach you to "see" differently. **Joan Cohen Jones** is a retired math teacher, professor of mathematics, and textbook author. In retirement she revisited a former passion - art - and is now an accomplished watercolorist whose works have been exhibited in several Ann Arbor venues.

AA02 From the Photographer's Collection: A Bit of History

Online Class: **A ZOOM invitation link will be sent one day before class begins.**

Presenter: **Howard Bond**

Date: **Monday, June 5**

Time: **10:00 a.m. to 12 noon**

Fee: **Member \$10 Nonmember \$15**

In this encore presentation, Howard Bond projects and discusses treasured images from his large collection of 19th and 20th century photographs. He begins with the work of William Henry Fox Talbot (1800-1877), English scientist and inventor of modern photography, followed by several other famous photographers of that era, including Robert Adamson and James Anderson. Howard will also discuss the evolution of photographic processes, and the advanced artistry of some 20th century photographers, such as Edward Weston and Ansel Adams. In addition, we will enjoy the projection of some of Howard's own award-winning photography. **Howard Bond** is a photographer, historian, and collector of photographic artwork. His career as a photographic artist has spanned more than 75 years. Howard's work is included in the collections of more than 35 museums in the United States and Europe. He is a former recipient of a Creative Artist Grant from the Michigan Council for the Arts, and the author of two books and 23 limited-edition portfolios of prints.



AA03

Picturing America in Art

Online Class: A ZOOM invitation link will be sent one day before each class session begins.

Presenter: Wendy Evans

Dates: Wednesdays, June 14, 21, and 28

Time: 10:00 a.m. to 12 noon

Fee: Member \$30 Nonmember \$45

America's art tells America's story: the optimism, struggles, humor, and pain. Join us as Wendy Evans explores how people from the earliest inhabitants to today have pictured the history and landscape of the country, reflecting its ideas and ideals. Images will range from realistic paintings of John Singleton Copley to modern abstractions by Jackson Pollock – from the innocent America captured by Norman Rockwell in his early work to the struggles of black Americans seen in his late paintings and those of black artists like Jacob Lawrence – and from inspiring views of unspoiled country by Thomas Cole to the lonely cities of Edward Hopper. Learning about these artists, and others whose work we will see, helps build our picture of America. **Wendy Evans** was raised among the museums of London, England, and holds an advanced degree from Oxford University. She has taught art history at Wayne State University and other institutions in Michigan, and is a long-time docent volunteer at the Detroit Institute of Arts. Wendy is known fondly for her British accent and crazy socks, and for the passion for art she loves to share with others in her richly illustrated presentations.



Culture and Religion

CU04

Egyptian Burial Practices and the Afterlife

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: Docent from the Kelsey Museum

Date: Thursday, April 20

Time: 10:00 a.m. to 12 noon

Fee: Member \$10 Nonmember \$15

The ancient Egyptians believed in a happy and eternal afterlife, and their burial practices reflected this belief. They believed that mummification preserved the bodies of the deceased so they could enjoy the food and grave goods which were buried with them. Decorations on tomb walls depicted banquets, harvests, and other lovely scenes of what might lie ahead. Join us on this Zoom tour where our docent guide will share aspects of ancient Egyptian burial practices using artifacts from the Kelsey's collection, as well as images of artifacts in several other museums. This virtual tour will be facilitated by the **Kelsey Museum's docent staff**.



CU05

Amazing Amsterdam: A Showcase of Dutch History and Culture

Online Class: A ZOOM invitation link will be sent one day before class begins.

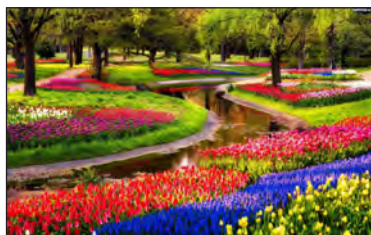
Presenter: Gerlinda Melchiori

Date: Friday, May 5

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

Having covered the Age of Discovery and the Hanseatic League in previous classes, as well as recently visiting the Van Gogh exhibit at the Detroit Institute of Arts, Gerlinda now highlights the amazing contributions the Dutch have bestowed upon the world. Following a brief overview of the history of Holland, she will present treasures of art and culture in Amsterdam, including its canal architecture and famous churches and synagogues. We will visit the famous Rijksmuseum to observe the works of painters from the Dutch Golden Age, such as Rubens, Vermeer, and Rembrandt, visit Anne Frank House and Museum, the incredible Shipbuilding Museum, and of course the museum dedicated to impressionist Van Gogh. We will briefly visit Rotterdam, De Hague, and Delft, walk through spectacular tulip gardens and observe flower auctions, pass by the first Stock Market and stroll through the city's infamous night life. **Gerlinda Melchiori** is a life-long student of history and art. Her 20 years as international consultant for universities around the world, and her many years as lecturer on cruise ships, have offered her opportunities to explore civilizations and their evolving cultures.



CU06

World Heritage Sites – Part IV

Online Class: A ZOOM invitation link will be sent one day before each class session begins.

Presenter: Toby Teorey

Dates: Tuesdays, May 9 and 16

Time: 1:00 to 3:00 p.m.

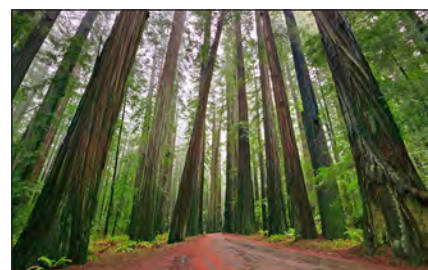
Fee: Member \$20 Nonmember \$30

In this class we conclude our series with the fascinating documentaries of UNESCO World Heritage Sites across the world. Starting in 1972, UNESCO (the United Nations Educational, Scientific and Cultural Organization) has designated as World Heritage Sites more than a thousand locations valued for their outstanding cultural and/or natural significance to humanity.

The sites include archaeological excavations, masterpieces of religious or secular architecture, monumental sculptures, and paintings. Many sites also represent the earth's most magnificent features of physical and biological formation. This class, adopted from *The Great Courses* series, features lectures by Justin M. Jacobs of American University, and breathtaking visuals from six of the most outstanding World Heritage Sites. We invite and encourage a lively discussion of the selected sites.

May 9: Canada's Rocky Mountains
Earliest China: Yinxu and the Oracle Bones
Iceland's Great Assembly at Thingvellir

May 16: The Acropolis of Athens
Palmyra, Oasis on the Syrian Desert
The Redwood Forests of California



Toby Teorey is the current Vice-Chair of the Elderwise Council. He is retired from the College of Engineering at the University of Michigan and in retirement pursues his enduring love of world history, music, and culture.

CU07

Poetry, Song, and Politics: Freeth's Coffee House

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: William Philpott

Date: Friday, May 19

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

By the middle of the 18th century, coffee houses in England had become known as 'penny universities,' fashionable places for intellectuals to meet, purchase a cup of coffee (for a penny), exchange ideas, and debate the news of the day. One notable coffee house in Birmingham was Freeth's, popular at a time when political discussion and challenge was often feared by those in positions of high authority. John Freeth sought, not only to offer a venue for such dialogue to take place, but also to provide entertainment for his guests while they reflected on the significant issues of the day. Join William at Freeth's for an hour or so of reasoned and sober debate on matters of politics, science, philosophy and much more. After a career in local government, **William Philpott** has spent more time researching, writing, and presenting aspects of political history, one of his life-long interests. William has had articles published in online magazines, made presentations to his local u3a history group, is a moderator for a history Facebook page, and a volunteer at his local museum.



CU08

Aztec and Mayan Cultures in Mexico

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: George Jabol

Date: Thursday, June 1

Time: 1:00 to 3:30 p.m. [Please note the 3:30 p.m. end time.]

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Join George Jabol as he leads us on a 12-day journey through Mexico. The primary purpose of this September 2022 trip was to explore ancient Aztec and Mayan sites extending from Mexico City to the Yucatan. Along the way there was also much to enjoy and learn about modern day Mexican culture. Highlights of the trip include visits to Aztec temples at Tenochtitlan and Teotihuacan, and a day in the charming colonial town of Puebla. In Veracruz, a museum visit features the famous colossal basalt heads of Olmec leaders. We will enjoy the partially restored ruins at Palenque, one of the most beautiful Mayan city-states in Mesoamerica. The Mayan site at Uxmal near Merida provoked wonder because of the many intricate carvings preserved on the stone temples. George's trip concludes with a tour of Chichen Itza, the principal ceremonial center of the Yucatan. **George Jabol** received his B.A. degree from Ohio's Muskingum University, and a Ph.D. in English language and literature from the University of Michigan. Fully retired now from a career with the federal government, George creates photographic slide shows as a way to remember his travels and share them with others.



Film and Video

FL09 Almost Alone: Three Intense Drama Films

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Susan Nenadic

Dates: Wednesdays, May 3, 10, and 17

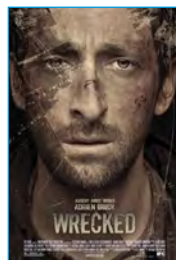
Time: 1:00 to 3:30 p.m. [Please note the 3:30 p.m. end time.]

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$30 Nonmember \$45

This class will feature three films with basically a single actor. There are a few other people in the films, but they are either background or appear only slightly. As a result, the action and dialogue center on a single character. The first film is *Guilty* (2021) which stunned Cinetopia audiences two years ago. A policeman has been placed in a 911 center while waiting trial for killing a citizen. Next will be *Wrecked* (2011), in which a man regains consciousness only to find himself in a wrecked car at the bottom of a steep ravine with no memory of who he is or how he got there. Finally, we will watch *Arctic* (2018). It opens with a man alone after his plane crashed. Then he finds another wreck. The pilot is dead; the female passenger is comatose. The protagonist cares for the unresponsive woman during their arduous journey towards civilization. PLEASE NOTE: The first two films are rated R (language). **Susan Nenadic** holds undergraduate and graduate degrees in history and English. She is known for her integration of history and literature in teaching, and is the author of several books and articles, including *A Purse of Her Own: Occupations of 19th Century Women*, and *Legendary Locals of Ann Arbor*. Susan currently leads Friends of Amoru, a nonprofit organization building a secondary school in Uganda.



FL10 The Magnificent Ambersons: Film and Discussion

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: Matthew Solomon

Dates: Mondays, May 8 and 15

Time: 1:00 to 3:00 p.m.

Fee: Member \$20 Nonmember \$30

The Magnificent Ambersons (1942) was Orson Welles's immediate follow-up to his celebrated *Citizen Kane* (1941). We will view the entire film in the first session, and then discuss it in the second session by looking closely at, and listening carefully to, a series of specific examples from the film. By drawing upon archival material digitized from the Orson Welles Papers in the Screen Arts Mavericks and Makers Collections in the University of Michigan Special Collections Research Center, we will consider what was lost with the drastic recutting of the film prior to its release, which eliminated fully one-third of the film. The class sessions will be interactive, with observations, comments, and questions from attendees strongly encouraged. Reading Booth Tarkington's original 1918 novel, now in the public domain, is recommended but not required. **Matthew Solomon** is a professor in the Department of Film, Television, and Media at the University of Michigan. He is the author of *Disappearing Tricks: Silent Film, Houdini, and the New Magic of the Twentieth Century*, which won the Kraszna-Krausz Award for best moving image book. He has also authored a BFI Film Classics monograph on Charlie Chaplin's *The Gold Rush*, and, most recently, *Méliès Boots: Footwear and Film Manufacturing in Second Industrial Revolution Paris*.



FL11

Buck: The Real Horse-Whisperer

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Toby Teorey

Date: Thursday, May 18

Time: 1:00 to 3:00 p.m.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Buck is a richly textured and visually stunning documentary film (2011) which explores the life of Buck Brannaman from his childhood living with an abusive father to his successful approach to handling and training horses. Brannaman worked on the Robert Redford film *The Horse Whisperer* as the lead equine consultant. He teaches people to communicate with their horses through leadership and sensitivity, not punishment. The film follows Brannaman to several stops on his normal, 40-week-per-year circuit of ranches where he gives clinics on “natural horsemanship.” Along the way, viewers learn about his childhood including his celebrity as a child performer of rope tricks, and the physical abuse that he and his brother endured at the hands of their father. Buck possesses near magical abilities as he dramatically transforms horses – and people – with his understanding, compassion, and respect.

Toby Teorey is the current Vice-Chair of the Elderwise Council. He is retired from the College of Engineering at the University of Michigan, and in retirement pursues his enduring love of world history, music, and culture.



FL12

Two Films by Lee Chang-dong

Online Class: A ZOOM invitation link will be sent one day before each class session begins.

Presenter: John Stewart

Dates: Tuesdays, June 6 and 13

Time: 1:00 to 3:30 p.m. [Please note the 3:30 p.m. end time.]

Fee: Member \$20 Nonmember \$30

Director Lee Chang-dong is a master of carefully filmed works rich with human empathy. In *Secret Sunshine* (2007), a recently-widowed piano teacher relocates to a provincial town for a fresh start. When tragedy strikes, she moves from depression to a rage approaching madness. The efforts of a cheerful would-be suitor and a cult-like religious group only seem to make matters worse. In *Poetry* (2011), the camera follows a gracefully refined woman in her 60s who struggles to raise a sullen teen-aged grandson. When she learns she is in the early stages of Alzheimer's, she decides to enroll in a poetry class. The instructor's words of advice, “learn to look,” put her in closer contact with her feelings but heighten the pain of events that follow. These movies are in Korean with English subtitles. They are unrated but have some adult content. **John Stewart** is a retired software developer with degrees in biology from the University of Michigan. He is not a movie maven, but he enjoys movies with a foreign touch and believes these two will appeal to Elderwise cinema lovers.



History

HI13 Ukraine is Not Russia

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: Paul Kubicek

Date: Tuesday, April 11

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

Join us for this presentation which will focus on key points in Ukrainian cultural and political development, emphasizing Ukraine's complicated relationship with Russia. While Ukraine and Russia have an intertwined history, one longstanding theme is Ukrainian efforts to break free of Russian domination and establish a separate Ukrainian identity. How this history plays into the current conflict and features of contemporary Ukraine will be emphasized throughout the talk. **Paul Kubicek** is a Professor of Political Science at Oakland University. He wrote his Ph.D. dissertation (University of Michigan, 1995) on post-Soviet Ukraine, and has published extensively on Ukrainian and Russian politics, the European Union, democratization, and Turkey. He has recently updated his book, *The History of Ukraine* (Bloomsbury/Greenwood).



HI14 What do the Greeks, Underwear, and Henry Ford Have in Common? Ypsilanti's Bicentennial – 2023

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Rochelle Balkam

Date: Wednesday, April 12

Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Christened Ypsilanti in honor of Demetrius Ypsilanti, the hero of the Greek Revolution, the town grew when its original site at Woodruff's Grove was displaced after the Chicago Road was built. The railroad brought business and industry to the community, and also brought its most famous inventor, "The Real McCoy," Elijah McCoy, whose father and mother were significant conductors on the Underground Railroad. Ypsilanti thrived in the mid-19th and early 20th centuries. Education and commerce joined hands. Henry Ford's decision to bring manufacturing to the community provided abundant opportunities for a strong workforce. WWII expanded Ford's contribution with the building of the bomber plant at Willow Run in the early 1940s. The 21st century has brought new energy, along with a focus on the unique cultural and social opportunities the city offers. Preservation of Ypsilanti's architectural heritage is reflected in the strength of local historical organizations. **Rochelle Balkam** taught history and government at Ypsilanti High School for 36 years, and taught Michigan history at Eastern Michigan University (EMU) for 27 years. She holds an M.A. degree in history and an M.S. in historic preservation from EMU. Rochelle serves on the board of the Michigan One-Room Schoolhouse Association, and formerly served on the board of the Historical Society of Michigan and the Ann Arbor Historic Commission.



HI15

A Tale of Two Wild Wests: Michigan and New Mexico, with Frederick Godfroy and Billy the Kid

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Kathleen Chamberlain

Date: Friday, April 21

Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

This is a story of two “wild wests” – old and new. Frederick Godfroy and Billy the Kid represent that transition, Godfroy because his family played a significant role in the early history of the region but unlike Billy, they are barely remembered. Billy the Kid emerged as one of the most famous historical characters of the West. In this class Kathleen Chamberlain will introduce both men, and will compare the two frontiers through them. Apaches versus Potawatomies. Range wars versus the French and Indian Wars and the War of 1812. The roles of the Indian trader and agent in both. Frederick Godfroy encountered Billy the Kid while living in wild New Mexican Territory on the Mescalero Apache reservation, and returned to Michigan with many stories to tell. Join us to hear and enjoy some of these tales. **Kathleen Chamberlain** holds an M.S. in Western history from the University of Colorado/Denver and a Ph.D. in United States history from the University of New Mexico. Her areas of specialization are Native Americans and the Old West. Kathleen taught American history at Eastern Michigan University for more than 15 years, retiring in 2016. She has published *In the Shadow of Billy the Kid: Susan McSween and the Lincoln County War*, and is currently writing another book titled *Women Who Loved and Hated Billy the Kid*, for the University of Oklahoma Press.



HI16

The Borders Within Eight Mile

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Ken Stevens

Date: Wednesday, May 3

Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

This presentation focuses on immigrant neighborhoods in Detroit and their art as a sense of place. In this “nation of immigrants,” the City of Detroit stands out for the incredible number of nationalities, ethnicities, and religious groups which have populated its 138 square miles. To fully appreciate the city’s turbulent history and its abundant cultural treasures, it is helpful to envision the many invisible borders that have served as demarcation lines between and among groups. In this class Ken Stevens will explore Detroit’s history of immigration and migration, the ever-changing maps, the disruptions, and the harmonies. We will look at the “new Detroit,” with its many cultural attractions, art forms, restaurants, and parks, and travel back to the hidden gems of “old Detroit,” some in ruins, others repurposed, and a few still viable and operating. **Ken Stevens** began his theater career in Cincinnati where he co-founded the Showboat Majestic and served as a Rockefeller Fellow at Playhouse in the Park and the University of Cincinnati. In 1972 Ken joined the faculty of Eastern Michigan University (EMU) where he created both the musical theater program and the graduate and undergraduate programs in arts management. Following his retirement in 2014 as EMU’s director of theatre, Ken has continued to serve as a lecturer, while supervising interns and supporting the resident artist program at Villa Barr Art Park in Novi and the Michigan Legacy Art Park at Crystal Mountain Resort.



HI17 Rosie the Riveter – “We Can Do It!”

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Claire Kitchin Dahl

Date: Thursday, May 4

Time: 1:00 to 3:00 p.m.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

‘We Can Do It’ became the rallying cry for millions of women during World War II who had, until this time period, never envisioned working on an industrial assembly line building the weapons of war. Rosie the Riveter was the star of a campaign aimed at recruiting female workers for defense industries, and she became an iconic image of working women. Join presenter Claire Kitchin Dahl of the Yankee Air Museum to learn the incredible history of the Willow Run B-24 Bomber Plant and the teamwork of the powerful Detroit automotive industry. Claire will share the dramatic and vital roles played by women as they showed the nation that they were willing and able to fill the work force gaps caused by men going into military service. This class is in partnership with a tour at the Yankee Air Museum on Thursday, May 11 (see TO43). **Claire Kitchin Dahl** began her teaching career in 1971 and retired from Ann Arbor Pioneer High School in 2009. Armed with a master’s degree in women’s studies, she has always championed the strong women in American history. Claire volunteers as a Tribute Rosie at the Yankee Air Museum.



HI18 Escape to Freedom

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Judy Sima

Date: Wednesday, May 10

Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Join Judy as she tells the story of her mother’s encounter with the Gestapo after Kristallnacht (Night of the Broken Glass - November 1938), her escape from Germany during World War II, and her adjustment to life in America. Following the storytelling, Judy will describe the research that went into chronicling her mother’s journey. In the second part of the program, participants will have the opportunity to share stories about their own parents, using a series of “conversation starters.” **Judy Sima** is an award-winning storyteller, author, and educator. She has been featured at conferences and festivals, schools and libraries, churches, and senior groups throughout Michigan and across the country. A retired school librarian, Judy is the pied piper of storytelling in metro Detroit. Judy has introduced many young people and adults to the art of storytelling.



HI19

Hello Faz: The Celebrity-filled Life of an Ypsilanti Pizza Guy

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: John A. Stewart

Date: Tuesday, June 27

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

In the fall of 1966, 14-year-old Faz Husain took a break from his part-time job at a pizza shop on Cross Street in Ypsilanti and stepped outside. Up the street he noticed a crowd of people gathering in front of Eastern Michigan University's Pease Auditorium. He decided to wander across to see what was happening. This decision set the course of his remaining life, and ended up making him one of the Ann Arbor and Ypsilanti area's most beloved citizens. In this presentation we will take a look at the well-lived life of an immigrant from Patna, India, whose friendship with figures such as Muhammad Ali and Bill Clinton led to meeting an array of other figures from the worlds of politics, sports, and entertainment. **John A. Stewart** is a retired software developer with degrees in biology from the University of Michigan. He is proud to have been one of the many friends of Faz.



HOBBIES

HO20

Iris Folding Paper Craft

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Betty Abraham

Date: Friday, May 12

Time: 1:00 to 3:30 p.m. [Please note the 3:30 p.m. end time.]

Enrollment: Enrollment for this class is limited to 12 attendees. A waitlist will be available.

Fee: Member \$15 Nonmember \$20 [Fee includes an additional \$5 for materials.]

Iris folding is a paper craft that involves folding strips of colorful patterned paper to form a design. This idea originated in 20th century Holland where early craft people made their designs using patterned paper cut from the inside of envelopes. The center of the design forms an Iris - a shape similar to the Iris diaphragm of a camera lens. This technique involves layering paper strips across a cutout shape and following a printed template. You will make one complete greeting card and learn techniques to make many more. A few patterns will be supplied and a resource list will be provided. This project is fun, relaxing, creative, inexpensive, and EASY. Note: Class registrants should bring a pair of scissors, a pencil, and Scotch tape. **Betty Abraham** is a retired Middle School teacher with a love for crafting. Her interests began at a young age in the Army Post Craft Huts all over the world. Her latest new hobby is Iris Folding and she would love to share her enthusiasm with you.



HO21

Making Paper by Hand

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Karen Koykka O'Neal

Dates: Wednesdays, June 14 and 21

Time: 1:00 to 4:00 p.m. [Please note the 4:00 p.m. end time.]

Enrollment: Enrollment for this class is limited to 8 attendees. A waitlist will be available.

Fee: Member \$30 Nonmember \$40 [Fee includes an additional \$10 for materials.]

Paper - it's all around us! However, handmade paper has a unique look and feel. Email correspondence works well in many situations, but sometimes only a handwritten note will do, especially if it's handwritten on paper you have made! Making paper by hand yields results that are different, surprising, and one-of-a-kind. During these two sessions, class members will transform a vat of wet pulp into a set of note cards with coordinating lined envelopes. In the first class, we will pull sheets, maybe getting a little wet and messy. By the second session, the paper will be dry, and we will create unique stationery. **Karen Koykka O'Neal** has been making handmade paper since 1987, after taking a class at the University of Michigan school of art. She has been teaching papermaking since 1994 and opened the Out of Hand Papermaking Studio in 2001. The studio offers instruction and workspace. Karen actively exhibits, provides demonstrations, and lectures on the 2000-year history of paper and the 4000-year history of papyrus, the ancient writing surface.



Lifestyle and Wellness

LS22

Dementia Friends and Dementia Friendly Communities

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: Jim Mangi

Date: Monday, April 10

Time: 10:00 a.m. to 12 noon

Fee: Free – This class is being offered by the Michigan Alzheimer's Association at no cost.

One in ten people over age 65 likely has some form of dementia, most often caused by a progressive brain disease such as Alzheimer's. In the first part of this class, we will learn about the kinds of difficulties dementia causes with memory, planning, thinking, visual perceptions, judgment, and behavior, among other aspects of daily life. Learn how easy it is to be a dementia friend, helping your relatives and friends to live their daily lives in the community with less difficulty and more dignity. People with dementia may eventually need full time help at home or a facility at the very end of their journey, but for many years before then, they face various difficulties in their daily lives out in the community – shopping, banking, dining, going to events, going to church. Dementia friendly communities make a community-wide effort to show organizations how to interact with persons with dementia. The second part of this class will discuss the kinds of dementia-friendly practices businesses and organizations have adopted in dementia friendly cities nationwide. **Jim Mangi** has been an Alzheimer's Association Community Educator since 2019, and has presented education programs to personal caregivers, businesses, cultural institutions, and students. He is the head of Dementia-Friendly Saline, which aims to make Saline, Michigan, a community that respects and welcomes people with dementia. Jim established a Memory Café in his community, which allows those affected by dementia to connect. In addition, Jim provides care for his wife, who is living with Alzheimer's disease.



LS23

Pilates: The Kitchen Workout

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: Gwyn Jones

Date: Tuesday, April 25

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

Join us for a step-by-step workout guide on how to move more in your kitchen. Your kitchen gadgets are the only equipment you will need for this low-impact workout. Moving more every day matters, and since we spend a lot of time in our kitchens waiting for things to warm up, boil, brew, or stew, it is a perfect time to engage in more physical movement. Natural moves such as squats and kitchen-sink planks and push-ups, along with Pilates exercises, are the key focus in the effective kitchen workout. **Props Needed:** kitchen towel, massage or tennis ball, two unopened soup cans. **Gwyn Jones** has offered personal training sessions, workshops and classes on Pilates for more than ten years. She is certified in STOTT Pilates and TRX suspension, and annually enrolls in continuing Pilates Education.



LS24

Three Secrets to Preventing Identity Theft

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: A member of the Ann Arbor Police Department

Date: Thursday, April 27

Time: 10:00 a.m. to 12 noon

Fee: Member \$10 Nonmember \$15

In this class you will learn about three critical steps to prevent identity theft. Most people never take the time to learn how criminals lure their victims into financial scams, which leads to billions of dollars lost every year. And to make matters worse, most victims never recover their money. Our goal is to help fix this problem and to prepare you to stop scams from robbing you in the first place. After this class, you will find peace in knowing some of the best practices that local residents are already using to prevent crime. **A member of the Ann Arbor Police Department** will present this training. The Ann Arbor Police Department has over 100 sworn police officers and detectives who specialize in crime response and prevention. The department serves a diverse and growing population of 121,000 people, which often swells to 200,000 during the workday. Officers are experienced in reporting, investigating, and preventing identity theft crimes and will share this information with you.



LS25

The Medicinal Effects of Good Nutrition

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Cecilia Sauter

Date: Thursday, May 4

Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

There are many reasons why we should pay attention to what we eat. Good nutrition is very important for our health, and maintaining a fine balance of nutrients is what helps us stay healthy. The processed foods many of us frequently and repeatedly consume may be convenient and tasty, but they can, and often do, compromise our health. Do you want to learn more about how good nutrition can make a big difference in your health? Are you interested in knowing about the DASH diet (Dietary Approaches to Stop Hypertension) and whether fish oil supplements really help lower your cholesterol? Are there any health benefits in consuming garlic and ginger? Join us for this class to learn more about how food acts as medicine – not only to maintain health and wellbeing, but to prevent and treat disease. **Cecilia Sauter** holds an M.S. degree from Texas Woman's University and is a Registered Dietitian and a Certified Diabetes Educator. She currently works at the University of Michigan, training clinical staff in how to help people who have chronic conditions.



LS26

A Mindful Approach to Self-Hypnosis: Accessing Your Inner Resources

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Mary Pratt Miller

Date: Wednesday, May 24

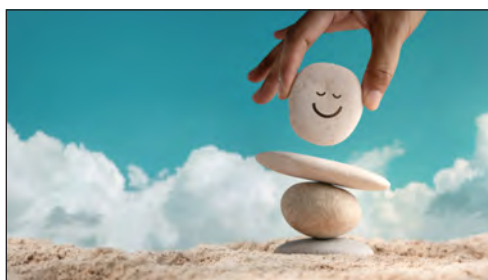
Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Being intentional and mindful implies being aware of one's own inner resources for learning, growing, healing, and effecting beneficial change. Research reveals that self-hypnosis, and other forms of inner quieting, induces many benefits. Self-hypnosis can be used for the purpose of reducing anxiety, increasing connectedness and empathy with self and others, freeing a person to extend forgiveness, valuing and using anger in a positive way, arousing feelings and cognitions of gratitude, improving memory and clarity of thinking, reducing pain, and providing an overall sense of well-being. In this class we will explore and experience this gentle and natural state of consciousness, a mindfulness of and appreciation for self. **Mary Pratt Miller**, PhD, is a licensed professional counselor. She has been in private clinical practice since 1981, now in Northville, Michigan. She is an active member of the American Mental Health Counselors Association, Michigan Mental Health Counselors Association, and the American Society of Clinical Hypnosis (ASCH).



Literature

LI27 Two Brave and Honest Voices: George Orwell and Albert Camus

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: Gene Homel

Date: Monday, April 17

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

In this class we will discuss the writing, ideas, and politics of two genuinely towering figures of the 20th century. George Orwell (1903-1950) of England is best known for his last novel, *1984*, but his writings and activism encompassed many themes: democratic socialism versus Soviet Communism, the use and abuse of language in politics, the class system, the value of the natural world, and the dangers of colonialism. Albert Camus (1913-1960) of France is often considered an existentialist philosopher, a label he denied. Camus was preeminently the voice of morality at a time when morality was in short supply. He too grappled with issues of colonialism (in particular, his native Algeria), Soviet Communism, and the dangers of nihilism. Grappling with his concept of the absurd, Camus's novel *The Plague* can be read as a plea for human solidarity. Both men died prematurely, but left their powerful mark on the literature, politics, and philosophy of our time. Join us as we discuss these authors' contributions to our attempts to come to grips with the crises of today. **Gene Homel** has taught history and politics since 1973 at universities and colleges in Ontario and British Columbia. He holds a master's degree and a Ph.D. from the University of Toronto, and has written and presented extensively on history and culture.



LI28 Book Club

Online Class: A ZOOM invitation link will be sent one day before each class session begins.

Facilitators: Kathleen Hillegas, William Hillegas

Dates: Mondays, April 24, May 22, and June 26

Times: 1:00 to 3:00 p.m., except May 22, which is 1:00 to 4:00 p.m.

Fee: Members \$30 Nonmembers \$45

Using prepared questions and our own observations, the discussion each month will explore a book from current best-seller lists. Selected books for the Winter 2023 semester are:

April	<i>A Long Petal of the Sea</i> by Isabel Allende Published in 2019, 340 pages	Historical Fiction
May	<i>The Stranger Diaries</i> by Elly Griffiths Published in 2020, 338 pages	Mystery
June	<i>The Authenticity Project</i> by Clare Pooley Published in 2020, 351 pages	Fiction, Contemporary Romance

Please read *A Long Petal of the Sea* before the first class. The facilitators will send a list of discussion questions for each book to all registrants prior to each Book Club session. **Kathleen and William Hillegas** are long-time members of both Elderwise and the Book Club. Both are avid readers, and look forward to a lively exchange of ideas, opinions, and interpretations.



LI29

Please Pass the Gratitude

Online Class: A ZOOM invitation link will be sent one day before class begins.

Presenter: Jennifer Clark

Date: Wednesday, April 26

Time: 10:00 a.m. to 12 noon

Fee: Member \$10 Nonmember \$15

Did you know that expressing gratitude is good for our emotional and physical health? After touching on the science of gratitude, we will turn to some intriguing writers and poets to see what wisdom we can reap from their gratitude journey, and, in some cases, how practicing gratitude literally saved them. Through their lives and words, we will reflect on the relationship between gratitude and growth, gratitude and joy in the face of difficulties, and other connections. By diving into and embracing gratitude, we may discover ways to enrich our own lives and the lives of those around us. **Jennifer Clark** is the author of a children's book and three full-length poetry collections. Her latest book, *Kissing the World Goodbye* (Unsolicited Press), ventures into the world of memoir, braiding family tales with recipes. Jennifer has facilitated a variety of workshops in diverse settings for over 30 years.



LI30

There There: A Novel of Millennial Native American Voices

Online Class: A ZOOM invitation link will be sent one day before each class session begins.

Presenter: Cecilia Donohue

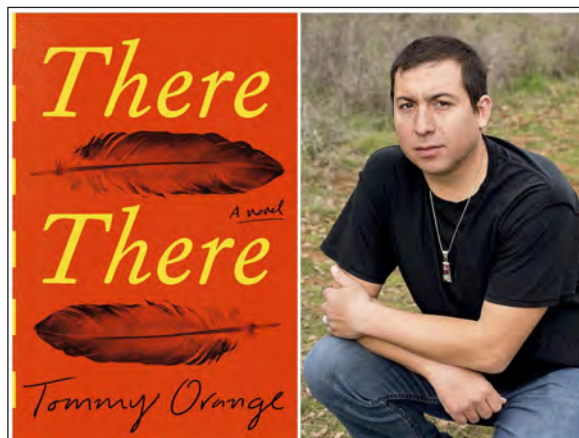
Dates: Fridays, May 5 and 12

Time: 10:00 a.m. to 12 noon

Fee: Members \$20 Nonmembers \$30

Text: Orange, Tommy. *There There* (2018). Vintage Publishing.

Join us for this class where we will read and discuss *There There*, Tommy Orange's debut novel and a 2018 Pulitzer Prize finalist. Acclaimed by critics as "powerful," "compassionate," "eloquent," and "riveting," the book uses multiple points of view to introduce an ensemble of Native American characters negotiating life in 21st century urban America, while anticipating attendance at a powwow in the Oakland (CA) Coliseum. During the first class, we will explore Orange's writing style, plot development, and characterization. In our second session we will continue this discussion, followed by a focus on the novel's major themes. **Cecilia Donohue** retired in 2013 following a 25-year career of undergraduate instruction, graduate teaching, and academic administration. She now resides in rural Tennessee with her husband Bill and their menagerie of two horses, one cat, and one dog. Cecilia has written extensively on America's southern authors and poets, notably Robert Penn Warren. She is currently an associate editor of *The Steinbeck Review*.



LI31

Provincial Customs and . . . Unbearable Ennui: Gustave Flaubert's *Madame Bovary* (1856)

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Ioana Fracassi

Date: Friday, June 23

Time: 1:00 to 3:00 p.m.

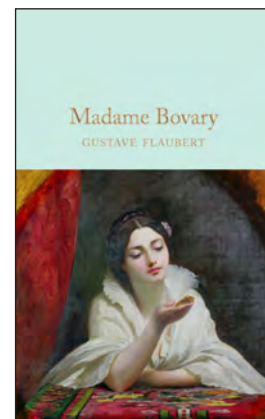
Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Text: Gustave Flaubert, *Madame Bovary*. Translated by Eleanor Marx Aveling.
Several paperback editions are available at local libraries, and through bookstores and online book vendors.

Dull, satiated, bored, or *boring* – Gustave Flaubert despised the bourgeoisie. In a letter to Louise Colet, he described the likes of Charles Bovary (a country doctor) and Rodolphe Boulanger (a wealthy landowner) as “two mediocrities in the same milieu.” Yonville’s shopkeepers, pharmacists, and clergymen did not escape Flaubert’s spleen either! All had a hand in Emma Bovary’s life and tragic end. Join Ioana for a discussion of Gustave Flaubert’s portrayal of society’s middle class. She recommends a full reading of *Madame Bovary* prior to this discussion. **Ioana Fracassi** has been teaching literature at Michigan’s Madonna University for 22 years. Although her repertoire is focused mostly on British, American, and African American authors, her first love remains European literature, especially French, Italian, and Russian. Ioana would like to dedicate this class to her mentor and beloved friend, the late Laurence Rudnicki, Professor of French literature at the University of Michigan, and of English literature at Madonna University.



Music and Dance

MU32

Ralph Vaughan Williams at 150

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Henry Aldridge

Date: Thursday, May 18

Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Come join us to celebrate the 150th birthday of the great English composer Ralph Vaughan Williams with a survey of his life and music. Known for his amazing output of symphonies, concertos, and choral music, Vaughan Williams was a pioneer in documenting English folk music, an editor of the Anglican hymnal, and an avid supporter of local choral ensembles. In this class we will survey Vaughan Williams’ distinguished career and discuss his innovative and powerful music.

We will hear generous examples of his compositions including the *Serenade to Music*, the *Fantasia on a Theme of Thomas Tallis*, and excerpts from symphonies and concertos. **Henry Aldridge** is a Professor Emeritus of Electronic Media and Film Studies at Eastern Michigan University. He has presented Elderwise lectures for many years. Dr. Aldridge is an amateur musician and regularly plays the Barton pipe organ at the Michigan Theater. He holds degrees from the University of North Carolina and the University of Michigan and is a native of Chattanooga, Tennessee.



MU33 Hybrid The Great Hoax: Paul McCartney, Dead or Alive?

In-Person: MU33A The Elderwise classroom at the Vineyard Church.
Online: MU33B A ZOOM invitation link will be sent one day before class begins.
Presenter: Raymond Stocking
Date: Friday, June 2
Time: 1:00 to 3:00 p.m.
Enrollment: Pandemic protocols may limit the in-person enrollment for this class.
Registrants will be informed in advance, and a waitlist will be available.
Fee: Member \$10 Nonmember \$15

In this class we will embark on a journey to explore an urban legend and conspiracy theory about Paul McCartney, renowned Beatles musician and vocalist. In 1969 rumors began to circulate in south east Michigan, when a student from Eastern Michigan University phoned the local radio station WKNR asking about Paul's death. Two days later, an article published in the University of Michigan student newspaper, *The Michigan Daily*, detailed multiple clues pointing to McCartney's untimely death and eventual replacement with a look-alike among The Beatles. Clue-hunting continued, in Beatles songs and album artwork, and the rumors did not disappear until late 1969, when Life Magazine published a front-cover photo of Paul and Linda McCartney, very much alive. Many still believe, even to this day, that Paul was killed in a 1967 car accident and replaced by a double. The hoax itself became the subject of analysis among sociologists and psychologists. **Ray Stocking** has studied, recorded, and performed the music of The Beatles for more than 40 years. He is also a self-taught Beatles historian, and enjoys sharing his abundance of "Beatles details" with anyone who wants to listen. Ray is a graduate of Eastern Michigan University where he received his B.B.A and M.B.A. degrees in business management.



MU34 Rising 20th Century Composers: Carl Nielsen and Peter Boyer

In-Person Class: The Elderwise classroom at the Vineyard Church.
Presenter: Toby Teorey
Date: Wednesday, June 7
Time: 1:00 to 3:00 p.m.
Enrollment: Pandemic protocols may limit the enrollment for this class.
Registrants will be informed in advance, and a waitlist will be available.
Fee: Member \$10 Nonmember \$15

This class focuses on the exciting and dramatic music of two classical composers at the opposite ends of the 20th century. Carl Nielsen (1865-1931) is widely recognized as the most famous Danish composer, whose works are now increasing in popularity in the United States with classical music stations and in concert halls. We will listen to his beautiful and haunting Third Symphony (1910-11) and several other popular pieces. Peter Boyer is a living American composer (b.1970) who is one of the most frequently performed orchestral composers of the current generation, including works commissioned for the inauguration of President Biden, the 95th birthday of former Secretary of State Henry Kissinger, as well as the Grammy nominated *Ellis Island: The Dream of America*. We will listen to his spectacular First Symphony (2012-13) and other short works. **Toby Teorey** is the current Vice-Chair of the Elderwise Council. He is retired from the University of Michigan (Computer Science and Engineering) and in retirement, pursues his enduring love of world history, music, and culture.



MU35

A Celebration of Doo Wop: Vocal Group Harmony, 1954-1963

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Michael Homel

Dates: Thursdays, June 8, 15, and 22

Time: 1:00 to 3:00 p.m.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$30 Nonmember \$45

As frequent PBS fundraising specials and Aaron Neville's CD *My True Story* attest, doo wop still evokes sweet memories among baby boomers. For a decade, starting in the mid 1950s, young urban males expressed their romantic yearnings, exuberance, sorrows, and fears through complex vocal arrangements. With falsetto swoops, bass backgrounds, and spectacular endings, inner city youth showed off their talents as they vied for the affections of the girls of their dreams. This three-session class develops the social context of this distinctive music, touches on forerunners (Mills Brothers, Ink Spots), then explores the performers, the songs, and their themes. We invite all "earth angels" to "the island of love" for "a story untold" about doo wop's complexion, its use of classic American popular song, and its influence on 1960s popular music. **Michael Homel** is Professor Emeritus of History at Eastern Michigan University. He specializes in 20th century American history and American urban history. He is the author of *Unlocking City Hall: Exploring the History of Local Government and Politics*, and other publications on urban politics and education.



Nature and Environment

NA36

Creating Native Landscapes in Our Cities and Suburbs

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Robert Grese

Date: Thursday, April 13

Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Former director of the University's Matthaei Botanical Gardens and Nichols Arboretum, Bob Grese, will discuss the creation of native gardens in our own backyards and other landscapes. He will discuss the history of this movement in the work of early landscape architects whose work featured the native plants, celebrated landforms, and ecological conditions found throughout the American Midwest. During the class Bob will suggest strategies for making native plantings more broadly acceptable in our current urban landscape. **Robert Grese** is a Professor Emeritus in the School for Environment and Sustainability at the University of Michigan-Ann Arbor and the former director of the University's Matthaei Botanical Gardens and Nichols Arboretum. He formerly taught in the landscape architecture program and is a strong advocate of ecologically-based design and ecological restoration.



NA37

Detroit River International Wildlife Refuge

Online Class: A ZOOM invitation link will be sent one day before class begins.

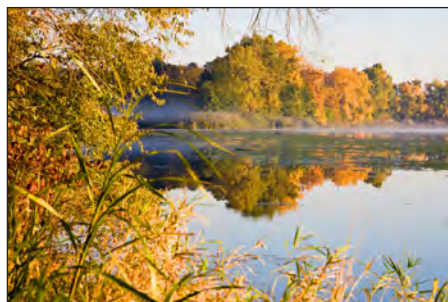
Presenter: Jazmyn Bernard

Date: Tuesday, April 18

Time: 1:00 to 3:00 p.m.

Fee: Member \$10 Nonmember \$15

The Detroit River International Wildlife Refuge (DRIWR) was established in 2001, and is managed jointly by the United States Fish and Wildlife Service (USFWS) and Wayne County. There are over 560 refuges throughout the United States of America, and each one is unique. The DRIWR is special because this local refuge is the only international wildlife refuge within the United States. It includes islands, coastal wetlands, marshes, shoals, and waterfront lands along 48 miles of Detroit River and Western Lake Erie shorelines. The United States Fish and Wildlife Service has seven different branches that all work together to meet the USFWS mission, and the Detroit River International Wildlife Refuge falls under the National Wildlife Refuge System Branch. Join us online as we gain insight into the USFWS, and learn about the history, the habitats, and what visitors can do at the Detroit River Refuge. Park Ranger **Jazmyn Bernard** is the environmental educator at the Detroit River International Wildlife Refuge. She was born and raised in Louisiana, and traveled to Michigan for the opportunity to become a park ranger. Her goal is to use her knowledge and passions to connect as many people to nature as possible.



NA38

A February Visit to Central Florida

In-Person Class: The Elderwise classroom at the Vineyard Church.

Presenter: Don Chalfant

Date: Thursday, June 1

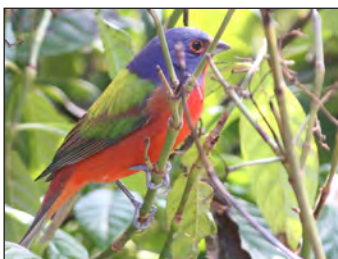
Time: 10:00 a.m. to 12 noon

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Imagine yourself going for a February walk in your Ann Arbor neighborhood. The sky is gray, the trees and shrubs are brown, two inches of snow cover the ground, and you haven't seen a wildflower, a butterfly, a dragonfly, or even a green leaf since September. Now let frequent Elderwise presenter Don Chalfant take you on a virtual tour of central Florida in February. The sky is blue, wildflowers are in bloom, butterflies and dragonflies are fluttering. Imagine taking a three- or four-day visit to central Florida. You can plan on seeing over 100 species of birds, dozens of wildflowers, butterflies and dragonflies in the air, more snakes and lizards than you probably wanted to encounter, and lots of strange and interesting flora and fauna – none of which you would find in Michigan. **Don Chalfant** has been entertaining and enlightening the Elderwise community for many years with his profound knowledge and stunning photographs of North America's natural world. Don received his undergraduate and graduate degrees from the University of Michigan. In 1995 he retired from teaching in the Ann Arbor Public Schools. While retired, Don indulges his passion for the outdoors, for birding, and for photographing nature's inhabitants.



Politics and Policy

PO39 American Politics Panel: Divided Government

Online Class: A ZOOM invitation link will be sent one day before class begins.
Presenters: Jeffrey Bernstein, Michael Homel, and Larry Kestenbaum
Date: Wednesday, May 24
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

By the time we meet again in May, we will be four months into a time of divided government, with a Democratic president and Senate and a Republican House. What will have happened during these months? Will the GOP House majority be cohesive or divided? How will it use its investigative powers against the Bidens, Pelosi, and anyone else? Will the legislative process stall or will the two parties find common ground on anything? Will Joe Biden govern by executive order and shape policy through his appointment powers? What of inflation, interest rates, and employment? Will Russia's assault on Ukraine persist or take a surprise turn? Meanwhile, the field for Republican and Democratic 2024 presidential nominees will start to take shape. Join the Three Amigos, who cannot promise accurate predictions but can promise to pontificate at length about politics and anything else. **Jeffrey Bernstein** studies and teaches political science and American politics at Eastern Michigan University (EMU). Jeffrey specializes in public opinion and political behavior. **Michael Homel** is Professor Emeritus of history at EMU. Mike's special expertise is in the fields of 20th century American history and American urban history. **Larry Kestenbaum** is the Washtenaw County Clerk/Register of Deeds. He is the creator and owner of the Internet's most comprehensive source for American political biography, *PoliticalGraveyard.com*.



Science and Technology

SC40 Podcasts, Music, and e-Books: How to Access Entertainment at Your Fingertips

In-person Class: The Elderwise classroom at the Vineyard Church.
Presenter: Jim Keen
Date: Wednesday, May 17
Time: 10:00 a.m. to 12 noon
Enrollment: Pandemic protocols may limit the enrollment for this class.
Registrants will be informed in advance, and a waitlist will be available.
Fee: Member \$10 Nonmember \$15

Many of us go through our daily lives completely unaware that we have access to millions of hours of entertainment right at our fingertips. And much of it is free! Some of us are vaguely familiar with this digital content, but are unsure of how to get access to it. If you have a computer, smartphone, or tablet, then you are in luck. In this class, Jim Keen will demonstrate how easy it can be to find and listen to just about any music, read or listen to almost any book, and listen to podcasts on more topics than you knew existed. What's a podcast? Jim will also explain this in detail – right down to what you can find, where to find them, and how to listen. **Jim Keen** holds a B.A. in communications and an M.A. in educational studies from the University of Michigan. He currently owns and operates Keen Focus Technology Tutoring.



Theater

TH41

The Only Man in Town **Words and Music by Jason Eyster** **Directed by Rebecca Groeb**

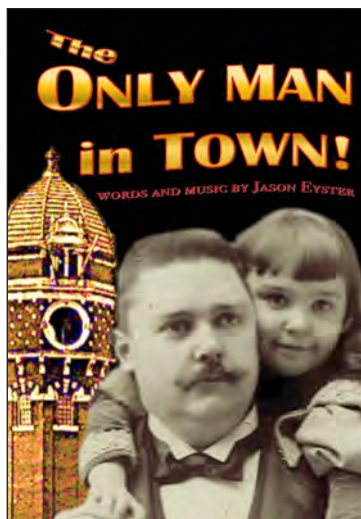
Presenters: Jason Eyster and Susan Morrel-Samuels

Pre-Performance Class: Friday, June 2, 10 a.m. to 12 noon
Online Class: A ZOOM invitation link will be sent one day before class begins.

Matinee Performance: Sunday, June 11, 3:00 p.m.
Live and in person by the Chelsea Area Players
at the Chelsea High School Performing Arts Center,
740 North Freer Rd., Chelsea, MI

Fees: Members \$20 Nonmembers \$25 [Includes one ticket to the performance.]
Extra Tickets are \$10 each. Please see TH41A on this catalog's Registration Form.

Frank Glazier is best known for his buildings: Ann Arbor's first skyscraper (the Glazier Building at the corner of Huron and Main Streets), and in Chelsea the 14A Court House and the Clock Tower (at one time, the tallest building in the county). He founded the *Ann Arbor News*, started the world's largest oil stove manufacturer, and put up the money for retirement homes in Chelsea. He served as Mayor of Chelsea, and was a state senator who campaigned for governor. He was also a convicted felon, sentenced to 15 years at hard labor. A poet, inventor, philanthropist, and financier, Frank led a life that demanded a presentation greater than a book could provide. Set in the 1890s, *The Only Man in Town* tells the story of how this man brought lower Michigan into the 20th century. His rise to power and his fall, which devastated his family and community, coupled with his wife's growth as a strong protector of their family and the continued conflict with Harmon Holmes (progenitor of Chelsea's major employer Jiffy Mix), all provide the high concept that deserves explication in dialogue, song, and dance. Driving and parking directions will be sent to registrants prior to the performance. **Jason Eyster** has been writing and performing music since high school. He studied composition at the Julliard School of Music, and worked for filmmakers Hugh and Suzanne Johnston as a sound engineer and composer, writing the score for the award-winning documentary, *Education Unbound*. He then moved to Michigan to serve as Executive Director of Ars Musica, the Baroque Orchestra. He has received two Creative Artist grants from the Michigan Arts Council and has composed music for dance, radio, and orchestra. **Susan Morrel-Samuels**, co-producer of *The Only Man in Town*, holds a degree in Theater and Dramatic Literature, and in Public Health. She was the Managing Director of the Youth Violence Prevention Center and Prevention Research Center at the University of Michigan School of Public Health. Since her retirement, she has been active in children's literacy, refugee resettlement, and the Chelsea Human Rights Commission.

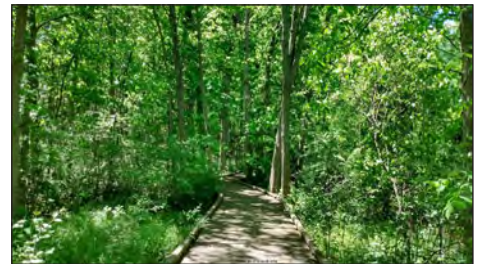


Tours and Field Trips

TO42 A Spring Wildflower Walk

Offsite Tour: **North Dixboro Road just south of US-23, Ann Arbor**
Guide: **Beverly Walters**
Date: **Monday, May 8**
Time: **10:00 a.m. to 12 noon**
Enrollment: **Enrollment for this field trip is limited to 15 attendees. A waitlist will be available.**
Fee: **Member \$10 Nonmember \$15**

Local botanist Bev Walters will lead a spring nature walk starting at the Goodrich Preserve on Dixboro Road and venturing into the Horner-McLaughlin Woods just to the west. The abundance and diversity of spring wildflowers here make this area stand out among the natural areas of Washtenaw County. Expect to see twin leaf and tulip trees as we hike through the oak-hickory woods, while buttonbush abounds in some of the wetlands. These two parcels are the northern part of a 300-acre complex of nature preserves and may inspire you to engage in future nature exploration. The walk will be on fairly level but unpaved footpaths, so please wear appropriate attire and sturdy walking shoes. Driving and parking instructions will be sent to registrants a few days prior to the tour. **Beverly Walters** has experience both as a field botanist and a Museum Collection Manager at the University of Michigan Herbarium. Now retired, she helps maintain and improve the herbarium's *Michigan Flora Online* website (<https://michiganflora.net>), a popular resource for plant identification. Beverly pursued her botanical studies at Michigan State University.



TO43 Yankee Air Museum - Tour

Offsite Tour: **Yankee Air Museum, Willow Run Airport**
Guides: **Yankee Air Museum Docents**
Date: **Thursday, May 11**
Time: **1:00 to 3:00 p.m.**
Enrollment: **Enrollment for this tour is limited to 20 attendees. A waitlist will be available.**
Fee: **Member \$20 Nonmember \$25 [Includes \$10 entrance fee]**

Founded in 1981 and located in southeastern Michigan, the Yankee Air Museum quickly grew when it acquired its flyable aircraft – B-17 Flying Fortress, B-25 Mitchell Bomber, and C-47 Skytrain – offering the public a chance to fly in some of America's most iconic aircraft. In 2004, the Museum experienced a fire that destroyed the original World War II building where the Museum was housed, along with most artifacts and aircraft. Efforts to rebuild began immediately, allowing the Museum to reopen in its current location on the east side of the Willow Run Airport. Since reopening in 2010, the Museum has experienced rapid growth in its collections, as well as in its public programming. The Museum has acquired a dozen static aircraft and five historic flying aircraft, and continues to open exhibits annually. The Museum continues to build upon its mission to educate through the history of American aeronautics, aerospace industries, and their associated technologies, while inspiring generations of visitors. Current Museum exhibits focus on World War II, the Vietnam War, World War I, the Tuskegee Airmen, and more. This tour is in partnership with a class about Rosie The Riveter on Thursday, May 4 (see HI17). Driving and parking directions will be sent to all registrants a few days prior to the tour.



TO44

Tour of the Great Lakes Gardens at Matthaei Botanical Gardens

Offsite Tour: Matthaei Botanical Gardens, 1800 North Dixboro Road, Ann Arbor, MI
Guides: Matthaei Docents
Date: Thursday, June 8
Time: 10:00 to 11:30 a.m. [Please note the 11:30 a.m. end time.]
Enrollment: Enrollment for this tour is limited to 12 attendees. A waitlist will be available.
Fee: Member \$20 Nonmember \$25 [Includes \$10 entrance fee]
Note: Parking is \$4 for two hours, payable at desk or kiosk.

Matthaei Botanical Gardens and Nichols Arboretum are transformative forces for social and ecological resilience through the waters and lands we steward. Their programs and spaces are living labs for promoting healthier communities, cultures, and ecosystems through active care and cultivation of the gardens, fields, natural habitats, and dynamic systems that sustain our world. This Elderwise guided tour of the Great Lakes Gardens at Matthaei Botanical Gardens will provide a glimpse into the unique plant communities of the Great Lakes region, with a special focus on the relationships among plants, animals, land, and water. Visitors will view demonstration garden spaces such as the alvar, which features plants adapted to extreme ranges in temperatures, wind, and sparse soil on top of limestone. We will tour the tall-grass prairie garden to explore the relationships between pollinators and seed dispersers, and learn how big bluestem and prairie dock plants have roots that can withstand rapid, hot, prairie fires. We will also explore the human impacts on these natural areas, and consider actions people can take to protect them. Dress in layers, as this guided tour will occur entirely outdoors, in bright sunlight as well as shade. Comfortable but sturdy footwear is recommended. The tour will be led by **Matthaei-Nichols Professional Docent Staff**. Driving and parking directions will be sent to class registrants a few days before the tour.



TO45

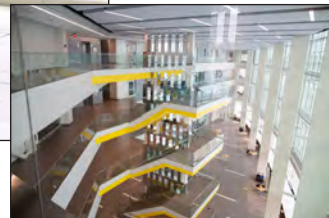
Robotics Tour at The University of Michigan

Offsite Tour: Robotics Building, U-M North Campus
Guide: Student or Staff Docent at UM Robotics Department
Date: Friday, June 9
Time: 12:00 noon to 1:00 p.m. [Please note the 12 noon start time.]
Enrollment: Enrollment for this tour is limited to 20 attendees. A waitlist will be available.
Fee: Member \$10 Nonmember \$15

The University of Michigan Robotics Department is located at the Ford Motor Company Robotics Building on North Campus. Opened in 2021, the 134,000-square-foot, four-story complex houses classrooms, offices, a cafe, and a startup-style open collaboration area and tailored lab space for a variety of robotic technologies. A few highlights you will see on the tour include:

- Three-story fly zone for autonomous aerial vehicles
- An outdoor obstacle course for walking robots
- High-bay garage space for self-driving cars
- A rehabilitation lab with a Stewart platform, force plates, and dual-tread treadmill
- A robotics maker space with CNC, 3D printers, and other shop tools
- An outdoor Mars Yard with imitation Martian rocks and soil for testing rovers
- A live demo of a research robot

Visitor parking space is provided across the street from the Robotics Department. Specific driving and parking information will be sent in advance of the class.



TO46

An Outdoor Sculpture Tour on the University of Michigan North Campus

Offsite Tour: University of Michigan, North Campus
Guide: Jennifer Edwards
Date: Monday, June 12
Time: 10:00 to 11:15 a.m. [Please note the 11:15 a.m. end time.]
Enrollment: Enrollment for this tour is limited to 12 attendees. A waitlist will be available.
Fee: Member \$10 Nonmember \$15

This walking tour of the University of Michigan North Campus will introduce participants to world-class examples of contemporary monumental outdoor sculpture as produced by some of the leading artists of our time. Many famous modern sculptors have contributed to the North Campus collection, including

Tilted Donut with S, 2006, by Fletcher Benton (1931-2019)

Indexer II, 2002, by Kenneth Snelson (1927-2016)

Begob, 1996, by Alexander Liberman (1912-1999)

Statue of Claude Shannon, 2001, by Eugene Daub (1942 -)

Summaries of Arithmetic Through Dust, Including Writing Not Yet Printed, 1992, by Alice Aycock (1946-)

3 Cubes in a Seven Axis Relationship, 2016, by Philip Stewart (Living Artist)

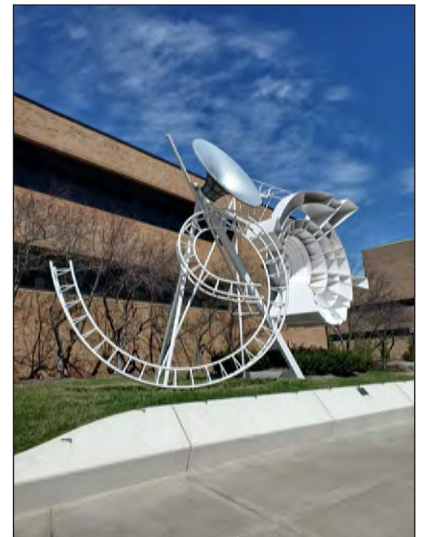
Tools + Fire, 2012, by Jim Dine (1935 -)

Triad Ritual, 1993, by Beverly Pepper (1922 – 2020)

KÖSZÖNÖM (Thank You) Raoul Wallenberg by Jon Rush (UM Professor of Art, 1962-2006)

Off Axis Holography, 2013, by Jens Zorn (Professor Emeritus, UM Physics Dept.)

These are but a sampling of the extraordinary array of artists and works of art on North Campus, some of which will be included in this tour. Participants should wear comfortable walking shoes (not sandals), bring water to drink, wear sunscreen and a hat if necessary, and should be able to walk one mile. There will be opportunities to rest along the way. Driving, parking, and gathering directions will be sent to registrants prior to the tour. **Jennifer Edwards'** work history has always been in finance. She is a retired C.P.A. who began her volunteer docent work at UMMA in September 2015. Jennifer has led two previous North Campus art tours.



TO47

A Friend, A Fraud, A Founding Family Visiting the Hack House and Museum in Milan, Michigan

Offsite Tour: Friend-Hack House Museum, 775 County Street, Milan
Guide: Anne Farmer
Date: Tuesday, June 20
Time: 1:00 to 3:00 p.m.
Fee: Member \$10 Nonmember \$15

Join us as we tour the beautiful 135-year-old Friend-Hack House Museum in Milan, Michigan, also known as the “House that Sugar Built.” Retired teacher and current president of the Milan Area Historical Society, Anne Farmer will lead us through the house and tell us the story of:

A Friend – the woman who had the house built

A Fraud – the scandalous story of where the construction money came from

A Founding Family – going back to Bethuel Hack, one of the original founders of Milan

This lovely home, built in 1888, is now listed with the National Register of Historic Places. After the house tour, participants will be free to wander the property and go through the outbuildings, including the three-hole outhouse that had a unique flushing system. And, hopefully, the beekeeper will be available to show you the site’s working hive of honeybees, which has a permanent home and display in the aviary building. Driving and parking directions will be sent to all registrants prior to the tour. **Anne Farmer** holds a B.S. degree in elementary education and an M.A. degree in special education. Prior to retirement, she taught in the Milan school system for 26 years. She is a long-time member of the Milan Garden Club, whose members maintain the Hack House gardens. Anne has been active in the Milan Area Historical Society for more than 15 years, and this is her 11th year serving as president.



REGISTRATION FORM – Elderwise Spring 2023 Program

Name _____ Email _____

Street Address _____ Apt #/Unit _____

City _____ Zip _____ Tel (____) _____

Emergency Contact _____ Emergency Tel (____) _____

Registration: Pre-registration is required for all Elderwise courses. You may register and pay by credit card online, or with a check by mail. Checks should be made payable to Elderwise. Please do not send cash payments by mail. Address: Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. Before coming to the Elderwise office, please call first to be sure that someone is there to let you into the building and to assist you.

MEMBERSHIP FEE \$30

For membership through August 31, 2023 (includes Fall 2022, Winter 2023, and Spring 2023; if you purchased your membership in Fall 2022 or Winter 2023 you are all set). \$ _____

ELDERWISE ANNUAL FUND

If you wish to make a tax-deductible contribution, please indicate the amount here..... \$ _____

CLASS FORMAT CODES

C = Classroom

H = Hybrid

TH = Live Theater

TO = Tour

Z = Zoom

M = Fee for members

NM = Fee for nonmembers

M

NM

Total

\$

\$

\$

AA01	C	Art and Mathematics: A Divine Collaboration	10	15
AA02	Z	From the Photographer's Collection	10	15
AA03	Z	Picturing America in Art	30	45
CU04	Z	Egyptian Burial Practices and the Afterlife	10	15
CU05	Z	Amazing Amsterdam	10	15
CU06	Z	World Heritage Sites IV	20	30
CU07	Z	Poetry, Song, and Politics: Freeth's Coffee House.....	10	15
CU08	C	Aztec and Mayan Cultures in Mexico	10	15
FL09	C	Almost Alone.....	30	45
FL10	Z	<i>The Magnificent Ambersons</i>	20	30
FL11	C	<i>Buck</i> : The Real Horse Whisperer.....	10	15
FL12	Z	Two Films by Lee Chang-dong.....	20	30
HI13	Z	Ukraine is Not Russia	10	15
HI14	C	What Do the Greeks, Underwear, and Henry Ford Have in Common?	10	15
HI15	C	A Tale of Two Wild Wests	10	15
HI16	C	The Borders Within Eight Mile	10	15
HI17	C	Rosie the Riveter.....	10	15
HI18	C	Escape to Freedom.....	10	15
HI19	Z	Hello Faz: Ypsilanti Pizza Guy.....	10	15
HO20	C	Iris Folding Paper Craft	15	20
HO21	C	Making Paper by Hand	30	40

LS22	Z	Dementia Friends and Dementia Friendly Communities.....	Free	(Check box to register)	<input type="checkbox"/>
LS23	Z	Pilates: The Kitchen Workout.....	10	15	_____
LS24	Z	Three Secrets to Preventing Identity Theft.....	10	15	_____
LS25	C	The Medicinal Effects of Good Nutrition.....	10	15	_____
LS26	C	A Mindful Approach to Self-Hypnosis.....	10	15	_____
LI27	Z	George Orwell and Albert Camus	10	15	_____
LI28	Z	Book Club.....	30	45	_____
LI29	Z	Please Pass the Gratitude	10	15	_____
LI30	Z	<i>There There</i> : A Novel of Millennial Native American Voices.....	20	30	_____
LI31	C	Gustave Flaubert's <i>Madame Bovary</i>	10	15	_____
MU32	C	Ralph Vaughan Williams at 150	10	15	_____
MU33	H	The Great Hoax: Paul McCartney, Dead or Alive?			
MU33A	In-Person	The Elderwise classroom at the Vineyard Church	10	15	_____
MU33B	Online	A Zoom invitation link will be sent one day before class begins	10	15	_____
MU34	C	20 th Century Composers: Nielsen and Boyer	10	15	_____
MU35	C	A Celebration of Doo Wop	30	45	_____
NA36	C	Creating Native Landscapes in Our Cities and Suburbs.....	10	15	_____
NA37	Z	Detroit River International Wildlife Refuge.....	10	15	_____
NA38	C	A February Visit to Central Florida	10	15	_____
PO39	Z	American Politics Panel	10	15	_____
SC40	C	Podcasts, Music, and e-Books	10	15	_____
TH41	Z/TH	Chelsea Area Players: <i>The Only Man in Town</i> (Zoom Pre-play class and live performance)	20	25	_____
TH41A		Chelsea Area Players: <i>The Only Man in Town</i> Extra Tickets	10	10	_____
TO42	TO	A Spring Wildflower Walk	10	15	_____
TO43	TO	Yankee Air Museum, Willow Run.....	20	25	_____
TO44	TO	Matthaei Botanical Gardens	20	25	_____
TO45	TO	U-M Robotics Tour.....	10	15	_____
TO46	TO	Sculpture Tour, U-M North Campus	10	15	_____
TO47	TO	Hack House and Museum, Milan	10	15	_____

To expedite your registration process and to help our staff, we encourage all Elderwise participants to use online registration. Just visit our website at www.elderwiselearning.org. If you need help registering, feel free to contact the Elderwise office at 734.340.4691 and we will be pleased to assist you. **If you are unable to register online, please complete and mail this form, along with your check, to Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104.**

Elderwise Credit Policy:		Annual Membership Fee \$30	\$ _____
1) In the event that Elderwise must cancel a class or other program activity for any reason, including inclement weather or instructor illness, class fees will be refunded.		(if not paid in Fall 2022 or Winter 2023)	
2) Elderwise does not offer class-fee credits or refunds to members or nonmembers who cancel their registrations.		Contribution to Annual Fund	\$ _____
Instructor preferences may require placing a limit on class size.		Courses, Classes, Tours	\$ _____
Registrations are processed in the order in which they are received.		TOTAL FOR SPRING 2023	\$ _____



Elderwise

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SPRING 2023 PROGRAM



ONLINE REGISTRATION AVAILABLE
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