

WINTER 2023 PROGRAM



www.elderwiselearning.org

Tel: 734.340.4691

Email: elderwiselearning@gmail.com

Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, 48104

WELCOME TO ELDERWISE

WHO WE ARE AND WHAT WE DO

Elderwise is a nonprofit, independent, lifelong learning organization dedicated to offering continuing education to learners of all ages. Our mission is to provide a broad spectrum of classes and a significant range of topics to meet the needs and interests of a wide variety of individuals. Learning, educational enjoyment, and personal growth are the fundamental goals of every Elderwise program. We strive to provide an experience that values both intellectual and social interaction.

OUR HISTORY

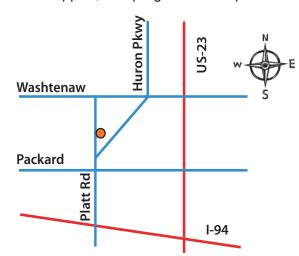
Elderwise was established in 1992 through the efforts of Eastern Michigan University representatives and a group of nonacademic enthusiasts committed to developing continuing education programs. Today, Elderwise is member driven in organization, leadership, participation, financial support, and program development.

LOCATION AND FACILITIES

The Elderwise office is located at Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. Owing to pandemic restrictions, the office is not regularly staffed. The best way to contact us is by phone at 734.340.4691 or by email at elderwiselearning@gmail.com.

LIMITATIONS ON CLASS SIZE

Instructor preference and/or pandemic restrictions may require placing a limit on class size. Please refer to the specific class description in this catalog.



ANNUAL MEMBERSHIP

The Elderwise annual membership fee of \$30 covers the 12 months between September 1 and August 31 of the following year. Class fees for members are \$10 per session. Nonmember fees are \$15 per session. Annual membership entitles you to the reduced class fees, and voting privileges in the Elderwise organization. Members are also invited to attend Council, standing committee, and annual organizational meetings, and to bring a friend, free of charge, to *one single-session class, or one session of a multi-session course.* To bring a guest, please call the office in advance at 734.340.4691.

REGISTRATION

You may register and pay by credit card online at www.elderwiselearning.org, by U.S. mail, or in person. We encourage everyone to register online if possible. If registering by mail or in person, please complete the form at the end of this catalog and send or bring it with your check to: Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. Postal delays may cause a delay in registration. Please contact the office if you have not received your Zoom invitation link one day before an online class begins, or if you have other questions: 734.340.4691 or elderwiselearning@gmail.com.

The class registration form included in this catalog provides lines for paying the annual membership and class fees, as well as a line for making a tax-deductible contribution to the Elderwise Annual Fund. Elderwise is a nonprofit 501(c)(3) organization.

CLASS CANCELLATIONS

When a scheduled class is cancelled, we will make every effort to notify registrants by email and by phone.

WINTER 2023 PROGRAM OVERVIEW

C = the class is offered in person, in the classroom at the Vineyard Church in Ann Arbor.
 TH = the class is a live theater production at the theater.
 TO = the class is an off-site field trip or tour at the location specified.
 Z = the class is offered online via Zoom.

		ARCHITECTURE (AA)	LITER		URE (LI)
		Titans of the Italian Renaissance in Art	LI29	C	Shakespeare's Richard the Third and
AA02	Z	Gallery Walks: Pain and Pleasure, Love and Hate			the Third Reich
_			LI30		Michael Connelly, Crime Novelist
		E and RELIGION (CU)	LI31	C	N. Scott Momaday:
CU03	Z	Egypt's Alexandria: Ancient Capital and			The Way to Rainy Mountain
		Modern Metropolis	LI32		Book Club
		Route of the Maya	LI33	Z	Short Steinbeck: The Long Valley
CU05	Z	Spanish Tales: A Journey			
01100		Through Andalucía			nd DANCE (MU)
		Kolkata, India – Up Close and Personal	MU34	C	Broadway's Songs – Lost and Found and
		World Heritage Sites – Part III			Reimagined
C008	Z	Who Am I? An Anthropologist's	MU35	C	Swing Era in Black and Tan: African
		Reflections on the Question of Identity	N.41.10.0		American Big Bands, 1935-1945
	1	MDEO (EL)	MU36	C	Celebrating Over 100 Years of Broadway
		VIDEO (FL)			Musicals
		Film: The Chess Players (1977)	NIATIII	> E	and ENVIDONMENT (NA)
		Theremin, an Electronic Odyssey			and ENVIRONMENT (NA) The Kirtland's Warbler: From the Brink of
FL11	C	Oscar Winning Romantic Musical Movie: Once	IVASI	_	
		Movie. Office			Extinction to a New Model for Endangered
HISTO	٦DV	/LII\	NIV30	_	Species Conservation Freshwater Jellyfish in Michigan
HI12		Why Did Ted Kaczynski Become			Pollinators and Friends: A Place for
11112		the Unabomber?	INASS		Butterflies and Bees in Our Gardens
HI13	C	Shackleton's 1914 Antarctica Expedition			Dutternies and Dees in Our Gardens
HI14		Henry Ford – The Man	POI IT	ICS	and POLICY (PO)
HI15		The Ghosts of Gettysburg 1863-2023			American Politics Panel: Pundit Trio
HI16		Women of the American West	. 0 .0		Ponders Peculiar Politics
HI17		A House Through Time: Cliveden	PO41	Z	TATN: What Do We Know or <i>Think</i>
		House, Buckinghamshire, England			We Know?
HI18	Z	Ford – The Company	PO42	C	People of Color and American Prisons
HI19		Ann Arbor, Dexter, and the University			The Lives of Those with Criminal Records
		of Michigan			Michigan's Independent Redistricting
HI20	Z	Ford – The Society			Commission: Update and Scorecard
HI21		James Strang: The Mormon King of			·
		Beaver Island			, TECHNOLOGY, and MATH (SC)
HI22	Z	Trailblazing Women Writers of the 1920s	SC45	C	Cable and Satellite TV vs. Cutting the Cord
			SC46	C	The Unique Geology and Fossils of the
		LE and WELLNESS (LS)			Michigan Basin
LS23	Z	Decluttering and Downsizing: The			
		Difficult Decisions	THEAT		• •
LS24		Taking Charge of Aging			9 to 5: The Musical – Pre-play Class
LS25		Dynamically Aging: A Pilates Workshop		TH	9 to 5: The Musical – In-person Performance
LS26		Running and Racing at a Great Age		_	
LS27	Z	Meditation – A Path to Better Health and			nd FIELD TRIPS (TO)
	_	Inner Peace	1048	Z	What is Archaeology? Virtual Tour of
LS28	Z	AAA Safe Driving for Seniors	TO 40	T ^	Kelsey Museum of Archaeology
			1049	10	Food Gatherers: In-person Tour at the
					Food Gatherers Facility

MESSAGE FROM THE ELDERWISE CHAIR New year! New location! Elderwise has moved!

Due to our changing needs, Elderwise is now renting space at Vineyard Church of Ann Arbor. Vineyard is located on the east side of Platt Road between Washtenaw and Packard, just south of County Farm Park. The facility is lovely, with plenty of parking and a variety of room sizes to accommodate our classes. Vineyard Church of Ann Arbor is a non-denominational church with a welcoming presence. They do many things in the community and are excited to participate in our nonprofit learning opportunities for seniors by sharing their space with us.

Thank you, our faithful and supportive Elderwise membership, for your overwhelming response to our ElderTech Fund. We are focusing on providing hybrid capability (simultaneous Zoom and in-person for a specific class). For Winter 2023 we are not yet able to specify hybrid in the catalog, but we plan to make announcements via email as hybrid class capability becomes available. Thank you for your patience as we continue to experiment with the hybrid process to bring you a smooth and positive experience.

We are excited to bring you some new instructors for Winter 2023, and thanks to Zoom, instructors will be coming to us from across the country and overseas. New instructors include: from Tucson, Arizona, "Joy" Smith will give us a fascinating view of everyday life in Kolkata, India (formerly Calcutta), and Matthew Teorey, from the state of Washington, will discuss Trailblazing Women Writers of the 1920s. Steve Stanford, former Elderwise member and presenter who now lives in Piqua, Ohio, will offer a three-part series on Henry Ford. Cecilia Donohue, now living in Tennessee, will present a class on John Steinbeck, and Pat Butler, in Warwick, England, will tell us about Cliveden House, Buckinghamshire, England.

We encourage you to take advantage of online registration, both to expedite your registration process and to help our staff. Just visit the Elderwise website at www.elderwiselearning.org. If you need help, simply call the Elderwise office at 734.340.4691 and we will be pleased to assist you with your registration.

Sincerely,

Mary Miller, Chair, Elderwise Council

	Monday Zoom	Tuesday Zoom	Wednesday Classroom	Thursday Classroom	Friday Zoom
JANUARY 2023	CLASS FORMAT CODES C = In the Classroom TH = Live Theater TO = In-person Tour Z = Zoom	3 AM DEVELOPMENT and MARKETING COMMITTEE PM	AM NO CLASSES PM ELDERWISE OPEN HOUSE	5 AM C MU34 Broadway's Songs – Lost and Found and Reimagined PM	6 AM PM
	AM Z LS23 Decluttering and Downsizing: The Difficult Decisions	AM CURRICULUM COMMITTEE	11 AM	AM C HI13 Shackleton's 1914 Antarctica Expedition 9:30-11:30	13 AM Z HI14 Henry Ford – The Man
	PM Z NA37 The Kirtland's Warbler: From the Brink of Extinction	PM Z FL09 Film: The Chess Players	PM C HI12 Why Did Ted Kaczynski Become the Unabomber?	PM	PM Z AA01 Titans of the Italian Renaissance in Art
	NO CLASSES MARTIN LUTHER KING JR. DAY	17 AM ADMINISTRATION and FINANCE COMMITTEE PM Z FL10 Film: Theremin, an Electronic Odyssey	AM C SC45 Cable and Satellite TV vs. "Cutting the Cord" PM C LS24 Taking Charge of Aging	AM C HI15 The Ghosts of Gettysburg 1863-2023	PM Z AA01 Titans of the Italian Renaissance in Art
	23 AM	24 AM COUNCIL	25 AM C LI29 Shakespeare's Richard the Third and the Third Reich	26 AM C LS26 Running and Racing at a Great Age	27 AM Z TO48 What Is Archaeology? Kelsey Museum Virtual Tour
	PM Z LS25 Dynamically Aging: A Pilates Workshop	PM	PM C LI30 Michael Connelly, Crime Novelist	PM C LI31 N. Scott Momaday: The Way to Rainy Mountain	10-11 PM Z AA01 Titans of the Italian Renaissance in Art
	AM Z CU03 Egypt's Alexandria: Ancient Capital and Modern Metropolis PM Z LI32 Book Club	31 AM PM			
	Unless	noted, class start and en	nd times are: AM = 10–12	2 noon PM = 1–3	

	Monday Zoom	Tuesday Zoom	Wednesday Classroom	Thursday Classroom	Friday Zoom
FEBRUARY 2023			AM C LI29 Shakespeare's Richard the Third and the Third Reich	AM C HI16 Women of the American West	AM Z HI17 Cliveden House, Buckinghamshire, England
2023			PM	PM C LI31 N. Scott Momaday: The Way to Rainy Mountain	PM Z AA02 Gallery Walks: Pain and Pleasure, Love and Hate
	6 AM Z LS27 Meditation – A Path to Better Health and Inner Peace	7 AM NO CLASSES MEETINGS	8 AM	9 AM C HI16 Women of the American West	10 AM Z HI18 Ford – The Company
	PM	PM	PM C CU04 Route of the Maya	PM	PM Z AA02 Gallery Walks: Pain and Pleasure, Love and Hate
	AM Z PO40 Politics Panel: Pundit Trio Ponders Peculiar Politics PM Z LS28 AAA Safe	AM NO CLASSES MEETINGS	AM C SC46 The Unique Geology and Fossils of the Michigan Basin PM C MU35 Swing Era	AM C HI16 Women of the American West	AM TO TO49 Food Gatherers In-person Tour 10-11:30 PM Z AA02 Gallery Walks:
	Driving for Seniors		in Black and Tan: African American Big Bands		Pain and Pleasure, Love and Hate
	20	21 AM NO CLASSES MEETINGS	AM C SC46 The Unique Geology and Fossils of the	23 AM	24 AM
	NO CLASSES PRESIDENT'S DAY	PM Z PO41 TATN: What Do We Know or <i>Think</i> We Know?	Michigan Basin PM C MU35 Swing Era in Black and Tan: African American Big Bands	PM C FL11 Oscar Winning Romantic Musical Movie: Once	PM Z AA02 Gallery Walks: Pain and Pleasure, Love and Hate
	27 AM	28 AM NO CLASSES MEETINGS			
	PM Z Book Club	PM Z CU05 Spanish Tales: A Journey Through Andalucía			
	Unless n	oted, class start and end	times are: AM = 10-12	noon PM = 1–3	
MARCH 2023	Note: TH The EMU Theatre performance of 9 to 5 The Musical will be on Sunday, April 2, at 2:00 p.m. at the Legacy Theatre, EMU Campus.		times are: AM = 10–12 of AM C HI19 Ann Arbor, Dexter, and the University of Michigan	noon PM = 1-3 2 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM	3 AM PM
	Note: TH The EMU Theatre performance of 9 to 5 The Musical will be on Sunday, April 2, at 2:00 p.m. at the Legacy Theatre,	oted, class start and end 7 AM DEVELOPMENT AND MARKETING	AM C HI19 Ann Arbor, Dexter, and the University of Michigan	AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 9 AM C MU36 Celebrating Over 100 Years of	AM
	Note: TH The EMU Theatre performance of 9 to 5 The Musical will be on Sunday, April 2, at 2:00 p.m. at the Legacy Theatre, EMU Campus. 6 AM Z LI33 Short Steinbeck:	oted, class start and end 7 AM DEVELOPMENT	1 AM C HI19 Ann Arbor, Dexter, and the University of Michigan PM	AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 9 AM C MU36 Celebrating	AM PM 10 AM Z HI20 Ford -
	Note: TH The EMU Theatre performance of 9 to 5 The Musical will be on Sunday, April 2, at 2:00 p.m. at the Legacy Theatre, EMU Campus. 6 AM Z LI33 Short Steinbeck: The Long Valley PM Z CU06 Exploring Kolkata, India – Up Close	7 AM DEVELOPMENT AND MARKETING COMMITTEE PM Z CU07 World Heritage Sites, Part III	1 AM C HI19 Ann Arbor, Dexter, and the University of Michigan PM 8 AM	AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 9 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 16 AM C MU36 Celebrating Over 100 Years of	PM 10 AM Z HI20 Ford – The Society
	Note: TH The EMU Theatre performance of 9 to 5 The Musical will be on Sunday, April 2, at 2:00 p.m. at the Legacy Theatre, EMU Campus. 6 AM Z LI33 Short Steinbeck: The Long Valley PM Z CU06 Exploring Kolkata, India – Up Close and Personal 13 AM Z LI33 Short Steinbeck:	7 AM DEVELOPMENT AND MARKETING COMMITTEE PM Z CU07 World Heritage Sites, Part III 14 AM CURRICULUM	1 AM C HI19 Ann Arbor, Dexter, and the University of Michigan PM 8 AM PM C PO42 People of Color and American Prisons 15 AM C NA38 Freshwater Jellyfish in Michigan	2 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 9 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 16 AM C MU36 Celebrating	PM 10 AM Z HI20 Ford – The Society PM
	Note: TH The EMU Theatre performance of 9 to 5 The Musical will be on Sunday, April 2, at 2:00 p.m. at the Legacy Theatre, EMU Campus. 6 AM Z LI33 Short Steinbeck: The Long Valley PM Z CU06 Exploring Kolkata, India – Up Close and Personal 13 AM Z LI33 Short Steinbeck: The Long Valley PM Z CU06 Exploring Kolkata, India – Up Close Colored Valley PM Z CU06 Exploring Kolkata, India – Up Close	7 AM DEVELOPMENT AND MARKETING COMMITTEE PM Z CU07 World Heritage Sites, Part III 14 AM CURRICULUM COMMITTEE PM Z CU07 World Heritage	1 AM C HI19 Ann Arbor, Dexter, and the University of Michigan PM 8 AM PM C PO42 People of Color and American Prisons 15 AM C NA38 Freshwater Jellyfish in Michigan	AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 9 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 16 AM C MU36 Celebrating Over 100 Years of Broadway Musicals	PM 10 AM Z HI20 Ford – The Society PM 17 AM PM Z HI21 James Strang: Mormon King of
	Note: TH The EMU Theatre performance of 9 to 5 The Musical will be on Sunday, April 2, at 2:00 p.m. at the Legacy Theatre, EMU Campus. 6 AM Z L133 Short Steinbeck: The Long Valley PM Z CU06 Exploring Kolkata, India – Up Close and Personal 13 AM Z L133 Short Steinbeck: The Long Valley PM Z CU06 Exploring Kolkata, India – Up Close and Personal 20 AM Z PO43 The Lives of	7 AM DEVELOPMENT AND MARKETING COMMITTEE PM Z CU07 World Heritage Sites, Part III 14 AM CURRICULUM COMMITTEE PM Z CU07 World Heritage Sites, Part III 21 AM ADMINISTRATION AND FINANCE	1 AM C HI19 Ann Arbor, Dexter, and the University of Michigan PM 8 AM PM C PO42 People of Color and American Prisons 15 AM C NA38 Freshwater Jellyfish in Michigan PM 22 AM C NA39 Pollinators and Friends: A Place for Butterflies	2 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 9 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 16 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 23	PM 10 AM Z HI20 Ford – The Society PM 17 AM PM Z HI21 James Strang: Mormon King of Beaver Island 24
	Note: TH The EMU Theatre performance of 9 to 5 The Musical will be on Sunday, April 2, at 2:00 p.m. at the Legacy Theatre, EMU Campus. 6 AM Z L133 Short Steinbeck: The Long Valley PM Z CU06 Exploring Kolkata, India – Up Close and Personal 13 AM Z L133 Short Steinbeck: The Long Valley PM Z CU06 Exploring Kolkata, India – Up Close and Personal 20 AM Z PO43 The Lives of Those with Criminal Records PM Z H122 Trailblazing	7 AM DEVELOPMENT AND MARKETING COMMITTEE PM Z CU07 World Heritage Sites, Part III 14 AM CURRICULUM COMMITTEE PM Z CU07 World Heritage Sites, Part III 21 AM ADMINISTRATION AND FINANCE COMMITTEE PM Z PO41 TATN: What Do We Know or Think We	1 AM C HI19 Ann Arbor, Dexter, and the University of Michigan PM 8 AM PM C PO42 People of Color and American Prisons 15 AM C NA38 Freshwater Jellyfish in Michigan PM 22 AM C NA39 Pollinators and Friends: A Place for Butterflies and Bees in Our Gardens	AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 9 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 16 AM C MU36 Celebrating Over 100 Years of Broadway Musicals PM 23 AM	PM 10 AM Z HI20 Ford – The Society PM 17 AM PM Z HI21 James Strang: Mormon King of Beaver Island 24 AM PM Z TH47 9 to 5: The Musical, Pre-play class

Art & Architecture

AA01 Z Titans of the Italian Renaissance in Art

Presenter: Wendy Evans

Dates: Fridays, January 13, 20, and 27

Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day before each class session begins.

Fee: Member \$30 Nonmember \$45

The High Renaissance was a brief, tranquil, 30-year period at the end of the 15th and start of the 16th centuries, when the technical mastery to produce illusionistic art and the desire to make classically-inspired art came together in the hands of profound thinkers. Join us as Wendy Evans leads us in looking at a rich variety of images by Leonardo da Vinci, Michelangelo, and Raphael, while exploring their personal stories and the times in which they lived, as well as their contributions to art. Celebrities courted by princes and popes, these men produced some of the most influential works of western art. **Wendy Evans** was raised among the museums of London, England, and holds an advanced degree from Oxford University. She has taught art history at Wayne State University and other institutions in Michigan, and is a long-time docent volunteer at the Detroit Institute of Arts. Wendy is known fondly for her British accent and crazy socks, and for the passion for art she loves to share with others in her richly illustrated presentations.







AA02 Z Gallery Walks: Pain and Pleasure, Love and Hate

Presenter: Michael R. Kapetan

Dates: Fridays, February 3, 10, 17, and 24

Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day

before each class session begins.

Fee: Member \$40 Nonmember \$60

For this edition of Gallery Walks, Mike is feeling somewhat philosophical and will change pace slightly. Instead of concentrating on individual artists, he will take on larger overarching themes: pain and pleasure, love and hate. He will also discuss the various roles of women in the arts as subjects, objects, and creators. He warns that this winter's walk holds the promise of turning into a Gallery Sleigh Ride. So bundle up and come on along. **Michael R. Kapetan** is an artist whose own work is informed by the scientific, the aesthetic, and the spiritual, as he creates holy images for churches, synagogues, and temples, plus unique solar sculptures that mark the turning of the seasons. Mike is retired from the University of Michigan School of Art. He holds a degree in art history from Harvard University and a master's degree in sculpture from the University of Michigan.





Culture and Religion

CU03 Z Egypt's Alexandria: Ancient Capital

and Modern Metropolis

Presenter: Gerlinda Melchiori
Date: Monday, January 30
Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day

before class begins.

Fee: Member \$10 Nonmember \$15

Alexander the Great, student of Aristotle, extended the horizon of the Greek world as far as India, but when he founded Alexandria, he envisioned a new Athens. Becoming a melting pot of Greeks, Romans, Arabs, Jews, Christians, and Muslims, the city was the intellectual capital of the world for 1,000 years. Alexandria was the site of antiquity's largest library, a magnet for scholars, scientists, and early theologians. It was, indeed, the supreme example of the diaspora of Hellenistic culture. Alexandria lost power as Cairo, to its South, became the new capital of Egypt. In this session we will wind our way through Egypt's fantastic history, and then weave together the history of the ancient town and modern city, now a Mediterranean resort town, with a new library to showcase Alexandria's move to modernity. **Gerlinda Melchiori** is a life-long student of history and art. Her 20 years as international consultant for universities around the world, and her many years as lecturer on cruise ships, have offered her opportunities to explore civilizations and their evolving cultures.







CU04 C Route of the Maya

Presenter: George Jabol

Date: Wednesday, February 8 Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Join George Jabol as he shares a slide presentation of his 2010 expedition to four Central American countries, where he spent two weeks visiting El Salvador, Honduras, Guatemala, and Belize in search of ruins of the once flourishing Mayan civilization. With a dozen fellow travelers, George explored Mayan locations at Joya de Cerén in El Salvador, Copán in Honduras, the famous sites of Tikal and Yaxha in Guatemala, and Lamanai in Belize. We will visit open-air markets and see how modern descendants of the Maya live today. Other highlights include the Spanish colonial city of Antigua, a macadamia nut plantation, a death-defying zip line flight above Guatemala's trees, and a courageous ride on a Guatemalan chicken bus.



Be prepared to see ancient historic places, gorgeous scenery, and beautiful citizens in a distinctly different world. **George Jabol** received his B.A. degree from Ohio's Muskingum University, and a Ph.D. in English language and literature from the University of Michigan. Fully retired now from a career with the federal government, George creates photographic slide shows as a way to remember his travels and share them with others.

CU05 Z Spanish Tales: A Journey Through Andalucía

Presenter: Linda Gintowt

Date: Tuesday, February 28 Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Sit back in your armchair while travelling through the southern region of Spain known as Andalucía, a sunlit landscape where Islamic, Judaic, and Christian cultures overlapped for many centuries. Linda will share her recent self-guided travel adventure, with facts, impressions, iconic sites and sights, both majestic and quaint: white hillside villages, churches at every turn, and major historic attractions. From sophisticated Sevilla, the port city and launch place of Christopher Columbus and the great Age of Discovery, to Córdoba with its May flower festival, Royal Stables and the Mezquita Mosque-Cathedral, to Grenada with its towering Alhambra and fascinating Gypsy caves, to the village of Rhonda clinging to the top of a magnificent gorge in the rolling, olive tree and poppy covered countryside. Linda Gintowt holds an M.A. in drama from the University of Toronto. She has a passion for history and the preservation of art and culture. Linda served as the Elderwise Program Coordinator for five years.



CU06 Z Kolkata, India – Up Close and Personal

Presenter: Ramona "Joy" Smith
Dates: Mondays, March 6 and 13

Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day

before each class session begins.

Fee: Member \$20 Nonmember \$30

Come join us as we hit the streets of one of the most densely populated cities in the world, Kolkata, India. Louder, smellier, and more colorful, it is all of Asia with the volume turned up! Roam the unpredictable streets by rickshaws, yellow taxis, packed buses, and hand-pulled carts. Explore the daily life of tea stalls, beggars, street food, and people everywhere. Join Joy, a baby boomer, and her millennial daughter Lori, for a cross-generational adventure in a city both had visited before, some forty years apart. Together they returned to Kolkata in 2018. With two backpacks, two iPhones, and a lot of guts, they spent six weeks soaking up the vibrant city. We will meet their Indian friends and have a first-hand look at life through the eyes of local people. Joy will share a fascinating look at housing, infrastructure, water, electricity, wealth distribution, population density, and poverty in this one-of-a-kind bustling city. Ramona "Joy" Smith has a master's degree in mental health counseling, and retired after working 30 years in Northern Michigan. She is a lover of nature, a photographer, researcher, dessert connoisseur, and world traveler. She is active in her local church and is passionate about peace and justice issues. Joy currently lives in Tucson, Arizona with her daughter Lori.





CU07 Z World Heritage Sites – Part III

Presenter: Toby Teorey

Dates: Tuesdays, March 7 and 14

Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day

before each class session begins.

Fee: Member \$20 Nonmember \$30

In this class we continue our series with more fascinating documentaries of UNESCO World Heritage Sites across the world. Starting in 1972, UNESCO (the United Nations Educational, Scientific and Cultural Organization) has designated as World Heritage Sites more than 1,000 locations valued for their outstanding cultural and/or natural significance to humanity. The sites include archaeological excavations, masterpieces of religious or secular architecture,



monumental sculptures, and paintings. Many sites also represent the earth's most magnificent features of physical and biological formation. This class, adopted from The Great Courses series, features lectures by Justin M. Jacobs of American University, and breathtaking visuals from six of the most outstanding World Heritage Sites. We invite and encourage a lively discussion of the selected sites.

March 7: Samarkind, Crossroads of Central Asia

Tibet's Potala Palace and Jokhang Temple

Mt. Fuji, the Symbol of Japan

March 14: Ancient Egypt, Thebes

The Mogao Grottos and Manuscripts, China Afghanistan's Lost Bamiyan Buddhas

Toby Teorey is the current Vice-Chair of the Elderwise Council. He is retired from the College of Engineering at the University of Michigan and in retirement pursues his enduring love of world history, music, and culture.

CU08 Z Who am I? An Anthropologist's Reflections on the Question of Identity

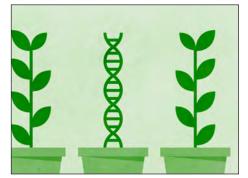
Presenter: Michael Fahy
Date: Friday, March 31
Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day

before class begins.

Fee: Member \$10 Nonmember \$15

By the start of 2019, more than 26 million consumers had added their DNA to



four leading commercial ancestry databases, with that market doubling in 2021 for the fifth year in a row. What is going on? To what extent have we come to regard identity as a *genetic condition* – and what are the implications of this idea? Citing geneticist and science journalist Adam Rutherford: "I am unaware of any group of people on Earth that can be defined by their DNA in a scientifically satisfactory way." In this class Michael will address the concepts of race, ethnicity, gender and, more broadly, the celebrated opposition of nature vs. nurture (spoiler alert: he thinks the "vs." is the problematic part) and will invite participants to weigh in with their own perspectives and life experiences. Come join us for an opportunity to collectively share and explore ideas regarding this most fundamental of ideas. **Michael Fahy** holds a Ph.D. degree in anthropology from the University of Michigan and currently teaches in the University's School of Education. He is an anthropologist of the Middle East, where he lived and pursued research for several years. Since 2004 Michael has offered presentations on Middle Eastern history and culture to American military personnel across the United States and Europe.

Film and Video

FL09 Z Film: The Chess Players (1977)

Presenter: John Stewart

Date: Tuesday, January 10 Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day

before class begins.

Fee: Member \$10 Nonmember \$15

Directed by Indian film master Satyajit Ray, this fictional story is set amidst historically accurate events. The independent kingdom of Oudh is threatened by the aspirations of a British general who is eager to annex it



on behalf of the East India Company. Two wealthy but apathetic land owners become excessively involved in endless games of chess, seemingly oblivious to the chess-like moves being made around them, and likewise ignoring the sexual dissatisfaction of their wives. In Hindi with English subtitles, this film offers us beautiful dance scenes but no heroes - only pawns in a grand historical game. **John Stewart** is a retired software developer with degrees in biology from the University of Michigan. He is not a movie maven, but he enjoys films with a foreign touch and believes this one will appeal to Elderwise cinema lovers.

FL10 Z Theremin, an Electronic Odyssey

Presenter: John Stewart

Date: Tuesday, January 17 Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

The stranger-than-fiction story of the father of electronic music is told in this acclaimed 1995 documentary. Leon Theremin was a teenage prodigy whose experiments caught the attention of Russia's leading physicists. He was mentored, then put to work helping to develop electronic listening devices useful in espionage. On the side, he invented the world's first musical instrument played without physical contact by the musician. In 1928 he emigrated to the United States, where his invention brought him fame, concert demands, an American wife, and a life among New York's social elite. In 1938 he abruptly and mysteriously disappeared, not to be heard from again for over 50 years. Interest in his instrument was revived in post-war America by electronic music pioneers. The spooky sounds of the theremin made their appearance in numerous science fiction and horror movies. They also found frequent use by many of the most creative rock and roll groups. Leon Theremin was eventually found teaching physics in the Soviet Union. For this documentary, he was brought back to America as a still-spry 95-year-old for a touching reunion with his friends and former colleagues. **John Stewart** is a retired software developer with degrees in biology from the University of Michigan. He is not a movie maven, but he enjoys films with a foreign touch and believes this one will appeal to Elderwise cinema lovers.



FL11 C Oscar Winning Romantic Musical Movie: Once

Presenter: Toby Teorey

Date: Thursday, February 23 Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will

be available.

Fee: Member \$10 Nonmember \$15

In 2007 the world was treated to the rare gift of a love story full of romance and original music making, garnering an Oscar for best music. The plot revolves around a young and musically talented Irish vacuum repairman (Glen Hansard), moonlighting as a street musician in Dublin and hoping for a big break. One day a Czech immigrant (Marketa

Irglova), who earns a living selling flowers, approaches him with the news that she is also an aspiring singer-songwriter. The pair decide to collaborate, and the songs they compose reflect the story of their blossoming love. The film includes 13 original songs written by the two stars. The story was later remade as a hit Broadway show in 2012 and received 11 Tony nominations, winning eight of them. Join us as we enjoy this uplifting movie together. **Toby Teorey** is the current Vice-Chair of the Elderwise Council. He is retired from the College of Engineering at the University of Michigan, and in retirement pursues his enduring love of world history, music, and culture.

History

HI12 C Why Did Ted Kaczynski Become the Unabomber?

Presenter: Greg Stejskal

Date: Wednesday, January 11

Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

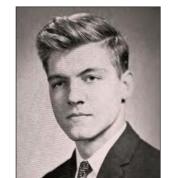
Registrants will be informed in advance, and a waitlist will

be available.

Fee: Member \$10 Nonmember \$15

Born in 1941, Ted Kaczynski was considered a child prodigy, and later a brilliant mathematician. He received a bachelor's degree from Harvard and a Ph.D. in theoretical mathematics from the University of Michigan (1967). After two years with the faculty at the University of California-Berkeley, Ted moved to a primitive one-room cabin in Montana. In 1978, with no discernible motive, he began sending bombs to what appeared to be unrelated people at universities and in the airline industry, killing three and severely injuring several others. Without knowing his identity, the FBI and the press dubbed him the Unabomber. In 1995, at Ted's request, a 35,000-word manifesto was published jointly by the *New York Times* and the *Washington Post*. This ultimately led to the Unabomber being identified as Ted Kaczynski. Why did an accomplished mathematician leave a promising academic career to become a hermit and a notorious serial bomber? What does Ted Kaczynski's case tell us about the connections between mental health and ideological extremism? While exploring these questions, we will discuss Kaczynski's anti-technology Luddite philosophy, his selection of targets, and how the FBI ultimately identified him. **Greg Stejskal** is a retired special agent of the FBI. He served from 1975-2006 and was

the case agent on the bomb that was sent to James McConnell at the University of Michigan.



- 11 —

HI13 C Shackleton's 1914 Antarctica Expedition

Presenter: Bud Thomas

Date: Thursday, January 12 Time: 9:30 to 11:30 a.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Sir Ernest Henry Shackleton (1874-1922) was an Antarctic explorer who led three British expeditions to the Antarctic. He was one of the principal figures of the period known as the Heroic Age of Antarctic Exploration. In 1914, in an attempt to be the first explorers to cross the entire continent of Antarctica, Shackleton and 27 crew members embarked from England on the sailing vessel *Endurance*. This epic adventure became one of the most challenging and successful leadership and survival stories in modern history. In 2014 a team of polar explorers commemorated the 100th anniversary of the original Shackleton expedition by reenacting the trek across South Georgia Island. Our presenter, Bud Thomas, was a member of that 100th anniversary team. He will discuss key portions of the original Shackleton Expedition as well as the 2014 Anniversary Expedition. **Bud Thomas** is a retired Aerospace Engineer, with 50 plus years in rocket engine design for the Saturn-V Apollo rocket, the Space Shuttle's main engine, and jet engine design for commercial and military aircraft. He has experience in the both the Arctic and the Antarctic.





HI14 Z Henry Ford – The Man

Presenter: Steven Stanford
Date: Friday, January 13
Time: 10:00 a.m. to 12 noon

Online class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Henry Ford was so much more than just the biographical information available in any number of books written in the last 100 years. In this session, Steven Stanford will explore Henry Ford through some little-known aspects of Ford's life, as well as through his relationships with family, friends, and famous people. The truism "we are known by the company we keep" applies to Henry Ford more than many historical figures. Join us as we explore some of those individuals whose lives intersected with Mr. Ford's and helped make him the man he was. Note: Two more classes in February and March will explore additional aspects of Henry Ford. **Steven Stanford** is a Henry Ford scholar who has published numerous programs and articles about Mr. Ford. He is the editor of *The Ford Legend*, a 24-page newsletter published three times each year by the Henry Ford Heritage



Association. Steven was a regular presenter at Elderwise until he retired and moved to Ohio in 2016. Besides his editorial work, Steven is employed by the WACO Air Museum and Learning Center in Troy, Ohio, where he works as an Associate. WACO's history is intertwined with the Ford Motor Company in several ways you will learn about during the February session of Ford: The Company.

HI15 C The Ghosts of Gettysburg 1863-2023

Presenter: Rochelle Balkam
Date: Thursday, January 19
Time: 10:00 a.m. to 12 noon

In-person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

The sounds of cannon fire, the stench of death, and the bugle call to charge have faded into the past, but the battle continues. Polarization remains. Statues of the commanding Confederate general at the Battle of Gettysburg, Robert E. Lee, are falling. Yet, 160 years later, the war's ghosts continue to haunt us. Michigan was one of the first states to answer President Lincoln's call for volunteers. His response: "Thank God for Michigan." Michigan troops fought in nearly 800 battles and suffered heavy casualties. After four long years, General George A. Custer received the flag of surrender, and another Michigan hero



captured the Confederacy's fleeing president, Jefferson Davis. In a final act, the 'Iron Brigade,' which included Michigan's 24th Infantry, escorted President Lincoln's funeral train home to Springfield. **Rochelle Balkam** taught history and government at Ypsilanti High School for 36 years, and taught Michigan history at Eastern Michigan University (EMU) for 27 years. She holds an M.A. degree in history and an M.S. in historic preservation from EMU. Rochelle serves on the board of the Michigan One-Room Schoolhouse Association, and formerly served on the board of the Historical Society of Michigan and the Ann Arbor Historic Commission.

HI16 C Women of the American West

Presenter: Susan Nenadic

Dates: Thursdays, February 2, 9, and 16

Time: 10:00 a.m. to 12 noon

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$30 Nonmember \$45

George Washington predicted that Americans would move west "faster [than] anyone could imagine." Join us in this class as we focus on women of all races and cultures who fulfilled Washington's prediction. This class is not just for women, but for men as well. Susan will lead us on an exciting trip through the history of the American West, during which we will discover a slightly different version of the history behind these journeys westward. We will learn about the brouhaha over the Louisiana Purchase, and the true motivations of the heroes of the Alamo. We will hear the story of a woman who became a judge in 1869 Wyoming, and a Michigan woman who owned the most successful gold mine in 1880s Montana. Before the course is finished, we will discuss to what extent these experiences created the American persona. **Susan Nenadic** holds undergraduate and graduate degrees in history and English. She is known for her integration of history and literature in teaching, and is the author of several books and articles, including *A Purse of Her Own: Occupations of 19th Century Women*, and *Legendary Locals of Ann Arbor.* Susan currently leads Friends of Amoru, a nonprofit organization building a secondary school in Uganda.







HI17 Z A House Through Time: The History of

Cliveden House, Buckinghamshire, England

Presenter: Pat Butler

Date: Friday, February 3 Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Located five miles upriver from Windsor Castle, this 17th century Italianate mansion, with its beautifully landscaped gardens, has been a home to a Prince of Wales, two Dukes, an Earl, and the Viscounts Astor. Through the biography of the house, we will uncover the stories and secrets which have peppered its history with scandal, intrigue, and controversy. Built for aristocratic hedonism during the Restoration, it later served as a counter-court for power struggles within the Hanoverian dynasty. The house has been a hub for political as well as social life, and was home to the first female Member of Parliament to take a seat in the House of Commons. It gained notoriety in the 1960s for a political scandal that rocked the nation, leading to the downfall of the Conservative Party in the 1964 General Election. Cliveden is



currently a prestigious country hotel, set in 360 acres of grounds managed by the National Trust. **Pat Butler** was the Elderwise Program Administrator until retiring to Warwick England in 2017. She has since qualified as a Tour Guide for the National Trust's Living Back-to-Back History Museum in Birmingham, U.K., and enjoys taking groups of visitors around this popular venue. Pat also presents classes on social history to the U.K.'s University of the Third Age.

HI18 Z Ford – The Company

Presenter: Steven Stanford
Date: Friday, February 10
Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Henry Ford is perhaps best known for his Model T, but there are a number of other products produced by the company under his leadership. Some of them may even surprise you! Join us as Steve Stanford discusses the known and little known "vehicles" produced by Ford. The Ford Motor Company was not the only production company Mr. Ford operated during his time. In this class we will explore several other Ford enterprises and look at the reasons behind their operations. Note: Another class in March, Ford – The Society, will explore additional aspects of Henry Ford. **Steven Stanford** is a Henry Ford scholar who has published numerous programs and articles about Mr. Ford. He is the editor of The Ford Legend, a 24-page newsletter published three times each year by the Henry Ford Heritage Association. Steven was a regular presenter at Elderwise until he retired and moved to Ohio in 2016. Besides his editorial work, Steven is employed by the WACO Air Museum and Learning Center in Troy, Ohio, where he works as an Associate.



HI19 C Ann Arbor, Dexter, and the University of Michigan

Presenter: Russ Collins

Date: Wednesday, March 1 Time: 10:00 a.m. to 12 noon

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

The year 2023 marks the 200th anniversary for the founding of both Dexter and Ann Arbor by European settlers. What would Ann Arbor have become without the University of Michigan? It would probably be very much like the city of Dexter – but let's explore. In 1847, Ann Arbor lost the competition to become the capital city of the State of Michigan. Ann Arbor's consolation prize was that the University of Michigan had moved from Detroit to this Tree Town frontier outpost ten years earlier in 1837, when Ann Arbor was only 13 years old. It also means that Dexter did not win the competition to become the home of the University of Michigan. Join us for a session of fascinating local history which will track the parallel fates of these two fine Washtenaw County cities – one semi-urban, one semi-rural. Go Blue or Be Blue? **Russ Collins** is Executive Director of the Michigan Theater Foundation, a nonprofit community organization operating Ann Arbor's Michigan Theater, a 1920s Movie Palace, and the recently renovated State Theatre, a 1940s Art Deco cinema style theater. Russ also heads the Cinetopia Festival, and founded the Art House Convergence, a national organization for community-based independent cinemas.





HI20 Z Ford – The Society

Presenter: Steven Stanford
Date: Friday, March 10
Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day

before class begins.

Fee: Member \$10 Nonmember \$15

Henry Ford's impact on society is wide reaching and transformative. Still, he wanted to have accomplished even more through his visions for a new society and economic system. In this session Steve Stanford will explore Mr. Ford's impact on the world of his time, as well as his enduring legacy for our world today. We will also explore "what might have been" if Ford's visions for a utopian society had come to pass. **Steven Stanford** is a Henry Ford scholar who has published numerous programs and articles about Mr. Ford. He is the editor of *The Ford Legend*, a 24-page newsletter published three times each year by the Henry Ford Heritage



Association. Steven was a regular presenter at Elderwise until he retired and moved to Ohio in 2016. Besides his editorial work, Steven is employed by the WACO Air Museum and Learning Center in Troy, Ohio, where he works as an Associate.

HI21 Z James Strang: The Mormon King

of Beaver Island

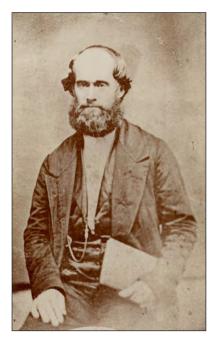
Presenter: John A. Stewart
Date: Friday, March 17
Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day

before class begins.

Fee: Member \$10 Nonmember \$15

In 1844, Joseph Smith, controversial founder of the Christian sect informally known as the Mormon Church, was killed by an angry mob in Carthage, Illinois. Two years later his successor, Brigham Young, led many of Smith's 30,000 faithful to a 'New Israel' in the valley of the Great Salt Lake. Around the same time, James Jesse Strang, a rival of Young, enticed a splinter group to settle in Wisconsin and then led them to Beaver Island, a 56 square mile oasis in the northern reaches of Lake Michigan. The island's Irish fishermen and trappers were overwhelmed, and sometimes expelled, as the new arrivals set about creating a utopian colony with James Strang as their king. The experiment came to an abrupt end in June of 1856 when Strang, like Joseph Smith before him, was assassinated. Join us as we learn



new details about this little-known slice of history. **John A. Stewart** is a retired software developer with degrees in biology from the University of Michigan. He enjoys self-guided travel to out-of-the-way places.

HI22 Z Trailblazing Women Writers of the 1920s

Presenter: Matthew Teorey
Date: Monday, March 20
Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Women of the 1920s led a revolt against the old standards of womanhood that were dominating U.S. culture. Flappers and feminists, they spoke and acted out, inspiring other women to follow. In this class Matt will analyze the work of several important 1920s female authors who chronicled this revolt, including Mae West, Nella Larsen, Gertrude Stein, and Dorothy Parker. These trailblazers wrote counter-narratives to the sexism, racism, classism, and homophobia women faced during the Jazz Age. Matt will bring their novels, poems, plays, and film scenarios into conversation with each other. He will explore examples of how these women worked individually and collectively to attain the political power, social status, economic independence, sexual freedom, and artistic recognition they deserved. Class interaction is highly encouraged. **Matthew Niven Teorey** is currently Associate Professor of English at Peninsula College in Port Angeles, WA. His research has focused on issues of gender, race, and sexual orientation in literature. His teaching specializes on multidisciplinary connections such as literature and mathematics. Matt is the author of *Self-Made Women in the 1920s United States* (Lexington Books 2022).



Lifestyle and Wellness

LS23 Z Decluttering and Downsizing: The Difficult Decisions

Presenter: Dina Shtull

Date: Monday, January 9
Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Acquiring is easy; downsizing is hard. Whether rearranging or relocating, by choice or not, sometimes we just need to get rid of "stuff." This presentation is not primarily "What to do with the stuff," but rather the entire process which must begin with the hard part, actually gathering the stuff and making the decisions. In this class Dina Shtull will focus on the process of downsizing – of getting to the point of doing it (what stops us and what the benefits are), and helpful hints on actually getting organized enough to do it. She will address such questions as: Should I sell or donate? What if I cannot part with an item? Do I need an



appraisal? Helping seniors with potentially difficult decisions is Dina's specialty. She believes that downsizing is not a one-time project, but a way of life, and that downsizing is not only about what to give away, but also about what to keep. **Dina Shtull** holds advanced degrees in the fields of both social work and business. She is an expert on the decluttering and downsizing processes, and has been helping others with downsizing since 2015 – with a year's break during the pandemic. This is her second "career," which she began after her retirement as an elementary school principal. Dina is the founder of Downsize with Dignity, LLC, and a member of the National Association of Professional Organizers.

LS24 C Taking Charge of Aging

Presenter: Sarah Batzer

Date: Wednesday, January 18

Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$13 Nonmember \$18

[Includes \$3 to cover the cost of the workbook.]

The reality is, if you don't take charge of your aging, someone else will. When you look into the future, say the next 15-20 years, do you sometimes feel a little nervous? You have lots of great things planned, but there may also be some "what ifs." What if this or that happens – then what? In this class, Sarah Batzer will walk class members through an individual, realistic, workbook (provided) that will create your own back-up plan. We all hope we will never need a back-up plan. However, if the need arises, you will be able to use this plan to find the solutions that you have chosen, not the ones chosen for you. This is not a financial class. We will cover housing, transportation, meals, medications, bill paying, and how to share your plan with family or loved ones. **Sarah Batzer** earned a master's in gerontology from The University of Missouri, St. Louis, and has been active in the field of aging through consulting, teaching, and design. Sarah lives in Saline with her husband and two dogs and is an avid cyclist.



LS25 Z Dynamically Aging:
A Pilates Workshop

Presenter: Gwyn Jones

Date: Monday, January 23 Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day

before class begins.

Fee: Member \$10 Nonmember \$15

Nearly all of us need to change the way we move because – movement matters! In this two-hour workshop, one of several in her Dynamic Aging



series, Gwyn Jones demonstrates the skills that will allow us to change and dramatically improve how we move in every aspect of our daily life. There are seven basic movement patterns that our bodies naturally perform every day: pull, push, squat, lunge, hinge, rotation, and gait. Gwyn will discuss and demonstrate exercises for all seven, but with a special emphasis on the neck, neck-and-shoulders, and spine. The exercises are straightforward, do not require special equipment, and include modifications for all fitness levels. You will not need any "props" for this workshop, but you will need some floor space. Gwyn will provide a handout on the exercises in advance of the session. **Gwyn Jones** is a movement/alignment Personal Trainer. She has offered personal training sessions, workshops, and classes on Pilates for more than ten years. Gwyn employs a modern approach to the original integrated system of physical exercise developed by Joseph Pilates in the early 20th century. She is certified in STOTT Pilates and TRX suspension, and annually pursues advanced and continuing Pilates education.

LS26 C Running and Racing at a Great Age

Presenter: David W. Cohen

Date: Thursday, January 26 Time: 10:00 a.m. to 12 noon

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Yikes! "Addicted" to running and racing within a few months of retirement at age 66.5! Evolutionary science and the endurance adaptation – yet needing science to explain how to do this basic human thing. Learning to run can be a challenge and an extraordinary pleasure. Racing opens ways of seeing cities and mountains, visiting other countries, meeting new and mostly younger people including Olympic athletes and legendary coaches. Through running and racing one can learn new things about endurance, the body, success, failure, satisfaction, all in the shadow of mastery of the sport – learning what the body and mind can do amidst personal journeys. The journey in this instance begins in a very nice gym in Cape Town, South Africa in 2010, lopes through the Boston Marathon a few times, and proceeds through the completion of a 56-mile trail race in Mora, Sweden in 2019. This running – it is "addictive." And, perhaps, healthy. **David William Cohen**, 79, of Ann Arbor, began running, and then racing, after retirement from the University of Michigan in 2010. Since 2011 he has run 38 marathons and 3 ultramarathons (ultra=over 26.2m). He is still learning how little he really understands about running long distances.



LS27 Z Meditation – A Path to Better Health and Inner Peace

Presenter: Layla Ananda

Date: Monday, February 6 Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Studies have shown that meditation can have a positive impact on heart rate, blood pressure, stress, and mood. While these are important at any age, they are especially vital to our well-being as seniors. Meditating for even a few minutes a day can help increase our sense of calmness, comfort, and equanimity. There are many ways to meditate, and class members will have an opportunity to try several of them. Layla will also share some of the history and philosophy behind the practice of meditation. **Layla Ananda** has a B.A. degree in contemporary musicology from Michigan State University, and an M.A. in clinical psychology from the Michigan School of Psychology. Layla is retired from a career that spanned the fields of music, psychotherapy, management, and teaching, most recently at Washtenaw Community College. She continues to offer consulting and workshops through Deep Peace Consulting and sings with the Threshold Singers of Ann Arbor and Our Own Thing Chorale.



LS28 Z AAA Safe Driving for Seniors

Presenter: Christan Robinson
Date: Monday, February 13
Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Even the most experienced driver can benefit from learning about the changes that affect us as we age. The AAA (American Automobile Association) RoadWise Driver program delivers tips and techniques to help mature drivers compensate for changing vision, reflexes, and response time. The program provides a quick refresher on driving defensively in a variety of situations. It also demonstrates how many of yesterday's driving methods have been replaced by more advanced, risk-reducing driving techniques. The primary focus is on ensuring that all of us drive safely. **Christan Robinson** has been a driving instructor for AAA Driver Education Programs for over 14 years. She is certified



and experienced in a broad range of traffic safety related topics, including senior driving safety, teen driving safety, child passenger safety, and driver improvement programs.

Literature

LI29 C Shakespeare's *Richard the Third* and the Third Reich

Presenter: Peggy Russo

Dates: Wednesdays, January 25 and February 1

Time: 10:00 a.m. to 12:00 noon

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$20 Nonmember \$30

In the post-Third Reich era, many productions of Shakespeare's *Richard the Third* have drawn analogies between Richard and Adolf Hitler to make the play relevant to modern audiences. One of the most blatant hitlerizations of Richard is Sir Ian McKellen's portrayal of him in the 1990 National Theatre production, and in the 1995 film based on the play. Both productions take place in 1930s England, with Hitlerian overtones amid a Fascist take-over of the British throne and government by Richard. After reading and discussing key scenes in Shakespeare's text (copies of the play will be provided), we will view and discuss the film version adapted by and starring McKellen. **Peggy Russo** holds a Ph.D. in English Language and



Literature from the University of Michigan. In 2015, she retired from Pennsylvania State University's Department of English and returned to Ann Arbor, where she serves on the Board of Directors of the *Michigan Shakespeare Festival*. She is the co-editor (with Paul Finkelman) of *Terrible Swift Sword: The Legacy of John Brown*. (Ohio University Press, 2005), and has published journal articles on Shakespeare in relation to popular culture. She has also authored book chapters on films based on the acts of John Brown, on the battle of Gettysburg, and on the tales of Uncle Remus.

LI30 C Michael Connelly, Crime Novelist

Presenter: David Geherin

Date: Wednesday, January 25

Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Michael Connelly is one of America's most popular and critically acclaimed crime writers. He is best known for a long-running series featuring LAPD homicide detective Harry Bosch, which became a popular Netflix show. He also created several additional series featuring a criminal defense attorney (Mickey Haller, known as the Lincoln Lawyer), an FBI profiler (Terry McCaleb), a newspaper reporter (Jack McEvoy), and an LAPD policewoman (Renée Ballard) who works the night shift. As Connelly began incorporating all his characters into the Bosch



metaverse, he expanded the notion of what a crime series is capable of doing. Join us as presenter David Geherin shares a close look at Connelly's career and identifies the reasons for his success. Class participants are encouraged to read at least one of Connelly's 36 novels. **David Geherin** is Professor Emeritus of English at Eastern Michigan University. He is the author of ten books on crime and mystery fiction, two of which were finalists for the Mystery Writers of America's Edgar Allan Poe Award. David's latest book is *The Crime World of Michael Connelly* (2022).



LI31 C N. Scott Momaday: The Way to Rainy Mountain (1969)

Presenter: Kevin Eyster

Dates: Thursdays, January 26 and February 2

Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$20 Nonmember \$30

Text: The Way to Rainy Mountain; University of New Mexico Press;

available at local bookstores and online.

An acclaimed author of the Native American Renaissance, N(avarre) Scott Momaday received national and international attention in 1968 with his Pulitzer Prize winning novel, *House Made of Dawn.* A year later he published perhaps his most creative work, *The Way to Rainy Mountain*, which Native American scholar Kenneth Roemer aptly explains as "a lyric combination of Kiowa legends and myths, historical and anthropological statement of fact, and personal reminiscences." In our two sessions on *Rainy Mountain*, which will include viewing a documentary entitled *Words from a Bear* (2018), we will consider what Momaday accomplishes by means of a chronological narrative and a creative, fragmented structure, resulting in a marvelously rich reading experience. After serving Madonna University for 30 years in various capacities, most recently as Dean of the College of Arts and Sciences, **Kevin Eyster** retired in 2022. Among other endeavors, he continues to enjoy leading literary discussions at Elderwise.



Facilitators: Kathleen and William Hillegas

Dates: Mondays, January 30, February 27, and March 27

Times: 1:00 to 3:00 p.m., except February 27, which is 1:00 to 4:00 p.m.

Online Class: A Zoom invitation link will be sent one day before each class session begins.

Fee: Member \$30 Nonmember \$45

Using prepared questions and our own observations, the discussion each month will explore a book from current bestseller lists. Selected books for the Winter 2023 semester are:

January The Searcher by Tana French Fiction

Published in 2020, 451 pages

February The Swimmers by Julie Otsuka Fiction

Published in 2021, 192 pages

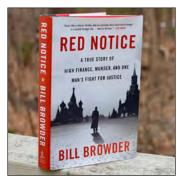
March Red Notice by Bill Brower Non-fiction

Published in 2015, 419 pages

Please read *The Searcher* before the first class. The facilitators will send a list of discussion questions for each book to all registrants prior to each Book Club session. **Kathleen and William Hillegas** are long-time members of both Elderwise and the Book Club. Both are avid readers, and look forward to a lively exchange of ideas, opinions, and interpretations.







MOUNTAIL

LI33 Z Short Steinbeck: The Long Valley

Presenter: Cecilia Donohue

Dates: Mondays, March 6 and March 13

Time: 10:00 a.m. to 12 noon

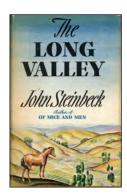
Online Class: A Zoom invitation link will be sent one day before each class session begins.

Fee: Member \$20 Nonmember \$30

Text: The Long Valley, Viking Books, ISBN:067043888X. Available at local bookstores and online.

If you associate John Steinbeck primarily with lengthy works like *The Grapes of Wrath* (1939) and *East of Eden* (1952), please join us in reading and discussing the shorter pieces he wrote before and after his first successful novel, *Tortilla Flat* (1935). Published in 1938, *The Long Valley* is a collection of Steinbeck's short stories initially published in such popular periodicals as *The Atlantic Monthly, Harper's*, and *The Saturday Evening Post*. All are set in his native Salinas Valley, California, and showcase the themes he would revisit in future writings. **Cecilia Donohue** retired in 2013 following a 25-year career of undergraduate instruction, graduate teaching, and academic administration. She now resides in rural Tennessee with her husband Bill and their menagerie of horses, cat, and dog. Cecilia has written extensively on America's southern authors and poets, notably Robert Penn Warren. She is currently an associate editor of *The Steinbeck Review*.





Music and Dance

MU34 C Broadway's Songs – Lost and Found and Reimagined

Presenter: Ken Stevens

Date: Thursday, January 5 Time: 10:00 a.m. to 12 noon

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Composer Jule Styne wrote 56 songs for *Funny Girl*, but on opening night, Broadway audiences heard only 15 of them. Long before a musical makes it to Broadway, it goes on the road for "tryouts" where shows are honed in front of audiences until the creators feel it is "ready for Broadway." For some shows there is more than one Broadway opening. There are revivals, and with each revival a renewed guest to get it "right" for that day's audience. What do the changes

say about real or perceived perception of audiences' cultural values? Join us to learn the backstory, consider what the changes say about us, the audience, and enjoy the music from some of America's most popular musicals. **Ken Stevens** began his theater career in Cincinnati where he co-founded the Showboat Majestic and served as a Rockefeller Fellow at Playhouse in the Park and the University of Cincinnati. In 1972 Ken joined the faculty of Eastern Michigan University (EMU) where he created both the musical theater program and the graduate and undergraduate programs in arts management. Following his retirement in 2014 as EMU's director of theatre, Ken has continued to serve as a lecturer while supervising interns and supporting the resident artist program at Villa Barr Art Park in Novi and the Michigan Legacy Art Park at Crystal Mountain Resort.



MU35 C Swing Era in Black and Tan:

African-American Big Bands, 1935-1945

Presenter: Michael Homel

Dates: Wednesdays, February 15 and 22

Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$20 Nonmember \$30

For at least a decade during the Great Depression and World War II, jazz was America's popular music. Leading white band leaders of this period – Benny Goodman, Artie Shaw, the Dorsey brothers, Glen Miller – retained their fame. Despite black Americans' exclusion from or marginalization in most of popular culture, they were prominent in the swing era. Join us in this class as presenter Mike Homel places them on the main stage. Mike will describe and share recordings of Duke Ellington, Cab Calloway, Count Basie, Chick Webb, Jimmy Lunceford, Earl Hines, and others. He will explore the world of jazz music and musicians and will discuss the obstacles racism threw in the paths of these creative artists. **Michael Homel** is Professor Emeritus of history at Eastern Michigan University. Mike's special expertise is in the fields of 20th century American history and American urban history. He is the author of *Unlocking City Hall: Exploring the History of Local Government and Politics*, and other publications on urban politics and education.







MU36 C Celebrating Over 100 Years of Broadway Musicals

Presenter: Toby Teorey

Dates: Thursdays, March 2, 9, and 16

Time: 10:00 a.m. to 12 noon

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$30 Nonmember \$45

Broadway musicals have captivated American – and worldwide – audiences for over a century. In this class we will view and discuss the PBS documentary film series *Broadway: The American Musical*, narrated by Julie Andrews. This series covers the period from 1893 to 2004, highlighting the Broadway shows and songs that defined each decade. The individual segments include on-camera interviews with the principals of various shows, rare performance footage, and newly restored film clips. Come to this class and enjoy the best seat in the house for the greatest Broadway shows of all time. **Toby Teorey** is the current Vice-Chair of the Elderwise Council. He is retired from the College of Engineering at the University of Michigan (Computer Science) and in retirement pursues his enduring love of world history, music, and culture.



Nature and Environment

NA37 Z The Kirtland's Warbler: From the Brink of Extinction

to a New Model for Endangered Species Conservation

Presenter: William Rapai
Date: Monday, January 9
Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

The Kirtland's Warbler is an iconic species in Michigan, nesting primarily in the jack pine forests of the northern Lower Peninsula. As recently as 1987 there were fewer than 400 birds in the entire population. Today there are more than 4,000 birds, and the population continues to grow to a point where the U.S. Fish and Wildlife Service has determined its population is now at a level to be considered "recovered." In October 2019, the Kirtland's Warbler was removed from the Endangered Species List. That is a reason to celebrate. However, it does not mean we can wash our hands and walk away, because conservation of the Kirtland's Warbler has special challenges. Unlike every other animal that has been removed from the Endangered Species List, the Kirtland's Warbler will require continued human



intervention to ensure its survival. **William Rapai** is executive director of the Kirtland's Warbler Alliance, a nonprofit created to support Kirtland's Warbler conservation. He is the author of *The Kirtland's Warbler: The Story of a Bird's Fight Against Extinction and the People Who Saved It*, which is available locally and online.

NA38 C Freshwater Jellyfish in Michigan

Presenter: Cara Shillington
Date: Wednesday, March 15

Date: Wednesday, March 15 Time: 10:00 a.m. to 12 noon

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

In the early 20th century, a species of translucent, nickel-sized freshwater jellyfish was introduced into North America. By the 1930s it had been identified in Michigan in the waters of the Huron River. Since then, these creatures have

been found in numerous Michigan lakes and waterways. Although they are thought to be very common, these small jellyfish usually go unnoticed; however, blooms of hundreds to thousands can sometimes be seen in August and September. Eastern Michigan University faculty and students started a long-term monitoring program in the fall of 2022. In this presentation, Cara Shillington will talk about the jellies in general, and will report on some of the initial findings and ideas generated by the fall student survey. **Cara Shillington** is a faculty member at Eastern Michigan University in the Department of Biology. She teaches both introductory and upper division classes, with a focus on invertebrates. Although her primary expertise is tarantulas, Dr. Shillington has spent quite a bit of time with aquatic marine environments. In the fall 2022, she launched a jellyfish research class as an opportunity for students to get out into the field and use the outdoors as their classroom.



NA39 C Pollinators and Friends:

A Place for Butterflies and Bees in Our Gardens

Presenter: Lee Smith Bravender
Date: Wednesday, March 22
Time: 10:00 a.m. to 12 noon

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

Horticulturist-educator Lee Smith Bravender will discuss why and how the University of Michigan's Matthaei Botanical Garden created a Pollinator Garden as part of its Gaffield Children's Garden. She will introduce some of the pollinators you might expect to meet locally, some of the plants which might attract the pollinators to your home gardens, and some of the best overall practices for pollinator gardening. In order to learn more specifically about Monarch butterflies, we will also view the NOVA film, *The Incredible Journey of the Butterflies*.

Lee Smith Bravender is responsible for the Gaffield Children's Garden and Pollinator Garden at the Matthaei Botanical Gardens, where she advocates and creates opportunities for hands-on nature play. Her favorite pollinators include bees of all sorts and hummingbird moths.



Politics and Policy

PO40 Z American Politics Panel:

Pundit Trio Ponders Peculiar Politics

Panel: Jeffrey Bernstein, Michael Homel, and Larry Kestenbaum

Date: Monday, February 13 Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

With winter winds at our windows, our resident political pundits survey and argue about the current national and statewide scene. How have last November's mid-term elections changed the U.S. House and Senate and the Michigan Legislature and Capitol? How fare Democrats and their policy agendas? What of Donald Trump, his legal status, and his hold on the Republican Party? What is the shape of the early 2024 presidential competition in each party? Have foreign crises faded or grown more salient within the U.S.? And how have current politics been shaped by larger forces such as the economy, climate change, pandemics, and the ominous rise of anti-democratic and violent behavior? All will be revealed by our panelists and your questions and reactions. **Jeffrey Bernstein** studies and teaches political science and American politics at Eastern Michigan University (EMU). Jeffrey specializes in public opinion and political behavior. **Michael Homel** is Professor Emeritus of history at EMU. Mike's special expertise is in the fields of 20th century American history and American urban history. **Larry Kestenbaum** is the Washtenaw County Clerk/Register of Deeds. Larry is the creator and owner of the Internet's most comprehensive source for American political biography, *PoliticalGraveyard.com*.



PO41 Z Taking Apart the News (TATN): What Do We Know

or Think We Know?

Presenter: Al Chambers

Dates: Tuesdays, February 21 and March 21

Time: 1:00 to 3:00 p.m.

Online Class: A Zoom invitation link will be sent one day before each class session begins.

Fee: Member \$20 Nonmember \$30

In these two class sessions of Taking Apart the News, held a full month apart, veteran journalist and communicator Al Chambers will utilize a different approach for exchanging information and ideas. Everyone registered (or everyone planning to attend) is encouraged, but <u>not</u> required, to suggest up to three topics or controversies for inclusion in the classes. (Please send an e-mail to Al Chambers at *cmaactivity@gmail.com* between January 10-20.) There will be fewer subjects this term, but with more depth and historical perspective. Some topics may be part of both sessions because of their importance or because of major changes in the news between the two class dates. Balance between domestic and international news will remain an objective. Political polarization will be limited, as much as feasible, subject to the headlines and their genuine impact and risk for the nation. **Al Chambers** still works diligently to apply his experience to better understand the power and speed of news, media and technology. He doesn't seem to outgrow his fascination with the media or its continuing importance in such a rapidly changing world.



PO42 C People of Color and American Prisons

Presenter: Judy Wenzel

Date: Wednesday, March 8
Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

What we now call mass incarceration has grown out of a complex set of circumstances. Among them are reaction to civil rights legislation of the 1960s, the rhetoric of "tough on crime," "super predators" and the war on drugs, racial unrest, poverty, inadequate education, and aggressive prosecutors. The public does not see the overwhelming number of African, Hispanic, and Native Americans who languish in our prisons. Undeniably, there are people who need to be incarcerated to keep the rest of us safe. However, long sentences, and treating drugs as a criminal problem instead of a health problem, affect not only those citizens who are locked away. These factors also damage families, especially children, as well as entire communities. Knowledge is the first step toward prison reform. Join us as



presenter Judy Wenzel shares more about this important issue. **Judy Wenzel** taught high school completion classes beyond GED in the federal prison in Milan. She will talk about the challenges and joys of teaching such a rich diversity of students. Her book *Light from the Cage: 25 Years in a Prison Classroom* was published in 2017.

PO43 Z The Lives of Those with Criminal Records

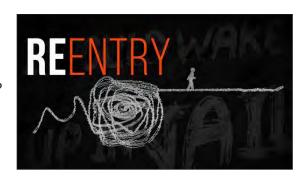
Presenters: Carolyn Madden and Kathie Gourlay

Dates: Mondays, March 20 and 27 Time: 10:00 a.m. to 12 noon

Online Class: A Zoom invitation link will be sent one day before each class session begins.

Fee: Member \$20 Nonmember \$30

One in three American adults has a criminal record. This is partly the result of our country's mass incarceration efforts over the past 50 years. How should we as a society respond to people with criminal records? How can we help those in our midst to be productive members of our communities and to assure their success? During these class sessions we will discuss the challenges and opportunities for those with a criminal record, and living in a society with many justice-impacted individuals. Topics will include re-entry from incarceration, trauma and mental illness, safety, housing, jobs, education, criminal background checks, public registries, collateral



consequences, restorative justice, and expungements. Our presenters will invite a couple of justice-impacted people to tell of the difficulties they have faced, and help us understand what could be done better. **Kathie Gourlay** holds an M.B.A. from the University of Michigan. She is a retired Washtenaw Community College instructor who is passionate about criminal justice reform. Kathie volunteers with the American Friends Service Committee and Friends of Restorative Justice of Washtenaw County. **Carolyn Madden** has an M.A. in linguistics from the City University of New York and a J.D. degree from Wayne State University. She is a retired lecturer from the University of Michigan, and is a member of Friends of Restorative Justice of Washtenaw County and the League of Women Voters.

PO44 C Michigan's Independent Redistricting Commission:

Update and Scorecard

Presenter: Margaret Leary

Date: Wednesday, March 29 Time: 1:00 to 3:00 p.m.

In-Person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will be available.

Fee: Member \$10 Nonmember \$15

The November 8, 2022 election was the first to use the new

election districts created by the Michigan Independent Redistricting Commission. In this class Margaret Leary will review the Commission's origin and lead us through the creation of new election districts for Congress, the state Senate, and the state House. She will discuss several lawsuits filed and resolved by the end of August last year. She will cover the results of, and responses to, the November 8 election. Responses may include the opinions of candidates, political scientists from University of Michigan and Michigan State University, the national press, and individuals and organizations that may



have filed new lawsuits. **Margaret A. Leary** received a B.A. from Cornell University, an M.A. from the University of Minnesota, another from Eastern Michigan University, and a J.D. from the William Mitchell College of Law. She taught at the University of Michigan Law School and was director of the University of Michigan Law Library from 1984 to 2011.

Science and Technology

Cable and Satellite TV vs. "Cutting the Cord" -SC45 C

What is Right for You?

Jim Keen Presenter:

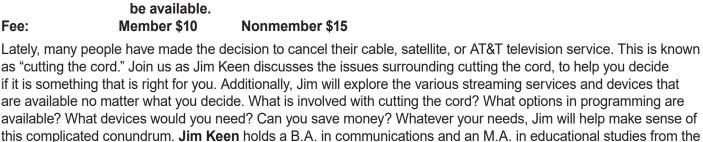
Wednesday, January 18 Date: 10:00 a.m. to 12 noon Time:

In-person Class: The Elderwise classroom at the Vineyard Church.

Enrollment: Pandemic protocols may limit the enrollment for this class.

Registrants will be informed in advance, and a waitlist will

Fee:



SC46 C The Unique Geology and Fossils of the Michigan Basin

University of Michigan. He currently owns and operates Keen Focus Technology Tutoring.

David Thompson Presenter:

Thursdays, February 15 and 22 Dates:

Time: 10:00 a.m. to 12 noon

In-Person Class: The Elderwise classroom at the Vinevard Church.

Pandemic protocols may limit the enrollment for this class. **Enrollment:**

Registrants will be informed in advance, and a waitlist will be available.

Member \$20 Nonmember \$30 Fee:

This course will focus on the geology of Michigan, principally on the unique fossils of the Michigan Basin. Our presenter, Dave Thompson, will introduce the definitions of basic terms for geological formations, the eras of geological time, and the where and when of specific fossils. We will learn about very recent Mammoth and Mastodon finds and their implications, including the recent discovery of the Dexter Mammoth. Class materials will include fossil examples, in both images and actual forms. We will discuss minerals only in connection with the larger geological formations, and there will be no mention of dinosaurs since there were none in Michigan. (The "why" of that will be explained.) Dave's teaching approach is interactive, and class members are encouraged to bring their own fossil "finds" for identification. **David Thompson** has been engaged in collecting fossils since childhood and regards it as his adult avocation, with a specialization in the invertebrate fossils of the Michigan Basin. He is a member of the Friends of the University of Michigan Museum of Paleontology, has exhibited there, and has been a guest paleontologist at the Natural History Museum. Over 200 of his specimen photos are displayed on a website jointly sponsored by the University of Michigan and the University of Wisconsin. In 2021 Dave received the Catherine Palmer Award, a national award for amateur paleontologists.



amazen



Theater

TH47 Z/TH Eastern Michigan University (EMU) Theatre:

9 to 5 The Musical

Music and Lyrics by Dolly Parton, Book by Patricia Resnick

Directed by Phil Simmons, Music Direction by R. MacKenzie Lewis

Presenter: Phil Simmons

Z Pre-Performance Class: Friday, March 24

1:00 to 3:00 p.m.

Online Class via Zoom

A Zoom link will be sent one day before class begins.

TH Matinee Performance: Sunday, April 2

2:00 p.m.

Live and in person at Legacy Theatre, EMU Campus.

Fees: Member \$22 Nonmember \$27 (Includes one ticket to the performance)

Extra Tickets are \$12 each (TH47A on the Registration Form)

Note: EMU emeritus faculty are eligible for two free tickets from EMU.

Please contact the Elderwise office of your emeritus status and we will register you for the pre-play class, member \$10 and nonmember \$15.

Note: This play is suggested for ages 14+.

If you have any questions about registration or tickets, please call or email the Elderwise office.

Set in the late 1970s, this hilarious story of friendship and revenge in the Rolodex era is outrageous, thought-provoking and even a little romantic. Three unlikely friends take control of their office and learn there is nothing they can't do, even in a man's world. Pushed to the boiling point, the three female coworkers concoct a plan to get even with the sexist, egotistical, lying, hypocritical bigot they call their boss. In a hilarious turn of events, smart and sassy career woman Violet, newly-separated new hire Judy, and bright and beautiful country gal Doralee, live out their wildest fantasy – giving their boss the boot! While the boss remains "otherwise engaged," the women give their workplace a dream makeover, taking control of the company that had always kept them down. Hey, a girl can scheme, can't she? **Phil Simmons** is a professor of musical theater at EMU, and a card-carrying member of the Actors Equity Association. He has lectured and taught master classes in dance across the United States. Phil's passion is teaching the next generation of actors, singers, and dancers to be happy, thriving, career-long performers.



Tours and Field Trips

TO48 Z What Is Archaeology?

Kelsey Museum of Archaeology - Virtual Tour

Presenters: Museum Docents
Date: Friday, January 27

Time: 10:00 to 11:00 a.m. [Please note the 11:00 a.m. end time.]
Online Class: A Zoom invitation link will be sent one day before class begins.

Fee: Member \$10 Nonmember \$15

Join us online as we tour the highlights of the Kelsey Museum of Archaeology. The Kelsey Museum houses more than 100,000 objects representing the cultures of ancient Mesopotamia, Iran, Egypt, Greece, and the Roman Empire. More than 60% of the collections at the Kelsey come from excavations conducted by University of Michigan archaeologists in the early 1920s and 1930s. Our Zoom talk today will explore the theme of "What is archaeology?" Archaeology is defined as the study of human history through the material culture which was left behind. As you virtually tour the galleries, keep in mind the following questions: "What can this artifact tell me about the person who made or used it? What information is provided about the object? What more would I want to know?" This virtual tour will be facilitated by Kelsey Museum's docent staff.



TO49 TO Food Gatherers: Fighting Hunger Where We Live

Guides: Professional Staff of the Food Bank Program

Date: Friday, February 17

Time: 10:00 to 11:30 a.m. [Please note the 11:30 a.m. end time.]

Offsite Tour: Food Gatherers Facility, 1 Carrot Way, Ann Arbor Enrollment: Enrollment for this tour is limited to 30 attendees.

Fee: Member \$10 Nonmember \$15

Note: Masks are required

Join us for a tour of Food Gatherers, which is not only Michigan's first nonprofit food rescue program, but the first program of its kind to be founded by a for-profit business (Zingerman's Deli). Attendees will get a behind-the-scenes look at how this hunger relief organization sources and distributes more than eight tons of food daily to a network of 170 partner programs serving our neighbors in need in Washtenaw County. We will begin with an overview of the mission, history, and current state of hunger relief in the county, followed by a walking tour of the Food Gatherers facility. No visit to Food Gatherers would be complete without a look at their Foods Museum, a collection of curious and noteworthy food items donated through food drives over the years. **Professional Staff** of the Food Bank Program will lead the tour. Both the facility and the tour are handicap accessible. Driving directions and parking instructions will be sent to registrants a few days in advance of the tour.



IF POSSIBLE, PLEASE REGISTER ONLINE at www.elderwiselearning.org

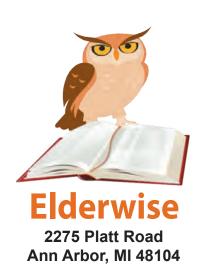
REGISTRATION FORM – Elderwise Winter 2023 Program

Email				
ress		_Apt #Unit		
ZipTel	()		
ContactEmergency Tel	l ()		
neck by mail. Checks should be made payable to Elderwise. Please declderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor office, please call first to be sure that someone is there to let you into the SHIP FEE \$30 ership through August 31, 2023 (includes Fall 2022, Winter 2023) shased your membership in Fall 2022 you are all set)	o not set , MI 481 the build s, and S	nd cash paymer 04. Before comi ling and to assis pring 2023;	nts by n ng to th t you.	nail. ne
CLASS FORMAT CODES				
C = Classroom TH = Live Theater TO = Tour	Z =	Zoom		
M = Fee for members NM = Fee for nonmem	nbers	M \$	NM \$	Total \$
Titans of the Italian Renaissance in Art		30	45	
Gallery Walks: Pain and Pleasure, Love and Hate		40	60	
Egypt's Alexandria: Ancient Capital and Modern Metropolis		10	15	
Route of the Maya		10	15	
Spanish Tales: A Journey Through Andalucía		10	15	
Kolkata, India – Up Close and Personal		20	30	
World Heritage Sites – Part III		20	30	
Who am I? An Anthropologist's Reflections on the Question of Ident	tity	10	15	
Film: The Chess Players (1977)		10	15	
Theremin, an Electronic Odyssey		10	15	
Oscar Winning Romantic Musical Movie: Once		10	15	
Why Did Ted Kaczynski Become the Unabomber?		10	15	
Shackleton's 1914 Antarctica Expedition		10	15	
Henry Ford – The Man		10	15	
The Ghosts of Gettysburg 1863-2023		10	15	
Women of the American West		30	45	
A House Through Time: The History of Cliveden House, Buckingha	ımshire,	England 10	15	
, ,		•	15	
Ann Arbor, Dexter, and the University of Michigan		10	15	
,			15	
·			15	
•			15	
	Zip	Zip Tel (Press	Variable Variable

LS23	Z	Decluttering and Downsizing: The Difficult Decisions	10	15
LS24	C	Taking Charge of Aging	13	18
LS25	Z	Dynamically Aging: A Pilates Workshop	10	15
LS26	C	Running and Racing at a Great Age	10	15
LS27	Z	Meditation – A Path to Better Health and Inner Peace	10	15
LS28	Z	AAA Safe Driving for Seniors	10	15
LI29	C	Shakespeare's Richard the Third and the Third Reich	20	30
LI30	C	Michael Connelly, Crime Novelist	10	15
LI31	C	N. Scott Momaday: The Way to Rainy Mountain (1969)	20	30
LI32	Z	Book Club	30	45
LI33	Z	Short Steinbeck: The Long Valley	20	30
MU34	C	Broadway's Songs – Lost and Found and Reimagined	10	15
MU35	C	Swing Era in Black and Tan: African-American Big Bands, 1935-1945	20	30
MU36	C	Celebrating Over 100 Years of Broadway Musicals	30	45
NA37	Z	The Kirtland's Warbler: From the Brink of Extinction to a New Model for Endangered Species Conservation	10	15
NA38	С	Freshwater Jellyfish in Michigan	10	15
NA39	C	Pollinators and Friends: A Place for Butterflies and Bees in Our Gardens	10	15
PO40	Z	American Politics Panel: Pundit Trio Ponders Peculiar Politics	10	15
PO41	Z	Taking Apart the News (TATN): What Do We Know or Think We Know?	20	30
PO42	C	People of Color and American Prisons	10	15
PO43	Z	The Lives of Those with Criminal Records	20	30
PO44	C	Michigan's Independent Redistricting Commission: Update and Scorecard	10	15
SC45	C	Cable and Satellitte TV vs. "Cutting the Cord" – What is Right for You?	10	15
SC46	C	The Unique Geology and Fossils of the Michigan Basin	20	30
TH47	Z/T	H Eastern Michigan University (EMU) Theater: 9 to 5 The Musical (Zoom Pre-play class and live performance)	22	27
TH47/	4	EMU Theater: 9 to 5 The Musical Extra Tickets	12	12
TO48	Z	What Is Archaeology? Kelsey Museum of Archaeology - Virtual Tour	10	15
TO49	TO	Food Gatherers: Fighting Hunger Where We Live	10	15

To expedite your registration process and to help our staff, we encourage all Elderwise participants to use online registration. Just visit our website at www.elderwiselearning.org. If you need help registering, feel free to contact the Elderwise office at 734.340.4691 and we will be pleased to assist you. If you are unable to register online, please complete and mail this form, along with your check, to Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104.

Non Profit Org US Postage **PAID** Permit 124 Ann Arbor, MI





ONLINE REGISTRATION AVAILABLE www.elderwiselearning.org