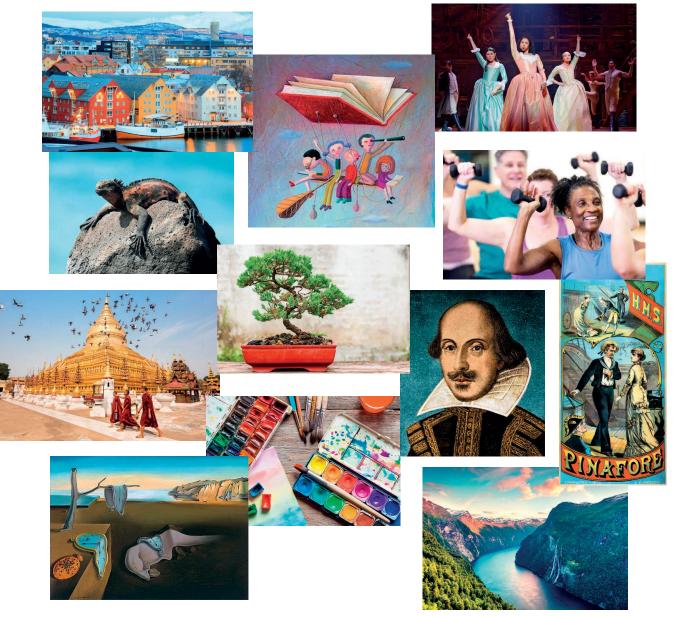


In-Person, Online, and Hybrid Classes

Elderwise *lifelong learning classes for curious and inquiring minds of ALL ages*

WINTER 2025 PROGRAM



Elderwise, 2275 Platt Road, Ann Arbor, MI 48104 Tel: 734.340.4691 | email: elderwiselearning@gmail.com | website: elderwiselearning.org

WELCOME TO ELDERWISE

WHO WE ARE AND WHAT WE DO

Established in 1992, Elderwise is a nonprofit, independent, lifelong learning organization dedicated to offering continuing education to learners of all ages. Elderwise is member driven in organization, leadership, participation, financial support, and program development. All our instructors volunteer their time and expertise. Our mission is to provide a broad spectrum of classes and a significant range of topics to meet the needs and interests of a wide variety of individuals. We offer in-person, online, and hybrid classes. We strive to provide an experience that values both intellectual and social interaction.

LOCATION AND FACILITIES

The Elderwise office and classroom are located at the Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. The best way to contact us is by phone at 734.340.4691 or by email at elderwiselearning@gmail.com.

ANNUAL MEMBERSHIP

The Elderwise annual membership fee of \$30 covers all 3 terms—Fall 2024, Winter 2025, and Spring 2025. You can sign up to be a member at any time. You do not need to be a member to take classes. Members pay \$10 per session. Nonmembers pay \$15 per session. Members are also welcome to attend Council, standing committee, and the annual organization meetings. We also greatly encourage members to bring a friend, free of charge, to one single-session class, or one session of a multi-session course. To bring a free guest, please call or email the office in advance.

REGISTRATION

You may register and pay online at www.elderwiselearning.org, by U.S. mail, or in person. <u>We encourage everyone to register online if possible</u>. If registering by mail or in person, please complete the form at the end of this catalog and send or bring it with your check to: Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. Postal delays may cause a delay in registration. Please contact the office if you have not received your Zoom link email one day before an online class begins, or if you have other questions: 734.340.4691 or elderwiselearning@gmail.com.

The class registration form included in this catalog provides lines for paying the annual membership and class fees, as well as a line for making a tax-deductible contribution to the Elderwise Annual Fund. Elderwise is a nonprofit 501(c)(3) organization.

CLASS CANCELLATIONS

When a scheduled class is canceled, we will make every effort to notify registrants by email and by phone.

	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
JANUARY 2025			NO CLASSES	NO CLASSES	NO CLASSES
	6	7	8	9	10
	АМ	AM DEVELOPMENT & MARKETING	АМ	АМ	АМ
	РМ	РМ	PM Zoom CU03 World Heritage Sites	PM Zoom LF16 Safe Driving for Seniors	РМ
	13	14	15	16	17
	AM Zoom LF17 Stronger Bones Masterclass	AM CURRICULUM	АМ	АМ	АМ
	РМ	PM Classroom SC39 How to Count Like an Egyptian	PM Zoom CU03 World Heritage Sites	PM Zoom LI20 Yiddish Author, Jonah Rosenfeld	РМ
	20	21	22	23	24
	Martin Luther King Day	AM COUNCIL	AM Classroom MU27 The Red Shoes: Landmark Ballet Storytelling 9:30 –12	АМ	АМ
		PM Classroom HO12 Tiny Twisted Trees: An Introduction to Bonsai	PM Tour TO45 Food Gatherers: Volunteer Opportunity Limit 20	PM Classroom Ll21 Brush Up Your Shakespeare	PM Zoom HI07 The Dust Bowl 1–3:30
	27	28	29	30	31
	AM Zoom LF18 Downsizing and Decluttering	AM ADMINISTRATION & FINANCE	AM Classroom HO13 Vermicomposting: Create Nutritional Soil for Plants	АМ	АМ
	PM Zoom LI22 Book Club	PM Classroom Ll23 Serial Killers in Fiction and Film	PM Zoom NA31 Generations: From Flora to Fauna	PM Hybrid AA01 The Hundred Guilder Print: Rembrandt and Spirituality	PM Zoom HI07 The Dust Bowl 1-3:30

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	Monday	Tuesday	Wednesday	Thursday	Friday
FEBRUARY 2025	Note Performance of the EMU Play The Rocky Horror Show, Sunday, February 16, 2:00 p.m., EMU Legacy Theater Pre-play class: Wed., Feb. 12 Post-play class: Tues., Feb 25				
	3	4	5	6	7
	AM Zoom Ll24 Strings Attached: Novels Featuring Puppets	АМ	АМ	AM Classroom LI25 From Anecdote to Story	AM Zoom HI08 Back-to-Back Housing in Birmingham, England
	PM Zoom PO35 Taking Apart the News: Another Critical Year	PM Hybrid CU04 Ireland: The Intriguing Emerald Isle	РМ	РМ	РМ
	10	11	12	13	14
	AM Zoom Ll24 Strings Attached: Novels Featuring Puppets	АМ	AM Classroom SC40 Backing Up Your Computer	АМ	АМ
	РМ	PM Classroom HO14 Watercoloring 101 Limit 15	PM Classroom TH42 EMU: The Rocky Horror Show Pre-play class	PM Classroom TH43 PTD: The Hat Box Pre-play class	РМ
	17	18	19	20	21
	AM PRESIDENTS' DAY	АМ	AM Classroom PO36 William W. Cook: U-M Donor Extraordinaire	АМ	АМ
	PM Zoom FL06 Woman in the Dunes 1–3:30	РМ	PM PTD Live performance: The Hat Box, 2:00 p.m., Riverside Arts Center	РМ	РМ
	24	25	26	27	28
	АМ	АМ	AM Classroom NA32 Vernal Pools	АМ	AM Zoom PO38 Reflections on the "Forgotten War" in Sudan
	PM Zoom LI22	PM Classroom TH42	PM Zoom PO37	PM Classroom SC41	PM
	Book Club	EMU: The Rocky Horror Show Post-play class	American Politics Panel	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy	
	Book Club	EMU: The Rocky Horror Show Post-play class	American Politics Panel	Advances on Medicine's Ultimate	
	Book Club	EMU: The Rocky Horror Show Post-play class	American Politics Panel	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy	
MARCH 2025	Book Club Unless noted in re	EMU: The Rocky Horror Show Post-play class ed, class start and e	American Politics Panel nd times are: AM = 1	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy 0—12 noon PM = 1-	
	Book Club Unless noted in ro 3 AM PM 10 AM PM Zoom LF19	EMU: The Rocky Horror Show Post-play class ed, class start and e 4 AM PM 11 AM DEVELOPMENT & MARKETING PM Classroom HI10	American Politics Panel nd times are: AM = 1 5 AM PM 12 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Classroom MU29	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy 0—12 noon PM = 1- 6 AM Classroom HI09 Where Two Worlds Met: The Great Lakes Fur Trade PM 13 AM Zoom HO15 Planning Your Organic Raised Bed Garden PM Classroom TH44	- 3 7 AM Zoom NA33 Planet Earth II: Islands and Mountains
	Book Club Unless noted in ro 3 AM PM 10 AM PM Zoom LF19 An Update on Time-Restricted Eating	EMU: The Rocky Horror Show Post-play class ed, class start and e 4 AM PM 11 AM DEVELOPMENT & MARKETING PM Classroom HI10 The History of the Calendar	American Politics Panel nd times are: AM = 1 5 AM PM 12 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Classroom MU29 Ballet Extraordinaire: The Ballets Russes	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy 0—12 noon PM = 1- 6 AM Classroom HI09 Where Two Worlds Met: The Great Lakes Fur Trade PM 13 AM Zoom HO15 Planning Your Organic Raised Bed Garden PM Classroom TH44 Gilbert and Sullivan: <i>HMS Pinafore</i>	3 7 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 14 AM Zoom NA33 Planet Earth II: Islands and Mountains PM
	Book Club Unless noted in ro 3 AM PM 10 AM PM Zoom LF19 An Update on	EMU: The Rocky Horror Show Post-play class ed, class start and e 4 AM PM 11 AM DEVELOPMENT & MARKETING PM Classroom HI10	American Politics Panel nd times are: AM = 1 5 AM PM 12 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Classroom MU29 Ballet Extraordinaire: The Ballets Russes 19 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy 0—12 noon PM = 1- 6 AM Classroom HI09 Where Two Worlds Met: The Great Lakes Fur Trade PM 13 AM Zoom HO15 Planning Your Organic Raised Bed Garden PM Classroom TH44 Gilbert and Sullivan: <i>HMS Pinafore</i> 20 AM Classroom MU30 Our Many Voices Singing Free	3 7 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 14 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 21 AM Zoom NA34
	Book Club Unless noted in ro 3 AM PM 10 AM PM Zoom LF19 An Update on Time-Restricted Eating 17	EMU: The Rocky Horror Show Post-play class ed, class start and e 4 AM PM 11 AM DEVELOPMENT & MARKETING PM Classroom HI10 The History of the Calendar 18	American Politics Panel nd times are: AM = 1 5 AM PM 12 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Classroom MU29 Ballet Extraordinaire: The Ballets Russes 19 AM Classroom MU28 The Magic of Brill Building Pop: Early	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy 0—12 noon PM = 1- 6 AM Classroom HI09 Where Two Worlds Met: The Great Lakes Fur Trade PM 13 AM Zoom HO15 Planning Your Organic Raised Bed Garden PM Classroom TH44 Gilbert and Sullivan: <i>HMS Pinafore</i> 20 AM Classroom MU30 Our Many Voices	3 7 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 14 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 21 AM Zoom NA34 Discoveries in Lake Huron's Thundo
	Book Club Unless noted in re 3 AM PM 10 AM PM Zoom LF19 An Update on Time-Restricted Eating 17 AM PM Zoom CU05 Visiting the Top and Bottom of the World 24 AM Zoom AA02 The Museum of Modern Art in New York City	EMU: The Rocky Horror Show Post-play class ed, class start and e 4 AM PM 11 AM DEVELOPMENT & MARKETING PM Classroom HI10 The History of the Calendar 18 AM CURRICULUM PM Hybrid HI11 Michigan's Polar Bear Experience in WWI 25 AM COUNCIL	American Politics Panel nd times are: AM = 1 5 AM PM 12 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Classroom MU29 Ballet Extraordinaire: The Ballets Russes 19 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Tour TO46 Explore Detroit Art at UMMA 2-3 Limit 15 26 AM	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy 0—12 noon PM = 1- 6 AM Classroom HI09 Where Two Worlds Met: The Great Lakes Fur Trade PM 13 AM Zoom HO15 Planning Your Organic Raised Bed Garden PM Classroom TH44 Gilbert and Sullivan: <i>HMS Pinafore</i> 20 AM Classroom MU30 Our Many Voices Singing Free PM Classroom LI26 The Fire This Time 27 AM	3 7 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 14 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 21 AM Zoom NA34 Discoveries in Lake Huron's Thunde Bay National Marine Sanctuary PM 28 AM Tour TO47 Ypsilanti Historical Museum Tour Limit 10
	Book Club Unless noted in ro AM PM 10 AM PM Zoom LF19 An Update on Time-Restricted Eating 17 AM PM Zoom CU05 Visiting the Top and Bottom of the World 24 AM Zoom AA02 The Museum of Modern Art in New York City PM Zoom LI22 Book Club	EMU: The Rocky Horror Show Post-play class ed, class start and e 4 AM PM 11 AM DEVELOPMENT & MARKETING PM Classroom HI10 The History of the Calendar 18 AM CURRICULUM PM Hybrid HI11 Michigan's Polar Bear Experience in WWI 25 AM COUNCIL PM	American Politics Panel nd times are: AM = 1 5 AM PM 12 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Classroom MU29 Ballet Extraordinaire: The Ballets Russes 19 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Tour TO46 Explore Detroit Art at UMMA 2-3 Limit 15 26 AM PM	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy 0—12 noon PM = 1- 6 AM Classroom HI09 Where Two Worlds Met: The Great Lakes Fur Trade PM 13 AM Zoom HO15 Planning Your Organic Raised Bed Garden PM Classroom TH44 Gilbert and Sullivan: <i>HMS Pinafore</i> 20 AM Classroom MU30 Our Many Voices Singing Free PM Classroom LI26 The Fire This Time 27	3 7 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 14 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 21 AM Zoom NA34 Discoveries in Lake Huron's Thunde Bay National Marine Sanctuary PM 28 AM Tour TO47 Ypsilanti Historical Museum
	Book Club Unless noted in ro AM PM 10 AM PM Zoom LF19 An Update on Time-Restricted Eating 17 AM PM Zoom CU05 Visiting the Top and Bottom of the World 24 AM Zoom AA02 The Museum of Modern Art in New York City PM Zoom LI22	EMU: The Rocky Horror Show Post-play class ed, class start and e 4 AM PM 11 AM DEVELOPMENT & MARKETING PM Classroom HI10 The History of the Calendar 18 AM CURRICULUM PM Hybrid HI11 Michigan's Polar Bear Experience in WWI 25 AM COUNCIL	American Politics Panel nd times are: AM = 1 5 AM PM 12 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Classroom MU29 Ballet Extraordinaire: The Ballets Russes 19 AM Classroom MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams 9:30-12 PM Tour TO46 Explore Detroit Art at UMMA 2-3 Limit 15 26 AM	Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy 0—12 noon PM = 1 - 6 AM Classroom HI09 Where Two Worlds Met: The Great Lakes Fur Trade PM 13 AM Zoom HO15 Planning Your Organic Raised Bed Garden PM Classroom TH44 Gilbert and Sullivan: <i>HMS Pinafore</i> 20 AM Classroom MU30 Our Many Voices Singing Free PM Classroom LI26 The Fire This Time	 -3 7 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 14 AM Zoom NA33 Planet Earth II: Islands and Mountains PM 21 AM Zoom NA34 Discoveries in Lake Huron's Thunde Bay National Marine Sanctuary PM 28 AM Tour TO47 Ypsilanti Historical Museum Tour Limit 10 PM Zoom PO35 Taking Apart the News:

WINTER 2025 PROGRAM OVERVIEW

C = The class is offered in-person only, in the classroom at the Vineyard Church in Ann Arbor.

H = The class is offered in person, in the classroom at the Vineyard Church in Ann Arbor **AND** online via Zoom. **TH** = Classes on theater and offsite live theater productions.

TO = The class is a local offsite field trip or tour at the location specified.

Z = The class is offered online only via Zoom.

ART and ARCHITECTURE (AA)

- AA01 H The Hundred Guilder Print: Rembrandt and Spirituality
- AA02 Z The Museum of Modern Art in New York City

CULTURE (CU)

- CU03 Z World Heritage Sites
- CU04 H Ireland: The Intriguing Emerald Isle
- CU05 Z Visiting the Top and Bottom of the World

FILM (FL)

FL06 Z Woman in the Dunes

HISTORY (HI)

- HI07 Z The Dust Bowl
- HI08 Z Back-to-Back Housing in Birmingham, England
- HI09 C Where Two Worlds Met: The Great Lakes Fur Trade
- HI10 C The History of the Calendar
- HI11 H Michigan's Polar Bear Experience in WW1

HOBBIES and CRAFTS (HO)

- HO12 C Tiny Twisted Trees: An Introduction to Bonsai
- HO13 C Vermicomposting: Create Nutritional Soil for Plants
- HO14 C Watercoloring 101
- HO15 Z Planning Your Organic Raised Bed Garden

LIFESTYLE and HEALTH (LF)

- LF16 Z Safe Driving for Seniors
- LF17 Z Stronger Bones Masterclass
- LF18 Z Downsizing and Decluttering
- LF19 Z An Update on Time-Restricted Eating

LITERATURE (LI)

- LI20 Z Yiddish Author, Jonah Rosenfeld
- LI21 C Brush Up Your Shakespeare
- LI22 Z Book Club
- LI23 C Serial Killers in Fiction and Film
- LI24 Z Strings Attached: Novels Featuring Puppets
- LI25 C From Anecdote to Story
- LI26 C The Fire This Time

MUSIC and DANCE (MU)

- MU27 C The Red Shoes: Landmark Ballet Storytelling
- MU28 **C** The Magic of Brill Building Pop: Early 60s Songwriting Teams
- MU29 C Ballet Extraordinaire: The Ballets Russes
- MU30 C Our Many Voices Singing Free

NATURE and ENVIRONMENT (NA)

- NA31 Z Generations: From Flora to Fauna
- NA32 C Vernal Pools
- NA33 Z Planet Earth II: Islands and Mountains
- NA34 Z Discoveries in Lake Huron's Thunder Bay National Marine Sanctuary

POLITICS and CURRENT EVENTS (PO)

- PO35 Z Taking Apart the News: Another Critical Year
- PO36 C William W. Cook, U-M Donor Extraordinaire
- PO37 Z American Politics Panel
- PO38 Z Reflections on the "Forgotten War" in Sudan

SCIENCE and TECHNOLOGY (SC)

- SC39 C How to Count Like an Egyptian
- SC40 C Backing Up Your Computer
- SC41 C Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy

THEATER (TH)

- TH42 TH EMU Theatre: The Rocky Horror Show
- TH43 TH PTD Theatre: The Hat Box
- TH44 C Gilbert and Sullivan: HMS Pinafore

TOURS and FIELD TRIPS (TO)

TO45 **TO** Food Gatherers: Volunteer Opportunity

- TO46 **TO** Explore Detroit Art at UMMA
- TO47 **TO** Ypsilanti Historical Museum Tour

Please let the Elderwise office know if you are unable to attend a tour. This gives students on the waitlist an opportunity to join. It also helps the onsite class assistant.

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WINTER 2025 CLASSES BY FORMAT/LOCATION

IN-PERSON ONLY CLASSES

Held in the Elderwise classroom

HI09	Where Two Worlds Met: The Great Lakes Fur Trade	
HI10	The History of the Calendar	
HO12	Tiny Twisted Trees: An Introduction to Bonsai	
HO13	Vermicomposting: Create Nutritional Soil for Plants	
HO14	Watercoloring 101	
LI21	Brush Up Your Shakespeare	
LI23	Serial Killers in Fiction and Film	
LI25	From Anecdote to Story	
LI26	The Fire This Time	
MU27	The Red Shoes: Landmark Ballet Storytelling	
MU28	The Magic of Brill Building Pop: Early 60s	
	Songwriting Teams	
MU29	Ballet Extraordinaire: The Ballets Russes	
MU30	Our Many Voices Singing Free	
NA32	Vernal Pools	
PO36	William W. Cook, U-M Donor Extraordinaire	
SC39	How to Count Like an Egyptian	
SC40	Backing Up Your Computer	
SC41	Advances on Medicine's Ultimate Frontier:	
	Cancer Immunotherapy	

TH44 Gilbert and Sullivan: HMS Pinafore

THEATER CLASSES

TH42 EMU Theatre: The Rocky Horror Show In-person pre-play class In-person live performance In-person post-play class

TH43 PTD Theatre: The Hat Box

In-person pre-play class In-person live performance

ONLINE ONLY CLASSES

Presented via Zoom

AA02	The Museum of Modern Art in New York City
CU03	World Heritage Sites
CU05	Visiting the Top and Bottom of the World
FL06	Woman in the Dunes
HI07	The Dust Bowl
HI08	Back-to-Back Housing in Birmingham, England
HO15	Planning Your Organic Raised Bed Garden
LF16	Safe Driving for Seniors
LF17	Stronger Bones Masterclass
LF18	Downsizing and Decluttering
LF19	An Update on Time-Restricted Eating
LI20	Yiddish Author, Jonah Rosenfeld
LI22	Book Club
LI24	Strings Attached: Novels Featuring Puppets
NA31	Generations: From Flora to Fauna
NA33	Planet Earth II: Islands and Mountains
NA34	Discoveries in Lake Huron's Thunder Bay
	National Marine Sanctuary
PO35	Taking Apart the News: Another Critical Year
PO37	American Politics Panel
PO38	Reflections on the "Forgotten War" in Sudan

HYBRID CLASSES

Held both in the Elderwise classroom and online

AA01	The Hundred Guilder Print: Rembrandt	
	and Spirituality	
CU04	Ireland: The Intriguing Emerald Isle	
HI11	Michigan's Polar Bear Experience in WW1	

OFFSITE TOURS

Local in-person field trips

- TO45 Food Gatherers: Volunteer Opportunity
- TO46 Explore Detroit Art at UMMA
- TO47 Ypsilanti Historical Museum Tour

Please let the Elderwise office know if you are unable to attend a tour. This gives students on the waitlist an opportunity to join. It also helps the onsite class assistant.

ART and ARCHITECTURE

AA01 The Hundred Guilder Print: Rembrandt and Spirituality

HYBRID:	In the classroom and online. A Zoom link will be sent to all one day before class begins.		
Presenter:	Michael R. Kapetan		
Date:	Thursday, January 30		
Time:	1:00 to 3:00 p.m.		
Fee:	Member \$10	Nonmember \$15	

This is about art and about history, but it is not art history. Let's be footloose and fancy free, and just follow our feet from one imaginary gallery to another, from one museum to another, to an astonishing building here and a surprising home or factory there. Without any boundaries of time or space, let's enjoy the work of creative people, one by one, asking ourselves how the font of human ingenuity is opened and nourished and fulfilled. The imagined gallery we visit for this class will feature the work known as Rembrandt's Hundred Guilder Print. The intense emotions of its figures have inspired other artists over the years. We will also examine some of these other artists' creations, including our presenter's sculpture recently installed at Saint Mary's Chapel in Ann Arbor. **Michael R. Kapetan** is an artist whose own work is informed by the scientific, the aesthetic, and the spiritual as he creates holy images for churches, synagogues, and temples, plus unique solar sculptures that mark the turning of the seasons. Mike is retired from the University of Michigan's School of Art. He holds a degree in art history from Harvard University, and a master's degree in sculpture from the University of Michigan.

AA02 The Museum of Modern Art in New York City

ONLINE:	A Zoom invitation lin	k will be sent the Friday before class begins.	
Presenter:	Wendy Evans		
Date:	Monday, March 24		
Time:	10:00 a.m. to 12 noo	n	
Fee:	Member \$10	Nonmember \$15	

The Museum of Modern Art in New York (MoMA) is an acclaimed multicultural institution with almost 200,000 artworks. Wendy Evans will show highlights from the collection, including Vincent van Gogh's *Starry Night*, Pablo Picasso's *Demoiselles d'Avignon*, and Salvador Dali's *Persistence of Memory*. She will also explore some less-famous works to give us ideas of what to look for on future visits. **Wendy Evans** was raised among the museums of London, England, and holds advanced degrees from Oxford University and Wayne State. She taught art history at Wayne and is a long-time docent volunteer at the Detroit Institute of Arts. Wendy loves to share her passion for art with groups like Elderwise. More information is available at www.art-talks.org.

CULTURE

CU03	World Heritage Sites	
ONLINE:	A Zoom invitation link will be sent one day before each class session begins.	
Presenter:	Toby Teorey	
Dates:	Wednesdays, January 8 and 15	
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$20 Nonmember \$30	

This class begins a completely new series of sites, adopted from *The Great Courses* series, featuring lectures by Justin M. Jacobs of American University, and breathtaking visuals from some of the most outstanding World Heritage Sites. In 1972, the United Nations Educational, Scientific, and Cultural Organization (UNESCO) designated as World Heritage Sites, more than a thousand locations valued for their outstanding cultural and/or natural significance to humanity. The sites designated by UNESCO include archaeological excavations, masterpieces of religious or secular architecture, and monumental sculpture.

January 8	Ethiopia's Rock–Hewn Churches The West Norwegian Fjords The Great Wall(s) of China	
January 15	Mountain Railways of India Old Havana, Heart of Cuba's Capital Bagan, Sacred Landscape of Myanmar	

Toby Teorey is the current Vice Chair of the Elderwise Council. He is retired from the Computer Science and Engineering Department at the University of Michigan and in retirement pursues his enduring love of world history, music, and culture.

CU04 Ireland: The Intriguing Emerald Isle

HYBRID:	In the classroom an	d online. A Zoom link will be sent to all one day before class.
Presenter:	George Jabol	
Date:	Tuesday, February 4	1
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$10	Nonmember \$15

George Jabol is excited to share many photographic adventures from his 2007 tour of Ireland. The first stop is Northern Ireland, including the capital city of Belfast, Derry (Londonderry), and the geologic formation called the Giant's Causeway. Next, we will visit Sligo and Galway, and a stop at the iconic Irish Cliffs of Moher. In the heart of Ireland, we will travel to Killarney, and to the fishing village at Dingle Bay. We then proceed to Cork, the departure point for more than 2.5 million Irelanders who emigrated to America. We then visit Waterford, with its crystal shops, before our final stop in beautiful Dublin. Join us for George's panorama of the 40 shades of green found in this scenic island nation. **George Jabol** received his B.A. degree from Muskingum College in Ohio, and a Ph.D. in English language and literature from the University of Michigan. Fully retired now from a career with the federal government, George creates photographic slide shows as a way to remember his travels and share them with others.

CU05 Visiting the Top and Bottom of the World

ONLINE:	A Zoom invitation link will be sent the Friday before class begins.		
Presenter:	Mary Bondarenko		
Date:	Monday, March 17		
Time:	1:00 to 3:00 p.m.		
Fee:	Member \$10	Nonmember \$15	

The ultimate adventure: visiting the top and bottom of the world within a single year. In January 2023, the Sami people and Northern Lights called Mary and her husband to Norway, north of the Arctic Circle, into the long Arctic winter nights. We will enjoy the beautiful scenery, learn about Sami people and their reindeer herds, and experience an overnight stay in an ice hotel, keeping our eyes peeled for the brilliant Northern Lights. In December 2023, Mary traveled south into Antarctica's summer. Sailing from Ushuaia, Argentina, across the dreaded Drake Passage, we will experience the beauty of the peninsula of Antarctica while cruising past beautiful cliffs, snow-covered landscapes, huge, glimmering icebergs, and lovely bays. We will enjoy the silence of sailing, broken by glaciers calving into the sea, and the wildlife: fur seals and a variety of whales, penguins, and birds (if we are lucky). We will stop by the on-board science lab for the ship's citizen science program. Join us to discover why Antarctica is known as the world's last truly wild frontier. **Mary Bondarenko** loves traveling and, with Antarctica, has now visited every continent. Mary holds a B.S. in psychology and a master's degree in labor and industrial relations from the University of Illinois, and a J.D. from Cooley Law School. She is retired from a diverse career with a Fortune 500 company.

FILM

FL06	Woman in the	Dunes	
ONLINE:	A Zoom invitation link will be sent the Friday before class begins.		
Presenter:	John Stewart		
Date:	Monday, February 17		
Time:	1:00 to <u>3:30 p.m</u> .		
Fee:	Member \$10	Nonmember \$15	

An amateur entomologist has left Tokyo to collect rare beetles in an area of tall sand dunes. When he misses his return bus, he is persuaded to spend the night with a young widow in her house at the bottom of a dune. He finds himself trapped there with no choice but to assist the woman in an unending struggle to prevent shifting sand from burying her home. Their daily labors are punctuated by her determination to remain, by his dreams of escape, and by erotic battles of the sexes. *Woman in the Dunes* was one of the 1960s international art-house sensations. It is the product of collaboration between novelist Kobo Abe and director Hiroshi Teshigahara, who was nominated for an Academy Award. We will view a nicely-restored release in Japanese with English subtitles. **John Stewart** is a retired software developer with degrees in biology from the University of Michigan. He is not a movie maven, but he enjoys films and sharing them with Elderwise cinema lovers.

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HISTORY

HI07 The Dust Bowl

ONLINE:	A Zoom invitation link will be sent one day before each class session begins.
Presenter:	John Alan Stewart
Dates:	Fridays, January 24 and 31
Time:	1:00 to <u>3:30 p.m.</u>
Fee:	Member \$20 Nonmember \$30

In the late 19th and early 20th centuries, the U.S. government encouraged homesteaders to occupy immense stretches of treeless prairie. These lands, which stretched from Canada down to Texas, had been regarded as semi-arid because of irregular rains and high winds. Throughout the 1920s, hundreds of thousands of families settled there and prospered from abundant wheat crops. But 1931 was the start of a decade-long drought. The land's deeply rooted native grasses had been destroyed by modern plows, and no longer held dirt in place. Lifted by winds, the dried soil billowed into mountain-sized clouds of black dust. It was the beginning of the greatest man-made ecological disaster in American history. We will view Ken Burns' four-hour documentary based on public records, photographs, film footage, and interviews with individuals who lived through the events as children. Time will be available for discussion at the end of each session. **John Alan Stewart** is a retired software developer with degrees in biology from the University of Michigan. He is in awe of this film and the many other documentary films created by fellow U of M graduate Ken Burns.

HI08 Back-to-Back Housing in Birmingham, England

ONLINE:	A Zoom invitation li	nk will be sent one day before class begins.	
Presenter:	Pat Butler		
Date:	Friday, February 7		
Time:	10:00 a.m. to 12 noon		
Fee:	Member \$10	Nonmember \$15	

During the 19th century, tens of thousands of artisans, skilled and unskilled workers, flooded into the rapidly growing industrial city of Birmingham to seek a living. The ensuing housing crisis was solved by building thousands of courts of back-to-back houses where families lived in cramped conditions and shared the most basic of facilities. This virtual tour of the last remaining court of back-to-back houses, sympathetically restored by the National Trust, will bring to life the experiences, joys and sorrows of some of the families who lived there until they were demolished in the 1960s. **Pat Butler** was the Elderwise Administrator until retiring back home to the U.K. in 2017. Her childhood spent in a similar court of houses until age 12 led her to volunteering as a tour guide at this historic museum. Pat also enjoys presenting social history classes to members of Britain's University of the Third Age.

HI09 Where Two Worlds Met: The Great Lakes Fur Trade

IN-PERSON:	The Elderwise classr	room at the Vineyard Church	
Presenter:	Rochelle Balkam		
Date:	Thursday, March 6		
Time:	10:00 a.m. to 12 noo	n	
Fee:	Member \$10	Nonmember \$15	

Nearly 400 years have passed since the first encounter between Indigenous people and the French in the Great Lakes region. Neither culture was ever the same since then. The early exchange was mutually beneficial and cordial. The Native people did not feel threatened by the Europeans nor did the Europeans fear the Indigenous people. Each had a commodity the other needed: trade goods for the Native Americans, fish and fur for the Europeans. The two cultures often blended in intermarriage, for the French presence was primarily fur trappers, missionaries, and soldiers. It was not until a third ingredient was added, the British, that conflict erupted into the French and Indian War. **Rochelle Balkam** taught history and government at Ypsilanti High School for 36 years. She taught Michigan history at Eastern Michigan University (EMU) for 27 years and at the University of Michigan for 4 years. Rochelle holds an M.A. in history and an M.S. in historic preservation from EMU. She is president of the Michigan One-room Schoolhouse Association, and previously served on the board of the Historical Society of Michigan and as a member of the Washtenaw County Historic District Commission.

HI10 The History of the Calendar

IN-PERSON:The Elderwise classroom at the Vineyard ChurchPresenter:William IngramDate:Tuesday, March 11Time:1:00 to 3:00 p.m.Fee:Member \$10Nonmember \$15

Bill Ingram will lead us through the history of our calendar, starting with the Egyptians and Babylonians and how they shaped the later Roman calendar. Then we will investigate the problems with the Roman calendar that Julius Caesar had to fix, the problems with the Julian calendar that Pope Gregory had to fix, and right up to what is going on in Ukraine with the Gregorian calendar. There is much to talk about: the signs of the zodiac, why there are two different calculations for the length of the year, why weeks and months are the length they are, why do we need calendars anyway, and finally why our calendar is so wonky: why "thirty days hath September"? **William Ingram** is Professor Emeritus of English Language and Literature at the University of Michigan. He is known for his work on early modern drama and performance.

HI11 Michigan's Polar Bear Experience in WW1

HYBRID:	In the classroom and online. A Zoom link will be sent to all one day before class begins.		
Presenter:	Ray Stocking		
Date:	Tuesday, March 18		
Time:	1:00 to 3:00 p.m.		
Fee:	Member \$10	Nonmember \$15	

Discover the fascinating story of Michigan's Polar Bears, a group of U.S. soldiers sent to northern Russia during World War I. This presentation explores their unique mission, enduring the harsh Arctic climate while engaging in combat long after the war officially ended. Learn about their challenges, bravery, and the lasting impact of their service, highlighting a little-known chapter of American military history. Perfect for history enthusiasts interested in World War I and Michigan's contributions. **Ray Stocking** is a lifelong resident of Michigan and has a personal connection to "Michigan's Polar Bears." Ray's grandfather, Vernie F. Stocking, was a U.S. Veteran of WWI and served in the 339th Infantry, Company F in Arch Angel, Russia. Ray will share some personal family photos and other memorabilia during this presentation. Ray is a graduate of Eastern Michigan University, where he received his BBA and MBA degrees in business management.

HOBBIES and CRAFTS

HO12 Tiny Twisted Trees: An Introduction to Bonsai

IN-PERSON:	The Elderwise class	room at the Vineyard Church	
Presenter:	Jay Sinclair		
Date:	Tuesday, January 21		
Time:	1:00 to 3:00 p.m.		
Fee:	Member \$10	Nonmember \$15	

Learn about the history and practice of the ancient art of bonsai, from its origin in China, introduction to Japan, and eventual spread around the world. Styles and aesthetics of bonsai will be discussed, along with the influence of different cultures as bonsai has been introduced into new places. Examples will be shown of how individual bonsai are styled and developed over time. **Jay Sinclair** is a retired public school science teacher who has been climbing the infinite learning curve of bonsai for more than 30 years. In addition to caring for his own trees, he volunteers with the collections at Matthaei Botanical Gardens and Hidden Lake Gardens.

HO13 Vermicomposting: Create Nutritional Soil for Plants

IN-PERSON:	The Elderwise class	room at the Vineya	rd Church
Presenter:	Mackenzie Munro		
Date:	Wednesday, January 29		
Time:	10:00 a.m. to 12 noon		
Fee:	Member \$20	Nonmember \$25	Fee includes an additional \$10 for materials.

Join us to learn about vermicomposting or composting with worms, and how to create nutritional soil for our plants all year long. Learn about the different ways to compost, how the City of Ann Arbor handles composting, and where vermicomposting fits into this system. Mackenzie will answer our questions about how vermicomposting works, and how it can be beneficial for both indoor and outdoor plants and gardens. She will illustrate ways to set up a vermicomposting bin, discuss common issues that can arise, and teach us how to create a low maintenance food factory for our plants that we can then take home. Assistant Education Director **Mackenzie Munro** joined the Ecology Center team in 2015. She earned her bachelor's degree from the University of Michigan in environmental science and biology, and has 12 years of experience with other organizations, teaching environmental science and related topics to students and adults of all ages.

HO14 Watercoloring 101

IN-PERSON:	The Elderwise class	room at the Vineya	rd Church
Presenter:	Julie Garvey		
Date:	Tuesday, February 1	1	
Time:	1:00 to 3:00 p.m.		
Enrollment:	This class is limited	to 15 attendees. A	waitlist will be available.
Fee:	Member \$15	Nonmember \$20	Fee includes an additional \$5 for materials.

All children (and even some elephants!) love to paint. Children paint with abandon, not worrying if they are talented enough, or if they're too busy, or if anyone else will think their work is worthy. Maybe you have always wanted to recapture the pleasure of being that free. This class is focused on the very basic ideas of: Where do I even begin? What kind of paper, what kind of brushes, what kind of paints? And, why watercolors? (It's because the supplies are inexpensive enough for you to give it a try without a big investment.) And because when you see how watercolors behave as you move them across the paper, you'll feel the magic of spontaneity you felt as a child. Of course, there are some rules to learn. We will learn a bit about mixing colors, and a bit about how to compose a picture. So, really, you don't have to know anything, just come with the desire to play. You will go home with some 4x6 experiences on paper, and a completed greeting card (with envelope) that you can keep or send. **Julie Garvey** is a gallery and online represented artist who moved from Maine to Michigan several years ago. She has studied at the University of Georgia, graduating with a BFA from The College of William and Mary in Virginia, and has been painting since she could hold a brush!

HO15 Planning Your Organic Raised Bed Garden

ONLINE:	A Zoom invitation lin	k will be sent one day before class begins.	
Presenter:	Sheila Carroll		
Date:	Thursday, March 13		
Time:	10:00 a.m. to 12 noon		
Fee:	Member \$10	Nonmember \$15	

Sheila Carroll will teach us how to effectively plan and prepare a raised bed garden during the winter months. She will guide us through essential steps to ensure our garden is ready for planting when spring arrives. We will learn how to design a garden layout, choose the best heirloom and non-GMO seeds, and create a planting calendar that aligns with our local growing conditions. In addition to practical tips, Sheila will also delve into soil enrichment strategies, such as how to source and prepare organic compost and fertilizers during the winter months. This class emphasizes the importance of early planning to maximize yields and maintain a sustainable, chemical-free garden. (A follow-up class will be held in the Spring Term.) **Sheila Carroll** is an author and gardening enthusiast. She provides a simple, earth-wise approach to cultivating a beautiful garden and more sustainable living. Her book, *Organic Raised Bed Gardening: Seven Easy Steps to a Sustainable, Low-Stress, and Chemical-Free Backyard Harvest of Vegetables, Herbs, and Flowers*, is a top pick on Amazon for backyard and container gardening.

LIFESTYLE and HEALTH

LF16	Safe Driving for	Seniors
ONLINE:	A Zoom invitation link will be sent one day before class begins.	
Presenter:	Christan Robinson	
Date:	Thursday, January 9	
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$10 No	onmember \$15

Even the most experienced driver can benefit from learning about the changes that affect us as we age. The AAA (American Automobile Association) Roadwise Driver program delivers tips and techniques to help mature drivers compensate for changing vision, reflexes, and response time. The program provides a quick refresher on driving defensively in a variety of situations. It also demonstrates how many of yesterday's driving methods have been replaced by more advanced, risk-reducing driving techniques. The primary focus is on ensuring that all of us drive safely. **Christan Robinson** has been a driving instructor for AAA Driver Education Programs for over 16 years. She is certified and experienced in a broad range of traffic safety related topics, including senior driving safety, teen driving safety, child passenger safety, and driver improvement programs.

LF17 Stronger Bones Masterclass

ONLINE:	A Zoom invitation li	nk will be sent the Friday before class begins.	
Presenter:	Gwyn Jones		
Date:	Monday, January 13		
Time:	10:00 a.m. to 12 noon		
Fee:	Member: \$10	Nonmember: \$15	

This workshop will give you bone building moves for your osteopenia or osteoporosis. We will cover weight bearing exercises, plyometrics, resistance training, and balance moves, to give us a better understanding of our movement patterns. The workshop offers an in-depth look at body awareness, posture, and even nutrition, to help us maintain healthy bones. We invite you to join this Strong Bones Masterclass and become empowered to make good decisions about your bone health.

Physical requirements for the class: Participants will need medium weights, or if you are already lifting regularly, medium to heavy weights. During the class we will be standing and getting up and down off the floor.

Gwyn Jones has offered personal training sessions, workshops, and classes on Pilates for more than ten years. She is certified in STOTT Pilates and TRX suspension, and annually enrolls in continuing Pilates Education.

LF18 Downsizing and Decluttering

ONLINE:	A Zoom invitation link will be sent the Friday before class begins.		
Presenter:	Dina Shtull		
Date:	Monday, January 27		
Time:	10:00 a.m. to 12 noon		
Fee:	Member \$10	Nonmember \$15	

Acquiring is easy – downsizing is hard. Whether rearranging or relocating, by choice or not, sometimes we just need to get rid of "stuff." This presentation is primarily about how to get started and make the difficult decisions. It delves into what stops us and how we will benefit. Dina will address such questions as: Should I sell or donate? What if I cannot part with an item? Do I need an appraisal? Dina believes that downsizing is not a one-time project, but a way of life, and that downsizing is not only about what to give away, but also about what to keep. **Dina Shtull** holds advanced degrees in social work and business. She founded Downsize with Dignity, LLC in 2015 after being an elementary school principal for most of her career. Dina is a member of the National Association of Professional Organizers. She is also the author of three children's books, and an avid triathlete.

LF19 An Update on Time-Restricted Eating

ONLINE:	A Zoom invitation li	nk will be sent the Friday before class begins.
Presenter:	Robbi Duda	
Date:	Monday, March 10	
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$10	Nonmember \$15

This presentation provides an update on Time-Restricted Eating (TRE), a form of fasting that limits eating to a certain number of hours each day. While gaining in popularity, some still question whether or not TRE is a healthy practice. In one way or another, daily fasting was likely something that was practiced unintentionally by our ancestors, who did not have 24/7 access to food the way we do today. Utilizing a combination of online videos and PowerPoint images, presenter Robbi Duda RN MS, will discuss the science behind Time-Restricted Eating, a program that is currently being used to treat Type 2 Diabetes. In addition to controlling diabetes and some immune system disorders, TRE is also designed to help people lose weight and reduce hypertension. Robbi will also discuss practical approaches to this method. **Robbi Duda** is a retired nurse educator and American Nurses Credentialing Center (AANC) Board Certified Geriatric Nurse. She has a master's degree in Community Health Nursing from the University of Michigan.

LITERATURE

LI20	Yiddish Author, Jonah Rosenfeld	
ONLINE:	A Zoom invitation link will be sent one day before class begins.	
Presenter:	Rachel Mines	
Date:	Thursday, January 16	
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$10 Nonmember \$15	

Rachel Mines, Yiddish translator, will present several short stories by Jonah Rosenfeld, an immigrant to New York from Eastern Europe. Rosenfeld's psychologically rich fiction, first published in Yiddish 100 years ago, portrays rapid social change, family dysfunction, generational and cultural conflicts, emigration, wars, and pandemics. His stories are as relevant today as ever. We will read and discuss Rachel's translations of several of Rosenfeld's stories. Specific stories will be announced closer to the time of the class so registrants can read them in advance. Book purchases are not required for the class, but they are available from the publisher, Syracuse University Press, and from online booksellers such as Amazon. **Rachel Mines**, Ph.D., from Vancouver, Canada, retired from teaching English in 2020. Her two collections of Rosenfeld's short fiction *The Rivals* and *A Plague of Cholera* were published in 2020 and 2024 respectively. For more information about Rachel and her translation projects, visit https://www.rachelmines.com.

LI21 Brush Up Your Shakespeare

IN-PERSON:	The Elderwise classroom at the Vineyard Church	
Presenter:	Peggy Russo	
Date:	Thursday, January 23	
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$10	Nonmember \$15

Join us for Professor Russo's Shakespeare 101. If you are already an ardent Shakespeare fan, you may come to appreciate him even more. If you know nothing about Shakespeare (or hate him, based on a negative experience in a high school English class), spending these two hours getting to know him a little better may make you a fan. **Peggy Russo** retired from Penn State University in 2015 after teaching in the English Department there for 30 years. Throughout her career, she specialized in "Shakespeare in Performance," a method whereby students learn to take plays from the page to the stage by "seeing" plays in their mind's eye, acting out scenes, viewing film versions, and attending live theatrical productions.

LI22 Book Club

ONLINE:	A Zoom invitation lir	nk will be sent the Friday before each class session begins.
Facilitators:	Kathleen Hillegas, William Hillegas	
Dates:	Mondays, January 2	27, February 24, and March 24
Time:	1:00 to 3:00 p.m.	
Fee:	Members \$30	Nonmembers \$45

Using prepared questions and our own observations, the discussion each month will explore a book from current best-seller lists. Selected books for the Winter 2025 term are:

January	The Heaven and Earth Grocery Store by James McBride
	Published in 2022, 400 pages Historical Fiction
	When a skeleton is found in the bottom of a well in Pottstown, PA in 1972, the
	investigation is hampered when the crime scene is washed away by Hurricane
	Agnes. The novel then returns to the 1920s and '30s to detail the lives of the residents in the mostly Black and Jewish neighborhood.
February	The Boy in the Suitcase by Lene Kaaberbol and Agnete Friis
_	Published in 2008, 309 pages Mystery
	First of a series with Nina Borg, a Red Cross nurse, wife, and mother of two. When
	her estranged friend leaves her a key to a locker in the Copenhagen train station,
	she finds a suitcase containing a three-year-old boy, naked and drugged, but alive.
	Nina must decide what to do with this unknown child, while forces are trying to hunt

MarchH is for Hawk by Helen MacdonaldPublished in 2014, 320 pagesNon-fictionThis story of adopting and raising one of nature's most vicious predators exploresgrief, falconry, and the author's journey to train a goshawk. Fierce and feral, hergoshawk's temperament mirrors Helen's own state of grief after her father's death.

Please read The Heaven and Earth Grocery Store before the first class.

both of them down.

The facilitators will send a list of discussion questions for each book to all registrants prior to each Book Club session. **Kathleen and William Hillegas** are long-time members of both Elderwise and the Book Club. Both are avid readers, and look forward to a lively exchange of ideas, opinions, and interpretations.

LI23 Serial Killers in Fiction and Film

IN-PERSON:	The Elderwise classroom at the Vineyard Church	
Presenter:	David Geherin	
Date:	Tuesday, January 28	
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$10	Nonmember \$15

Serial killers are scary. Longtime local residents might remember John Norman Collins, who terrorized the Ypsi-Ann Arbor area in the late 1960s before he was arrested for killing seven young women. Serial killers have also been terrorizing innocent victims in whodunits, police procedurals, psychological thrillers, and movies for almost a century. We will take a look at various examples of the genre — from classic mysteries like Agatha Christie's And Then There Were None, to thrillers like Psycho and Silence of the Lambs, to the introduction of forensic scientists and profilers, many of them women, who work with the police in catching the killers. Class participants are asked to read a serial killer novel (or two) they might want to recommend to the class. **David Geherin** is Professor Emeritus of English at Eastern Michigan University. He is the author of ten books on crime and mystery fiction, three of which were finalists for the Mystery Writers of America's Edgar Allan Poe Award. David's latest book, Organized Crime on Page and Screen, has just been published. His current book project focuses on serial killers.

LI24 Strings Attached: Novels Featuring Puppets

ONLINE:	A Zoom invitation link will be sent the Friday before each class session begins.	
Presenter:	Cecilia Donohue	
Dates:	Mondays, February 3 and 10	
Time:	10:00 a.m. to 12 noon	
Fee:	Member \$20	Nonmember \$30

Throughout history, puppets, marionettes, and ventriloquists' mannikins have played a role in the arts, as evidenced by their presence in various classical and popular entertainment media. Participants in this class will be reading two 20th century novels in which puppetry plays a role in character and plot development. The first class session will be devoted to Angela Carter's gothic novel *The Magic Toy Shop* (1967), while the second week's discussion will focus on poet Rita Dove's novel *Through The Ivory Gate* (1992). **Cecilia Donohue** retired in 2013 following a 25-year career of undergraduate instruction, graduate teaching, and academic administration. She now resides in east Tennessee with her husband Bill and their menagerie of horses, cat, and dog. Currently an associate editor of *The Steinbeck Review*, Cecilia has written extensively on America's southern authors and poets, notably Robert Penn Warren and Anne Tyler.

LI25 From Anecdote to Story

IN-PERSON:	The Elderwise classroom at the Vineyard Church	
Presenter:	Barbara Schutzgruber	
Date:	Thursday, February 6	
Time:	10:00 a.m. to 12 noon	
Fee:	Member \$10	Nonmember \$15

Come with an Anecdote, Leave with a Story. An anecdote is a simple retelling of something that happened. Our lives are full of anecdotes. A story paints a narrative transformational journey with a beginning, middle, and end. This fun and interactive workshop presents a blueprint of how to start with an anecdote and develop it into a story with a well-developed plot with characters that the audience can support, and ultimately, relate to. There will be brainstorming, prompts, and sharing of creativity. There is no pressure to arrive with "the best anecdote ever" and no stress about finishing a full story by the end of class. **Barbara Schutzgruber** is an award-winning storyteller of folktales, ballads, and personal stories of resilience. Since 1987, she has presented programs, workshops, and showcases throughout Michigan, as well as nationally and internationally. Barbara holds a master's degree in children's literature from Eastern Michigan University and is the co-author of *Beyond the Sword Maiden: A Storyteller's Introduction to the Heroine's Journey*.

LI26 The Fire This Time

IN-PERSON:The Elderwise Classroom at the Vineyard ChurchPresenter:Kevin EysterDates:Thursdays, March 20 and 27Time:1:00 to 3:00 p.m.Fee:Member \$20Nonmember \$30

Published 53 years after James Baldwin's *The Fire Next Time* (1963), *The Fire This Time: A New Generation Speaks About Race*, edited by Jesmyn Ward, includes essays and poems that echo Baldwin's jeremiad while situating contemporary experiences about race in the 21st century. Following Jericho Brown's poem, "The Tradition," and Ward's Introduction, the book is divided into three parts: "Legacy," "Reckoning," and "Jubilee." Our two discussions will move through these sections, from beginning to end. How these writings interface with Baldwin's will be considered as well. **Kevin Eyster** is a Professor Emeritus at Madonna University in Livonia, where he continues to teach courses in literature.

MUSIC and DANCE

MU27 The Red Shoes: Landmark Ballet Storytelling

The Elderwise classroom at the Vineyard Church	
Toby Teorey	
Wednesday, January 22	
<u>9:30 a.m.</u> to 12 noon	
Member \$10	Nonmember \$15
	Toby Teorey Wednesday, Januar <u>9:30 a.m.</u> to 12 noon

This landmark film, *The Red Shoes* (1948), starring Moira Shearer, is a wonderfully stylized story based on Hans Christian Anderson's dark fairy tale of the same name. The film is set in post–WWII London. It is famous for its beautiful surreal ballet scenes as it tells the story of a young promising ballerina who is torn between two creative, possessive men: a struggling composer and an autocratic dance impresario. The film plumbs the dark recesses of the imagination: dangerous, glorious, absurd, and terrifying by turns. **Toby Teorey** is the current Vice Chair of the Elderwise Council. He is retired from the Computer Science and Engineering Department at the University of Michigan, and in retirement pursues his enduring love of world history, music, and culture.

MU28 The Magic of Brill Building Pop: Early 60s Songwriting Teams

IN-PERSON:	The Elderwise classroom at the Vineyard Church	
Presenter:	Michael Homel	
Dates:	Wednesdays, March 12 and 19	
Time:	<u>9:30 a.m.</u> to 12 noon	
Fee:	Member \$20	Nonmember \$30

Sandwiched between 1950s rock 'n' roll and the mid-1960s British invasion, brilliant songwriting teams in two Manhattan office buildings made pop music magic. Gerry Goffin and Carole King, Jeff Barry and Ellie Greenwich, Barry Mann and Cynthia Weil, Neil Sedaka and Howard Greenfield, were striving Jewish youth voicing their own experiences for other teens and young adults. "Will You Love Me Tomorrow," "You've Lost That Lovin' Feelin'," and "Up On the Roof" melded black and white, classical and Latin, with a strong female presence. Brill Building pop created a soundtrack for the baby boom generation that remains compelling 60 years later. **Michael Homel** is Professor Emeritus of History at Eastern Michigan University. He specializes in 20th century American history and American urban history. He is the author of *Unlocking City Hall: Exploring the History of Local Government and Politics*, and other publications on urban politics and education.

MU29 Ballet Extraordinaire: The Ballets Russes

IN-PERSON:	The Elderwise classroom at the Vineyard Church	
Presenter:	Henry Aldridge	
Date:	Wednesday, March 12	
Time:	1:00 p.m. to 3:00 p.m.	
Fee:	Member \$10	Nonmember \$15

Entrepreneur, genius, and scoundrel, Sergei Diaghilev founded the Ballets Russes in 1909. For the next 20 years, he brought together composers, artists, and dancers to create some of the most exciting and controversial ballets of the 20th century including the three groundbreaking Stravinsky scores: *The Firebird, Petrushka*, and *The Rite of Spring*. We will first survey the people and productions of the Ballets Russes. Then we will watch complete performances, including *The Firebird* and Debussy's *Prelude to the Afternoon of a Faun* with the original choreography by Vaslav Nijinsky. **Henry Aldridge** is an Eastern Michigan University Professor Emeritus of Electronic Media and Film Studies and an avid music lover.

MU30 Our Many Voices Singing Free

IN-PERSON:	The Elderwise classroom at the Vineyard Church	
Presenter:	Ken Stevens	
Date:	Thursday, March 20	
Time:	10:00 a.m. to 12 noon	
Fee:	Member \$10	Nonmember \$15

The American Musical is often characterized as diversion, distraction, and amusement, yet from the earliest days of Vaudeville to the present, the musicals have both reflected and shaped our civic and social values. In this uniquely American art form composers, lyrists, and performers have employed sentiment and satire, melody and mirth, to both entertain and enlighten America's distinctively heterogenous audiences. In this class, Ken Stevens will explore the ideals and values in shows by time honored theatre luminaries like Rodgers, Kern, Sondheim, Williams, and more recent award winners like Kander and Ebb, Lin Manuel Miranda, and Terrence McNally, while considering the evolution of audience characteristics over the decades. **Ken Stevens** came to Michigan from the University of Cincinnati. He is Professor Emeritus at Eastern Michigan University, where he created both the musical theater program and the graduate and undergraduate programs in arts management.

NATURE and ENVIRONMENT

NA31	Generations: From Flora to Fauna	
ONLINE:	A Zoom invitation link will be sent one day before class begins	
Presenter:	Don Chalfant	
Date:	Wednesday, Januar	y 29
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$10	Nonmember \$15

With apologies to ancestry.com[©], this double-feature program by Don Chalfant returns to Elderwise with another session of beautiful photography that focuses on the incredible natural phenomena of the birth of our beautiful trees, flowers, and insects. Through Don's amazing photography we will witness the incredible transformation of acorn to oak tree, seed to flower, caterpillar to butterfly, and much more through multiple generations of various plants and animals. No DNA necessary! Don spends half the year in Florida and half in Michigan, so we will be viewing his spectacular photography taken in both places. **Don Chalfant** has been entertaining and enlightening the Elderwise community for many years with his profound knowledge and stunning photographs of North America's natural world. Don received his undergraduate and graduate degrees from the University of Michigan. Since retiring from teaching in the Ann Arbor Public Schools, Don is eager to share his passion for birds and other flora and fauna through his photos.

NA32 Vernal Pools

IN-PERSON:	The Elderwise classroom at the Vineyard Church		
Presenter:	Elle Bogle		
Date:	Wednesday, February 26		
Time:	10:00 a.m. to 12 noon		
Fee:	Member \$10	Nonmember \$15	

Come join us as Elle Bogle unravels the mystery of the unique and important wetlands called vernal pools. Learn how to properly identify, interact with, and protect these delicate and magical habitats which serve as both homes and essential breeding grounds to many animals including blue spotted salamanders, wood frogs, and fairy shrimp. **Elle Bogle** is a passionate outdoor educator and adventurer who takes pride in connecting people with the beauty of nature. She has been working as a naturalist with Washtenaw County Parks and Recreation Commission for four years and as an environmental specialist with the Ann Arbor Public Schools for five years. Her specialties are amphibians and reptiles, dragonflies, and mindfulness in nature. She is an avid reader and book lover who also enjoys traveling, kayaking, hiking, and spending time with her family.

NA33 Planet Earth II: Islands and Mountains

ONLINE:A Zoom invitation link will be sent one day before each class session begins.Presenter:Linda GintowtDates:Fridays, March 7 and 14Time:10:00 a.m. to 12 noonFee:Member \$20Nonmember \$30

This breathtaking British documentary series, narrated by David Attenborough, highlights incredible landscapes and dramatic moments in the lives of animals in a portrait of life on earth. Planet Earth II is a sequel to Planet Earth (TV Mini Series 2006), and was filmed in 40 different countries, with crews making 117 film trips, 2,089 total shooting days or over 5.7 years non-stop. This is the first BBC series to be produced in Ultra-high-definition 4k technology. Each episode covers a different habitat: islands, mountains, jungles, deserts, grasslands, and cities.

March 7Islands: The wildlife settlement of coastal islands, often where animals struggle
for survival, reflecting challenges for all life on Earth.

March 14 Mountains: Eagles, Red Foxes, Ibexes, Grizzlies, Snow Leopards and more.

Linda Gintowt holds an M.A. in drama from the University of Toronto. Linda served as the Elderwise Program Coordinator for five years. She is pleased to share her love of nature with Elderwise friends through this iconic series.

NA34 Discoveries in Lake Huron's Thunder Bay National Marine Sanctuary

A Zoom invitation link will be sent one day before class begins.		
Stephanie Gandulla		
Friday, March 21		
10:00 a.m. to 12 noon		
Member \$10	Nonmember \$15	
	Stephanie Gandulla Friday, March 21 10:00 a.m. to 12 noor	

Since its designation as the first freshwater national marine sanctuary in 2000, NOAA's Thunder Bay National Marine Sanctuary has worked to preserve a historically significant collection of shipwrecks through research and education, encouraging access to the rich maritime history of the Great Lakes. Collaborating with partners, this work has led to the discovery of shipwreck sites, such as the schooner barge *Ironton*, sunk in a collision in 1894. Join a sanctuary maritime archaeologist as they share the *Ironton*'s tragic story of loss, its exciting story of discovery, and learn more about the sanctuary's ongoing exploration of Lake Huron. **Stephanie Gandulla** is a maritime archaeologist and the Resource Protection Coordinator for NOAA's Thunder Bay National Marine Sanctuary, based in Alpena, Michigan. Working to protect the Great Lakes and its rich history through research, education, and outreach, Stephanie has led and participated in archaeological expeditions, on-water educational programs, and innovative interpretive initiatives.

POLITICS and CURRENT EVENTS

PO35 Taking Apart the News: Another Critical Year

ONLINE:	A Zoom invitation lir	nk will be sent one day before each class session begins.
Presenter:	Al Chambers	
Dates:	<u>Monday</u> , February 3, and <u>Friday</u> , March 28	
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$20	Nonmember \$30

Al Chambers' Taking Apart the News (TATN) classes will emphasize the 2024 Election. Who won and why? What has happened since? How is the defeated candidate and party handling the bitter loss? What seem to be the early implications for the Presidency, Congress, Supreme Court, and the U.S. population? How are other nations reacting, both allies and adversaries? These sessions will also review other major news and media coverage, plus look for a bit of humor! **Al Chambers** continues to focus on the power and speed of news, media, and technology, in this rapidly changing world. Taking Apart the News is in its 21st year at Elderwise.

PO36 William W. Cook: U–M Donor Extraordinaire

IN-PERSON:	The Elderwise classroom at the Vineyard Church		
Presenter:	Margaret Leary		
Date:	Wednesday, February 19		
Time:	10:00 a.m. to 12 noon		
Fee:	Member \$10	Nonmember \$15	

William W. Cook (1858–1930) graduated from the University of Michigan's LSA and Law School and donated the Martha Cook Building and the entire University of Michigan Law Quadrangle. This class will describe how a man who grew up in the small Michigan town of Hillsdale became a successful lawyer in Manhattan, helped to create trans-global communications, and became the nation's leading expert on corporation law. Cook was generous but eccentric, and racially biased by today's standards. Margaret Leary's presentation addresses critical changes in the role of philanthropy and of race in the last century, both at the university and nationally. **Margaret Leary** received a B.A. from Cornell University, an M.A. from the University of Minnesota, another from Eastern Michigan University, and a J.D. from the William Mitchell College of Law. She taught at the University of Michigan Law School and was director of the university's Law Library from 1984 to 2011. Margaret is the author of *Giving It All Away: The Story of William C. Cook and His Michigan Law Quadrangle* (University of Michigan Press, 2011).

PO37 American Politics Panel

ONLINE:	A Zoom invitation link will be sent one day before class begins.	
Presenters:	Jeffrey Bernstein, Michael Homel, and Larry Kestenbaum	
Date:	Wednesday, Februa	ıry 26
Time:	1:00 to 3:00 p.m.	
Fee:	Member \$10	Nonmember \$15

As our politics panel convenes at the start of a new administration, questions require answers. Did final 2024 election results differ from what they seemed in November? How did the transfer of power compare to four years ago? What do partisan majorities in Congress and the legislature predict for policy outcomes of the new president and Governor Whitmer? Who were the president's executive nominees? And what foreign and domestic crises demanded attention? Join us as we tangle with national and state political news. **Jeffrey Bernstein** studies and teaches political science and American politics at Eastern Michigan University (EMU). Jeffrey specializes in public opinion and political behavior. **Michael Homel** is Professor Emeritus of history at EMU. Mike's special expertise is in the fields of 20th century American history and American urban history. **Larry Kestenbaum** is the Washtenaw County Clerk/Register of Deeds. He is the creator and owner of the Internet's most comprehensive source for American political biography, *PoliticalGraveyard.com*.

PO38 Reflections on the "Forgotten War" in Sudan

ONLINE:A Zoom invitation link will be sent one day before class begins.Presenter:Michael FahyDate:Friday, February 28Time:10:00 a.m. to 12 noonFee:Member \$10

Michael is an anthropologist who has visited archaeological sites in Sudan, most recently in 2023, two months before the catastrophic war between two warring factions broke out in April of that year. Since then, as of August 2024, an estimated 16,000 people have been killed, more than 8 million have been internally displaced, and an additional 2 million have fled to neighboring countries. More than half of Sudan's 25.6 million face acute hunger or worse. Here in the West, this "Forgotten War" has received little to no attention. Since the outbreak of the war, Michael has stayed in near-daily contact with two members of a Sudanese family who, having lost their since-ransacked home in Khartoum, fled to two other Sudanese cities before finally seeking refuge in Egypt. He will provide insight into the conflict through the lens of their experiences, and through a broader look at the history of the region and the global dimensions of putatively "local" conflicts, concluding with some suggestions about how, as conscientious citizens of the world, we might take some modest steps to help mitigate the suffering of those whose lives have been disrupted by conflict. **Michael Fahy** holds a Ph.D. degree in anthropology from the University of Michigan and taught for 20 years at the University's School of Education. He is an anthropologist of the Middle East, where he lived and pursued research for several years. Since 2004 Michael has offered presentations on Middle Eastern history and culture to American military personnel across the United States and Europe.

SCIENCE and TECHNOLOGY

SC39 How to Count Like an Egyptian

IN-PERSON:	The Elderwise classroom at the Vineyard Church		
Presenter:	Joan C. Jones		
Date:	Tuesday, January 14		
Time:	1:00 to 3:00 p.m.		
Fee:	Member \$10	Nonmember \$15	

All cultures, past and present, have used mathematics to make sense of and organize their lives. In this course we will explore some of the ways that different cultures have used mathematics for counting, trading, keeping track of time, and scheduling religious practices. We will look at ancient counting systems (Egyptian, Babylonian, Mayan), as well as the adoption of Hindu Arabic numbers. The interactive sessions of this course do not require expertise in mathematics, but should interest those who are curious about the beliefs and lifestyles of other cultures. Prepare for a fun course with lots of hands-on activities. **Joan C. Jones** is Professor Emeritus of Mathematics from Eastern Michigan University, where she taught math for teachers. Her interests include the history of mathematics, especially how different cultures have used mathematical ideas, both formally and informally, throughout history.

SC40 Backing Up Your Computer

IN-PERSON:	The Elderwise classroom at the Vineyard Church		
Presenter:	Jim Keen		
Date:	Wednesday, February 12		
Time:	10:00 a.m. to 12 noon		
Fee:	Member \$10	Nonmember \$15	

If our computers and phones performed flawlessly, and we never ever deleted anything by accident, then we wouldn't have a need for backing up our data. Unfortunately, that's not how life goes. In this presentation, Jim Keen will make sense of the various ways we can keep our files safe. He will explore hard drives vs. "The Cloud," Apple Time Machine, Windows File History, Microsoft OneDrive, Google Drive, Apple iCloud, and more. Jim will also talk about the reasons for — and common methods of — backing up our data, so we will be able to decide what's best for our own situation. **Jim Keen** holds a B.A. in communications and an M.A. in educational studies from the University of Michigan. He currently owns and operates Keen Focus Technology Tutoring.

SC41 Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy

IN-PERSON: The Elderwise classroom at the Vineyard Church Maria G. Castro Presenter: Date: Thursday, February 27 Time: 1:00 to 3:00 p.m. Member \$10 Fee: Nonmember \$15

In 2019 Maria Castro and Pedro Lowenstein shared with us their research on immune mediated gene therapy. Maria will provide a progress report on their recent findings and the ongoing results of their clinical trial, which was recently completed at the University of Michigan. Maria also will share some exciting data related to immunotherapies and their use in treating incurable cancers. Maria and Pedro have devoted more than two decades to pursuing the immune mediated genetic treatment of cancer - medicine's "ultimate frontier." This gene-therapy strategy enables the human body to fight malignant brain cancer (and potentially other solid cancers) by employing genetically engineered viruses (vectors) to kill the tumor cells and elicit an anti-tumor immune response. Maria will also discuss the Phase I clinical trial at the University of Michigan and exciting developments which have revolutionized the treatment for lung cancer and melanoma. Maria G. Castro, Ph.D., is the R.C. Schneider Professor of Neurosurgery, Professor of Cell and Developmental Biology, and Program Director of the National Cancer Institute Cancer Biology Training grant at the University of Michigan Medical School. She dedicates her research to immune-mediated cancer therapies.

THEATER

TH42	EMU Theatre: The Rocky Horror Show		
	Book Music, and Lyrics by Richard O'Brien Directed by Phil Simmons Music Direction by R. MacKenzie Lewis Note: Suggested for mature audiences only		
Presenter:	Phil Simmons		
	Pre-Performance IN-PERSON Class:	<u>Wednesday</u> , February 12, 1:00 to 3:00 p.m. Elderwise classroom at the Vineyard Church	
	Matinee LIVE Performance:	Sunday, February 16, 2:00 p.m., Legacy Theatre, EMU Campus.	
	Post–Performance IN–PERSON Class:	<u>Tuesday</u> , February 25, 1:00 to 3:00 p.m. Elderwise classroom at the Vineyard Church	
Fees:	Members \$32; Nonmembers \$42	Includes classes and one ticket to the performance.	
	Extra Tickets are \$12 each.	Please see TH42A on the Registration Form.	
	EMU Emeritus faculty: Members \$20; Nonmembers \$30 [Two free tickets to the play from EMU.] Please contact the Elderwise office with your emeritus status and we will register you for the pre– and post–performance classes.		

Parking: Parking instructions and ticket information will be emailed to class registrants a few days before the performance.

In this cult classic, sweethearts Brad and Janet, stuck with a flat tire during a storm, discover the eerie mansion of Dr. Frank-N-Furter, a transvestite scientist. As their innocence is lost, Brad and Janet meet a houseful of wild characters, including a rocking biker and a creepy butler. Through elaborate dances and rock songs, Frank-N-Furter unveils his latest creation: a muscular man named "Rocky." We will talk about this show, how it came to exist, and what genres of musical theatre and theatre make up this romping piece. Phil Simmons is the Director and a professor of Musical Theater at Eastern Michigan University, and a card-carrying member of the Actors Equity Association. He has lectured and taught master classes in dance across the United States. Phil's passion is teaching the next generation of actors, singers, and dancers to be happy, thriving, career-long performers.

TH43 PTD Theatre: The Hat Box

Written by Eric Coble Directed by Karrie Waarala Note: Mature content and language.

Presenter:	Karrie Waarala		
	Pre-Performance IN-PERSON Class:	<u>Thursday</u> , February 13, 1:00 p.m. to 3:00 p.m. Elderwise classroom at the Vineyard Church	
	Matinee LIVE Performance:	<u>Wednesday</u> , February 19, 2:00 p.m., Riverside Arts Center 76 North Huron Street, Ypsilanti MI	
Fees:	Member \$25; Nonmember \$30	Includes class and one ticket to the performance.	
	Extra Tickets are \$15 each	Please see TH43A on the Registration Form.	

Do we ever really know our parents? Do we want to? Really? Two sisters are about to find out when they discover a hat box hidden in the back of their recently deceased father's closet. What sits inside sends them off to visit eccentric Aunt Esther and on an increasingly wild ride down memory lane. With surprising twists and hilarious turns, Eric Coble's new comedy of family lore revels in the bizarre and beautiful mysteries that make up a life. **Karrie Waarala** holds a Master of Fine Arts in Creative Writing from the University of Southern Maine, for which she wrote, produced, and performed her one-woman show, *LONG GONE: A Poetry Sideshow*, which debuted in Ypsilanti, MI, in 2011. She has directed, served as technical director, and appeared onstage for a number of PTD productions, and currently serves as PTD Productions Treasurer.

TH44 Gilbert and Sullivan: HMS Pinafore

IN-PERSON:The Elderwise classroom at the Vineyard ChurchPresenter:Todd MaslykDate:Thursday, March 13Time:1:00 to 3:00 p.m.Fee:Member \$10Nonmember \$15

An arranged partnership between England's foremost composer of classical music and its leading creator of light comic verse might appear to be a recipe for impossible expectations. And, for the first few years of their collaboration, the comic operas produced by William S. Gilbert and Arthur S. Sullivan proved to be a mixed bag of successes and disappointments. Beginning in 1878, however, with the debut of *HMS Pinafore* (or *The Lass That Loved a Sailor*), the team of Gilbert and Sullivan became an international sensation, evolving into a cultural institution in Great Britain and in her former colonies around the world. In this presentation, Todd Maslyk invites you to enter the Topsy–Turvy world of Gilbert and Sullivan, to investigate why their work continues to be staged more often than that of any author not named William Shakespeare, and to take a closer look at *HMS Pinafore*, which will be staged by the University of Michigan Gilbert and Sullivan Society (UMGASS) this April. **Todd Maslyk** is a doctoral candidate in the Department of Germanic Languages and Literatures at the University of Michigan, and the current president of UMGASS. He has been a Gilbert and Sullivan fan since a childhood encounter with *The Mikado* and is regularly to be found around campus in Ann Arbor pushing people in the direction of the nearest theater.

TOURS and FIELD TRIPS

Please let the Elderwise office know if you are unable to attend a tour. This gives students on the waitlist an opportunity to join. It also helps the onsite class assistant.

TO45 Food Gatherers: Volunteer Opportunity

OFFSITE:	Food Gatherers Facility, 1 Carrot Way, Ann Arbor
Guides:	Professional Staff of the Food Bank Program
Date:	Wednesday, January 22
Time:	1:00 to 3:00 p.m.
Enrollment:	This volunteer opportunity is limited to 20 attendees. A waitlist will be available.
Fee:	This volunteer opportunity is FREE, but you must register.
Required :	A Group Member Volunteer Waiver Form and more information will be sent to all registrants
	a few days prior to the tour. Please bring the form with you when you come to volunteer.

Food Gatherers rescues several tons of food daily that volunteers help process, inspect, and sort. Since Food Gatherers relies on donations from the community, they cannot predict what they will be getting from one day to the next, therefore specific tasks are often not determined until the day of the shift. Please be on time <u>with your</u> <u>waivers filled out</u>. (If you decide to fill out a waiver on site, please arrive a few minutes early to do so.)

NOTE #1: The professional staff at Food Gatherers know we are primarily seniors and will not ask our volunteers to move or lift heavy items.

NOTE #2: Volunteers must wear sensible closed-toed shoes (no sandals) and shirts with t-shirt length sleeves or longer. A head covering (hat, beanie, bandana, etc.) is required for most tasks. Hairnets will be provided if you need one. You may be in the Green Room which is temperature controlled around 50°F, so it's a good idea to bring an extra layer such as a sweatshirt. Also, keep in mind you may be working with open food and things can get a bit messy. If you are wearing clothing that does not comply with these guidelines, you will not be able to volunteer.

Driving directions and parking instructions will be sent to registrants a few days in advance of the tour.

TO46 Explore Detroit Art at UMMA

OFFSITE TOUR: University of Michigan Museum of Art (UMMA)

	525 South State Street, Ann Arbor
Guide:	Museum Docent
Date:	Wednesday, March 19
Time:	<u>2:00</u> to 3:00 p.m.
Enrollment:	This tour is limited to 15 attendees. A waitlist will be available.
Fee:	Member \$10 Nonmember \$15

Join an experienced UMMA docent in a guided tour of two dynamic temporary exhibitions. The first exhibition features three generations of Latinx artists from Southeast Michigan. *La Raza Art and Media Collective* was formed in the 1970s by a group of Latino/a students at the University of Michigan to give a voice to the cultural and political expression of Chicano, Hispanic, and Latin American communities both on campus and beyond. This exhibition revisits the 50th anniversary of the foundation of the RAM Collective to reflect on the profound impact of these visionary creators. The second exhibition highlights the photographic work of Metro Detroit Chinese American artist Jarod Lew, from the *Please Take Off Your Shoes* series, 2018–2021. It explores themes of identity, community, and displacement through portraits and still lifes set within suburban Southeast Michigan homes. The tour will begin in the UMMA lobby next to the Shop. Tour route and restrooms are both accessible by elevator. **The tour will be guided by an experienced volunteer docent**, who will select stops throughout the museum and facilitate group discussion. **Driving directions and parking information will be sent to class registrants a few days before the tour.**

TO47 Ypsilanti Historical Museum Tour

OFFSITE TOUR: 220 North Huron Street, YpsilantiGuide:John A. StewartDate:Friday, March 28Time:10:00 a.m. to 12 noonEnrollment:This tour is limited to 10 attendees. A waitlist will be available.Fee:Member \$10Nonmember \$15

The Ypsilanti Historical Museum's collections are housed in a handsome Italianate mansion built in 1860 by banker Asa Dow. The building's fourteen rooms are filled with 19th century furnishings and artifacts donated by the area's residents. It features two parlors, a country kitchen, a solarium, and rooms dedicated to crafts, costumes, music, tools, and toys. There is a room celebrating some of Ypsilanti's more notable past citizens, their industries, and their accomplishments. If time allows, we will descend to the basement for a quick look at the extensive city archives – which include items such as maps, photographs, directories, court records, tax rolls, and obituaries. The museum is operated and maintained by volunteers, most of whom have local connections, as well as by interns from the historic preservation program at Eastern Michigan University. **John A. Stewart** is a retired software developer with degrees in biology from the University of Michigan. He has served as a volunteer docent at the Ypsilanti Historical Museum for the past 13 years. **Driving directions and parking instructions will be emailed to class registrants a few days before the tour.**

IF POSSIBLE, PLEASE REGISTER ONLINE at www.elderwiselearning.org

REGISTRATION FORM — Elderwise Winter 2025 Program

Name		Email	
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Emergency Contact		Emergency Tel ()

Pre-registration is required for all Elderwise courses. You may register and pay by credit card online, or with a check by mail. Checks should be made payable to Elderwise. Please do not send cash payments by mail. Address: Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104. Before coming to the Elderwise office, please call or email first to be sure that someone is there to let you into the building and to assist you.

MEMBERSHIP FEE \$30

If you want to be a member and did not renew your membership in Fall 2024, now is the time to renew!

\$30 membership fee is good through June 30, 2025 (Fall 2024, Winter 2025, Spring 2025)......\$_____\$

				TO - Tour	7 - 7		
		C = Classroom H = Hybrid M = Fee for members	TH = Theater NM = Fee for nonme	TO = Tour mbers	Z = Zoom M	NM	Total
					\$	\$	\$
AA01	Н	The Hundred Guilder Print: Rembrandt and	Spirituality		10	15	
AA02	Ζ	The Museum of Modern Art in New York City	/		10	15	
CU03	Ζ	World Heritage Sites				30	
CU04		Ireland: The Intriguing Emerald Isle				15	
CU05	Ζ	Visiting the Top and Bottom of the World			10	15	
FL06	Ζ	Woman in the Dunes			10	15	
HI07		The Dust Bowl				30	
HI08	Ζ	Back-to-Back Housing in Birmingham, Eng	land		10	15	
HI09	С	Where Two Worlds Met: The Great Lakes Fu	r Trade		10	15	
HI10		The History of the Calendar				15	
HI11		Michigan's Polar Bear Experience in WW1				15	
HO12	С	Tiny Twisted Trees: An Introduction to Bonso	ai		10	15	
HO13		Vermicomposting: Create Nutritional Soil fo				25	
HO14	С	Watercoloring 101				20	
HO15		Planning Your Organic Raised Bed Garden				15	
LF16		Safe Driving for Seniors				15	
LF17		Stronger Bones Masterclass				15	
LF18		Downsizing and Decluttering				15	
LF19		An Update on Time-Restricted Eating				15	
LI20		Yiddish Author, Jonah Rosenfeld				15	
LI21		Brush Up Your Shakespeare				15	
LI22	Z	Book Club				45	
LI23		Serial Killers in Fiction and Film				15	
LI24		Strings Attached: Novels Featuring Puppets				30	
LI25		From Anecdote to Story				15	
LI26	С	The Fire This Time				30	

MU27 C The Red Shoes: Landmark Ballet Storytelling	10	15	
MU28 C The Magic of Brill Building Pop: Early 60s Songwriting Teams		30	
MU29 C Ballet Extraordinaire: The Ballets Russes	10	15	
MU30 C Our Many Voices Singing Free		15	
NA31 Z Generations: From Flora to Fauna	10	15	
NA32 C Vernal Pools		15	
NA33 Z Planet Earth II: Islands and Mountains	20	30	
NA34 Z Discoveries in Lake Huron's Thunder Bay National Marine Sanctuary		15	
PO35 Z Taking Apart the News: Another Critical Year		30	
PO36 C William W. Cook, U–M Donor Extraordinaire		15	
PO37 Z American Politics Panel	10	15	
PO38 Z Reflections on the "Forgotten War" in Sudan	10	15	
SC39 C How to Count Like an Egyptian	10	15	
SC40 C Backing Up Your Computer	10	15	
SC41 C Advances on Medicine's Ultimate Frontier: Cancer Immunotherapy	10	15	
TH42 TH EMU: The Rocky Horror Show		42	
(In-person pre-play and in-person post-play class and live performance)			
TH42A EMU: The Rocky Horror Show Extra Tickets		12	
TH43 TH PTD: The Hat Box		30	
(In-person pre-play class and live performance)			
TH43A PTD: The Hat Box Extra Tickets	15	15	
TH44 C Gilbert and Sullivan: HMS Pinafore		15	
TO45 TO Food Gatherers Volunteer Opportunity	FREF	(Cheo	ck box to register)
TO46 TO Explore Detroit Art at UMMA		15	
TO47 TO Ypsilanti Historical Museum Tour	10	15	

To expedite your registration process and to help our staff, we encourage all Elderwise participants to use online registration. Just visit our website at www.elderwiselearning.org. If you need help registering, feel free to contact the Elderwise office at (734) 340–4691 and we will be pleased to assist you. If you are unable to register online, please complete and mail this form, along with your check, to Elderwise, Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor, MI 48104.

Elderwise Credit Policy:		Ċ.
1) In the event that Elderwise must cancel a class or other program activity	Annual Membership Fee \$30 (If you renewed your membership in Fall 2024 you	ə are all set.)
for any reason, including inclement weather or instructor illness, class fees will be refunded.	Contribution to Annual Fund	\$
 Elderwise does not offer class–fee credits or refunds to members or nonmembers who cancel their <u>own</u> registrations <u>or cannot make it to class</u>. 	Courses, Classes, Tours	\$
Instructor preferences may require placing a limit on class size.		^
Registrations are processed in the order in which they are received.	TOTAL FOR WINTER 2025	ې

NOTES



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