



OSHER  
LIFELONG  
LEARNING  
INSTITUTE

# OLLI at Pitt

Learning programs for adults age 50  
and better at the University of Pittsburgh

**Summer 2022  
In-person + Online  
Course Catalog**

**It's Time for You!**

**ONLINE REGISTRATION OPENS APRIL 11, 2022 • PHONE REGISTRATION OPENS APRIL 18, 2022**





## Summer 2022 Term

Osher Lifelong Learning Institute  
University of Pittsburgh

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### DATES AND DEADLINES

May 9	OLLI Session 1 Monday courses begin
May 17	OLLI Session 1 (Tuesday – Friday courses begin this week)
May 30	University closed (Memorial Day), no classes
June 18	OLLI Session 1 ends
June 20	University closed (Juneteenth holiday), no classes
June 21–24	OLLI break (no OLLI courses meet)
June 27	OLLI Session 2 begins
July 4	University closed (Independence Day), no classes
August 1	OLLI Session 2 ends

### About OLLI

The Osher Lifelong Learning Institute (OLLI) is a program in the College of General Studies at the University of Pittsburgh. Established in 2005, it is supported by the Bernard Osher Foundation and is one of 123 OLLIs located on college campuses throughout the United States. The National Resource Center for Osher Lifelong Learning Institutes, located at the Northwestern University, provides technical assistance to the OLLI programs across the country.

### Mission/Purpose

The Osher Lifelong Learning Institute seeks to create a dedicated intellectual environment for older adult students, nurturing a lifelong passion for learning. The Osher Lifelong Learning Institute fosters lifelong learning through courses and programs that engage the learner, provide social interaction, and enrich lives. OLLI's faculty, which includes University of Pittsburgh professors, retired faculty and community experts, challenge participants to understand the cultural forces of today, to interact socially and intellectually with one another, and to live empowered lives.

# WELCOME

## to OLLI at Pitt!



### **If you are 50 or better and have a curious mind, join us!**

The Osher Lifelong Learning Institute (OLLI) at the University of Pittsburgh offers learning opportunities designed specifically for older adult learners. Reasonable membership fees and generous financial assistance make OLLI membership possible for anyone who would like to join us. Upon becoming a member, you have immediate access to courses, special classes, lectures, and events.

In the Summer 2022 term, we have an exciting group of both in-person and online courses and lectures, and events. Even more, including local tours, will be added in days to come. Our excellent teachers are from the University and from the diverse and talent-filled Pittsburgh area and beyond.

OLLI at Pitt members want you to know that they are a welcoming and friendly group. No previous affiliation with the University of Pittsburgh and no college experience is needed to become a member. We look forward to seeing you soon!

**It's Time for YOU!**

# Membership and Registration

An active OLLI Membership is required to register for courses

## Choose your membership

### Annual Membership — \$250

(Includes Summer 2022, Fall 2022, and Spring 2023 terms)

### Term Membership — \$150

(Includes Summer 2022 term)

### 2nd Installment Membership — \$100

(For those who purchased a term membership for Spring 2022 term, this option adds two additional terms to your membership — Summer 2022 and Fall 2022.)

There will be no refunds issued for membership payments after May 15, 2022, unless OLLI cancels the term.

Membership includes access to unlimited in-person and online OLLI courses, lectures, special events, and groups. Waiting lists for courses may apply depending on popularity, subject matter, or, if the course is in-person, the physical size of the classroom assigned. Additionally, membership includes two preapproved undergraduate courses for auditing.



**In the Summer 2022 term we have planned an exciting group of both in-person and online courses, lectures, and events.**

**REGISTER AT:**

**[HTTPS://WWW.CAMPUSCE.NET/OLLIPITT/](https://www.campusce.net/ollipitt/)**

## How to Buy Memberships and Register

**The easiest and fastest way to register is to do so online at <https://www.campusce.net/ollipitt/>**

1. SIGN IN to the OLLI Registration website using your username and password—**OR**—create an account if you do not already have one. Click on the “Sign In” link in the upper right-hand side of the page. (After putting in your username and password, you will know you are signed in if “Welcome, <your first name>” appears at the upper left corner of the page under the OLLI logo.)
2. If you have been a member, go to “My Account” and then “My Membership”. Review your memberships to see if there is a membership that will not expire until July 2022 or later. Active memberships have an expiration date that is in a gray color.
3. Proceed to Home Page and the Renew/Become a Member area. ADD a membership to your cart if you need to purchase a membership.
4. Next, proceed to review courses of interest. From the Homepage, click on OLLI Session #1, Session #2, OLLI Courses by Topic, Audit Courses, or Lectures and Events. Locate a desired course and click on “ADD TO CART.” (Note: you can review courses by day of week and/or topic on the registration website.) If you do NOT see the blue ADD TO CART button, you are either not signed into your account, you need to add a membership type to your cart prior to selecting courses, or registration has not yet begun.
5. If more courses are desired after you add a course to your shopping cart, click “CONTINUE SHOPPING” to locate additional courses and add to your shopping cart.
6. After all courses have been selected, go to your shopping cart to complete the check-out process, and pay for your membership, if necessary. **Be sure to click through ALL Screens** until completion of the process and the payment page, if necessary.

**NOTE:** If you do not see an “Add to Cart” button under a course, there are three possible reasons: 1) Registration has not begun yet. 2) You are a paid, current member and have not signed in (check for “Welcome YourFirstName” in the top left-hand corner of the screen). 3) You are not a current member, your membership is expired, or you have not added a membership selection to your cart FIRST, before adding a course.

### Difficulties?

If there are any difficulties with registrations, please leave a message on our main phone line: 412-624-7308 or email us at [osher@pitt.edu](mailto:osher@pitt.edu).

## Covid-19 Policy

While OLLI is set to have some in-person activities for summer term, University guidelines are in place to prevent the spread of Covid-19 and create a safe and healthy environment for everyone. Additionally, other facilities where OLLI courses are held may have their own Covid-19 policies. All in-person courses are offered with the understanding that they may be transitioned to an online course at any time due to the status of coronavirus. If this should occur, we will prepare to move the course online. There will be no refunds if this occurs, as members can continue a course online if the need presents. All OLLI members who attend any OLLI course or event, on or off campus, or are on campus for any reason must follow the University's or other facilities' Covid-19 policies, including vaccination policies. Those who choose not to will face suspension from the program.

## Add Us to Your List of Email Contacts

Make sure you add [osher@pitt.edu](mailto:osher@pitt.edu) and [osher@olli.pitt.edu](mailto:osher@olli.pitt.edu) to your list of email contacts! By adding our email addresses to your list of contacts, you will ensure that you receive the weekly, member exclusive, OLLI at Pitt Updates eNewsletter in your inbox. If you don't, our newsletter and possibly your online course access emails may land in your junk/spam emails.

Email is the primary way we have of informing you of special events and courses that come up after the catalog has been published. It is also the way you receive course access information for online courses. Every email provider has a different way of adding contacts.

Remember to contact the OLLI office if you have a change in your email address.

## Choose your favorite courses based on the topics, days, and times that interest you!

Courses are offered for your exploration, enjoyment, or academic interests.

**Academic** — these courses are like undergraduate college courses with the instructor lecturing most of the time.

**Exploration** — more “hands on” oriented courses: OR may be an academic topic primarily taught through interactive group discussion and practice.

**Enjoyment** — most of class is spent with the students discussing the topic, practicing a skill, or the primary purpose is for group sharing and discussion.



## Scholarships

We believe everyone should have the opportunity to enjoy and participate in stimulating lifelong learning. Scholarships for the Osher Lifelong Learning Institute (OLLI) are based on financial need and are awarded to people ages 50 and older who are interested in attending our program. The scholarships from the Bobenage/Szczepanski Membership Fund partially offset the cost of OLLI memberships. All OLLI members pay something toward a membership, but our awards can make OLLI possible for those who might not otherwise be able to join.

Financial assistance is for one term and must be applied for each term.

A simple application form is used and must be entirely completed to receive consideration. All scholarship applications for Summer term 2022 must be received by Monday, May 9, 2022.

### Awards

Scholarship awards range from \$50 to \$100 per term. Notification of your award and the amount of the award will be sent within one week of receipt of your application. Please contact the office to receive a scholarship application and for more information by emailing [osher@pitt.edu](mailto:osher@pitt.edu).

# SESSION 1 | SCHEDULE AT-A-GLANCE | SUMMER 2022

MONDAY, MAY 9 – SATURDAY, JUNE 18, 2022

(Monday courses begin May 9. Tuesday through Friday courses begin May 17)

**P** Indicates an in-person course. All other courses take place online.

## MORNING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>10–11:30 a.m.</b> History of the Movie Musical, Part 1 SAM AND CANDY CAPONEGRO	<b>9–10 a.m.</b> Better Balance! Steady and Strong! DIANE MARKOVITZ	<b>9–10 a.m.</b> Gentle Yoga JILL CLARY	<b>10–11:30 a.m.</b> Advancing Your Watercolor Practice MELISSA TAI	<b>10–11 a.m.</b> Dance and Be Fit ROLAND FORD
Sketch Trees, Rocks, and Mountains with Brush Pen ELAINE BERGSTROM	<b>10–11:30 a.m.</b> Beginning Level French: Everyday Vocabulary CATHLEEN SENDEK-SAPP	<b>9:30–11:30 a.m.</b> Collage and the Creative Process ANN ROSENTHAL	And They Call This a Democracy? On the Margins in American Literature KEN BOAS	<b>10–11:30 a.m.</b> Forward to the Past: Social and Political Impact of 60s Popular Music DAVID CRIPPEN
<b>10–11:50 a.m.</b> Icons and Iconography: Writing God SANDRA COLLINS <b>P</b>	Hellenistic Philosophy GREGORY STROM	<b>10–11 a.m.</b> Bone Health, Steady and Strong! <b>P</b> DIANE MARKOVITZ	Civil War Women JOHN BURT	Intermediate French Exploration: Hypothetically Speaking CATHLEEN SENDEK-SAPP
Race, Class, and Education, Part 2: Schools That Work RICHARD WERTHEIMER <b>P</b>	<b>10–11:50 a.m.</b> The Politics of Professional Wrestling <b>P</b> ANDREW LOTZ	<b>10–11:30 a.m.</b> Industrial Giant: America and the Crises of the Gilded Age JARED DAY	<b>10–11:50 a.m.</b> The History of Women and Gender in the West <b>P</b> JULIA HUDSON-RICHARDS	
<b>11:30 a.m.–12:30 a.m.</b> Chair Yoga	<b>10 a.m.–12 p.m.</b> Robot Revolution: From Automata to Artificial Intelligence <b>P</b> JEFF AZIZ	<b>10–11:50 a.m.</b> The Global Village <b>P</b> ALAN IRVINE	Wild Edible Plants of Late Spring <b>P</b> MELISSA SOKULSKI	
		Through Varied Lenses: Science as Reality ABBY MENDELSON	The Life and Works of Rembrandt <b>P</b> RUSSELL WALKER	
		<b>10:15–11:15 a.m.</b> Chakra Yoga All Levels JILL CLARY		

**REVISED  
05/10/2022**

## AFTERNOON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1:15 p.m.</b> <b>Monday Master Class</b> (Lectures will end at varying times. See times beginning on page 24.)	<b>1–2:30 p.m.</b> Advanced Intermediate French Exploration: Miscellaneous Topics CATHLEEN SENDEK-SAPP	<b>1–2:30 p.m.</b> Contemporary American Short Stories DAVID WALTON	<b>1–2:30 p.m.</b> Advanced Conversational Spanish MARIA FRANCO DE GOMEZ	<b>1–2:30 p.m.</b> The Many Faces of Trauma: Personal and Intergenerational, Communal and National BRIDGET KEOWN AND GUESTS
	Andy Warhol's World History GRACE MARSTON	Intermediate Spanish MARIA FRANCO DE GOMEZ	Beginner Watercolors MELISSA TAI	
	Ethics Thought Experiments SARAH ROSENSEN	<b>1–2:50 p.m.</b> Chinese Traditions for Health <b>P</b> XINRAN LIU	Contemporary Asian Cinema LUCY FISCHER	<b>1–2:50 p.m.</b> Walking the East End JAY STEELE
	Study Group: The Role of Women in Contemporary Extremist Movements RALPH BANGS	History of Extremist Movements in the United States <b>P</b> LOUISE MAYO	<b>1–2:50 p.m.</b> The Bauhaus and the Masters That Changed the World JEFFREY SWOGER	<b>Cancelled</b>
	<b>1–2:50 p.m.</b> Great Musicians who Died Too Young: A Journey of Inspiration and Curiosity <b>P</b> OWEN CANTOR	Unsung Heroes of 20th Century Science and Technology <b>Cancelled</b>	Behavioral Economics in the Wild <b>P</b> XIAOHONG WANG	
	A Study of Democratic Presidents from Grover Cleveland to Joseph Biden MILES RICHARDS	<b>1:30–3 p.m.</b> Operatic High Jinks and High Art MARILYN EGAN		
<b>Cancelled</b>	<b>3–4:30 p.m.</b> Beginner Spanish KAREN GOLDMAN	<b>3–4:30 p.m.</b> The "Swing" Era: Jazz at Its Peak ROBERT JOYCE		
	History of Modern Yoga DANIEL HEIFETZ			

### SATURDAY

**10–11:50 a.m.**

Photography Around Town **P**  
GERMAINE WATKINS



# SESSION 2 | SCHEDULE AT-A-GLANCE | SUMMER 2022

MONDAY, JUNE 27 – MONDAY, AUGUST 1, 2022

**P**

Indicates an in-person course. All other courses take place online.

## MORNING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>10–11:30 a.m.</b> Comedy Explored: Is It Just for a Laugh? ORIN JAMES	<b>9–10 a.m.</b> Better Balance! Steady and Strong! (continued)	<b>9–10 a.m.</b> Gentle Yoga (continued)	<b>10–11:30 a.m.</b> Advancing Your Watercolor Practice (continued)	<b>10–11 a.m.</b> Dance and Be Fit ROLAND FORD
<b>10–11:30 a.m.</b> History of the Movie Musical, Part 2 SAM AND CANDY CAPONEGRO	<b>10–11:30 a.m.</b> Beginning Level French: Everyday Vocabulary (continued)	<b>10–11 a.m.</b> Bone Health, Steady and Strong! (continued)	<b>10–11:30 a.m.</b> Bio-cultural Perspectives on Aging: Lessons from Japan MELISSA MELBY	<b>10–11:30 a.m.</b> Broadway and the Great American Songbook RAYMOND UY
<b>10–11:50 a.m.</b> Nutrition, Life in a “New Normal”: Back to Basics JUDY DODD	<b>10–11:50 a.m.</b> Fantastic and Ferocious Fungi MELISSA SOKULSKI	<b>10–11:30 a.m.</b> The People’s Empire: British History, 1603–1760 JARED DAY	<b>10–11:50 a.m.</b> Go Beyond Surviving and Learn How to Thrive in the New Normal ESTHER JACKSON	<b>10–11:50 a.m.</b> Intermediate French Exploration: Hypothetically Speaking (continued)
<b>11–11:50 a.m.</b> Down the Rabbit Hole: The World of Lewis Carroll ELENI ANASTASIOU <b>P</b>	<b>11–11:50 a.m.</b> Neoplatonism GREGORY STROM	<b>11–11:50 a.m.</b> This Endless War: The First Wave of Iraq/Afghanistan Fiction ABBY MENDELSON	<b>11–11:50 a.m.</b> Writing Vignette SANDRA GOULD FORD	
<b>11:30 a.m.–12:30 a.m.</b> Take Your Summer Garden to the Next Level DOUG OSTER	<b>11:30 a.m.–12:30 a.m.</b> The Scramble for Africa or How the African Countries Got Their Shapes L. JON GROGAN <b>P</b>	<b>11:30 a.m.–12:30 a.m.</b> How Did Sex Become a “Sin”? REBECCA DENOVA <b>P</b>		
<b>11:30 a.m.–12:30 a.m.</b> Chair Yoga cont.		<b>11:30 a.m.–12:30 a.m.</b> Chakra Yoga All Levels (continued)		

## AFTERNOON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>1:15 p.m.</b> <b>Monday Master Class</b> (Lectures will end at varying times. See times beginning on page 24.)	<b>1–2:30 p.m.</b> Advanced Intermediate French Exploration: Miscellaneous Topics (continued)	<b>1–2:30 p.m.</b> Mythology of the Ancient and Modern World: Monsters and the Misunderstood MARCIE PERSYN	<b>1–2:30 p.m.</b> Beginner Watercolors (continued)
	<b>1–2:50 p.m.</b> Harnessing the Power of Your iPhone RICHARD FITZGIBBON	<b>1–2:50 p.m.</b> Fiction Writing: The Short Story JARED LEMUS <b>P</b>	<b>1–2:50 p.m.</b> Wisdoms of Pearl: The Life and Legacy of Pearl S. Buck JAY COLE
	<b>2–3:30 p.m.</b> Animals in Research GABRIELLA HAHN	<b>2–3:30 p.m.</b> The Soul of Pittsburgh Michael Canton <b>P</b>	<b>2–3:30 p.m.</b> Nineteenth Century Romanticism in Art MATTHEW HILEMAN
	<b>3–4:30 p.m.</b> Watching World War II at the Movies MICHAEL YOUNG <b>P</b>		
	<b>3–4:30 p.m.</b> Beginner Spanish (continued)		
	<b>4–5:50 p.m.</b> Singers/Songwriters of Rock, 2 ROBERT JOYCE		
	<b>4–5:50 p.m.</b> Introduction to Law Enforcement SHAWN ELLIES <b>P</b>		

Cancelled

**REVISED  
05/10/2022**

## COURSES BY TOPIC | SUMMER 2022

Clicking on each course title will take you to its course description in the catalog.

See At a Glance on Pages 6 and 7 to verify whether a course is online or in person.

### Art History and Architecture

Andy Warhol's World History	12
Nineteenth Century Romanticism in Art	23
Medieval and Renaissance Art in the Region ●	20
The Bauhaus and the Masters That Changed the World ●	17
The Life and Works of Rembrandt ●	16

### Economics and Mathematics

Behavioral Economics in the Wild ●	17
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### Film, Music, and Theater

Broadway and the Great American Songbook	23
Contemporary Asian Cinema	17
Forward to the Past: Social and Political Impact of 60s Popular Music	17
Great Musicians who Died Too Young: A Journey of Inspiration and Curiosity ●	12
History of the Movie Musical, Part 1	10
History of the Movie Musical, Part 2	19
Operatic High Jinks and High Art	15
Singers/Songwriters of Rock, 2	21
The Soul of Pittsburgh ●	22
The "Swing" Era: Jazz at Its Peak	15

### Fitness, Health, and Self Interest

Better Balance! Steady and Strong!	10
Bone Health, Steady and Strong! ●	13
Chakra Yoga All Levels	14
Chinese Traditions for Health ●	14
Dance and Be Fit	17
Dance and Be Fit ●	23
Gentle Yoga	13
Go Beyond Surviving and Learn How to Thrive in the New Normal	23
Nutrition, Life in a "New Normal": Back to Basics	19
Take Your Summer Garden to the Next Level ●	19
Walking the East End ●	18
Wild Edible Plants of Late Spring ●	16

### History, Classics, and Philosophy

Civil War Women	16
Comedy Explored: Is It Just for a Laugh?	19
Hellenistic Philosophy	11
History of Extremist Movements in the United States ●	15
History of Modern Yoga	13
Industrial Giant: America and the Crises of the Gilded Age	13
Mythology of the Ancient and Modern World: Monsters and the Misunderstood	22
Neoplatonism	20
The History of Women and Gender in the West ●	16
The People's Empire: British History, 1603–1760	21
The Scramble for Africa or How the African Countries Got Their Shapes ●	20
Watching World War II at the Movies ●	21



## COURSES BY TOPIC | SUMMER 2022 (CONTINUED)

Clicking on each course title will take you to its course description in the catalog.

● Indicates an in-person course. All other courses take place online.

### Language Studies

Advanced Conversational Spanish	16
Advanced Intermediate French Exploration: Miscellaneous Topics	11
Beginner Spanish	13
Beginning Level French: Everyday Vocabulary	11
Intermediate French Exploration: Hypothetically Speaking	17
Intermediate Spanish	14

### Literature and Creative Writing

And They Call This a Democracy? On the Margins in American Literature	15
Contemporary American Short Stories	14
Down the Rabbit Hole: The World of Lewis Carroll ●	19
Fiction Writing: The Short Story ●	22
The Wonderful World of Oscar Wilde	11
This Endless War: The First Wave of Iraq/Afghanistan Fiction ●	21
Through Varied Lenses: Science as Reality ●	14
Wisdoms of Pearl: The Life and Legacy of Pearl S. Buck	23
Writing Through Art	16
Writing Vignette	23

### Political/Social Sciences and Society

A Study of Democratic Presidents from Grover Cleveland to Joseph Biden ●	12
Bio-cultural Perspectives on Aging: Lessons from Japan	22
Ethics Thought Experiments	12
Introduction to Law Enforcement ●	21
Race, Class, and Education, Part 2: Schools That Work ●	10
Study Group: The Role of Women in Contemporary Extremist Movements	12
The Global Village ●	14
The Many Faces of Trauma: Personal and Intergenerational, Communal and National	18
The Politics of Professional Wrestling ●	11

### Religious Studies

How Did Sex Become a "Sin"? ●	22
Icons and Iconography: Writing God ●	10

### Science, Technology, and Medicine

Animals in Research ●	20
Fantastic and Ferocious Fungi	20
Harnessing the Power of Your iPhone	20
Robot Revolution: From Automata to Artificial Intelligence ●	11
Unsung Heroes of 20th Century Science and Technology ●	15

### Visual and Performing Arts

Advancing Your Watercolor Practice	15
Beginner Watercolors	16
Collage and the Creative Process	13
Photography Around Town ●	18
Sketch Trees, Rocks, and Mountains with Brush Pen	10

# OLLI Course Descriptions

## Session 1: Monday, May 9 – Saturday, June 18, 2022

Only Monday and Saturday classes begin the week of May 9. All other classes (Tuesday through Friday) begin May 17.

### MONDAY

#### 10–11:30 a.m.

##### **History of the Movie Musical, Part 1**

According to some experts, singing and musical show tunes lead to mental clarity. True or not, this course will explore the history of the movie musical, one of America's true art forms. Beginning with, "The Jazz Singer" in 1927, film musicals changed the entertainment industry. In Part 1 the course will cover movie musicals from the late 1920s through the 1950s. Some crowd favorites are sure to be among them.

*Enjoyment • Sam and Candy Caponegro*

##### **Sketch Trees, Rocks, and Mountains with Brush Pen**

Learn brushstrokes and tonal gradations to sketch nature with an Asian flare. See the natural world around you in new ways as you connect with your backyard, landscapes on hikes, or beautiful travel destinations. Your instructor is a professional artist who guides you through demonstrations and makes observations about your work in a friendly supportive atmosphere. All levels from novice to advanced are invited to grab a sketchbook and portable Sumi brush pen to participate.

*Enjoyment • Elaine Bergstrom*

#### 10–11:50 a.m.

##### **Icons and Iconography: Writing God**

IN-PERSON COURSE

Icons, viewed as the art of Eastern Christianity, are those images of flat affect that to the untrained eye convey a stylized, fixed interpretation of holy figures and saints. To the Eastern Christian, however, this is not art: this is written scripture where the style and form are contained within rigid parameters, allowing the viewer to be formed as well as informed by the image. This is a sacred portal into the dynamism of mystery, the discovery of that which is discoverable but hidden. This course will offer a general survey of iconography, providing common guidelines derived primarily from Christian symbolism, which will then follow us through our consideration of some of the most important and significant icons of the Christian East.

*Academic • Sandra Collins*

##### **Race, Class, and Education, Part 2: Schools That Work**

IN-PERSON COURSE

After taking a deep dive in the first course in this series: "Race, Class and Education in Pittsburgh," participants requested a follow-up course to examine schools that are designed to address these issues and have a proven success with their students. This second course will take a close look at how to measure the quality of schools that succeed with students from low-income families, students of color, and students who read far

below grade level. Case studies will be presented from both local and national schools that consciously address the specific needs of many urban students and help them to successfully move to the next level of education or employment. What these schools have in common is a passionate drive to empower students and open doors to the future. Note: this is a stand-alone course. Participants need not have taken the first course in the series.

*Academic • Richard Wertheimer*

#### 1:15 p.m.

##### **Monday Master Classes**

(See page 24 for class descriptions and end times)

### TUESDAY

#### 9–10 a.m.

##### **Better Balance! Steady and Strong!**

Are you looking for an exercise program designed to improve your everyday life? This course, led by a physical therapist, will focus on balance and core strengthening exercises. Come join the fun and learn a program designed to improve your posture and daily function while also decreasing your risk of falls and injury. No special equipment needed, and most of the exercises are completed standing. No part of the program involves getting up and down from the floor. This program is suitable for beginners yet appropriate for those with more exercise experience as it can be adapted to fit individual needs.

*Enjoyment • Diane Markovitz*

\*Signifies courses with limited enrollment

## 10–11:30 a.m.

### Beginning Level French: Everyday Vocabulary\*

In this 10-week beginning level course, our focus will be on building up a bank of everyday vocabulary. Supporting grammar structures will also be presented to allow participants to learn how to apply those words to communicate across a variety of situations.

*Exploration • Cathleen Sendek-Sapp*

### Hellenistic Philosophy

The Hellenistic period followed the great achievements of ancient philosophy in the work of Plato and Aristotle. It gave rise to a startlingly diverse variety of philosophical movements whose ideas continue to exert a profound influence on our culture. This course will examine three of the most important of these movements — Stoicism, Epicureanism, and Skepticism — with particular attention to how their central claims about how to live represent strategies for coping with the traumatic feeling (familiar to many these days) that civilization has lost its way.

*Academic • Gregory Strom*

### The Wonderful World of Oscar Wilde

Everyone has read a quote by Oscar Wilde, whether in a book, on a mug, or across the internet. But behind his witty one-liners, Oscar Wilde was a sharp social critic, an Irish nationalist, a husband, a father, and a queer pioneer. This class will sample Wilde's life works, including his only novel, his plays, poetry, and essays, so that we come to understand the man himself and his enduring impact on our culture, art, and humor.

*Academic • Bridget Keown*

## 10–11:50 a.m.

### The Politics of Professional Wrestling

IN-PERSON COURSE

To the outsider, professional wrestling is often seen as a diversion for kids or the “lower class.” Yet professional wrestling has several ways that it is interwoven with politics and political ideas, and a study of the activity from the lens of politics yields fascinating outcomes. This course will examine in-the-ring moments, including politically charged characters, questionable international contracts, class, and gender relations, and even a defection to Iraq during the first Gulf War. It will also consider out-of-the-ring factors: the politics of the business itself and how it developed, the real-life political careers of some of those involved (including mayors, governors, and even a president), and the very way that the language of professional wrestling (developed from the carnival trade) can help explain politician behaviors within governmental systems in some surprisingly useful and insightful ways. Whether you know nothing about professional wrestling or are a long-time fan, this class will be a great way to understand a very political phenomenon and an intriguing subculture of sports entertainment.

*Academic • Andrew Lotz*

## 10 a.m.–12 p.m.

### Robot Revolution: From Automata to Artificial Intelligence

IN-PERSON COURSE

This course will look at what Sherry Turkle has called “The Robotic Moment.” In materials ranging from actual advertisements for domestic robots to recent film and television, we will explore a strange time—our time—in which we are invited to imagine emotional and even romantic relationships with emerging technology. In critical objects including E.T.A. Hoffmann's “The Sandman,” “2001: A Space Odyssey,” and the HBO series “Westworld,” we will explore the evolving relationship between humanity and the machines we have made in our image, touching upon the philosophy of artificial intelligence and Freud's category of “the uncanny.”

*Academic • Jeff Aziz*

## 1–2:30 p.m.

### Advanced Intermediate French Exploration: Miscellaneous Topics\*

This 10-week course is designed for those who have taken several French courses and are interested in strengthening their comprehension skills. Each week's lesson centers on a selected topic with the goal of building and recalling useful vocabulary. The class is conducted for the most part in French. No text is required.

*Exploration • Cathleen Sendek-Sapp*



## Andy Warhol's World History

This course will examine how historical events in the United States and around the world impacted the artwork and life of Andy Warhol. Each meeting will focus on a different decade of Warhol's life; from the 1930s to the 1980s. We will cover topics such as the Great Depression, World War II, the Red Scare, the assassination of JFK, Ping-pong Diplomacy, the Iranian Revolution, and the AIDS epidemic. Participants are encouraged to share their own memories of the historical events we discuss. The presentations will feature artworks from the permanent collection of the Andy Warhol Museum, including works rarely on public display. Many critics considered Warhol to be "a mirror of his time." This course offers an artistic and historical perspective on the times that he reflected in his art.

*Academic • Grace Marston*

## Ethics Thought Experiments

In this interactive online discussion course, we will explore famous philosophical thought experiments and their practical applications. How does the trolley problem relate to the question of whether self-driving cars should be programmed to protect passengers inside the car or the pedestrians outside the car if brakes fail? What does John Rawls' "veil of ignorance" thought experiment teach us about how to set up a just society? Participants will receive electronic handouts that we will study during the class sessions. Come join the conversation!

*Enjoyment • Sarah Rosenson*

## Study Group: The Role of Women in Contemporary Extremist Movements

Using the book "Sisters in Hate: American Women and White Extremism," we will examine and discuss how women become drawn to, indoctrinated, and radicalized into white nationalism and extremist groups. Often overlooked in discussion, women, particularly white women, are increasingly enmeshed in extremist causes. We will learn how their role is very complex, sometimes contradictory, and increasingly central to these causes. It is suggested that participants read approximately 50 pages each week to prepare for class. Other materials will be provided and guest speakers, who are local leaders in understanding extremist forces, will be invited. Ultimately, possible interventions and solutions will be emphasized.

*Exploration • Ralph Bangs*

## 1–2:50 p.m.

### Great Musicians who Died Too Young: A Journey of Inspiration and Curiosity

IN-PERSON COURSE

It's a well-known phenomenon—many of history's most beloved musicians have died young. Many greats in history such as Gershwin, Schubert, Mozart, Mendelssohn, John Coltrane, and Jim Morrison all died before reaching the age of 40. While not looking for answers, in this four-week course we will conjure up "what-ifs" about these talents had they lived longer.

*Enjoyment • Owen Cantor*

## A Study of Democratic Presidents from Grover Cleveland to Joseph Biden

IN-PERSON COURSE

This course is a study of the Democratic presidencies ranging from Grover Cleveland to Joseph Biden—and the national transformation of the Democratic Party during this period. Cleveland was the only Democrat elected between the Civil War and the early 20th century. In many ways, Cleveland had more in common with modern Republicans than current Democrats. By the early 20th century, Democrats had become more progressive in economic policies. The main change was that the party evolved from being a party of southern white supremacy to northern urban liberalism. Much of this process occurred amid Franklin D. Roosevelt's New Deal. The course will examine the changing policies toward liberalism after that "deal" and the influence of many historic and societal factors.

*Academic • Miles Richards*

**3–4:30 p.m.**

**Beginner Spanish\***

*Members may take only one level of Spanish per term.*

This 10-week course is appropriate for beginners who have no or very little experience with Spanish language. The course will focus on basic vocabulary and themes (greeting others, numbers, days of the week, etc.), useful expressions for travel (making reservations, asking for directions, expressing likes and dislikes, etc.) and some grammar, primarily present tense verbs. Communication strategies will be emphasized. Students can expect to study words, phrases, simple sentences, and practice listening/reading. Weekly class material is provided. Please note: this course is often taken several times. Participants are invited to repeat this course for additional practice and to reinforce grammar and vocabulary.

*Exploration • Karen Goldman*

**History of Modern Yoga**

Yoga is so widespread in our cultural landscape that it is easy to take for granted, but it is a rich site for exploring the politics of transcultural exchange. In precolonial times, yogis had leveraged their reputation as fearsome warriors to become influential power brokers. British law stripped them of their status, and soon many Indians saw yoga as archaic superstition. Around the turn of the 20th century, Indian reformers revived interest in yoga by recasting their traditions in modern terms. Postural yoga came to be a way to cultivate bodies that would be the building blocks of an independent Indian nation. In the spirit of universalism, some Indian cultural entrepreneurs worked to spread yoga transnationally but had

to work within the constraints of consumer culture to succeed.

*Academic • Daniel Heifetz*

**WEDNESDAY**

**9–10 a.m.**

**Gentle Yoga**

This 10-week course is geared for those new to yoga or those who are interested in a gentle practice. It includes a combination of meditation, breathing work, and flowing movement intended for all abilities. This class offers nurturing, kindness, and compassion for the body, regardless of a student's physical abilities, age, or experience. You will experiment with balance, strength, flexibility, and stillness while practicing mindfulness and meditation techniques.

*Enjoyment • Jill Clary*

**9:30–11:30 a.m.**

**Collage and the Creative Process\***

Collage has a rich and rambling history. Its techniques, forms, and imagery, developed over 400 years, awaken a highly intuitive creative process. In this class, you will explore some of the many approaches to this art form, from found and DIY papers to mixed media, including gel printing. Your imagery will be culled from a range of sources to evoke stories and places, imagined and remembered. Drawing inspiration from artists and thinkers, past and present, you will befriend your unique creative process through collage.

*Enjoyment • Ann Rosenthal*

**10–11 a.m.**

**Bone Health, Steady and Strong!\***

IN-PERSON COURSE

Did you know that half of all adults ages 50 and older are at risk of breaking a bone and should be concerned about bone health? (National Osteoporosis Foundation, 2016.) Bone Health, Steady and Strong! is a 10-week comprehensive exercise program designed for individuals with bone density concerns based on the principles of "Too Fit to Fall or Fracture." Classes are taught by a licensed physical therapist certified in BoneFit™ and incorporate strengthening, flexibility, balance, and endurance exercises. Participants are also educated in how to safely modify daily activities for spine health.

*Enjoyment • Diane Markovitz*

**10–11:30 a.m.**

**Industrial Giant: America and the Crises of the Gilded Age**

This set of lectures covers the era from the end of post-Civil War Reconstruction to the presidency of William McKinley. It focuses on the extraordinary industrial economy that emerged with its great industrial giants such as Cornelius Vanderbilt, Andrew Carnegie, and John D. Rockefeller. It also examines the political gridlock that tended to dominate these decades and the degree to which the concerns of the Civil War generation tended to dominate the political agenda. In addition, we will be exploring the impact of industrialization and America's emergence as a global economic and geo-strategic player.

*Academic • Jared Day*

**10–11:50 a.m.**

## **The Global Village**

IN-PERSON COURSE

Global supply chains. Global financial crises. Global climate change. And, of course, global pandemics. More and more it seems we are connected to people all around the globe in so many ways. What created our modern, global world? How do we benefit from it? What are the drawbacks? We will explore all the various facets of globalization including manufacturing, finance, culture, politics, and, of course, health and pandemics.

*Academic • Alan Irvine*

## **Through Varied Lenses: Science as Reality**

IN-PERSON COURSE

Hardly pure, hardly innocent, science comes to us in various guises. In this course, we will delve into science through the following lenses: science as abject comedy: Mary Roach, "Bonk/Grunt/Packing for Mars"; science as social cudgel: Sam Kean, "The Icepick Surgeon"; science as community cure: Dan Fagin, "Toms River"; science as religious contention: Stephen Hawking, "Brief Answers to the Big Questions" and "A Brief History of Time"; and science as personal crusade: Temple Grandin, "The Autistic Brain" and "Animals in Translation." Excerpts of these works will be the focus of discussion.

*Academic • Abby Mendelson*

**10:15–11:15 a.m.**

## **Chakra Yoga All Levels**

This 10-week course moves through traditional yoga poses (or asanas) that align each individual chakra, moving up the spine from the root chakra to the crown chakra. Chakras are energy centers located across different points on our spinal column. When energy becomes blocked in a chakra, it triggers physical, mental, or emotional imbalances that manifest in symptoms such as anxiety, lethargy, or poor digestion. This class is for the student who likes a fluid, mindful practice that links alignment, movement, and breath. Participants should wear comfortable, loose-fitting clothing and have a yoga mat.

*Enjoyment • Jill Clary*

**1–2:30 p.m.**

## **Contemporary American Short Stories**

In this course, we will sample a diverse selection of short stories that reflect the range, variety, and diversity of the American literary imagination over the last five decades. We will read and discuss two or three short stories per week; the selections chosen for balance and contrast. Authors will range from Stephen King to Susan Sontag and will include at least half a dozen guaranteed classics. All selections can be found in "The Penguin Book of the Modern American Short Story," edited by John Freeman. This will be the first of two Osher courses using selections from this collection.

*Exploration • David Walton*

**Intermediate Spanish\***

*Members may take only one level of Spanish during a term.*

This course is appropriate for participants who are comfortable with basic Spanish conversation using the present tense (or students who had successfully completed several cycles of our "Beginner Spanish" course). The course focuses on the use of the past and future tense, more extensive vocabulary, structures, and syntax. At the end of the course, students are expected to feel comfortable with standard Spanish conversation. Please note that this course is often taken several times and is a versatile course that includes different class material under the same goals and objects every term.

*Exploration • Maria Franco de Gomez*

**1–2:50 p.m.**

## **Chinese Traditions for Health**

IN-PERSON COURSE

How do we take care of our body, mind, and spirit in the Chinese way, especially during difficult times? In this course, we will look for answers through Chinese culture and wisdom that have existed for thousands of years to see how health practices have been passed on from generation to generation, and the way these practices influence daily life. In particular, we will focus on how older Chinese people stay healthy through Traditional Chinese Medicine, Chinese sports and leisure activities, and a disease-proofing diet. The course will include lecture on the history and background of the health practices and video examples.

*Academic • Xinran Liu*



## History of Extremist Movements in the United States

IN-PERSON COURSE

Are extremist anti-democratic movements a new phenomenon in American history? This course will examine the development of movements and figures who rejected the basic tenets of American ideals of democracy, liberty, and/or equality. Who favored such ideas and how far did they get in America's continuing struggle to achieve its ideals? The course will examine American history from the earliest days of pro-monarchy movements through such groups as the Know-Nothings, Populist drifts toward racism, violent anarchists, the German-American Bund, and others all the way to the present.

*Academic • Louise Mayo*

## Unsung Heroes of 20th Century Science & Technology

IN-PERSON COURSE

This course examines the life and work of several lesser known, but highly influential, science and technology innovators of the 20th century. The list includes Claude Shannon, first to suggest that information could be measured and compressed; George Dantzig, whose work spawned the discipline of decision science; Grace Hopper, the Navy Rear Admiral inventor of the COBOL computer language; and Douglas Engelbart, whose 1968 "Mother of All Demos" inspired the Apple Macintosh and Microsoft Windows decades later. What were the sources of their creativity? What were the most important contemporary influences on their work and what inspired them? How have their contributions shaped the world we live in today?

*Academic • Richard Wilson*

**1:30–3 p.m.**

## Operatic High Jinks and High Art

How many sopranos does it take to change a light bulb? How can opera singers project their voices over a full orchestra? Did Bach really compose an opera about coffee addiction? Why do audiences NOT applaud at the end of Parsifal's first act? From lighthearted jokes to solemn historical facts, this four-week course will explore stories about composers, theaters, myths, and people in opera. Add to your vocabulary by learning about talking points such as formants, claqueurs, and suitcase arias. In addition to fun facts, the course will include musical excerpts of enduring operas as well as personal reflections from artists about the amusement that happens backstage.

*Enjoyment • Marilyn Egan*

**2–3:45 p.m.**

## The "Swing" Era: Jazz at Its Peak

Doing the jitterbug, dance halls, and big bands! During the 1930s and 40s, jazz became the most popular music in the country—and swing music helped to define a generation during the years that gave us the Great Depression and World War II. Duke Ellington, Benny Goodman, Count Basie, Glenn Miller, and more! Biographical information as well as learning more about what made swing so popular will be presented through audio and video samples. Take a trip down memory lane hearing music from the swing era by the greatest jazz artists of the period!

*Enjoyment • Robert Joyce*

**THURSDAY**

**10–11:30 a.m.**

## Advancing Your Watercolor Practice\*

In this 10-week course, students with significant past watercolor experience will advance their skills in this online course. We will deepen and enhance understanding of essential art concepts such as color theory, perspective, and composition. We will be emphasizing personal expression. Students must have a camera on their device and be willing to share their work in a supportive environment. All enrolled must have a minimum of one-year experience in the watercolor medium.

*Exploration • Melissa Tai*

## And They Call This a Democracy? On the Margins in American Literature

"If I didn't define myself for myself, I would be crunched into other people's fantasies for me and eaten alive."—Audre Lorde. This course will look at stories from American Indian, Latin American immigrant, and LGBTQIA cultures. In addition to the enjoyment, these highly original and imaginative stories bring us as we read and discuss them, we will closely examine their common themes of alienation, persecution, and the pain of forced assimilation. Above all, we will pay close attention to the courage and love of the wounded warriors in these cultures and in these stories to endure and to heal. This literature will also help us to discover how fictional stories can help us, the readers, to heal from the wounds that society has inflicted on us and our communities.

*Academic • Ken Boas*

## Civil War Women

American women were not merely bystanders to the Civil War. Women served as nurses and doctors on both sides. Confederate and Union forces employed women as spies. Well over 750 women, cross-dressed as males, fought, and some died, as soldiers, some in grey, some in blue uniforms. Women left thousands of pages of letters and journals. Among the tens of thousands of widows, many undertook new lives, changing as the country changed.

*Academic • John Burt*

## Writing Through Art\*

Through the imaginative act of narrating and reflecting on the action and substance of a painting, in the eckphrastic tradition, participants will view artworks to bring a new perspective to the written word. Participants will be offered art from Georgia O'Keefe, Monet, Chagall, Van Gogh, and Miró as writing prompts for any style of writing they choose—poetry, prose, or hybrid forms. A supportive and exciting atmosphere will encourage participants to explore, create, and share writing. The instructor will guide participants and weave writing instruction throughout the course.

*Exploration • Laurie McMillan*

## 10–11:50 a.m.

### The History of Women and Gender in the West

IN-PERSON COURSE

This course will dive into the history of women and gender, which was often underrepresented or even excluded from traditional historical narratives. This course will look at women in western societies in the ancient, early modern,

and modern periods, and how they affected, and were affected by, major historical events.

*Academic • Julia Hudson-Richards*

### Wild Edible Plants of Late Spring\*

IN-PERSON COURSE

In this four-week outdoor course, we'll explore the abundance of wild edible plant life in Schenley Park this time of year. We'll identify wild edible plants; discuss how to identify them; how to sustainably harvest them; and how they are used currently and historically as food and medicine. This course will meet rain or shine (except for unsafe conditions such as lightning/thunderstorms) and involves walking and hiking on possibly uneven natural paths and surfaces, up to one mile or so each week.

*Enjoyment • Melissa Sokulski*

### The Life and Works of Rembrandt

IN-PERSON COURSE

This course is dedicated to the life and work of Rembrandt. In the course, both the familiar works and many that may be new to most students—we will consider the sources he drew on as well as life in Amsterdam during the Golden Age. He was a fascinating and wildly gifted person living in the unique environment of the Dutch Golden Age. In the course, we will consider well over 200 images and several videos that reveal the details of his work up close.

*Academic • Russell Walker*

## 1–2:30 p.m.

### Advanced Conversational Spanish\*

*Members may take only one level of Spanish per term.*

This course is appropriate for participants who are comfortable and successful at communicating in Spanish and want to further develop their reading and conversational skills. Participants are expected to be able to use present, past, and future tenses, and have significant vocabulary and understanding of syntax (or have successfully completed Intermediate Spanish). The course is taught in Spanish and focuses on analyzing and discussing reading material. Weekly class material is provided. (Please note: this course is often taken several times. This is a versatile course that includes different class material under the same goals and objects every term.)

*Exploration • Maria Franco de Gomez*

### Beginner Watercolors\*

Enjoy the beauty, quirks, and happy surprises watercolor painting can bring! In this 10-week course, a new online lesson and demonstration, followed by discussion, will be presented each week. Topics to be covered will include washes, brush work, color, perspective, composition, and much more. Participants will be encouraged to submit photos of their own watercolor works for group discussion, questions, and suggestions. Individual feedback from the instructor will be provided to participants. (Please note: this course is appropriate for beginners and those with less than one-year watercolor experience.)

*Exploration • Melissa Tai*

## Contemporary Asian Cinema

This course will provide a five-week sampling of important contemporary feature films from Asia, including works from China, India, Japan, South Korea, and possibly other nations. Attention will be paid not only to the specific films themselves (and their aesthetic strategies) but to the history of cinema in that country, the previous work of the director of the film, and the social/political context in which the film was made. Participants will view complete films before each class, which are available through numerous online streaming services.

*Academic • Lucy Fischer*

## 1–2:50 p.m.

### The Bauhaus and the Masters that Changed the World

IN-PERSON COURSE

After his service in World War I, Walter Gropius, an up-and-coming young architect, created a unique, influential school and laboratory called “The Bauhaus” that blended art and craft to benefit industry. Its influence on all aspects of art and design is still being felt to this day. Gropius, Breuer, Kandinsky, Klee, Albers, and van der Rohe are names that imbued The Bauhaus with previously unknown amount of creative spirit and intellectual freedom. This course will trace the history of this famed institution from Weimar to Dessau to Berlin with a particular focus on its justly famous masters as well as important student and faculty work.

*Academic • Jeffrey Swoger*

## Behavioral Economics in the Wild

IN-PERSON COURSE

Behavioral Economics is a sub-field of economics that relies on insights from psychology and decision-making to describe actual behavior with great accuracy and psychological realism. In this course, we will investigate the success of this approach in explaining ostensible behavioral anomalies in the “wild,” such as under-savings for retirement; over-consumption of unhealthy food; extreme aversion to losses among investors, workers, and homeowners; the over-confidence of corporate CEOs and NFL general managers; and the influence of emotions on domestic violence, stock market activity, and risk-taking.

*Academic • Xiaohong Wang*

## FRIDAY

## 10–11 a.m.

### Dance and Be Fit

This five-week course engages all age groups and all ability levels with fun and easy dance and fitness routines. Learning basic dance and fitness moves will help participants take more steps toward a healthier lifestyle and get moving. No experience or special skills are needed. Great for beginners as well as veteran dancers, the course can be adapted to anyone’s unique needs.

*Enjoyment • Roland Ford*

## 10–11:30 a.m.

### Forward to the Past: Social and Political Impact of 60s Popular Music

The music of the 1960s evolved as both a unique art form and a powerful social force. In this course, we will explore how sociology and politics of the revolutionary 1960s decade shaped popular music and how the music may have possibly altered history. The subject matter will be explored through lectures, PowerPoint presentations, selected YouTube videos, and discussion.

*Enjoyment • David Crippen*

### Intermediate French Exploration: Hypothetically Speaking\*

This 10-week course explores some of the verb tenses not covered in the Past and Present Tense classes, and then applies them in various classroom activities. Class time may also include working with passages from selected secondary sources. This course is geared to students who are not yet comfortably delivering simple sentences in French. Some prior knowledge of French is expected. Advanced speaking skills are not required.

*Exploration • Cathleen Sendek-Sapp*



**1–2:30 p.m.**

### **The Many Faces of Trauma: Personal and Intergenerational, Communal, and National**

During the pandemic, Pitt's Center for Bioethics & Health Law mounted a virtual exhibition Experience, Integration, Expression: The Work of Norman Klenicki (<http://nkexhibit.com/>) that presents a range of themes drawing from the artist's life and work. Using the exhibit and other multi-disciplinary resources, this course will consider multiple sources of trauma and the multiple levels at which we experience it. While examining trauma's lingering and sometimes pervasive effects, the course will also focus on ways of "meaning making" that arise in the wake of "traumatic events" and in reckoning with "traumatic epochs" as trauma is integrated into the lives of individuals and communities. Led by Bridget Keown—curator of the exhibit and professor for the popular Pitt course Gender, Trauma, and Disability—the course will include talks by guests with expertise and experience related to traumas we have collectively experienced in recent years. Topics include the history of trauma, the Holocaust and intergenerational trauma, recurring trauma, integration, and moving on.

*Academic • Center for Bioethics & Health Law*

**1–2:50 p.m.**

### **Walking the East End\***

IN-PERSON COURSE

This four-week outdoor course will be led by an experienced tour guide and will give the members a unique perspective of the past, present, and future of the East End of Pittsburgh. During each of the four weeks, we will explore the following neighborhoods: Point Breeze, East Liberty, Highland Park, and Lawrenceville. The history, architecture, and hidden gems of these Pittsburgh neighborhoods will be highlighted each week of the walking tour.

*Enjoyment • Jay Steele*

## **SATURDAY**

**10–11:50 a.m.**

### **Photography Around Town\***

IN-PERSON COURSE

Get out that digital camera and let's go places! Use your camera as we go around the Pittsburgh areas taking pictures. Assignments will include experimenting with your aperture and shutter speeds. Get ready to have fun reigniting your love of photography and rediscover the functions of your camera to make some great imagery!

*Exploration • Germaine Watkins*

# OLLI Course Descriptions

Session 2: Monday, June 27 – Monday, August 1, 2022

## MONDAY

**10–11:30 a.m.**

### **Comedy Explored: Is it Just for a Laugh?**

This course focuses on the many facets of comedy. We will explore the historical and contemporary scholarship that focuses on defining comedy and the characteristic elements of comedy. Emphasis will also be placed on the psychological components of jokes/jest and laughter production. Lastly, we will consider the significance of comedy for the individual, community, and society as we look at stand-up comics and comedic theater/television and laughter. This course is primarily lecture-based with some opportunities for discussions.

*Academic • Orin James*

### **History of the Movie Musical, Part 2**

According to some experts, singing and musical show tunes lead to mental clarity. True or not, this course will explore the history of the movie musical, one of America's true art forms. In Part 2 of this series, we will explore the period of the 1950s to current day, from "Oklahoma" to "West Side Story" to "Dreamgirls." Crowd favorites are going to be included. It is not necessary to have taken Part 1 to enjoy and benefit from this course.

*Enjoyment • Sam and  
Candy Caponegro*

### **Nutrition, Life in a "New Normal": Back to Basics**

The coronavirus pandemic and aging have brought changes that may require adjustments in our lives concerning our food. New food options, lots of "experts," our weight, heart, and gastrointestinal health, as well as diabetes cloud the options. The idea that "one size does not fit all" applies. There are more questions than answers because our nutrition, health, and food needs are personal, not scripted, and change with age and life trauma. What works for you may not be right for your partner or relatives. Back to Basics has a new twist to accommodate evidence-based science and some health and nutrient facts have withstood the test of time. Participants will have the option of class discussion of meal and food choices tailored to evidence-based health guidance.

*Academic • Judith Dodd*

**10–11:50 a.m.**

### **Down the Rabbit Hole: The World of Lewis Carroll**

IN-PERSON COURSE

Along with the Bible and the works of Shakespeare, "Alice in Wonderland" and "Through the Looking Glass" are the most widely quoted texts and have never been out of print. Their author, the Oxford Don of Mathematics, Charles Lutwidge Dodgson, revolutionized children's literature when one of the daughters of the dean of his college asked him to write down the tale he had spun for her one lazy afternoon rowing down the river Isis. In traveling with

Alice down the rabbit hole and into the wonderland of his imagination, we'll not only discover Carroll's love of puzzles and word play but perhaps catch a glimpse of the man himself.

*Academic • Eleni Anastasiou*

### **Take Your Summer Garden to the Next Level**

IN-PERSON COURSE

In this course, we will discuss how to punch up that summer garden you are hoping for! Specifically, we will discuss watering, mulching, compost, and more; weeds, deadheading, and fertilizing; bargains and containers; harvesting and replanting; and getting our gardens ready for fall. Join the class and be the envy of your neighborhood.

*Enjoyment • Doug Oster*

**1:15 p.m.**

### **Monday Master Classes**

(See page 24 for class descriptions and end times)

## TUESDAY

**9–10 a.m.**

### **Better Balance! Steady and Strong**

(continued from session 1)

**10–11:30 a.m.**

### **Beginning Level French: Everyday Vocabulary**

(continued from session 1)

## Fantastic and Ferocious Fungi

Neither plant nor animal, the Fungi Kingdom includes mushrooms, molds, and yeasts—a kingdom all its own. Mushrooms make fantastic foods—from button mushrooms bought at the grocery store to exotic mushrooms from specialty stores or foraging. They also make great medicines that are used to build immunity and treat cancer. Yet other mushrooms can petrify caterpillars and zombify ants, and are the stuff of horror films. Other members of the fungi kingdom have some scientists worried about the next deadly pandemic, potentially deadlier than COVID-19. In this class, we will explore the fantastic and ferocious world of fungi, and how fungi interact with the plant and animal kingdom, including humans.

*Enjoyment • Melissa Sokolski*

## Neoplatonism

The Neoplatonist philosophical movement of late Roman antiquity represented an ambitious attempt to synthesize the major philosophical achievements of ancient philosophy, with a particular emphasis on, and deference to, the thought of Plato. In this course, we will begin with an examination of certain key works of Plato that played a decisive role for the Neoplatonists, move on to a study of central texts of the Neoplatonist tradition, and then consider the important influence that Neoplatonist thinking had on the development of Christianity in the work of St. Augustine and Pseudo-Dionysius.

*Academic • Gregory Strom*

## 10–11:50 a.m.

### Medieval and Renaissance Art in the Region

#### IN-PERSON COURSE

In this course, we will discuss medieval and renaissance art in the great collections in New York, Chicago, and D.C. and also lesser-known works in museums such as Toledo, Indianapolis, Raleigh, Princeton, and Yale University. These will include works by Jan Steen, Botticelli, Titian, van der Weyden, Bosch, Bouts, and many others—always in relation to Medieval and Renaissance traditions of meaning.

*Academic • David Brumble*

### The Scramble for Africa or How the African Countries Got Their Shapes

#### IN-PERSON COURSE

Most of Africa was generally unknown to the rest of the world until the 1870s. Then, an ambitious and ruthless king from a minor European country started a rush for glory and riches that years later would be known infamously as the “Scramble for Africa.” The result was a carving up of the great continent first into colonies and later nation states that generally ignored the cultures and histories of the indigenous peoples that lived there. This course will examine the roots and legacy of the Scramble, specifically how the map of Africa evolved into the configuration we recognize today.

*Academic • L. Jon Grogan*

## 1–2:30 p.m.

### Advanced Intermediate French Exploration: Miscellaneous Topics

(continued from session 1)

### Harnessing the Power of Your iPhone

The iPhone is a communication device and portable computer in your pocket. Are you using your expensive device to make your life easier, or is the frustration level rising? The aim of this course is to develop your confidence in using your iPhone to assist you in your daily life. We will explore the apps that Apple provides such as Mail, iMessage, Contacts, Photos and Camera, Notes, Weather, Maps, and others. Each participant will need an iPhone running the most recent version of the operating system to take full advantage of the instruction.

*Exploration • Richard Fitzgibbon*

## 1–2:50 p.m.

### Animals in Research

#### IN-PERSON COURSE

This lecture course is focused on learning about animals that are used in scientific research. The various reasons animals are used in research as well as the regulations that are involved will be discussed. There will also be a discussion on the controversies over animal research. Next, various animal models will be reviewed, including but not limited to mice, chickens, zebrafish, monkeys, frogs, and worms. After going over each animal, the important scientific discoveries that were made using these animals will be discussed. The last lecture will be focused on “unconventional” animal models, some of which are being used here at the University of Pittsburgh.

*Academic • Gabriella Hahn*

## Watching World War II at the Movies

IN-PERSON COURSE

Starting even before 1939, World War II can be considered the first truly multi-media war. A major element of that were movies made not only to entertain but to send messages overtly and subtly to the opposing sides' populations of how to understand and react to the conflict. We will explore the propagandistic work from both the Allies and the Axis, the use of "shorts" from cartoons to documentaries, and full-length films that created ideals of heroes, motivations to fight, and expectations of facing loss.

*Academic • Michael Young*

## 3–4:30 p.m.

### Beginner Spanish

(continued from session 1)

### Singer/Songwriters of Rock 2

In the early 1970s, Folk music was slowly declining in popularity and rock fans were drawn to artists who wrote and performed their own material. This course is a continuation of an exploration of the singer/songwriter movement that dominated the radio and record charts—with some of the most memorable songs in the last century. The careers, music, and extraordinary talents of these singer/songwriters will be presented (John Denver, Jim Croce, Cat Stevens, Janis Ian, Billy Joel, and Neil Young).

*Enjoyment • Robert Joyce*

## 4–5:50 p.m.

### Introduction to Law Enforcement

IN-PERSON COURSE

This course is an introduction to law enforcement principles and practices. Over the five-week course, students will examine the institution of the police within the United States. We will be exploring the historical and philosophical origins of policing; the justifications for the existence of the police; comparisons of various types of policing in different historical epochs; how are the police "policed"; and the emergence of the bureaucratized force that we are familiar with today. We will finish by analyzing advances in policing and new technologies.

*Academic • Shawn Ellies*

## WEDNESDAY

### 9–10 a.m.

#### Gentle Yoga

(continued from session 1)

### 10–11 a.m.

#### Bone Health, Steady and Strong!

(continued from session 1)

### 10–11:30 a.m.

#### The People's Empire: British History, 1603–1760

In an age where absolute monarchy is emerging everywhere in Europe, how does England avoid that path? This set of lectures examines Britain's fraught quest for "alternatives" to absolutism beginning with the Stuart dynasty up through the early Hanover kings.

We will give special attention to the English Civil War, the era of the republic under Cromwell, the Restoration, the Glorious Revolution of 1688, and the era of Robert Walpole, England's first "prime minister."

*Academic • Jared Day*

### 10–11:50 a.m.

#### This Endless War: The First Wave of Iraq/Afghanistan Fiction

IN-PERSON COURSE

Let us be candid: sometimes it takes years, decades, to develop first-rate novels about war. While "The Naked and the Dead" appeared shortly after World War II, "Catch-22" took 16 years; "War and Peace" longer. While no full-length novel has yet emerged from these long deployments that has the mix of pain and poetry to merit our examination, a handful of emerging writers have demonstrated both punch and panache in the short game. With clean, clear, direct, close-to-the-bone prose, there's enough in a single volume to whet our appetites. Edited by Roy Scranton and Matt Gallagher, themselves writers and veterans, "Fire & Forget: Short Stories from the Long War" gives us harrowing portraits of a war without vision, heroes, grandeur, or greater national purpose — only real men trying to survive with a sense of self and a search for salvation.

*Exploration • Abby Mendelson*



## How Did Sex Become a “Sin”?

### IN-PERSON COURSE

In the Jewish book of Genesis, humans were told to be “fruitful and multiply.” Greco-Roman society viewed procreation as an instrument for survival, a “gift from the gods,” and a religious duty of every citizen. Influenced by both traditions, Christianity nevertheless opted for a conception of sex and marriage that is inferior, and at times opposed to, the ideal of Genesis as well as their contemporary culture. As Jews and non-Christians asked, “Where did all this madness come from?” We will explore the Christian innovation of a new understanding of the relationship between the body and society, and how sexual intercourse became the Original Sin.

*Academic • Rebecca Denova*

### 10:15–11:15 a.m.

#### Chakra Yoga All Levels

(continued from session 1)

### 1–2:30 p.m.

#### Mythology of the Ancient and Modern World: Monsters and the Misunderstood

Mythological traditions from all over the premodern world are haunted by the non-human: supernatural creatures, immortal beasts, and dangerous monsters are familiar figures of story-telling and oral tradition. But how do we define a monster, versus a scapegoat? Who gets to decide who is a victim and who is a villain? And what is the sociological purpose that makes these alienated figures recur in various forms, many of which are still familiar to this day? In this course, we will read and examine a diverse range of myths from the ancient world, using these

ageless stories to examine genre, the art of retelling, and the re-purposing of legends. The myths that we study will be sourced from cultures all over the world, as we seek to understand why myth is riddled with those who may be variously seen as either monstrous or misunderstood.

*Academic • Marcie Persyn*

### 1–2:50 p.m.

#### Fiction Writing: The Short Story\*

### IN-PERSON COURSE

This course will focus on the writing and exploration of the short story. What makes a short story good, work, and interesting? We will be writing original fiction, which will be turned in to the group for feedback. This will be a workshop-based course, so that you get live and written responses to your work from your peers. We will also read short stories. What are the new, short story writers writing? How can we write like them? This course is for anyone who’s ever wanted to write a story or thinks they have a story to tell but may not be ready to tackle a full-length novel just yet.

*Academic • Jared Lemus*

#### The Soul of Pittsburgh

### IN-PERSON COURSE

This course offers an overview of the popular music scene in Pittsburgh over the past 15 years. It will examine many of the acts—their histories, personalities, styles, and successes. The instructor is the host and producer of “The Soul Show” on music station WYEP. As such, there will be particular focus on the R&B segment that populates his programming. This includes Afro Yaqui Music Collective, Slam Band and Sam, Soulful Femme, and others. Despite its impacts

on the national scene with several successful popular music acts, Pittsburgh remains a relatively low-profile music city. The instructor will review recent regional efforts to bolster this image. Lastly, legacy, current, and emerging venues that have played an important role in the music scene will be presented.

*Enjoyment • Michael Canton*

## THURSDAY

### 10–11:30 a.m.

#### Advancing Your Watercolor Practice

(continued from session 1)

#### Bio-cultural Perspectives on Aging: Lessons from Japan

This course explores aging by posing questions such as: Why do we age? Why does menopause exist? How does aging (menopause) occur? What is the individual and population variation in the experience of aging, and what factors influence that? We focus on Japan, a country with among the longest life expectancy in the world, and on menopause as a key turning point in the experience of aging and health. All classes will be half lecture and half interactive discussions. Students will gain insight into many factors influencing cross-cultural variation in the experience of aging. We will discuss different levels of explanation (how vs. why) and biocultural understandings of aging, and will extend these ideas and approaches to other health-related phenomena such as chronic disease and mental health.

*Exploration • Melissa Melby*

## Go Beyond Surviving and Learn How to Thrive in the New Normal

Our global pandemic has been one of many situations testing our ability to not only survive but thrive in the midst of change. We are experiencing a tech-driven society, social unrest, and unexpected personal situations. It's time for you to be intentional with the steps you can take to master your life in family situations, relationships, community work, and more. Embracing change, changing your thought process, functioning in the midst of uncertainty, and being willing to take risks are just a few of the ways to enhance the more adaptable version of yourself. In this course, you will be introduced to the 4Cs of adaptability. Discover ways to build your personal adaptability when you put the 4Cs to work in reaching your limitless potential.

*Exploration • Esther Jackson*

## Writing Vignette\*

Vignettes are the 25 to 1,000 words that enrich journals, poetry, essays, memoirs, and fiction. Vignettes engage readers with evocative presentations of sounds, fragrances, tastes, sights, and feelings. Each "Writing Vignette" session will review tools that strengthen writing skills. Print and video prompts launch in-class exercises followed by feedback. Goal: Lovely vignettes for journals, poems, and all kinds of manuscripts. Sure to enhance your writing skills.

*Exploration • Sandra Gould Ford*

## 1-2:30 p.m.

### Beginner Watercolors

(continued from session 1)

## Wisdoms of Pearl: The Life and Legacy of Pearl S. Buck

This course will introduce participants to the extraordinary life and legacy of Pearl S. Buck. Buck was the first woman to win both the Pulitzer Prize for fiction and the Nobel Prize for literature, and she remains one of only two women to do so (Toni Morrison is the other). Best known for her novel "The Good Earth," Buck was a prolific writer who published more than 60 works of fiction and non-fiction over more than 40 years. Her works address a wide range of topics, from Asian history to children with cognitive disabilities to nuclear war. Buck was also a champion for civil rights, women's and children's rights, international peace, and intercultural understanding. This course will examine these dimensions of Buck's life and explore why her legacy resonates in our modern world.

*Academic • Jay Cole*

## Nineteenth Century Romanticism in Art

In art, the years between 1800 and 1900 were dominated by romantic themes driven by major social, economic, and political changes. The Romantic Movement was an escape from industrialization, a celebration of the grandeur of nature, and an imaginative view of Eastern cultures. This course will explore the many layers of Romanticism from the Egyptomania following Napoleon Bonaparte's first Egyptian expedition in 1798, to the Victorian fascination with medievalism and the supernatural. In America, we will explore the epic landscapes of the artists who sought to capture the unspoiled beauty of the American wilderness.

*Academic • Matthew Hileman*

## FRIDAY

### 10-11 a.m.

### Dance and Be Fit\*

IN-PERSON COURSE

This five-week course engages all age groups and all ability levels with fun and easy dance and fitness routines. Learning basic dance and fitness moves will help participants take more steps toward a healthier lifestyle and get moving. No experience or special skills are needed. Great for beginners as well as veteran dancers, the course can be adapted to anyone's unique needs.

*Enjoyment • Roland Ford*

### 10-11:30 a.m.

### Broadway and the Great American Songbook

The musical theater, popular songs, and standards of the 20th century include enduring classics that can still warm hearts and evoke nostalgia. In this course, the music of Broadway and the Great American Songbook will be enjoyed, using live performance demonstrations and recorded examples. From Irving Berlin to Richard Rodgers, many rich examples from the Great American Songbook will be included in the presentation. Compositional style, vocal technique, and the external influences of the era will also be discussed. The course promises to be both informational and entertaining.

*Academic • Raymond Uy*

### Intermediate French Exploration: Hypothetically Speaking

(continued from session 1)

# Lectures and Special Events

Registration is required for all events and lectures. Monday Masterclass Series is for members only. Any events open to guests will be marked as such. All guests must be registered. Some events require a fee paid at the time of registration.

Please note: Format TBA means that we are not sure if the talk will be conducted in person or over Zoom. It will depend on the situation at the time and which format will maximize the talk.

## MONDAY MASTER CLASSES

### New Windows on the Universe: The Dark Energy Spectroscopic Instrument and the James Webb Space Telescope

*Speaker: Jeffrey A. Newman, PhD*

**Monday, May 16, 2022**  
**1:15–2:15 p.m. • Format: TBA**

This talk will describe two projects that will soon revolutionize our understanding of the cosmos. The Dark Energy Spectroscopic Instrument is producing the most detailed map of the Universe ever in order to study its history and contents. The James Webb Space Telescope will provide detailed images of the sky using infrared light, revealing the very earliest galaxies and the birthplaces of stars. Astronomers at Pitt and around the world will use these new resources to make many new discoveries.

**Jeffrey A. Newman**, PhD, is a Professor of Physics and Astronomy at the University of Pittsburgh, where he has worked since 2007. He has worked on the Dark Energy Spectroscopic Instrument since the project began in 2012, and is a member of the teams undertaking two of the largest upcoming projects on the James Webb Space Telescope, CEERS and PRIMER.

### Who is Vladimir Putin?

*Speaker: Sean Guillory, PhD*

**Monday, May 23, 2022**  
**1:15–2:15 p.m. • Online (Zoom)**

Russian President Vladimir Putin has captured the world's fascination. Rated as one of the most powerful politicians, Putin has successfully ruled Russia for two decades, and has put it, and himself, on the world stage. His carefully crafted image projects the figure of a strongman, decisive, physically formidable, menacing, and all-powerful. So, who is the man? How should we understand him and his style of rule? What does it mean for Russia and the rest of the world? How do we separate fact from fiction and myth from reality? This talk seeks to provide some answers by uncovering some of Putin's many layers.

**Sean Guillory**, PhD, is the Digital Scholarship Curator at the Center for Russian, East European, and Eurasian Studies at the University of Pittsburgh and host of the SRB Podcast, a weekly interview show on Eurasian politics, history, and culture. You can subscribe to the podcast with your favorite app at [srbpodcast.org/](http://srbpodcast.org/).

### The Amish in America

*Speaker: Marcus Yoder*

**Monday, June 6, 2022**  
**1:15–2:30 p.m. • Format: TBA**

This lecture will focus on the Amish in America today. Are they "frozen in time," as often depicted? What are the ties that bind together this distinctive community? The lecture will give an overview of their beginnings and their movement through time and space to end up in the Midwest. It will then look at the three central tenets of the community that bind it together in today's world. Finally, we will examine how the Amish interact with technology and the modern culture.

**Marcus Yoder** lives with his wife Norita in Holmes County, OH, where he is the Executive Director of the Amish Mennonite Heritage Center. Marcus grew up in an Amish family, where he followed the normal pattern of training in a trade. In his thirties, he had the opportunity to follow through with his wife on their dreams of a formal education and graduated from the Ohio State University in 2010 and from Yale University in 2015. Marcus lectures and teaches in a variety of places and formats. He is the author of "Cathedrals, Castles, & Caves", a book on early Amish and Mennonite history.

### Black Slaves & Native American Slave-Owners

*Speaker: Alaina E. Roberts, PhD*

**Monday, June 13, 2022**  
**1:15–2:15 p.m. • Online (Zoom)**

This presentation will focus on the history of Black slave-owning among the Five Tribes (the Chickasaw, Choctaw, Cherokee, Creek, and Seminole Nations) and the Reconstruction project the United States enforced in Indian territory (Oklahoma), which ended with the Black people in this region becoming the only group of former slaves in the world to receive reparations in the form of land.

**Alaina E. Roberts**, PhD, is an Assistant Professor of History at the University of Pittsburgh. Her research focuses on the intersection of Black and Native American life from the nineteenth century to the modern day. In addition to her award-winning first book, "I've Been Here All the While: Black Freedom on Native Land" (University of Pennsylvania Press, 2021), and multiple academic articles, her writing has appeared in the "Washington Post" and "TIME" magazine and her work has been profiled by CNN and "The Boston Globe".

## The Blacksmith's Trade: A Vulgar Art or Curious Handy-Craft?

*Speaker: David Scofield*

**Monday, June 27, 2022**

**1:15–2:30 p.m. • Format: TBA**

The necessity of the blacksmith's trade in early America is beyond dispute. From weapons to wagons and horseshoes to household items, objects made with iron and steel were crucial to everyday life in the 18th and 19th centuries. David Scofield, Director of Meadowcroft Rockshelter and Historic Village, will provide a brief glimpse at the ancient trade of blacksmithing with an overview of the smith's work, business, and materials.

**David Scofield** is the director of Meadowcroft Rockshelter and Historic Village, part of the Senator John Heinz History Center museum system. He began his 34-year museum career as a demonstrating craftsman at Old Salem in Winston-Salem, North Carolina, where he practiced the 18th century trades of blacksmithing, carpentry, joinery, and white oak basket making. After working to develop a turn-of-the-century living history farm as a North Carolina state historic site, he moved to western Pennsylvania to be part of the Heinz History Center's effort to develop Meadowcroft.

## The Spanish Lady: The 1918 Influenza Pandemic in Western Pennsylvania

*Speaker: Thomas Soltis, PhD*

**Monday, July 11, 2022**

**1:15–2:15 p.m. • Format TBA**

The 1918 Influenza Pandemic affected the entire world. While the true number of deaths is unknowable, the most commonly accepted estimates range between 20 and 60 million victims. This presentation will summarize the arrival, spread, and impact of the 1918 Influenza Pandemic in western Pennsylvania. By the autumn of 1918, the disease arrived in Pennsylvania with a vengeance. There were over 500,000 Pennsylvanians infected by the disease and over 50,000 deaths in Pennsylvania alone. The similarities between the 1918 Pandemic and the current Covid-19 Pandemic will be discussed.

**Thomas Soltis**, PhD, teaches courses in sociology and anthropology at the Westmoreland County Community College where he won the "Outstanding Teacher Award" in 2001 and again in 2016. Dr. Soltis' book, "An Unwelcome Visit from the Spanish Lady: The 1918 Influenza Pandemic in Western Pennsylvania," was published in 2019.

## Thirty Years a Zoo Photographer

*Speaker: Paul Selvaggio*

**Monday, July 18, 2022**

**1:15–2:45 p.m. • On Campus**

Join Paul Selvaggio, the conservation photographer for the Pittsburgh Zoo & PPG Aquarium, as he shares his beautiful wildlife photography. For more than three decades, Selvaggio has captured special moments of major zoo happenings, animal events, and research projects. From African elephant calf births, to gorillas enjoying coconuts, to tiger cubs being hand-raised, Paul's photographs have helped to tell and celebrate the incredible stories of the Pittsburgh Zoo & PPG Aquarium. Additionally, he will share some of his favorite videography of the Zoo's animals, enrichment activities, and amazing moments provided by Mother Nature.

**Paul Selvaggio** served as creative director, a graphic designer, and as the Zoo's volunteer photographer for decades to build the Zoo's award-winning Creative Services Department. In 2020, he took on a new role as the Zoo's first conservation photographer. He now dedicates his time to supporting the Zoo's mission with his photography and videography.

## Public Libraries in Pittsburgh, from the 18th Century to WWI

*Speaker: Jennie Benford*

**Monday, July 25, 2022**

**1:15–3:15 p.m. • Format TBA**

The recent 125<sup>th</sup> Anniversary of The Carnegie Library of Pittsburgh sent researchers into the archives of the library to answer a variety of burning questions: Who put Carnegie's grand plans into action? Who were the first library workers and what were they like? Were there public libraries before Andrew Carnegie came along and, if so, where were they and how did they function? And how did the 19th century institution founded by a famously pacifist benefactor evolve during the crisis of World War I?

Illustrated with images from the archives of the Carnegie Library, many seen here for the first time, this talk will celebrate the legacy of the Carnegie Library of Pittsburgh and will place that legacy within a larger, national context.

**Jennie Benford** has served 10 years as the University Archivist for Carnegie Mellon University and is a founding member of LUPEC (Ladies United for the Preservation of Endangered Cocktails), a guerrilla women's history action collective. Most recently she served The Carnegie Library of Pittsburgh as Historic Researcher for their 125th Anniversary.



## The Baroque Flute Lecture and Demo

*Speaker/Performer: Stephen Schultz*

**Monday, August 1, 2022**

**1:15–2:15 p.m. • Online with Zoom platform**

In this unique demonstration and lecture, Stephen Schultz will share the history of the baroque flute and perform on this beautiful instrument. He will share with us some of his favorite pieces. Join us for an hour of history and music and leave with an appreciation of the flute and some new music to add to your listening repertoire.

**Stephen Schultz**, called "among the most flawless artists on the baroque flute" by the "San Jose Mercury News" and "flute extraordinaire" by the "New Jersey Star-Ledger," is solo and co-principal flutist with the Philharmonia Baroque Orchestra and performs with other leading early music groups such as Musica Angelica of Los Angeles, Tafelmusik Baroque Orchestra, and Chatham Baroque.

## EVENTS

### Fossils and Prehistoric Life

*Speaker: Stephen Lindberg*

**Friday, May 6, 2022**

**1–4 p.m. • On Campus**

**Free**

Fossils reveal the amazing history of life on Earth. From the simplest, one-celled organism that first appeared in Earth's ancient oceans to the largest reptiles and mammals to ever walk the Earth. Join us for this three-hour, "hands-on" seminar designed to explore the fascinating variety of fossils. Participants will be able to describe, identify, and assemble a small collection of fossils that they can take home.

**Stephen Lindberg** has been teaching since 1978 and has been an adjunct professor in the Geology-Energy and Earth Resources Department at the University of Pittsburgh-Johnstown since 1997. He teaches the courses Principles of Astronomy, Prehistoric Life, Earthquakes and Volcanoes, Meteorology, and Geologic Field Methods.

## TOURS

### The Peter M. Winter Institute for Simulation, Education and Research (WISER) Tour

**Tuesday, June 21, 2022 • 10–11 a.m.**

**Thursday, June 23, 2022 • 11 a.m.–12 p.m.**

**Free • Members Only**

The Peter M. Winter Institute for Simulation, Education and Research (WISER) is a leading medical simulation center training thousands of health care professionals each year to increase patient safety and enhance medical education. During this fascinating tour, you will be introduced to SimMan, a patient simulator that looks and responds like a real person. You also will view simulation theaters that can be configured to nearly any scene, from operating rooms to outdoor disaster scenes.

Location: WISER Building, 230 McKee Place,  
Pittsburgh, PA 15213

Members are responsible for their own transportation.

### Tour of Pittsburgh Botanic Garden with Doug Oster

**Saturday, June 25, 2022 • 10 a.m.–12 p.m.**

Fee \$12 for Members and Guests. (Each member can bring up to one guest until the tour is full. The member should register online then call to add the guest as soon as possible.)

No refunds given after June 10.

Enjoy a tour of Pittsburgh Botanic Garden with OLLI instructor **Doug Oster**. Doug teaches students about gardening and is a big fan of the Botanic Garden. He'll guide you through the Celebration Garden, Hillside Pollinator Garden, Garden of the Five Senses, the Asian Woodland, Heritage Homestead, the new Welcome Center, and more. Be aware that this tour is meant to be a walking tour, and there will be slopes, steps, and unpaved surfaces on some paths. However, benches are placed along paths to provide a place to rest.

Location: Pittsburgh Botanic Garden,  
799 Pinkerton Run Road, Oakdale, PA 15071

Members are responsible for their own transportation.

# General OLLI Information/Policies

## How to Drop a Course or Event

Please notify the OLLI office if you are unable to attend a course/class so that we can maintain accurate information on our programming and course evaluation efforts. Email us at [osher@pitt.edu](mailto:osher@pitt.edu) prior to the beginning of a class or at any time for courses that have multiple weeks. Let us know if you would like to enroll in an alternate course. Event refunds depend on each event and they are marked if the fees are refundable or not, and if they are, by what date.

## Postponed, Canceled, or Full Courses

Occasionally, courses are postponed or canceled, typically due to reasons beyond our control such as emergencies or illness for instructors, etc. If a class is postponed, you will be notified by email and informed of the rescheduled date, if it is known. If a course is canceled, you will receive email notice as soon as possible.

Course enrollment size varies for several reasons including size of physical classroom space or the nature of the course material (regardless of format). For these reasons, not all courses can be open to anyone who wishes to attend, including online courses. If a course or event is full, you, most often, will be given the opportunity to be added to the waiting list in case there are cancellations. People are added to the course or event from the waiting list in the order received.

## Double-booking Courses in a Time Period

During registration, be sure to select only one course during a given time frame. If you double-book your courses by accident, we will contact you by email and ask you to select the one you want to keep, and we will remove you from the other. If you do not reply in the time frame given in the email, we will remove you from both courses. While OLLI member benefits are quite generous, double-booking courses in the same time period is not a member benefit.

## Refunds

Each catalog will indicate the date by which a membership may be refunded. There are no exceptions. Events or tours that require a fee will indicate if the fee is refundable, and if so, by what date you must request a refund.

## Email Notifications

Make sure we have your correct email address. The OLLI office sends emails to notify members of Zoom invites and course changes, course cancellations and, upcoming events, as well as for our email newsletter. Instructors may also want to contact students regarding class information. Your information is always confidential.

## Course Evaluations

During the last week of your courses, you will receive an email with a link to your course evaluations. Please try to respond and share information about your experience in the course. This information is very helpful to us and helps guide future programming. If you have an issue with your course evaluation, please contact us at [osher@pitt.edu](mailto:osher@pitt.edu), and do not contact the University Office of Measurement and Evaluation of Teaching (OMET).

## Code of Conduct

In all courses, lectures, events, and in all course formats, OLLI members are expected to follow the OLLI Code of Conduct. While our rules of conduct may seem common sense to most members, with a growing program it is important that everyone understands the expectations. OLLI members are expected to respect the learning environment, instructors, staff, and other members and embrace the concept of a civil community as well as follow all OLLI and University rules. Please visit Member Resources on the OLLI website to read the OLLI Code of Conduct.

# How to Audit Undergraduate Courses

**SUMMER 2022 TERM** — Osher members may audit up to two preapproved undergraduate courses (any additional courses are charged at \$25 each).

One membership benefit of OLLI at Pitt is the ability to audit preapproved undergraduate courses. To “audit” a course means that the student does not receive a grade nor credits and generally does not participate in exams or homework. Each term, OLLI arranges for hundreds of undergraduate Pitt courses to be preapproved for members to audit. Auditors are guests in the course for which they register, and participation can be limited or restricted by the professor or department. Members may audit two courses per term as a benefit of membership. Additional courses audited are charged \$25 per course.

## Audit Course Registration Procedures

View Upcoming Classes: View full course descriptions online at: <https://psmobile.pitt.edu/> — then click on “Class Search.”

## Register to Audit Preapproved Courses

A complete list of preapproved audit courses will be located on our website. No member may attend and/or audit a course for which they are not registered.

## Online Registration Process for Preapproved Audit Courses

1. SIGN in with your username/password at: [www.campusce.net/ollipitt](http://www.campusce.net/ollipitt) (if you do not do this, you will not be able to add courses to your shopping cart).
2. If you need to pay your membership, from home page click on “Select/Renew Membership” and add a membership to your cart.
3. From home page, click on “Audit Courses”.
4. Click the department to see its list of preapproved courses.
5. Select your course of interest, and if desired, click on “Add to Cart”.
6. If you wish to add more audit courses, continue exploring and adding to your shopping cart.
7. When finished, go to your shopping cart, click on “Check out” button, and proceed through all screens to payment processing.

## Registering to Audit Non-Preapproved Courses

Auditing is ONLY allowed when there is space available in “lecture type” undergraduate classes. “Lecture type” classes are those in which students can observe the delivered lecture of material by the professor. Auditing is NOT permitted in the following areas: computer science, film production, physical education, studio arts, laboratory courses, creative writing courses, honors college courses, or performance courses.

Auditing also is NOT permitted in law or medical school classes, graduate courses, or hybrid online courses.

A member should contact the instructor of the course they wish to audit and request permission to audit the course as an Osher member. If the request is approved, forward that email to [osher@pitt.edu](mailto:osher@pitt.edu). The email must include the following information so that we can register you for the correct course:

- Department name
- Course title
- Course number (5 digits)
- Catalog number (4 digits)
- Instructor name and email address

**It is your responsibility to locate this information. This information can be found on Pitt’s registrar course listing search:** <https://psmobile.pitt.edu/app/catalog/classSearch>

**REQUESTS THAT DO NOT INCLUDE THE ABOVE FIVE REQUIRED ELEMENTS WILL NOT BE PROCESSED.**

**Please be aware:** Pitt is adjusting many courses, events, and plans due to changing conditions on campus. You may notice differences in the original course listing, as well as listings in the future. The most accurate and updated information will always be found on the class listing for Pitt, so double-check that they are still being held on Pitt’s registrar course listing search:

<https://psmobile.pitt.edu/app/catalog/classSearch>

## Conduct Expectations for Course Auditors

1. First time auditors are expected to attend an Osher orientation on auditing prior to the course.
2. Never attend a course or a class for which you are not officially registered.
3. Introduce yourself as an OLLI student to the instructor. Seek permission from them if you wish to verbally participate in the course, do written assignments, or take exams. You must respect their response and act accordingly.
4. Arrive on time to class and stay for the entire class.
5. If the instructor permits your verbal participation, do not monopolize discussion.
6. If issues arise, notify the OLLI office immediately.
7. Pay attention to dates and deadlines pertaining to undergraduate courses and the University academic calendar.
8. Formally drop the course by contacting us at [osher@pitt.edu](mailto:osher@pitt.edu) if you find out it is no longer of interest.

**NOTE:** Auditing is a privilege, not a right. OLLI reserves the right to remove any member from an audit course for any reason. For more information on auditing a course, go to the member area of the OLLI website at: [olli.pitt.edu](http://olli.pitt.edu)

# Instructor Biographies

(Listed alphabetically by last name)

**Eleni Anastasiou\*** has been teaching for the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences Department of English for more than 20 years. She has taught a variety of literature courses for OLLI, including ones on WWI poetry, Thomas Hardy, John Donne, and science fiction.

**Jeff Aziz\***, PhD, is a faculty member in the English Literature program at the University of Pittsburgh whose interests extend from renaissance drama to Christian iconography to the history of medicine. He is a faculty fellow of Pitt's University Honors College, and an affiliated member of the Jewish Studies and Medical Humanities faculties.

**Ralph Bangs\***, PhD, MPA, is the retired associate director of the Center on Race and Social Problems at the University of Pittsburgh. His most recent book is "Race and Social Problems: Restructuring Inequality." He has received racial justice and leadership awards and has taught courses on race for several decades.

**Elaine Bergstrom\*** has a BA from the University of Illinois in design, a certification in art education from Carlow University, and a botanical illustration certification from the Morton Arboretum in Illinois. She specializes in oriental, watercolor, acrylic, pen/ink, drawing, colored pencils, and pastels.

**Ken Boas\***, PhD, was formerly an instructor in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of English.

**David Brumble\***, PhD, is professor emeritus of English at the University of Pittsburgh and recipient of both of Pitt's most prestigious teaching prizes. Two of his five books are on medieval and renaissance art and literature, and he has published articles on the Bible.

**John Burt\*** is a retired history teacher and lawyer. He served as a featured speaker in "Safe Harbor," a public television award-winning documentary on the Underground Railroad in Western Pennsylvania. Since 1986, he has lectured on the history of American reform movements, especially the abolitionist movement and conducted tours connected with Underground Railroad activities.

**Sam and Candy Caponegro\*** have worked in all aspects of theater for over 30 years. Their goal is to keep the classic movie musicals and the golden age of Broadway alive through their lectures.

**Michael Canton** is host and producer of The Soul Show at WYEP. He is a retired mechanical engineer and program manager. He holds a BSME from Brown University and an MSME from Carnegie Mellon. After becoming a volunteer radio host in 2006, He expanded programming from a local broadcast to national syndication and is a music columnist for "Pittsburgh City Paper".

**Owen Cantor\***, DMD, was founder and music director of the Summerfest Chamber Music Festival, which presented 14 summers of great chamber works in Fox Chapel. For 10 summers, he was a participant and trustee at the Chamber Music and Composers Forum at Bennington, Vermont. He has served as a board member and advisor to many Pittsburgh musical organizations.

**Jill Clary\*** has been practicing yoga since 2003, has completed a 200-hour yoga teacher training program, and is registered with Yoga Alliance. Her classes are a blend of different yoga styles but all focus on a slow flow with longer holds.

**Jay Cole**, PhD, is senior advisor to the president and an adjunct faculty member at West Virginia University (WVU). He co-edited a book entitled "Beyond the Good Earth: Transnational Perspectives on Pearl S. Buck". He serves as a member of the Pearl S. Buck Birthplace Foundation Board of Directors and has taught on Buck for several Osher programs.

**Sandra Collins\***, PhD, focuses on women in the Old Testament at the University of Pittsburgh. She has also taught for Carnegie Mellon University, Duquesne University, and currently the Byzantine Catholic Seminary, as well as online for the Graduate Theological Union in Berkeley, CA.



**David Crippen\***, MD, FCCM, is professor emeritus of the University of Pittsburgh Medical Center, Departments of Critical Care Medicine, Emergency Medicine, and Neurologic Surgery. He has extensive lecturing experience on a wide variety of mostly medical subjects for multinational meetings, and he has played guitar in an active rock band for the past 11 years.

**Jared Day\***, PhD, taught American history at Carnegie Mellon University in Pittsburgh for 16 years. His areas of specialization are U.S. political, urban, and cultural history, as well as world history from the late eighteenth century to the present. He is the author of several books along with numerous other popular and peer-reviewed articles.

**Rebecca Denova\***, PhD, was a senior lecturer in the early history of Christianity at the University of Pittsburgh and regularly teaches courses on the history of early Christianity, ancient religions in the Mediterranean world, and various topics related to ancient popular religion and society.

**Judy Dodd\*** is a registered dietitian and retired Assistant Professor in Dietetics and Nutrition at the University of Pittsburgh. Along with teaching for OLLI, she has a nutrition education and communication background in speaking, writing, and television, not only as the former Giant Eagle Nutrition spokesperson, but also in community outreach.

**Marilyn Egan\***, PhD, is Director of Education at the Pittsburgh Opera. She enjoys opening new doors to opera for students of all ages. Staff members and opera artists who will share their specific areas of expertise about opera will join her.

**Shawn Ellies**, EdD, is Commander of the University of Pittsburgh police and Director of Security. He teaches courses for the Administrative Justice program in the College of General Studies at Pitt. He is the Chairperson for the American Society of Industrial Security (ASIS) Pittsburgh chapter and served 23 years in the United States Army.

**Lucy Fischer\***, PhD, is a distinguished professor emerita of English and Film Studies at the University of Pittsburgh, where she received the Provost's Excellence in Mentorship Award and the Chancellor's Distinguished Research Award. She is the author of many books on film and received fellowships from the National Endowment for the Arts and National Endowment for the Humanities.

**Richard Fitzgibbon\*** is a former teacher with 35 years of experience in the Riverview School District and was technical coordinator for the district for 10 years before he retired. Since retirement, he is a frequent volunteer at Computer Reach where he assists in refurbishing and recycling computers.

**Roland Ford\*** is a certified personal fitness trainer, group exercise instructor, certified dance instructor, choreographer, and marathon runner. He has developed a dance and fitness curricula for schools, churches, senior groups, community centers, corporations, and special needs populations. Award-winning Ford teaches dance and fitness courses and presentations throughout the Pittsburgh region.

**Maria Franco de Gomez\***, MA, is a retired instructor of Spanish at Penn State–New Kensington where she served as Spanish coordinator. Her career as a faculty member includes a substantial record of academic service, solid scholarly activity, and very strong evidence of outstanding teaching.

**Karen Goldman\***, PhD, has her doctorate in Spanish and Latin American literature from Columbia University. She has taught courses in Spanish language and Latin American literatures and cultures at numerous colleges and universities, including the University of Pittsburgh. Her recent scholarly work focuses on Spanish and Latin American cinema and representations of Latinos in U.S. popular culture.

**Sandra Gould Ford\*** is an author and educator who presents arts experiences to encourage, refresh, enrich creative thinking, and inspire. She holds an MFA in creative writing from the University of Pittsburgh and belongs to the Author's Guild and Science Fiction Writers of America. Sandra established a writing program at a mega-jail and published an international literary journal.

**L. Jon Grogan\***, PhD, earned an MA in history from the University of San Diego and PhD in history from Loyola University. He served 21 years in the U.S. Marine Corps, retiring at the rank of major. He has taught at Robert Morris University in addition to working for several museums and historical associations.

**Gabriella Hahn** is a graduate student in the University of Pittsburgh's School of Medicine where she is pursuing a PhD in molecular genetics and developmental biology. She received her bachelor's degree in molecular genetics at the State University of New York at Fredonia.

**Daniel Heifetz\***, PhD, is a lecturer in the Religious Studies Department at the University of Pittsburgh. His research and teaching focuses on South Asian religions in relation to colonialism, globalization, science, and health.

**Matthew Hileman** is a museum professional and art historian who has been teaching for over 20 years. He is currently the director of the Marilyn Horne Museum and Exhibit Center at the University of Pittsburgh at Bradford and an adjunct professor in the Division of Communication and the Arts. He has worked with museums and collections from around the world.

**Julia Hudson-Richards\***, PhD, earned her doctorate in modern European history from the University of Arizona in 2008, where she researched the emergence of the Spanish citrus industry. Her expertise is in the histories of food, the environment, and gender.

**Alan Irvine\***, PhD, is a professional storyteller with a life-long fascination with the Arthurian tales. His CD, "The Red Dragon: Tales of King Arthur," won a Storytelling World Honors award. He has a doctorate degree in sociology and teaches many courses at area universities.

**Esther Jackson**, EdD has her doctorate in higher education and adult learning. She has expertise in change management, leading and engaging groups and teams toward innovative solutions.

**Orin James\***, MS, is an assistant professor of biology in the Division of Health and Biological Sciences at the University of Pittsburgh at Bradford, where he has taught for the past seven years. In addition to biology, he teaches hybrid courses that include discussions of social philosophy, determinism, colonialism, race, sex, and gender to individuals of all ages.

**Robert Joyce\*** has over 30 years of experience teaching higher education at Augustana University and the University of South Dakota. He has a BA and MA from Augustana University in music and education.

**Bridget Keown\***, PhD, is a lecturer in the Gender, Sexuality, and Women's Studies Program at the University of Pittsburgh, where she leads the program's Gender and Science initiative. She received her PhD in history from Northeastern University. Her research focuses on women's experiences of trauma during the First World War.

**Jared Lemus** is a Latinx writer and graduate of the University of Pittsburgh MFA program in fiction. At Pitt, he has taught Composition, Introduction to Creative Writing, and Introduction to Fiction courses. His work focuses on writing about Hispanic culture and issues regarding race, religion, sexuality, and politics. His work has appeared in "The Kenyon Review Online" and "PANK", among others.

**Xinran Liu** is a PhD, student in the Department of Behavioral and Community Health Science, University of Pittsburgh Graduate School of Public Health. With an educational background in both China and the U.S., she is passionate to introduce Chinese culture to the Western world.

**Andrew Lotz\***, PhD, serves as an Assistant Dean in Arts and Sciences, as well as a Lecturer and Advisor in the Department of Political Science at the University of Pittsburgh.

**Diane Markovitz\*** is a licensed physical therapist with a degree from Marquette University's School of Physical Therapy. She loves developing and teaching group exercise classes, as it provides her with a way to use her physical therapy experience to reach more people.

**Grace Marston** is an Arts Educator at the Andy Warhol Museum. She has worked at the museum for over 10 years and aspires to become the preeminent Warhol scholar of her generation. She has conducted gallery talks, tours, and workshops for audiences of all ages and backgrounds. She specializes in LGBTQ+ education, senior education, and research projects.

**Louise Mayo\***, PhD, is a professor emerita at the County College of Morris, New Jersey, with over 30 years of college-teaching experience in American history and American government. She is the author of "James K. Polk: The Dark Horse President," among other books.

**Laurie McMillan\*** has been writing and teaching all genres for years and is finishing an MFA in fiction. She was the co-founder of the Pittsburgh Writers Studio and Pittsburgh Memoir Project. She leads therapeutic writing circles.

**Melissa Melby**, PhD, lived and worked in Japan for 10 years and has conducted research and taught about women's health, aging, maternal-child health, and diet for over 20 years. She was the Food & Nutrition Education Project Leader at the National Institute of Health & Nutrition in Japan before joining the faculty of the University of Delaware, where she is a full professor of anthropology.

**Abby Mendelson\***, PhD, has been a writer, editor, and educator for nearly 50 years. He published both fiction and nonfiction works on a variety of topics, and taught writing and literature at universities and colleges throughout the Pittsburgh area.

**Doug Oster\*** is the home and garden editor for the "Tribune-Review" and "Everybody Gardens" and co-host of "The Organic Gardener's Radio Program," a weekly show on KDKA. He received the 2009 Outstanding Documentary Emmy for "Gardens of Pennsylvania," written and produced for WQED. His gardening books include "Tomatoes Garlic Basil" published in 2010.

**Marcie Persyn\***, PhD, completed her doctorate at the University of Pennsylvania and is Assistant Instructor in the Department of Classics at the University of Pittsburgh. There, she endeavors to teach classics to all, but ancient mythology is one of her favorite courses to teach. The impact of mythology shapes our lives every day as these stories continue to withstand the test of time.

**Miles Richards\***, PhD, taught history at universities and colleges in South Carolina. He has published numerous articles and monographs on United States history.

**Sarah Rosenson** has a law degree from the University of Pennsylvania and a master's degree in Jewish studies from the Spertus Institute. She practiced law for a decade; taught ethics, philosophy, and religious courses at a private high school; and currently teaches adult education courses for OLLIs, retirement communities, and various online venues.

**Ann Rosenthal\*** has more than 30 years of experience as an artist, educator, and writer. Her work has been shown locally at the Andy Warhol Museum, the Mattress Factory, and SPACE, and has been featured in exhibitions across the U.S. and internationally.

**Cathleen Sendek-Sapp\***, MFA, has her master's degree in French language and literature. She has taught French at the University of Pittsburgh as a teaching fellow and part-time instructor, as well as for noncredit lifelong learning.

**Melissa Sokulski\*** is a licensed acupuncturist as well as an herbalist, forager, and wild food educator. She studied acupuncture and herbal medicine at the New England School of Acupuncture, graduating in 1996 with a master's degree. She is the founder of Food Under Foot, teaching about using wild plants and mushrooms as food and medicine.

**Jay Steele\*** is an adjunct health physical education instructor since 1985 at Community College of Allegheny County (CCAC). He is also a certified American Council on Exercise personal trainer, group exercise instructor, health coach, and a YogaFit certified instructor. He has been teaching historical walking courses for over 20 years.

**Gregory Strom\***, PhD, studied philosophy at the University of Chicago (BA, 2002) and the University of Pittsburgh (PhD, 2011), and has been teaching philosophy at the University of Pittsburgh since 2004, with a brief stint (2011–2013) at the University of Sydney. He spends most of his philosophical energies thinking about how to live a good life and do the right thing.

**Jeffrey Swoger\*** is a retired graphic designer with a lifelong interest in the arts—specifically design, music, architecture, and film. Much of his life was spent in Chicago where he was involved with the Chicago Architecture Foundation, designing their logo and printed materials.

**Melissa Tai\*** teaches art at various locations throughout Pittsburgh and enjoys sharing her love of art with her students. She strives to create a warm and supportive environment for students to learn and experiment.

**Raymond Uy\*** is an author, performer, conductor, and award-winning music educator. He holds a Doctor of Musical Arts degree from Boston University (2018), a Master of Music degree from the Eastman School of Music (2003), and a Bachelor of Music degree from Westminster Choir College (2001).

**Russell Walker** holds a BA in mathematics from the University of Akron, and a master's and Doctor of Arts in mathematics from Carnegie Mellon University. He is a teaching professor emeritus from Carnegie Mellon. He has been studying Rembrandt and his work for more than 30 years and has given guest lectures and courses on Rembrandt at several universities and programs.

**David Walton**, MFA, is retired from the University of Pittsburgh Dietrich School of Arts and Sciences, Department of English, where he taught a variety of literature and writing courses over the last 20 years. He is a regular book reviewer for several national newspapers, a recipient of a National Endowment for the Arts fellowship in literature, and the author of two collections of short stories and a novel.

**Xiaohong Wang** is a PhD candidate studying behavioral economics and public policy at the Graduate School of Public and International Affairs (GSPIA) at the University of Pittsburgh and has taught both online and in-person courses at GSPIA.

**Germaine Watkins\*** has a love of photography that started as a young child. He began developing his skills at Manchester Craftsmen's Guild during high school and continues to educate and inspire students through the art of photography.

**Richard Wertheimer\***, EdD, is a career Pittsburgh educator. He has served as a public school mathematics teacher and supervisor, a coordinator of instructional technology, and is the cofounder, CEO, and principal of a successful Pittsburgh charter high school.

**Richard Wilson\*** is a retired internet software executive and sociologist. After teaching at the University of Pittsburgh, he helped to establish the Operations Research department at US Airways; led software development efforts at several companies; and served as president and CEO of CombineNet. His 40-year career has been closely tied to the development of the internet and its uses in business and other fields.

**Michael Young**, PhD, is an experienced teacher of both film and history, earning his doctorate from the University of Cincinnati. Currently he is a faculty member in the University of Pittsburgh's undergraduate film program. He is the author of numerous articles and conference papers in film studies, including some in the interpretation of historical wars in both movies and television.





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# SESSION 2 | SCHEDULE AT-A-GLANCE | SUMMER 2022

MONDAY, JUNE 27 – MONDAY, AUGUST 1, 2022

**P**

Indicates an in-person course. All other courses take place online.

## MORNING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>10–11:30 a.m.</b> Comedy Explored: Is It Just for a Laugh? ORIN JAMES <hr/> History of the Movie Musical, Part 2 SAM AND CANDY CAPONEGRO <hr/> Nutrition, Life in a “New Normal”: Back to Basics JUDY DODD <hr/> <b>10–11:50 a.m.</b> Down the Rabbit Hole: The World of Lewis Carroll ELENI ANASTASIOU <b>P</b> <hr/> Take Your Summer Garden to the Next Level DOUG OSTER <hr/> <b>11:30 a.m.–12:30 a.m.</b> Chair Yoga cont cont.	<b>9–10 a.m.</b> Better Balance! Steady and Strong! (continued) <hr/> <b>10–11:30 a.m.</b> Beginning Level French: Everyday Vocabulary (continued) <hr/> Fantastic and Ferocious Fungi MELISSA SOKULSKI <hr/> Neoplatonism GREGORY STROM <hr/> <b>10–11:50 a.m.</b> Medieval and Renaissance Art in the Region DAVID BRUMBLE <hr/> The Scramble for Africa or How the African Countries Got Their Shapes L. JON GROGAN <b>P</b>	<b>9–10 a.m.</b> Gentle Yoga (continued) <hr/> <b>10–11 a.m.</b> Bone Health, Steady and Strong! (continued) <hr/> <b>10–11:30 a.m.</b> The People’s Empire: British History, 1603–1760 JARED DAY <hr/> <b>10–11:50 a.m.</b> This Endless War: The First Wave of Iraq/ Afghanistan Fiction ABBY MENDELSON <hr/> How Did Sex Become a “Sin”? REBECCA DENOVA <b>P</b> <hr/> <b>10:15–11:15 a.m.</b> <hr/> Chakra Yoga All Levels (continued)	<b>10–11:30 a.m.</b> Advancing Your Watercolor Practice (continued) <hr/> Bio-cultural Perspectives on Aging: Lessons from Japan MELISSA MELBY <hr/> Go Beyond Surviving and Learn How to Thrive in the New Normal ESTHER JACKSON <hr/> Writing Vignette SANDRA GOULD FORD	<b>10–11 a.m.</b> Dance and Be Fit ROLAND FORD <hr/> <b>10–11:30 a.m.</b> Broadway and the Great American Songbook RAYMOND UY <hr/> Intermediate French Exploration: Hypothetically Speaking (continued)

## AFTERNOON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>1:15 p.m.</b> <b>Monday Master Class</b> (Lectures will end at varying times. See times beginning on page 24.)	<b>1–2:30 p.m.</b> Advanced Intermediate French Exploration: Miscellaneous Topics (continued) <hr/> Harnessing the Power of Your iPhone RICHARD FITZGIBBON <hr/> <b>1–2:50 p.m.</b> Animals in Research GABRIELLA HAHN <hr/> Watching World War II at the Movies MICHAEL YOUNG <b>P</b> <hr/> <b>3–4:30 p.m.</b> Beginner Spanish (continued) <hr/> Singers/Songwriters of Rock, 2 ROBERT JOYCE <hr/> <b>4–5:50 p.m.</b> Introduction to Law Enforcement SHAWN ELLIES <b>P</b>	<b>1–2:30 pm</b> Mythology of the Ancient and Modern World: Monsters and the Misunderstood MARCIE PERSYN <hr/> <b>1–2:50 p.m.</b> Fiction Writing: The Short Story JARED LEMUS <b>P</b> <hr/> The Soul of Pittsburgh Michael Canton <b>P</b>	<b>1–2:30 p.m.</b> Beginner Watercolors (continued) <hr/> Wisdoms of Pearl: The Life and Legacy of Pearl S. Buck JAY COLE <hr/> Nineteenth Century Romanticism in Art MATTHEW HILEMAN

Cancelled

**REVISED  
05/10/2022**