

# Course Catalog

January through June 2019

WEBSITE: [www.lli.uga.edu](http://www.lli.uga.edu)

FACEBOOK: [olliatuga](https://www.facebook.com/olliatuga)

TWITTER: [@olliuga](https://twitter.com/olliuga)

## OLLI@UGA's 25th Year

Celebrating its 25<sup>th</sup> year of operation, the OLLI@UGA will offer more than 200 courses during the spring semester which begins on February 4.

“Our curriculum committee and staff have worked hard to produce a series of classes and programs we think our members will find interesting, entertaining, and educational,” said Monte Broaded, OLLI@UGA President.

Several new classes are being offered this semester such as:

- Great Decisions: a multi-week program featuring background information and policy options for the eight most critical issues facing America
- A History of Georgia's Hope Scholarship former University System of Georgia Chancellor Hank Huckaby
- Welcome to TED Talks series: Ideas and Lessons Worth Sharing and Spreading

Popular OLLI instructor Dr. Lief Carter, a retired UGA & Colorado State Political Science Professor, is offering two courses, Has Democracy Failed in the U.S. and How to Interpret The U.S. Constitution.

Other returning speakers/programs include:

- UGA Peabody Awards Director Jeffrey Jones who will highlight the 2019 Peabody Award Winners.
- OLLI member Chuck Murphy will repeat several popular classes including “Cloudy with a Chance of Monarchs.”
- Athens Genealogist Laura Carter repeats her popular Genealogy Databases and All About Galileo classes with both lecture and hands-on learning.
- Atlanta political analyst Bill Crane will offer insights of the 116<sup>th</sup> U.S. Congress and new Georgia Governor's first 100 days as well as offer a review the 2019 Georgia Legislative Session.

A number of first-time speakers are booked:

- New member John Roeder will share what life was like for tours of duty on nuclear and other submarines.
- Charles Van Rysselberg of Gainesville, another new member, relives his experience as Chamber Executive in Oklahoma City 25 years ago after the terrorist attack.

- Georgia Music Hall of Fame recording engineer Rodney Mills and Georgia Radio Hall of Fame deejay Kelly McCoy recall the golden age of Georgia Rock & Roll.
- Gil Rogers of the Southern Environmental Law Center provides an update on the debate between Alabama, Georgia, and Florida over water rights.
- Eric Tanenblatt, head of Denton Law Firms' Global Policy Practice, will lecture on the regulatory, political, and technical developments in the world of automotive autonomy (autonomous vehicles).

Several classes are planned that offer members unique tours and programs at local facilities and attractions such as:

- A demonstration cooking class by an acclaimed local chef.
- A chance to be a jurist at a UGA Moot-Court Trial.
- First Date With History: An overview of OLLI partner Hargrett Special Collections Library and hands-on activity with original materials.

Executive Director Tim Meehan said that OLLI's spring classes feature current UGA professors, emeriti instructors, recognized national and regional experts, community representatives and our own members offering a “continuing learning program worthy of the University of Georgia brand.”

## What's Inside?

Online Registration Guide	Page 3
Spring 2019 Registration Information	Page 4
Courses Listing by Category	Page 6
Alphabetic Listing of Presenter	Page 9
Courses Listing with Descriptions	Page 12
Course Calendar	Page 32
Shared Interest Groups	Page 58
Maps	Page 58
Course List with Schedule	Page 60

# Course Catalog

## January - June 2018

Dear OLLI@UGA friends:

We hope you will find many courses to enjoy in OLLI's course catalog.

As you know, OLLI provides courses to our members for the purpose of education only. All of our instructors have agreed not to advertise or sell to class participants any products or services from which they benefit financially. We hope that OLLI's policy, in keeping with the University's conflict-of-interest regulations, will prevent exploitation, intended or unintended.

We are delighted that OLLI's curriculum includes courses offered by accomplished individuals with expertise in arts, scholarly disciplines, health, commerce, and industry. We want to provide a wide-range of excellent courses appealing to OLLI members' many different interests. Our talented instructors may discuss art they have created, books they have written, industries in which they work, and non-profit organizations in which they participate as long as they do not sell or advertise to the class any products or services from which they benefit financially.

*OLLI does not endorse any products or services offered by OLLI instructors or OLLI members.*

We make every effort to be sure that members do not feel pressured by class instructors to purchase goods or services. On the other hand, there are cases in which the policy blocks our members from opportunities that they would like to have. The main case in point is book signing. OLLI recruits some excellent authors to teach classes related to books they have written. Frequently OLLI@UGA members choose to purchase those books in preparing for class and would like have the opportunity for the author to sign them. Authors are often motivated to teach for OLLI@UGA by their hope for more visibility for their books.

Therefore, after consultation with several in OLLI@UGA leadership, the following Curriculum Committee policy has been adopted:

Authors will make no attempt to sell books to students in their classes and no books will be sold to OLLI class members by the authors during the class. However, as part of OLLI classes, authors can sign books that have been previously purchased and brought to class by OLLI members. Authors can be notified of this option when they are recruited to teach and OLLI members will be informed of this opportunity.

This policy encourages authors' interest in teaching for OLLI and allows our members to purchase books they are exposed to in OLLI classes, without pressure. Please continue to share your opinions on the courses you take by evaluating them online. Your evaluations will help the Curriculum Committee recruit courses to your liking in the future.



UNIVERSITY OF  
**GEORGIA**  
College of Education

OSHER  
LIFELONG  
LEARNING  
INSTITUTE  
UNIVERSITY OF GEORGIA

River's Crossing  
850 College Station Road  
Athens, GA 30602-4811  
Telephone: 706.542.7715



EMAIL: [olli@uga.edu](mailto:olli@uga.edu)



WEBSITE: [www.olli.uga.edu](http://www.olli.uga.edu)



FACEBOOK: [olliatuga](https://www.facebook.com/olliatuga)



TWITTER: [@olliuga](https://twitter.com/olliuga)

### *OLLI@UGA Staff*

Executive Director	Tim Meehan
Office Manager	Shelly Magruder
Office Assistant	Rita Healan
Student Worker	Katie Shivers
Bookkeeper	Mandy Blaylock
Coordinator of Social Media	Amy Munnell

### *OLLI Officers of the Board*

President	Monte Broaded
President Elect	Chris Jones
Secretary	Ann Shumpert
Treasurer	Mamie Mierzwak

### *OLLI Board of Directors*

Jim Alberts	Sherry Malone
Bill Barstow	Roy Martin
Richard Bouldin	Cher Snyder
Nancy Grayson	Barbara Timmons
Penny Oldfather	Bob Yorczyk

### *OLLI Committee Chairs*

Bylaws	Barbara Timmons
Curriculum	Bob Yorczyk, Renny Barnes
Finance	Denny Beresford
Fund Development	Pending
Hospitality	Linda Dipietro, Julie Cashin-Schneider
Long Range Planning	Larry Dendy
Marketing & Communications	Ann Allen
Membership	Cher Snyder
Nominating	Chris Jones
Special Interest Groups	Lee Albright
Travel Study	Joan Zitzelman
Volunteer Coordinator	Sandy Clark

Editor: OLLI Times  
Host Coordinators

Susan Walker  
Toni Jones,  
Sherry Malone  
William Loughner  
William Loughner,  
Don Schneider

Historian  
Parliamentarian

# Online Registration Guide

We are changing registration systems this semester to improve our online experience. Please read the following guide carefully, even if you have registered online with us before.



## Accessing the registration site:

- Go to [olli.uga.edu](http://olli.uga.edu)
- Select the Red Button (OLLI@UGA Members in the top righthand corner).

## On the Registration site:

You will need to sign in to your account using the Sign-In link under the main banner. If you are not signed in, you will not be able to add items to your cart.

Membership and the New Years Eve Luncheon will open for purchase on December 10.

You will be able to view classes ahead of opening at 10am on Wednesday January 16. Take some time to browse all the classes, you might find something you missed in the catalog!

## Current Members:

If you are a current member you will have received two emails: one with your new username and one with a temporary password. If you have not received this email, please contact the office on (706) 542-7715.

- Once you log on, you will be asked to update your username and password.
- If your membership expires on June 30, 2019, you will be able to add items straight to your cart.
- If your membership is due to expire on December 31, you will need to add a membership to your cart before you can select any of the classes. We strongly suggest that you do this before class registration opens.
- If you do not know whether you are a July or January member, sign in, and check the My Membership tab.

## New Members:

If you are not currently a member, create a new account following the instructions on screen. We strongly suggest that you go ahead and purchase a membership so that you will be ready to add classes when class registration opens.

## Adding Classes:

Classes are listed alphabetically and by category  
You can see how many spaces are still available in the class before you register.

To select a class click the 'Add to cart' button

This will take you through to your shopping cart.

Preview your cart and return to classes by using the back button.

If a class is full, you can add yourself to the waitlist by selecting the 'Add to Waitlist button'.

## Checking out:

Once you have registered for all the classes you wish to take, you can proceed through the checkout process.

You will be able to return to add classes and events at any point using the same instructions.

If you are using a public computer, please remember to log out.

## Reminder: OLLI Course Registration and Cancellation Policies

- If you know you cannot attend a class please notify the OLLI office. To receive a refund, you must notify the office ten days before the first class session. You can now submit your cancellation request online using the form located on the OLLI website (More Links>Forms > Request to Cancel a Class or Trip).
- You can register for a course at the last minute, but be sure to check with the OLLI office before attending. Some classes have waitlists and those on the waitlist receive priority.
- The office will send a reminder out 10 days before each class, but remember to add each class to your personal calendar.
- Also please note that OLLI@UGA does not pro-rate its class fees. You will be charged for all sessions of a class regardless of how many you attend.



# Spring 2019 Registration Information

Catalogs will be mailed the second week of December in order to get ahead of the holiday mailing rush. We anticipate opening general registration on Wednesday, January 16, 10 AM. Watch for semester updates via email announcements, our website, and social media outlets.

## **REGISTRATION HINTS (Knowledge long-time members take for granted)**

After class host registration which is scheduled for January 3-10, the online store will “go quiet” as we prepare for general registration. We reset the number of seats available, verify all data once more, and get all the parts of the system realigned.

### Registering Online

- Follow the Online Registration Guide, at least the first time. We encourage you to use the guide until you are comfortable with the terminology and the process. The guide can be found on page 3 of your catalog.
- Payment is your registration. If you are worried about a class filling quickly, register and pay for that class first and then go back and add additional classes to your registration.
- Waitlists: The new system does not collect payment for any class in which you are waitlisted when you register. You will be required to pay if you are moved to the regular roster.

### If you do not wish to register online

- Paper registrations can be mailed in or dropped by the office as soon as the catalog is received. All mailed-in registrations are date-stamped and stored in the safe until registration opens.
- If registering by paper, please be sure to indicate session “A, B, or C” for classes with multiple offerings.
- Mailed-in registrations do not provide advantage or guarantee a “leg-up.” The office is vying on your behalf for the same seats as members who have chosen to self-register online.

### General Information

- Members will not have an initial credit on account. If you had a credit on your account, you will receive a check for any remaining balance no later than December 31, 2018.
- Members can register for a class up until the first day the class meets, as long as there are no previously stated time restrictions (i.e. luncheons).
- Due to the high volume of activity during the initial registration period, registrations will not be processed over the phone.
- OLLI@UGA's class cancellation policy requires that members notify the office in writing ten days prior to the first class meeting.

## **CLASS HOST REGISTRATION (January 3-10)**

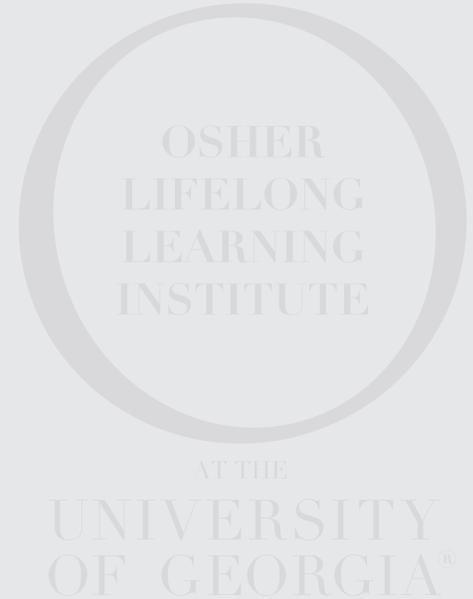
Members interested in serving in a short term volunteer role can serve as a class host. Host registration will be January 3-10. There is one spot in a class made available during this time. If you are willing to be a class host, simply secure that spot and you are confirmed as the class host. New or returning hosts can take advantage of a training session on January 23, or January 31.

## *Mission Statement*

OLLI@UGA is dedicated to meeting the intellectual, social and cultural needs of mature adults through lifelong learning.

## SAVE THE DATES

<b>January 2, noon – January 10, noon</b>	Class Host Pre-Registration
<b>January 7, 1-2:30 PM</b>	New Member Orientation
<b>January 11, 10 -11:30 AM</b>	New Member Orientation
<b>January 11, 1 – 2:30 PM</b>	New Member Orientation
<b>January 16, 10 AM</b>	General Registration Opens
<b>January 23, 10-11 AM</b>	Class Host Training
<b>January 25, 1-3 PM</b>	Lifelong Learning Fair
<b>January 30, 10 – 11:30 AM</b>	New Member Orientation
<b>January 31, 1:30-2:30 PM</b>	Class Host Training
<b>February 4</b>	Classes Begin
<b>Thursday, April 11</b>	Spring Beerganza
<b>May 17, 1 -3 PM</b>	Annual Meeting



*Membership announcements, OLLI@UGA website, and our social media will contain updated information. This information is current as of December 2018. Dates/Times are subject to change.*

## Parking Tags for River's Crossing for 2019

Each individual who registers for just one class at River's Crossing will receive a semi-permanent hangtag. The tag will be valid through July 31, 2019. Members will not pay a separate fee for parking. Rather, a parking fee is included in class fees.

The semi-permanent tag issued to members who register for a River's Crossing class will be good for all classes, meetings and events at River's Crossing during the coming OLLI year.

### What you need to know:

Anyone registered for just ONE River's Crossing class will be assigned a semi-permanent, uniquely-numbered hang tag. Tags will not be mailed.

Parking tags will be available for pick-up from the OLLI office between the hours of 9-4.

The cost to replace a lost tag will be \$25—so hang on to your tag!

## Fisher Fund Tuition Assistance Program

Upon the death of Carol Fisher, OLLI established a memorial fund in her honor to provide funds for tuition assistance to OLLI members, per the policy below:

All registered OLLI@UGA members shall be eligible for Fisher Fund tuition assistance upon simple oral or written application to the Executive Director, such application to remain confidential. Approved requests are limited to \$100 per person per semester, as credits to defray class fees selected by the member. Applicants can apply in any number of succeeding semesters, with dollar ceiling limits as recommended by the Finance Committee and approved by the Board in advance of each semester. The Executive Director will have authority to extend any Tuition Assistance request above the \$100 maximum on a case-by-case exception approved by the President. Contact [olli@uga.edu](mailto:olli@uga.edu) for information or to confidentially request tuition assistance.

# Course Listing by Category

## Aging Successfully

Aging in Place: Village Model & Its Possibilities for Athens  
 Conversations About Older Drivers: We Need to Talk  
 Downsizing: A Fresh Start  
 Falling: Causes, Prevention, Solutions  
 Healthy Smiles: Current Advances in Dentistry and Health  
 Living While Dying: Film and Discussion  
 Medical Aid in Dying: Ethics and Pragmatics of Choice at the End of Life (V)  
 Medications: Let's Talk about the Pills You're Taking  
 Psychological Well-Being in Retirement  
 Pushing Back Against Ageism (V)  
 Skin Care for Ages 50 +  
 Understanding and Caring for the Aging Brain

## Animal Kingdom

Birding: Learning Bird Songs  
 Birding: Practical Steps to Learning about Birds  
 Cloudy with a Chance of Monarchs  
 Crows: Wise, Foolish, and Just Plain Nuts  
 Dog Behavior Transformation Fundamentals  
 Dog Bite Prevention  
 Small Honeybee Hives for Urban Gardens

## Around Athens & Georgia

Athens Ben Epps Airport, Past and Future: A Tour  
 Athens Land Trust: A Visit to Williams Farm  
 Athens Museum Mile Experience  
 Athens Technical College: A Tour  
 Beech Haven: A Walking Tour  
 Biking Safely in Athens: Ride Right, Ride Bright  
 Caterpillar Manufacturing Facility Visit  
 Commonsense Gardening: A Tour  
 Condor Chocolates: From Bean to Bar  
 Conversation with Newly Elected Athens-Clarke Mayor  
 Downtown Athens: Creating a Work of Art  
 ENGAGE Now: Volunteering in Athens Clarke County  
 First Date with History at UGA's Hargrett Library  
 Flying Through the Air: A Visit to Canopy Studio  
 Food Bank of NEGA and Its Partnership with the Community  
 Foothills Education Charter High School: A High School Option that Works  
 Garden Tour: West Broad Market Garden  
 Hike "The Beloved Land" in Athens  
 Hike Memorial Park's Birchmore Trail  
 Jittery Joe's Coffee Roasting Company Tour  
 Juror for a Day: UGA Law School's Mock Jury Trial  
 Knights to Kings: A Journey to Ethiopia  
 Milledge Avenue from Broad to Baxter: A Walking Tour  
 One Heart, One Way: The Journey of a Princely Art Collection

The "Kinda Tiny" Home: Athens Habitat Fulfills Affordable Housing Needs (L)

UGA Historic North Campus: Walking Tour  
 UGA Main Library: Tour and Introduction  
 UGA Ramsey Center: Tour & Introduction  
 UGA Veterinary Teaching Hospital Tour  
 Under The Big Top & Traveling Shows  
 Volunteering with Senior Corps Programs  
 What is a Garden? The Founders Garden  
 WUGA Radio Studios Tour

## Beyond our Borders

China: A Twentieth Century of Revolutions  
 China: Inside and Out (II)  
 Constructive Engagement with China & Russia: Why "America First" Is Not the Answer (L)  
 History & Politics of Environmental Issues in Vietnam Today  
 Iceland: Taking a Summer Drive  
 Portugal's Founding and Its Role as an International Empire  
 Russia: St. Petersburg and a Love for Robert Burns

## Biography & Reflection

Feasting with Mark Twain (L)  
 Franklin Delano Roosevelt in Georgia (L)  
 Journey to Freedom: Six Thai Elephants and Me  
 Conversations and Memories of Another Era... WWII  
 Experiences of a Mud Engineer: Drilling around the World  
 Finding My Community: Feminists, Feminisms, and Advertising  
 Inside The Dr. Horace Mann Bond Exhibit  
 Life on a Submarine  
 Living with Alzheimer's Disease  
 Looking for Someone Who Changed My Life  
 More Memories of A Sportscaster  
 Oklahoma City Bombing (1995): A First-Hand Account  
 Over Germany: Lt. Col. Vince Masters (385th Bomb Group)  
 Vietnam: An Advisor's Experience

## Computers & Technology

~~Drones and Sausage Making: Regulating for Privacy~~  
 Drones: A Primer on Recreational vs. Legal Commercial Use  
 Exploring DNA Results from Ancestry.com  
 FamilySearch.org Research Wiki: A Family Historian's BFF  
 Genealogy Databases: The Big Four  
 Genealogy Research Using GALILEO  
 Ham Radio 101: When All Else Fails, Ham Radio Works!  
 Introduction to Home 3D Printing With Live Demonstrations  
 iPhone/iPad Photography: Making and Sharing Photos  
 Preparing For An Autonomous Future  
 SAMERA Sees Subsurface

## Food & Beverage

Cooking Demo and Insider's View of a Professional Kitchen  
 Delicious Desserts & Sweet Treats Free of Refined Sugar  
 Flavor Perception: Increase Enjoyment of Fine Food and Wine  
 How to Meal Prep for the Week  
 Wine Flavors and Food Pairing - A

## Government & Politics

Athens-Clarke Commission: The Inside Scoop & The Government  
 Gossip  
 Criminal Justice Reform in Georgia and Across the Nation  
 Dynamic Courtroom Moments (L)  
 Eliminating Cash: Costs and Benefits  
 Free Speech  
 Georgia Politics & The Upcoming 2020 Presidential Campaign  
 Georgia's Long Quest for a State Flag  
 Great Decisions: Foreign Policy Issues  
 Has Democracy Failed in the United States?  
 History of Georgia's HOPE Scholarship: Recognizing Excellence  
 How to Interpret the U.S. Constitution (or any law)  
 Observations of Georgia Politics  
 Tri-State Water Wars: Their Source and Their Future  
 U.S. Health Care Reform: Where Will We Go after the Elections?  
 UGA's Congress Project: Why Is Congress So Polarized?  
 Voices in Opposition: The New Women's Movement  
 Washington & Atlanta: An Inside Look At The First 100 Days  
 White Extinction Anxiety

## Health & Fitness

24/7 Mindfulness: Everything Is a Choice  
 A Stronger You: A Logical Approach to Physical Conditioning  
 Ageless Grace  
 Aikido: The Way of Harmony  
 Diet Confusion in America: Challenging Popular Food Myths  
 Dry Needling: Alleviating Pain  
 Hatha Yoga: Basic Practice  
 Make Time for Fitness  
 Medical Partnership & UGA Pharmacy School Simulated Patient  
 Programs  
 Meditation: Reclaiming Relational and Personal Agency  
 Modifying the Stress Response for a Healthier, Longer Life  
 Music Therapy: Healing in the Key of Life  
 Plant Based Diet: How & Why to Transition to a Plant Based Lifestyle  
 Structure of American Healthcare  
 Tai Chi Easy  
 Tai Chi Yang Style 9  
 Universal Health Care Systems around the World  
 What's Happened to Doctoring?  
 Golf Swing Fitness

## Historical Perspectives

Band of Brothers: Allied Invasion & Liberation of France  
 Darwin, Fitzroy and the Fate of the Native People of Tierra del Fuego  
 Early Biological Warfare: Is There Smallpox in that Blanket?  
 Elizabeth Church Robb and Female Aid Work in Union Prisons  
 Hollywood Personalities: Their Roles in WW II  
 John Henry's Death and African-American Roots of Rock & Roll  
 Killed with a Cart: Hazards of Life in Early-Modern London  
 Neanderthals to Nations: How Today's World Evolved  
 Spanish Flu Pandemic of 1918-19: Can We Prevent Another One?  
 The American Field Service (AFS) in World War Two  
 When an 1870s Mortgage Crisis Became a Mortgage Meltdown

## Hobbies & Sports

Beginning Bridge III: Defense in the 21 Century  
 Draw Cartoons for Fun with Your Grandchildren  
 Fountain Pens (I have this old pen...)  
 Joy of Metalsmithing for Beginners  
 Petanque: The Greatest Game You Never Heard Of  
 Photobooks: How to Capture Your Memories  
 Play Ball! The Relationship of Minor and Major League Teams  
 Sport of Kings: Behind the Scenes at Triple Crown Races

## Literature & Writing

Bridge on the River Kwai: A Novel Gets a Hollywood Makeover  
 Critical Reading: Selected Short Stories  
 Ernest Gaines' Masterwork: A Lesson Before Dying  
 Great Books' Great Conversations  
 Mansfield Park: Virtue and Vice  
 Memory & Complicity: Meeting the Challenge in Robert Franklin's Blurb  
 Mysteries of Shakespeare Authorship (V)  
 One Writer's Long Journey to Publication  
 Paradise Lost: A Guided Walk-through  
 Story Telling Through Art  
 The Art of Spoken Word

## Music

1960s – 1990s: The Golden Years When Georgia Rocked  
 Chamber Music in History and in Athens  
 Georgia and Georgians in Commercial Country Music's History  
 Going Down the Housatonic: An Exploration of a Charles Ives Song  
 History and Music of the Highland Bagpipe  
 Is the Violin in my Uncle's Attic a Stradivarius?  
 Music of the Poetic Singer-Songwriters of the Fifties and Sixties (L)  
 Steinway: The Grand Piano of the UGA School of Music

## Performing Arts

2019 Peabodies: An Insider's View  
 Alfred Hitchcock's Vertigo: Spirals of Deception (L)  
 Hollywood "Screwball Comedies" of the 1930s

## Personal Enrichment

All about OLLI@UGA  
 Being Bilingual and Bi-literate: Benefits and Challenges  
 Caring for Antique Furniture  
 Conflict Transformation for Individuals and Groups  
 Creative?: Not Me, but I Want to Be  
 Georgia Archives: A Trove of Wonders for Genealogy and More  
 Grandpa, Please Tell Me a Story  
 Have Fun With Grandkids While Sharing Family History  
 Illustrating Picturebooks  
 Let's Crafty with the Grandkids!  
 Meditative Doodling: Centering Yourself through Art  
 Spanish: Beyond the Basics  
 TED Talks: Ideas and Lessons Worth Spreading and Sharing - Pt. 1  
 TED Talks: Ideas and Lessons Worth Spreading and Sharing - Pt. 2  
 The Twelve Steps as a Way of Life  
 Using Humor to Bounce Back from Dashed Hopes, Broken Dreams, and Plans Gone Outrageously Awry!  
 Using Your Brain to Find Your Way around Athens with No GPS  
 Zen and the Art of Chinese Calligraphy

## Personal Finance

Estate Planning and Probate Matters  
 Get REAL With Your Finances  
 Investing #1: What You Need to Know About Investing  
 Investing #2: Retirement Investments in Action  
 Investing #3: Retirement Withdrawal Strategies  
 Investing #4: Annuities  
 Investing #5: Working With Financial Professionals  
 Investing #6: Becoming Your Own Financial Manager  
 Money and Happiness

## Plant Kingdom

Choosing Colors for Your Garden  
 Georgia's Historic Gardens (L)  
 Glyphosate: A Herbicide's Detrimental Effects  
 Lush Lawns, Little Effort  
 Pruning 101  
 Still More Plant Stories: Delightful, Delicious, and Deadly  
 Tales From The Garden: A Magical Journey with a Storyteller  
 Your Backyard – What Should You Plant?

## Religion & Philosophy

Essential Islamic Spirituality  
 Introduction to Shamanic Practices  
 Judaism 101  
 Philosophy: A Brief Introduction  
 Your Spiritual Metaphysical Self

## Science & Math

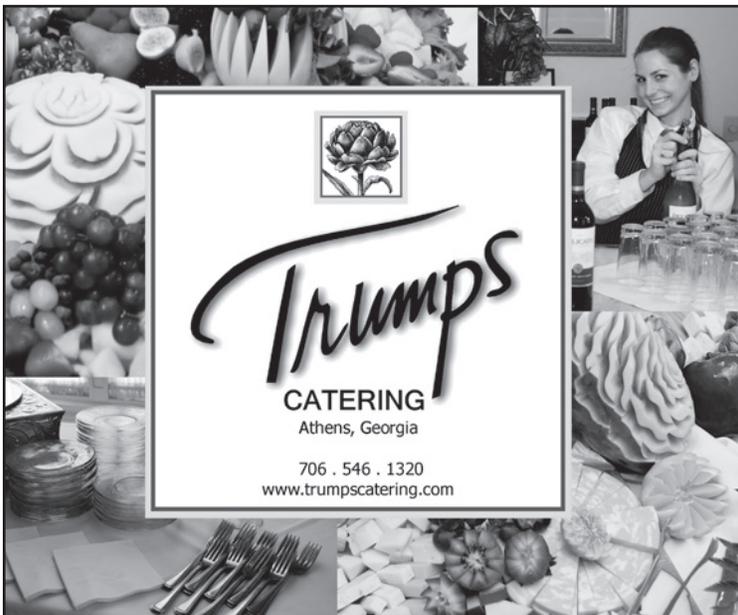
Aquatic Biodiversity in the Southeast  
 Asteroid and Meteorite Impacts With Earth: Are We Really At Risk?  
 Astronomy for the Layperson  
 Beach Contamination: Assessing and Managing Microbial Pollution  
 Behind and Beyond Crime Scene Investigations  
 Bonnethead Shark Ecology on the Georgia Coast  
 Chigger Mites: Avoiding the Bite  
 Explore Granite Outcrop Species with Eloise Brown Carter  
 Human Evolution from an Anthropologist's Perspective  
 Mars: The Search for Life  
 Minerals, Rocks and Ore Deposits: Show Me The Money!  
 Modern Cosmology: A Brief Survey  
 UGA Observatory: View the Night Skies

## Sociology & Psychology

Bitter are the Tears of a Child  
 Tobacco in America: A Burning Issue (L)

## Visual Arts

Architecture in Athens: The Greek Revival Style  
 Architecture in Athens: Then and Now  
 Artist Talk: Jeanne Whatley's Hope Series  
 Exploring American Folk Art



A Proud Sponsor of  
  
 OLLI  
 UNIVERSITY OF GEORGIA

# Alphabetic Listing of Presenters

Abrol	Mony	India: Religions & Cultures	Chastain	Bonnie Jo	Pruning 101
Aghdasi	Arya	Food Bank of NEGA and Its Partnership with the Community	Cosgrove	Bill	The American Field Service (AFS) in World War Two
Alworth	Bill	Great Decisions: Foreign Policy Issues	Cosgrove	Bill	Over Germany: Lt. Col. Vince Masters (385th Bomb Group)
Anthony	Eve	Aging in Place: Village Model & Its Possibilities for Athens	Covi	Bob	Critical Reading: Selected Short Stories
Applewhite	Ashton	Pushing Back Against Ageism (V)	Crane	Bill	Washington & Atlanta: An Inside Look At The First 100 Days
Armistead	Jack	Paradise Lost: A Guided Walk-through	Crescenzo	Daniel	Explore Granite Outcrop Species with Eloise Brown Carter
Armitage	Allan	Commonsense Gardening: A Tour	Crider	Gary	Hike Memorial Park's Birchmore Trail
Armitage	Allan	Tales From The Garden: A Magical Journey with a Storyteller	Crossley	Dac	Chigger Mites: Avoiding the Bite
Arlington	Michelle	Ageless Grace	Crowell, C	Caroline	Georgia Archives: A Trove of Wonders for Genealogy and More
Atwood	Debra	Flying Through the Air: A Visit to Canopy Studio	Crowell, W	Wayne	Sport of Kings: Behind the Scenes at Triple Crown Races
Bakowski	Kris	Living with Alzheimer's Disease	Dale, P	Peter	Condor Chocolates: From Bean to Bar
Balsamo, P	Peter	TED Talks: Ideas and Lessons Worth Spreading and Sharing - Pt. 2	Dale, N	Nick	Condor Chocolates: From Bean to Bar
Balsamo, I	Isabel	Being Bilingual and Bi-literate: Benefits and Challenges	Dallmeyer	David	Minerals, Rocks and Ore Deposits: Show Me The Money!!
Balsamo, P	Peter	Aging in Place: Village Model & Its Possibilities for Athens	Dallmeyer	David	Asteroid and Meteorite Impacts With Earth: Are We Really At Risk?
Barfield	Don	TED Talks: Ideas and Lessons Worth Spreading and Sharing - Pt. 1	Dalton	Angela	Athens Ben Epps Airport, Past and Future: A Tour
Bayless	Shannon	Dog Bite Prevention	Dawe	Sylvia	Joy of Metalsmithing for Beginners
Bayless	Shannon	Dog Behavior Transformation Fundamentals	Delargy	Paul	Conversations and Memories of Another Era...WWII
Bernstein	Danielle	Inside The Dr. Horace Mann Bond Exhibit	Dendy	Larry	UGA Historic North Campus: Walking Tour
Bertsch	Gary	Constructive Engagement with China & Russia: Why "America First" Is Not the Answer (L)	Dewey	Tyler	Biking Safely in Athens: Ride Right, Ride Bright
Black	Alan	Draw Cartoons for Fun with Your Grandchildren	Dismuke	David	Estate Planning and Probate Matters
Black	Alan	Creative?: Not Me, but I Want to Be	Dolittle	Donna	UGA Ramsey Center: Tour & Introduction
Black	Alan	Grandpa, Please Tell Me a Story	Dowd	John	Vietnam: An Advisor's Experience
Block	David	Medications: Let's Talk about the Pills You're Taking	Eaddy	Mary Ann	Georgia's Historic Gardens
Bowles	Teresa	Skin Care for Ages 50 +	Elkins	Duncan	Aquatic Biodiversity in the Southeast
Brown	Michael	One Writer's Long Journey to Publication	Eskildsen	Alison	Living While Dying: Film and Discussion
Brunson	Annelle	Elizabeth Church Robb and Female Aid Work in Union Prisons	Farmer	Mark	Tobacco in America: A Burning Issue (L)
Burton	Bob	Philosophy: A Brief Introduction	Farris	Kelly	Make Time for Fitness
Butts	Ed	Experiences of a Mud Engineer: Drilling around the World	Fields	Bayli	Conversations About Older Drivers: We Need to Talk
Byers	Jeb	Bonnethead Shark Ecology on the Georgia Coast	Flick	Warren	Investing #1: What You Need to Know About Investing
Campbell	Lorien	Mansfield Park: Virtue and Vice	Flick	Warren	Investing #2: Retirement Investments in Action
Cardin	Michael	WUGA Radio Studios Tour	Flick	Warren	Investing #3: Retirement Withdrawal Strategies
Carlson	Ron	Dynamic Courtroom Moments (L)	Flick	Warren	Investing #4: Annuities
Carpenter	Brian	Medical Aid in Dying: Ethics and Pragmatics of Choice at the End of Life (V)	Flick	Warren	Investing #5: Working With Financial Professionals
Carter, Li	Lief	Has Democracy Failed in the United States?	Ford	Linda	Investing #6: Becoming Your Own Financial Manager
Carter, Li	Lief	How to Interpret the U.S. Constitution (or any law)	Frank	Joe	Downtown Athens: Creating a Work of Art
Carter, La	Laura	Genealogy Databases: The Big Four	Frank	Joe	Wine Flavors and Food Pairing
Carter, La	Laura	Genealogy Research Using GALILEO	Frantz	Henry	Flavor Perception: Increase Enjoyment of Fine Food and Wine
Carter, La	Laura	FamilySearch.org Research Wiki: A Family Historian's BFF	Frye	Spencer	History and Music of the Highland Bagpipe
Carty	Sharon	Your Spiritual Metaphysical Self	Gaitan	Lee	The "Kinda Tiny" Home: Athens Habitat Fulfills Affordable Housing Needs (L)
Casey	Kellie	Juror for a Day: UGA Law School's Mock Jury Trial	Gale	Jerry	Using Humor to Bounce Back from Dashed Hopes, Broken Dreams, and Plans Gone Outrageously Awry!
Cash	Sam	Get REAL With Your Finances	Gibney-Sherman	Sherrie	Meditation: Reclaiming Relational and Personal Agency
Cashin-Schneider	Julie	Photobooks: How to Capture Your Memories			Foothills Education Charter High School: A High School Option that Works
Castillo	Patrick	Chamber Music in History and in Athens			
Catron	Staci	Georgia's Historic Gardens (L)			

Gilbert	Linda	Meditative Doodling: Centering Yourself through Art	Kuykendall	Nat	Beech Haven: A Walking Tour
Girtz	Kelly	Conversation with Newly Elected Athens-Clarke Mayor	LaRoche	Lemuel	Knights to Kings: A Journey to Ethiopia
Glickman	Carl	Looking for Someone Who Changed My Life	LaRoche	Lemuel	The Art of Spoken Word
Gonzalez	Bianca	Spanish: Beyond the Basics	Lash	John	Conflict Transformation for Individuals and Groups
Goodhue	Dale	Critical Reading: Selected Short Stories	Lastrapes	William	Eliminating Cash: Costs and Benefits
Goren	Matt	Money and Happiness	Lineberger	James	Architecture in Athens: The Greek Revival Style
Haggard	Susie	Caterpillar Manufacturing Facility Visit	Lineberger	James	Architecture in Athens: Then and Now
Hall	Stan	Play Ball! The Relationship of Minor and Major League Teams	Loose	James	Athens Museum Mile Experience
Halper	Edward	Judaism 101	Loughner	Peter	Exploring American Folk Art
Hamby	Mike	Athens-Clarke Commission: The Inside Scoop & The Government Gossip	Lowe	Bill	Great Books' Great Conversations
Hardin	Ian	Russia: St. Petersburg and a Love for Robert Burns	Ludwig	John	Ernest Gaines' Masterwork: A Lesson Before Dying
Hardin	Ian	China: A Twentieth Century of Revolutions	Ludwig	Richard	Lush Lawns, Little Effort
Hartman	Bill	More Memories of A Sportscaster	Lukens	Richard	Choosing Colors for Your Garden
Hayes	Harry	Fountain Pens (I have this old pen...)	Lynch	Emily	UGA Main Library: Tour and Introduction
Hebbard	Jan	Under The Big Top & Traveling Shows	Lynn	Michael	UGA's Congress Project: Why Is Congress So Polarized?
Hecht	Wyler	Modifying the Stress Response for a Healthier, Longer Life	Madonna	David	Downtown Athens: Creating a Work of Art
Helm	Ed	Feasting with Mark Twain (L)	Magnani	Tony	UGA's Congress Project: Why Is Congress So Polarized?
Herrin	Bob	Ham Radio 101: When All Else Fails, Ham Radio Works!	Maioriello	Loris	Modern Cosmology: A Brief Survey
Higgins	Scott	Steinway: The Grand Piano of the UGA School of Music	Maioriello	Ed	Birding: Practical Steps to Learning about Birds
Hill	John	Neanderthals to Nations: How Today's World Evolved	Maris	Ed	Birding: Learning Bird Songs
Hoffman	Eve	Memory & Complicity: Meeting the Challenge in Robert Franklin's Blurb	Martin	Jason	Inside The Dr. Horace Mann Bond Exhibit
Honerkamp	Kenneth	Essential Islamic Spirituality	Martin	Roy	Is the Violin in my Uncle's Attic a Stradivarius?
Horne	Andy	TED Talks: Ideas and Lessons Worth Spreading and Sharing - Pt. 1	Martin	Roy	Music of the Poetic Singer-Songwriters of the Fifties and Sixties (L)
Huckaby	Hank	History of Georgia's HOPE Scholarship: Recognizing Excellence	Mason, K	Kathy	TED Talks: Ideas and Lessons Worth Spreading and Sharing - Pt. 1
Hunter	Nancy	Journey to Freedom: Six Thai Elephants and Me	Mason, S	Scott	Using Your Brain to Find Your Way around Athens with No GPS
Hurley	Tegan	Volunteering with Senior Corps Programs	McArthur	Bob	Free Speech
Jackson	Ed	Georgia's Long Quest for a State Flag	McCoy	Kelly	1960s – 1990s: The Golden Years When Georgia Rocked
Johnson	Tharon	Georgia Politics & The Upcoming 2020 Presidential Campaign	McDonald	Tom	Healthy Smiles: Current Advances in Dentistry and Health
Jones	Jeffrey	2019 Peabodies: An Insider's View	McGowan	Dan	Dry Needling: Alleviating Pain
Jutras	Pete	Steinway: The Grand Piano of the UGA School of Music	McMurry	Nan	Early Biological Warfare: Is There Smallpox in that Blanket?
Kelly	Kevin	Going Down the Housatonic: An Exploration of a Charles Ives Song	McMurry	Nan	Killed with a Cart: Hazards of Life in Early-Modern London
Kennedy	Cheryl	Medical Partnership & UGA Pharmacy School Simulated Patient Programs	Meehan	Tim	All about OLLI@UGA
Khan	Fazal	Structure of American Healthcare	Mills	Rodney	1960s – 1990s: The Golden Years When Georgia Rocked
Kirin	Asen	One Heart, One Way: The Journey of a Princely Art Collection	Minchew	Kaye	Franklin Delano Roosevelt in Georgia (L)
Knauft	David	Your Backyard – What Should You Plant?	Mintzer	Dorian	Psychological Well-Being in Retirement
Knauft	David	Still More Plant Stories: Delightful, Delicious, and Deadly	Moore	Kellie	Falling: Causes, Prevention, Solutions
Kochert	Gary	Darwin, Fitzroy and the Fate of the Native People of Tierra del Fuego	Murphy, C	Chuck	Crows: Wise, Foolish, and Just Plain Nuts
Kosak	Andree	Plant Based Diet: How & Why to Transition to a Plant Based Lifestyle	Murphy, C	Chuck	iPhone/iPad Photography: Making and Sharing Photos
Kraft	Elizabeth	Hollywood "Screwball Comedies" of the 1930s	Murphy, M	Chuck	Cloudy with a Chance of Monarchs
Kreshel	Peggy	Finding My Community: Feminists, Feminisms, and Advertising	Mustard	Mike	Mysteries of Shakespeare Authorship (V)
Kurtz	Paul	Drones and Sausage-Making: Regulating for Privacy	Muthe	Charlie	Jittery Joe's Coffee Roasting Company Tour
			Nackerud	John	Living While Dying: Film and Discussion
			Nadenicek	Larry	White Extinction Anxiety
			Neel	Dan	What is a Garden? The Founders Garden
			Nelson	Buddy	Have Fun With Grandkids While Sharing Family History
			Nelson	Scott	John Henry's Death and African-American Roots of Rock & Roll
			Nelson	Scott	When an 1870s Mortgage Crisis Became a Mortgage Meltdown

Nourparvar Nunan	Hooman Robin	Golf Swing Fitness Let's Crafty with the Grandkids!	Temple Lou	Introduction to Home 3D Printing With Live Demonstrations
Odil	Barbara	Introduction to Shamanic Practices	Thomason Sharon	Georgia and Georgians in Commercial Country Music's History
Overstreet Patel	Patrick Gordhan	Hatha Yoga: Basic Practice Portugal's Founding and Its Role as an International Empire	Tower Dudley	Understanding and Caring for the Aging Brain
Pierson, B	Bill	Zen and the Art of Chinese Calligraphy	Tower Dudley	24/7 Mindfulness: Everything Is a Choice
Pierson, J	Jackie	Tai Chi Yang Style 9	Turner James	The Twelve Steps as a Way of Life
Podvin	Josh	ENGAGE Now: Volunteering in Athens Clarke County	Van Dyke Madeline	Aging in Place: Village Model & Its Possibilities for Athens
Pohl	Vincent	Universal Health Care Systems around the World	Van Rysselberge Charles	Oklahoma City Bombing (1995): A First-Hand Account
Ponzoli	Amy	Cooking Demo and Insider's View of a Professional Kitchen	Wagner Debbie	Beginning Bridge III: Defense in the 21 Century
Powers	Tina	Medical Partnership & UGA Pharmacy School Simulated Patient Programs	Wallach Ron	Petanque: The Greatest Game You Never Heard Of
Price Probst	James Cliff	Athens Technical College: A Tour Bridge on the River Kwai: A Novel Gets a Hollywood Makeover	Walton Nancy	Photobooks: How to Capture Your Memories
Read	Jill	Caring for Antique Furniture	Warren Flynn	Hollywood Personalities: Their Roles in WW II
Reed	Lee	Iceland: Taking a Summer Drive	Warren Flynn	Spanish Flu Pandemic of 1918-19: Can We Prevent Another One?
Rice	Cindy	UGA Veterinary Teaching Hospital Tour	Waters Rick	Ham Radio 101: When All Else Fails, Ham Radio Works!
Ritchey	Ellen	Music Therapy: Healing in the Key of Life	Waters Rick	Drones: A Primer on Recreational vs. Legal Commercial Use
Robinson	Brian	Georgia Politics & The Upcoming 2020 Presidential Campaign	Watts Amy	Story Telling Through Art
Roeder	John	Life on a Submarine	Weger Jacob	History & Politics of Environmental Issues in Vietnam Today
Rogers	Gil	Tri-State Water Wars: Their Source and Their Future	Welborn Jen	Volunteering with Senior Corps Programs
Rose	Alice	Diet Confusion in America: Challenging Popular Food Myths	Wengert Gene	Exploring DNA Results from Ancestry.com
Rouse	Harry	Downsizing: A Fresh Start	Wenner David	Mars: The Search for Life
Rowland	Lucy	Beech Haven: A Walking Tour	Whately Jeanne	Artist Talk: Jeanne Whately's Hope Series
Saul	Lawrence	Band of Brothers: Allied Invasion & Liberation of France	Whelan Gene	Beach Contamination: Assessing and Managing Microbial Pollution
Schell	John	Iceland: Taking a Summer Drive	Whipple Amy	Delicious Desserts & Sweet Treats Free of Refined Sugar
Schuster, B	Barbara	What's Happened to Doctoring?	Whipple Amy	How to Meal Prep for the Week
Schuster, R	Richard	U.S. Health Care Reform: Where Will We Go after the Elections?	Whitehead John	Milledge Avenue from Broad to Baxter: A Walking Tour
Seponski	Christopher	A Stronger You: A Logical Approach to Physical Conditioning	Whitney Sandy	Human Evolution from an Anthropologist's Perspective
Shaw	Scott	UGA Observatory: View the Night Skies	Willis Shannon	Introduction to Shamanic Practices
Simmons	Bre	Conversations About Older Drivers: We Need to Talk	Wilmoth Deanne	Bitter are the Tears of a Child
Simon	Janice	Alfred Hitchcock's Vertigo: Spirals of Deception (L)	Wittenberg Tom	Tai Chi Easy
Smartt	John	Aikido: The Way of Harmony	Yao Kun	China: Inside and Out (I)
Smith, F	Fred	Small Honeybee Hives for Urban Gardens		
Smith, W	Winnie	Illustrating Picturebooks		
Snook	Maurice	Astronomy for the Layperson		
Song	WenZhan	SAMERA Sees Subsurface		
Southard	Belinda	Voices in Opposition: The New Women's Movement		
Sports	Joe	Observations of Georgia Politics		
Staiger	Debbie	Behind and Beyond Crime Scene Investigations		
Stangle	Nancy	Hike "The Beloved Land" in Athens		
Stangle	Nancy	Garden Tour: West Broad Market Garden		
Stangle	Nancy	Athens Land Trust: A Visit to Williams Farm		
Stein	Katherine	First Date with History at UGA's Hargrett Library		
Strong	Tamika	Georgia Archives: A Trove of Wonders for Genealogy and More		
Sumner	Malcolm	Glyphosate: A Herbicide's Detrimental Effects		
Sweat	David	Criminal Justice Reform in Georgia and Across the Nation		
Tanenblatt	Eric	Preparing For An Autonomous Future		



# OLLI

THE UNIVERSITY OF GEORGIA\*

## PLANNED GIFTS

Support the next generation of lifelong learners by leaving a gift in you will to the University of Georgia Foundation, benefiting **OLLI@UGA**.

*For more information or to obtain a copy of UGA's sample bequest language, please contact Tim Meehan, OLLI@UGA Executive Director, at timothy.meehan@uga.edu or 706-742-5011, or Meredith Metcalf, associate director of development in the College of Education, at mmetcalf@uga.edu or 706-742-2267*

# Alphabetic Course Listing with Descriptions



denotes Luncheon



demotes Video Conference

## All about OLLI@UGA

Thursdays, May 2 – 16  
10:30 – 11:45 AM

Free  
River's Crossing

Want to know more about how OLLI@UGA is organized? How our finances support our mission? How we approach outreach and how we seek to meet the intellectual, social, and cultural needs of our members? This FREE multi-session course is perfect for members who want to know more about the inner workings of our organization, and who want to explore the leadership and volunteer opportunities OLLI@UGA offers.

## 1960s – 1990s: The Golden Years When Georgia Rocked

Monday, February 4  
2:30 – 3:45 PM

\$10  
River's Crossing

From the late 60s through the 90s, Georgia produced great musicians who rocked the music world. This class is a trip down memory lane with two legends of the Georgia music scene.

Rodney Mills had a hand in creating such monsters as “Sweet Home Alabama” and “Free Bird” and worked with artists from Gucci Mane to Gregg Allman. Kelly McCoy introduced many of the songs from this era to Atlanta audiences, helping make them hits.

**Rodney Mills** owns and operates Rodney Mills Masterhouse. He was the primary designer of the famed Studio One and its chief engineer. A member of the Georgia Music Hall of Fame, he has earned fifty-plus gold and platinum records in recognition of outstanding production, engineering, and recording. **Kelly McCoy's** radio career spanned over forty years until his retirement in 2012. He spent over thirty-four years in the competitive Atlanta market as an on-air personality at WQXI and WSB-FM. He now calls Athens home and is a member of the Georgia Radio Hall of Fame.

## 2019 Peabodies: An Insider's View

Thursday, June 6  
9:00 – 10:15 AM

\$10  
River's Crossing

Dr. Jeffrey Jones will provide an inside look at the 78th Peabody Awards for excellence in TV and digital media, highlighting the 2018 winners and UGA's role in adjudicating the 1200 entries received annually. He will share video clips of the winners across news, entertainment, and documentary genres, and talk about how the rapidly changing media landscape in the digital era affects quality storytelling in media.

**Jeffrey P. Jones** is the Lamdin Kay Chair and Executive Director of the George Foster Peabody Awards of the University of Georgia. Jones holds a PhD in Radio-TV-Film from the University of Texas at Austin. Jones is the author of five books on media and politics, including *Entertaining Politics: Satirical Television and Civic Engagement* and *Satire TV*.

## 24/7 Mindfulness: Everything Is a Choice

Tuesday, June 4  
1:00 – 2:15 PM

\$10  
River's Crossing

Everyone is mindful some of the time, but optimizing our aging process requires that we become consciously aware of the choices we are making

in every moment. Any lapse in mindfulness opens the door for unconscious and/or conditioned behavior that is negative, harmful to ourselves and others, and self-reinforcing through our neural pathway system. By taking this class, you will learn how to take complete responsibility for your own life, avoid prior negative conditioning, understand what it means to be mindful 24/7, and make everything you do, say, or think a conscious choice.

**Dudley Tower, PhD**, has been teaching successful aging, psychology, and personal growth courses at OLLI's Furman University campus since 2004. He has been teaching the Dynamic Aging Program (DAP) for the past five years and is founder of the Dynamic Aging Institute. Christine Tower, MBA, will assist with this course.

## A Stronger You: A Logical Approach to Physical Conditioning

Monday, February 4  
10:30 – 11:45 AM

\$10  
River's Crossing

It is a widespread misconception that, as human beings age, their capacity to improve physical ability decreases. In fact, aging populations rely on the same stress, recovery, and adaptation responses as people of all ages. This course will review the basic biological system's response to strength training, with an emphasis on free weight and bodyweight exercises, mobility protocols, and how evidence-based training can not only aid in improving the quality of life but, in some instances, reverse many of the negative effects experienced during aging. While not required, the presenter suggests *Starting Strength*, 3rd ed. by Mark Rippetoe. ISBN-13: 978-0-9825227-3-8.

**Chris Seponski** has been with SPARC health and fitness gym for one year, specializing in strength and conditioning for people aged fifty years or older. Before coming to SPARC, Chris was a collegiate strength coach at UGA and the University of Arkansas. Prior to that, he was an exercise scientist at NASA Johnson Space Center with WYLE, Inc., working with ISS training protocols and the Mars Expedition Project. Chris focuses on strength, mobility and nutrition for improved quality of life.

## Ageless Grace

Tuesdays, February 19; March 19; April 23; May 21  
1:00 – 2:15 PM

\$30  
Off Site

Ageless Grace is a cutting-edge brain fitness program based on neuroplasticity that activates all five functions of the brain—analytical, strategic, kinesthetic learning, memory/recall, and creativity and imagination—and simultaneously addresses all twenty-one physical skills needed for lifelong optimal function. The program consists of twenty-one simple exercise tools designed for all ages and abilities. These exercises, done seated, are based on everyday movements that are natural and organic, and focus on the healthy longevity of the body and mind. Location details will be provided to class participants.

**Michelle Arington** is a certified Integrative Nutrition Mind-Body Health & Wellness Coach, NASM and Silver Sneakers® certified Fitness Trainer, Ageless Grace™ Educator, Yamuna® Body Rolling & Foot Fitness practitioner, Reiki practitioner, and trauma-sensitive trained yoga therapist, certified through the International Association of Yoga Therapists. She maintains a private health and fitness coaching practice in Athens and offers public classes, workshops, and corporate wellness programs.

## Aging in Place: Village Model & Its Possibilities for Athens

Monday, March 18 \$10  
10:30 – 11:45 AM River's Crossing

Villages help older adults age in a place of their choosing. Villages are consumer-driven, grass-roots organizations that, through volunteers and paid staff, coordinate access to services (including transportation, health and wellness programs, home repairs, social and educational activities, and meeting other day-to-day needs) which enable individuals to remain connected to their community throughout the aging process. Together, Village members have the power and means to design their own futures and keep control of their own lives. Focused discussion will feature Villages that operate in university communities around the country.

**Eve Anthony** is CEO of the Athens Community Council on Aging. **Peter Balsamo, PhD**, is retired from the continuing higher education field and is former board chair of the Shepherd's Center of Lexington, SC. **Madeline Van Dyck, MSN**, is a retired nurse practitioner with professional and volunteer experiences in aging services, including serving as a parish nurse in a local congregation.

## Aikido: The Way of Harmony

Thursdays, February 14 – April 18 \$75  
9:00 – 10:15 AM Off Site

Aikido emphasizes natural movements that improve health and well-being. Learn non-violent self-defense techniques designed for individuals over fifty years of age. Enjoy greater vitality, flexibility, balance, and comfort while learning how you can protect yourself easily.

**John Smartt** was born in Macon and high schooled in CA. He then landed in Japan courtesy of the U.S. Army. He studied Aikido in Tokyo from 1968–1975. Upon his return to the United States, he founded and for almost three decades operated New School Aikido in California, maintaining the spirit of Aikido while devising a curriculum suited for this country's more violent society. He holds black belts in three Aikido systems.



## Alfred Hitchcock's *Vertigo*: Spirals of Deception

Tuesday, February 26 \$25  
Noon – 1:30 PM Trumps Catering

Alfred Hitchcock's 1958 masterpiece, *Vertigo*, is built on spirals of deception, both in its plot and characters. From the beginning credits designed by Saul Bass with John Whitney's spirographic images, the spiral as visual form and metaphor announce the doubling and deception that occurs throughout the film. With a focus on the visual tropes Hitchcock employs in this extraordinary film—including his deliberate use of art historical references, color symbolism, doubling in numbers and imagery—we will see how the visual fabric of Hitchcock's *Vertigo* clues the viewer to the world of obsession and deception at its heart. Before the luncheon attendees are asked to watch *Vertigo* at least once (and even more than once, as Hitchcock insisted his viewers do), to fully understand and appreciate the intricacies of his films.

**Dr. Janice Simon** is Josiah Meigs Distinguished Teaching Associate Professor of Art History in the Lamar Dodd School of Art, University of Georgia, where she has taught for thirty years. She is the recipient of numerous teaching distinctions including UGA's Richard Russell Outstanding Undergraduate Teaching Award in its inaugural year of 1992 and the University's highest teaching distinction, the Meigs Professorship, in 2006. Although her specialty is American art, specifically landscape painting, she has taught the filmic art of Alfred Hitchcock on both the undergraduate and graduate levels.

## Aquatic Biodiversity in the Southeast

Thursday, May 30 \$10  
2:30 – 3:45 PM River's Crossing

The Southeastern United States is a global hotspot of freshwater biodiversity, supporting almost two-thirds of the country's fish species, over 90% of the U.S. total species of mussels, and nearly half of the global total for crayfish species. More than a quarter of the southeast's species are found nowhere else in the world. Unfortunately, this region is also a hotspot for imperilment – in the last 20 years, the number of imperiled freshwater fish species in the Southeast has risen 125%. We'll learn about this fantastic diversity: where it is, the threats it faces, and conservation priorities for the region.

**Dr. Duncan Elkins** is a Postdoctoral Associate at the River Basin Center at the UGA Odum School of Ecology, where he coordinated a prioritization of southeastern watersheds for aquatic biodiversity conservation. His current projects focus on source water protection in the Middle Chattahoochee River Basin and on forestry activities that affect at-risk aquatic species. His other research interests include climate change in freshwater systems and the effects of small barriers on stream-resident fishes.

## Architecture in Athens: The Greek Revival Style

Tuesday, April 16 \$15  
9:00 – 11:00 AM River's Crossing

What are all those big white houses and why are they called Greek Revival? This class explores the origin and development of this famous architectural style and highlights a significant number of buildings in Athens. They may look similar but they are individually important to the built environment in Athens. The class will study 16 residences in detail. The cost of the class includes a fee for materials.

**James Lineberger** has master's degrees in art history and special education administration. Before retirement he taught special education and English as a Second Language in several Georgia counties. The most exciting experiences of his career were teaching English in a South Korean university and recently working for a year at Walt Disney World. His interest in architecture was recently rekindled through his work as a volunteer at the Athens Welcome Center.

## Architecture in Athens: Then and Now

Mondays, April 22 – May 6 \$34  
1:00 – 3:45 PM River's Crossing

Through a slide presentation, this class will examine prominent buildings in Athens built from 1820 to 2017. Participants will receive an excellent handout of photos and documents including suggested driving tours for each building. The cost of the class includes a fee for materials.

**James Lineberger** has master's degrees in art history and special education administration. Before retirement he taught special education and English as a Second Language in several Georgia counties. The most exciting experiences of his career were teaching English in a South Korean university and recently working for a year at Walt Disney World. His interest in architecture was recently rekindled through his work as a volunteer at the Athens Welcome Center.

### Artist Talk: Jeanne Whatley's Hope Series

Monday, February 11 \$10  
 2:30 – 3:45 PM River's Crossing

Jeanne Whatley's work explores the role of hope in the human condition. As a resource, hope is universally available. But who seeks it and why? Who lives and toils, head down, without ever tapping into its power? Whatley's Hope Series began in 2013 while she was living in Abu Dhabi. Focusing on a small community of workers, she created six paintings for a group exhibition held in Abu Dhabi and Dubai. As her work has evolved, she finds herself influenced by world-wide current events: Walls. Migration. Refugees. What fuels this displacement? And then there's hope. Where does it fit in? Where does it end?

**Jeanne Whatley** is an artist and founder of Caravangalleries.com. She holds a BFA in studio art/painting with minors in art history and weaving & textiles from Southern Illinois University at Edwardsville. She has lived and worked in the U.S., Germany, Jordan, Kuwait, Bahrain, and Abu Dhabi. In 2014, her family settled in Athens, Georgia, where she continues to explore the subject of hope through her paintings.

### Asteroid and Meteorite Impacts with Earth: Are We at Risk?

Monday – Friday, April 29 – May 3 \$30  
 1:00 – 3:45 PM River's Crossing

To date, 187 major asteroid and meteorite impact sites have been identified on Earth. The oldest, the Vredefort Crater, is located in South Africa. Created 2,025 million years ago, this crater's diameter spans 200 miles. More recent impacts at 251 and 66 million years may have been associated with major global extinction events during which up to 95% of Earth's species were lost forever. This course will discuss the potential risk of future asteroid and meteorite strikes and will evaluate various methods that have been proposed for Earth's defense. Lab sessions will allow hands-on inspection of meteorite types.

**David Dallmeyer** is Emeritus Professor of Geology at the University of Georgia. His teaching and research focused on processes and chronology of mountain building and plate tectonics with fieldwork on all continents. He organized several research expeditions in cooperation with the U.S. Antarctic Research Program and has directed research programs in the British Isles, West Africa, China, Greenland, Svalbard, Norway and the Andes of Chile and Peru. Dallmeyer has led twenty-three OLLI@UGA geology excursions.

### Astronomy for the Layperson

Tuesdays, March 5 – 26 \$31  
 10:30 – 11:45 AM River's Crossing

In three fun, fact-filled, engaging sessions, learn how to enjoy the sky with both the naked eye and an optical aid and see how the sun, moon, planets, and constellations change positions throughout the year. Discover astronomy apps for your iPhone to guide you around the sky and see how binoculars and telescopes can further enhance enjoyment of the heavens. The fourth class will be a visit to Sandy Creek Nature Center's planetarium.

**Maurice Snook** has been an avid amateur astronomer for over sixty years. He was a co-founder of the Athens Astronomical Association; organized numerous astronomy exhibits, talks and observing sessions at area schools, festivals, and state parks; lectured on solar eclipse safety; composed a weekly Halley's Comet column for the Athens newspaper (1985-6); coordinated Sandy Creek Park's quarterly Star Watches (1980-present); and taught astronomy courses in the University of Georgia's Continuing Educational Programs for five years.

### Athens Ben Epps Airport, Past and Future: A Tour

Thursday, April 11 \$8  
 10:00 AM – Noon Off Site

Get a close-up look at Clarke County's airport facilities, including the new commercial terminal, the fire station, and the general aviation terminal. Discover the history of the airport and what is planned for its future, as well as the airport's impact on the local economy. Participants will engage in a short focus group to help determine Leisure Traveler air service needs. Meeting and location details will be provided to class participants in advance of the tour date.

**Angela Dalton** is the Airport Business Coordinator for the Athens Ben Epps Airport, a department of the Athens-Clarke County Government. She has been with ACC for a total of twenty-six years, the past nineteen at the Airport.

### Athens Land Trust: A Visit to Williams Farm

Friday, May 3 \$8  
 10:30 – 11:45 AM Off site

Athens Land Trust (ALT) has a five-acre farm right in the heart of town! Come for a tour of the Williams Farm, a model for organic food production in an urban setting that provides employment for under-served youth. The tour will include a neighboring property protected by Athens Land Trust, as well as land to be used for affordable housing. Learn how ALT promotes responsible and equitable land use in Athens-Clarke County through its programs and activities. Participants should dress appropriately and wear comfortable walking shoes. Location details will be provided to class participants in advance of the tour date.

**Nancy Stangle** is a co-founder of Athens Land Trust (ALT), a local non-profit organization that conserves land, provides permanently affordable housing, and promotes community agriculture, youth development, and entrepreneurship. ALT is one of the only land trusts in the US that addresses all these areas. She is a former high school teacher, middle school counselor, and international student advisor who learned about sustainable land use while working with her neighbors to establish their own neighborhood.

### Athens Museum Mile Experience

Session A: Wednesday, March 13, 10:00 AM – 12:15 PM \$28  
 Session B: Wednesday, March 20, 10:00 AM – 12:15 PM Off Site

*Tours are identical. Please register for no more than one. If registering by paper, please denote which tour you wish to attend.*

Experience 100 years of gracious Southern architecture and interiors with architectural specialist James Lineberger. This in-depth tour covers life ways of three very distinct epochs in Southern history: Federal, Greek Revival, and Late Victorian periods. Students will board the Classic City Tour Bus with Mr. Lineberger and arrive at the c.1820 Church-Waddel-Brumby House, once home to two early and important UGA presidents. Next stop is the T.R.R. Cobb House, which languished in Stone Mountain for 20 years and then returned to Athens to be fully restored to its 1850s Greek Revival appearance. The Taylor-Grady House, a National Historic Landmark, encompasses the history of two very different families—first, that of a wealthy cotton planter and, later, a spokesman for the New South. The last stop, the Ware-Lyndon House, was home to two significant Athens families. Its interior expresses aspects of the lavish Victorian Era. Meeting and parking information will be provided to participants in advance of the tour date.

### Athens Technical College: A Tour

Friday, March 29  
1:00 – 3:00 PM

\$8  
Off Site

Participants will visit the Athens campus of Athens Technical College and explore the labs in welding, cosmetology and life sciences (dental, nursing, surgical, physical therapy, radiography and vet tech). This tour will feature top-of-the-line equipment and technology used to train students for tomorrow's jobs. Athens Technical College is affordable and has a near 100% employment rate. Location details will be provided to class participants in advance of the tour date.

Tour guides will include **Dr. James Price**, Vice President of Academic Affairs; **Dean Glenn Henry**, Life Sciences; **Dean Alvie Coes III**, Technology, Engineering and Manufacturing; **Dean Nick Chapman**, Business and Education; and **Dr. Jennifer Palmer**, General Education and Online Learning.

### Athens-Clarke Commission: The Inside Scoop & the Government Gossip

Thursday, May 9  
10:30 – 11:45 AM

\$10  
River's Crossing

There is more to being on the Athens-Clarke Commission than what you see on TV or read about in our local newspapers. The typical monthly Mayor and Commission voting agenda covers everything—from sewers and jobs to speed limits, bicycles, affordable housing, zoning-and, of course, money and taxes. This presentation will take you behind the scenes as preparations are made for the monthly voting meeting and show how a Commissioner's time is spent serving the Athens Community.

**Mike Hamby** is currently an Athens-Clarke County Commissioner representing District 10. Mike is also owner of a small office cleaning business. Both jobs have allowed Mike to become very experienced with garbage and sewer issues, as well as making and cleaning up messes.

### Band of Brothers: Allied Invasion & Liberation of France

Thursdays, March 7 – April 4  
9:00 AM – Noon

\$30  
River's Crossing

Band of Brothers is an intensive, five-session course on the June 6, 1944, Allied invasion of Normandy, the campaign to liberate France, and the destruction of the German military in the West. Due to the in-depth nature of the subject, this course will focus on the epic airborne operation, the landings at Omaha and Utah Beaches, and the Battle of the Hedgerows. The ultimate portion is a ten-day battlefield tour in France, April 9-18, 2019. Light preparatory reading, viewing, and role-playing will enhance the learning process. Participants may register for and attend the class without taking the trip.

**Col. Lawrence H. Saul**, Retired, served for thirty-four years in the U.S. Army. His service included tours in Germany, Holland, Kosovo, and other locations. He was one of the last veterans of Viet Nam serving on active duty when he retired in 2008. Saul earned a BA in history from Georgia State University as well as two master's degrees. He leads tours to the main battlefields of Europe.

### Beach Contamination: Assessing and Managing Microbial Pollution

Monday, June 3  
9:00 – 10:15 AM

\$10  
River's Crossing

Determining microbial quality of recreational waters is important to ensure compliance with health-related standards and associated laws. Understanding the fate and transport of microbial indicator and pathogenic organisms has become key to evaluating potential microbial contamination of recreational waters. Modeling tools have been developed to perform microbial source apportionment and risk assessment on mixed-use watersheds by linking water safety, environmental quality, and human health. The modeling workflow identifies which microbial sources and land-use types are of importance and can help determine the appropriateness of waivers to water quality criteria.

**Dr. Gene Whelan** was a Chief Engineer at the Pacific Northwest National Laboratory for thirty-eight years, then Senior Multimedia Modeler at the U.S. Environmental Protection Agency for nine years. He attended the University of Massachusetts, Penn State University, University of Iowa, and Utah State University, obtaining a BS in Civil Engineering, MS in Mechanics & Hydraulics, and PhD in Civil & Environmental Engineering. He also taught graduate classes at Washington State University on Integrated Environmental Modeling.

### Beech Haven: A Walking Tour

Session A: Friday, April 5, 9:00 – 11:45 AM  
Session B: Saturday, April 13, 9:00 – 11:45 AM

\$8  
Off Site

*Tours are identical. Please register for no more than one.*

Athens-Clarke County has acquired more than 100 acres of Beech Haven, the Rowland family's historic rustic retreat along the Middle Oconee River. Purchased by Charles Rowland II in 1910, Beech Haven is now surrounded by suburban development but remains essentially unchanged since the 1930s. The site has a long history as an important social and religious gathering place in Athens, and with new public ownership may once again be a cultural and recreational hub for the community. Please note: Beech Haven is not yet open to the general public. The field trip requires hiking about two miles round-trip on unmaintained gravel roads and trails. Location details will be provided to class participants in advance of the tour date.

**Nat Kuykendall** is vice-chair of the Oconee Rivers Greenway Commission and is fascinated with the Beech Haven landscape. He moved to Athens in 2008 after retiring from park planning with the National Park Service, including at the NPS Denver Service Center. **Lucy Minogue Rowland** is the widow of Charles Rowland IV and the keeper of the family's Beech Haven history. She is a member of the ACC Planning Commission, director of the L.T. Griffith Library at the Georgia Museum of Art, and a professor emerita of the UGA Science Library.

### Be in the Know!

- Around OLLI@UGA
- Around UGA & Athens
- Semester Information
- Travel Study Opportunities
- Upcoming Social Events

Find it all online at [olli.uga.edu](http://olli.uga.edu)

## Beginning Bridge III: Defense in the 21 Century

Thursdays, February 7 – April 4 \$40  
10:00 AM – Noon Off Site

This eight-week course focuses on the defensive aspect of bridge and follows the previously offered OLLI@UGA courses, “Bidding” and “Play of the Hand.” Class presentations are based on the student text (included in the course fee) and feature a structured approach which is easy to follow. Each two-hour class lets students take an active role in learning how to formulate and execute a plan, thereby giving them the chance to play and defend. Location details will be provided to class participants in advance of the first class date.

**Debbie Wagner** is a Michigander who has taught high school in Pennsylvania and Missouri. She earned her master’s degree in reading at UGA shortly after moving to Athens in 1976 with her husband and two sons. Bridge is Wagner’s passion, but she also loves travel, golf, and reading.

## Behind and Beyond Crime Scene Investigations

Friday, May 10 \$10  
10:30 – 11:45 AM River’s Crossing

Evidence is left behind at every incident scene, and a chain of custody is begun at that time. This course defines and outlines property and evidence along with a chain of custody. It follows property and evidence through scenarios to explore the possibilities and options to reach a final outcome. The evidence and the importance of the chain of custody will be followed through hypothetical court proceedings.

**Debbie Staiger** is a retired evidence technician and former high school biology and chemistry teacher. **Renny Barnes** was a prosecutor who tried many serious felony cases including capital cases.

## Being Bilingual and Bi-literate: Benefits and Challenges

Tuesday, March 5 \$10  
10:30 – 11:45 AM River’s Crossing

Learn about creative and successful models of how children learn to speak, read, write, and understand in another language. The presenters will explain terms like *language immersion* and *dual-language programs* and provide details about research that shows clear benefits of being bilingual and bi-literate for brain/cognitive functioning and career success. The class includes a role play demonstration of how a lesson is taught in a language immersion classroom.

**Isabel Llanos Balsamo**, a native of Bogota, Colombia, is a PhD student in the language and literacy education program at UGA. She has many years of experience teaching Spanish and ESL. She was involved in establishing a English immersion program at a private K-12 school in Bogota. She earned master’s degrees in Spanish and ESL. Her daughter Sofia is conversant in Spanish and Mandarin Chinese.

## Biking Safely in Athens: Ride Right, Ride Bright

Wednesdays, May 1 – 22 \$28  
10:30 – 11:45 AM River’s Crossing

Four interwoven class sessions will cover the basics of safe, comfortable bicycle riding. The class will begin with a review of bicycle traffic laws and safe riding habits. We will cover the ABCs of basic bike maintenance to

ensure you know how to fix common mechanical problems, and build a set of safe riding habits and practices that focus on riding right, riding bright: staying predictable and visible. The class will culminate with a short, guided ride through Athens.

**Tyler Dewey, J.D.** is a League of American Bicyclists certified Cycling Instructor (LCI) and a life-long rider. Tyler joined BikeAthens as executive director after two years in the Peace Corps in Kazakhstan. As part of his job duties, Tyler teaches over twenty safe cycling classes a year. He has now taught safe cycling to hundreds of Athenians of all ages. Tyler believes a more walkable, bikeable Athens is a more lively, vibrant Athens.

## Birding: Learning Bird Songs

Wednesday, March 27 \$10  
9:00 – 11:45 AM River’s Crossing

An ideal follow-up to “Birding: Practical Steps to Learning About Birds,” this course will describe the various types of vocalizations made by birds and provide a systematic way for those new to birding by ear to learn to distinguish, categorize, and remember bird songs to assist in identifying birds in the field. After the lecture there will be twenty to thirty minutes of birding by ear outside the building, weather permitting.

**Ed Maioriello** has been an active amateur birder for approximately eighteen years. Ed has served as the field trip chair for the Oconee Rivers Audubon Society for several years and is a vice president of the Georgia Ornithological Society. Ed subsidizes his birding by working for the Board of Regents of the University System of Georgia doing computer networking.

## Birding: Practical Steps to Learning about Birds

Friday, March 1 \$10  
9:00 – 11:45 AM River’s Crossing

This class introduces birding through a systematic approach to help the new birder learn how to categorize birds, eliminate unlikely/impossible species, and use eyes, ears, binoculars, and field guides to identify birds in the field.

**Ed Maioriello** has been an active amateur birder for eighteen years. Ed has served as the field trip chair for the Oconee Rivers Audubon Society for several years and is a vice president of the Georgia Ornithological Society. Ed subsidizes his birding by working for the Board of Regents of the University System of Georgia doing computer networking.

## Bitter are the Tears of a Child

Tuesday, June 4 \$10  
9:00 – 10:15 AM River’s Crossing

An estimated 8.7 million children are living with one or both parents with a substance abuse problem. Over thirty percent of all cases involving the removal of children for placement in foster care is because of the addiction to drugs or alcohol by one or both parents. The effects of living with an addicted parent can be felt long after childhood. Learn about the long-term effects of living with an addicted parent, and what can and should be done to identify and help these children.

**DeAnne Wilmoth** received a BA in speech therapy from the University of Arkansas and an MEd in counseling from Georgia State University. She worked for twelve years as a middle school counselor and was named Middle School Counselor of the Year in 1998 for the state of Arkansas. She has led workshops on Parenting for Prevention, caregiving, and Beyond a Broken Heart, and been a tireless fundraiser for the American Cancer Society since her daughter’s death from breast cancer in 2009.

### **Bonnethead Shark Ecology on the Georgia Coast**

Friday, February 22  
2:30 – 3:45 PM

\$10  
River's Crossing

Sharks are often at the top of many marine food webs, but because of their nature they are often very understudied. Dr. Byers has just completed an exciting study on the most common fish in Georgia estuaries—the bonnethead shark. He is eager to tell you all about this exciting creature and its amazing habits and important role in our local marine ecosystems!

**Jeb Byers** is a professor in the Odum School of Ecology and an internationally recognized expert in marine invasion biology. He has served on national panels as an expert scientific advisor to develop invasive species policy and monitoring programs. Byers has an active research program on invasive species and involves many undergraduates in his research. He is a dynamic instructor and the recipient of the 2017 Josiah Meigs Distinguished Teaching Professorship.

### ***Bridge on the River Kwai*: A Novel Gets a Hollywood Makeover**

Monday, May 20  
10:30 – 11:45 AM

\$10  
River's Crossing

In the 1952 book, the bridge is only slightly damaged; in the 1957 movie, it's completely destroyed. The book is concise, thoughtful, ironic. The movie sprawls for hours over mountains, swamps, waterfalls, and a prison camp. There is no role for William Holden in the novel, no attractive nurses, no martini shakers. The book deals in ideas; the movie in emotion. The class will follow the transformation of an existential French novel into film and determine what was lost and gained.

**Cliff Probst**, originally from New Orleans, majored in creative writing at Stanford University and earned an MA in English literature at Tulane. He has taught British and American literature at Vanderbilt, Northern Illinois, and California State University. He is an active volunteer with Friends of the Library in Athens.

### **Caring for Antique Furniture**

Friday, April 26  
10:00 AM – Noon

\$10  
River's Crossing

We all live with furniture in our home that we value, whether it's inherited or something we found and love. Everyday use and improper care usually shorten the lifespan and usefulness of those objects. Improper care also diminishes the value of expensive antiques. Learn about routine care and maintenance as well as successful products that save work and maintain or increase value. Students will also talk about repairs to safely try at home and recommend local professionals who can help when this is not possible. Students are encouraged to bring examples of furniture that they would like to discuss.

**Jill Read** has owned and operated two businesses in Athens that sold antiques, Homeplace and Southern Comforts. She has studied antiques since she was a child and currently does appraisals of antiques for museums, estates, and appraisal purposes.



## SPRING 2019 COMMUNITY MUSIC SCHOOL

**IT'S NEVER TOO LATE  
to learn to play a musical instrument!**

### **NEW HORIZONS BAND**

*Joyce King, Director*

Mondays 12 - 1:30pm

Church at College Station

1225 College Station Road, Athens, GA 30605

\$75

### **NEW HORIZONS ORCHESTRA**

*Kathleen Powell, Director*

Thursdays 10am - 11am

Holy Cross Lutheran Church

800 W. Lake Drive, Athens GA 30606

\$95

### **NEW HORIZONS PIANO**

*Crystal Wu, Instructor*

Wednesdays, 4 - 6pm

Hugh Hodgson School of Music, 250 River Road,

Athens, GA 30602

\$110

[ugacms.uga.edu/newhorizons.html](http://ugacms.uga.edu/newhorizons.html)

**NEW BEGINNERS WELCOME ANYTIME!  
Absolutely no prior experience necessary**

**Curious but not sure you want to commit?**

**New Horizons rehearsals are always open for visitors.**



## Caterpillar Manufacturing Facility Visit

Wednesday, February 20  
12:30 – 3:00 PM

\$8  
Off Site

Caterpillar, Athens is part of the building construction products division of Caterpillar, Inc. The Athens Plant is a major manufacturer of small track-type tractors and mini hydraulic excavators for customers in North and South America and Europe. The plant currently employs more than 1,500. Participants will learn about the company, its products, and history of the Athens plant. A tour of the production area will be included after a brief presentation. Participants must be able to walk one mile on even surfaces and stand for extended periods of time.

**Susie Haggard** is retired from the Georgia Department of Economic Development. The GDECD is the lead department for the recruitment and expansion of industries in Georgia, International Trade, Tourism, and Film, Video, and Music Development. For more than twenty years, she assisted more than 200 companies to expand or locate, creating more than 2,000 jobs with an investment of \$2.4B.

## Chamber Music in History and in Athens

Friday, February 22  
1:00 – 2:30 PM

\$10  
River's Crossing

As a complement to the Chamber Music Society of Lincoln Center's performance—and as part of UGA's Performing Arts Center's Chamber Music 2018-19 Season—Patrick Castillo will guide participants on an in-depth exploration of chamber music literature, surveying the fascinating history, influences, and composers of the musical works to be performed throughout the season.

**Patrick Castillo** leads a multifaceted career as a composer, performer, writer, and educator. He has provided program and liner notes for numerous concert series and recording companies and been a guest lecturer at the Chamber Music Society of Lincoln Center, Fordham University, the University of Georgia, the Milwaukee Symphony Orchestra, the Chamber Music Festival of the Bluegrass, String Theory at the Hunter, and ChamberFest Cleveland.

## Chigger Mites: Avoiding the Bite

Tuesday, May 14  
Noon – 1:00 PM

\$10  
River's Crossing

OLLI@UGA members who grew up in the South or Midwest likely had direct contact with chiggers as they walked through tall grass or sat on forest logs. In this **brown bag lunch program**, join Dac Crossley, the last active United States expert on chiggers, as he shares information about chigger mite biology and ecology, and explains how to avoid the itchy red spots they inflict on human beings and other creatures.

**Dac Crossley** is a former professor of entomology and ecology at UGA, specializing on the role of soil animals in ecosystems processes in the forest and agricultural field. After retirement, Crossley became a writer of western mysteries and resumed the study of chigger mites.

## China: A Twentieth Century of Revolutions

Tuesdays & Thursdays, April 16 – May 9  
1:00 – 2:15 PM

\$42  
River's Crossing

Participants will view "China: A Century of Revolution," the six-hour PBS video series from 1997, which covers the period from the early 1900s until the death of Deng Xiaoping with fascinating archival footage. Introductory material will be provided in each session and time for discussion will be

available after each segment. The PBS video series, the Chang and Osnos books (below), and additional material should enhance your interest in China and perhaps fill in gaps in your understanding of China's century, which was greatly influenced by the humiliations of the 19th and early 20th centuries. The presenter requests that all participants read *Wild Swans* (ISBN 978-0743246989) and *Age of Ambition* (ISBN 978-1491581445).

**Ian Hardin** has visited China and Hong Kong frequently since 1988 and will return this year. During most of his visits, he provides lecture tours about his research (polymer and fiber chemistry) or delivers keynote addresses to scientific research conferences. He does not regard himself as a China expert, but he does stay up to date and usually has two or three books on China on his annual Top Ten list.

## China: Inside and Out (II)

Thursday, February 7  
1:00 – 2:30 PM

\$10  
River's Crossing

This class will focus on Chinese culture, education, economic development, politics, U.S. relations, and related topics suggested by class participants. Although this class is a follow-up to the class offered in Fall 2018, OLLI@UGA members are welcome to register without having attended the earlier class.

**Kun Yao** received his PhD degree in physical electronics from Peking University, Beijing, China, in 2008. He is now a lecturer in the College of Engineering and manager of the clean room facility at UGA. He has fifteen years' experience in design, fabrication, and testing of devices based on novel materials and structures.

## Choosing Colors for Your Garden

Tuesday, April 2  
2:30 – 3:45 PM

\$10  
River's Crossing

Richard Ludwig will focus on the correct use of color during the landscape design process, taking an artistic rather than horticultural approach to color selection and implementation. One of the most challenging strategies when creating a garden or landscape is selecting and combining colors that enhance the value of the property and improve the use of the outdoor spaces. Most homeowners and designers make color choices based on personal favorites instead of on the emotional impact of correct color choices.

**Dr. Richard Ludwig**, retired director of the horticulture program at Gwinnett Technical College, was selected as Georgia Educator of the Year by the Georgia Green Industry Association. In addition, he worked for *Southern Living* magazine as a garden specialist as well as served as host of PBS-TV's *GardenSmart*, a national gardening show. Ludwig is also a former spokesperson for MiracleGro products.

## Cloudy with a Chance of Monarchs

Friday, May 10  
Noon – 1:00 PM

\$10  
River's Crossing

Monarchs are everybody's favorite butterfly. They make a four generation, 3,000-mile migration loop every year from Canada to Mexico, with stops in our backyards. Unfortunately, the Monarch population is crashing. In the last few decades their population has declined 96%, and there's a serious possibility they could become extinct during your lifetime. That's why the Monarch's future is cloudy, with only a middling chance of long-term survival. Join this **brown bag lunch program** for this amateur naturalists' presentation on the Monarch's situation: the bad news, the good news, and simple things you can do to help.

**Chuck Murphy** is a photographer and amateur naturalist. He started studying bugs as a kid and never grew out of it. He raises Monarchs from egg to adult, and also participates in several citizen science projects dedicated to the protection of Monarchs. He's also been to the Mexican mountains, visiting the refuges where all of the Monarchs east of the Rockies spend the winter before beginning the northern leg of their annual migration cycle.

### Commonsense Gardening: A Tour

Session A: Friday, April 19, 10:30 AM – Noon \$8  
 Session B: Friday, April 19, 1:30 – 3:00 PM Off Site  
 Session C: Tuesday, April 23, 10:30 AM – Noon

*Tours are identical. Please register for no more than one.*

Gardening has become way too complicated. It is supposed to be pleasurable, therapeutic, and mostly fun. Watching plants emerge in the spring and buds turn into flowers is part of the allure of gardening, all enjoyed while walking in the garden with a cup of coffee or glass of wine. Dr. Armitage will talk about commonsense gardening – pruning, fertilizing, planting, deer, plant selection, supporting and mostly enjoying it – at his personal garden! This class will be a time to hear from the country's expert and to ask those questions that nobody else seems to want to answer while enjoying the walk-about. Location details will be provided to class participants in advance of each tour date.

**Dr. Allan Armitage** is highly sought as a teacher and lecturer and is renowned for his enthusiasm about ornamental plants. He has written thirteen books, lectures throughout the world, and has recently developed his own app for smart phones and tablets. He also owns a travel company, Garden Vistas, and has been taking gardeners to the Great Gardens of the World every year for over twenty years.

### Condor Chocolates: From Bean to Bar

Session A: Monday, February 25, 10:30 – 11:45 AM \$8  
 Session B: Monday, March 25, 10:30 – 11:45 AM Off Site  
 Session C: Monday, April 29, 10:30 – 11:45 AM

*Tours are identical. Please register for no more than one.*

Participants will take a detailed, hour-long tour of Condor Chocolates in Athens. The tour will review the entire process of developing Condor Chocolates, from selecting cacao beans in Ecuador, to shipping the beans to Athens, to preparing the beans for roasting, then to transforming the beans into the various levels and grades of chocolate that go into the final product. Participants will be able to experience the process from beginning to end and will be invited to sample a variety of chocolate products. Location details will be provided to class participants in advance of each tour date.

**Peter Dale** and **Nick Dale** are lifelong Athens residents and UGA alumni who have established food opportunities for the community. They have been recognized for their excellent skills and abilities in food preparation and presentation.

### Conflict Transformation for Individuals and Groups

Monday, Wednesday, & Friday, June 3 – 7 \$24  
 9:00 – 10:15 AM River's Crossing

Learn about conflict transformation as it applies to individuals and groups, along with strategies for addressing interpersonal conflict and the systemic roots of larger societal conflicts. This class will teach practical skills that can be applied immediately.

**John Lash** began studying conflict transformation, nonviolent communication, and restorative justice while serving a life sentence for murder he was given at the age of eighteen. After nearly twenty-five years he was released. He earned an MS in conflict management from Kennesaw State University in 2012 and has been the Executive Director of Georgia Conflict Center since 2013. He applies his hard-won knowledge of violence and conflict to his work in Athens and beyond.



### Constructive Engagement with China & Russia: Why America First Is Not the Answer

Tuesday, June 4 \$25  
 Noon – 1:30 PM Trumps Catering

America's international engagement, evolving with difficulty from the founding of the United States through the 20th century, has been a powerful U.S. asset. Notwithstanding mistakes and challenges, its role in the world helped build respect and influence. Many think we are losing our way. What do we need to do? Fortress America based on America First is not the answer. Thoughtful cooperation and constructive engagement with China, Russia, and the world will serve us better.

**Gary Bertsch** is an elected Life Member of the New York-based Council on Foreign Relations. He served on the University of Georgia faculty 1969-2010 where he taught international relations and founded the Center for International Trade and Security (CITS). In 1996 he was awarded the title of University Professor signifying highest recognition of his endeavors on behalf of the University's mission. In 2015 he was granted the UGA President's Medal recognizing longstanding, extraordinary contributions to students, academic programs, and society.

### Conversation with Newly Elected Athens-Clarke Mayor

Monday, March 25 \$10  
 Noon – 1:00 PM River's Crossing

Kelly Girtz has recently taken office as Mayor of Athens-Clarke County. Join Mayor Girtz in a conversation about Athens-Clarke County and community development during this **brown bag lunch program**.

**Kelly Girtz** was elected Mayor of the Unified Government of Athens-Clarke County in 2018, after serving for twelve years on the County Commission. He has concurrently been a public school teacher and administrator in Athens since 1998. He holds a Graduate Certificate in Educational Leadership from UGA, a Master of Arts in Teaching degree from Piedmont College, and a Bachelor of Science degree in Sociology from Old Dominion University. He grew up in Norfolk, Virginia. He is married to Andrea Griffith, and they are the proud parents of Noah (age 6).

### Do I really need to display a parking tag if UGA is not in session?

**YES.** Our lot is monitored Monday through Friday, 7 am – 5 pm. You will need to display a parking tag during these hours.

## Conversations About Older Drivers: We Need to Talk

Wednesday, April 24 \$10  
10:30 AM – Noon River's Crossing

Have you ever talked with aging loved ones about their driving? Or thought about having a conversation with them about the possibility of giving up driving? In this informative presentation, you will learn when to begin talking about driving, with whom older adults prefer to have this conversation, and ways to craft a caring conversation. Additionally, Attorney Bayli Fields will discuss the steps to have a driver's license formally revoked, the effect of Guardianship versus Power of Attorney on the ability to make driving-related decisions, and how to protect assets from liabilities.

**Bayli Fields** is an attorney at Kimbrough Law. Kimbrough Law is an elder law and estate planning firm that helps families respond with confidence to the legal, financial and personal challenges of aging, chronic illness, and disability. **Bre Simmons** is an Elder Care Coordinator for the firm who helps families navigate the long-term care system, serving as guide, encourager, counselor, resource gatherer, and advocate during the journey.

## Conversations and Memories of Another Era... WWII

Session A: Wednesday, February 27, Noon – 1:00 PM \$10  
Session B: Tuesday, March 5, Noon – 1:00 PM River's Crossing

In this **brown bag lunch program**, Paul DeLargy will share his early history as part of WW II and how his bad boy antics got him into many scraps but also provided many opportunities, just ask him about digging holes and jumping from a plane on a dare. In addition to sharing remembrances, he will invite interaction with participants.

**Dr. Paul DeLargy** is ninety years old and a WW II veteran who served as part of the 82nd Airborne under General James Gavin. As the war was winding down, DeLargy was selected to be a part of the elite Honor Guard while serving in the division of the 504 battalion Company C. After the war he played football with the Florida Gators, was an educator, and has long been a successful entrepreneur.

## Cooking Demo and Insider's View of a Professional Kitchen

Tuesday, April 2 \$8  
9:30 – 11:30 AM Off Site

Go behind the scenes at Athens Technical College, Monroe, GA and see a professional kitchen, kitchen garden, and composting facility. Participants will then attend a cooking demonstration, under the guidance of Chef Amy Ponzoli, by ATC students who will show you how to make four international appetizers representing Germany, France (Normandy), Japan, and student's choice. Food samples and recipes will be provided. The class is limited to 20 participants.

Chef **Amy Ponzoli** received her culinary degrees from Johnson & Wales University and Le Cordon Bleu. Her past professional experiences include cooking in NYC and Atlanta area restaurants, as chef-owner of both a restaurant and a bakery and as chef instructor at Le Cordon Bleu, Atlanta in Contemporary Cuisine and Wine Service. She has received numerous awards as a chef educator. She currently is in charge of the culinary program at Athens Tech College.

## Creative? Not Me, But I Want to Be

Friday, May 3 \$10  
2:30 – 3:45 PM River's Crossing

We are all born with many capacities to think creatively. By the time we are in the fourth grade, we usually no longer use them. Throughout our entire lives we can learn to become more and more creative in ALL aspects of daily living. You will be introduced to idea-generating techniques and problem-solving processes that will help you with all the challenges you want to address more creatively.

**Alan Black** has practiced eight professions since 1960: newswriting/editing, licensed architect, graphics and signage designer, interior architect, college professor at three universities, professional speaker, trainer, and creative thinking consultant. Beginning in 1977 he began traveling the world for fun and work, visiting forty-nine US states and ninety-three countries on six continents. Since 1980 he has given 3800+ presentations from speeches to two-week long training programs about Leading, Communicating, Teaming, and Cre8ng™.

## Criminal Justice Reform in Georgia and Across the Nation

Thursday, March 14 \$10  
10:30 – 11:45 AM River's Crossing

In recent years Georgia and other states have reformed processes for addressing non-violent criminal conduct. Georgia has been a national leader in adopting changes which increase public safety and reduce expense to taxpayers. Recognizing that criminal behavior is frequently correlated with substance abuse, poverty, and mental illness, Georgia and other states have revised criminal codes and implemented court programs to address underlying causes of criminal behavior. Since most individuals incarcerated in prison return to the community, Georgia enhanced re-entry programs to reduce high rates of recidivism. Changes in availability of criminal records have increased access to employment.

**David R. Sweat** practiced law in Athens from 1979 until he was elected to be Judge of Superior Courts of the Western Circuit (Clarke and Oconee Counties) in 2002. Judge Sweat handled criminal, family law, and general civil cases. In 2008 he established a mental health accountability court which assists individuals with mental illness involved in the criminal justice system. In 2017 he retired and assumed senior status and now serves by appointment in courts across the state.

## Critical Reading: Selected Short Stories

Tuesdays, March 5 – 26 \$28  
9:00 – 10:15 AM River's Crossing

Each week two short stories assigned from *The Longman Anthology of Short Fiction: Stories and Authors in Context*, edited by Dana Gioia and R. S. Gwynn (ISBN: 0-8013-3159-5), will be discussed by the class. When ordering the anthology, be sure to get the complete edition, not the compact edition.

**Robert Covi** spent four years in a monastic order and has a degree in philosophy, an MS. Ed. in school psychology from St. John's University, and a PhD in child and family development from UGA. Now a retired school psychologist, he enjoys spending time with his wife, walking, reading, participating in political activism, and other hobbies. **Dale Goodhue** has no academic qualifications for teaching literature, having studied mostly engineering and management information systems; but he took quite a few creative writing courses as an undergraduate and sold one story for \$25.

### Crows: Wise, Foolish, and Just Plain Nuts

Wednesday, February 20 \$10  
Noon – 1:00 PM River's Crossing

Love 'em or hate 'em, everybody's got opinions about crows. They can be amusing backyard guests or unwanted pests and predators. In this **brown bag lunch program**, see how some birds are smarter than others, and crows are allegedly among the smartest. But are they, really? While working on a backyard bird photography project, Chuck Murphy almost skipped crows: Just a big, boring black bird, right? Wrong! They're beautiful birds, but with a LOT of personality. Using photos and videos, Murphy will share his adventures in his ongoing quest for the perfect crow photo.

**Chuck Murphy** is a bird watcher, bird photographer, and veteran OLLI@UGA presenter. He's made photos on all seven continents and taught photography courses for OLLI@UGA, UGA-Continuing Education, the State Botanical Garden, and other venues. His photos have been displayed at the Lyndon House Arts Center, the State Botanical Garden, and the Georgia Museum of Art, and have been featured in local publications and leading national photo magazines.

### Darwin, Fitzroy and the Fate of the Native People of Tierra del Fuego

Monday, March 4 \$10  
1:00 – 3:45 PM River's Crossing

Gary Kochert will share how HMS Beagle, Jimmy Button, and a host of believers played a role in forever changing the lives of the individuals living in Tierra del Fuego, at the Southern tip of South America. In this lecture (which could aptly be called "Beagle, Button, and Believers"), Gary will share the geography and history of the area, highlighting the encounters between the Europeans and the Fuegians, who were living in the stone age when the Europeans first entered the area. The best-known accounts of such encounters were made by Commodore (later Post Captain) Robert FitzRoy and Charles Darwin, who accompanied FitzRoy on the second of two surveying trips to the area in HMS Beagle. Subsequent attempts to civilize and Christianize the Fuegians contributed to the ultimate extinction of the Fuegians and their unique culture.

**Gary Kochert** taught biology and supervised a research program for thirty-five years at the University of Georgia. After retirement, he worked as a naturalist on an expedition ship, the Polar Star. He made several trips to Tierra del Fuego, the Falkland Islands, South Georgia, and the Antarctic Peninsula. He has a background in geology as well as biology.

### Delicious Desserts & Sweet Treats Free of Refined Sugar

Monday, May 13 \$15  
9:00 – 10:15 AM River's Crossing

If you have a sweet tooth, this class is for you! Let's examine and learn about healthier ways to cook desserts without using refined sugar. You will be able to try several samples of these desserts and leave with a handout of recipes. The cost of the class contains a fee to cover the cost of ingredients.

Originally from Michigan, **Amy Whipple** grew up in a family that loves food. Her mom rarely cooked the same meal twice, and her grandparents farmed and lived off their land. She loves to sneak healthy ingredients into anything she prepares and is impatient when it comes to a recipe with too many ingredients. She spent four years volunteering at a culinary center in Salt Lake City and is a regular at the weekend farmer's market.

### Diet Confusion in America: Challenging Popular Food Myths

Friday, March 8 \$10  
1:00 – 2:15 PM River's Crossing

Finally, an explanation of why you can't stick to so many of the new revolutionary diets: because they leave you hungry. Vegetarianism has taken over the holistic world, claiming that —with discipline—everyone can adapt to a plant-based diet. You will learn how imposed vegetarianism and juicing may actually be dangerous for some people. You will also learn how the government's pyramid is not universal for all human beings. You will leave this course able to identify whether you or your loved one are on the wrong diet.

**Alice Rose** graduated from GSU with a MA in experimental social psychology and a PhD in clinical psychology in 1979, and a master's in theology from Emory in 2011. She had a thriving clinical practice for forty years in Atlanta with clients coming from various U.S. cities and Canada as well as Georgia. One of her specialties was treating eating disorders by finding ways to end the hunger that accompanies weight issues. She has attended more than fifty conferences on nutrition, including The Kelly Program which teaches twelve metabolic types.

### Dog Behavior Transformation Fundamentals

Tuesdays, May 21 & 28 \$18  
1:00 – 3:45 PM River's Crossing

What does it take to transform your beloved dog's undesirable behaviors into social graces? In this two-part course, you will learn tools to work smarter, not harder, to address dog behavior issues for more harmonious relationships. During the first session, we will build a foundation for understanding and managing dog behavior so that dog and human needs are met. The second session will continue with individualized solutions for your personal dog challenges in a nonjudgmental atmosphere.

**Shannon Bayless** is a behavior intervention specialist at In Tune Dogs in Athens, lead trainer for a national terrier rescue, and teacher of deaf dogs and Service Dog teams. She is a graduate of Karen Pryor Academy for Animal Training & Behavior and a Doggone Safe Dog Bite Safety Educator who continually expands her biology and behavior education. A dog trainer since her animal-immersed childhood, she enjoys training people with the same kindness and enthusiasm.



UNIVERSITY OF  
GEORGIA

Committed to  
Lifelong Learning

Center for Continuing  
Education & Hotel

706-542-2654  
georgiacenter.uga.edu

## Dog Bite Prevention

Friday, April 19 \$10  
1:00 – 3:45 PM River's Crossing

How do you protect yourself and others from dog bites? The CDC estimates around 4.5 million people are bitten by dogs every year, and children are particularly at risk for serious injuries by the family dog. Whether you encounter dogs at home, on the job, or in public, this class will teach you how to recognize risky situations, how you and children under your care can be safer around dogs, how to avoid bites, and what to do if you are bitten by a dog.

**Shannon Bayless** is a behavior intervention specialist at In Tune Dogs in Athens, lead trainer for a national terrier rescue, and teacher of deaf dogs and Service Dog teams. She is a graduate of Karen Pryor Academy for Animal Training & Behavior and a Doggone Safe Dog Bite Safety Educator who continually expands her biology and behavior education. A dog trainer since her animal-immersed childhood, she enjoys training people with the same kindness and enthusiasm.

## Downsizing: A Fresh Start

Thursday, February 7 \$10  
2:30 – 3:45 PM River's Crossing

This class covers the why, when and how of downsizing, which has evolved into a major event for today's seniors. It covers tips for converting a residence into a comfortable, healthy and attractive home as well as effective senior housing options after downsizing. Americans are a nation of consumers. Sixty-four percent of retirees expect to move at least once during retirement. Most seniors have accumulated vast quantities of furnishings, knickknacks, and treasured belongings. Developing a seamless action plan is essential. The best ones are customized and executed according to senior clients' wishes, while minimizing anxiety and indecision. Downsizing is more than a physical change, it's a fresh start.

**Harry and Margaret Rouse** own Abode Downsizers LLC. As Move Management Specialists, they assist families, many of whom are older adults, with the physical tasks and emotional aspects of relocating their residence. They are trained members with the National Association of Senior Move Managers (NASMM), which has 986 member locations.

## Downtown Athens: Creating a Work of Art

Monday, April 29 \$8  
10:30 – 11:45 AM Off Site

In the 1970s businesses were moving out of downtowns all over America, and Athens was no exception. Today Athens has one of the most vibrant downtowns in the Southeast. Learn how downtown Athens reinvented itself to become an economic engine and creative center that has a huge impact on our community and see what's next for this dynamic area. Location details will be provided to class participants in advance of the class date.

**Linda Ford** is the Director of Business Services for the Athens Downtown Development Authority, working with business and property owners to maintain downtown Athens as an economically vibrant central business district. She has a BS and a MS in chemistry from UGA. She owned a Five Points gift shop for over twenty years and was District 7 ACC commissioner from 1999-2002. **David Lynn** works with downtown stakeholders to develop community partnerships and manage special projects. He graduated from the UGA with a BA in political science and a Masters in public administration. His has worked in both the public and private sector including city planning, GIS, commercial real estate, and law enforcement. Lynn served as an AAC commissioner representing District 5 from 2002-2010.

## Draw Cartoons for Fun with Your Grandchildren

Friday, April 26 \$10  
2:30 – 3:45 PM River's Crossing

"I can't even draw a straight line." If you can hold a pencil, pen, marker, or crayon, you can draw. During this session you will begin to learn how to draw your own cartoons so that you can amaze your grandchildren while having fun and teaching them how to draw their own. Bring these materials: copy paper, pencils, pens, basic markers or a small box of crayons. Handouts will be created for all attendees.

**Alan Black** has been cartooning since he could hold a crayon. While an architectural student, he had a weekly cartoon strip that ran for four years. As a graphic designer, he did cartoon restaurant party decoration themes and, upon coming to Athens, became a weekly editorial cartoonist for the *Athens Banner Herald*. Black has taught cartooning at conferences around the globe.

## Drones and Sausage-Making: Regulating for Privacy

Wednesdays, May 8 & 15 \$18  
Noon – 1:00 PM River's Crossing

"If you like laws and sausages, you should never watch either one being made." —Otto von Bismarck. Regulation of drones' infringement on individual property and privacy rights has increased in many states in recent years. In light of increased commercial and recreational use of drones, the Uniform Law Commission is in the midst of a two-year project, headed by Dean Kurtz, to draft a model statute dealing with these issues. In two **brown bag lunch** programs, we will discuss various hypothetical cases of drone interference with individual rights, the ULC drafting process, and the current status of the Commission.

**Paul Kurtz** is Associate Dean and J. Alton Hosch Professor Emeritus at UGA. During his thirty-eight years on the faculty, he taught several courses, including Constitutional Law. The author of many articles and a treatise on Georgia Law, he co-authored a leading casebook. He has represented Georgia on the Uniform Law Commission (ULC) since 2001.

## Drones: A Primer on Recreational vs. Legal Commercial Use

Thursday, April 4 \$10  
1:00 – 3:45 PM River's Crossing

Aerial drones can be flown recreationally or commercially; while safety issues remain the same, applicable laws and rules are different. Flights place many legal and safety demands on the remote pilot. In this half-day session, flying drones for hobbyist versus commercial use will be compared. Aspects that apply to both, like safe operating procedures, will be emphasized, and regulations specific to commercial flights are discussed, along with the requirements and means to become an FAA-certified remote pilot. Attendees will see a drone demonstrated in class.

**Dr. Rick Waters** is an FAA-Certified Remote Pilot with Small Unmanned Aircraft System Rating (FAA #3946087), flying for commercial photographic and inspection interests. He is also an award-winning freelance videographer with many hours of flight time using aerial camera drones. A member of the Aircraft Owners and Pilots Association (AOPA) and the Academy of Model Aeronautics, Waters is a native Georgian and has lived in Athens since 1995.

## Dry Needling: Alleviating Pain

Friday, March 8 \$10  
2:30 – 3:45 PM River's Crossing

Dry Needling is a physical therapy intervention in which the physical therapist uses acupuncture-like needles to alleviate muscle spasm, pain, and trigger points. A low-grade current is applied to stimulate the needles and re-educate the targeted muscle. In this course you will learn what dry needling is, who is a candidate for dry needling, and what conditions and injuries dry needling can benefit.

**Dan McGowan** is a physical therapist at Horizon Physical Therapy in Athens, GA. He is certified in functional dry needling and has been a physical therapist for two years.



## Dynamic Courtroom Moments

Tuesday, March 12 \$25  
Noon – 1:30 PM Trumps Catering

Ron Carlson returns to OLLI@UGA to share more fascinating tales of dramatic court cases in the news, relating some of the hidden facts which animate high profile cases in today's headlines.

Professor **Ron Carlson** is Fuller E. Callaway Professor Emeritus. He is the author of 17 books on trial practice and criminal procedure. He is also Senior Legal Analyst for WSB Radio, broadcasting on high profile court cases in the news.

## Early Biological Warfare: Is There Smallpox in that Blanket?

Monday, April 8 \$10  
2:30 – 3:45 PM River's Crossing

We may think of biological warfare as a very modern threat, but it has deep roots in history. In this class we'll explore the familiar story of smallpox blankets in colonial America as well as other incidents involving disease and poisoning that may or may not have constituted biological warfare.

**Nan McMurry** is the Director for Collection Development at the University of Georgia Libraries in Athens. She also teaches history of medicine classes for the UGA history department. She has a PhD in history from Duke University with a specialty in the history of medicine as well as master's degrees in music and library science from the University of North Carolina at Chapel Hill.

## Eliminating Cash: Costs and Benefits

Monday, March 4 \$10  
2:30 – 3:45 PM River's Crossing

What if the \$50 and \$100 bills were eliminated from our monetary system? What would be the benefit? How would it affect our U.S. economy and would there be international impacts? What would be the down side of such a move? Lots of questions and much to consider. This session will involve a discussion of how cash is used in the U.S. and the evaluation of current proposals to eliminate large bills.

**William D. Lastrapes** is Professor and holder of the Bernard B. and Eugenia A. Ramsey Chair in Economics in UGA's Terry College of Business. He has published many scholarly articles in professional journals in the areas of macroeconomics, monetary economics and time series econometrics. Professor Lastrapes earned his PhD in Economics from the University of North Carolina at Chapel Hill in 1986, and his BS in Finance from Louisiana State University in 1980. He was an Assistant Professor of Economics at LSU from 1985 to 1990, before joining UGA's faculty in 1990.

## Elizabeth Church Robb and Female Aid Work in Union Prisons

Friday, February 22 \$10  
9:00 – 10:15 AM River's Crossing

Elizabeth Church Robb, daughter of the University of Georgia's sixth president, Alonzo Church, was one of many Confederate-sympathizing women who formed secretive networks to supply rebel prisoners with food, medicine, and clothing during the American Civil War. Upon her untimely death, Robb became a Lost Cause martyr, with obituaries paralleling her to the prisoners she had aided. In fact, she died of an ovarian tumor diagnosed five years prior. Come learn about Southern women stranded in the North during the Civil War, featuring the complicated life of Elizabeth Church Robb.

A recovering accountant, **Annelle Brunson** is now a graduate student in history at the University of Georgia, studying the Civil War, public health, and female cancers in the mid-nineteenth-century United States.

## ENGAGE Now: Volunteering in Athens Clarke County

Friday, March 22 \$10  
1:00 – 2:15 PM River's Crossing

Are you interested in learning more about volunteer opportunities in Athens Clarke County? Looking to give back to your local community? This class will provide an introduction to a new software platform that the University of Georgia has implemented to help campus and community members find and manage volunteer opportunities. This course is geared toward beginners and will help individuals set up their profile and learn how to browse the site for volunteer opportunities of interest. Get a sneak peek by visiting [engage.uga.edu](http://engage.uga.edu).

**Joshua Podvin** serves as the Senior Coordinator for Community Partnerships for UGA's Office of Service-Learning. He previously served as the Experience UGA Coordinator, facilitating educational field trips to the UGA campus for all 13,000+ students in the Clarke County School District. Podvin earned his MEd in higher education administration from Arizona State University in 2006, and more recently he has been pursuing a master's degree in landscape architecture part-time while working full-time for UGA.

## Ernest Gaines' Masterwork: *A Lesson Before Dying*

Wednesday, March 27 \$10  
1:00 – 3:45 PM River's Crossing

*A Lesson Before Dying* is a wrenching and powerful account of an unjustly convicted prisoner on death row. A young teacher is persuaded to help him die with dignity. The narrative is set in Louisiana in 1948 and delineates the complex racial history of that time that continues to haunt us today, when more black men are in prison than in college. Gaines's powerful writing was nominated for the Pulitzer Prize, and the novel was made into a powerful film starring Don Cheadle and Cecily Tyson.

**John Wharton Lowe** is Barbara Methvin Distinguished Professor at the University of Georgia. He holds a BA from Vanderbilt, an MA from Georgia State, and a PhD from Columbia University. He is the author or editor of nine books, including *Calypso Magnolia: The Crosscurrents of Caribbean and Southern Literature*, which won the 2017 C. Hugh Holman Award as best book in Southern Studies. He is currently writing the authorized biography of Ernest J. Gaines.

## Essential Islamic Spirituality

Tuesdays, May 14 – 28  
2:30 – 3:45 PM

\$24  
River's Crossing

Kenneth Honercamp intends to open a window for students upon the Muslim world view as perceived by Muslims themselves with an aim toward increasing understanding and appreciation of this rich and diverse culture and to provide the student a window from which to view his or her own world. The class is intended to help participants gain understanding of Islam within the framework of spirituality, appreciate the richness and diversity of Islamic culture, and become aware of the need for dialogue with Muslims in our contemporary world.

**Kenneth Honercamp**, a professor in the department of religion at UGA since 1999, teaches Introduction to the World's Religions, Islamic Studies, and Arabic. He is a graduate of the Quarawiyine University of Morocco (1981), UGA (1995), and the University of Aix-en-Provence, France (PhD, 2000). He earlier spent ten years in Pakistan studying Islamic Law in the various traditional institutions. During his twenty years in Morocco, he gained extensive knowledge of Moroccan Sufi orders and manuscript libraries' holdings.

## Estate Planning and Probate Matters

Monday, March 11  
9:00 – 10:15 AM

\$10  
River's Crossing

David Dismuke will provide an overview of estate planning issues including wills, trusts, powers of attorney, advance directives for health care, and tax matters relevant to estate planning. The class will also discuss how probate works and how it can be avoided.

**David A. Dismuke** is an attorney at Blasingame, Burch, Garrard & Ashley, P.C. in Athens, Georgia. His practice focuses primarily on estate planning, probate, trust, tax, and corporate matters. Dismuke is also a licensed CPA in Georgia.

## Experiences of a Mud Engineer: Drilling around the World

Wednesday, March 20  
1:00 – 2:15 PM

\$10  
River's Crossing

Ed Butts will bring the perspective of an international drilling fluids sales and service representative (aka Mud Engineer) as he explains the three basic methods of making holes in the earth as well as the functions and importance of drilling fluids in making a usable deep hole in the ground. Butts will share experiences, problems, and observations—both humorous and serious—from his years working with and moving through the local cultures. He recommends viewing the movie, *Deepwater Horizon* prior to class for insight into what the presenter feels ultimately caused this catastrophe.

**Ed Butts** grew up in Arnoldsville, GA, a community ten miles south of Athens, but dreamed of world travel. Summers while in high school and at Athens Tech and Georgia Southern University, he worked for a water well drilling company. Later fate got him into the oilfield service industry as a mud engineer and on-shore logistical coordinator, working and living on every continent except Antarctica as his dreams of world travel became realities for over thirty-two years.

## Explore Granite Outcrop Species with Eloise

**Brown Carter**

Thursday, March 21  
9:00 AM – 4:45 PM

\$18  
Off Site

Don't miss your opportunity to see one of Georgia's rarest plant communities at its most colorful. The outcrops we will be visiting host many unique species, including the only population of Alexander Rock aster (*Eurybia avita*) in Newton County. We'll tour the granite outcrops on two local protected farms with Eloise Brown Carter, biology professor at Emory University and co-author of *Guide to the Plants of Granite Outcrops*. Participants will meet at River's Crossing for a brief orientation before carpooling to see two of these unique habitats. The day will begin with the Cason farm visit, followed by lunch at a farm-to-table restaurant at Oxford College, and conclude with the Mitcham Family farm visit.

**Daniel Crescenzo** grew up in the ecologically important Pine Barrens region of southern New Jersey. He studied philosophy with a minor in environmental studies at Stockton University in New Jersey. In 2005 Crescenzo moved to Athens to pursue a graduate degree in philosophy with a research focus on environmental ethics at UGA. Since 2016 he has worked as Stewardship Coordinator at the Oconee River Land Trust, monitoring conserved properties, developing landowner resources, and giving talks.

## Exploring American Folk Art

Wednesday, March 13  
1:00 – 2:15 PM

\$10  
River's Crossing

This class will explore both antique and contemporary examples of folk art; in particular, the work of African American artists. Participants will have hands-on access to Peter Loose's folk art collection that includes a wide variety of subject matter and materials. Participants are invited to bring an object from their own collections at home for discussion and identification. All folk art mysteries are welcome.

Self-taught and painting since 1987, **Peter Loose** builds and paints all manner of whimsy. He is known for his one-of-a-kind birdhouses and animal-shaped dulcimers. His paintings reflect his deep interest in the natural world. He has done illustrations for posters and books. *Bongo is a Happy Dog* has traveled across the world. Loose is represented by the Ginger Young Gallery in Chapel Hill, NC, and his work has been shown in various galleries and museums.

## Exploring DNA Results from Ancestry.com

Wednesday, March 20  
9:00 – 10:15 AM

\$10  
River's Crossing

This class is designed for people among the eight million who have sent their DNA to ancestry.com for analysis and have received their results. Gene Wengert will illustrate, using his own results, both the company's obvious and somewhat hidden information and how to use that information, including mail, maps, shared results, and various filters. Seeing these techniques illustrated on the screen will help you understand your own results and how to use the various features. (Note: Using your test results from other programs will NOT be discussed. Technical details of DNA will NOT be discussed except as such details affect ancestry.com results.)

**Gene Wengert** has been an active genealogist for thirty-five years. He has researched with Family Search and ancestry.com to explore his roots, using DNA to connect with known and unknown relatives. He is a retired extension specialist in wood products.

### Falling: Causes, Prevention, Solutions

Friday, March 29 \$10  
2:30 – 3:45 PM River's Crossing

We've all seen the commercial: many folks have a true fear of falling and not being able to get up or fully recover from an injury. Understanding why you are a bit off-balance can help you understand what to do about combating that instability. In this class, we will learn about vestibular rehabilitation which is used to treat symptoms such as dizziness or vertigo. You will learn some gaze stability exercises, balance exercises, and positioning maneuvers to treat and reduce symptoms caused by inner ear dysfunctions. The overall goal is improving functional mobility and reducing risk of falls.

**Kellie Moore** is originally from Eastman, Georgia. She graduated in 2010 from the University of Georgia with a Bachelor's degree in Exercise and Sports Science. She continued graduate studies at the University of North Georgia, receiving a Doctorate of Physical Therapy in 2014. She is currently employed at Horizon Physical Therapy and treats a variety of patients with orthopedic and neurological conditions. Outside of physical therapy, she enjoys running, reading, and photography.

### FamilySearch.org Research Wiki: A Family Historian's BFF

Tuesday, March 12 \$10  
9:00 AM – Noon River's Crossing

The FamilySearch Research Wiki, an essential free tool for family historians and genealogists, provides context and helps folks learn enough about a topic to advance their family history research. Learn what the wiki offers to find articles and links to information on places all over the world, migration trails, local history, online records, African American research, American Indian information, other ethnic research, "how to" and much more. The second half of class will be hands-on using the Research Wiki in the computer lab. Advanced preparation for this class will take approximately 1.5 hours maximum.

**Laura Carter**, a native of Athens, Clarke County, Georgia, has spent the majority of her life working in libraries, helping people get information they need. Retired from the Athens-Clarke County Library after thirty-plus years, she enjoys teaching people how to use the wealth of resources available to help with research. During her years as Heritage Room Librarian she helped people use that research collection open to all ages for local history, Georgia history, and genealogical research.



### Feasting With Mark Twain

Tuesday, February 12 \$25  
Noon – 1:30 PM Trumps Catering

Join us for a fascinating and humorous hour as Ed Helm performs the cantankerous, curmudgeonly, and complex Mark Twain. He will share tales of Twain's journey from lieutenant in the Confederate Army and member of a slaveholding family to abolitionist, American leader of the Anti-Imperialist League, and champion of women's suffrage. The young Twain was obsequious in his famous meeting with Czar Alexander II in Yalta, but the later Twain declared, "When you grow up, knife a Romanov wherever you find him." Hear Twain reveal the influences that created such radical turnarounds. At the end of the performance, you will have an opportunity to ask Twain a question you have always wanted to ask or to share a favorite Twain quote.

**Ed Helm** has enjoyed performing Twain for 30 years: in Asia, Latin America, Europe, and the east and west coasts of the U.S. He's shared Twain with

children, physicians, and Civil War groups, in a Miami television interview, Labor Unions, 2000 Democratic National Convention, and other fora. Twain was born in 1835 and died in 1910, both years Halley's Comet appeared. Helm's father (born 1910) and son Daniel (born 1985), both Halley's Comet years, make Helm's Twain performances heavenly (he says modestly).

### Finding My Community: Feminists, Feminisms, and Advertising

Wednesday, May 22 \$10  
1:00 – 2:15 PM River's Crossing

Peggy Kreshel will tell the story of how she, as a little girl from New England who very likely once had few visions beyond being a farmer's wife, came to be the co-editor of the first book bringing together feminist scholars working in the field of advertising. She shares her story as a reminder to us all of individual agency and the power of community to intervene and effect change.

**Peggy Kreshel** is associate professor of advertising at Grady College and affiliate faculty of the Institute for Women's Studies. She has developed Grady's courses in advertising and society, media culture and diversity, and media literacy and social justice (on-line). She is a co-author of *Media Ethics: Cases and Moral Reasoning*, and co-editor of *Feminists, Feminisms, and Advertising*. Her published research focuses on feminist media studies, pedagogy, ethics and professional culture, and advertising history.

### First Date with History at UGA's Hargrett Library

Session A: Friday, February 15, 2:30 – 3:45 PM \$8  
Session B: Friday, February 22, 2:30 – 3:45 PM Off Site

*Sessions are identical. Please register for no more than one.*

Home to the largest collection of Georgia's history as well as surprising collections from across the country and around the globe, the Hargrett Library houses a variety of materials that document our shared history. Hargrett staff have pulled from the vault letters, diaries, photographs, manuscripts and so much more to delight and intrigue you. Participants will hold history in their hands as they explore a grouping of materials and discover the story that they tell.

**Katherine Stein** was named Director of Hargrett Special Collections and Rare Book Library in February 2017 after serving in several positions there for almost six years. She obtained an MA in museum studies from George Washington University and her BA at Georgia State University.

**Athens Pet Sitter**

Peace of Mind for Pet Parents...since 2006

www.AthensPetSitter.com  
706-254-5232

## Flavor Perception: Increase Enjoyment of Fine Food and Wine

Wednesdays, February 13 & 20 \$22  
2:30 – 3:45 PM River's Crossing

Come learn the biological and psychological aspects of taste and aroma perception and how to apply this knowledge to increase your appreciation of food and wine. The course will include simple sensory exercises.

**Joe Frank** taught courses in food science at the University of Georgia for forty years. For the past nine years he led a study abroad course in Cortona, Italy where he taught the post-harvest aspects of wine science, including sensory evaluation. He and his wife currently lead the Athens Chapter of the American Wine Society.

## Flying Through the Air: A Visit to Canopy Studio

Wednesday, March 20 \$18  
11:00 AM – 12:30 PM Off Site

The aerial workshop will include a short presentation by a few of Canopy's over 55 teachers and students. Should participants choose, they will have the opportunity to try out a few basic tricks on the dance trapeze and will end with big swings. All of our trapezes can be adjusted to suit your height preference. Trapeze is available to all body types, ages, and skill levels. Location details will be provided to class participants in advance of the class date.

**Debra Atwood** is a retired speech pathologist who found her second career at Canopy Studio. She teaches aerial classes and private lessons to individuals of all skill levels and abilities. Atwood pioneered a class specifically for students 53 years and older called the Over B52's. Her aerial specialties include trapeze, silks and lyra (aerial hoop).

## Food Bank of NEGA and Its Partnership with the Community

Thursday, April 25 \$8  
2:30 – 3:45 PM Off Site

Participants will learn and discuss the current level of need regarding food insecurity in the Athens area. In addition, Arya Aghdasi will present the history, mission, scope, programs and impact of the Food Bank of Northeast Georgia. Class time will include a tour of Food Bank facilities and a question-and-answer session.

**Arya Aghdasi** is a graduate of the University of Georgia. He left the world of research and technology to work as a volunteer coordinator at the Food Bank of Northeast Georgia for the last year and a half. Aghdasi recruits and oversees volunteers from the community to participate in the mission of the Food Bank of NEGA, which is to end food insecurity and alleviate poverty in our region.

### Membership Benefit: OLLI@UGA

members can take advantage of an affiliate membership to the Ramsey Center for Physical Health. The cost is \$25/month.

## Foothills Education Charter High: A High School Option That Works

Thursday, February 28 \$10  
9:00 – 10:15 AM River's Crossing

Foothills Education Charter High School opened in August 2015. Over 600 students have earned a Georgia high school diploma from this accredited high school. Foothills is located on fourteen campuses currently serving over 2,000 students. Foothills is in eight public school districts, three state prisons, and three Youth Challenge Program sites. Participants will learn about the Foothills model of service, understand its unique business structure, and be prepared to share this opportunity with other students who need a second chance—without judgment—to earn a high school diploma.

**Sherrie Gibney-Sherman**, a Triple Dawg, has been a Georgia educator for over forty-two years. She has served as teacher, principal, grant writer, and central office administrator in several school districts. She is the superintendent of Foothills Education Charter High School, works with the Georgia Department of Education to support charter system work, and teaches courses at UGA.

## Fountain Pens (*I have this old pen...*)

Monday, February 4 \$10  
9:00 – 10:15 AM River's Crossing

Ink pens from quill to roller ball have an interesting history. "Pen" is from the Latin word, *penna*, a feather. Harry Hayes will provide an overview of the development and interesting historical anecdotes of pens. While we will cover how to cut a quill pen, the primary focus will be on pens of the modern era starting in the 1900s. Hayes will also discuss pen nibs (points), pen-filling mechanisms, inks, and common construction materials. Portions of his extensive pen collection will be on display for examination. Class members are encouraged to bring any fountain pen they may have to share with the class.

**Harry Hayes** joined the faculty of UGA's Carl Vinson Institute of Government (CVIOG) in 1995. Now retired, he is still working part time at CVIOG while pursuing other interests including photography, drone piloting, ham radio, and pen collecting. A Georgia native from Decatur, he served in the U.S. Army and in local government management before coming to UGA. He holds a BS in urban geography from UGA and a Masters in city planning from Georgia Tech.



## Franklin Delano Roosevelt in Georgia

Tuesday, May 21 \$25  
Noon – 1:30 PM Trumps Catering

Despite the fact that Franklin Roosevelt visited Georgia forty-one times between 1924 and 1945, historians have paid little attention to the significance of the time the 32nd President of the U.S. spent in the Peach State. Georgia helped restore his sense of well-being after contracting polio and provided a launching pad for his Presidential campaigns. Here, the Harvard graduate became friends with common men, projected an active lifestyle of hunting and fishing to the national press, and fought with local politicians. He died here in 1945. Minchew uses images, audio and video clips, and oral histories to explore this fascinating chapter of history.

**Kaye Lanning Minchew** is a historian and archivist. Her book *A President in Our Midst: Franklin Delano Roosevelt In Georgia* was published by the University of Georgia Press in May 2016. Minchew received the Georgia Author of the Year Award for History. She served as Executive Director of the Troup County Historical Society from 1985 until 2015 and has degrees from UNC Asheville and UNC Chapel Hill. She is the recipient of numerous awards.

## Free Speech: Recent Controversies and Underlying Principles

Monday, Wednesday, & Friday, February 25 – March 1  
10:30 – 11:45 AM \$24  
River's Crossing

Bob McArthur will review the legal and conceptual framework of freedom of speech, as guaranteed by the First Amendment. Along the way he will address such recent controversies as limits on controversial speech on college campuses, whether protests that may foment hate and violence should be legally protected, and the logic of considering corporations as persons with regard to political speech. Understanding the underlying principles of the right of free speech will be our goal.

**Bob McArthur** taught philosophy for thirty-five years at Colby College as the Christian A. Johnson Professor of Liberal Learning. Before moving to Athens several years ago, he was chair of the Maine State Ethics Commission and served on the Overseers of the Maine Bar, including a term as chair. His academic interests include logic and the philosophy of law.

## Garden Tour: West Broad Market Garden

Thursday, May 2 \$8  
2:30 – 3:45 PM Off site

Take a tour of the West Broad Market Garden and learn firsthand about urban agriculture at this important site in Athens history. The Garden is located on the playground of a former African-American elementary school where the principal established garden plots for families in 1904. Today the Garden is growing healthy food and providing job opportunities for high school students and residents of the neighborhood. The program will include history of the school, conversations with school alumni and current gardeners, a tour of the garden, and information about land use. Wear comfortable clothes and walking shoes. Location details will be provided to class participants in advance of the class date.

**Nancy Stangle** is a co-founder of Athens Land Trust (ALT), a local non-profit organization that conserves land, provides permanently affordable housing, and promotes community agriculture, youth development, and entrepreneurship. ALT is one of the only land trusts in the U.S. that addresses all these areas. She is a former high school teacher, middle school counselor, and international student advisor who learned about sustainable land use while working with her neighbors to establish their own neighborhood.

## Genealogy Databases: The Big Four

Tuesday, Wednesday, & Thursday, February 12 – 14 \$24  
9:00 AM – Noon River's Crossing

There are four database giants in the genealogy world: Ancestry.com, FamilySearch.org, findmypast.com, and MyHeritage.com. Three are subscription databases with unique strengths, but there is much FREE information in each of these that can be obtained without a subscription. FamilySearch.org is completely free. This overview can help you determine when to explore which database and which to use to solve your individual family problems. This three-day class will consist of lecture and hands-on computer lab time each day. There will be some homework assigned in advance of the first class.

**Laura Carter**, a native of Athens, Clarke County, Georgia, has spent the majority of her life working in libraries, helping people get information they need. Retired from the Athens-Clarke County Library after thirty-plus years, she enjoys teaching people how to use the wealth of resources available to help with research. During her years as Heritage Room Librarian she helped people use that research collection open to all ages for local history, Georgia history, and genealogical research.

## Genealogy Research Using GALILEO

Friday, April 5 \$10  
9:00 AM – Noon River's Crossing

GALILEO, an authority-based online collection of databases FREE to everyone in Georgia, can make family history research much easier and more productive. This class is not a beginning genealogy class but is designed for people who already understand the basics of genealogy research and the records used. Learn how to use these databases and how to maximize your results. This double-session class will be taught in a computer classroom with the second session using the computer hands-on. Homework will be assigned in advance of the class.

**Laura Carter**, a native of Athens, Clarke County, Georgia, has spent the majority of her life working in libraries, helping people get information they need. Retired from the Athens-Clarke County Library after thirty-plus years, she enjoys teaching people how to use the wealth of resources available to help with research. During her years as Heritage Room Librarian she helped people use that research collection open to all ages for local history, Georgia history, and genealogical research.

## Georgia and Georgians in Commercial Country Music's History

Wednesday, March 20 \$10  
1:00 – 2:15 PM River's Crossing

The class will look at the early recordings of Gid Tanner, Fiddlin' John Carson, and others and learn their significance. Thomason will examine whether Atlanta could have been Nashville and look at later contributions of such artists as Bill Anderson, Brenda Lee, Alan Jackson and today's stars—Jason Aldean, Zac Brown and Luke Bryan—as well as businesses like Lowery Music Publishing. The class will conclude with a discussion about Atlanta writer Paul Hemphill's seminal book, *The Nashville Sound*, recently re-published by UGA Press.

**Sharon Thomason** grew up hearing the songs and stories of Hank Williams, which started her love of country music. Eddy Arnold, Bill Anderson, Ernest Tubb, Johnny Cash, Merle Haggard, and others became favorites. As a student at UGA in the 1970s, she began writing about country music and in 2013 published *Sing Them Over Again to Me*, a memoir of loving the music, for which Vince Dooley wrote the foreword. She lives in Dahlonega.



**Uncommon  
Gourmet**

---

*Uncommon Products From Around the World*

1087 Baxter Street  
Athens, GA 30606  
(706) 353-3107  
Formally The Healthy Gourmet

## Georgia Archives: A Trove of Wonders for Genealogy and More

Wednesday, April 24 \$10  
1:00 – 3:45 PM River's Crossing

Reference archivists Caroline Crowell and Tamika Strong will discuss what research materials the Georgia Archives has to offer researchers from various groups: historians, genealogists, students, local and state government officials, and more. The class will include explanations of archival terminology and tips for making a successful research trip to the Archives.

**Caroline Crowell** is a reference archivist at the Georgia Archives. She believes strongly in public access to government records and loves tracking down old and incomplete citations. Having moved to Atlanta after graduating from library school, she has spent four years rapidly absorbing the history of Georgia while helping patrons. **Tamika Strong** is a reference archivist at the Georgia Archives who has a love for sharing information. A professionally trained librarian, she worked fourteen years serving Georgia citizens as a librarian at DeKalb County Public Library and the Georgia Public Library Service. Since becoming an archivist, her goal is to learn all she can about the collections at the Archives so she can, in turn, share with others.

## Georgia Politics & the Upcoming 2020 Presidential Campaign

Wednesday, March 6 \$10  
Noon – 1:30 PM River's Crossing

Two of the state's leading political consultants will share their views on the state of politics in the Peach State. Topics to be covered include a review of 2018 Georgia election results, the new Governor's first 100 days, and what we should expect in 2020.

**Tharon Johnson** is founder and CEO of Paramount Consulting, a firm serving the corporate and political sectors. A graduate of Clark Atlanta University, he served in top staff positions for Congressman John Barrow and Congressman John Lewis and was Southern Region Director for Obama for America in the 2012 campaign. **Brian Robinson** owns Robinson Republic, a communications consulting firm, after serving as the deputy chief of staff for communications for Governor Nathan Deal. He has a degree from Grady College at UGA, was named to the 2012 40 Under 40 class, and is an alumnus of the 2015 Leadership Georgia class.



## Georgia's Historic Gardens

Tuesday, April 23 \$25  
Noon – 1:30 PM Trumps Catering

The strong interest in gardening and garden design in early 20th century Georgia resulted in some of the state's most noteworthy designed landscapes, a number of which are still in existence. Both publicly and privately owned, these gardens are vital to the state's history—essential not only for understanding Georgia's past but also for contributing to the health and beauty of their 21st century communities. Staci L. Catron and Mary Ann Eaddy will share inspiring examples of Georgia's historic designed gardens, photographed by James R. Lockhart and featured in their new UGA Press book, *Seeking Eden: A Collection of Georgia's Historic Gardens*.

**Staci L. Catron** is Director of the Cherokee Garden Library, a library of the Kenan Research Center at the Atlanta History Center. She manages the development, preservation, and interpretation of the 32,000-item collection. Catron is a past president of the Southern Garden History Society. **Mary Ann Eaddy** has worked in the fields of historic preservation and history throughout her career. A former manager in the Historic Preservation Division of the

Georgia Department of Natural Resources, she has experience in Georgia's and South Carolina's State Historic Preservation Offices as well as in the National Park Service. Formerly she taught a course in Preservation Planning at Georgia State University.

## Georgia's Long Quest for a State Flag

Tuesday, May 21 \$10  
9:00 – 10:15 AM River's Crossing

Since the Civil Rights movement, there has been a debate over the appropriateness of Confederate symbols in an increasingly diverse South. In Georgia one of the most contentious battles occurred over a new state flag to replace the flag adopted by the legislature in 1956. After a bitter fight the legislature replaced the 1956 flag with a totally different flag in 2001. The new banner, however, proved unpopular, and another new flag was adopted in 2003. In what is a national record, Georgia had flown three official and totally different state flags in just twenty-seven months.

After thirty-nine years on the faculty of UGA's Carl Vinson Institute of Government, **Ed Jackson** retired in 2009. At the Institute he specialized in Georgia state government and history, training newly elected legislators every two years, and writing various books and articles, including *Flags That Have Flown over Georgia*. During the 2003 session of the Georgia General Assembly he advised the Georgia Senate on changing the flag and drafted the legislation providing for a new state flag.

## Get REAL With Your Finances

Tuesday, February 26 \$10  
10:30 – 11:45 AM River's Crossing

Management of your personal finances is a lifelong pursuit which takes many paths, some of which yield good results while others lead to less encouraging results. Many individuals put their finances on auto-pilot and hope for the best. Others incur fees to pay professionals for their expertise and hope for the best. A solution? Get REAL—Revenues, Expenses, Assets, Liabilities—with your finances. Through an examination of sound economic and business principles, this course shows that a diligent path of financial education will help you find the way to a sound future.

**Dr. Sam Cash, CPA**, has over thirty years of experience working in and for a number of organizations across for-profit and nonprofit sectors. His experience as a CPA began with Price Waterhouse in the Atlanta office where he was part of the real estate group. Cash's wide range of experience includes financial reporting for both public and private entities, compliance and tax, nonprofit governance, fund-raising, advancement services, external affairs management, and communications.

## Glyphosate: A Herbicide's Detrimental Effects

Friday, February 8 \$10  
9:00 – 11:45 AM River's Crossing

Glyphosate is the most commonly used herbicide in agriculture and horticulture, yet it has detrimental effects on soils and biological systems. These effects are often discounted because the active ingredient in the herbicide supposedly only targets the enzyme responsible for photosynthesis, which results in the slow death of treated plants. Malcolm Sumner will investigate this claim, revealing that many other enzymes in diverse biological systems are also impacted—resulting in a range of unintended consequences for many forms of life, including humans.

**Malcolm Sumner** holds BSc, MSc [Cum laude], DSc (Natal) and DPhil (Oxford) degrees in Chemistry, Soil Physics, and Chemistry, and was elected

Fellow of the Soil Science Society of America and the American Society of Agronomy with over twenty other awards in teaching and research. He is Regents' Professor of Environmental Soil Science Emeritus (Georgia) and consults internationally. He has written eight books, thirty-two chapters, and 500 articles, and trained over sixty PhD and MS students.

### **Going Down the Housatonic: An Exploration of a Charles Ives Song**

Wednesday, April 24 \$10  
2:30 – 3:45 PM River's Crossing

Enjoy a general introduction to iconoclast American composer Charles Ives along with a more in-depth look at his fascinating song, *The Housatonic at Stockbridge*. Consideration will be given to both Robert Underwood Johnson's poem, *Ode to the Housatonic at Stockbridge* and Ives' music, albeit in a non-technical manner. The presentation will combine lecture and discussion formats.

**Kevin Kelly's** primary job is supervising the Music Library in the Hodgson School of Music; he also teaches courses in music theory and a seminar in American music. Kelly leads the Athens Recorder Ensemble and directs three local choirs: the Friendship Presbyterian Church choir, the Athens Chamber Singers, and the Friendship Community Choir (which has sung at the Piccolo Spoleto Arts Festival in Charleston).

### **Golf Swing Fitness**

Friday, April 26 \$8  
2:30 – 3:45 PM Off Site

Swinging a golf club requires an intricate combination of flexibility, strength, balance, and coordination. Horizon Physical Therapy's Golf Fitness Program is designed to improve your body's ability to move efficiently through the proper swing plane. This is achieved by using slow-motion video analysis combined with a movement screen to identify problems that can lead to underperformance or injury. Location details will be provided to class participants in advance of the class date.

**Hooman Nourparvar** is a graduate from the University of Georgia, earning a degree in Exercise and Sport Science. Hooman continued his education at Augusta University, where he earned his Doctorate in Physical Therapy. He currently works for Horizon Physical Therapy. His focus has been the active population for purposes of rehabilitation, performance, and injury prevention.

### **Grandpa, Please Tell Me a Story**

Friday, May 10 \$10  
2:30 – 3:45 PM River's Crossing

Our grandchildren are gifts. One way we can truly bond with them is to tell them stories. This session is designed to help you learn a mix of ways to share enjoyable stories: Vocally, Visually, Physically, Emotionally. This introductory session will introduce you to telling stories using printed books; telling stories using fables, myths, and classical stories; and creating original stories that involve your grandchildren as characters.

**Alan Black's** fascination for storytelling began when he was a teenager and has continued to develop since he began to speak professionally in 1976. In 1984, attending workshops held by NAPPS in Jonesborough, Tennessee, hooked him. Then he joined SOS—Southern Order of Storytellers—and began attending their annual festivals and several other storytelling events. He has taught storytelling courses at creativity conferences on six continents. Black has been a RABBIT BOX teller seven times since 2013.

### **Great Books' Great Conversations**

Wednesdays, February 6 – May 15 \$48  
10:00 AM – Noon River's Crossing

Come read short items and selections from some of the world's best fiction and non-fiction. As well as gaining interesting insights, Great Books participants strive for personal growth and social engagement. This year's selections come from the Great Books Foundation anthology *Great Conversations* (<https://store.greatbooks.org/great-conversations-1.html> or used). Selections to be read include Whitman, Freud and Veblen. Do sign up even if you cannot make all eight of the independent sessions. For questions and information about the first reading, contact Bill Loughner at 706-543-3812 or [bill@loughner.com](mailto:bill@loughner.com).

**Bill Loughner** is a retired science librarian who graduated from Wayne State University and has an MA in math from UGA. He has been involved with Great Books for more than a few years. He's enthusiastic and enjoys good discussions about interesting and provocative topics. He thinks you will too.

### **Great Decisions: Foreign Policy Issues**

Wednesdays, March 27; April 17; May 8; June 5 \$28  
10:30 – 11:45 AM River's Crossing

Each year the Foreign Policy Association publishes a booklet analyzing eight topics related to foreign policy that they propose offer opportunities and/or risks to the United States. This discussion course will expect participants to buy the 2019 Great Decisions booklet (\$30), read the assigned material, and come to class prepared to offer individual insights and opinions. One of the eight topics in the booklet will be assigned for each class session, four in the Spring semester and, if the class is successful, the remaining four in the Fall Semester. The book will be available for purchase starting in January from the Foreign Policy Association Website ([https://www.fpa.org/great\\_decisions/](https://www.fpa.org/great_decisions/))

**William Alworth** is a retired chemistry professor, and Peter Rice is a retired Math professor and consultant. **Peter Rice** was educated at St. John's College, The Great Books school, and has experience leading discussions on matters of ancient and current concern. William Alworth received his BA from Harvard College and his PhD from the University of California, Berkeley and has taught several courses for OLLI@UGA. Both discussion leaders have lived abroad, and have observed international diplomatic situations understanding them from various perspectives.

## **Why Join the Waitlist?**

The office recommends registering for a class even if there is a waitlist. Why? Because we are constantly evaluating enrollment numbers and looking for solutions - whether it's securing a larger space, working with a presenter to increase their max participant limit, or offering an additional session. When we secure a solution, we offer members on the waitlist the right of first refusal.

## Ham Radio 101: When All Else Fails, Ham Radio Works!

Wednesday, March 6 \$10  
1:00 – 3:45 PM River's Crossing

In 2005, one of the few systems that did not fail during Katrina was the amateur "ham" radio network of licensed volunteers who helped direct rescuers when the communications network was out. Did you know you can send emails by ham radio without using the Internet? This course provides an overview of ham radio, with a discussion of licensing, radio choices and operations, and associated activities. Equipment will be shown, explained, and demonstrated. After all, if all modern communications goes out, who will you talk with? Hams! (If you are one of them!)

**Dr. Rick Waters** is president of the Athens Radio Club and a general class licensee who uses his skills and equipment to volunteer in radio operations at UGA games and 5k races. **Bob Herrin** was licensed in 1994 with the extra class for amateur radio. He is past president of the Athens Radio Club and participates in public emergency radio services. Both are members of the Amateur Radio Emergency Service.

## Has Democracy Failed in the United States?

Monday, March 18 \$10  
9:30 – 11:45 AM River's Crossing

This course suggests that yes, American democracy has failed, and explores two ways of explaining that failure. The first explanation says that we do democracy very badly, e.g., because of too much money in politics and because our voting and party systems are highly dysfunctional. The second explanation argues that democracy itself is no longer capable of solving crises like climate change that endanger our planet. Democracy is too inefficient and slow to react. People themselves are selfishly short-sighted and do not know enough to govern themselves wisely. Some form of meritocracy must replace democracy or we will eventually perish.

**Lief Carter** received his AB from Harvard (1962) and a law degree from Harvard Law School (1965). He was a Peace Corps volunteer (Bolivia) in 1966-67 and received his PhD from UC Berkeley in 1972. Dr. Carter taught political science at UGA until 1995. He twice received UGA's Josiah Meigs Teaching Award. He taught from 1995 until 2008 at Colorado College. He is the author of *The Limits of Order*, *Reason in Law*, and *Contemporary Constitutional Lawmaking*.

**Membership Benefit:** Membership in OLLI@UGA allows you to participate in Shared Interest Groups. See pages 58 & 59 or visit [olli.uga.edu](http://olli.uga.edu) to see a complete list of SIGs.

## Hatha Yoga: Basic Practice

Tuesdays, March 5 – May 7 \$75  
9:00 – 10:15 AM Off site

Learn basic hatha yoga practice, featuring simple poses modifiable to individual abilities. Students should participate only to their level of comfort, to do or not do poses as appropriate to their body's ability. The class is available to all levels of experience. Students will need to bring their own yoga mats and/or blanket or cushion to sit on. Location details will be provided to class participants in advance of the class date.

**Patrick E. Overstreet** retired from Athens Regional Medical Center after thirty-two years. He became a teacher in Integral Hatha Yoga in 2011 and is certified at basic and intermediate levels.

## Have Fun with Grandkids While Sharing Family History

Tuesday, June 11 \$10  
2:30 – 3:45 PM River's Crossing

Buddy Neel enjoys passing on family history and related events to his grandchildren. Storytelling and mixing history with some embellished stories are among his favorite methods. The kids seem to enjoy the stories and have learned to try to sort out the truth from fiction. There are many ways to share the past. Participants will contribute their own ideas and should have a favorite family story in mind to share with the class.

**Marshall (Buddy) Neel**, a Florida native, and his wife, Judy, have lived in the Athens area for more than ten years. They moved from Florida to Athens to spend more time with family, especially the five grandchildren. Buddy worked for thirty-two years for the former Bell System in many different departments in locations ranging from Miami to Australia to Beijing. He is a graduate of the University of Florida and holds two master's degrees—one from Pace University and one from MIT.

## Healthy Smiles: Current Advances in Dentistry and Health

Friday, June 7 \$10  
9:00 – 11:45 AM River's Crossing

Mother Theresa said, "We shall never know all the good that a simple smile can do." Current research has uncovered many connections between oral health and systemic health. In this course, Tom McDonald will discuss how this research has directly affected the delivery of preventive dental care and greatly influenced modern home care recommendations. He will also illustrate some exciting new techniques for esthetic dentistry and tooth replacement.

**Dr. Tom McDonald** is a graduate of the University of Georgia and the Medical College of Georgia school of dentistry. He maintains a full time private practice in Athens and since 1983 has served on the faculty of Augusta University College of Dental Medicine as Clinical Instructor of Oral Rehabilitation. For more than twenty-five years, McDonald has presented lectures and participation courses nationally in the area of occlusion, esthetics, and complex restorative dentistry.

## Hike "The Beloved Land" in Athens

Saturday, April 6 \$8  
9:00 AM – 2:00 PM Off Site

Spend half a day hiking on 250 acres of beautiful woods known as "The Beloved Land" to the Muscogee-Creek people. Located next to the county-

owned Tallassee Forest, this tract of protected land has diverse habitats, native wildflowers, rock outcrops, several creeks, steep slopes, and frontage along the Middle Oconee River. Learn about the ecology of the land and the Native people who made it their home and considered it sacred. This hike is for serious hikers only as it will be approximately 5 miles through steep terrain at times.

**Nancy Stangle** has been a resident of Athens since 1976 and has seen many changes as our community has grown. In 1994, she co-founded Athens Land Trust (ALT), which protects greenspace and farmland, provides permanently affordable housing, and promotes equitable land use through community agriculture, youth development, and entrepreneurship. Nancy is the former Executive Director of ALT and is now retired, serving as Board Treasurer. She loves hiking, spending time outdoors, and connecting people to land.

### Hike Memorial Park's Birchmore Trail

Monday, March 4  
9:00 – 11:45 AM

\$8  
Off Site

In his mid-seventies, Fred Birchmore lifted and placed thousands of large rocks by hand to create a wall 200 yards long, rising from seven feet high in the front to a height of 12 feet in the back. Join Gary Crider to visit the Great Wall of Happy Hollow and other wonders during this hiking tour of the Birchmore Trail in Memorial Park. The route will begin at the trailhead behind the park's administration building and end alongside the Great Wall at the trail's end on Milledge Terrace. Along the way, learn the process of invasive plant removal. Hiking distance will be about two miles.

**Gary Crider** is a UGA grad and long-time resident of Athens. As a volunteer with the Memorial Park/Birchmore Trail Weed Warriors, he has spent countless hours removing privet, wisteria, and other invasive plants from the woodland surrounding the trail. He is employed part-time at the State Botanical Garden, helping to stem the tide of invasive plants there.

### History & Politics of Environmental Issues in Vietnam Today

Thursday, April 18  
10:30 – 11:45 AM

\$10  
River's Crossing

Vietnam today is faced with a number of environmental challenges, from destruction of forests, to industrial and agricultural pollution, to the effects of climate change. This lecture will explore sources of these issues in relation to the country's rapid development and political, economic, and social changes over the past half-century. It will consider changing cultural ideas of nature, environment, and development, and the various ways these challenges are being approached today. In a country not known for the tolerance of dissent, we will see how environmental issues have emerged as a key site of political conflict and debate.

**Jacob Weger** is a PhD candidate in anthropology at UGA. His research explores the politics and knowledge practices guiding adaptation to climate change in the Mekong Delta of Vietnam from which he recently returned after more than a year and a half of fieldwork. Weger completed undergraduate studies at Lewis & Clark College in Portland, OR, before coming to UGA to specialize in environmental anthropology.

### History and Music of the Highland Bagpipe

Tuesday, February 5  
2:30 – 3:45 PM

\$10  
River's Crossing

Henry Frantz will present the history, working, and playing of the Great Highland Bagpipe, with a good dose of humor added.

A semi-retired attorney in Decatur, Georgia, **Henry Frantz** has played bagpipes since he was sixteen years old. He was a founder of the Atlanta Pipe Band in 1970 ([atlantapipeband.com](http://atlantapipeband.com)) and has taught bagpiping. He currently plays at many churches, weddings and funerals each year.

### History of Georgia's HOPE Scholarship: Recognizing Excellence

Tuesday, March 26  
9:00 – 10:15 AM

\$10  
River's Crossing

In 1990 Zell Miller was elected governor on a platform that included a promise to establish a state lottery for education. True to his promise, he created Georgia's nationally acclaimed HOPE Scholarship, considered by many to be the crown jewel of Georgia's higher education system. This session will focus on the life and ideals of Zell Miller, the political history and challenges of creating and implementing the lottery, and the challenges of implementing and administering the HOPE Scholarship. Hank Huckaby will evaluate the success of HOPE in achieving the governor's policy goals.

**Hank Huckaby** is a newer OLLI@UGA member from Watkinsville. He retired as Chancellor of the University System of Georgia in 2016, capping a long record of public service to the state of Georgia in many areas of government. As Chancellor he led the state's thirty-five colleges and universities with a budget over \$8 billion. In 2015, he was named *Georgia Trend Magazine's* Georgian of the Year.



**WUGA**  
*the Classic* 91.7 97.9 fm  
NATIONAL PUBLIC RADIO FOR ATHENS AND NORTHEAST GEORGIA

*Your Oasis for Ideas in the Arts*

**Public Radio Station**  
**Athens & Surrounding Areas**

**www.WUGA.org**

A Proud Sponsor of



OLLI  
UNIVERSITY OF GEORGIA

# January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4	5
		New Year's Day OLLI OFFICES CLOSED		Class Host Registration		
6	7	8	9	10	11	12
Class Host Registration	1 pm - New Member				10 am - New Member 1 pm - New Member	
13	14	15	16	17	18	19
			10 am - Registration Opens			
20	21	22	23	24	25	26
	Martin Luther King Jr. Day OLLI OFFICES CLOSED	1 pm - Board Meeting	10 am - Class Host Training		1 pm - Lifelong Learning	
27	28	29	30	31	1	2
		10 am - New Member		1:30 pm - Class Host		Please see course description for location information.

# February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
			10am - New Member	1:30pm - Class Host		
3	4	5	6	7	8	9
9am - Fountain Pens (I have) 10:30am - A Stronger You: 10:30am - Pruning 101 1pm - Tri-State Water 2:30pm - 1960s - 1990s: The	9am - Living with Alzheimer's 9am - Using Your Brain to 12pm - Small Honeybee 2:30pm - History and Music	9am - Meditation: 10am - Great Books' Great 10:30am - Looking for 1pm - Is the Violin in my 2:30pm - Oklahoma City 2:30pm - One Heart, One	9am - White Extinction 10am - Beginning Bridge 10:30am - Pushing Back 1pm - China: Inside and 2:30pm - Downsizing: A	9am - Glyphosate: A 1pm - Your Spiritual 2:30pm - What is a Garden?		
10	11	12	13	14	15	16
9am - Human Evolution 10:30am - The Art of 1pm - Inside The Dr. 2:30pm - Artist Talk:	9am - Genealogy 9am - Volunteering with 10am - Meditative 12pm - Feasting with Mark 1pm - Investing #1: What 2:30pm - Wine Flavors and	9am - Genealogy 10:30am - Ted Talks: Ideas 2:30pm - Flavor 3pm - Skin Care for Ages	<b>Valentine's Day</b> 9am - Aikido: The Way of 9am - Genealogy 10am - Beginning Bridge 10:30am - Medical Aid in 10:30am - Paradise Lost: A 1pm - Investing #1: What 1pm - Russia: St.	9am - Your Backyard - What 11am - WUGA Radio 2:30pm - First Date with 2:30pm - What is a Garden?		
17	18	19	20	21	22	23
<b>Presidents' Day (regional)</b> 1pm - BOARD MEETING	10:30am - Paradise Lost: A 12pm - Tales from the 1pm - Ageless Grace 2:30pm - Investing #2: 2:30pm - Wine Flavors and	10am - Great Books' Great 10:30am - Ted Talks: Ideas 12pm - Crows: Wise, 12:30pm - Caterpillar 2:30pm - Flavor	9am - Aikido: The Way of 9:30am - Living While 10am - Beginning Bridge 10:30am - Paradise Lost: A 1pm - Knights to Kings: A 2:30pm - Investing #2:	9am - Elizabeth Church 10:30am - Observations of 1pm - Chamber Music in 2:30pm - Bonnethead 2:30pm - First Date with		
24	25	26	27	28	1	2
	10:30am - Condor 10:30am - Free Speech 10:30am - Iceland: Taking a 1pm - Knights to Kings: A 1pm - Minerals, Rocks and	10:30am - Get REAL With 10:30am - Paradise Lost: A 12pm - Alfred Hitchcock's 1pm - Minerals, Rocks and 2:30pm - Investing #3:	10:30am - Free Speech 10:30am - Ted Talks: Ideas 12pm - Conversations and 1pm - Minerals, Rocks and	9am - Aikido: The Way of 9am - Foothills Education 10am - Beginning Bridge 10:30am - Paradise Lost: A 1pm - Minerals, Rocks and 2:30pm - Investing #3:	9am - Birding: Practical 10:30am - Free Speech 1pm - Minerals, Rocks and	Please see course description for location information.



# March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
24 Please see course description for location information,	25 10:30am - Condor 10:30am - Free Speech 10:30am - Iceland: Taking a 1pm - Knights to Kings: A 1pm - Minerals, Rocks and	26 10:30am - Get REAL With 10:30am - Paradise Lost: A 12pm - Alfred Hitchcock's 1pm - Minerals, Rocks and 2:30pm - Investing #3:	27 10:30am - Free Speech 10:30am - Ted Talks: Ideas 12pm - Conversations and 1pm - Minerals, Rocks and	28 9am - Aikido: The Way of 9am - Foothills Education 10am - Beginning Bridge 10:30am - Paradise Lost: A 1pm - Minerals, Rocks and	1 9am - Birding: Practical 10:30am - Free Speech 1pm - Minerals, Rocks and	2
3	4 9am - Hike Memorial Park's 9am - Spanish: Beyond the 10:30am - Life on a 1pm - Darwin, Fitzroy and 2:30pm - Eliminating Cash:	5 9am - Critical Reading: 9am - Hatha Yoga: Basic 10:30am - Astronomy for 10:30am - Being Bilingual 12pm - Conversations and 2:30pm - Investing #4:	6 10am - Great Books' Great 10:30am - Ted Talks: Ideas 12pm - Georgia Politics & 1pm - Ham Radio 101: 2:30pm - Portugal's	7 9am - Aikido: The Way of 9am - Band of Brothers: 9am - Spanish: Beyond the 10am - Beginning Bridge 1pm - Lush Lawns, Little 2:30pm - Investing #4:	8 1pm - Diet Confusion in 2:30pm - Dry Needling:	9
10 <b>Daylight Saving Time</b>	11 9am - Estate Planning and 9am - Spanish: Beyond the 10:30am - UGA Ramsey 10:30am - Zen and the Art 2:30pm - Under The Big	12 9am - Critical Reading: 9am - FamilySearch.org 9am - Hatha Yoga: Basic 10:30am - Astronomy for 12pm - Dynamic Courtroom 1pm - Medications: Let's Talk 2:30pm - Investing #5:	13 10am - Athens Museum 10:30am - UGA Main 10:30am - Zen and the Art 1pm - Exploring American	14 9am - Aikido: The Way of 9am - Band of Brothers: 9am - Spanish: Beyond the 10:30am - Criminal Justice 10:30am - Jittery Joe's 1:15pm - Juror for a Day: 2:30pm - Investing #5:	15 9am - Preparing For An 10:30am - Zen and the Art 1pm - Journey to Freedom: 1:15pm - Juror for a Day:	16
17 <b>St. Patrick's Day</b>	18 9am - Spanish: Beyond the 9:30am - Has Democracy 10:30am - Aging in Place: 1pm - BOARD MEETING	19 9am - Critical Reading: 9am - Hatha Yoga: Basic 10:30am - Astronomy for 10:30am - Ted Talks: Ideas 1pm - Ageless Grace 1pm - Medications: Let's Talk 2:30pm - Investing #6:	20 9am - Exploring DNA 10am - Athens Museum 10am - Great Books' Great 11am - Flying Through the 1pm - Experiences of a Mud 1pm - Georgia and	21 9am - Aikido: The Way of 9am - Band of Brothers: 9am - Explore Granite 9am - Spanish: Beyond the 10am - Beginning Bridge 1pm - Voices in Opposition: 2:30pm - Investing #6:	22 10am - Let's Crafty with the 1pm - ENGAGE Now:	23
24	25 9am - Spanish: Beyond the 10:30am - Condor 10:30am - What's Happened 12pm - Conversation with	26 9am - Critical Reading: 9am - Hatha Yoga: Basic 9am - History of Georgia's 10:30am - Astronomy for 10:30am - Ted Talks: Ideas	27 9am - Birding: Learning 10:30am - Great Decisions: 1pm - Ernest Gaines'	28 9am - Aikido: The Way of 9am - Band of Brothers: 9am - Spanish: Beyond the 10am - Beginning Bridge 2pm - Photobooks: How to	29 10am - iPhone/iPad 10am - Let's Crafty with the 1pm - Athens Technical 1:30pm - iPhone/iPad 2:30pm - Falling: Causes,	30
31	1 9am - Mansfield Park: 9am - Spanish: Beyond the 1pm - Hollywood "Screwball"	2 9am - Hatha Yoga: Basic 9:30am - Cooking Demo 10:30am - Ted Talks: Ideas 1pm - Modern Cosmology: 2:30pm - Choosing Colors	3 10am - Great Books' Great 10am - Tai Chi Easy 10:30am - Psychological 1pm - Hollywood "Screwball"	4 9am - Aikido: The Way of 9am - Band of Brothers: 9am - Spanish: Beyond the 10am - Beginning Bridge 1pm - Drones: A Primer on	5 9am - Beech Haven: A 9am - Genealogy Research 10am - Tai Chi Easy 1pm - Hollywood "Screwball" 2:30pm - Introduction to	6 9am - Hike "The Beloved"

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 9 am - Mansfield Park: 9 am - Spanish: Beyond the 1 pm - Hollywood "Screwball	2 9 am - Hatha Yoga: Basic 9:30 am - Cooking Demo 10:30 am - Ted Talks: Ideas 1 pm - Modern Cosmology: 2:30 pm - Choosing Colors	3 10 am - Great Books: Great 10 am - Tai Chi Easy 10:30 am - Psychological 1 pm - Hollywood "Screwball	4 9 am - Aikido: The Way of 9 am - Band of Brothers: 9 am - Spanish: Beyond the 10 am - Beginning Bridge 1 pm - Drones: A Primer on 1 pm - Modern Cosmology:	5 9 am - Beech Haven: A 9 am - Genealogy Research 10 am - Tai Chi Easy 1 pm - Hollywood "Screwball 2:30 pm - Introduction to	6 9 am - Hike "The Beloved
7	8 9 am - Mansfield Park: 9 am - Spanish: Beyond the 1 pm - U.S. Health Care 2:30 pm - Early Biological	9 9 am - Hatha Yoga: Basic 9 am - Mars: The Search for 10:30 am - Ted Talks: Ideas 12 pm - The "Kinda Tiny" 1 pm - Modern Cosmology: 2:30 pm - Essential Islamic	10 10 am - Tai Chi Easy 10:30 am - Milledge Avenue 10:30 am - The American 1 pm - Joy of Metalsmithing 1 pm - Over Germany: Lt.	11 9 am - Aikido: The Way of 9 am - Mars: The Search for 9 am - Spanish: Beyond the 10 am - Athens Ben Epps 12 pm - SAMERA Sees 1 pm - Joy of Metalsmithing 1 pm - Modern Cosmology: 2:30 pm - Killed with a Cart: 9 pm - UGA Observatory:	12 10 am - Tai Chi Easy 1 pm - Joy of Metalsmithing 2:30 pm - Structure of 2:30 pm - Using Humor to	13 9 am - Beech Haven: A
14	15 Tax Day 9 am - Mansfield Park: 9 am - Spanish: Beyond the 10:30 am - How to Meal 1 pm - BOARD MEETING	16 9 am - Architecture in 9 am - Hatha Yoga: Basic 1 pm - China: A Twentieth 2:30 pm - Essential Islamic	17 10 am - Great Books: Great 10 am - Tai Chi Easy 10:30 am - Great Decisions: 1:30 pm - The Unafraid -	18 9 am - Aikido: The Way of 9 am - Spanish: Beyond the 10:30 am - History & 1 pm - China: A Twentieth	19 10 am - Tai Chi Easy 10:30 am - Commonsense 1 pm - Dog Bite Prevention 1:30 pm - Commonsense 2:30 pm - Washington &	20
21	22 Easter Sunday 9 am - Mansfield Park: 9 am - Spanish: Beyond the 9:30 am - How to Interpret 1 pm - Architecture in	23 9 am - Hatha Yoga: Basic 10:30 am - Commonsense 12 pm - Georgia's Historic 1 pm - Ageless Grace 1 pm - China: A Twentieth 2:30 pm - Essential Islamic	24 10 am - Tai Chi Easy 10:30 am - Conversations 10:30 am - Sport of Kings: 1 pm - Georgia Archives: A 2:30 pm - Going Down the	25 9 am - Spanish: Beyond the 10:30 am - Universal Health 1 pm - China: A Twentieth 2:30 pm - Food Bank of	26 10 am - Caring for Antique 10 am - Tai Chi Easy 2:30 pm - Draw Cartoons for 2:30 pm - Golf Swing	27
28	29 9 am - Spanish Flu 10:30 am - Condor 10:30 am - Downtown 1 pm - Architecture in 1 pm - Asteroid and	30 9 am - Hatha Yoga: Basic 10:30 am - More Memories 1 pm - Asteroid and	1 10 am - Great Books: Great 10:30 am - Biking Safely in 1 pm - Asteroid and 1 pm - Memory & Complicity :	2 10:30 am - All about 1 pm - Asteroid and 1 pm - China: A Twentieth 1 pm - Story Telling 2:30 pm - Garden Tour: 4:45 pm - Steinway: The	3 9 am - The Twelve Steps as 10:30 am - Athens Land 1 pm - Asteroid and 2:30 pm - Creative?: Not	4 Please see course description for location information.



# May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 Please see course description for location information.	29 9am - Spanish Flu 10:30am - Condor 10:30am - Downtown 1pm - Architecture in 1pm - Asteroid and	30 9am - Hatha Yoga: Basic 10:30am - More Memories 1pm - Asteroid and	1 10am - Great Books' Great 10:30am - Biking Safely in 1pm - Asteroid and 1pm - Memory & Complicity:	2 10:30am - All about 1pm - Asteroid and 1pm - China: A Twentieth 1pm - Story Telling 2:30pm - Garden Tour: 4:45pm - Steinway: The	3 9am - The Twelve Steps as 10:30am - Athens Land 1pm - Asteroid and 2:30pm - Creative?: Not	4
5 Cinco de Mayo	6 9am - Hollywood 10:30am - Tai Chi Yang 1pm - Architecture in	7 9am - Hatha Yoga: Basic 10:30am - Neanderthals to 12pm - Music of the Poetic 1pm - China: A Twentieth 4:45pm - Steinway: The	8 10:30am - Biking Safely in 10:30am - Great Decisions: 10:30am - Tai Chi Yang 12pm - Drones and	9 10:30am - All about 10:30am - Athens-Clarke 1pm - China: A Twentieth 2:30pm - Plant Based Diet:	10 10:30am - Behind and 12pm - Cloudy with a 2:30pm - Grandpa, Please	11
12 Mother's Day	13 9am - Delicious Desserts & 9am - Medical Partnership 10:30am - Philosophy: A 10:30am - Tai Chi Yang 1pm - Darius Goes West	14 10:30am - Neanderthals to 10:30am - UGA Veterinary 11am - Introduction to 12pm - Chigger Mites:	15 10am - Great Books' Great 10:30am - Biking Safely in 10:30am - Milledge Avenue 10:30am - Tai Chi Yang 12pm - Drones and	16 10:30am - All about 10:30am - Philosophy: A 2pm - UGA's Historic North	17 10:30am - Music Therapy: 1pm - Annual Meeting	18
19	20 10:30am - Bridge on the 10:30am - Philosophy: A 10:30am - Tai Chi Yang 1pm - BOARD MEETING	21 9am - Georgia's Long Quest 12pm - Franklin Delano 1pm - Ageless Grace 1pm - Dog Behavior	22 10:30am - Biking Safely in 10:30am - Play Ball! The 10:30am - Tai Chi Yang 1pm - Finding My	23 10:30am - Philosophy: A 2pm - Mysteries of	24 9am - Make Time for 10:30am - When an 1870s	25
26	27 Memorial Day OLLI OFFICES CLOSED	28 9am - One Writer's Long 10am - Petanque: The 1pm - Dog Behavior	29 10:30am - John Henry's	30 9am - Modifying the Stress 2:30pm - Aquatic	31 10:30am - UGA's Congress 1pm - Vietnam: An Advisor's	1 Course proposals forms for Spring 2019 due May 15, 2019.

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Please see course description for location information.	27 Memorial Day OLLI OFFICES CLOSED	28 9am - One Writer's Long 10am - Petanque: The 1pm - Dog Behavior	29 10:30am - John Henry's	30 9am - Modifying the Stress 2:30pm - Aquatic	31 10:30am - UGA's Congress 1pm - Vietnam: An Advisor's	1
2	3 9am - Beach 9am - Conflict 1pm - Illustrating	4 9am - Bitter are the Tears 10:30am - Understanding 12pm - Constructive 1pm - 24/7 Mindfulness:	5 9am - Conflict 10:30am - Great Decisions: 1pm - Illustrating	6 9am - 2019 Peabodies: An 2:30pm - Money and	7 9am - Conflict 9am - Healthy Smiles 1pm - Illustrating	8
9	10 9am - Still More Plant	11 2:30pm - Have Fun With	12	13	14	15
16 Father's Day	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

## Hollywood Screwball Comedies of the 1930s

Monday, Wednesday, & Friday, April 1 – 5 \$24  
1:00 – 3:45 PM River's Crossing

These films, often known as screwball comedies, were reclassified as remarriage comedies by philosopher Stanley Cavell who sees the works as an investigation of the nature of marriage. This class will begin with the screening and discussion of 1934's *The Thin Man* in which we meet Nick and Nora Charles (William Powell and Myrna Loy). In many ways they are the marital couple all other 1930s film pairs desire to be. We will then view and discuss 1934's *It Happened One Night* (with Clark Gable and Claudette Colbert) and 1940's *His Girl Friday* (with Cary Grant and Rosalind Russell).

**Elizabeth Kraft** is a professor of English at UGA, where she has taught a variety of courses (mostly 18th-century British literature) since 1987. In the 2003-2004 academic year, she received a second-discipline study award to take courses in film studies for a project she was pursuing on Restoration stage comedies and Hollywood remarriage films. The book based on that year of study was published by Routledge in 2016. Kraft has previously taught OLLI@UGA classes on the music of Leonard Cohen.

## Hollywood Personalities: Their Roles in WW II

Monday, May 6 \$10  
9:00 – 10:15 AM River's Crossing

Following World War II two veterans stand out: Audie Murphy, the most decorated U.S. soldier in the war, and Harold Russell, who lost his hands while training soldiers and later appeared in *The Best Years of Our Lives*, for which he won two Oscars. World War II was the war that involved literally everyone at some level, including actors. German, British and American movie personalities, male and female, some of whom served in the military and others who did not, supported the war effort or acted following the war.

**Flynn Warren** is a native of North Carolina. He attended Belmont Abbey College, received a BS in pharmacy from the University of South Carolina and an MS in hospital pharmacy from the University of Georgia. Flynn joined the UGA pharmacy faculty in 1967. In 1977 he became Head of Pharmacy Services at the King Faisal Specialist Hospital in Saudi Arabia. Flynn rejoined the UGA pharmacy faculty in 1985 and retired in 2007.

## How to Interpret the U.S. Constitution (or Any Law)

Monday, April 22 \$10  
9:30 – 11:30 AM River's Crossing

The merits of new Supreme Court nominees often get debated in terms of their theories of legal interpretation. Most of this talk is a smoke screen for promoting one political agenda or another because sensible approaches to interpretation completely reject theories like originalism, textualism, and the intent of the framers. Judges, though some claim to do so, never follow such theories in fact. This course unpacks and explains the politics behind this legal rhetoric and describes the right ways to interpret the Constitution, or any law.

**Lief Carter** received his AB from Harvard (1962) and a law degree from Harvard Law School (1965). He was a Peace Corps volunteer (Bolivia) in 1966-67 and received his PhD from UC Berkeley in 1972. Dr. Carter taught political science at UGA until 1995. He twice received UGA's Josiah Meigs Teaching Award. He taught from 1995 until 2008 at Colorado College. He is the author of *The Limits of Order*, *Reason in Law*, and *Contemporary Constitutional Lawmaking*.

## How to Meal Prep for the Week

Monday, April 15 \$15  
10:30 – 11:45 AM River's Crossing

Let's look at all the tips and tricks to prep your food ahead so you are ready for your week. Come to class ready to sample a few items that can be made fast using only a few ingredients. Leave with useful handouts full of tips and recipes to take what you learned and put weekly meal prep into practice. The cost of the class covers the cost of ingredients.

Originally from Michigan, **Amy Whipple** grew up in a family that loves food. Her mom rarely cooked the same meal twice and her grandparents farmed and lived off their land. She spent four years volunteering at a culinary center in Salt Lake City and is a regular at the Farmer's Market. She has taught several classes here in Athens and is passionate about teaching people how to make healthier food choices!

## Human Evolution from an Anthropologist's Perspective

Monday, February 11 \$10  
9:00 – 11:45 AM River's Crossing

Learn about the physical evidence for human evolution over the last seven million years using both photos and casts of relevant fossils. Starting with the earliest fossils from Africa and expanding worldwide, participants will follow the migration of various hominin species. The class will also talk about the relationships on the human family tree, and about the strengths and weaknesses of various hypotheses for our evolution.

**Sandy Whitney** has taught various anthropology and geology courses since 1992, both on campus and on travel study programs. Currently she is teaching occasional courses for the African Studies Institute and regularly helps lead the Maymester in Tanzania study abroad program for UGA.

## Iceland: Taking a Summer Drive

Monday, February 25 \$10  
10:30 – 11:45 AM River's Crossing

If you are interested in a summer self-driving trip around Iceland, or just want to see photographs of the stunning landscapes that Lee Reed and John Schell saw on their trip, you won't want to miss this class. With its 10,000 waterfalls, Iceland is one of the most beautiful countries on earth and has an easily driven road system. The presenters will supply directions for where to rent a car, where they stayed every night of their thousand-mile trip, and what you will need to bring when you travel there. Together, Reed and Schell have over a half-century of photographic experience.

**Lee Reed** and **John Schell** are retired UGA faculty members. They are experienced photographers with exhibits, publications, and sales to their credit.

**Membership Benefit:** OLLI@UGA members are eligible to receive a UGA library card at no cost.

## Illustrating Picturebooks

Monday, Wednesday, & Friday, June 3 – 7  
1:00 – 3:00 PM

\$34  
River's Crossing

Participants will create picturebooks using a variety of media based on their own writing/stories/poems. The first class will include discussion of artistic elements used to tell a story and complement the text. We will also do a warm-up artistic exercise before we dive into creating our books. The remaining class times will be devoted to creating our books with class critique/feedback to ensure participants have a close-to-finished product. Registration will close one month in advance of the first session so the presenter can order supplies. The class fee covers all art materials and one bare-bound book.

**Winnie Smith** received her BFA in jewelry and metalsmithing as well as her MAED in art/museum education from UGA. She has been an employee at UGA since 2007, beginning at the College of Education. She is currently the assistant to the director of the Willson Center for Humanities and Arts. Her interests include crafts, art history, children's picturebooks, and band show posters. She has written and illustrated six children's picturebooks.

## Inside the "Dr. Horace Mann Bond" Exhibit

Monday, February 11  
1:00 – 2:15 PM

\$10  
River's Crossing

Jason Maris and Daniele Bernstein will present an overview of the 80-photograph collection from *Education of the Negro: A Photographic Study* by Dr. Horace Mann Bond, which is on display at Hargrett Library through March 2019. Dr. Horace Mann Bond, social science researcher, historian and father of the late Julian Bond, participated in a field study of more than 700 schools and photographed the educational experiences of close to 10,000 students. The study led to the creation of over 5,000 schools for blacks in the south.

**Danielle Bernstein**, founder of Clear Films, a full-service, story-driven production company in Atlanta, is an award winning writer, producer, director, and editor of independent film. **Jason Maris**, who moved from the Chicagoland area to Atlanta in 1993, is an award-winning freelance editorial and commercial filmmaker and a photographer with over twenty years of experience in the industry. The two are partners in life and in film. Outside of their media endeavors, they have a growing family and are based in Atlanta.

## Introduction to Home 3D Printing with Live Demonstrations

Friday, April 5  
2:30 – 3:45 PM

\$10  
River's Crossing

Have you imaged crafting your own food or assistive device or house using a 3D printer? Or perhaps you've considered starting with something on a much smaller scale: a whistle or dino push toy or even a miniature model of a grandchild? The choices seem endless. Learn how to get started as Lou Temple offers an overview of 3D printing applications and history with an emphasis on affordable home 3D printing systems.

**Lou Temple** is an expert at 3D printing and an advocate of open source technologies.

## Introduction to Shamanic Practices

Tuesday, May 14  
11:00 AM – 12:30 PM

\$8  
Off Site

Shamanism is a healing tradition practiced continually in many indigenous cultures for thousands of years. Contemporary Shamanism is becoming popular in western culture because it teaches techniques for personal and societal healing. Class participants will experience shamanic journeying accompanied by drumming and guided visualization. Through this technique awareness expands to connect deeply with nature, recover personal power, and/or receive healing information. Each participant will have the opportunity to walk the Medicine Wheel to deepen their experience. Time is allotted for writing and illustrating personal journeys and optional sharing. Location details will be sent to class participants in advance of the class date.

**Barbara Odil** is a mixed media artist whose work and life path are inspired and guided by her shamanic practice. Since the late 1990s she has taught workshops incorporating creativity and guided journeying. She is trained in the Harner method of shamanism and is a certified color therapist. Odil works with individuals and groups to deepen their connection to the natural world through journeying and creating. **Shannon Willis, MEd**, is a ritual healing practitioner, teacher and founder of Heart Path Studio, a non-profit organization in Athens which aims to create a new folk culture of relating with the unseen world through the convergence of animistic and shamanic principles. She holds a Master's degree in professional leadership and counseling.



## BoomAthens is all about:

### The Conversation

We've been the foot soldiers of societal change! Let's talk about those startling encounters and share how we've grown.

### The Memories

All of them (or as many as we can remember) ~ our hometowns, our relationships, our journey -- Your Journey.

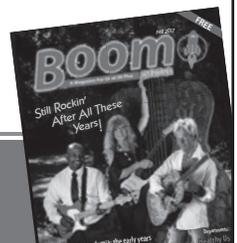
### Aging Out Loud

We're not fading away -- we're still in the game and we're sharing health advice, fitness tips, housing and mobility options, proclaiming our age, and keeping it together (with a little help from technology and friends).

**BoomAthens is the Power of Story  
Your Story!**

Send story ideas to [Betsy@BoomAthens.com](mailto:Betsy@BoomAthens.com)

Online at [BoomAthens.com](http://BoomAthens.com)  
or in print at various locations



## Investing #1: What You Need to Know about Investing

Tuesday & Thursday, February 12 & 14  
1:00 – 3:45 PM

\$18

River's Crossing

Learn investment basics for retirees including stocks and bonds, REITs, mutual and exchange traded funds, risks and returns, diversification, rebalancing, market efficiency, and passive versus active investing. Class participants will gain a good overview of investing and how the major ideas relate to one another. Passive and active investing will be compared, and class members will learn how a simple set of passive investments offer low costs and good returns for individual investors in retirement. This is the first course in a six-part series. Students may choose to take this as part of the series or by itself.

**Warren Flick** is a retired forestry professor and attorney who wrote about and taught forest economics and finance, which use principles of investing. Both forestry and retirement are long-term enterprises. He has been teaching courses on investing for OLLI@UGA for about four years. He manages his own investments and blogs about retirement at Later Living ([www.laterlivingblog.com](http://www.laterlivingblog.com)), where he has many posts on the financial aspects of retirement.

## Investing #2: Retirement Investments in Action

Tuesday & Thursday, February 19 & 21  
2:30 – 3:45 PM

\$18

River's Crossing

In part two of his six-part series Warren Flick highlights a spreadsheet model of real investments over the most recent 22-year period, showing how different portfolios performed. The model is also used to study the impact of alternative asset allocations, the prospects for international investing, and comparisons of risk and returns among investments. Finally, the costs of active versus passive investing are incorporated into the model, which shows the full impact of active investing over a 22-year period. This course uses examples of the principles discussed in the first class. Students may choose to take this session as part of the six-part series or by itself.

**Warren Flick** is a retired forestry professor and attorney who wrote about and taught forest economics and finance, which use principles of investing. Both forestry and retirement are long-term enterprises. He has been teaching courses on investing for OLLI@UGA for about four years. He manages his own investments and blogs about retirement at Later Living ([www.laterlivingblog.com](http://www.laterlivingblog.com)), where he has many posts on the financial aspects of retirement.

## Investing #3: Retirement Withdrawal Strategies

Tuesday & Thursday, February 26 & 28  
2:30 – 3:45 PM

\$18

River's Crossing

In part three of his six-part series Warren Flick uses a spreadsheet model to test portfolio withdrawal strategies. The performance of real investments over twenty years is subjected to the 4%-rule, a rule based on the IRS's required minimum distributions, alternative percentage rules, fixed withdrawal amounts, a dynamic withdrawal strategy, and perhaps others. The class also covers the probability of portfolio failure using simulation models available on the Internet. Finally, it describes modifications to the rules based on the experience of retirees. Students may choose to take this session as part of the six-part series or by itself.

**Warren Flick** is a retired forestry professor and attorney who wrote about and taught forest economics and finance, which use principles of investing. Both forestry and retirement are long-term enterprises. He has been teaching courses on investing for OLLI@UGA for about four years. He manages his own investments and blogs about retirement at Later Living ([www.laterlivingblog.com](http://www.laterlivingblog.com)), where he has many posts on the financial aspects of retirement.

## Investing #4: Annuities

Tuesday & Thursday, March 5 & 7  
2:30 – 3:45 PM

\$18

River's Crossing

Annuities may be helpful to retirees worried about longevity risk, financial fraud, and low annual income. In part four of his six-part series Warren Flick analyzes these situations and shows how annuities may help resolve them. Fixed and variable annuities are included, emphasizing the cost of variable annuities. Class members will explore selected internet sites to learn some of the options associated with annuities. Also, methods of mimicking annuity withdrawals from a retirement portfolio will be discussed and compared with annuities. Students may choose to take this session as part of the six-part series or by itself.

**Warren Flick** is a retired forestry professor and attorney who wrote about and taught forest economics and finance, which use principles of investing. Both forestry and retirement are long-term enterprises. He has been teaching courses on investing for OLLI@UGA for about four years. He manages his own investments and blogs about retirement at Later Living ([www.laterlivingblog.com](http://www.laterlivingblog.com)), where he has many posts on the financial aspects of retirement.

## Investing #5: Working with Financial Professionals

Tuesday & Thursday, March 12 & 14  
2:30 – 3:45 PM

\$18

River's Crossing

In part five of his six-part series Warren Flick will identify and discuss types of financial professionals, their designations (brokers, planners, advisers, ...), and their regulation. He will define fiduciary duty and note which advisers owe that to clients. Flick will also present a model for evaluating the work of a financial professional. Finally, participants will discuss and review their experiences with financial professionals. Students may choose to take this session as part of the six-part series or by itself.

**Warren Flick** is a retired forestry professor and attorney who wrote about and taught forest economics and finance, which use principles of investing. Both forestry and retirement are long-term enterprises. He has been teaching courses on investing for OLLI@UGA for about four years. He manages his own investments and blogs about retirement at Later Living ([www.laterlivingblog.com](http://www.laterlivingblog.com)), where he has many posts on the financial aspects of retirement.



## Investing #6: Becoming Your Own Financial Manager

Tuesday & Thursday, March 19 & 21 \$18  
2:30 – 3:45 PM River's Crossing

In part five of his six-part series Warren Flick will present a program of self-improvement for investors, isolating the steps needed to manage a basic retirement portfolio. These steps include identifying goals, transferring existing accounts to a simple passive portfolio, keeping track of progress, rebalancing, and identifying key investing literature and news sources to build a personal program of growth. Students may choose to take this session as part of Flick's six-part series or by itself.

**Warren Flick** is a retired forestry professor and attorney who wrote about and taught forest economics and finance, which use principles of investing. Both forestry and retirement are long-term enterprises. He has been teaching courses on investing for OLLI@UGA for about four years. He manages his own investments and blogs about retirement at Later Living ([www.laterlivingblog.com](http://www.laterlivingblog.com)), where he has many posts on the financial aspects of retirement.

## iPhone/iPad Photography: Making and Sharing Photos

Session A: Friday, March 29, 10:00 AM – Noon \$10  
Session B: Friday, March 29, 1:30 – 3:30 PM River's Crossing

*Sessions are identical. Please register for no more than one.*

Your iDevice has an excellent camera, but are you taking advantage of its full potential? In this class Chuck Murphy will demonstrate all the features of the camera. He will also cover the basics of composition and provide tips and tricks for creating and sharing better photos of people, pets, kids, landscapes, and your travels. After the class, you will be ready to make and share photos that your friends and family will love to see! (Note: This course is not recommended for users of non-Apple devices.)

**Chuck Murphy** has been an avid photographer for over four decades. He has been shooting digital photos since 1997 and cellphone photos since 2009. His photo expeditions have taken him on trips around the world and to all seven continents. Murphy, who has previously taught over twenty photography courses for OLLI@UGA and for the University of Georgia, founded the PictureThis! Shared Interest Group.

## Is the Violin in My Uncle's Attic a Stradivarius?

Wednesday, February 6 \$10  
1:00 – 2:15 PM River's Crossing

Roy Martin will introduce the history of the violin as well as the construction of the instrument and the bow. In addition, he will discuss a variety of peculiar details about the instrument (e.g., bow mits, and why to use horsehair for bows.) After sharing a few details about selling prices for historically important instruments, Martin will demonstrate the different sounds and construction of three instruments. He will conclude with the probability of having a Strad in the attic.

**Roy Martin** began playing the violin at age nine. After graduating from high school, he attended the Eastman School of Music at the University of Rochester for one year. Deciding that a music career was not to his taste, he has participated in amateur musical activities since then with the Albuquerque Civic Symphony and the Athens Symphony Orchestra, performing as soloist and concert master.

## Jittery Joe's Coffee Roasting Company Tour

Thursday, March 14 \$8  
10:30 – 11:45 AM Off Site

Locally owned Jittery Joe's Coffee Roasting Company selects beans from at least eighteen different countries and roasts them in small batches. This class will tour the roaster and learn about the company's hands-on approach to roasting coffee. Meeting and location details will be provided to participants in advance of the class date.

**Charlie Mustard** came to Athens by way of Clemson University where he earned a Bachelor's degree in biological sciences. After teaching anatomy and physiology at Clarke Central High School, he earned a Master's degree in nutrition from the University of Georgia. He started a number of coffee shops and other ventures related to coffee. Currently he is, and for the past twenty-three years has been, the roastmaster for Jittery Joe's Coffee Roasting Company.

## John Henry's Death and African-American Roots of Rock & Roll

Wednesday, May 29 \$10  
10:30 – 11:45 AM River's Crossing

Scott Nelson will explore how songs sung by African-American railway trackliners in the South helped produce the music that we call rock & roll. He will also discuss the most famous of these songs, *The Ballad of John Henry*, and the song's origins in the Reconstruction South. The lecture covers material in Nelson's book *Steel Drivin' Man* and his young adult book, *Ain't Nothing but a Man*.

**Scott Nelson** is UGAAA professor of history at UGA and is the prizewinning author of five books on nineteenth-century American history. *The New York Times* has most recently called him a fascinating guide to the grim landscape of Reconstruction. His book *Steel Drivin' Man*, about the life and legend of the folk legend John Henry, won four national awards including the Marfield Prize for Arts Writing and the Curti Prize for best book in U.S. history.

## Journey to Freedom: Six Thai Elephants and Me

Friday, March 15 \$10  
1:00 – 2:15 PM River's Crossing

In the northern mountains of Thailand, the Elephant Nature Park is making a difference to the rescued elephants who live there, to the hundreds of other animals who have found a safe haven with them, and to volunteers from all over the globe who participate in their educational programs. At one such program, Journey to Freedom, volunteers spend a week with Karen tribe members following six elephants in their native habitat. Travel with one of these volunteers as she shares her observations and interactions with these magnificent beings and experiences her own life-changing journey to freedom.

**Nancy Hunter** worked with the Atlanta Police Department providing direct services to over 6000 victims of domestic violence. She went on to train police, prosecutors, judges and attorneys in the law and psychology of domestic violence. Once she retired, her love of animals motivated her to find ways to spend time around species that most fascinated her. She spent four years at a sanctuary for parrots and then made the longest trip of her life to volunteer with rescued elephants.

## Joy of Metalsmithing for Beginners

Wednesday, Thursday, & Friday, April 10 – 12  
1:00 – 4:00 PM

\$93  
Off Site

Working with metals including copper and brass will provide students with skills to make pendants, earrings, rings, and objects. Sylvia Dawe is providing copper and brass for the workshop, and tools and equipment will be available. No prior experience is necessary. Safety glasses, ear protection, and magnification for seeing small details will be the responsibility of the student and must be brought to class. The cost of the class includes materials and a lab space usage fee that provides access for participants for thirty days. This class is limited to six participants.

**Sylvia Dawe** developed metalsmithing skills through University of Georgia jewelry and metals classes, community classes, and master workshops. Her creations are expressions of appreciation of nature, architecture, and sentiment.

## Judaism 101

Tuesdays, March 5, 19, 26  
2:30 – 3:45 PM

\$24  
River's Crossing

Judaism differs from other religions. Edward Halper will explore some of its distinctive features. The first session will discuss the question of who is a Jew by considering the origin of Judaism as it is presented in the Torah (Old Testament), as well the other canonical works of Judaism. The second session will consider the question of what a Jew is obligated to do by considering some of the 613 commandments and their Rabbinic interpretations. The third session will consider whether there is a distinctive Jewish politics by considering Jewish communal observance.

**Edward Halper** is a Distinguished Research Professor and a Josiah Meigs Teaching Professor at UGA. Most of his work is in ancient Greek philosophy, but he has also published on medieval philosophy, Jewish philosophy, modern continental philosophy, and metaphysics. He has taught three courses in Jewish philosophy at UGA.

## Juror for a Day: UGA Law School's Mock Jury Trial

Session A: Thursday, March 14, 1:15 – 5:00 PM  
Session B: Friday, March 15, 1:15 – 5:00 PM

\$8  
Off Site

*Sessions are identical. Please register for no more than one.*

Participate as a juror at a mock trial at UGA Law School. Members will sit in a mock courtroom, listen to second- and third-year law students from UGA's nationally recognized, and award-winning mock trial team as they deliver opening statements, conduct witness examinations, and present closing arguments in the presence of a mock judge; then deliberate, render a decision, and evaluate the students' performances. Location and meeting details will be provided to class participants in advance of the class date.

**Kellie Casey**, Attorney at Law and Double Dawg, joined the UGA Law School as director of advocacy in 2000. She teaches appellate advocacy and serves as director of the Law School's award-winning moot court and mock trial programs. Under her guidance, advocacy law students have amassed numerous national and individual awards and routinely capture top trophies at regional and state levels of competition.

## Killed with a Cart: Hazards of Life in Early-Modern London

Thursday, April 11  
2:30 – 3:45 PM

\$10  
River's Crossing

Cities are often portrayed today as crime-ridden, dangerous places to live, but how does that compare with city life in the past? In this class, we will look at early-modern London with the aid of the famous London Bills of Mortality that include distinctive causes of death like "Killed with a Cart at St. Giles Cripplegate" and "Rising of the Lights."

**Nan McMurry** is the Director for Collection Development at the University of Georgia Libraries in Athens. She also teaches history of medicine classes for the UGA history department. She has a PhD in history from Duke University with a specialty in the history of medicine as well as master's degrees in music and library science from the University of North Carolina at Chapel Hill.

## Knights to Kings: A Journey to Ethiopia

Thursday & Monday, February 21 & 25  
1:00 – 3:45 PM

\$18  
River's Crossing

What happens when you take eight boys from the poorest counties in the United States to the only African nation to defeat colonization? Life LaRoche answers that question with this inspiring documentary that follows eight boys from Athens, Georgia, as they visit a small village in Kutaber, Ethiopia, for a chess tournament and service-learning project. The documentary speaks to the core of youth identity and the impact of traveling on youth development. The first class will be a viewing of the film and the second class will share how chess relates to life and how it can be used as a tool to engage with children and grandchildren.

**Lemuel "Life" LaRoche** is the founder and executive director of Chess and Community Conference, Inc., a nonprofit youth empowerment organization dedicated to developing young leaders and critical thinkers in Athens, Georgia. LaRoche has over fifteen years' experience in adolescent and community development and brings a fresh innovative approach to his work. He is the subject of *Life the Griot* (2014), a documentary highlighting the work that he has accomplished in Athens and the surrounding areas.



CAROLYN  
ABNEY

SENIORS REAL ESTATE SPECIALIST

CERTIFIED INTERNATIONAL  
PROPERTY SPECIALIST

**KW GREATER ATHENS**  
KELLERWILLIAMS, REALTY

Phone: 706-850-6148  
CarolynAbney@KW.com

## Let's Crafty with the Grandkids!

Fridays, March 22 & 29  
10:00 AM – Noon

\$38  
River's Crossing

Grandkids are so much fun to have around! They can be even more fun when you have supplies and ideas for creative activities at your fingertips. This class will give you hands-on experience with so many fun and interesting arts and crafts that you will be planning your next visit with your grandchildren as soon as you can. Participants will paint, sew, bead, and craft, and play with clay, toilet paper tubes, paper plates, and more! Come prepared to get dirty and have fun. The cost of the class includes a fee for materials.

**Robin Nunan** earned her MFA in Fabric Design from UGA in 1988. While a student, she fell in love with Athens and never left. Since then Robin has worked in many art related jobs, from floral designer to art teacher at YMCA Camp Kelley. Currently, she is the art teacher at First Presbyterian Weekday School and at a homeschool co-op. In the summer months, she runs Smiling Robin art camps in her 5 Points studio.

## Life on a Submarine

Monday, March 4  
10:30 – 11:45 AM

\$10  
River's Crossing

Some of us have been at sea. Many of us have been on cruises. But how many of us have been under the sea, for even an hour? How about for several months? Submarines are unique sea going vessels that only a few people get to experience. This course is a chance to learn about what it is like to live and work on U.S. Navy submarines (nuclear and diesel). Learn about patrol schedules, the day-to-day routine of life at sea, submarine food (is it better than airline food?), the effects of submarine life on family life, and submarine operation.

**John Roeder** served in the military for twenty-two years, including four years in the Navy on submarines and eighteen years in the Air Force, then spent nine years in Hollywood and ten years at Disneyland. He was a tour guide on the USS Iowa (a World War II battleship) and a docent at the Richard M. Nixon Presidential Library and Birthplace.

## Living While Dying: Film and Discussion

Thursday, February 21  
9:30 – 11:15 AM

\$10  
River's Crossing

In a world that see death as something to vanquish, the film *Living While Dying* presents an alternative: people living with terminal illness who greet the inevitable with courage, humor, creativity and acceptance. Though the subject is difficult, the film is surprisingly uplifting. Death is a big mystery, yet the outcome is 100% certain! Dispelling traditional fears about death, *Living While Dying* invites us to reimagine and set the stage for our own inevitable endings. It offers profound opportunities to uncover value, grace and meaning for all stages of life. OLLI@UGA member John Muthe and the Rev. Alison Eskildsen will serve as moderators of a guided discussion following the film.

OLLI@UGA member **John Muthe** earned a B.B.A. degree at Temple University in 1975, is a retired business executive (Georgia Pacific, Unisource Canada, and AmSan). The **Reverend Alison Wilbur Eskildsen**, Parish Minister, joined the Unitarian Universalist Fellowship of Athens, Georgia, in August 2010. Previously, she was Assistant Minister and Director of Religious Education at the Unitarian Universalist (UU) Church in Reston, Virginia. UUFA was recently named a Breakthrough Congregation by the UUA, recently completing a major addition and renovation of the Parish.

## Living with Alzheimer's Disease

Tuesday, February 5  
9:00 – 10:15 AM

\$10  
River's Crossing

Kris Bakowski will discuss the basics of Alzheimer's disease and the ten warning signs leading to its diagnosis. You will hear stories of what it is like to be living with the disease; and learn coping mechanisms for the person living with Alzheimer's as well as for that person's family members. Find out what it takes to get a diagnosis and what happens after that diagnosis. Caregivers will hear how they can help fight this disease as well.

**Kris Bakowski** was diagnosed with younger-onset Alzheimer's at the age of forty-six. After her diagnosis she realized that Alzheimer's Disease is misconstrued by many, and she decided to be proactive in her approach to handle the disease. She speaks regularly to groups all over the country and has done much advocacy work to help bring more research dollars to the disease.

## Looking for Someone Who Changed My Life

Wednesday, February 6  
10:30 – 11:45 AM

\$10  
River's Crossing

This session is a combination of memoir, fiction, and mystery writing based on detective work and three surprising phone calls as Carl Glickman tried to find and thank his high school teacher. This teacher had been relentless in making him speak up in class. Glickman realized how that teacher's efforts had created his own future. Fifty-five years later, he simply wanted to say thank you. However, it was not easy. Attendees will be provided with the presenter's short story *The Burnished Time* and his essay *A Growing Voice*. Please come to class with thoughts about those who had a major influence on you.

**Carl Glickman** is Professor Emeritus and formerly University Professor of Education at UGA. He chaired the Georgia League of Professional Schools, wrote thirteen books on leadership, school renewal, and education and democracy, and served as a policy consultant to governors and presidential candidates. His self-published book, *The Trembling Field: Stories of Wonder, Possibilities, and Downright Crazyness*, was released in 2013.

## Lush Lawns, Little Effort

Thursday, March 7  
1:00 – 2:15 PM

\$10  
River's Crossing

Richard Ludwig will cover the design, installation, and management of warm and cool season lawn grasses. He will emphasize best management practices and how to get the most with the least amount of time and energy. Most landscapes are turf-centered. A beautiful lawn is the foundation of a gorgeous landscape.

**Dr. Richard Ludwig**, retired director of the horticulture program at Gwinnett Technical College, was selected as Georgia Educator of the Year by the Georgia Green Industry Association. In addition, he worked for *Southern Living* magazine as a garden specialist as well as served as host of PBS-TV's *GardenSmart*, a national gardening show. Dr. Ludwig is also a former spokesperson for MiracleGro products.

Be SOCIAL

Like and Follow us on Social Media



FACEBOOK: olliutuga



TWITTER: @olliuga

## Make Time for Fitness

Friday, May 24  
9:00 – 10:15 AM

\$10  
River's Crossing

After debunking fitness myths, Kelly Farris will lead a discussion of effective fitness and demonstrate how simple staying fit can be. In addition, she will introduce three easy exercises that can be done on a daily basis within four minutes. Come prepared to learn how to be fit for life.

**Kelly Farris** is a fitness professional who has dedicated twenty-nine years to helping others improve their health and fitness. She has multiple certifications and specializations including Silver Sneakers®. Farris has two children and six grandchildren. Her hobbies include painting, gardening, mountain biking, and fulfilling her passion for fitness.

## Mansfield Park: Virtue and Vice

Mondays, April 1 – 22  
9:00 – 11:00 AM

\$28  
River's Crossing

Focusing on Jane Austen's controversial novel, the class will read, discuss, and compare the text of *Mansfield Park* to the 1983 BBC miniseries. Topics for discussion include Fanny's dependence on her relatives and the disadvantages of her position; slavery and sugar plantation prosperity; and the Crawfords as amoral predators in a "moral" world. Students are encouraged to read the first half of the novel before class. Any edition of the novel is accepted, but an ISBN is provided for convenience (9781593081546).

**Lorien Campbell** graduated from GCSU with a MAT in English Language Arts, Reading, and History; a BA in Creative Writing; and a background in English literature. This is her twelfth class as an OLLI@UGA instructor. Other OLLI@UGA classes she has taught include novels, mysteries, and plays: *Wuthering Heights*; *Jane Eyre*; *Pride and Prejudice*; *Persuasion*; *Sense and Sensibility*; *Sherlock Holmes*; *Poirot*; *Miss Marple*; *Cadfael*; *Lord Peter Wimsey*; *The Great Gatsby*; *Midsummer Night's Dream*; and *Dracula*.

## Mars: The Search for Life

Tuesday & Thursday April 9 & 11  
9:00 – 10:15 AM

\$18  
River's Crossing

Observations from a number of orbiting satellites and landing vehicles show that the surface of Mars today is a very cold, dry, sterile environment that is inhospitable to life. However, in the ancient past conditions were much more Earth-like, where life could have formed and evolved. At present, studies are underway to understand what caused this planetary environmental change and whether any life that may have formed on Mars in the past could have survived. In this class, we will review observations that highlight the evolutionary history of Mars and describe recent studies that offer tantalizing clues about the possible existence of life in the planet's subsurface.

**David Wenner** retired in 2007 from the geology department at UGA. He received his BS in chemistry from the University of Cincinnati in 1963 and his PhD in geochemistry and geology from Caltech in 1971. While at UGA, part of his research focused on terrestrial analog studies in Iceland in conjunction with NASA's Mars Viking Program.



## Medical Aid in Dying: Ethics and Pragmatics of Choice at the End of Life

Friday, February 8; Thursday, February 14  
10:30 – 11:45 AM

\$18  
River's Crossing

In several countries and U.S. states, it is legal for patients with a terminal illness to ask a physician to provide a medication to end their life. This practice, variously but imprecisely known as physician-assisted suicide or euthanasia, has obvious ethical complexities. In this class we will review the historical evolution of medical aid in dying, important ethical perspectives, critical case studies that have moved the debate forward, legal requirements of the practice, and results of its implementation

**Brian Carpenter** is a clinical psychologist and professor whose research and teaching focus on aging and the end of life. He teaches both undergraduate and graduate courses, and he directs the Clinical Geropsychology Research Laboratory at Washington University, where he has been on faculty since 2000. His current research focuses on promoting effective communication among older adults, family members, and their healthcare providers.

## Medical Partnership & UGA Pharmacy School Simulated Patient Programs

Monday, May 13  
9:00 – 10:30 AM

\$8  
Off Site

Learn about a volunteer opportunity as well as about the medical students attending the AU/UGA Medical Partnership who study the art of doctoring through the Clinical Skills Program, which emphasizes the importance of communication, professionalism, history taking, and physical examination. The Athens campus teaches clinical skills using a blend of learning activities with a focus on patient interaction. Ten small group classrooms are designed and equipped to video record visits between students and Simulated Patient Volunteers. Faculty in a nearby room can monitor the encounters and provide feedback to students in order to improve their communication and other skills.

**Tina Powers** has worked for the Medical Partnership between UGA and the Medical College of GA at Augusta University since 2009. She supports the ECM 1 and 2 course directors, builds and monitors course and grade content, prepares and assists with the Simulated Patient Volunteer Program, and serves as a purchaser for the department. **Cheryl Kennedy** works directly with the ECM course directors to carry out the academic calendars for ECM 1 and 2, plans and implements course events based on goals set by Curriculum, and collaborates with local hospitals to coordinate student educational events. She manages the Simulated Patient Volunteer Program, which includes recruiting and training volunteers.

## Medications: Let's Talk about the Pills You're Taking

Tuesdays, March 12 & 19  
1:00 – 2:15 PM

\$18  
River's Crossing

Patients sometimes take the wrong medications, occasionally with fatal results. This class will equip members with knowledge to have their own critical conversations with their healthcare provider. In the first class, members will learn basic pharmacology and how to know what they are taking, why they are taking those medications, and the risks involved in taking those pills since factors change as we age and health care standards change. In the second class, members will learn how to access information about their personal medications using the Beers Criteria for Potentially Inappropriate Medications, last updated in 2015, and reliable, evidence-based sources of information on the internet. Basic computer skills are

Course proposals for Spring 2019  
are due May 15, 2019.

necessary, and members should bring a full list of ALL their medications and supplements to both classes.

**David Block** has a doctorate in English historical linguistics from New York University and an MD from the University of Illinois. He is certified in risk management and trained in mediation. He has written, taught, practiced neurology, and consulted in healthcare compliance and management. The class will be co-taught by **Dr. Henry Young**, the Kroger Professor of Community Pharmacy. Young is also the Director of the Graduate Program in Pharmaceutical Health Services, Outcomes, and Policy at UGA.

### **Meditation: Reclaiming Relational and Personal Agency**

Wednesday, February 6 \$10  
9:00 – 10:15 AM River's Crossing

Stress, anxiety, and life transitions can challenge one's wellbeing and relationships. When we feel a loss of control and the ability to have agency in our own wellbeing, our health deteriorates. This class will present meditation as a relational practice for improving our personal and interpersonal wellbeing. Meditation can be used to reclaim our sense of personal and relational agency; that is, the ability to have a voice (choice) in our behaviors and interactions. Jerry Gale will conclude with a discussion of self-compassion.

**Jerry Gale** is a professor of Human Development and Family Science at UGA and a licensed marriage and family therapist. He has published extensively on numerous topics including financial family therapy, meditation, mediation, couple's therapy and family engagement. He has been an invited speaker at conferences and has taught courses in South Korea, Peru, Brazil, and Germany.

### **Meditative Doodling: Centering Yourself through Art**

Tuesday, February 12 \$10  
10:00 AM – Noon River's Crossing

This hands-on class draws on newly-popular art forms such as ZenTangles as well as older traditions such as mandalas. These meditative forms of art can be done in short sessions, making them ideal for today's busy lives. While the product is less important than the process, the results are often quite pleasing. Meditative doodling does not require prior art training. Those who have had art training will recognize some of the principles. Participants should bring a pencil and a medium-fine black felt tip pen (an archival brand such as Micron is preferred.) Paper will be provided.

**Linda Gilbert** graduated with a BFA in drawing and painting and worked as a graphic designer for more than a decade. When she moved on to other work, gradually her time for art slipped away. Through meditative doodling, she found a way to incorporate art into her life once more.

### **Memory & Complicity: Meeting the Challenge in Robert Franklin's Blurb**

Wednesday, May 1 \$10  
1:00 – 2:15 PM River's Crossing

Storyteller and poet Eve Hoffman is a sixth generation Georgian rooted in the red clay of the dairy farm by the Chattahoochee where she grew up. This class will be a discussion of her book, *Memory & Complicity*. Robert M. Franklin, PhD, President Emeritus, Morehouse College says of the book, "*Memory & Complicity* arrives at a conflicted time in American life and

culture, and provides much needed insight into the paths that led us here and possibilities for going forward. Her voice provides a rare window into complicated issues of identity, community, social evil and moral possibilities. I hope that you will peer into this unsettling mirror, invited by her lyrical gifts, and begin the process of reflection, dialogue and action to repair a broken world." Though not required, the presenter recommends that students read *Memory & Complicity* before class begins. It is available on Amazon, at Mercer University Press.

**Eve Hoffman** graduated from Smith College, studied in Africa, lived in San Francisco, worked at Stanford and then settled back to the land she loves to raise a family. She was honored by Smith College, as a Remarkable Woman and by *Georgia Trend Magazine* as one of Georgia's 100 Most Influential People.

### **Milledge Avenue from Broad to Baxter: A Walking Tour**

Session A: Wednesday, April 10, 10:30 AM – 12:30 PM \$8  
Session B: Wednesday, May 15, 10:30 AM – 12:30 PM Off Site

*Tours contain the identical information. Please register for no more than one.* Milledge Avenue, from Broad to Baxter, is an iconic street in Athens filled with ante-bellum and Victorian mansions converted to UGA sororities and fraternities. It is also home to Clarke Central High School (earlier Athens High School). CCHS was once an all-white school but became integrated in 1970. The walking tour (beginning at the Varsity parking lot) will point out the history of the older homes and their residents and will describe changes at Clarke Central High School from 1952 to today. If time permits, we will look at two streets off Milledge, Henderson and Dearing. Location details will be provided to class participants in advance of the tour date.

**John Whitehead** grew up near Henderson Avenue and attended Athens High School. After a career of teaching history at the University of Alaska, he retired to Athens on Henderson Avenue and taught at UGA. Prof. Whitehead is currently preparing a reminiscence of Milledge Avenue for Volume II of *The Tangible Past of Athens, Georgia* with Milton Leathers and Charlotte Marshall.

### **Minerals, Rocks and Ore Deposits: Show Me The Money!**

Monday – Friday, February 25 – March 1 \$45  
1:00 – 3:45 PM River's Crossing

Sophistication of human civilization has been closely tied to development of metallic ore deposits. Dr. Dallmeyer will discuss the nature, mineralogy, and genesis of various types of metallic ore deposits and describe techniques of exploration, development, production and ore smelting. Initial sections of the course will review fundamental concepts of mineralogy, including composition, atomic structure, identification, and mineral classes. This will be followed by a description of the major types of Earth's rocks and a discussion of rock types that typically host metallic ore deposits. A hands-on laboratory session will accompany each class and provide an opportunity to view mineral, rock, and ore samples. The cost of the class covers the cost of a comprehensive bound book of class notes.

**David Dallmeyer** is Emeritus Professor of Geology at the University of Georgia. His teaching and research focused on processes and chronology of mountain building and plate tectonics with fieldwork on all continents. He organized several research expeditions in cooperation with the U.S. Antarctic Research Program and has directed research programs in the British Isles, West Africa, China, Greenland, Svalbard, Norway, and the Andes of Chile and Peru. He led twenty-three OLLI@UGA geology excursions.

## Modern Cosmology: A Brief Survey

Tuesdays & Thursdays, April 2 – 11  
1:00 – 2:15 PM

\$28  
River's Crossing

Come take a look at the basics of modern cosmology, including the Big Bang Theory, the expansion of the Universe, the Microwave Background Radiation, the formation of the light elements, the formation of structure in the early Universe, and the inflationary hypothesis. Along the way the class will examine the dark matter and dark energy problems and see what the future of cosmological research holds. There will be almost no mathematics in the class (just a couple of algebraic equations) and, although a text is not required, a good book to read before the course is *The Alpha and the Omega* by Charles Seife.

**Dr. Loris Magnani**, a professor of astronomy at the University of Georgia for twenty-seven years, does research on interstellar gas cloud in the Milky Way using radio telescopes. He teaches cosmology for physics and astronomy majors. Before coming to Georgia, Dr. Magnani worked for four years at the Arecibo Observatory in Puerto Rico. He has an MS and PhD in astronomy from the University of Maryland and a BA in astrophysics from Columbia University.

## Modifying the Stress Response for a Healthier, Longer Life

Thursday, May 30  
9:00 – 11:00 AM

\$10  
River's Crossing

Wyler Hecht will first examine the basics of the human stress response including the fight or flight pathway, the role of the vagus nerve, and the HPA (hypothalamus, pituitary, adrenal) axis. The class will also explore the implications of prolonged stress on human health and longevity and then discuss various ways to mitigate the stress response.

**Wyler Hecht** received her training and completed both a doctorate degree in naturopathic medicine and a master's level degree in acupuncture at Southwest College of Naturopathic Medicine (SCNM) in Tempe, Arizona. The 1984 UGA graduate practices naturopathic family medicine and traditional Chinese acupuncture at her practice, Oconee Natural Healthcare, in Watkinsville.

## Money and Happiness

Thursday, June 6  
2:30 – 3:45 PM

\$10  
River's Crossing

Can money buy happiness? Turns out, it depends on how you spend it! This class covers the most recent psychological research on how income, wealth, and spending relate to happiness and quality of life. In addition, it provides practical tips to get the most happiness bang for your buck. The course includes lecture, discussion, and activities. A related text, *Happy Money* (Dunn & Norton, 2014, ISDN-13: 978-1451665079) is suggested but not required.

**Matt Goren** is a financial educator and consultant. He's taught personal finance to over 3,500 students at UGA and UC Berkeley. He's helped universities, non-profits, and businesses make better, more affordable products and services for low- and moderate-income families. He is also the host of *Nothing Funny About Money*, a financial education radio show and podcast on NPR.

## More Memories of a Sportscaster

Tuesday, April 30  
10:30 – 11:45 AM

\$10  
River's Crossing

By request, Bill Hartman returns for more stories from behind the scenes of the sports headlines in the Atlanta TV market. Included are the Olympics, Super Bowl, World Series and college sports along with the personalities who played and reported the games. Enjoy a trip back in time with this Emmy Award winner.

**Bill Hartman III** began his sports journalist career as a newspaper stringer and a sportscaster while a journalism major at UGA. He then worked at WAGA TV before serving in the U.S. Air Force. In 1973 he joined UGA's Sports Information, later returning to WAGA, becoming a five-time Emmy Award winner over twenty-two years. In 1995 he moved to WSB TV and retired in 2008. He still covers Georgia High School Football's Game of the Week Friday's for Fox TV.



## Music of the Poetic Singer-Songwriters of the '50s and '60s

Tuesday, May 7  
Noon – 1:30 PM

\$25  
Trumps Catering

In the 1950s and early 1960s, America went from the smooth and sophisticated sounds of Nat King Cole and Frank Sinatra to the more "down-home" sounds of Elvis, the Beatles, and Bob Dylan, among others. In this period, the singer-songwriter became a dominant actor on the musical stage. In addition to describing the factors that brought about such changes in music during this period, Roy Martin will perform a few representative songs of some of the best poets (lyricists) of popular music, including Paul Simon, Leonard Cohen, Kris Kristofferson, Jerry Jeff Walker, and John Prine.

**Roy Martin** has been singing off and on since his first solo performance in Sunday school at age five. His musical directions changed in elementary school toward the violin and remained there through college. He has played in amateur orchestras including the Albuquerque Civic Orchestra and the Athens Symphony. He continued playing and singing as an adult, including with the Athens Choral Society. Recently he has branched out toward singing the American Songbook with a jazz group.

## Music Therapy: Healing in the Key of Life

Friday, May 17  
10:30 – 11:45 AM

\$10  
River's Crossing

Do certain songs bring back memories of past events in your life? Do you have a favorite kind of music that lifts you up when you are down? Since ancient times music has been an essential element of life and health. In the twentieth century this association evolved into the field of music therapy, a treatment approach that is effective in a wide variety of healthcare and educational settings. This class will introduce participants to the profession of music therapy and will explore how it can be used in promoting health, recovery, and wellness for people of all ages.

Since 2003 **Dr. Ellen Ritchey** has been the clinical coordinator for the Music Therapy Program at the University of Georgia. She has practiced music therapy with a variety of clinical populations and has given presentations in the United States and Canada. She is a member of the American Music Therapy Association, is certified by the Certification Board for Music Therapists, and is a Licensed Music Therapist in the state of Georgia.



### Mysteries of Shakespeare Authorship

Thursday, May 23 \$10  
2:00 – 4:00 PM River's Crossing

What do we know for sure about William Shakespeare of Stratford-upon-Avon? Could someone with his limited educational background really have written all those great poems and plays? And if he didn't, who did? This class, by video conference, will discuss some of the main evidence and most recent theories pertaining to the hotly-disputed Shakespeare Authorship controversy.

**Mike Murphy**, an Emeritus Professor of English and Humanities at the University of Wisconsin-Green Bay, was a popular and award-winning teacher during his distinguished thirty-seven-year career there. Since his retirement in 2001 he has taught dozens of classes for the UWGB Lifelong Learning Program on topics including Joyce's Ulysses, medieval folk ballads, Irish history, and the Secret Service.

### Neanderthals to Nations: How Today's World Evolved

Tuesdays, May 7 & 14 \$18  
10:30 – 11:45 AM River's Crossing

John S. Hill will start in the 21st century and then go back in time to determine what key factors shaped today's world. Noting that geography, human culture, and technology are the key influences on human development at different historical times, he will explore the roles of each.

**John S. Hill** taught international business at the University of Alabama for thirty years after getting his PhD at the University of Georgia. He retired from Alabama in 2012, having published widely and traveled extensively.

### Observations of Georgia Politics

Friday, February 22 \$10  
10:30 – 11:45 AM River's Crossing

Politics has proven to be great spectator sport, and Joe Sports has had a ringside seat for decades. He will share lots of rare, historic photos and stories from his newspaper work in Douglas, to Garmisch, Germany as photographer, then to Washington, DC as aide to Congresswoman Iris Blitch, and television in Albany. He then served as executive director of the majority party, administrative assistant to Sen. David Gambrell, and public relations and government affairs consultant with a number of clients. Learn about sixty years of Georgia politics that you won't find in a text book.

A native of Douglas, **Joe Sports** has served as a newspaper photographer, writer and editor, TV news reporter, congressional aide, candidate for Congress, political leader and strategist, and legislative consultant. He has published *Georgia Beat*, a successful people-political newsletter for thirty years. He is a graduate of South Georgia College and was a photographer while serving in the US Army. He was inducted into Georgia's Lobbying Hall of Fame in 2018.

### Oklahoma City Bombing (1995): A First-Hand Account

Wednesday, February 6 \$10  
2:30 – 3:45 PM River's Crossing

9:00 AM on April 19, 1995...with Oklahoma City's annual Mayor's Prayer Breakfast just concluded about thirty minutes earlier, a bomb tore through

the Murrah Federal Building. Charles H. Van Rysselberge was three and a half blocks away when the bomb went off. For the next three years Oklahoma City's response continued on many fronts: victims, businesses, etc. As President and CEO of the OKC Chamber, Van Rysselberge had a unique position of involvement as observer of this terrible tragedy on U.S. soil.

**Charles H. Van Rysselberge**, a Grady College graduate, served as a first lieutenant in the U.S. Army Signal Corps for two years. During his forty-year career in Chamber of Commerce management, he held these positions: CEO in Dalton, GA; CEO in Shreveport, LA; the number two executive in Atlanta, GA (when Olympic bid was won); CEO in Oklahoma City (at the time of the bombing); and CEO in Charleston, SC.

### One Heart, One Way: The Journey of a Princely Art Collection

Wednesday, February 6 \$8  
2:30 – 3:45 PM Off Site

The exhibition will introduce to the public a collection deposited in the vaults of the Georgia Museum of Art as an extended loan and promised gift by Marina Belosselsky-Belozersky Kasarda, including works of both fine and decorative arts dating from ca. 1660 to 1952. These objects were passed from one generation to the next in the same Russian aristocratic family, the Princes Belosselsky-Belozersky who trace their origins to the Viking Prince Rurik of Jutland (reign 862-879), the legendary founder of the medieval state of Kievan Rus. This personal tour is limited to 15 participants.

**Asen Kirin** is a professor of art history at the Lamar Dodd School of Art and Parker Curator of Russian art at the Georgia Museum of Art. He received an MA from Vanderbilt and a PhD from Princeton University. His interest in the changing perceptions of Byzantine art and the different ways in which Europeans and Americans engage the ancient and medieval cultural heritage have led him to initiate and curate exhibitions focusing on the history of art collecting.

### One Writer's Long Journey to Publication

Tuesday, May 28 \$10  
9:00 – 11:45 AM River's Crossing

After recounting his road to becoming a published writer of novels, Michael K. Brown will share what he has learned about writing groups and about creating fiction, including point of view, story elements, and the power of words. Come with questions to discover details of the writing life.

**Michael K. Brown** is the author of three published novels: *Promise of Silver* (2014), *Promise of the Hills* (2015), and *Somewhere a River* (2014). For the latter, he was named the 2015 Georgia Author of the Year in literary fiction by the Georgia Writers Association. A former president of the Atlanta Writers Club, he presently serves on the Board as an officer emeritus.

#### Membership Benefit: Membership in OLLI@

UGA allows you to participate in Shared Interest Groups. See pages 58-59 or visit [olli.uga.edu](http://olli.uga.edu) to see a complete list of SIGs.



## Over Germany: Lt. Col. Vince Masters (385th Bomb Group)

Wednesday, April 10  
1:00 – 2:15 PM

\$10  
River's Crossing

Lt. Col. (Dr.) Vince Masters, long time Athens resident, served as both a B-17 and a P-51 pilot with the 8th Air Force in the European Theatre. Masters participated in some of the most famous missions of World War II, including Regensburg, Schweinfurt, and Berlin. He survived a water ditching, 28 missions with the 385th Bomb Group (B-17), and numerous strikes with the 3rd Scouting Force (P-51) which he helped form and lead. This talk is a tribute to Masters and all the airmen who served and gave their lives during the air war over Europe.

**Bill Cosgrove** graduated from both UGA and Clemson. He worked for the US-EPA for thirty-five years and as an adjunct instructor at UGA in the environmental health science department. His real passion is World War II history, and he has made nine trips to the battlefields in Europe. Cosgrove wrote *Time on Target: the 945th Field Artillery Battalion in World War II*. He works with the Witness to War Foundation interviewing WW II veterans. His website is [www.timeontarget.us](http://www.timeontarget.us).

## Paradise Lost: A Guided Walk-through

Tuesdays & Thursdays, February 14 – 28  
10:30 AM – Noon

\$30  
River's Crossing

Milton's twelve-part epic, *Paradise Lost*, is daunting to the average modern reader. This class is designed to make it less threatening and more accessible. As the instructor leads the class through the poem, the group will read aloud and discuss key passages. There will be four 75-minute meetings with no required homework, though some class members may choose to read between sessions. Any full version of the poem will do, provided the lines are numbered. A good choice would be the *2008 Modern Library Classics edition*, ed. Kerrigan et al. (ISBN-13: 978-0375757969 or ISBN-10: 0375757961).

**Jack Armistead** was Professor of English at the University of Tennessee and liberal arts dean at James Madison and Tennessee Technological universities. He retired as Provost of Tennessee Tech. He is the author of books and articles about English literature 1660-1800, most recently *Otherworldly John Dryden* (Ashgate 2014). For twenty-five years he served as founding editor of the scholarly journal, *Restoration: Studies in English Literature 1660-1700*.

## Petanque: The Greatest Game You Never Heard Of

Tuesday, May 28  
10:00 – 11:45 AM

\$8  
Off site

You're invited to learn about Petanque (pronounced PuhTonk'), an international game from France that involves opposing teams rolling or throwing metal balls at a smaller wooden target-ball. Petanque is related to Italian bocce ball, English lawn bowling, and American bowling. It has an ancient, fascinating history, many mental and physical benefits, and is quick and easy to learn. Petanque is gentle on the body, requiring finesse, cooperative strategizing, and brains rather than brawn. It is a game of concentration, coordination, and camaraderie. Come learn about this little-known, but quintessential, part of French and world culture. Location details will be provided to class participants.

**Ron Wallach**, a retired special education teacher, moved to Athens from California two years ago. He first played Petanque on summer vacations in Provence, France. When Wallach retired, he joined the Lamorinda Petanque

Club in Lafayette, California, where he was coached by French club members who had played Petanque since they were five years old. He leads the OLLI@UGA Petanque SIG, which was instrumental in creating Georgia's first-ever public Petanque courts in Lay Park.

## Philosophy: A Brief Introduction

Mondays & Thursdays, May 13 – 23  
10:30 – 11:45 AM

\$28  
River's Crossing

Each of the class's sessions will explore the major questions introduced in the required text, *What Does It All Mean?* by Thomas Nagel (ISBN 0-19-505216-1). Class participants should read the assignments for each class in advance of the class meeting. Session 1: How do we know anything, and can we know other minds? pp. 3-26. Session 2: What is the relation between consciousness and the brain, and how do words have meaning? pp. 27-46. Session 3: Free will, and right and wrong, pp. 47-75. Session 4: Justice, death, and the meaning of life, pp. 76-101.

**Bob Burton** earned an AB in philosophy from UGA, a MA from Emory, and a PhD from Northwestern. He taught philosophy at Hope College before joining the faculty at UGA where he taught for over forty years and retired as head of department. He enjoys traveling with his wife Mary, playing with their grandchildren, reading, playing classical guitar, and hiking.

## Photobooks: How to Capture Your Memories

Thursday, March 28  
2:00 – 4:00 PM

\$10  
River's Crossing

Have you ever wanted to design a photobook online to preserve memories of trips or important family events, but you have no idea how to create one? In this class Nancy Walton and Julie Cashin-Schneider will walk the class through the steps, sharing hints about shortcuts they have learned through trial and error over the years. They will bring samples of photobooks to class and will also provide detailed handouts to help guide class members through the process of creating their own commemorative photobooks.

**Nancy Walton** moved to Athens with her husband Don in 2013 to be closer to their two children and six grandchildren. She has made more than twenty books to commemorate family events and their travel to all seven continents. **Julie Cashin-Schneider** moved to Athens in 2010 to be near her two youngest grandchildren and their parents. Julie made her first photo/memory book on the computer in 2015 and since then has made seven books commemorating her travels and memories.

## Plant-Based Diet: How & Why to Transition to a Plant Based Lifestyle

Thursday, May 9  
2:30 – 3:45 PM

\$10  
River's Crossing

Andrée Kosak has been on a plant-based diet since August 2016. She will share her experiences and give some helpful hints to become and stay successful in this trend setting and healthy way of life.

**Andrée Kosak** is a long time resident of Athens Georgia and co-owner of Trumps Catering since its inception in 1986. Andrée graduated from Clarke Central High School and attended UGA in the mid-late 1970s. Ms. Kosak is the creative director of Trumps Catering, designing the presentations and menus for over thirty-one years.

## Play Ball! The Relationship of Minor and Major League Teams

Wednesday, May 22  
10:30 – 11:45 AM

\$10  
River's Crossing

Have you ever wondered why there was a baseball team in Gwinnett, so close to the Braves? Have you ever been curious if there were professional sports anywhere near Athens? Have you ever wanted to know more about how minor league sports work or why their fans are so passionate? This course will answer all of those questions and more. In a course primarily focused on the Gwinnett Stripers, the Triple-A Affiliate of the Atlanta Braves, you will learn about what makes minor league teams such an endearing and special part of their organizations, and why they have such dedicated, enthusiastic fan bases.

**Stan Hall**, Executive Director of the Gwinnett Sports Commission and Gwinnett Championship Foundation, is responsible for fostering economic development in Gwinnett County through the coordination and development of the area's sports venues and teams, making the region a leading site for sports events involving youth to professional athletes. Hall, a thirty-three-year veteran of the law enforcement and judicial system, previously served as Director of the Victim Witness Program for the Gwinnett District Attorney's Office.

## Portugal's Founding and Its Role as an International Empire

Wednesday, March 6  
2:30 – 3:45 PM

\$10  
River's Crossing

Gordhan L. Patel will trace the development of Portugal dating from 1415 through the end of its time as an international empire. As a native of one of the African colonies which were part of this international activity, Patel will look at the time of explorations and the colonization of the islands in the Atlantic and along the African coast. He will explore how the Portuguese influence impacts the area even today. The class timeline leads to the independence granted to African colonies in the mid-1970s and to Macau (in the far east) in 2002.

**Gordhan L. Patel** was born to Indian parents in Mozambique, a Portuguese colony in southern Africa. He came to the USA in 1956 to attend college and received his bachelor and doctoral degrees from Washington University, St. Louis, MO. In 1967 Patel joined UGA where he served as faculty, Dean of the Graduate School, and Vice President for Research and Research Foundation until 2005. His research on chromosomal proteins has been published in national and international journals.

## Preparing for an Autonomous Future

Friday, March 15  
9:00 – 10:15 AM

\$10  
River's Crossing

Truly autonomous vehicles—that is, those not requiring drivers—are expected to be freely navigating public roads in Georgia in the next decade. State and local leaders must prepare for this transformative technology which will help bring relief for our traffic-plagued region. What should citizens be aware of as drivers share the road with autonomous vehicles? What policies should state leaders advocate to pave the way for this advancement? Learn all about it from a global specialist on the subject.

**Eric Tanenblatt** is the Global Chair of Public Policy and Regulation of Dentons law firm, where he leads the firm's U.S. Public Policy Practice. He has served in the administrations of the three U.S. presidents and as a senior advisor

to a U.S. senator and governor, and held a U.S. Senate-confirmable post governing a federal agency. Tanenblatt is a graduate of Emory University and also studied at Georgetown University. He is active in many community and service organizations.

## Pruning 101

Monday, February 4  
10:30 – 11:45 AM

\$10  
River's Crossing

We all want beautiful landscaping, but sometimes we don't know where to begin. This class will give you the principles and techniques to achieve the look you want whether you do the work yourself or have a landscaping crew. We will cover how to revive overgrown or leggy ornamentals; the proper procedure for removing limbs from trees; the do's and don'ts of evergreens; trimming of trees with a weeping form, such as a Weeping Cherry; and the time of year to prune, depending on the plant. Note: this class will not cover fruit trees.

Originally from Davenport, Iowa, **Bonnie Jo Chastain** has lived in Athens for forty-five years. She completed the UGA Extension Athens Area Master Gardener Program in 2013. As a Master Gardener Extension Volunteer, she specializes in giving presentations to civic groups and organizations to improve participants' skills in gardening.

## Psychological Well-Being in Retirement

Wednesday, April 3  
10:30 – 11:45 AM

\$10  
River's Crossing

Transitioning into retirement can be a challenging time, whether you're single or part of a couple. You can approach it by design or default. It's not unusual for people to experience an initial honeymoon, and then feel that something is missing. In this presentation Dorian Mintzer will share case studies focusing on some of the issues faced by couples and individual men and women. She will then discuss some strategies to help foster psychological well-being in retirement and avoid spiraling down into some of the darker sides of retirement which could lead to depression, isolation, and/or drug or alcohol abuse.

**Dorian Mintzer, MSW, PhD, BCC**, is a coach, therapist, teacher, and writer with almost fifty years of clinical experience. She weaves adult development, holistic life planning, and positive psychology into programs that tap and shape clients' energies into roadmaps for wiser, more enhanced living.

*The UGA Speech and Hearing Clinic has provided services to the Athens community for more than 60 years!*



### Our Services

- Hearing evaluations (infants to adults)
- Hearing aid dispensing and repairs
- Speech, language, voice/resonance, and fluency disorders
- Speech and hearing screenings

Call us at **706.542.4598** to learn more!

 College of Education  
Speech and Hearing Clinic  
UNIVERSITY OF GEORGIA

**The UGA Speech and Hearing Clinic**  
Department of Communication Sciences  
and Special Education



## Pushing Back Against Ageism

Thursday, February 7  
10:30 – 11:45 AM

\$10  
River's Crossing

We may think we know what lies ahead: a grim slide into depression, dementia, and dependence. But that's just the party line, and author and activist Ashton Applewhite debunks it in spades. Her talk dispels myth after myth about late life, exposes the ageism that underlies all the hand-wringing, and proposes an alternative to worrying about getting old: wake up to the ageist messages that frame two-thirds of our lives, and decline, cheer up, and push back. The presenter will join the class remotely via video conference.

**Ashton Applewhite** is the author of *This Chair Rocks: A Manifesto Against Ageism*. An internationally recognized expert on ageism, she speaks widely at venues that have included the TED main stage and the United Nations, has written for *Harper's*, *Playboy*, and the *New York Times*, and is the voice of *Yo, Is This Ageist?* Ashton is a leading spokesperson for the emerging movement to mobilize against discrimination on the basis of age.

## Russia: St. Petersburg and a Love for Robert Burns

Thursday, February 14  
1:00 – 2:15 PM

\$10  
River's Crossing

Russia is a fascinating country with a rich tradition in literature and music that continues to move us deeply. St. Petersburg was created from nothing by Peter the Great on the Baltic Sea. Ian Hardin will do a quick examination of the history of Russia and St. Petersburg. But this will also be about a personal visit with Hardin's Scottish cousins in February 2018. That visit culminated in a Robert Burns Dinner attended by two Americans, twenty Scots and 120 Russians. Come hear about St. Petersburg's iconic sites and learn why Robert Burns is loved in Russia.

**Ian Hardin** has had an abiding interest in Russia and its culture since his first quarter as a freshman at Auburn, where the first book he read in the literature class was *Crime and Punishment*. Short stories by Gogol and Fathers and Sons followed. That reading initiated his intense interest in Russian literature and music, as well as in the country's turbulent history. Over the years he has read almost all of Tolstoy, Dostoevsky, Pasternak, Solzhenitsyn, and Chekov.

## SAMERA Sees Subsurface

Thursday, April 11  
Noon – 1:00 PM

\$10  
River's Crossing

Cameras stop at dirt level and cannot see below the surface. For that, you need a SAMERA, a new camera system that can see deep below the surface. In this **brown bag lunch program** learn how SAMERA will transform many subsurface survey and monitoring applications. It will be useful in applications like homeland security, earthquake and volcano monitoring, and fossil fuel exploration. A SAMERA is a geophysical sensor network that reads signals underground to display 3D subsurface images. It is like a video X-Ray of the ground beneath our feet. Join this class to hear Dr. Song describe this new technology and hear how it will benefit underground exploration.

**Dr. WenZhan Song** is the Georgia Power Mickey A. Brown Professor of Computer Engineering and Director of the Center for Cyber-Physical Systems at UGA. His research focuses on big data and security in cyber-physical systems. He has been leading large multidisciplinary research projects on

those issues with multi-million dollar grant support from NSF, NASA, USGS, and industry. He holds degrees from Nanjing University of Science and Technology and the Illinois Institute of Technology.

## Skin Care for Ages 50+

Wednesday, February 13  
3:00 – 5:00 PM

\$8  
Off Site

The Esthetic instructors of Athens Technical College will explain the importance of skin care for clients aged fifty years and older. All participants will receive a PEAR 3D consultation and a certificate for a European facial. In addition to receiving detailed information, the class will see a live demonstration of Microdermabrasion and Oxygen Therapy. A tour of the department and refreshments will follow. All participants will be able to place their names in a drawing for a free Microdermabrasion service. Location details will be provided to class participants.

**Teresa Bowles** earned her Cosmetology diploma at Athens Technical College and a BS in Education from the University of Georgia. Now the Cosmetology Program Chair at ATC, Bowles joined the college faculty in 2006. With over 30 years' experience in the industry, she has taught as an adjunct at the college. She will be joined by another of ATC's Esthetic instructors for the OLLI@UGA class.

## Small Honeybee Hives for Urban Gardens

Tuesday, February 5  
Noon – 1:00 PM

\$10  
River's Crossing

HELP SAVE THE BEES! In this **brown bag lunch program**, learn how to set up a small honeybee hive in your vegetable or flower garden. Help honeybee pollinators survive by raising your own. Perhaps you will even get a small amount of personalized honey.

**Fred Smith** is a veterinarian. He taught at the University of Georgia College of Veterinary Medicine for thirty-two years and retired in 1999. His hobbies are watercolor and pastel painting (five years) and beekeeping (two years).

## Spanish Flu Pandemic of 1918-19: Can We Prevent Another One?

Monday, April 29  
9:00 – 10:15 AM

\$10  
River's Crossing

The so-called Spanish Flu pandemic that raged throughout 1918 and 1919 may have been the most disastrous example of disease in history. The total number of dead, at least 50 million, exceeded anything produced by the black plague or smallpox. This presentation covers some basic virology, where the flu began, how it spread, and why it was such an effective killer. Flynn Warren will contrast early ideas (before 1918) for treatment of influenza and modern-day therapies and will also discuss hope for future vaccines and treatments.

**Flynn Warren** is a native of North Carolina. He attended Belmont Abbey College, and received a BS in pharmacy from the University of South Carolina and an MS in hospital pharmacy from the University of Georgia. Flynn joined the UGA pharmacy faculty in 1967. In 1977 he became Head of Pharmacy Services at the King Faisal Specialist Hospital in Saudi Arabia. Flynn rejoined the UGA pharmacy faculty in 1985 and retired in 2007.

## Spanish: Beyond the Basics

Mondays & Thursdays, March 4 – April 25  
9:00 – 10:30 AM

\$54  
River's Crossing

This non-academic course is a continuation of the Spanish II class. It assumes basic prior knowledge of Spanish. We will work on communicative situations such as talking about professions, routines, describing people and places, talking to the doctor, discussing plans, etc. These situations may involve studying some grammar, including the conjugation of regular and irregular verbs in different verbal tenses. No book will be required, the presenter will provide study materials.

Graduating in International Studies and focused on Public Administration, **Bianca Gonzalez** has mainly worked in policy and planning analysis in her home country, Venezuela. She was the instructor of the Community Spanish class at OLLI@UGA during the Fall 2017 term.

## Sport of Kings: Behind the Scenes at Triple Crown Races

Wednesday, April 24  
10:30 – 11:45 AM

\$10  
River's Crossing

Wayne Crowell will present a brief history of Thoroughbred horses and horse racing with an emphasis on the Triple Crown (Kentucky Derby, Preakness and Belmont Stakes) and the basic requirements for racing. Video of outstanding races will be included. There will also be a behind-the-scenes look at Thoroughbred farms, race preparation, jockey requirements, and racing regulations.

**Wayne Crowell** was born and raised on a farm in Colorado. He always had an interest in animals, especially horses. He was an amateur jockey at county fairs in Colorado, Nebraska, Wyoming, Kansas, and Oklahoma during his teenage years. He graduated from Colorado State University as a veterinarian and worked in private practice, the U.S. Army Veterinary Corps, industrial research, and education. He retired from the UGA College of Veterinary Medicine.

## Steinway: The Grand Piano of the UGA School of Music

Tuesdays, May 7 & 14  
4:45 – 6:00 PM

\$14  
Off Site

With over 100 Steinways and a distinguished faculty, UGA's piano department offers young, talented, aspiring, musicians from everywhere a nearly unrivaled facility equipped with not only the best practice and performance venues served with the latest technology but also the iconic Steinway – more than 100 of them. The two-session course will include traditional classroom-type learning about the piano school programs, the facilities and the classic Steinway instrument. With this background, session two will involve touring some of the facilities including a close-up look at the Steinway's maintenance, tuning and care. Finally, you will be treated to a piano performance recognizing the students' many, many hours of practice and their teachers' coaching and encouragement.

**Pete Jutras, PhD, NCTM**, is a professor of piano and the piano pedagogy specialist at the Hugh Hodgson School of Music, where he also serves as Associate Director for Research and Graduate Studies. A recipient of UGA's Richard B. Russell Award for Excellence in Undergraduate Teaching, he has taught on five continents. He recently established a distance-teaching project that connects UGA with Moi Girls School in Eldoret, Kenya. **Scott Higgins**

started his career in piano technology at age fourteen working on pianos with his father in Saginaw, MI. A graduate of the New England Conservatory Piano Technology class of 1981, he is Lead Piano Technician for the Hugh Hodgson School of Music. Since 1981 he has served as piano technician for Boston Symphony Hall, Portland ME Symphony Orchestra, Interlochen Summer Arts Camp, Eugene Symphony Orchestra, and more.

## Still More Plant Stories: Delightful, Delicious, and Deadly

Monday, June 10  
9:00 – 10:15 AM

\$10  
River's Crossing

Plants have histories that interact with people. These plants include those we enjoy viewing in our yard, those we enjoy eating, and those that, well, kill us. This is the third in a series (non-connected, so anyone can participate) where we share stories of the origins of our food plants, the way they have interacted in sometimes bizarre ways in history, and how in strange and unusual ways they have affected all of us.

**David Knauff** is a professor of horticulture at UGA. He has served as Associate Dean of the Graduate School and Associate Dean for Academic Affairs at UGA. Previously he served as department head for the Crop Science Department at North Carolina State University. He began his academic career at the University of Florida where he taught a number of genetics-related courses and conducted research on peanut breeding and genetics.

## Story Telling Through Art

Thursday, May 2  
1:00 – 2:15 PM

\$10  
River's Crossing

Participants will explore narrative capabilities as told through visual arts. Amy Watts will lead the class through a discussion of the role that storytelling—from history, to her family tree, to beloved tales—can play in inspiring participants to enjoy art and history from a new and different perspective.

**Amy Watts** is a graduate of the Atlanta College of Art. She has work in the permanent collection of the Booth Western Art Museum in Cartersville, Georgia. Amy participated for three years in Cowgirl Up, which is an invitational show for the top 50 western female artists in the country. Locally, she has had a one woman show called Cowgirl Heaven at the Booth Museum and at OCAF in Watkinsville and been in a juried show at the Lyndon House. Her work can be seen at the Myers Gallery at Athens Academy through October.



Home Instead  
SENIOR CARE®

*To us, it's personal.*

*Serving older adults and their families in Athens since 1999*

1551 Jennings Mill Road, Suite 2200A  
Watkinsville, Georgia 30677  
706-613-2224 - [www.homeinstead.com/245](http://www.homeinstead.com/245)

## Structure of American Healthcare

Friday, April 12 \$10  
2:30 – 3:45 PM River's Crossing

Fazal Khan will examine how healthcare is delivered in the United States and how it compares internationally on the parameters of access, cost, and quality. There is no required preparation, but reading the book *The Healing of America* by T.R. Reid or watching the PBS Frontline documentary *Sick Around the World* is recommended.

**Dr. Fazal Khan** joined Georgia Law in the fall of 2006. Specializing in health law, Khan teaches health law & policy, bioethics, public health law, and international products liability. His current research focuses on reform of the American health care system, the effect of globalization on health care, and the challenge of regulating emerging biotechnologies. He earned degrees from the University of Chicago and the Medical Scholars Program at the University of Illinois at Urbana-Champaign.

## Tai Chi Easy

Wednesdays & Fridays, April 3 – 26 \$60  
10:00 – 11:00 AM Off Site

Tai Chi is an ancient Chinese tradition that involves gestures that are performed in a slow and deliberate manner. Tai Chi Easy consists of movement, self-applied massage, intentional breathing, and meditation/relaxation. It is suitable for all age and fitness levels. According to the Mayo Clinic, benefits include stress reduction, increased flexibility and balance, and better sleep patterns. Regular practice has been shown to strengthen the immune system and reduce falls (and fear of falling) among older adults. Tai Chi Easy was formulated by Roger Jahnke, OMD, and is derived from the traditional 108 moves. Location details will be provided to class participants in advance of the initial class date.

**Tom Wittenberg** earned an AB from Dartmouth and a MA from the University of Minnesota. His careers have been in book publishing, recruiting for the Athens Area Chamber of Commerce, and Tai Chi training. He studied Tai Chi with Roger Jahnke, OMD, Institute of Integral Tai Chi and Qigong in Santa Barbara, California.

## Tai Chi Yang Style 9

Mondays & Wednesdays, May 6 – 22 \$45  
10:30 – 11:45 AM Off Site

Tai Chi is a great practice that can help with balance, strength, and well-being. This class will cover the traditional Yang style nine-movement form. This is a great form for beginners that covers many of the basic fundamentals of Tai Chi. Class will begin with a warm up of Taijifit Flow moves developed by Tai Chi Master David-Dorian Ross, these are traditional Tai Chi and Qigong moves done in a follow along form set to music. After that we will break down the 9-form and talk about some of the principles of Tai Chi. Please wear comfortable clothes that you can move in.

**Jackie Pierson** studies Tai Chi with Tai Chi Master David-Dorian Ross, founder of Taijifit International, and has completed Taijifit levels 1 and 2. She also studies with local teachers and attends training workshops. She currently leads classes in Taijifit Flow in the Athens area.

## Tales from the Garden: A Magical Journey with a Storyteller

Tuesday, February 19 \$10  
Noon – 1:00 PM River's Crossing

Come on a magical **brown bag lunch** journey through your garden through the eyes of Dr. A. Where did 'Annabelle' hydrangea come from? Who in the

world is 'Nellie Stevens'? Is there really such a thing as Jack's Beanstalk, and why is the poppy the flower of remembrance? Why do we call a tree a dogwood when it has nothing to do with dogs? I keep eating carrots but my eyesight never improves, why is that? Tales from the garden that your mother never told you.

**Dr. Allan Armitage** is highly sought as a teacher and lecturer and is renowned for his enthusiasm about ornamental plants. He has written thirteen books, he lectures throughout the world, and has recently developed his own App for smart phones and tablets. He also owns a travel company, Garden Vistas, and has been taking gardeners to the Great Gardens of the World every year for over twenty years.

## TED Talks: Ideas and Lessons Worth Spreading and Sharing – Pt. 1

Wednesdays, February 13 – March 6 \$28  
10:30 – 11:45 AM River's Crossing

Do you wish to change the world? Do you have ideas worth spreading and sharing? Do you want to plan the future? TED (Technology, Entertainment, Design) presents new, revolutionary, thought-provoking, and creative ideas through talks on scientific, cultural, and human behavior topics. Each week, a different presenter will share a favorite TED Talk and lead a discussion of the topic.

OLLI@UGA member **Don Barfield**, retired with a background in Law Enforcement, Corporate Management & Behavioral Health and additional OLLI@UGA members will assist in facilitating other topics.

## TED Talks: Ideas and Lessons Worth Spreading and Sharing – Pt. 2

Tuesdays, March 19 – April 9 \$28  
10:30 – 11:45 AM River's Crossing

Do you wish to change the world? Do you have ideas worth spreading and sharing? Do you want to plan the future? TED (Technology, Entertainment, Design) presents new, revolutionary, thought-provoking, and creative ideas through talks on scientific, cultural, and human behavior topics. Each week, a different presenter will share a favorite TED Talk and lead a discussion of the topic.

Specific topics will be led by OLLI@UGA members: **Andy Horne**, Dean Emeritus and Distinguished Research Professor, UGA College of Education; **Kathy Mason**, retired from human resources and aging services fields; **Peter Balsamo**, retired from the continuing higher education field; and **Kate Blane**, retired computer specialist.



## The Kinda Tiny Home: Athens Habitat Fulfills Affordable Housing Needs

Tuesday, April 9 \$25  
Noon – 1:30 PM Trumps Catering

Athens Area Habitat for Humanity serves the community in several ways. With a high poverty rate and artificial pressure placed on the housing markets by students, Athens struggles to be an affordable place to live. This issue not only affects lower wage earners but also retirees who wish to age in place. Opportunities for policies and services sow an environment for creative solutions to housing. The AAHFH Kinda Tiny House project is just that. Combining volunteer labor with environmental design, AAHFH is leading the way offering new approaches to housing and the cost of home ownership.

**Spencer Frye** came to Athens in 1986 as a UGA student and in 1988 moved to Haiti. He has owned an export company and is the founder of an

environmental company which he sold to his partners, having plans to work at Habitat for Humanity for one year. That was 1999. He was appointed to his current Habitat position, Executive Director, in 2006. In 2013 Frye was elected to the Georgia State Legislature, a seat he still holds today.

### The American Field Service (AFS) in World War Two

Wednesday, April 10 \$10  
10:30 – 11:45 AM River's Crossing

Bill Cosgrove presents a remembrance of his father and the other AFS Volunteers who served as Ambulance Drivers with the American Field Service (AFS) in WW II. All of the AFS men served in the British Army in places such as North Africa, Italy, and India. Cosgrove's father turned twenty on his way to India to serve with General William Slim's British 14th Army. His story includes the harrowing retreat from Tamu, Burma, in the face of the Imperial Japanese Army's last offensive of WW II during the spring of 1944, and the British Army's most famous battle—the Siege of Imphal.

**Bill Cosgrove** graduated from both UGA and Clemson. He worked for the US-EPA for thirty-five years and as an adjunct instructor at UGA in the environmental health science department. His real passion is World War II history, and he has made nine trips to the battlefields in Europe. Cosgrove wrote *Time on Target: the 945th Field Artillery Battalion in World War II*. He works with the Witness to War Foundation interviewing WW II veterans. His website is [www.timeontarget.us](http://www.timeontarget.us).

### The Art of Spoken Word

Monday, February 11 \$10  
10:30 – 11:45 AM River's Crossing

Everyone has a story or poem buried within themselves. The class will learn how to find and compile their own poetry into spoken word. Drawing from his books *Tree of Life: The Human Ascension* and *Hidden Ripples: Life's Unspoken Language*, "Life" LaRoche will give the class a taste of spoken word.

**Lemuel "Life" LaRoche** is internationally renowned for his spoken word and poetry. He performs for audiences across the world and locally uses his spoken word as a tool for empowerment, reconditioning, and community outreach. He engages in creative expression workshops at local high schools and middle schools. He is the author of two books, *Tree of Life: The Human Ascension* and *Hidden Ripples: Life's Unspoken Language*. LaRoche teaches at the University of Georgia.

### The Twelve Steps as a Way of Life

Friday, May 3 \$10  
9:00 – 11:45 AM River's Crossing

The Twelve Steps, first published by Alcoholics Anonymous in 1939, have become the basis for many programs designed to aid human suffering from numerous types of addiction, ranging from drugs and alcohol to gambling, sex addiction, eating disorders, habitual debt, and co-dependency on others. AA's Twelve Steps are a group of principles, spiritual in nature which, if practiced as a way of life, can enable the sufferer to become happily and usefully whole. This class will focus on the history of the Twelve Steps and how they can be applied in one's life, including a description of each Step and what it accomplishes.

**James C. Turner** earned a BS in plant pathology in 1980 and a master of plant protection and pest management in 1989, both at UGA. An Athens resident since 1996, he worked in corporate America before starting an agricultural research business in 1996 which he ran for twenty years. He is currently employed at a local drug and alcohol treatment center as the

Aftercare Coordinator. He has been an active member of the Athens Recovery Community since 2007.



### Tobacco in America: A Burning Issue

Tuesday, March 26 \$25  
Noon – 1:30 PM Trumps Catering

According to the CDC, each day more than 3,200 people younger than eighteen smoke their first cigarette and an estimated 2,100 young adults become daily cigarette smokers. In addition, smoking-related illness in the United States costs more than \$300 billion each year, including nearly \$170 billion for direct medical care for adults. Despite these costs, local, state and federal governments have done little to limit sales of tobacco and vaping products to young consumers. The idea of a Tobacco-Free Generation could forever break this addiction to one of the most destructive products ever created by humanity.

**Mark Farmer** is a professor of cellular biology at UGA. While serving as a program officer for the National Science Foundation in Washington, DC, he became keenly interested in how science is communicated to the public and to legislatures in particular. He is a blogger for *Scientific American* and a contributor to the *Athens Banner Herald* where he writes about current scientific issues of importance to society. Farmer has served three terms on the Winterville City Council.

### Tri-State Water Wars: Their Source & Their Future

Monday, February 4 \$10  
1:00 – 2:15 PM River's Crossing

Gil Rogers will focus on the decades-long conflict between Georgia, Alabama, and Florida over the waters of the Apalachicola-Chattahoochee-Flint River basin. We will discuss the history of the conflict, including litigation culminating in June's Supreme Court ruling and where things go from here. We will also touch on related water issues such as flow standards, water supply reservoirs, inter-basin transfers, and water conservation efforts.

**Gil Rogers** is the director of the Georgia and Alabama offices of the Southern Environmental Law Center. SELC is a nonprofit law firm whose mission is to protect the natural resources and special places in the Southeast. Rogers grew up in Birmingham, Alabama, and attended Princeton University and Harvard Law School. He has worked at SELC since 2002 with a primary focus on water quality and water management challenges in Georgia and Alabama.



**Cell:** (706) 461-7253  
**Office:** (706) 549-3200  
**Home:** (706) 769-2266  
**Email:** [cindy@cindykarp.com](mailto:cindy@cindykarp.com)  
**Web:** [www.cindykarp.com](http://www.cindykarp.com)



*Cindy Karp*  
Broker, GRI, ABR, WCR  
License # 145129

Circle of Distinction  
Life member of the Million Dollar Club

Proud sponsor of OLLI@UGA



A Proud Sponsor of



OLLI  
UNIVERSITY OF GEORGIA



## U.S. Health Care Reform: Where Will We Go after the Elections?

Monday, April 8 \$10  
1:00 – 2:15 PM River's Crossing

Dr. Schuster will briefly review the U.S. health care system, its origins and its current status. The class will then participate in an interactive process to develop potential new directions for dealing with the U.S. health system crisis/mess by creating models of health care systems from a politically liberal (left), conservative (right), and middle of the road perspective. The class will conclude with a discussion of the recent national election results to anticipate the more likely direction for reforming the health care system.

**Richard Schuster** received his BA (Penn), his MD (University of Rochester), and an MMM (Tulane). Boarded in Internal Medicine, he practiced clinical medicine for fifteen years, became the Director of Primary Care Education at Kettering Medical Center, then Boonshoft Chair of Health Systems Management at Wright State, then Director of the Center for Global Health at UGA (2009-2016), and is now a professor of global health at the University of Haifa in Israel.

## UGA Historic North Campus: Walking Tour

Thursday, May 16 \$8  
2:00 – 4:00 PM Off Site

UGA's iconic North Campus features buildings and spaces—many more than a century old—that are architecturally diverse, aesthetically charming, and rich in history, lore, and legend. Get a close-up look at these landmarks on a walking tour starting at the Arch and covering much of the North Campus area. Visit the oldest building in Athens...the beautiful UGA Chapel...the site of the first murder on campus...the charming Founders Memorial Garden...and the field where the first college football game in Georgia was played. See first-hand why UGA is one of America's classic college campuses.

After receiving a journalism degree from UGA in 1965, **Larry Dendy** served in the Peace Corps in India and was a newspaper reporter in Winston-Salem, NC, and Tifton, GA. In 1972 he joined the UGA Office of Public Affairs where he worked for thirty-seven years as a writer, editor, News Service director, speechwriter and special projects manager. After retiring in 2009, he wrote *Through the Arch: An Illustrated Guide to the University of Georgia Campus*.

## UGA Main Library: Tour and Introduction

Wednesday, March 13 \$8  
10:30 – 11:45 AM Off site

Emily Luken will begin the tour of the UGA main library in the first floor Instructional lab for an orientation which will include information and use of the online catalog and other resources available to OLLI@UGA members. After the orientation members can obtain their UGA Library card and begin using the library. Location details will be provided to class participants in advance of the class date.

**Emily Luken** has been a librarian at UGA since 2004 and is currently the bibliographer for art, classics, philosophy and religion. She has a BA in religion from Sewanee (University of the South) and a MLIS from the University of South Carolina. In her spare time, she enjoys gardening, knitting, experimenting in the kitchen, backpacking, and spending time with her husband and three children.

## UGA Observatory: View the Night Skies

Thursday, April 11 \$8  
9:00 – 10:00 PM Off Site

Join Scott Shaw to observe the moon and Mars during an evening visit to the Physics Building at 1003 Cedar Street. On the day of the class, Shaw will

contact participants if the observation must be canceled due to clouds. Space is strictly limited to twenty participants.

**Scott Shaw** is Josiah Meigs Professor, Emeritus at the University of Georgia. His PhD is from the University of Pennsylvania where he began his career in stellar astronomy, specializing in binary stars. He continues to teach an astronomy seminar at UGA.

## UGA Ramsey Center: Tour & Introduction

Monday, March 11 \$8  
10:30 – 11:45 AM Off Site

OLLI@UGA members can now join UGA's Ramsey Center for Physical Activities through an affiliate membership agreement. This semester enjoy an up-close tour designed specifically for OLLI@UGA. Known simply as Ramsey, the facility is one of the largest student athletic recreation facilities in the United States. The eight-acre center has three gyms, three pools (one Olympic-sized, a 17-foot diving well, and a lap pool), an 1/8 mile indoor suspended rubberized track, a four-foot-high climbing wall, a fourteen-foot outdoor bouldering wall, ten racquetball courts, two squash courts, bicycle repair stands, eight full-length basketball courts, and 19,000 square feet of weight-training space. Location details will be provided to class participants in advance of the tour date.

**Donna Dolittle** is the associate accountant for UGA's department of recreational sports which manages the Ramsey Center facility. She has worked for the University with recreational sports for twenty years. With a passion for people and customer satisfaction, Dolittle works diligently to ensure Ramsey patrons are able to gain access to the facility and are comfortable in the Ramsey environment.

## UGA Veterinary Teaching Hospital Tour

Tuesday, May 14 \$8  
10:30 – 11:45 AM Off Site

Come receive a behind-the-scenes tour of the UGA College of Veterinary Medicine's new Veterinary Teaching Hospital. This state-of-the-art facility opened in March 2015 and allows the Hospital to better meet its current patient care demands while ensuring a bright future for both the CVM and the veterinary profession.

**Cindy Rice** is the Hospital Communications Director at the UGA College of Veterinary Medicine where she oversees the marketing and promotion of the hospital to clients, alumni, referring veterinarians, and the public. She joined the CVM in 2014 after serving for nearly seven years in the public relations office at the UGA School of Law.

## UGA's Congress Project: Why Is Congress So Polarized?

Friday, May 31 \$10  
10:30 – 11:45 AM River's Crossing

Dig into UGA's Congress Project which exposes UGA students to data collection and political research on Congressional politics. Professors Madonna and Lynch will also explain their broader research examining Congressional votes including amendments from 1877-2017 that demonstrate fairly convincingly that today's two political parties are more polarized than they have been since before the Civil War.

**Dr. Michael Lynch** is an associate professor of political science at UGA's School of Public and International Affairs. He holds degrees from Baker University and Washington University and is a National Science Foundation research grant recipient. He teaches undergraduate courses on a variety of American politics topics and teaches graduate courses on legislative politics and quantitative methods. **Dr. Anthony Madonna** is an associate professor of

political science at UGA's SPIA. Dr. Madonna has degrees from Washington University and Michigan State and was a Congressional Fellow. His research interests include American political institutions and development with an emphasis on U.S. Congressional politics and procedures. Together Lynch and Madonna direct UGA's Congress Project.

---

## Under the Big Top and Traveling Tent Shows

Monday, March 11 \$8  
2:30 – 3:45 PM Off Site

Take a tour of Under the Big Top: The American Circus and Traveling Tent Shows. The exhibit looks at circuses, vaudeville troupes, and other traveling tent shows in their heyday, from the 1820s to 1930s. It examines the technology that made the shows possible and the cultural/economic factors that made them popular. Original posters, flyers, and advertisements highlight the circus as a pioneer of mass marketing techniques and demonstrate the ways in which this live entertainment shaped understandings of race, gender, popular science, and concepts about animal rights. Original artifacts, photographs, and other ephemera invite visitors to inhabit this lost world of entertainment.

**Jan Hebbard** is the exhibition coordinator at UGA's Hargrett Rare Book and Manuscript Library, overseeing content on display in the Hargrett Library and Media Archives galleries at the Special Collections Building. A Certified Archivist, Hebbard obtained a BA in history from Clemson University and an MA in public history from the University of South Carolina. She is a former trustee and a former president of the Athens-Clarke Heritage Foundation.

---

## Understanding and Caring for the Aging Brain

Tuesday, June 4 \$10  
10:30 – 11:45 AM River's Crossing

As we get older and our physical bodies start to decline, our brains become more important to us. However, keeping our brains healthy requires more than just a good diet and exercise. Cognitive decline begins around the age of thirty so it is everyone's challenge to understand how their brain functions, the importance of healthy neurogenesis and neuroplasticity, and how to care for and feed our brains. Brain health is a choice. All of this will be discussed in a manner that you don't have to be a neuroscientist to figure out.

**Dudley Tower, PhD**, has been teaching successful aging, psychology, and personal growth courses at OLLI's Furman University campus since 2004. He has been teaching the Dynamic Aging Program (DAP) for the past five years and is founder of the Dynamic Aging Institute. Christine Tower, MBA, will assist with this course.

---

## Universal Health Care Systems around the World

Thursday, April 25 \$10  
10:30 – 11:45 AM River's Crossing

Health care is in the spotlight whether it is Obamacare or Medicare for all. Other countries have universal health care, and there should be a lot we could learn from their experience. This class will compare the various universal health care systems that are operating in other countries: how they are administered, used, paid for, and more.

**Vincent Pohl** is an assistant professor in economics in the Terry College of Business at UGA. He holds a PhD from Yale University and his research interests are in health and labor economics.

## Using Humor to Bounce Back from Dashed Hopes & Broken Dreams

Friday, April 12 \$10  
2:30 – 3:45 PM River's Crossing

Resilience is the key to surviving and thriving in life. Following her "decade of shock and awfulness" which included death, divorce, and destitution (and that was just for starters!), Lee Gaitan learned firsthand how powerful a tool humor is in learning to bounce back. At some point all of us will face struggles, whether grand or mundane. If we can find a way to, if not outright laugh, at least sneak in a smile in the midst of our worst times, we may gain just the momentum we need to not only bounce back, but to keep on bouncing.

**Lee Gaitan** is an award-winning author of two books, including the Amazon #1 Bestseller *My Pineapples Went to Houston-Finding the Humor in My Dashed Hopes, Broken Dreams and Plans Gone Outrageously Awry*. She has also written chapters in the bestselling books *The Divinity of Dogs*, *Feisty After 45*, *Angel Bumps*, and *These Summer Months*. Her work has been featured on *The Huffington Post*, *Erma Bombeck Humor Writers' Workshop*, *Mothers Always Write*, and *Bella Grace*.

---

## Using Your Brain to Find Your Way around Athens with No GPS

Tuesday, February 5 \$10  
9:00 – 11:45 AM River's Crossing

Your GPS is preventing you from using parts of your brain. Learn which parts and how to keep them stimulated getting around Athens and environs. Students will orient themselves to the twisty road system and all the highway signs; understand the inner and outer loop, especially exit 10 in NE Athens; recognize the Downtown Athens Grid; figure out the UGA road system and find points of interest; and locate route signs to nearby towns. The goal is to ease your frustration and to use both your brain and sometimes your GPS to get to your destination. Included: a voluntary quiz to earn a Certificate of Orientation.

**Scott Mason** has been finding his way since he was a four-year-old and needed to assure his mom he could get twelve blocks to and from school. After living in Athens for five years, Scott finally sat down with maps for two days so he could understand Clark County's twisty road system. His insights can help you get by without spending a half hour by the side of the road trying to program your GPS.

---

## Vietnam: An Advisor's Experience

Friday, May 31 \$10  
1:00 – 2:15 PM River's Crossing

The advisor's experience in Vietnam was different from the usual American combat experience. Advisors lived and interacted with the Vietnamese every day, usually in small teams. With no command authority, they served as the middleman on operations between the Vietnamese commander and U.S. combat support, such as artillery, helicopter lifts and gunships, tactical air support, and medivac. When not on operations, they visited American units to scrounge supplies not supplied through normal U.S. channels. John Dowd will describe experiences with one of the elite Vietnamese units, the Biet Dong Quan (Vietnamese Rangers).

**John Dowd** served in the US Army from 1968-1972. After Infantry Officer Candidate School, Ranger School, and Airborne School, he served as a platoon leader in the 82nd Airborne. Prior to Vietnam, he attended a course for advisors, then served as the Assistant Senior Advisor to the 52nd Vietnamese Ranger Battalion. He is a hydrologist, retired from the geology department.



## Voices in Opposition: The New Women's Movement

Thursday, March 21  
1:00 – 2:15 PM

\$8  
Off Site

The 2016 election and resulting policy moves have drawn the attention of female voters who have mobilized in protest. Belinda Southard will provide an overview of the recent activism, and curators at Hargrett Library will conduct a tour of an exhibit documenting the Women's Marches of 2017-2018. The display, which is open through April 2019, uses recently obtained items including protest posters, ephemera, and photographs documenting the marches, as well as publications reporting on each event and its worldwide impact.

**Dr. Belinda Stillion Southard** joined the UGA department of communications faculty in 2011 to teach and research in the area of rhetorical criticism, public address, and women's rights rhetoric. She currently serves as the department's Graduate Coordinator. She obtained a PhD in communications and Women's Certificate from the University of Maryland.

## Volunteering with Senior Corps Programs

Tuesday, February 12  
9:00 – 10:15 AM

\$10  
River's Crossing

Looking for a volunteer opportunity to help other aging community members? Come for an overview of the benefits of volunteering with the Senior Corps programs that are offered by the Athens Community Council on Aging. Senior Corps has three volunteer programs: Foster Grandparents, Senior Companions, and Retired Senior Volunteer Program (RSVP). Jen Welborn and Tegan Hurley will describe these programs and explain how you can get involved, and how Senior Corps volunteering benefits you and the community.

**Jen Welborn** began working at ACCA in July 2018 as the volunteer coordinator and RSVP director. She has twelve years of nonprofit experience. Originally from North Carolina, she graduated from Elon University with a BA in human services. **Tegan Hurley** began working at ACCA in October 2017 as the Senior Corps program director. She has over six years of nonprofit experience. A Georgia native, she graduated from Georgia College with a BA in sociology in 2011.

## Washington & Atlanta: An Inside Look at the First 100 Days

Friday, April 19  
2:30 – 3:45 PM

\$10  
River's Crossing

The 2018 General Elections brought new players into power in Washington and Atlanta. By popular demand, political analyst Bill Crane takes us on a review of the First 100 Days of the 116th U.S. Congress and the 2019 Georgia Legislative Session. Learn from this noted political commentator what has been revealed about the new leaders and their issues and what to expect for the remainder of the year.

Since the 2000 Presidential election, **Bill Crane** has become one of the Southeast's most visible political analysts and commentators. A syndicated columnist in many Georgia publications, Crane routinely appears on Channel 2's WSB-TV Action News, Georgia Public Broadcasting's *The Lawmakers*, CNN International, and Al Jazeera English. He is a graduate of UGA's Grady College of Journalism and is the proprietor of CSI Crane, a full service corporate communications and public relations agency.

## What is a Garden? The Founders Garden

Fridays, February 8 & 15  
2:30 – 3:45 PM

\$18  
River's Crossing

Emerson once wrote, "I would make the entire face of the country a garden." While that may be the widest view possible, it does beg the question, what is a garden anyway? That question will be the central focus of a 75-minute lecture and discussion session. A second 75-minute session will be dedicated exclusively to an in-depth walking tour of the Founders Garden on the UGA campus.

**Dan Nadenicek** is a professor in the College of Environment and Design, who also holds the Constance Knowles Draper Chair of Landscape Architecture. He is widely published on the general topic of landscape architectural history.

## What's Happened to Doctoring?

Monday, March 25  
10:30 – 11:45 AM

\$10  
River's Crossing

Barbara Schuster hears many complaints about doctors – *Why don't doctors listen? Why can't I find a good doctor? Don't medical students learn any ethics? No one talks to me. My doctor doesn't seem to care.* In this class she will open the discussion by focusing on the societal, fiscal, and accreditation issues that are impacting the education of future physicians and the current practice of medicine. She will also discuss the underlying ethical issues taught in medical school and the expected professional behaviors of physicians. The class will conclude with suggestions on how to optimize your personal experience as a patient.

**Dr. Barbara Schuster** is an academic internist who moved to Athens in 2008 as the Founding Dean of the Medical Partnership. Her career positions have included postgraduate education leadership at the University of Rochester and Chair of the Department of Medicine at the Boonshoft School of Medicine at Wright State University. She has held leadership roles in national academic medical organizations. Throughout her career she has cared for adult patients in teaching environments.

## When an 1870s Mortgage Crisis Became a Mortgage Meltdown

Friday, May 24  
10:30 – 11:45 AM

\$10  
River's Crossing

It was a terrible time: banks with bad mortgages started it, complex financial instruments prolonged it and poor risk analysis made it seem to last forever. This was not 2008, but the Great Depression of 1873. Scott Nelson will demonstrate the eerie parallels between that six-year-plus financial crash and our last decade's financial problems. Using dozens of engravings from the time, Nelson will show us the giddy highs and the scary lows of the first international Great Depression, and its lessons for today. He will also discuss the peculiar range of government responses that followed, including tariffs and militant nationalism.

**Scott Nelson** is UGAAA professor of history at UGA and is the prizewinning author of five books on nineteenth-century American history. *The New York Times* has most recently called him a fascinating guide to the grim landscape of Reconstruction. His book, *Steel Drivin' Man*, about the life and legend of the folk legend John Henry, won four national awards including the Marfield Prize for Arts Writing and the Curti Prize for best book in U.S. history.

## White Extinction Anxiety

Thursday, February 7  
9:00 – 11:45 AM

\$10  
River's Crossing

As a follow-up to the interest generated by his Flagpole letter to the editor titled *White Extinction Anxiety*, Larry Nackerud will focus on the difficulty for some persons to accept the dramatic demographic changes in the population of the United States. He will include the Immigration and Nationality Act of 1965 and look at the future as the percentage of persons of Latino, Asian, and African heritage continues to rise—even as the percentage of White persons will drop below fifty percent. Understanding these demographic changes and flourishing with them, he claims, appears to be a challenge for persons with White Extinction Anxiety.

UGA School of Social Work professor **Larry Nackerud** has been reading, writing, and teaching about U.S. immigration and refugee policy and programs for more than twenty-five years. He completed his dissertation research on that topic while spending six months in Brownsville, Texas, and Matamoros, Mexico, in the late 1980s. His interest in the topic has never waned, and his research now focuses primarily on the use of amnesty as a public policy instrument.

## Wine Flavors and Food Pairing

Session A: Tuesdays, February 12 & 19, 2:30 – 3:45 PM  
Session B: Thursdays, March 7 & 14, 2:30 – 3:45 PM

\$35  
River's Crossing

*Sessions are identical. Please register for no more than one.*

Students will learn to recognize and describe the common flavor profiles of red and white wines. They will see how the flavor components of wine complement food flavors, and how foods can influence wine flavor. In addition, students will learn how to select wines to maximize meal enjoyment and how to select food to maximize wine enjoyment. The cost of the class covers the cost of the tasting supplies.

**Joe Frank** taught courses in food science at the University of Georgia for forty years. For the past ten years he has led a study abroad course in Cortona, Italy, teaching the post-harvest aspects of wine science including sensory evaluation. Frank and his wife currently lead the Athens Chapter of the American Wine Society.

## WUGA Radio Studios Tour

Friday, February 15  
11:00 AM – Noon

\$8  
Off Site

Staff members at WUGA will provide a tour of this dynamic and award-winning Public Radio station, introducing tour participants to the studios and providing a glimpse of how WUGA programming and broadcasting take place. The station is located at the UGA Center for Continuing Education. Location details will be provided to class participants in advance of the tour date.

**Michael Cardin** started at WUGA in 1991 and is currently the Production and Operations Director and Host of *Afternoon Concert*.

## Your Backyard – What Should You Plant?

Friday, February 15  
9:00 – 10:15 AM

\$10  
River's Crossing

Whether you are new to the Athens area or have lived here all your life, what to plant in your yard, how you should maintain what is already there, and how to determine whether native or introduced plants are best, are constant challenges. In this class, we will explore native plants, their characteristics

and values, and compare them to a few introduced plants (some great and some awful) in homeowner settings.

**David Knauff** is a professor of horticulture at UGA. He has served as Associate Dean of the Graduate School and Associate Dean for Academic Affairs at UGA. Previously he served as department head for the crop science department at North Carolina State University. He began his academic career at the University of Florida where he taught a number of genetics-related courses and conducted research on peanut breeding and genetics.

## Your Spiritual Metaphysical Self

Friday, February 8  
1:00 – 2:15 PM

\$10  
River's Crossing

If you have been curious about your soul's journey, the law of attraction, the gift of clairvoyance, or dreams or past lives, this presentation will answer many of your questions. Here the esoteric is transformed into ordinary living at its best. This presentation introduces participants to the metaphysical spiritual body of knowledge that affects each one of us. Many believe we are spiritual beings having a human experience.

**Sharon Carty** is an experienced spiritual counselor. Her heritage is Irish and one-quarter Apache Indian. While living in St. Augustine, Florida, she hosted a weekly spiritual metaphysical live call-in talk radio show. In St. Louis, she wrote a monthly column similar to "Dear Abby" in *Spirit Seeker* magazine.

## Zen and the Art of Chinese Calligraphy

Monday, Wednesday, & Friday, March 11 – 15  
10:30 – 11:45 AM

\$24  
River's Crossing

Chinese calligraphy is not only a beautiful ancient art form, but it can also be a meditative process. This three-session class will include a brief history of the art, and will explore its modern uses. You will learn to grind ink, explore the tools of the trade, and create beautiful characters. This class is intended for beginners, but students at any level may benefit.

**Bill Pierson** is a local artist who has studied various forms of art. He discovered the beautiful art of Chinese calligraphy and has spent many hours teaching himself to make characters with brush and ink. Bill Pierson has taught workshops in Chinese Calligraphy and Chinese Painting for the Athens Art Association, Watkinsville Community Center and at various other locations and events.

# OLLI@UGA Shared Interest Groups

**OLLI@UGA Shared Interest Groups (SIGs) are a benefit of membership and an opportunity for members to gather outside of the classroom. Join any of our SIGs or learn more about them by visiting the OLLI@UGA Members' Online Community.**

**ALGONQUIN in ATHENS** – Members meet most months except summer to discuss and debate “big questions.”

**AUGUST WILSON & OTHERS** – Explore the plays in August Wilson’s Twentieth Century Cycle, among other related works. Monthly luncheon meetings during the year will feature an in-depth discussion of one play in the cycle or a play by another excellent contemporary playwright from the African diaspora.

**BOOK DISCUSSION** – This group meets monthly to discuss selections made by group vote. Selections include fiction and nonfiction, contemporary and classic. Discussion is informal and participation is encouraged.

**CINEMA@CINE** – This group meets once a month at Cine’, Athens’ only independent Art House Cinema to watch a film then enjoy a discussion about the film with refreshments and snacks.

**DOC BUFFS** – View and discuss documentaries, including winners from UGA’s famed Peabody Awards Collection with expert discussants when possible. Information is shared about other screenings in town and on TV. Most events are held at UGA’s Special Collections Library.

**ENJOY OPERA IN ATHENS** – Enjoy opportunities to learn about opera, attend the MetOpera HD Live broadcasts at Beechwood Cinemas, and attend the UGA Opera Theatre productions and student recitals. A luncheon before the Met broadcasts features a UGA opera grad student presenting information.

**EVERYBODY READS Athens** – Members share a common goal to support, recognize, and assist literacy programs leading to Athens becoming 100% literate.

**GARDEN ENTHUSIASTS** – Members help each other with planning or planting a vegetable garden (whatever its size), swapping seeds and cuttings, sharing local knowledge, and touring commercial nurseries, organic farms, botanical gardens and our own gardens.

**HAPPY HIKERS** – If you love the great outdoors and hiking is a passion or an interest then you will want to join this group. Hikes are short and long, easy to challenging, for fitness, fun & enjoyment of the marvels of nature.

**LADY DOGS BASKETBALL** – Follow the Lady Dogs Basketball team with other OLLI members. We buy season tickets for all the home games and by ordering through OLLI@UGA you sit with other OLLI members in Stegman Coliseum.

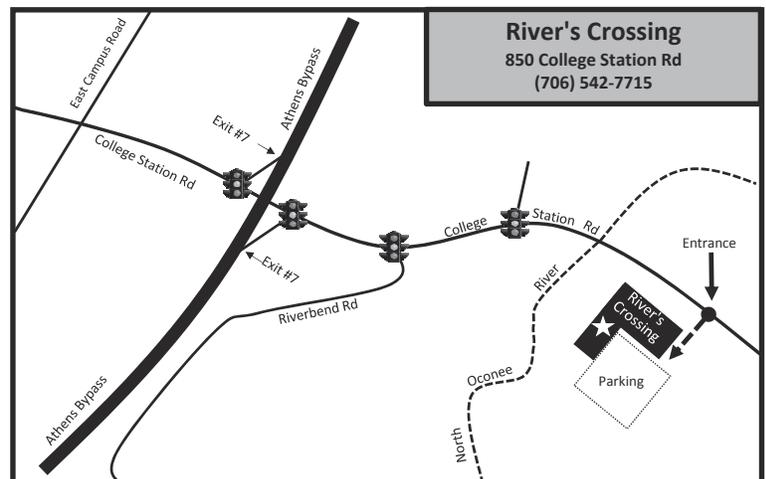
**LUNCH BUNCH** – This lively and friendly group’s purpose is to socialize, meet new people, form new friendships and enjoy wonderful food at locally-owned Athens/Watkinsville restaurants. We get together once per month.

**MAHJONGG** – Do you already know how to play Mahjongg, or have you wanted to learn? We meet each week in the afternoon at Talmadge Terrace Activities Room. All are welcome-novice to expert! If you have a set, bring it!

**NOVICE BRIDGE** – This group is for people who already know the basics of playing bridge, but have not played in a long time or have not played a lot.

**OLLI BUDDIES** – Buddies assist the students and faculty of Gaines Elementary School in Athens, GA. The assistance can be as “morning greeters”, reading volunteers, and math volunteers. OLLI Buddies can volunteer daily, weekly or monthly with flexible scheduling done one month in advance.

## Maps to OLLI@UGA Course Locations



**OLLI ROCKS** – Designed to foster awareness and understanding of Earth and Planetary Science this group meet once per month for professional seminar presentations and associated DVD viewing.

**OLLI WALKS** – Improve your health while exploring Athens and getting to know other OLLI members. Walkers stroll approximately two miles, two days a week throughout Athens's historic neighborhoods, parks, and gardens.

**PETANQUE** – Enjoy this international game from France, related to Italian Bocce Ball, English Lawn Bowling and American Bowling. It utilizes and develops concentration, strategizing, body-mind coordination/focus, and can be played by almost anyone.

**PICTURE THIS! Digital Photography Group** – Members include complete novices, serious amateurs and everything in between. Meetings feature a “show & tell” session and a presentation on a topic of interest to amateur photographers. Photo walks around Athens and trips to scenic venues and photo exhibits are scheduled.

**PINOCHLE POSSE** – This group is for those who already play Pinochle, those who have not played for some time & those who never played but wish to learn! We meet twice monthly at Talmage Terrace.

**PLANT BASED LIVING** – Whether you're Vegan, Vegetarian, or looking for recipes for Meatless Mondays, we'll do our best to get more plants into your diet. Included are meetings, potlucks, restaurant outings, fieldtrips and more.

**PLAY READERS CLUB** – At monthly meetings, members will rotate as director and cast members in performing state readings of plays. The purpose is to meet new folks, have fun, and learn about drama.

**POKER**– All are welcome, ladies and gentlemen. This will be a “dealer's choice” game. We play each week in the evening.

**R.O.M.E.O.** – Retired Old Men Eating Out -- Join us as often or as little as you please.

**ROBERT BURNS** – Dedicated to the immortal memory of the Bard of Scotland. Robert Burns birthday is celebrated the world over and his poetry inspires to this day. We will have several events during the year including a dinner in late January, poetry readings and scotch tastings.

**SHORT STORY ENTHUSIASTS** –This group grew out of the “Critical Reading” class offered each term. The purpose is to read and discuss short stories for literary knowledge and enjoyment and to exchange ideas and perspectives.

**SOLO SENIORS** –This group meets for dinner at an area restaurant once per month to foster interaction and networking among unmarried OLLI@UGA members.

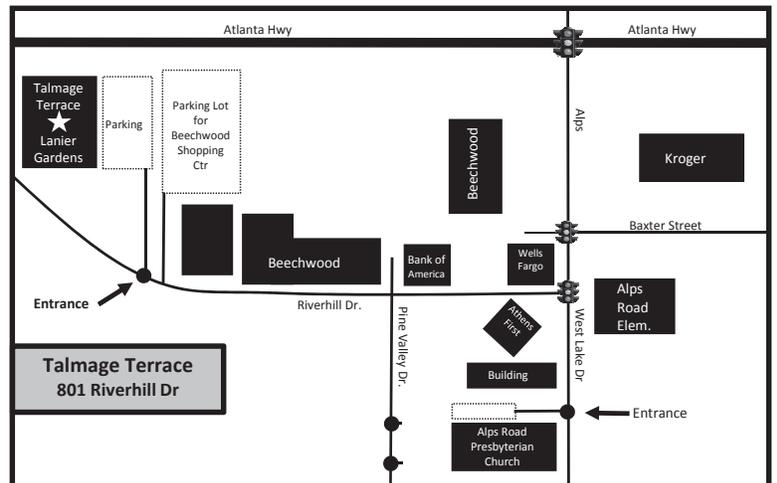
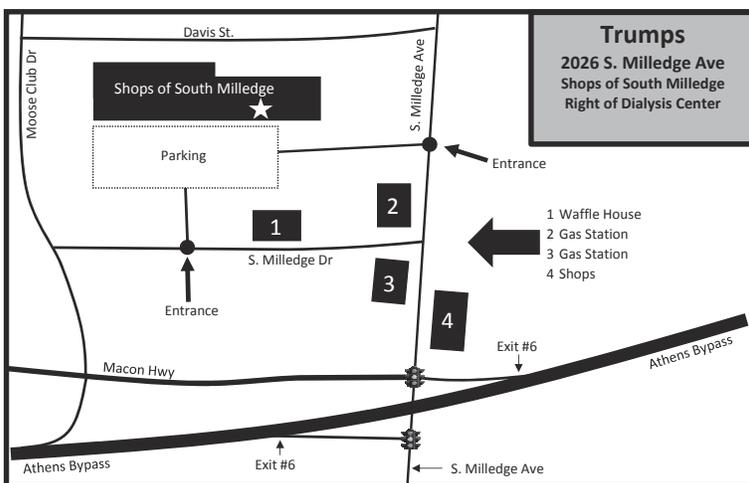
**SPLASHDOWN**– Members participate in kayak and canoeing activities around Athens. The group will have a monthly trip (Splashdown) for all interested, weather permitting.

**STITCH & CHAT**– Members gather once per month doing knitting, needlepoint or whatever's of interest to enjoy each other while working on their own projects.

**WISEMEN**– Groups of 8-12 men will meet every two weeks to discuss common issues and challenges faced by men living in retirement, to share each other's knowledge and expertise on a range of topics, and to socialize in an informal environment.

**WRITING MEMOIR**– Writing about our lives, we share our prose and poetry to learn more about ourselves and each other as we hope to write memoir more effectively in regard to both form and content.

The various companies you see listed in our newsletters and catalogs are proud supporters of OLLI@UGA. The acknowledgements we place in our publications are just one way we can thank these organizations that support OLLI@UGA's mission of meeting the cultural, social, and intellectual needs of adults age 50+ in Athens and its surrounding communities. Whether you see their name in print or you see them in person at one of our events, know that we appreciate our sponsors as they partner with us to support lifelong learning.



# Alphabetic Course List with Schedule

Class Title	Presenter Last	Schedule	Loc
1960s – 1990s: The Golden Years When Georgia Rocked	Mills	Monday, February 4, 2019 2:30 – 3:45 PM	RC
2019 Peabodies: An Insider's View	Jones	Thursday, June 6, 2019 9:00 – 10:15 AM	RC
24/7 Mindfulness: Everything Is a Choice	Tower	Tuesday, June 4, 2019 1:00 – 2:15 PM	RC
A Stronger You: A Logical Approach to Physical Conditioning	Seponski	Monday, February 4, 2019 10:30 – 11:45 AM	RC
Ageless Grace	Arlington	Tuesdays, February 19; March 19; April 23; May 21, 2019 1:00 – 2:15 PM	OS
Aging in Place: Village Model & Its Possibilities for Athens	Balsamo, P	Monday, March 18, 2019 10:30 – 11:45 AM	RC
Aikido: The Way of Harmony	Smartt	Thursdays, February 14 – April 18, 2019 9:00 – 10:15 AM	OS
Alfred Hitchcock's Vertigo: Spirals of Deception (L)	Simon	Tuesday, February 26, 2019, Noon- 1:30 PM	TC
All about OLLI@UGA	Meehan	Thursdays, May 2 – 16, 2019 10:30 – 11:45 AM	RC
Aquatic Biodiversity in the Southeast	Elkins	Thursday, May 30, 2019 2:30 – 3:45 PM	RC
Architecture in Athens: The Greek Revival Style	Lineberger	Tuesday, April 16, 2019 9:00 – 11:00 AM	RC
Architecture in Athens: Then and Now	Lineberger	Mondays, April 22 – May 6, 2019 1:00 – 3:45 PM	RC
Artist Talk: Jeanne Whatley's Hope Series	Whatley	Monday, February 11, 2019 2:30 – 3:45 PM	RC
Asteroid & Meteorite Impacts With Earth: Are We Really At Risk?	Dallmeyer	Monday – Friday, April 29 – May 3, 2019 1:00 – 3:45 PM	RC
Astronomy for the Layperson	Snook	Tuesdays, March 5 – 26, 2019 10:30 – 11:45 AM	RC/OS
Athens Ben Epps Airport, Past and Future: A Tour	Dalton	Thursday, April 11, 2019 10:00 AM - Noon	OS
Athens Land Trust: A Visit to Williams Farm	Stangle	Friday, May 3, 2019 10:30 – 11:45 AM	OS
Athens Museum Mile Experience - A	Lineberger	Wednesday, March 13, 2019 10:00 AM – 12:15 PM	OS
Athens Museum Mile Experience - B	Lineberger	Wednesday, March 20, 2019 10:00 AM – 12:15 PM	OS
Athens Technical College: A Tour	Price	Friday, March 29, 2019 1:00 – 3:00 PM	OS
Athens-Clarke Commission: The Inside Scoop & The Government Gossip	Hamby	Thursday, May 9, 2019 10:30 – 11:45 AM	RC
Band of Brothers: Allied Invasion & Liberation of France	Saul	Thursdays, March 7 – April 4, 2019 9:00 AM - Noon	RC
Beach Contamination: Assessing & Managing Microbial Pollution	Whelan	Monday, June 3, 2019 9:00 – 10:15 AM	RC
Beech Haven: A Walking Tour - A	Kuykendall	Friday, April 5, 2019 9:00 – 11:45 AM	OS
Beech Haven: A Walking Tour - B	Kuykendall	Saturday, April 13, 2019 9:00 – 11:45 AM	OS
Beginning Bridge III: Defense in the 21 Century	Wagner	Thursdays, February 7 – April 4, 2019 10:00 AM - Noon	OS
Behind and Beyond Crime Scene Investigations	Staiger	Friday, May 10, 2019 10:30 – 11:45 AM	RC
Being Bilingual and Bi-literate: Benefits and Challenges	Balsamo, I	Tuesday, March 5, 2019 10:30 – 11:45 AM	RC
Biking Safely in Athens: Ride Right, Ride Bright	Dewey	Wednesdays, May 1 – 22, 2019 10:30 – 11:45 AM	RC
Birding: Learning Bird Songs	Maioriello	Wednesday, March 27, 2019 9:00 – 11:45 AM	RC
Birding: Practical Steps to Learning about Birds	Maioriello	Friday, March 1, 2019 9:00 – 11:45 AM	RC
Bitter are the Tears of a Child	Wilmoth	Tuesday, June 4, 2019 9:00 – 10:15 AM	RC
Bonnethead Shark Ecology on the Georgia Coast	Byers	Friday, February 22, 2019 2:30 – 3:45 PM	RC
Bridge on the River Kwai: A Novel Gets a Hollywood Makeover	Probst	Monday, May 20, 2019 10:30 – 11:45 AM	RC
Caring for Antique Furniture	Read	Friday, April 26, 2019 10:00 AM - Noon	RC

Class Title	Presenter Last	Schedule	Loc
Caterpillar Manufacturing Facility Visit	Haggard	Wednesday, February 20, 2019 12:30 – 3:00 PM	OS
Chamber Music in History and in Athens	Castillo	Friday, February 22, 2019 1:00 – 2:30 PM	RC
Chigger Mites: Avoiding the Bite	Crossley	Tuesday, May 14, 2019 Noon – 1:00 PM	RC
China: A Twentieth Century of Revolutions	Hardin	Tuesdays & Thursdays, April 16 – May 9, 2019 1:00 – 2:15 PM	RC
China: Inside and Out (II)	Yao	Thursday, February 7, 2019 1:00 – 2:30 PM	RC
Choosing Colors for Your Garden	Ludwig	Tuesday, April 2, 2019 2:30 – 3:45 PM	RC
Cloudy with a Chance of Monarchs	Murphy, C	Friday, May 10, 2019 Noon – 1:00 PM	RC
Commonsense Gardening: A Tour - A	Armitage	Friday, April 19, 2019 10:30 AM - Noon	OS
Commonsense Gardening: A Tour - B	Armitage	Friday, April 19, 2019 1:30 – 3:00 PM	OS
Commonsense Gardening: A Tour - C	Armitage	Tuesday, April 23, 2019 10:30 AM - Noon	OS
Condor Chocolates: From Bean to Bar - A	Dale	Monday, February 25, 2019 10:30 – 11:45 AM	OS
Condor Chocolates: From Bean to Bar - B	Dale	Monday, March 25, 2019 10:30 – 11:45 AM	OS
Condor Chocolates: From Bean to Bar - C	Dale	Monday, April 29, 2019 10:30 – 11:45 AM	OS
Conflict Transformation for Individuals and Groups	Lash	Monday, Wednesday, & Friday, June 3 – 7, 2019 9:00 – 10:15 AM	RC
Constructive Engagement with China & Russia: Why “America First” Is Not the Answer (L)	Bertsch	Tuesday, June 4, 2019 Noon – 1:30 PM	TC
Conversation with Newly Elected Athens-Clarke Mayor	Girtz	Monday, March 25, 2019 Noon – 1:00 PM	RC
Conversations About Older Drivers: We Need to Talk	Simmons	Wednesday, April 24, 2019 10:30 AM - Noon	RC
Conversations and Memories of Another Era...WWII - A	Delargy	Wednesday, February 27, 2019 Noon – 1:00 PM	RC
Conversations and Memories of Another Era...WWII - B	Delargy	Tuesday, March 5, 2019 Noon – 1:00 PM	RC
Cooking Demo and Insider's View of a Professional Kitchen	Ponzoli	Tuesday, April 2, 2019 9:30 – 11:30 AM	OS
Creative?: Not Me, but I Want to Be	Black	Friday, May 3, 2019 2:30 – 3:45 PM	RC
Criminal Justice Reform in Georgia and Across the Nation	Sweat	Thursday, March 14, 2019 10:30 – 11:45 AM	RC
Critical Reading: Selected Short Stories	Covi	Tuesdays, March 5 – 26, 2019 9:00 – 10:15 AM	RC
Crows: Wise, Foolish, and Just Plain Nuts	Murphy, C	Wednesday, February 20, 2019 Noon – 1:00 PM	RC
Darwin, Fitzroy and the Fate of the Native People of Tierra del Fuego	Kochert	Monday, March 4, 2019 1:00 - 3:45 PM	RC
Delicious Desserts & Sweet Treats Free of Refined Sugar	Whipple	Monday, May 13, 2019 9:00 – 10:15 AM	RC
Diet Confusion in America: Challenging Popular Food Myths	Rose	Friday, March 8, 2019 1:00 – 2:15 PM	RC
Dog Behavior Transformation Fundamentals	Bayless	Tuesdays, May 21 & 28, 2019 1:00 – 3:45 PM	RC
Dog Bite Prevention	Bayless	Friday, April 19, 2019 1:00 – 3:45 PM	RC
Downsizing: A Fresh Start	Rouse	Thursday, February 7, 2019 2:30 – 3:45 PM	RC
Downtown Athens: Creating a Work of Art	Ford	Monday, April 29, 2019 10:30 – 11:45 AM	OS
Draw Cartoons for Fun with Your Grandchildren	Black	Friday, April 26, 2019 2:30 – 3:45 PM	RC
<del>Drones and Sausage Making: Regulating for Privacy</del>	<del>Kurtz</del>	<del>Wednesdays, May 8 &amp; 15, 2019 Noon – 1:00 PM</del>	<del>RC</del>
Drones: A Primer on Recreational vs. Legal Commercial Use	Waters	Thursday, April 4, 2019 1:00 – 3:45 PM	RC
Dry Needling: Alleviating Pain	McGowan	Friday, March 8, 2019 2:30 – 3:45 PM	RC
Dynamic Courtroom Moments (L)	Carlson	Tuesday, March 12, 2019 Noon - 1:30 PM	TC
Early Biological Warfare: Is There Smallpox in that Blanket?	McMurry	Monday, April 8, 2019 2:30 – 3:45 PM	RC
Eliminating Cash: Costs and Benefits	Lastrapes	Monday, March 4, 2019 2:30 – 3:45 PM	RC

Class Title	Presenter Last	Schedule	Loc
Elizabeth Church Robb and Female Aid Work in Union Prisons	Brunson	Friday, February 22, 2019 9:00 – 10:15 AM	RC
ENGAGE Now: Volunteering in Athens Clarke County	Podvin	Friday, March 22, 2019 1:00 – 2:15 PM	RC
Ernest Gaines' Masterwork: A Lesson Before Dying	Lowe	Wednesday, March 27, 2019 1:00 – 3:45 PM	RC
Essential Islamic Spirituality	Honerkamp	Tuesdays, April 9 – 23, 2019 2:30 – 3:45 PM	RC
Estate Planning and Probate Matters	Dismuke	Monday, March 11, 2019 9:00 – 10:15 AM	RC
Experiences of a Mud Engineer: Drilling around the World	Butts	Wednesday, March 20, 2019 1:00 – 2:15 PM	RC
Explore Granite Outcrop Species with Eloise Brown Carter	Crescenzo	Thursday, March 21, 2019 9:00 AM – 4:45 PM	OS
Exploring American Folk Art	Loose	Wednesday, March 13, 2019 1:00 – 2:15 PM	RC
Exploring DNA Results from Ancestry.com	Wengert	Wednesday, March 20, 2019 9:00 – 10:15 AM	RC
Falling: Causes, Prevention, Solutions	Moore	Friday, March 29, 2019 2:30 – 3:45 PM	RC
FamilySearch.org Research Wiki: A Family Historian's BFF	Carter, La	Tuesday, March 12, 2019 9:00 AM – Noon	RC
Feasting with Mark Twain (L)	Helm	Tuesday, February 12, 2019 Noon - 1:30 PM	TC
Finding My Community: Feminists, Feminisms, and Advertising	Kreshel	Wednesday, May 22, 2019 1:00 – 2:15 PM	RC
First Date with History at UGA's Hargrett Library - A	Stein	Friday, February 15, 2019 2:30 – 3:45 PM	OS
First Date with History at UGA's Hargrett Library - B	Stein	Friday, February 22, 2019 2:30 – 3:45 PM	OS
Flavor Perception: Increase Enjoyment of Fine Food and Wine	Frank	Wednesdays, February 13 & 20, 2019 2:30 – 3:45 PM	RC
Flying Through the Air: A Visit to Canopy Studio	Atwood	Wednesday, March 20, 2019 11:00 AM – 12:30 PM	OS
Food Bank of NEGA and Its Partnership with the Community	Aghdasi	Thursday, April 25, 2019 2:30 - 3:45 PM	OS
Foothills Education Charter High School: A High School Option that Works	Gibney-Sherman	Thursday, February 28, 2019 9:00 – 10:15 AM	RC
Fountain Pens (I have this old pen...)	Hayes	Monday, February 4, 2019 9:00 – 10:15 AM	RC
Franklin Delano Roosevelt in Georgia (L)	Minchew	Tuesday, May 21, 2019 Noon – 1:30 PM	TC
Free Speech	McArthur	Mon., Wed., & Fri., February 25 – March 1, 2019 10:30 – 11:45 AM	RC
Garden Tour: West Broad Market Garden	Stangle	Thursday, May 2, 2019 2:30 -3:45 PM	OS
Genealogy Databases: The Big Four	Carter, La	Tues., Wed., & Thurs., February 12 – 14, 2019 9:00 AM – Noon	RC
Genealogy Research Using GALILEO	Carter, La	Friday, April 5, 2019 9:00 AM – Noon	RC
Georgia and Georgians in Commercial Country Music's History	Thomason	Wednesday, March 20, 2019 1:00 – 2:15 PM	RC
Georgia Archives: A Trove of Wonders for Genealogy and More	Crowell, C	Wednesday, April 24, 2019 1:00 – 3:45 PM	RC
Georgia Politics & The Upcoming 2020 Presidential Campaign	Robinson	Wednesday, March 6, 2019 Noon – 1:30 PM	RC
Georgia's Historic Gardens (L)	Catron	Tuesday, April 23, 2019 Noon – 1:30 PM	TC
Georgia's Long Quest for a State Flag	Jackson	Tuesday, May 21, 2019 9:00 – 10:15 AM	RC
Get REAL With Your Finances	Cash	Tuesday, February 26, 2019 10:30 – 11:45 AM	RC
Glyphosate: A Herbicide's Detrimental Effects	Sumner	Friday, February 8, 2019 9:00 – 11:45 AM	RC
Going Down the Housatonic: An Exploration of a Charles Ives Song	Kelly	Wednesday, April 24, 2019 2:30 – 3:45 PM	RC
Golf Swing Fitness	Nourparvar	Friday, April 26, 2019 2:30 – 3:45 PM	OS
Grandpa, Please Tell Me a Story	Black	Friday, May 10, 2019 2:30 – 3:45 PM	RC
Great Books' Great Conversations	Loughner	Wednesdays, February 6, 20; March 6, 20; April 3, 17; May 1, 15, 2019 10:00 AM – Noon	RC
Great Decisions: Foreign Policy Issues	Alworth	Wed., March 27; April 17; May 8; June 5, 2019 10:30 – 11:45 AM	RC
Ham Radio 101: When All Else Fails, Ham Radio Works!	Waters	Wednesday, March 6, 2019 1:00 – 3:45 PM	RC

Class Title	Presenter Last	Schedule	Loc
Has Democracy Failed in the United States?	Carter, Li	Monday, March 18, 2019 9:30 – 11:45 AM	RC
Hatha Yoga: Basic Practice	Overstreet	Tuesdays, March 5 – May 7, 2019 9:00 – 10:15 AM	OS
Have Fun With Grandkids While Sharing Family History	Neel	Tuesday, June 11, 2019 2:30 – 3:45 PM	RC
Healthy Smiles: Current Advances in Dentistry and Health	McDonald	Friday, June 7, 2019 9:00 – 11:45 AM	RC
Hike “The Beloved Land” in Athens	Stangle	Saturday, April 6, 2019 9:00 AM – 2:00 PM	OS
Hike Memorial Park’s Birchmore Trail	Crider	Monday, March 4, 2019 9:00 – 11:45 AM	OS
History & Politics of Environmental Issues in Vietnam Today	Weger	Thursday, April 18, 2019 10:30 – 11:45 AM	RC
History and Music of the Highland Bagpipe	Frantz	Tuesday, February 5, 2019 2:30 – 3:45 PM	RC
History of Georgia’s HOPE Scholarship: Recognizing Excellence	Huckaby	Tuesday, March 26, 2019 9:00 – 10:15 AM	RC
Hollywood “Screwball Comedies” of the 1930s	Kraft	Monday, Wednesday, & Friday, April 1 – 5, 2019 1:00 – 3:45 PM	RC
Hollywood Personalities: Their Roles in WW II	Warren	Monday, May 6, 2019 9:00 – 10:15 AM	RC
How to Interpret the U.S. Constitution (or any law)	Carter, Li	Monday, April 22, 2019 9:30 – 11:30 AM	RC
How to Meal Prep for the Week	Whipple	Monday, April 15, 2019 10:30 – 11:45 AM	RC
Human Evolution from an Anthropologist’s Perspective	Whitney	Monday, February 11, 2019 9:00 – 11:45 AM	RC
Iceland: Taking a Summer Drive	Reed	Monday, February 25, 2019 10:30 – 11:45 AM	RC
Illustrating Picturebooks	Smith, W	Monday, Wednesday, & Friday, June 3 – 7, 2019 1:00 – 3:00 PM	RC
Inside The Dr. Horace Mann Bond Exhibit	Bernstein	Monday, February 11, 2019 1:00 – 2:15 PM	RC
Introduction to Home 3D Printing With Live Demonstrations	Temple	Friday, April 5, 2019 2:30 – 3:45 PM	RC
Introduction to Shamanic Practices	Odil	Tuesday, May 14, 2019 11:00 AM – 12:30 PM	OS
Investing #1: What You Need to Know About Investing	Flick	Tuesday & Thursday, February 12 & 14, 2019 1:00 – 3:45 PM	RC
Investing #2: Retirement Investments in Action	Flick	Tuesday & Thursday, February 19 & 21, 2019 2:30 – 3:45 PM	RC
Investing #3: Retirement Withdrawal Strategies	Flick	Tuesday & Thursday, February 26 & 28, 2019 2:30 – 3:45 PM	RC
Investing #4: Annuities	Flick	Tuesday & Thursday, March 5 & 7, 2019 2:30 – 3:45 PM	RC
Investing #5: Working With Financial Professionals	Flick	Tuesday & Thursday, March 12 & 14, 2019 2:30 – 3:45 PM	RC
Investing #6: Becoming Your Own Financial Manager	Flick	Tuesday & Thursday, March 19 & 21, 2019 2:30 – 3:45 PM	RC
iPhone/iPad Photography: Making and Sharing Photos - A	Murphy, C	Friday, March 29, 2019 10:00 AM – Noon	RC
iPhone/iPad Photography: Making and Sharing Photos - B	Murphy, C	Friday, March 29, 2019 1:30 – 3:30 PM	RC
Is the Violin in my Uncle’s Attic a Stradivarius?	Martin	Wednesday, February 6, 2019 1:00 – 2:15 PM	RC
Jittery Joe’s Coffee Roasting Company Tour	Mustard	Thursday, March 14, 2019 10:30 – 11:45 AM	OS
John Henry’s Death and African-American Roots of Rock & Roll	Nelson	Wednesday, May 29, 2019 10:30 – 11:45 AM	RC
Journey to Freedom: Six Thai Elephants and Me	Hunter	Friday, March 15, 2019 1:00 – 2:15 PM	RC
Joy of Metalsmithing for Beginners	Dawe	Wednesday, Thursday, & Friday, April 10 – 12, 2019 1:00 – 4:00 PM	OS
Judaism 101	Halper	Tuesdays, March 5, 19, 26, 2019 2:30 – 3:45 PM	RC
Juror for a Day: UGA Law School’s Mock Jury Trial - A	Casey	Thursday, March 14, 2019 1:15 – 5:00 PM	OS
Juror for a Day: UGA Law School’s Mock Jury Trial - B	Casey	Friday, March 15, 2019 1:15 – 5:00 PM	OS
Killed with a Cart: Hazards of Life in Early-Modern London	McMurry	Thursday, April 11, 2019 2:30 – 3:45 PM	RC
Knights to Kings: A Journey to Ethiopia	LaRoche	Thursday & Monday, February 21 & 25, 2019 1:00 – 3:45 PM	RC
Let’s Crafty with the Grandkids!	Nunan	Fridays, March 22 & 29, 2019 10:00 AM - Noon	RC
Life on a Submarine	Roeder	Monday, March 4, 2019 10:30 – 11:45 AM	RC



Class Title	Presenter Last	Schedule	Loc
Living While Dying: Film and Discussion	Muthe	Thursday, February 21, 2019 9:30 – 11:15 AM	RC
Living with Alzheimer's Disease	Bakowski	Tuesday, February 5, 2019 9:00 – 10:15 AM	RC
Looking for Someone Who Changed My Life	Glickman	Wednesday, February 6, 2019 10:30 – 11:45 AM	RC
Lush Lawns, Little Effort	Ludwig	Thursday, March 7, 2019 1:00 – 2:15 PM	RC
Make Time for Fitness	Farris	Friday, May 24, 2019 9:00 – 10:15 AM	RC
Mansfield Park: Virtue and Vice	Campbell	Mondays, April 1 – 22, 2019 9:00 – 11:00 AM	RC
Mars: The Search for Life	Wenner	Tuesday & Thursday, April 9 & 11, 2019 9:00 - 10:15 AM	RC
Medical Aid in Dying: Ethics and Pragmatics of Choice at the End of Life (V)	Carpenter	Friday February 8, Thursday, February 14, 2019 10:30 – 11:45 AM	RC
Medical Partnership & UGA Pharmacy School Simulated Patient Programs	Kennedy	Monday, May 13, 2019 9:00 – 10:30 AM	OS
Medications: Let's Talk about the Pills You're Taking	Block	Tuesdays, March 12 & 19, 2019 1:00 – 2:15 PM	RC
Meditation: Reclaiming Relational and Personal Agency	Gale	Wednesday, February 6, 2019 9:00 – 10:15 AM	RC
Meditative Doodling: Centering Yourself through Art	Gilbert	Tuesday, February 12, 2019 10:00 AM - Noon	RC
Memory & Complicity: Meeting the Challenge in Robert Franklin's Blurb	Hoffman	Wednesday, May 1, 2019 1:00 – 2:15 PM	RC
Milledge Avenue from Broad to Baxter: A Walking Tour - A	Whitehead	Wednesday, April 10, 2019 10:30 AM – 12:30 PM	OS
Milledge Avenue from Broad to Baxter: A Walking Tour - B	Whitehead	Wednesday, May 15, 2019 10:30 AM – 12:30 PM	OS
Minerals, Rocks and Ore Deposits: Show Me The Money!!	Dallmeyer	Monday – Friday, February 25 – March 1, 2019 1:00 – 3:45 PM	RC
Modern Cosmology: A Brief Survey	Magnani	Tuesdays & Thursdays, April 2 – 11, 2019 1:00 – 2:15 PM	RC
Modifying the Stress Response for a Healthier, Longer Life	Hecht	Thursday, May 30, 2019 9:00 – 11:00 AM	RC
Money and Happiness	Goren	Thursday, June 6, 2019 2:30 – 3:45 PM	RC
More Memories of A Sportscaster	Hartman	Tuesday, April 30, 2019 10:30 – 11:45 AM	RC
Music of the Poetic Singer-Songwriters of the Fifties and Sixties (L)	Martin	Tuesday, May 7, 2019 Noon - 1:30 PM	TC
Music Therapy: Healing in the Key of Life	Ritchey	Friday, May 17, 2019 10:30 – 11:45 AM	RC
Mysteries of Shakespeare Authorship (V)	Murphy, M	Thursday, May 23, 2019 2:00 – 4:00 PM	RC
Neanderthals to Nations: How Today's World Evolved	Hill	Tuesdays, May 7 & 14, 2019 10:30 – 11:45 AM	RC
Observations of Georgia Politics	Sports	Friday, February 22, 2019 10:30 – 11:45 AM	RC
Oklahoma City Bombing (1995): A First-Hand Account	Van Rysselberge	Wednesday, February 6, 2019 2:30 – 3:45 PM	RC
One Heart, One Way: The Journey of a Princely Art Collection	Kirin	Wednesday, February 6, 2019 2:30 – 3:45 PM	OS
One Writer's Long Journey to Publication	Brown	Tuesday, May 28, 2019 9:00 – 11:45 AM	RC
Over Germany: Lt. Col. Vince Masters (385th Bomb Group)	Cosgrove	Wednesday, April 10, 2019 1:00 – 2:15 PM	RC
Paradise Lost: A Guided Walk-through	Armistead	Tuesdays & Thursdays, February 14 – 28, 2019 10:30 AM – Noon	RC
Petanque: The Greatest Game You Never Heard Of	Wallach	Tuesday, May 28, 2019 10:00 – 11:45 AM	OS
Philosophy: A Brief Introduction	Burton	Mondays & Thursdays, May 13 – 23, 2019 10:30 – 11:45 AM	RC
Photobooks: How to Capture Your Memories	Walton	Thursday, March 28, 2019 2:00 – 4:00 PM	RC
Plant Based Diet: How & Why to Transition to a Plant Based Lifestyle	Kosak	Thursday, May 9, 2019 2:30 – 3:45 PM	RC
Play Ball! The Relationship of Minor and Major League Teams	Hall	Wednesday, May 22, 2019 10:30 – 11:45 AM	RC
Portugal's Founding and Its Role as an International Empire	Patel	Wednesday, March 6, 2019 2:30 – 3:45 PM	RC

Class Title	Presenter Last	Schedule	Loc
Preparing For An Autonomous Future	Tanenblatt	Friday, March 15, 2019 9:00 – 10:15 AM	RC
Pruning 101	Chastain	Monday, February 4, 2019 10:30 – 11:45 AM	RC
Psychological Well-Being in Retirement	Mintzer	Wednesday, April 3, 2019 10:30 – 11:45 AM	RC
Pushing Back Against Ageism (V)	Applewhite	Thursday, February 7, 2019 10:30 – 11:45 AM	RC
Russia: St. Petersburg and a Love for Robert Burns	Hardin	Thursday, February 14, 2019 1:00 – 2:15 PM	RC
SAMERA Sees Subsurface	Song	Thursday, April 11, 2019 Noon – 1:00 PM	RC
Skin Care for Ages 50 +	Bowles	Wednesday, February 13, 2019 3:00 – 5:00 PM	OS
Small Honeybee Hives for Urban Gardens	Smith, F	Tuesday, February 5, 2019 Noon – 1:00 PM	RC
Spanish Flu Pandemic of 1918-19: Can We Prevent Another One?	Warren	Monday, April 29, 2019 9:00 – 10:15 AM	RC
Spanish: Beyond the Basics	Gonzalez	Mondays & Thursdays, March 4 – April 25, 2019 9:00 – 10:30 AM	RC
Sport of Kings: Behind the Scenes at Triple Crown Races	Crowell, W	Wednesday, April 24, 2019 10:30 – 11:45 AM	RC
Steinway: The Grand Piano of the UGA School of Music	Jutras	Tuesdays, May 7 & May 14, 2019 4:45 – 6:00 PM	OS
Still More Plant Stories: Delightful, Delicious, and Deadly	Knauft	Monday, June 10, 2019 9:00 – 10:15 AM	RC
Story Telling Through Art	Watts	Thursday, May 2, 2019 1:00 – 2:15 PM	RC
Structure of American Healthcare	Khan	Friday, April 12, 2019 2:30 – 3:45 PM	RC
Tai Chi Easy	Wittenberg	Wednesdays & Fridays, April 3 – 26, 2019 10:00 – 11:00 AM	OS
Tai Chi Yang Style 9	Pierson, J	Mondays & Wednesdays, May 6 – 22, 2019 10:30 – 11:45 AM	OS
Tales From The Garden: A Magical Journey with a Storyteller	Armitage	Tuesday, February 19, 2019 Noon – 1:00 PM	RC
TED Talks: Ideas and Lessons Worth Spreading and Sharing - Pt. 1	Barfield	Wednesdays, February 13 – March 6, 2019 10:30 – 11:45 AM	RC
TED Talks: Ideas and Lessons Worth Spreading and Sharing - Pt. 2	Balsamo, P	Tuesdays, March 19 – April 9, 2019 10:30 – 11:45 AM	RC
The “Kinda Tiny” Home: Athens Habitat Fulfills Affordable Housing Needs (L)	Frye	Tuesday, April 9, 2019 Noon – 1:30 PM	TC
The American Field Service (AFS) in World War Two	Cosgrove	Wednesday, April 10, 2019 10:30 – 11:45 AM	RC
The Art of Spoken Word	LaRoche	Monday, February 11, 2019 10:30 – 11:45 AM	RC
The Twelve Steps as a Way of Life	Turner	Friday, May 3, 2019 9:00 – 11:45 AM	RC
Tobacco in America: A Burning Issue (L)	Farmer	Tuesday, March 26, 2019 Noon – 1:30 PM	TC
Tri-State Water Wars: Their Source and Their Future	Rogers	Monday, February 4, 2019 1:00 – 2:15 PM	RC
U.S. Health Care Reform: Where Will We Go after the Elections?	Schuster, R	Monday, April 8, 2019 1:00 – 2:15 PM	RC
UGA Historic North Campus: Walking Tour	Dendy	Thursday, May 16, 2019 2:00 – 4:00 PM	OS
UGA Main Library: Tour and Introduction	Luken	Wednesday, March 13, 2019 10:30 – 11:45 AM	OS
UGA Observatory: View the Night Skies	Shaw	Thursday, April 11, 2019 9:00 – 10:00 PM	OS
UGA Ramsey Center: Tour & Introduction	Dolittle	Monday, March 11, 2019 10:30 – 11:45 AM	OS
UGA Veterinary Teaching Hospital Tour	Rice	Tuesday, May 14, 2019 10:30 – 11:45 AM	OS
UGA's Congress Project: Why Is Congress So Polarized?	Madonna	Friday, May 31, 2019 10:30 – 11:45 AM	RC
Under The Big Top & Traveling Shows	Hebbard	Monday, March 11, 2019 2:30 – 3:45 PM	OS
Understanding and Caring for the Aging Brain	Tower	Tuesday, June 4, 2019 10:30 – 11:45 AM	RC
Universal Health Care Systems around the World	Pohl	Thursday, April 25, 2019 10:30 – 11:45 AM	RC
Using Humor to Bounce Back from Dashed Hopes, Broken Dreams, and Plans Gone Outrageously Awry!	Gaitan	Friday, April 12, 2019 2:30 – 3:45 PM	RC
Using Your Brain to Find Your Way around Athens with No GPS	Mason	Tuesday, February 5, 2019 9:00 – 11:45 AM	RC

Class Title	Presenter Last	Schedule	Loc
Vietnam: An Advisor's Experience	Dowd	Friday, May 31, 2019 1:00 – 2:15 PM	RC
Voices in Opposition: The New Women's Movement	Southard	Thursday, March 21, 2019 1:00 – 2:15 PM	OS
Volunteering with Senior Corps Programs	Welborn	Tuesday, February 12, 2019 9:00 – 10:15 AM	RC
Washington & Atlanta: An Inside Look At The First 100 Days	Crane	Friday, April 19, 2019 2:30 – 3:45 PM	RC
What is a Garden? The Founders Garden	Nadenicek	Fridays, February 8 & 15, 2019 2:30 – 3:45 PM	RC/OS
What's Happened to Doctoring?	Schuster, B	Monday, March 25, 2019 10:30 – 11:45 AM	RC
When an 1870s Mortgage Crisis Became a Mortgage Meltdown	Nelson	Friday, May 24, 2019 10:30 – 11:45 AM	RC
White Extinction Anxiety	Nackerud	Thursday, February 7, 2019 9:00 – 11:45 AM	RC
Wine Flavors and Food Pairing - A	Frank	Tuesdays, February 12 & 19, 2019 2:30 – 3:45 PM	RC
Wine Flavors and Food Pairing - B	Frank	Thursdays, March 7 & 14, 2019 2:30 – 3:45 PM	RC
WUGA Radio Studios Tour	Cardin	Friday, February 15, 2019 11:00 AM - Noon	OS
Your Backyard – What Should You Plant?	Knauft	Friday, February 15, 2019 9:00 – 10:15 AM	RC
Your Spiritual Metaphysical Self	Carty	Friday, February 8, 2019 1:00 – 2:15 PM	RC
Zen and the Art of Chinese Calligraphy	Pierson, B	Mon., Wed., & Fri., March 11 – 15, 2019 10:30 – 11:45 AM	RC

OS: Off-Site, RC: River's Crossing, TC: Trumps Catering, TT: Talmage Terrace, (L) Denotes Luncheon

**OLLI@UGA is pleased to collaborate with Reading, Sharing, Learning and the Athens-Clarke County Library for two special afternoon events. Both films, accompanied by a panel discussion, are free and open to the public.**

### Undocumented and Unafraid!

Wednesday, April 17, 2019  
1:30 – 3:30 PM

The Unafraid is a moving feature length documentary by directors Anayansi Prado and Heather Courtney that follows the lives of three DACA (Deferred Action for Childhood Arrivals) immigrants in Georgia. Two of these young people, Aldo and Alejandro, grew up in Athens and are leaders in and graduates of U-Lead Athens, a local non-profit that helps Athens-area students with varying immigration statuses prepare for, apply to, and pay for college. Shot in an observational style over four years, this film takes an intimate look at the lives of Alejandro, Aldo, and Silvia as they pursue their right to higher education, traverse personal struggles and triumphs, and fight for their families and communities. A panel of U-Lead students and mentors will answer questions after the film.

The Unafraid is the winner of the Kathleen Bryan Edwards Award for Human Rights at the 2018 Full Frame Documentary Film Festival.

### Darius Goes West

Monday, May 13, 2019  
1:00 – 4:00 PM

Accompanied by eleven best friends, Darius Weems, a fifteen-year-old Athenian living with Duchenne Muscular Dystrophy (DMD), leaves home for the first time in his life. Following the film presentation join Daniel Epting, the driver and a crewmember of Darius Goes West and Barbara Smalley, the “mom” behind the DGW crew who helped organize this memorable journey and remains the continuing force of keeping the concept of helping this endeavor remain alive and viable. They will share stories of all that happened to Darius and his crew after the movie was released—e.g., appearances on Ellen DeGeneres, Nightline, etc., and a year on the road visiting schools across the country.

Darius Goes West went on to win 28 film festival awards worldwide.

*Thank you to all  
of our sponsors listed  
throughout the catalog.*

**Burman Printing is proud to support OLLI@UGA**



**WORKING TOGETHER  
TO SUPPORT THE NEXT  
GENERATION OF LEARNING.**



**UNIVERSITY OF  
GEORGIA**  
College of Education

OSHER  
LIFELONG  
LEARNING  
INSTITUTE  
**OLLI**  
AT THE UNIVERSITY OF GEORGIA®

*The UGA College of Education is proud to partner with OLLI@UGA.*

# TALMAGE TERRACE LANIER GARDENS

*leaders in senior living*



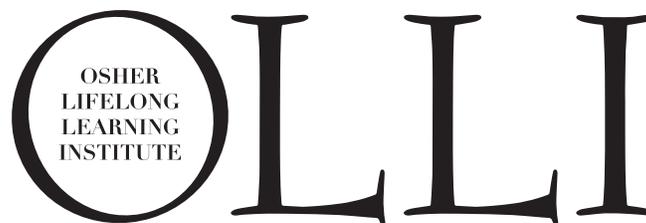
- Retirement & Personal Care
  - Apartment Homes
    - Convenient Location
    - Restaurant Style Dining
    - Numerous Activities
- Housekeeping & Transportation
  - Personal Care Services

***Seniors have been coming here to Age with Grace since 1973  
Visit us today and see why!***

801 Riverhill Drive • Athens  
706.369.7100 | [wesleywoods.org](http://wesleywoods.org)

A Community of WESLEY WOODS | Affiliated with Emory Healthcare  
and United Methodist Church/North Georgia Conference

A Proud Sponsor of



AT THE UNIVERSITY OF GEORGIA®