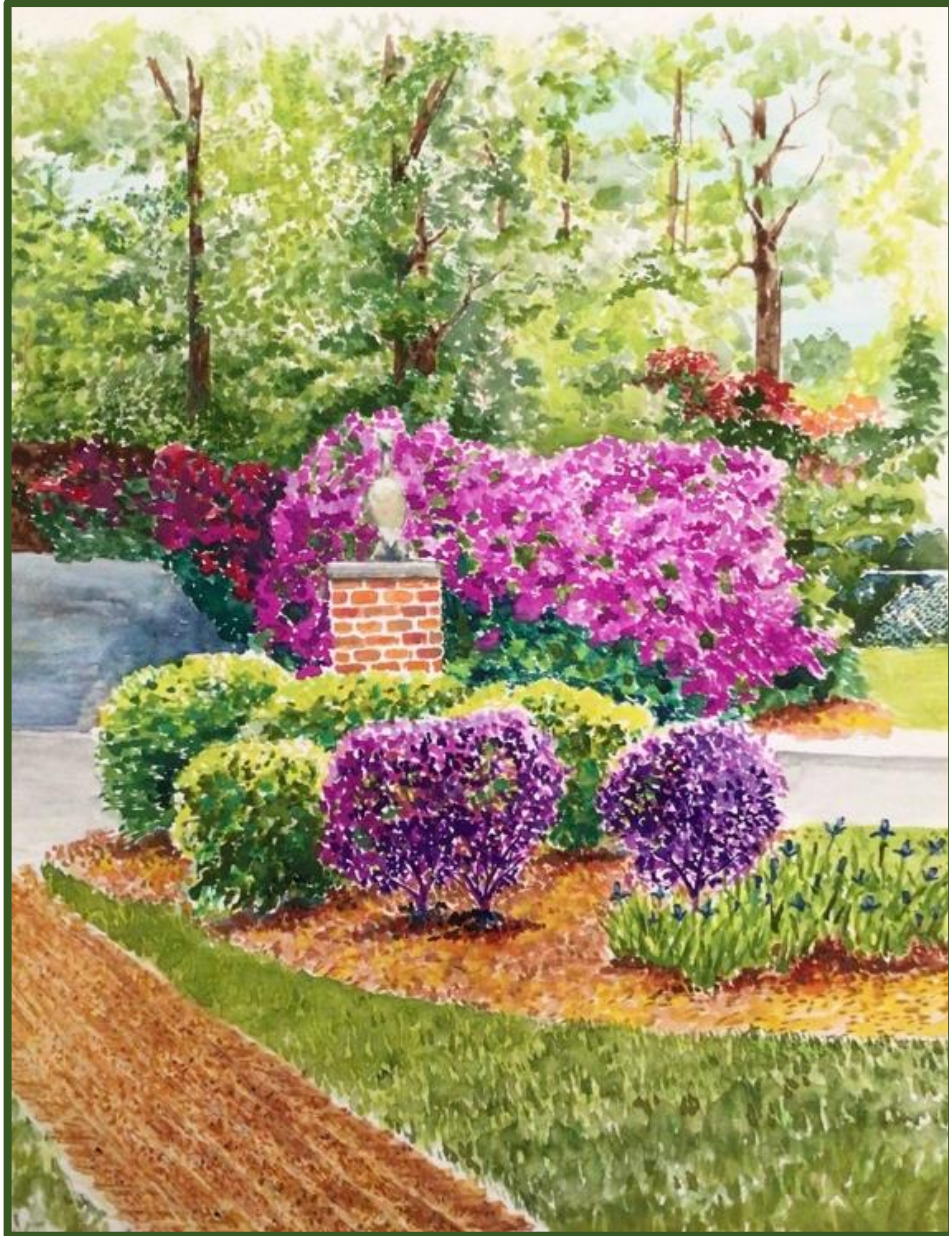


What's Happening at OLLI?!



Spring 2024

Art credit:
OLLI Member Dana Stratton



at The University of
Southern Mississippi

IMPORTANT INFORMATION

MEMBERSHIP AND CLASS REGISTRATION | Email and online registration will begin Wednesday, January 17 at 9:00 a.m. Phone registration will open Thursday, January 18 at 9:00 a.m. Walk-in registration will open Friday, January 19 at 9:00 a.m. Courses begin Monday, January 29 and will be held in person and on Zoom. You may email your course selections to maryann.herodes@usm.edu (Gulf Park | GP) and tay.baucum@usm.edu (Hattiesburg | HB), register online at www.campusce.net/usm or call either office to request registration, 228.214.3277 or 601.266.6554.

REGISTRATION OPTIONS | We prefer members to register using the online system at www.campusce.net/usm. If it is not feasible for you to register online, you may email your class registration list to one of the email addresses above or call the office nearest you and a staff member will enroll you when phone registration begins. You may visit your local OLLI office to register after all other registration options are underway. However, to increase the likelihood of securing a spot in your preferred classes, email and online registration are better options. Mail your checks to **OLLI, 118 College Drive #5055, Hattiesburg, MS, 39406**.

CLASS CANCELLATION POLICY | OLLI reserves the right to cancel any class at any time for any reason.

COMMUNICATIONS | We email an “OLLI Update” weekly or as needed to keep you informed of upcoming events and cancellations. If you have given us an email address but are not receiving emails, add olliengage@usm.edu and paula.mathis@usm.edu to your email address book. Also, check your junk or spam folder if you are not receiving emails from OLLI. If you find an OLLI message in the folder, mark it “not SPAM” and/or move it to your inbox. This is the best way to stay informed of current and upcoming activities.

PARKING | Parking lots for the Hattiesburg campus are provided on N. 37th Avenue between Pearl Street and Montague Boulevard. Handicapped-accessible parking is available in that lot and at the building entrance on 36th Avenue. **For our Gulf Park campus**, parking is available in any lot by **permit only**. You **MUST** email maryann.herodes@usm.edu to register your vehicle. No permit is required to park in the Hattiesburg OLLI lots.

INCLEMENT WEATHER | OLLI follows the policy of The University of Southern Mississippi in times of inclement weather. If USM closes either the Gulf Park or Hattiesburg campus because of weather conditions, OLLI will also cancel classes. Rely on trusted news sources when the National Weather Service issues a storm watch or warning. Please do not risk traveling until danger has passed.

PAYMENTS AND REFUNDS

How should I pay? | You may pay online at the time of online registration or mail a check to either campus. Mailing addresses are available on the back cover of this guide. **NOTE:** Payments are due within seven days of registering or your place may be forfeited. Gulf Park does not accept cash payments and Hattiesburg will only accept exact cash payments.

What happens if I paid for a class and it is cancelled? | When a class, seminar, or field trip is cancelled, all members are notified by phone or email and OLLI staff will credit your OLLI account the amount paid.

May I request a refund? | A refund may be granted if a class is cancelled, or if you notify OLLI you wish to withdraw from a course at least seven days prior to the class start date. If you paid with a credit card, the refund will be credited to your card. Other payment forms require completion of University paperwork, including a W-9 form, to obtain a refund. Otherwise, all credits will be credited to your OLLI account, not refunded. OLLI credits may not be used for membership dues, nor can membership dues be refunded.

May I use credits from semester to semester? | We will gladly apply your credits to pay for classes, seminars and field trips in a future semester. Members may not use credits toward membership dues.

What happens if I cannot attend a class, seminar or field trip? | If you cancel at least seven days prior to a class, seminar, or field trip, a credit will be issued for future registrations. If you choose not to attend a course or field trip without contacting the office seven days in advance of the event, no credit or refund will be issued.

EMERGENCIES AT OLLI | Should you suffer a medical emergency while attending an OLLI program (e.g., seminar, class, field trip, meet-up, pop-up or special event) or while in any building connected to OLLI (the Peck House, classrooms on the Long Beach campus or off-site locations), we are **required** to contact emergency services.

COMMITMENT TO DATA SECURITY | Southern Miss is dedicated to preventing unauthorized information access, maintaining information accuracy and ensuring the appropriate use of information. We strive to have appropriate physical, electronic and managerial safeguards to secure the information we collect in all formats: on paper, electronically and verbally. Security practices are consistent with the policies of the University, the laws and regulatory practices of the state of Mississippi and multiple federal agencies.

NOTE: Member information will be shared with OLLI Staff and the OLLI Membership Committees. Also, OLLI reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of OLLI or by other participants, for administrative and promotional purposes. By enrolling in an OLLI program, participants agree to allow their images and names, if visible, to be used in such. Participants who prefer their images not be used are asked to contact the OLLI office at 601.266.6554.

Wednesday, January 17 at 9:00 a.m. | Email and online registration opens

Thursday, January 18 at 9:00 a.m. | Phone registration opens

Friday, January 19 at 9:00 a.m. | Walk-in registration opens

Monday, January 29 | Courses begin

Annual Membership Fee

\$50 Hattiesburg

\$40 Gulf Park

\$30 USM Faculty and Staff

\$30 Zoom Only

Course Fees

\$50+ Field Trips

\$25 Five-Week Classes

\$15 Two-Part Seminars

\$10 Seminars

\$ 5 Mini-Seminars

Studies show that remaining active intellectually, physically and socially results in healthy aging.

JOIN TODAY!

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Contact your local OLLI office for Zoom instructions. Zoom links will be emailed the afternoon before class.

SPECIAL EVENTS

***Music We Grew Up On!* | Free and Open to the Public**

2:30 p.m. - 4:30 p.m. | HB In-Person

Term I | Thursday | January 18

Term II | Thursday | April 18

Seminars led by Jim Dryden

Is it a class? Is it a social gathering for meeting and making friends? Well, it is a bit of both. Jim Dryden is a human encyclopedia of music and music history. In each session, Jim will present a 30-45 minute discussion on a variety of music genres ranging from: *Motown* in January and *Bubble Gum and One-Hit Wonders* in April. Each discussion is followed by music listening and socializing for the fun of it. Originally from Dayton, Ohio, **Jim Dryden** has lived in 11 states, cruising to all kinds of music as he worked and explored this country, with his *very* tolerant wife, Sherry. His love of music may only be matched by his love of stories and trivia, and Sherry, of course!

***An Insider's View of The Burial* | Free and Open to the Public**

Friday, February 9 | GP In-Person

10:00 a.m. - 12:30 p.m. | Discussion led by Dr. Lorraine Magrath

Join in a viewing of *The Burial*, the acclaimed Jamie Foxx and Tommy Lee Jones movie inspired by true events that occurred in Mississippi. "A lawyer helps a funeral home owner save his family business from a corporate behemoth, exposing a complex web of race, power and injustice." The discussion after will be led by Lorraine Magrath, an OLLI member who was a part of the events portrayed in the movie; she also is a character in the film. **Dr. Lorraine Magrath** is the Chair of Accountancy at Troy University.

***Charles Sullivan: The Historian* | Free and Open to the Public**

Thursday, March 28 | GP In-Person

12:00 p.m. - 1:00 p.m. | Tribute led by Pat Alford

This is a tribute to the late Charles Sullivan who lived and breathed the Mississippi Gulf Coast. We will have a display of his works and a talk about his life. It will be a memorable journey from Waveland to Pascagoula that centers on Charles as narrated by Pat. Refreshments will be served. **Pat Alford** is retired after forty-two years as a science teacher and administrator. Pat is a Master Volunteer Ranger for the National Park Service. He has taught several classes and led several tours for OLLI.



GULF PARK

ARTS

***Colored Pencils for Beginners* | \$25**

Tuesdays, January 30 - March 5 (No class February 13) | GP In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Dr. Tammy Gragg

Drawing and coloring with colored pencils is a fun, immersive and relaxing hobby. In this beginner class, learn several colored pencil techniques and create a colored pencil still life. **Supply List:** Colored pencils, #2 pencil, smooth Bristol paper or any smooth surface paper you like about 8 x 10 or 9 x 12 inches in size, pencil sharpener. Please bring a towel or tablecloth for your work space. **Dr. Tammy Gragg** is a retired nurse practitioner and artist working mainly in watercolor and colored pencil. She studied art at Mississippi Gulf Coast Community College, the New York Academy of Art and University of North Carolina. She is an active member of the Gulf Coast Art Association and the American Society of the Botanical Artists.

***French Impressionism Part II* | \$25**

Tuesdays, January 30 - March 5 (No class February 13) | GP In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Dr. Michael DeMarsche

This course will examine French Impressionism as it matured into a viable artistic movement during the years 1870 to approximately 1900. One of the most influential movements of the nineteenth century, we will place special emphasis on the private and often hidden lives of the artists Manet, Degas, Monet and Cezanne. Part I not required. **Dr. Michael DeMarsche** received a PhD in art history from Stanford University. His dissertation was awarded the prestigious Kress Dissertation Fellowship, and he has been the founding director of three museums in the United States and Europe.

***Strumming My Six-String* | \$25**

Wednesdays, January 31 - February 28 | GP Meet-Up

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Pat Noonan

Meet at First United Methodist Church, 208 Pine Street, Long Beach.

Come learn the acoustic guitar chords and strumming techniques to play songs made popular in folk and modern music. **Supply List:** Adult acoustic guitar (A small size, 3/4 or "baby" is easier to play. Six-string Guitalele may also be used.) **Pat Noonan** has played the acoustic guitar for over forty years. She has taught both children and adults.

***Learn Acrylics!* | \$25**

Thursdays, February 1 - 29 | GP In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Marty Broadus Turnbo

Acrylics are FUN! They are fast-drying, easy-mixing and if you mess up, just let it dry and paint over it! You can paint on paper, cardboard, metal, building materials, anything! **Supply List:** Surface for paint (watercolor paper, cardboard, mat board, wooden board, etc.), acrylic paints, acrylic brushes (three sizes), transfer paper, pencils. **Marty Broadus Turnbo** is a retired art and drama teacher from Oak Grove and is a longtime member of the South MS Art Association.

***Atmospheric Perspective Drawing with Soft Pastels* | \$35**

Monday, February 5 | GP Meet-Up

9:30 a.m. - 11:30 a.m. | Seminar led by Amanda Bush

Meet at the Ohr-O'Keefe Museum Center for Ceramics, 2nd Floor, 386 Beach Boulevard, Biloxi.

This seminar will teach you how to use soft pastels to create a stunning landscape drawing. You will learn how to blend and layer colors while exploring a variety of techniques to describe atmospheric perspective. This project is great for beginners to advanced artists. **Material cost is included in course fee.** **Amanda Bush** is a visual artist living in Waveland. She received a BFA in Painting and Drawing from USM in 2009 and a MFA from the Pennsylvania Academy of Fine Arts in 2012. She has been teaching art to children and adults of all ages since 2014 and is currently the Education Director at the Ohr-O'Keefe Museum of Art.

Textured Platter | \$45

Monday, February 19 | GP Meet-Up

10:00 a.m. - 12:00 p.m. | Seminar led by Ohr-O'Keefe Pottery Instructor

Meet at the Ohr-O'Keefe Museum Pottery Studio, 386 Beach Boulevard, Biloxi.

Join us for a pottery workshop on the beautiful campus of the Ohr O'keefe Museum to create a small ceramic platter (10.5" x 6.5"). We will use prerolled slabs, hump molds and textures. No previous experience necessary for this workshop. Beginners, experts, all levels of ability are welcome. **All tools and clay will be provided by the studio.** Students are welcome to bring in their own doilies or use textures provided by the studio. Glaze colors will be chosen at the end of class and finished pots will be ready for pickup approximately two weeks after class date.

Off the Beaten Path: OLLI Karaoke | \$10

Wednesday, February 28 | GP Meet-Up

12:00 p.m. - 2:00 p.m.

Meet at First United Methodist Church, 208 Pine Street, Long Beach.

Karaoke is always a great time, whether you love to sing to the hits or just listen to others. OLLI members will join together and enjoy light refreshments while "putting on the hits." If you are a trained musician or just sing in the shower, everyone can grab the microphone and belt out their favorite tune from the catalog of songs. Bring your SMILES!

Cute Crochet Critters: Amigurumi | \$15

Thursday, March 7 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Trissy Magrath and Dr. Christi Magrath

Amigurumi is a type of crochet or knitting that originated in Japan and is used to create small stuffed yarn creatures/creations. Amigurumi differs from traditional crochet in that the product is usually three-dimensional "dolls," such as mermaids, ducks, dogs, dragons and other critters. The final products vary in size and style but are almost always cute and colorful. In this seminar, we will learn the five simple stitches used for amigurumi and initiate a project to complete at home. **Supply List:** Bring crochet needles, yarn, scissors or snips. **Trissy Magrath** is a hairstylist in Harvey, Louisiana who enjoys crafting, especially diamond painting and crochet. **Dr. Christi Magrath** is a retired biology professor and Trissy's mom. She enjoys crafting and has recently learned to crochet.

Large Ceramic Decorative Planter | \$45

Monday, March 18 | GP Meet-Up

10:00 a.m. - 12:00 p.m. | Seminar led by Ohr-O'Keefe Pottery Instructor

Meet at the Ohr-O'Keefe Museum Pottery Studio, 386 Beach Boulevard, Biloxi.

Join us for a pottery workshop at the Ohr-O'Keefe Museum to create a beautiful, decorative pot suitable for planting. You will learn handbuilding techniques and get to add your own personal touch. No previous experience is necessary. All tools and clay will be provided. You will choose a glaze color for the pot and finished pots will be ready in three weeks. **Material cost included in course fee.**

Drawing in Charcoal | \$25

Mondays, March 18 - April 22 (No class April 8) | GP In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Henry Stiller

In this course, you will learn how to create drawings using shade techniques with charcoal. We will start with simple objects then move on to more complex drawings. This class is designed for beginners and more advanced students. The goal is to learn and enjoy working with charcoal as a medium. **Supply List:** Variety pack of charcoal sticks, kneaded eraser, white chalk, paper towels and a drawing pad (14 x 17 or larger). Please bring a towel or tablecloth for your work space. **Henry Stiller** is a retired Air Force veteran of twenty-four years. His career in the Air Force consisted of jobs as a medical illustrator, graphics technician and art director of a national magazine. He worked twelve years in civilian life as a medical illustrator at the Keesler Medical Center in Biloxi. He has illustrated medical journals and children's books. He also has four bronze plaques on the Bay St. Louise Bridge from a local art contest sponsored by the MS Department of Transportation.

Ukrainian Eggs: History and Demo | \$15

Tuesday, March 19 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Christi Magrath

Ukrainian eggs, also known as pysanky eggs, use a special method called wax-resist to create spectacular designs on the surface of eggs. We will learn the history of this ancient art and watch a demonstration of some of the techniques used to create the intricate patterns and beautiful coloration. Everyone will have the chance to practice the wax-resist technique. The goal is to inspire those enrolled in the class to continue to practice and learn to create their own beautiful Ukrainian eggs. **Dr. Christi Magrath** is a scientist and artist/crafter who enjoys sharing her knowledge with others. She retired from Troy University after 20 years as a Molecular Biology researcher and teacher.

The Search for Meaning in Art | \$25

Tuesdays, March 19 - April 16 | GP In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Dr. Michael DeMarsche

This is a non-chronological survey of the history of art. The course will concentrate on how people over thousands of years have depended upon art to not only explore an extraordinary range of religious and secular subjects but also provide profound meaning to human existence. **Dr. Michael DeMarsche** received a PhD in art history from Stanford University. His dissertation was awarded the prestigious Kress Dissertation Fellowship, and he has been the founding director of three museums in the United States and Europe. He has taught and lectured on art history at a variety of colleges, universities and museums.

Let's Play the Uke! | \$25

Wednesdays, March 20 - April 17 | GP Meet-Up

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Gina Aguilar

Meet at First United Methodist Church, 208 Pine Street, Long Beach.

In this class OLLI members come to understand the ukulele as a musical instrument, learn to read ukulele chords and play while reading the chords. Left-handed members will need left-handed ukuleles. **Supply List:** Concert, tenor or baritone (with GCEA strings) ukulele, ukulele tuner (used before class begins) and music stand. **Gina Aguilar** is retired and has taught ukulele to OLLI members on a regular basis. Playing the guitar and the ukulele are two of her hobbies.

Learn Watercolor—It's FUN! | \$25

Thursdays, March 21 - April 18 | GP In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Marty Broadus Turnbo

Come learn to paint. Watercolor is cheap and fun! You'll learn tricks and techniques, small work and large. **Supply List:** Watercolors, round brushes, flat brushes, watercolor paper (9 x 12) and resist medium (crayons, pastels, fluid). **Marty Broadus Turnbo** is a retired art and drama teacher from Oak Grove and is a longtime member of the South MS Art Association.

A Morning with the "Mad Potter of Biloxi," A Hidden Treasure | \$20

Wednesday, April 17 | GP Meet-Up

10:00 a.m. - 1:00 p.m. | Seminar and Tour led by Ohr-O'Keefe Docent

Meet at the Ohr-O'Keefe Museum, 386 Beach Boulevard, Biloxi.

Begin the day with a docent-led tour of the beautiful Ohr-O'Keefe Museum that houses the works of George Ohr, the "Mad Potter of Biloxi." A nationally recognized potter, his works are displayed in the Smithsonian Museum of Art and the New York Metropolitan Museum. We will also visit the Pleasant Reed House, a restored Creole Cottage on the grounds. Lunch with OLLI friends (Dutch treat) follows at the Trinity Cafe located onsite. The gift shop will be open.

HEALTH AND FITNESS

Tai Chi Chih for the Beginner | \$30 Each Term

8:30 a.m. - 9:30 a.m. | GP In-Person

Term I: Tuesdays and Thursdays | January 30 - March 7

Term II: Tuesdays and Thursdays | March 19 - April 25

Six-Week Exercise Class led by Susie Pham

This class will teach traditional physical meditative practice. It is designed to build strength, improve health and flexibility, reduce stress and increase energy flow. It is for newcomers to learn and for existing Tai Chi followers to enhance their skills. **Susie Pham** has practiced Tai Chi for years and was trained by Grand Master Shi DeRu, 31st generation descendant of the Shaolin Temple.

Intermediate Tai Chi Chih | \$30 Each Term

9:45 a.m. - 10:45 a.m. | GP In-Person

Term I: Tuesdays and Thursdays | January 30 - March 7

Term II: Tuesdays and Thursdays | March 19 - April 25

Six-Week Exercise Class led by Susie Pham

This class will teach traditional physical meditative practice. It is designed to build strength, improve health and flexibility, reduce stress and increase energy flow. This class is for those who have previously taken Tai Chi for the Beginner. **Susie Pham** has practiced Tai Chi for years and was trained by Grand Master Shi DeRu, 31st generation descendant of the Shaolin Temple.

Your Body Has More Potential to Heal than You May Give It Credit For | \$10

Thursday, February 8 | Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Sasha Tran

This course will use real-world applications and explain the body's function in a way that actually makes sense. The goal is for you to understand your body beyond the textbooks. We will look at a functional approach that makes practical sense. **Dr. Sasha Tran** is a licensed chiropractor in Illinois and Georgia. She is Level II certified in NeuroEmotional Technique and certified in Applied Kinesiology. She has done a few speaking engagements, the largest being a group of 100 doctoral students.

Keep Moving with Assistive Devices | \$10

Monday, March 4 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Joe Coursey

Mobility issues frequently impact senior citizens. This seminar will welcome Corrected Mobility of Gulfport to discuss and demonstrate devices that can assist us in staying mobile and involved. Canes, walkers, rollators, wheelchairs, power chairs, ramps, lifts and other devices will be explained and some will be demonstrated. Whether preparing before you have a need or meeting your current needs, knowing the available equipment is important. **Note:** The information is about the equipment available but is not designed to replace the advice of doctors and therapists in choosing the most suitable devices for individual needs. **Joe Coursey** is the owner and CEO of Corrected Mobility.

The Importance of Social Connection | \$5

Wednesday, March 6 | GP In-Person and Zoom

2:30 p.m. - 3:30 p.m. | Mini-Seminar led by Krystyna Varnado

What if there is something in our everyday lives that can transform our whole health and well-being? The Surgeon General of the United States recently issued an advisory on what is being called a "loneliness epidemic." Loneliness can have a significant and negative impact on a person's physical, emotional and mental well-being. Human beings are inherently social creatures, and, when we lack meaningful social connections and experiences, loneliness can take a toll on almost every aspect of our lives. Today's modern society has driven us from in-person interactions to a greater reliance on online connections, which are simply not the same. COVID made this situation worse when we were all forced into isolation. Many of us still have not fully come back out. When you are alone or disconnected, there's more inflammation and anxiety, which impacts your entire body and health. The solution is to reclaim our social connections. Fostering in-person connections requires that we commit to our relationships and communities. Come and learn of actions you can take to create sustainable changes in your life and better your overall health and happiness. **Krystyna Varnado** has more than a twenty-year career of progressive human resources management experience in multiple industries and diverse environments. At USM, Ms. Varnado has been the Chief Human Resources Officer for all USM campuses since 2016. She is a native of the Gulf Coast and attended The University of Southern Mississippi, earning both a bachelor's degree in psychology and an MBA.

Hypnosis in Future Projection Therapy | \$5

Friday, April 12 | GP In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Dr. Joseph Tramontana

This course will include a discussion of hypnosis, in general, what it is and what it is not, and how it can boost the effects of psychotherapy. It also will include a demonstration with a volunteer. **Dr. Tramontana** is from New Orleans. He earned his PhD at Ole Miss and worked in Mississippi for years before closing his office in Pass Christian when the pandemic hit. He continues to counsel some Mississippi patients virtually. He is the author of three books on hypnosis, a past president of the American Society of Clinical Hypnosis, a former board member of the Southern Pain Society, as well as a former president of the Louisiana Psychological Association.

CPR and First Aid Basics: Things You Need to Know | \$15

Mondays | April 15 and 22 | GP In-Person

9:30 a.m. - 12:00 p.m. | Two-Part Seminar led by Dr. LaWanda Baskin

This course will provide CPR and First Aid Basics. The CPR component of the course is perfect for people who want to learn CPR but do not need a CPR course completion card to meet a job requirement. The First Aid component will discuss first aid skills and next steps when identifying common medical and injury emergencies. The lessons will also include information on fall prevention. **Dr. LaWanda Baskin** has more than twenty years of experience as a nurse with more than ten years of experience as a nurse practitioner and nurse educator. Dr. Baskin is a certified instructor for the American Heart Association.

HUMANITIES

The Voodoo Love Boat Tour Featuring Pirate Jean Lafitte and The Curse of the Lost Gold | \$75

Wednesday, February 7 | GP Meet-Up

12:30 p.m. - 2:30 p.m. | Seminar led by Jennifer Johnston

Meet at The Bayou Caddy Marina, 5124 Pleasure Street, Bay St Louis.

Join The Mystic Ghost Ride Company traveling down Bayou Caddy-if you dare. Hear tales of Voodoo spells and ghost stories of the past, featuring legendary Pirate Jean Lafitte and The Curse of The Lost Gold Boat Tour. The tour will be one hour in the boat and one hour at the camp. The boat is covered but dress appropriately and bring a sack lunch. (Fee must be paid one week in advance). **Jennifer Johnston** is a graduate of the University of West Georgia, where she studied education. With her love of nature and teaching, Johnston currently conducts outdoor field trips and is the owner and operator of Gulf Coast Eco Tour.

Chimneys, Radishes and Hospitality: A History of Long Beach, Mississippi | \$5

Monday, February 19 | GP In-Person and Zoom

2:30 p.m. - 3:30 p.m. | Mini-Seminar led by Allisa Beck

Long Beach, the 'Friendly City,' has a long and fascinating history. Did you know that Long Beach was a hub of truck farming and was once the 'radish capital of the world?' Have you heard about historic Gulf Park College for Women? Learn how Long Beach grew from an original small one-family settlement called 'The Chimneys' into the city we know today with shops, restaurants and a beautiful beach. **Allisa Beck** is the Collection Management/Arts and Sciences Librarian at the The University of Southern Mississippi Gulf Coast Library. Her responsibilities include administering the Gulf Park College for Women archives, located in the Library. She is a member of both the Long Beach Historical Society and the Historical Society of Gulfport

Legend? Myth? History? | \$15

Thursdays | February 22 and 29 | GP In-Person

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Rev. Jon Caridad

The Old Testament is full of legend, mythology and straight history. We will examine literalism and fundamentalism as they appear in Old Testament study, then discuss these elements in the Book of Genesis. **Jon Caridad** is a retired Episcopal priest with extensive experience in education, ancient history and biblical study.

Heroic Age of Antarctic Exploration | \$10

Monday, February 26 | Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Dave Reed

The Heroic Age of Exploration, from late in the 19th century to about 1922, was a period of scientific discovery and geographic exploration of Antarctica. Expeditions by Robert Falcon Scott and Raold Amundsen to be the first to reach the South Pole and Ernest Shackleton's expedition to be the first person to cross the continent of Antarctica highlighted the heroic tests of endurance of these and other explorers. This course will detail those expeditions. **Dave Reed** worked as a hydrologist/river forecaster for the National Weather Service for 32 years. Since his retirement, he has enjoyed traveling and pursuing his hobbies of bird watching and bird photography.

Danger in the Gulf!: The Mississippi Gulf Coast on America's Frontline Since 1812 | \$10

Monday, March 25 | GP In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Robert Dyer

This course will examine the role that the Mississippi Gulf Coast has had in America's wars since 1812 and how the Gulf Coast has many times been the frontline of battle of many unknown actions of the nation's wars since the War of 1812. It will examine everything from the Battle of Bay St. Louis in the War of 1812 and the Gulf's role in the 19th and 20th centuries to the way the MS Gulf Coast has still been on the frontline in the 21st century. **Robert Dyer** has been an educator for over twenty-six years and is a professional historian with a degree from the University of South Alabama. He also is a veteran with thirteen years of service in the US Army and Coast Guard Reserve.

Where Do We Go From Here? | \$10

Tuesday, March 26 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Rev. Jon Caridad

Studying history is rewarding and provides a guide for generations to come. We are now almost a quarter of the way into the 21st century and we need to evaluate constantly how we are doing in shaping this new world. Issues of technology, environment, globalization and terrorism are on our minds. The ever-changing roles of women and men in our society are of concern. How can we react to all these changes? **Jon Caridad** is a retired Episcopal priest with extensive experience in education, ancient history and biblical studies.

'Gods and Monsters'—Mythology in the Movies | \$5

Wednesday, March 27 | GP In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Allisa Beck

From 'Jason and the Argonauts' to 'Stargate' to Marvel Universe's 'Thor,' mythological themes have been a popular component in films. In this talk, we will discuss some of the most memorable examples of gods, goddesses and other mythological beings in popular movies, past and present. **Allisa Beck** is the Collection Management/Arts and Sciences Librarian at The University of Southern Mississippi Gulf Coast Library. Her responsibilities include administering the Gulf Park College for Women Archives, located in the Library. She is a member of both the Long Beach Historical Society and the Historical Society of Gulfport.

Experience Nehemiah: The Story of a God-Fearing Man and His Enemies | \$10

Monday, April 1 | GP In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Rev. Jim Allen

Join us for a two-hour journey examining the Old Testament Book of Nehemiah and his task of rebuilding the protective wall around Jerusalem. We will review events that left Jerusalem in tatters, explore Nehemiah's leadership skills, recognize the forces of evil and celebrate the completion of the work and the revival of the Hebrew people. It is truly a story of triumph over espionage. **Jim Allen** received his Master of Divinity from New Orleans Baptist Theological Seminary in 2018. Prior to leaving over 30 years of employment in business he also received both a bachelor's and master's from USM. Jim has studied the Book of Nehemiah for over 10 years. He enjoys the Book for its direct application in his Christian walk of life.

Fantastic TrainTastic | \$25

Wednesday, April 3 | GP Meet-Up

10:00 a.m. - 12:00 p.m. | Seminar led by Museum Representative

Meet at TrainTastic, 615 Pass Road, Gulfport.

Visit the Mississippi Coast Model Railroad Museum's *TrainTastic*—the largest and most exciting model train museum in the US! Guests will be wowed by some of the LARGEST, most scenic and INTERACTIVE model railroad exhibits in the country. See miniature wonders of the world while strolling along miniature mountain vistas, rivers, coastlines, fields of gold, farms, factories, and more! Guests will be able to ride on a real train in a space dedicated to the 1950s, as well as participate in S.T.E.A.M.-inspired activities emphasizing science, technology, engineering, art and math.

The Sweet Potato Raid from Baton Rouge to Gautier | \$10

Thursday, April 11 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Pat Alford

There was a Grierson Raid, a Sherman's Raid, but have you heard of the famous Sweet Potato Raid on the Mississippi Gulf Coast from Baton Rouge, New Augusta, Benndale and on to Lucedale to destroy the Gulf, Mobile and Ohio Railroad. The raid on GM&O was not successful and they turned and went down the Pascagoula River to Gautier and the Oldfield House. **Pat Alford** is retired after forty-two years as a science teacher and administrator. He is a master volunteer ranger for the National Park Service and has taught several classes and led several tours for OLLI.

The US Presidency: Facts, Foibles and Fables | \$10

Wednesday, April 24 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Ron Bruni

This seminar will explore the history of the United States Presidency, including the role of the President, significant events and achievements, controversies and scandals and myths and legends. Throughout the seminar, we will discuss little-known facts and anecdotes and their impact on American society and culture. **Dr. Ron Bruni** is a pediatrician who recently retired after fifty years of private practice at Bruni Pediatric Clinic with his son, Tim Bruni, MD. He earned his BA in pre-med at Seton Hall University in 1963 and a MD and his internship residency from Georgetown in 1967.

LANGUAGE AND LITERATURE

***MacDaddy Macbeth Memoirs: The Real History Behind Macbeth and Shakespeare's Play* | \$10**

Monday, February 26 | GP In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Robert Dyer

This class will look at the real history and political ambitions of the Scottish king Macbeth who Shakespeare based his play *Macbeth* upon. It will examine how Shakespeare used real history and how he embellished and used some literary license in constructing his masterpiece play *Macbeth*. **Robert Dyer** has been an educator for over twenty-six years and is a professional historian with a degree from the University of South Alabama. He also is a veteran with thirteen years of service in the US Army and Coast Guard Reserve.

***The Open Boat by Stephen Crane* | \$5**

Tuesday, April 2 | Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Leah Holmes

The Open Boat is one of Stephen Crane's finest, and most autobiographical, short stories: in 1897 he and three other men survived the sinking of the *SS Commodore* and spent over 30 hours in a ten-foot dinghy, praying for rescue, thus laying the groundwork for this iconic work of American Realism. Crane asks us to examine our relationship with nature and with the universe. Former USM English Instructor **Leah Holmes** holds advanced degrees in literature.

NATURE, SCIENCE AND TECHNOLOGY

***A Cold Day in Paradise: South Mississippi and The Great Arctic Outbreak of February 1899* | \$10**

Monday, February 5 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by James Rigney

In February 1899 frigid air from the Arctic enveloped the Deep South bringing the coldest temperatures ever recorded to south Mississippi and the surrounding region. All-time records were set at Hattiesburg (-1 below zero) and Biloxi (1 above zero). We will examine historical reports of the bone-chilling cold, the meteorological pattern that led to the event, and explore the probabilities that the records will be broken in the near future. **James Rigney** is a meteorologist and oceanographer who served 31 years with the Naval Oceanographic Office, retiring as NAVO's Chief Scientist. His weekly weather columns can be found online at *The Sea Coast Echo*.

***New Things from the Dinosaur World* | \$10**

Thursday, February 15 | GP In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Craig Huch

The class will start at the beginning of Paleontology and trace how our knowledge of dinosaurs has evolved. We will cover new discoveries that have been made regarding feathers and the color of some dinosaurs. Real dinosaur fossils and casts will be used, and tools used for fossil preparation will be demonstrated. Fossil hunting in Mississippi will also be discussed. **Craig Huch** is retired with a bachelor's degree in applied biology from the Georgia Institute of Technology. Craig has had a lifelong fascination with dinosaurs and joined the staff of the University of New Orleans Geology Department in 1996. He was appointed the director of the Vertebrate Paleontology Lab, preparing dinosaur bones from the Lance Creek Formation of Wyoming. Craig has been giving lectures on dinosaurs for over twenty years.

***DNA, Your DNA and Your Heritage* | \$20**

Mondays | March 4 and April 22 | GP In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Dr. Christi Magrath

In this course, we will learn all about DNA, the "blueprint of life." In the first class meeting, we will learn the basics about DNA structure and function. Then, we will use a simple technique to extract DNA from fruit and actually hold a "blob" of this tiny molecule in our hands. We will also learn about the different commercial kits available to collect your own DNA and send off for analysis. As an option (\$30-\$90) everyone can purchase the recommended kit(s) to analyze their own DNA. Next time we meet, we will learn how the DNA sample was used to obtain a simple heredity profile and we will examine individual ancestry and heritage results. Those who chose to send in a sample will get simple percentages of the geographic regions most represented in your genes (everyone else can still be part of analysis of others' DNA). Be amazed at this incredible molecule!

Dr. Christi Magrath is a retired Molecular Biologist who taught at Troy University for two decades. She loves science and crafting!

***What the Bluebirds Told Me* | \$5**

Thursday, March 7 | GP In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by John Lipscomb

This mini-seminar will cover bluebird mating, nesting and fledglings. Also included will be information about habitat, bluebird box placement and predators. **John Lipscomb** is a Master Naturalist residing on the Mississippi Gulf Coast. He has been involved with birding most of his life. This presentation on bluebirds will cover basics on identification, migration and how to attract them.

***Miss Peetsy B Bayou Tour* | \$40**

Wednesday, March 20 | GP Meet-Up

12:30 p.m. - 2:30 p.m. | Seminar led by USM Educator

Meeting place to be determined (either the Halstead or Cedar Point campus to board the vessel).

The *Miss Peetsy B Bayou Tour* includes hands-on experiences in our floating classrooms, waterfront classrooms and laboratories. You will have the opportunity to pull a trawl, collect and analyze marine organisms and observe water quality. A USM educator from the Marine Education Center will be giving a bayou tour aboard the *Miss Peetsy B*.

***Observing Eclipses* | \$10**

Monday, April 8 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Rev. Jon Kaufman

For millennia, human beings have observed eclipses of the sun and the moon. This study will focus on how and why eclipses occur and how to safely observe them. This will take place outside. Bring lunch and a lawn chair. You may also bring a telescope (not required). **Rev. Jon Kaufman** is a 1985 graduate of USM in physics with experience teaching astronomy labs. He is an amateur astronomer with a telescope and can offer an introduction to the solar system, stars and our galaxy. Jon is also a United Methodist Pastor with a master's degree from Duke Divinity School at Duke University. He teaches courses on various subjects of the Bible, faith, ancient church history and holy land sites.

***Alzheimer's Advances in Science* | \$5**

Wednesday, April 10 | GP In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Kristen White

Learn basic information on the difference between Alzheimer's and dementia, stages and risk factors as well as the latest research and FDA-approved treatments. We will cover the landscape of Alzheimer's and dementia science, risk factors, highlights in early detection and diagnosis and the latest advances in clinical trials, treatments and lifestyle interventions. **Kristen White** is a licensed master social worker. She received her undergraduate degree from Mississippi College and master's degree from The University of Alabama. She has experience working with those living with Alzheimer's and their caregivers in the nursing home and hospital setting. She joined the Alzheimer's Association in the fall of 2019.

***Seasonal Hurricane Outlook for 2024: Boom, Bust or Why Bother?* | \$10**

Thursday, April 18 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by James Rigney

Wise residents of the Gulf Coast keep an eye on the tropics during the summer and fall. But are the seasonal hurricane outlooks issued in April and May worth paying attention to? We will explore the methods that scientists use to make these predictions, their accuracy, the dominant factors likely to affect the number of hurricanes in 2024, and the question of what utility these seasonal outlooks do and do not offer. **James Rigney** is a meteorologist and oceanographer who served 31 years with the Naval Oceanographic Office, retiring as NAVO's Chief Scientist. He writes a weekly weather column online for *The Sea Coast Echo*.

PERSONAL ENRICHMENT

***Make New Friends with Rummikub* | \$10**

Monday, January 29 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Gina Stanton and Ginger Guiney

This seminar is a brief overview of the game and demonstration by current players. We will discuss the rules and possible variations in play and give students a chance to try their hand. This is an individual game or can be played by two or up to six at a table. We hope to establish a regular play group if there is interest. **Gina Stanton** is a retired legal assistant from Louisiana. She was also a wildlife rehabilitator and was involved in pet rescue. She has now taken up playing Rummikub with friends and would like to encourage others to enjoy the game. **Ginger Guiney** is a retired senior project manager with a national company. She has volunteered with

several local non-profit organizations over the past six years. She enjoys teaching others to play Rummikub and will be demonstrating the variations in play to students.

Let's Decorate Cookies for Spring | \$15

Wednesday, March 6 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Susan Alford

In this seminar, we will decorate a few spring cookies. You will be shown how to make the royal icing and color and will be able to paint cookies using a couple of different techniques. You may take your cookies home with you (if you don't eat them before you leave class)! **The cookies will be provided.** Susan Alford is a retired educator. She enjoys baking and decorating cakes and cookies for her family.

Colorful Spring Flowers | \$5

Thursday, March 21 | GP Meet-Up

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Polly Cuevas

Meet at Pine Hills Nursery, 7434 Cuevas Road, Pass Christian.

Come learn to select blooming colorful plants this spring while visiting Pine Hills Nursery. You will learn how to coordinate and care for the best color plants that will bloom all spring. Polly Cuevas has been manager at Pine Hills Nursery since its beginning in 1986.

Floral Design Workshop | \$70

Monday, April 1 | GP Meet-Up

10:00 a.m. - 12:00 p.m. | Seminar led by Dr. James DelPrince and Wanda Norton

Meet at MSU Coastal Research and Extension, 1815 Popps Ferry Rd., Biloxi.

Join us at the MSU Coastal floral design studio for a floral design workshop. In this hands-on workshop, create and take home a fresh vase arrangement with a variety of flowers and ornamental greenery using "tradition with a twist." Learn the proper techniques for floral care and how to create symmetry and balance in floral design. **Supply cost included in course fee. Bring floral snips.** Dr. Jim DelPrince is an Associate Professor, Horticulture Specialist, with MSU Extension. He leads the MSU Extension Master Floral Designer program and has taught floral design for over thirty years. Wanda Norton is a professional florist and retired special education teacher. She is a Master Floral Designer, Naturalist and designer. Wanda has assisted Dr. DelPrince in many floral workshops.

Pascagoula Aliens Abductions: They Do Exist! | \$5

Thursday, April 4 | GP In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Connie Rainey

In 1973 two men claimed to have been abducted by aliens. This is the most reliable abduction to this day. We will discuss the possibility of aliens, other abductions and the Pascagoula abduction. *They do exist.* Connie Rainey is an active paranormal investigator and researcher. She is a member of MUFON, (Mutual UFO Network.)

Visit to the Mississippi State Port | \$10

Tuesday, April 16 | GP Meet-Up

12:00 p.m. - 1:30 p.m. | Tour led by Port Representative

Meet at the parking garage, 3300 W. Beach Boulevard, Gulfport (south of Island View parking garage).

Come take a tour of the Port of Gulfport. The Port of Gulfport was officially established in 1902 but has been in use for over 300 years. Currently, the Port encompasses 300 acres in Gulfport with deep water access, 10 vessel berths, 100 acres of open storage space and 400,000 square feet of covered warehouse space. With these facilities, it is now the third largest container port in the Gulf of Mexico and one of the 20 largest container ports in the US.

TRAVEL

Laura Plantation in the Spring: an OLLI Outing | Estimated cost \$125

Date To Be Determined | GP Field Trip

8:00 a.m. - 5:00 p.m.

Meet at the USM Gulf Park campus (specific location to be determined).

The Gulf Park spring trip will be to Laura Plantation, a restored historic Creole plantation in Vacherie, Louisiana. It is significant for its early 19th-century Creole-style raised big house and several surviving outbuildings, including two slave cabins. The plantation is on the National Register of Historic Places and the Louisiana African American Heritage Trail. Bus transportation provided. Lunch is Dutch treat.

EATING YOUR WAY THROUGH OLLI

Celebrating Jimmy Buffett at Margaritaville and Paradise Pier | \$25

Friday, March 1 | GP Meet-Up

11:00 a.m. - 2:00 p.m. | Lunch (Dutch treat) and Boat Ride

Meet at the Margaritaville Casino, 195 Beach Boulevard, Biloxi.

As a tribute to Jimmy Buffett, let's enjoy a Cheeseburger in Paradise (or any other choice on the menu) at Margaritaville in Biloxi. The atmosphere takes you on a journey to a Buffett concert or resort as his music wafts throughout the venue and the monitors show excerpts from his concerts. An added treat after lunch is a ride on the *Biloxi Tide Turner* (an air-conditioned gondola with views of coastline) at the adjacent Paradise Park.

Eating Your Way Through OLLI | Dutch treat

Fridays | 11:00 a.m. - 12:30 p.m. | GP Meet-Up

Blue Dog Café | January 26

Ground Zero | February 16

Savory Roots | March 15

White Cap | April 5

Basil's Café | April 26

An OLLI member stated "I feel like I'm eating my way through OLLI" at one of our fabulous lunch meet-ups. Thus, was born "Eating Your Way Through OLLI." We will visit a location along the Mississippi Gulf Coast for food and fun, sampling a variety of cuisines.

“The beautiful thing about learning is
nobody can take it away from you.

— B. B. King

HATTIESBURG

ARTS

Learning Crochet for Fun, Parts IV and V | \$15 Each Term

Term I | Part IV: Tuesdays, January 30 and February 6

Term II | Part V: Tuesdays, March 19 and 26

2:30 p.m. - 4:30 p.m. | HB In-Person

Two-Part Seminars led by Sherry Dryden

This spring we will continue to learn basic crochet stitches - chaining, single crochet, double crochet and treble crochet stitches. Beginners are always welcome as well as all levels of crocheters. We will work on dishcloths, wine bottle bags, koozies, market bags and other useful items. I promise we will have fun while learning! **Supply List:** Cotton thread (Lily Sugar'n Cream or Crafter's Secret), crochet hook - 5.00 mm (H) or 4.5 mm (I). We will use these for the dishcloths and bags. **Sherry Dryden** is a retired loan officer and supervisor for a credit union in Maryland. She has been a crafter since a young age. She was taught to crochet and embroider by her mother and grandmother.

Blow Your Own Breath-In/Breath-Out Bowl | \$70

Thursday, February 1 | HB Meet-Up

12:00 p.m. - 3:00 p.m. | Seminar led by Jeremy Thomley

Join OLLI to create what Mohawk Steel and Glass call the "Breathe In/Out Bowl." You will work alongside a skilled glassblower to make a Venetian style "suck" bowl. The blow will be great—it won't suck! You will inflate it and then suck some of the air out to create the bowl. This is a very popular option, and it requires approximately 20 minutes more time and effort than an ornament. **Jeremy Thomley** received a bachelor's degree in speech communications from USM and served a two-year mission with The Church of Jesus Christ of Latter-day Saints. He always wanted to be a teacher and **a great storyteller. His experiences made him trade his cubicle for a workshop.**

Learn Watercolor—It's Fun! | \$25

Mondays, February 5 - March 4 | HB In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Marty Broadus Turnbo

Come learn to paint. Watercolor is cheap and fun! You'll learn tricks and techniques, small work and large.

Supply List: Watercolors, round brushes, flat brushes, watercolor paper (9 x 12), resist medium (crayons, pastels, fluid.) **Marty Broadus Turnbo** is a retired art and drama teacher from Oak Grove and is a longtime member of the South MS Art Association.

Please Be My Valentine | \$20

Tuesday, February 6 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Karen LeBeau and Aimee Cotton

Send a friend a handmade Valentine card this year. In this seminar, you will make eight cards, two each of four designs. All you have to do is to come and have fun! Hopefully we will have an assistant this year. Karen's daughter, Aimee Cotton, has always designed the cards and loaned many of the tools. Aimee plans to join the class so she can personally see your great creations. **All materials and supplies will be provided.**

Karen LeBeau is a retired kindergarten teacher who has taught many classes at OLLI and dabbles in various types of crafts. **Aimee Cotton** is a graduate of USM with a master's degree. Her mom, Karen LeBeau, gave her a birthday gift of an OLLI membership in 2022. Aimee has been involved with paper crafts for many years.

Saenger Theater and Organ Tour | \$10

Wednesday, February 7 | HB Meet-Up

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Douglas Rust

Meet at the Saenger Theater, 201 Forrest Street, Hattiesburg.

Come tour the Hattiesburg Saenger Theater downtown and enjoy a special presentation about the theater organ there! **Dr. Douglas Rust** is an associate professor at the USM School of Music. He performs theater organ events each year at the Hattiesburg Saenger Theater and at the Plaza Classic Film Festival in Texas.

***Music from Here and There* | \$15**

Wednesdays, February 7 and 14 | HB In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Dr. Ed Hafer

Throughout history, composers have sought ways to infuse their music with unmistakable elements from their own culture or from traditions that were decidedly less familiar. Our class will consider aspects of musical nationalism and exoticism in works from many cultures written over the course of several centuries.

Dr. Ed Hafer holds a BA in music history and literature from Indiana University of Pennsylvania and MM and PhD in historical musicology from the University of Illinois at Urbana-Champaign. He teaches music history at Southern Miss.

***Techniques in Watercolor* | \$25**

Thursdays, February 8 - March 7 | HB In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Evelyn Timidaiski

This course starts with the basics of watercolor and covers topics such as color theory, washes, value and light. Classes include discussion, demonstration and student painting. **Supply List:** Watercolor paint, watercolor paper (140 lb.), pencil, artist tape, pallet (or paper plate), masking fluid, small package of tissues. **Evelyn Timidaiski** has been painting in watercolor for over 25 years. She is a retired biology teacher and published author. She loves working with adult students and her classes are filled with opportunities for the beginner to the professional. The atmosphere is relaxed and fun.

***Cell Phone Photography* | \$40**

Term I | Tuesdays, February 20 and 27

Term II | Tuesdays, March 26 and April 2

9:30 a.m. - 11:30 a.m. | HB Meet-Up

Two-Part Seminars led by Betty Press

Meet at the Singing River Art Studio, 100 W. 4th Street, Suite 20, Hattiesburg.

Many people now take photos with their phones without knowing how to use all the features available on the latest models. You will learn all the basics of iPhone photography in this course as well as plenty of tips and tricks that you can use during everyday shooting to make your photos stand out from the rest. We will also discuss post processing apps, such as Snapseed and Instagram, where we can share our photos. This course is best for people who have an iPhone 10 and above. **The second class is a repeat of the same content.**

Betty Press was formerly a photography instructor in the USM Art Department and is a member of the Hattiesburg Women's Art Collective. She has published several books, exhibits regularly and is now represented at the Singing River Art Studio. Her website is bettypress.com and Instagram is @bettypress and @singingriverartstudio.

***Diamond Art - Like Needlepoint with Sparkle* | \$20**

Tuesday, February 20 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Lynn Morris

If you liked paint-by-number as a kid, you will love this! Lynn learned the process on a Zoom class during COVID and has been making them ever since. There are hundreds of affordable kits available online or you can turn photographs into diamond art pieces. The process is relaxing and the finished products beautiful. Of all the crafts Lynn has shared with friends, this is the one that is most often repeated. **Supply cost is included in course fee.** **Lynn Morris** discovered a love for crafting when her thirty-year career in teaching ended. Her search for inexpensive but beautiful craft ideas has led to numerous projects and gifts galore.

***The Zen of Line* | \$10**

Wednesday, February 21 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Dana Stratton

Don't cross the LINE! Get in LINE! Draw the LINE or toe the LINE. So why not LINE up for a class that examines how we see, use and respond to line in our daily lives as well as in art. A bit of lecture, a touch of demonstration and a few art examples to whet the appetites of the armchair art lover, the novice and the practicing artist as well. **Dana Stratton** is a retired art and art history teacher who is also a practicing (she practices a lot) artist. She has taught at OLLI since 2000.

***The King of Instruments!* | \$10**

Wednesday, February 21 | HB Meet-Up

9:30 a.m. - 11:30 a.m. | Seminar led by Kay Guiles

Meet at Westminster Presbyterian Church, 115 North 25th Avenue, Hattiesburg.

The pipe organ is the largest musical instrument, the most versatile and one of the most interesting. Come join us at Westminster Presbyterian Church where you will be able to see, hear, learn about and even play the largest pipe organ in the city. The organ has survived a 70-year history in two churches, a trip across town and a tornado. Kay Guiles will show you the pipes, the gizmos and gadgets, some of her secrets and play some familiar tunes. **Kay Guiles** retired from Jones College as a music instructor and taught organ at USM. She is currently organist at Westminster Presbyterian Church in Hattiesburg. Kay performs for FestivalSouth and is a recitalist.

***Rice Paper Lanterns - A Glowing Gift Idea* | \$30**

Tuesday and Wednesday, February 27 and 28 | HB In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Lynn Morris

These lanterns can be made in different shapes and sizes and are perfect for night lights in a bedroom or bath. Using a paper machete technique with rice paper creates a translucent finish that allows light from an LED candle or fairy lights to glow and highlight materials that are added to the surface. Pressed flowers and leaves will be available for accents. Supply cost is included in course fee. **Lynn Morris** discovered a love for crafting when her thirty-year career in teaching ended. Her search for inexpensive but beautiful craft ideas has led to numerous projects and gifts galore.

***Murals of Downtown* | \$10**

Term I | Tuesday, March 5

Term II | Tuesday, April 9

9:30 a.m. - 11:30 a.m. | HB In-Person

Seminar led by Catherine Parker Edmonson

Meet at the Saenger Theater, 201 Forrest Street, Hattiesburg.

Visit Hattiesburg's murals while walking downtown with friends. Make sure you wear comfy shoes and bring money for our stop at Southbound Bagels for coffee. We will check out the Pocket Museum and discuss the artists who are bringing color to our fair city's walls. Learn how art activates public space and plays an important part in our downtown's revitalization. **Catherine Edmonson** is an art historian with two decades' experience. While working at Christie's Auctions in New York City, her tasks ranged from counting silverware to shutting down Fifth Avenue when a pesky bookcase required extraction. An enthusiastic art educator, Edmonson advocates that everyone deserves a well-balanced *visual* diet. She is a member of the Hattiesburg Alliance for Public Art and spearheaded the 'Spread Your Wings' mural downtown.

***Fold Your Stress Away with Origami* | \$10**

Thursday, March 7 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Drs. Benny and June G. Hornsby

Participants will learn several of the basic origami folds and, as time permits, will construct a swan, butterfly, sailboat, cat, samurai hat, jumping frog, flapping bird, crane, tulip with stem and a box to put them in. If there's enough karma in the room, a mandala will also be constructed. Origami paper will be provided.

Dr. Benny Hornsby is a retired Navy captain who has traveled extensively in the Far East and who has long used origami, the Japanese art of paper folding, to relax and meditate. He is also a longtime columnist for the *Hattiesburg American* and the *Pine Belt News*. He will be assisted by his wife, June, a professor emerita at William Carey. Professor Emerita **Dr. June G. Hornsby** retired from William Carey University in 2018 after 26 years of service.

***Learn Acrylics!* | \$25**

Wednesdays, March 20 - April 17 | HB In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Marty Broadus Turnbo

Acrylics are fun! They are fast-drying, easy-mixing and if you mess up, just let it dry and paint over it! You can paint on paper, cardboard, metal, building materials, anything! Supply List: Surface for paint (watercolor paper, cardboard, mat board, wooden board, etc.), acrylic paints, acrylic brushes (three sizes), transfer paper and pencil. **Marty Broadus Turnbo** is a retired art and drama teacher from Oak Grove and a longtime member of the South MS Art Association.

***Watercolor Landscapes* | \$25**

Thursdays, March 21 - April 18 | HB In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Evelyn Timidaiski

This class will take the techniques from Session 1 and use them to create simple landscapes. Students do not have to be accomplished at drawing to do landscapes. Refresher instructions will be provided to help students create the best pictures they can. **Supply List:** Watercolor paper (140 lbs.), watercolor paint, painter's tape, masking fluid, pallet or paper plate and pencil. **Evelyn Timidaiski** is a former biology teacher and published author. She has been working in watercolor for over 25 years and also likes writing, painting and quilting. She loves working with adult students and uses varied techniques for teaching her class.

***Polymer Clay Jewelry for Beginners* | \$15**

Wednesdays, March 27 and April 3 | HB In-Person

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Marlette DeFelice

This is an entry-level introduction to a polymer clay jewelry-making course. Make earrings, hand roll beads or make a pendant. **Supply List:** 12 x 12 smooth piece of tile on which to work, acrylic roller, tissue blade and 2 packages of polymer clay. (The tile can be purchased at Home Depot or Lowe's. Other supplies can be purchased at Michaels, Hobby Lobby or Amazon.) **Marlette DeFelice** has been a polymer clay artist specializing in jewelry for 12 years. She can give tips, techniques and shortcuts for your polymer clay creations! Let your imagination go wild—it will be fun! Marlette is also a retired photographer and nurse.

***Turning Time into Art* | \$25**

Tuesdays, March 26 - April 23 | HB In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Steve Hurst

In this class, you will learn how to scour your home or garage for things to create works of art that tell time. You will create clocks that are a far cry from the Howard Miller, Seth Thomas, or Target variety, or anything your mother or grandmother had. The first day will showcase Steve's creations, so come with a curious mind. This class is for artists and non-artists. Imagination is the key and you will be shown how to make outstanding clocks. His art is on Instagram: Steve Hurst Clocks and stevehurstclocks.net is his website, a work in progress, so keep checking. **Supply List:** Adhesive (e.g., E6000, silicone adhesive, Duco cement), clock movement and hands, pin-nose pliers. Other materials will be suggested on first day. **Steve Hurst** is an artist from California (2022) where he is locally famous for his clocks made from recycled everyday items. He's also an illustrator, painter, photographer, graphic artist and singer.

HEALTH AND FITNESS

***Tai Chi for Health on Zoom* | \$30 Each Term**

9:30 a.m. - 10:30 a.m. | Zoom

Term I | Mondays and Wednesdays | January 29 - March 6

Term II | Mondays and Wednesdays | March 18 - April 24

Six-Week Exercise Class led by Susan Nodurft

The class is open to all participants of the 2020/2021 Zoom class or with permission of the instructor. Participants must be familiar with Dr. Lam's Tai Chi for Arthritis and Fall Prevention (40 Sun forms) and Tai Chi for Beginners (first 6 forms of the 24 Yang style Forms). Emphasis will be placed on advancing the practice and learning new forms. **Susan Nodurft** is a retired biology teacher. After retirement, she began the study and practice of Qigong/Tai Chi. She is certified by the Tai Chi for Health Institute to teach Dr. Paul Lam's medically and researched-based program, Tai Chi for Arthritis and Fall Prevention, as well as Tai Chi for Beginners. She also received certification from the Institute of Integral Qigong Tai Chi as a Tai Chi Easy practice leader.

***Yoga for "BFFs" - Balance, Flexibility and Function* | \$30 Each Term**

10:30 a.m. - 11:30 a.m. | HB In-Person

Term I | Mondays and Wednesdays | January 29 - March 6

Term II | Mondays and Wednesdays | March 18 - April 24

Six-Week Exercise Class led by Serina Carpenter

Research has shown that practicing yoga as little as two hours a week improves balance, flexibility and strength. Improved body awareness gained through regular practice has been linked to fewer falls, leading many fall prevention programs to include yoga. This program will use yoga postures and other exercise

methods to improve physical health. **Serina Carpenter** earned a 200-hour yoga teaching training in 2017 and a 300-hour teaching training in 2019. She has taught multiple classes at The Yoga Room, Petal YMCA and OLLI.

***Chairobics* | \$30 Each Term**

12:00 p.m. - 1:00 p.m. | Zoom

Term I | Mondays and Wednesdays | January 29 - March 6

Term II | Mondays and Wednesdays | March 18 - April 24

Six-Week Exercise Class led by Valerie Webber

Chairobics combines fun and fitness while moving to music. This class is designed to increase muscle strength and range of movement as well as improve cardiovascular health. Small hand weights and elastic bands are used for toning. A chair is used for seated exercises and standing support. No on-the-floor exercises. **Valerie Webber** is a Southern Miss graduate with a BSBA and MBA. She is a life member of the USM Alumni Association and has worked in the accounting and finance industry and in IT.

***Tai Chi for Health and Balance* | \$30 Each Term**

4:15 p.m. - 5:15 p.m. | HB In-Person

Term I | Mondays and Wednesdays | January 29 - March 6

Term II | Mondays and Wednesdays | March 18 - April 24

Six-Week Exercise Class led by Susan Nodurft

This class is designed for beginners and individuals who have had some previous Tai Chi experience. During the first term, students will be introduced to the fundamentals of the practice and learn an easy Tai Chi set emphasizing slow movement and balance. The second term will build on the fundamentals and introduce new forms and sets. **Susan Nodurft** is a retired biology teacher. After retirement she began the study and practice of Qigong/Tai Chi. She has been certified through the Institute of Integral Qigong and Tai Chi and the Tai Chi for Health Institute.

***Intermediate Yoga* | \$30 Each Term**

10:30 a.m. - 11:30 a.m. | HB In-Person

Term I | Tuesdays and Thursdays | January 30 - March 7

Term II | Tuesdays and Thursdays | March 19 - April 25

Six-Week Exercise Class led by Stacey Ready

This exciting yoga class is recommended for students with some yoga experience and basic understanding of yoga asanas (poses). Each class will follow a structured format of warmup, “peak” poses and cooldown which includes Savasana. Even though each class follows a structured format, they will be different and fun for the student, incorporating yoga flows, breath work and balance poses. In our supportive environment the instructor will offer modifications in order for students to advance their strength, flexibility and balance in the poses. A lifelong yogi, **Stacey Ready** recently completed her 200-hour yoga instructor training through YogaRenew and is excited to be teaching her first official yoga classes at OLLI!

***Beginner Yoga* | \$30 Each Term**

12:00 p.m. - 1:00 p.m. | HB In-Person

Term I | Tuesdays and Thursdays | January 30 - March 7

Term II | Tuesdays and Thursdays | March 19 - April 25

Six-Week Exercise Class led by Stacey Ready

Yoga is for EVERYBODY! Learn the foundations of yoga in this class. Each class will be exciting and different yet will always include warm up, “peak” poses and cooldown format. In a supportive environment, you will develop proper body alignment in the poses, learn to use breathing techniques, and through this, increase your strength, flexibility and balance. While this class is designed for students brand new to yoga, experienced students are welcome to join us to reinforce their practice of the basics. A lifelong yogi, **Stacey Ready** recently completed her 200-hour yoga instructor training through YogaRenew and is excited to be teaching her first official yoga classes at OLLI!

***Massage Therapy* | Half Hour—\$25 | One Hour—\$45 | Massage Therapist—Serina Carpenter (LMT #2957)**

Term I | Mondays, Wednesdays and Fridays | January 29 - March 8 | 1:30 p.m. and 3:00 p.m.

Thursdays | February 1 - March 7 | 9:30 a.m. and 10:45 a.m.

Term II | Mondays, Wednesdays and Fridays | March 18 - April 26 | 1:30 p.m. and 3:00 p.m.

Thursdays | March 21 - April 25 | 9:30 a.m. and 10:45 a.m.

Call the OLLI office to sign up for a thirty-minute (\$25) or one-hour (\$45) relaxing massage or a Thai foot massage (\$25) designed to meet one's individual needs. Yoga teacher and Licensed Massage Therapist (LMT) **Serina Carpenter** will wipe your tensions away! **Serina Carpenter** is a retired nurse and current yoga

instructor. She completed massage therapy training at Pearl River Community College. She has completed all requirements of the Mississippi Board of Massage Therapy to practice as a LMT in Mississippi.

Afternoon Yoga | \$30 Each Term

3:00 p.m. - 4:00 p.m. | HB In-Person

Term I | Tuesdays and Thursdays | January 30 - March 7

Term II | Tuesdays and Thursdays | March 19 - April 25

Six-Week Exercise Class led by Serina Carpenter

This class will introduce yoga concepts of meditation, breath control and basic asanas (poses or positions). Our goal is to evaluate and improve participant strength, flexibility and balance. The emphasis is on the functional practice of yoga, not the perfect pose. Whether you are new to yoga or experienced, come join us.

Serina Carpenter is a retired RN, RYT500 and Licensed Massage Therapist. During her 300-hour yoga teacher training, she taught the benefits of meditation and led meditation classes as well as receiving education in meditation. This class is to provide four experiences in meditation.

Rest and Renew Yoga | \$20 Each Term

4:15 p.m. - 5:15 p.m. | HB In-Person

Term I | Tuesdays | January 30 - March 5

Term II | Tuesdays | March 19 - April 23

Six-Week Exercise Class led by Serina Carpenter

Restore and renew your body, mind and spirit through this relaxing practice. We use multiple props: blankets, bolsters and blocks to help support you in the poses. The poses are to allow you to rest while aligning the spine, opening the heart, opening the hips and stretching. **Serina Carpenter** has taught multiple yoga classes at OLLI. She holds RYT500 teacher status. Not only has she taught restorative yoga but she has 60 hours of therapeutic yoga training. As a retired nurse she values research-based benefits of yoga practice and enjoys sharing this with others. One of her favorite teacher quotes: She is a guide in the side, not the sage on the stage!

Music, Math and Movement | \$20

9:30 a.m. - 10:30 a.m. | HB In-Person

Wednesdays | January 31 - March 6

Six-Week Exercise Class led by Dr. Haiyan Tian

We often find a piece of music so pleasing that we want to dance with it. So why don't we do some simple body movements to go with the beautiful music flows? You will feel refreshed and happy at the end of the exercise. In addition, ten-minute fun facts about math will be part of this hour. Math ideas can provide us insight into the aesthetically pleasing harmonic, melodic and rhythmic patterns of music. **Dr. Haiyan Tian** is a professor of mathematics at The University of Southern Mississippi. She was also the director for the 2009-2017 USM Summer Math Institutes funded by the U.S. Department of Education and Mississippi Institutions of Higher Learning. Besides math, she has a passion for music and movements.

Yoga for Health | \$20 Each Term

5:30 p.m. - 6:30 p.m. | HB In-Person

Term I | Wednesdays | January 31 - March 6

Term II | Wednesdays | March 20 - April 24

Six-Week Exercise Class led by Serina Carpenter

One interpretation of Yoga is "union." This refers to union of spirit, mind and body. During the evening practice we will focus on "letting go" of the physical and mental stress of the workday. Foundational yoga movements and breath work along with meditation will be used during this session. The practice will be adapted to those who attend. The same practice will be repeated each week for the entire session allowing participants to become familiar with the poses so that they can see improvement in their body movements and breath control. The goal is to improve flexibility, body awareness, strength and breathing. **Serina Carpenter** earned a 200-hour yoga teaching training in 2017 and a 300-hour teaching training in 2019. She has taught multiple classes at The Yoga Room, the Family YMCA in Petal and OLLI.

Yoga Nidra | \$20 Each Term

4:15 p.m. - 5:15 p.m. | HB In-Person

Term I | Thursdays | February 1 - March 7

Term II | Thursdays | March 21 - April 25

Six-Week Exercise Class led by Serina Carpenter

This class will combine singing bowls and yoga Nidra for a relaxing meditative experience. The techniques were used during the course of four types of meditation. They were the most popular classes. The goal is to provide

a calm state, mind and body, as you prepare for the weekend. **Serina Carpenter** is a 500RYT with certification in Yoga Nidra.

Yoga 101 | \$20 Each Term

9:00 a.m. - 10:00 a.m. | HB In-Person

Term I | Saturdays | February 3 - March 16

Term II | Saturdays | March 23 - April 27

Six-Week Exercise Class led by Serina Carpenter

This class is being mainly offered for those who work or have a full week and would enjoy a nice start to their weekend. Fundamental yoga asana or postures will be taught. The same practice will be done each class so that participants can see their improvement by the end of the session. This class is for those who are new to yoga as well as those with experience. **Serina Carpenter** is an RYT500 instructor who has taught many yoga classes at OLLI and various other places in Hattiesburg. As a retired nurse she values research-based benefits of yoga practice and enjoys sharing this with others. One of her favorite teacher quotes: She is a guide in the side, not the sage on the stage!

Saturday Restorative Yoga | \$20 Each Term

10:30 a.m. - 11:30 a.m. | HB In-Person

Term I | Saturdays | February 3 - March 9

Term II | Saturdays | March 23 - April 27

Six-Week Exercise Class led by Serina Carpenter

Restore and renew your body, mind and spirit through this relaxing practice. We use multiple props: blankets, bolsters and blocks to help support you in the poses. The poses are to allow you to rest while aligning the spine, opening the heart, opening the hips and stretching. **Serina Carpenter** has taught restorative yoga and has 60 hours training in therapeutic yoga. She is a RYT500 teacher and a Licensed Massage Therapist.

Yin Yoga | \$20 Each Term

4:00 p.m. - 5:00 p.m. | HB In-Person

Term I | Sundays | February 4 - March 10

Term II | Sundays | March 24 - April 28

Six-Week Exercise Class led by Serina Carpenter

Yin Yoga was developed out of a need to stretch the deep structures of the body. It stretches muscles, fascia and tendons. The poses are performed on the mat, no standing poses. You will be encouraged to release all muscular effort, allow gravity and the weight of your body to create the stretch. Light massage will be used to enhance the postures. **Serina Carpenter** is a yoga teacher who has completed advanced training in Yin Yoga. She has met requirements to be listed as a Yin instructor with Yin Yoga.

***The Importance of Social Connection* | \$5**

Thursday, February 8 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Krystyna Varnado

What if there is something in our everyday lives that can transform our whole health and well-being? The Surgeon General of the United States recently issued an advisory on what is being called a "loneliness epidemic." Loneliness can have a significant and negative impact on a person's physical, emotional and mental well-being. Human beings are inherently social creatures, and, when we lack meaningful social connections and experiences, loneliness can take a toll on almost every aspect of our lives. Today's modern society has driven us from in-person interactions to a greater reliance on online connections, which are simply not the same. COVID made this situation worse when we were all forced into isolation. Many of us still have not fully come back out. When you are alone or disconnected, there's more inflammation and anxiety, which impacts your entire body and health. The solution is to reclaim our social connections. Fostering in-person connections requires that we commit to our relationships and communities. Come and learn of actions you can take to create sustainable changes in your life and better your overall health and happiness. **Krystyna Varnado** has more than a twenty-year career of progressive human resources management experience in multiple industries and diverse environments. At USM, Ms. Varnado has been the Chief Human Resources Officer for all USM campuses since 2016. She is a native of the Gulf Coast and attended The University of Southern Mississippi, earning both a bachelor's degree in psychology and an MBA.

***Practice Four Types of Meditation* | \$20**

Fridays, February 9 - March 1 | HB In-Person

2:30 p.m. - 3:30 p.m. | Four-Week Exercise Class led by Serina Carpenter

Each week for four weeks we will practice meditation in this course. Walking meditation, sound meditation, body relaxation and guided meditation are a few types. Wear comfortable clothes, bring your own mat,

blanket, bolster and/or pillows or use OLLI's. (You may want to bring a pillowcase or towel for bolster.) This practice will require lying on your mat and this class is to provide four experiences in meditation. **Serina Carpenter** is a retired RN, RYT500 and Licensed Massage Therapist. During her 300-hour yoga teacher training she taught the benefits of meditation and led meditation classes as well as receiving education in meditation.

***Why Does My Lower Back Hurt?* | \$5**

Monday, February 26 | HB In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Serina Carpenter

Despite the medical advances of the past 50 years, back pain remains a major health concern. Low back pain often leads to a cycle of depression and suffering. This course will examine the anatomical and physiological issues of lower back pain along with tips to break the pain cycle. This course is not to be taken as an alternative to your medical care. The main goal is to provide insight and information in low back care. **Serina Carpenter** is a retired RN with 43 years of experience in neuroscience nursing. She completed her training as a Clinical Nurse Specialist with an emphasis in neurology and neurosurgery in 1987. She served as an expert witness and legal consultant regarding back injury.

***Is a Service Dog the Answer?* | \$10**

Friday, April 19 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Alison Patroliia and Rayanne Craven

What is the difference between service animals, therapy animals and emotional support animals? Is a service animal the right answer? **Alison Patroliia**, CVT, SDC, is a certified service dog coach. She is Training Director at Hub City Service Dogs. Alison has been a Certified Veterinary Technician for 26 years. **Rayanne Craven** is a Certified Professional Dog Trainer, Accredited Dog Trainer through the IAABC, Family Dog Mediator and Fear Free Certified Professional.

Policing the Pine Belt:

***Crisis Intervention Training (CIT), Mental Illness, and the Homelessness Dilemma?* | \$15**

Tuesday, March 26 and April 9 | HB In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Sgt. Tammy Shelbourn and Dr. April Overman

This course will look at the history of policing responses to individuals experiencing a mental health crisis. We will explore how the Crisis Intervention Team concept was developed to provide officers with important de-escalation skills. The course presentation will include an overview of strategies for responding to different types of mental health crisis situations, and simulations will be used to demonstrate how the strategies are applied. **Sgt. Tammy Shelbourn** is a veteran law enforcement officer in the state of Mississippi. She is currently assigned to the Hattiesburg Police Department training academy. Sgt. Shelbourn is a member of the HPD's Crisis Intervention Team (CIT) and is a state certified CIT instructor. **Dr. April Overman** is a retired captain with the New Orleans Police Department. She currently serves as a Visiting Assistant Professor of Sociology at USM.

***Boost Your Nature Connection* | \$15**

Wednesdays | HB Meet-Up

Class 1 | March 27

Class 2 | April 10

9:30 a.m. - 11:30 a.m. | Seminars led by Nadine Phillips

Quality time in nature can heal our minds and bodies, and open us to states of wonder, joy and love. Sign up to experience a guided Forest Therapy session. During this excursion, you will move slowly and be invited to engage in activities aimed to deepen your presence and awareness of the natural world. To reap the full benefits of this session, digital devices should be silent and out of reach. Each outing will be limited to 12 participants. **Nadine Phillips** passionately loves nature and sharing the sense of wonder she finds there. She is most at home and most herself outside, inhaling the forested atmosphere. Nadine has led Forest Therapy walks since 2018 and is a certified Nature and Forest Therapy Guide accredited by the International Nature and Forest Therapy Alliance (INFTA).

***Old Dog: New Tricks* | \$10**

Thursday, March 28 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Erica Davis

This course will discuss the components of arthritis in pets and the various ways to treat patients. Treatments include medications, nutrition and physical rehabilitation modalities. Attendants will leave with a fresh perspective on what arthritis may look like in their own pets, and how they can be an advocate for treatment. **Erica Davis** is a certified canine rehabilitation practitioner at Animal Medical Center and Petal Animal Clinic. She rehabilitates surgical patients and patients who suffer from obesity and arthritis. Erica has been in veterinary medicine for 18 years and practicing rehabilitation for five years.

HUMANITIES

***The Greek Golden Age* | \$15 Each Term**

9:30 a.m. - 10:30 a.m. | HB In-Person

Term I | Thursdays | February 1 - March 7

Term II | Thursdays | March 21 - April 25

Five-Week Class led by Dr. Marvin Kendrick

This course will be a review of the palace cultures of Troy, Mycenae and Knossos. We will pay particular attention to Levantine and Near Eastern affinities of Cretan, Cycladic and Anatolian cultural horizons. The earliest scripts and alphabets used for writing in Greek will be covered, as well as the mythic origins of epic and tragedy. **Dr. Marvin Kendrick** held a tenure track position from 1964 - 1971 at Yale University. With a degree from Harvard Divinity School, he returned to Yale and earned an MFA in the School of Art in 1980. Retiring to Hattiesburg, he taught art history in the Art and Design Department at USM.

***Introduction to Eastern Orthodox Iconography, Its History, Mystery and Motif* | \$10.00**

Tuesday, January 30 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Robert Hegwood

This course will explore the history and evolution of Orthodox iconography from Egyptian funerary portraits becoming windows of heaven. We will examine the traditions that inform us of its founding, early controversies, its subsequent development as a liturgical art, and its place in the spiritual life of the Eastern Church. Attention will be given to its traditional materials, techniques and stylistic schools across the centuries. **Robert Hegwood** is a retired educator and an Orthodox subdeacon who has held a long interest in Eastern Orthodox iconographic history, creation, symbolic imagery and theological content. He has studied at USM and at William Carey, majoring in Art and English, graduating in 1979 with honors in Creative Writing.

***The Shrinking Middle Class* | \$10**

Wednesday, January 31 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Michelle McLeese

Are you interested in learning more about the gap between rich and poor in the United States? This course will examine current trends in income inequality, class structure and poverty. We will look at the growing divide between the wealthy elite and the working poor and will examine systemic issues driving the decline of the U.S. middle class. This course will be presented by upper-level sociology students with oversight by Dr. McLeese. **Dr. Michelle McLeese** is an Assistant Teaching Professor of Sociology at USM. She currently serves as the sociology department coordinator.

***The 2023 Election: A Look Back and a Look Ahead* | \$10**

Monday, February 5 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Bobby Harrison

The 2023 elections are over. What happens now? Come to OLLI and find out. **Bobby Harrison** is a senior political reporter for *Mississippi Today* and started covering politics and the Mississippi Legislature for the *Northeast Mississippi Daily Journal* (Tupelo) in 1995. Before then, he served as the *Daily Journal's* news editor. Harrison, a USM graduate, has covered the state's past seven gubernatorial elections.

***Good Times on Mobile Street* | \$5**

Tuesday, February 6 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Larry Hopson

Mobile Street was to Hattiesburg as Beale Street was to Memphis, or Auburn Avenue was to Atlanta. Mobile Street played a key role in the success of Black entrepreneurs during segregation and was the epicenter of African American life. Our instructor grew up on that street and will share many of his memories with us during this session. **Larry Hopson** is a Hattiesburg native and a veteran of the United States Air Force. Larry attended Jackson State University and worked for 25 years in paper chemicals at Hercules before it was demolished. He attended the Eureka School and is one of the 75 faces on the Generations Strong Wall on 6th Street. Larry has remained active in his retirement years by serving as a substitute teacher for Hattiesburg Public Schools.

***Apocalypse Now . . . or Never? Approaches to the Book of Revelation* | \$25**

Tuesdays, February 6 - March 5 | HB In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Dr. Daniel C. Browning, Jr.

Wars and rumors of wars, political developments, natural disasters and other harbingers of apparent doom periodically focus Christian interest on the enigmatic book at the "end" of the Bible. This course will explore the Book of Revelation in terms of: A) its literary genre, which was quite popular in the first century;

B) approaches to the Book that permit a wide variety of interpretations; C) the understanding of Revelation in different periods. **Dr. Daniel C. Browning, Jr.** holds a PhD in biblical archaeology and served as professor of religion and history for decades at William Carey University. He is currently 40 percent retired but serves as instructor of history, religion and geography at Pearl River Community College on the Forrest County Campus.

***The Holocaust: A Pictorial of Recounting of the Dehumanization of a People* | \$10**

Monday, February 12 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Dolyene Davis

Through the use of historic photographs, the events that led to the horrors of the Holocaust will be examined. Please, beware that some of the photographs are quite graphic. **Dolyene Davis** is a retired instructor with over 30 years of experience in education on both the secondary and university levels. She received degrees from both USM and MSU.

***The Secret Language of Negro Spirituals* | \$10**

Monday, February 12 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Annette Sowell

Remember Mapquest printouts? Aren't you glad they've been replaced by GPS? But did you ever wonder about what the runaway slaves used to map their course to Freedom? Let's explore this in more detail as we listen to Negro Spirituals sang in-person during this session. **Annette Sowell** spent her entire professional life working in Retail. She held marketing, buying and copywriting positions during a 30-year career at Sears Roebuck and Company. Annette then managed inventory for Marshalls and T.J. Maxx for almost 19 years.

***Does The Constitution Still Matter* | \$10**

Thursday, February 15 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Michael Adelman

This seminar will include a review of seminal US Supreme Court cases, including both *Roe v. Wade* and *Dobbs*, and their impact on American history, politics, culture and an analysis of the present US Supreme Court, including a projection of future Supreme Court decisions. **Michael Adelman** is a graduate of the University of Michigan and the University of Michigan Law School. He has been practicing in Mississippi since 1974. He specializes in civil rights, constitutional, criminal and general legal cases. He won the case in the Mississippi Supreme Court resulting in a 380-million-dollar refund to customers of Mississippi Power Company.

***Aliens in the Archives* | \$5**

Friday, February 23 | HB Meet-Up

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Jennifer Brannock

Meet at McCain Library on the USM Hattiesburg campus.

In 1973, two men were fishing in the Pascagoula River in Mississippi when they were abducted by aliens. The abductees, Charles Hickson and Calvin Parker, struggled to come to terms with their experiences and sought help from local law enforcement. Their claims set off a media frenzy in south Mississippi, as well as the worldwide UFO community. Hickson embraced the media by appearing on Johnny Carson, giving unlimited interviews and writing a book. Parker, who was young at the time, hid from the attention and only recently published a book about his experiences. **Jennifer Brannock** is the Curator of Rare Books and Mississippiana at the University of Southern Mississippi. She has a BA in Art History and a MSLS from the University of Kentucky. Her professional interests include popular culture, pulp novels, bizarre books, outreach and reference service.

***Geography of Mississippi* | \$10**

Monday, February 26 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Dr. Joe Parker

Mississippi is divided into several distinct regions. Each region has differing economies, populations and cultures. This seminar will examine the different regions. **Dr. Joe Parker** is a retired professor of political science at USM. During his career he taught classes on the presidency on numerous occasions.

***Runaway Slaves in Louisiana: Marronage and Regional History* | \$15**

Tuesday and Thursday, February 27 and 29 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Dr. Douglas Chambers

This two-part seminar will explore the world of runaway slaves in Louisiana, drawing on newspaper advertisements published in historical newspapers, with a focus on 1800-1820, and Louisiana's transition from colony to territory to state. Part I will be an introductory discussion; Part II will focus on enslaved Africans among the runaways. **Dr. Douglas Chambers** is a retired history professor for The University of Southern Mississippi, and executive director of the Igbo History Foundation LLC. His research centers on African Diaspora studies, including runaway slaves in the Atlantic world. Currently Dr. Chambers is the author/editor of five books and over 20 peer-reviewed scholarly essays.

***Midcentury Manhattan - Peggy Guggenheim and Pollock* | \$10**

Tuesdays, February 27 and March 5 | HB In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Two-Part Mini-Seminar led by Catherine Parker Edmonson

Come to know the eccentric visionary Peggy Guggenheim, who was at the center of the European expatriate coterie in postwar New York. Her daring support of artists like Jackson Pollock changed the face of art. We will discuss Manhattan when painters and poets rubbed shoulders at the Cedar Bar. We will unpack the deceptive simplicity of Pollock's art and students will come away with a toolkit for looking at non-objective art.

Catherine Parker Edmonson is an art historian with two decades of experience. An adjunct instructor in Art History at USM, Edmonson is an enthusiastic art educator. She advocates that everyone deserves a well-balanced visual diet and interwar Paris's creative culture led her to study repatriation.

***Reinvigorating North Main* | \$5**

Wednesday, February 28 | HB In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Chad Edmonson

Curious about Downtown? Come learn how one family has been using a little bit of urban planning theory and a whole lot of elbow grease to help bring back the North Main Historic Neighborhood in Hattiesburg. After working for a large Wall Street investment firm for a dozen years, **Chad Edmonson** returned to his hometown of Hattiesburg to run a small investment management firm. In their spare time, his family enjoys using real estate as a way to reinvigorate historic Hattiesburg neighborhoods.

***Mississippi Movie: The Burial* | \$10**

Wednesday, February 28 | HB In-Person

2:30 p.m. - 4:30 p.m. | Movie Matinee

Join us at OLLI for a movie and popcorn! *The Burial*, based on a true story, tells of a landmark court case involving well-known Coast businessman and former Biloxi mayor, Jerry O'Keefe. Jamie Foxx stars in the legal drama as an over-the-top attorney. Tommy Lee Jones plays O'Keefe who sets out to save his family's funeral business from a corporate giant and wins \$500 million in the landmark legal case.

***Traveling the Mississippi Freedom Trail* | \$10**

Monday, March 4 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Annette Sowell

This is a continuation of a Fall 2023 seminar. The freedom movement is defined as the struggle for Black political rights and equal opportunity, and the fight against legal segregation. Travel along with me as we visit some of the key components that comprise the Mississippi Freedom Trail. Our travel will be virtual as we view video and listen to the actual voices of those who changed the course of history of our Great State.

Annette Sowell spent her entire professional life working in Retail. She held marketing, buying and copywriting positions during a 30-year career at Sears Roebuck and Company. Annette then managed inventory for Marshalls and T.J. Maxx for almost 19 years.

***What's Going on in Hattiesburg* | \$5**

Wednesday, March 6 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Dr. Richard Conville

In an hour, we will take a whirlwind tour of Hattiesburg, via slides--showing the City's growth and development as a place to live, work and play. See railroad overpasses, bridges, murals, parks and much more. Hattiesburg is alive and kickin'!! Come and see. **Dick Conville** and his wife, Mo (a past president of the OLLI Advisory Board) moved to Hattiesburg in August of 1978 when he began a 35-year tenure as a faculty member at Southern Miss. He has served on the Hattiesburg Planning Commission and the Hattiesburg Board of Adjustment (by mayoral appointment) for over 30 years.

***Americana Music II: Into the Roots of Genuine American Music* | \$10**

Wednesday, March 6 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Paul Davis

Expanding on the early roots of Americana music, covered last year at OLLI, this course explores the earlier influences that led to the festival approach and Americana community as it exists today. The seminar will expand on the growth of songwriters in this genre and their roots in rock, blues and soul. Half discussion and half performative, a good time should be had by all. **Paul Davis** is a retired attorney and exceedingly amateur musician who relocated to south Mississippi two years ago to avoid ever using a snow shovel again.

***Introduction to Eastern Christian and Slavic Paschal Egg Traditions and History* | \$10**

Thursday, March 7 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Robert Hegwood

This course will introduce the history of red Paschal eggs of the Eastern Orthodox Church as well as the history of and connection with the Slavic pysanky tradition of egg decoration. We will cover the motifs, materials, tools and techniques used in creating these eggs and provide opportunity for students to make their own Paschal egg. **Robert Hegwood** is a retired local educator and subdeacon in the Eastern Orthodox faith. He has had a long-standing interest in and study of various aspects of Orthodox liturgical art and decorative motifs. He studied at both USM and William Carey, majoring in Art and English. He graduated from Carey in 1979 with Honors in Creative Writing.

***History Comes ALIVE in Marion County* | \$10**

Tuesday, March 19 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Carol Durham

This program will include fascinating stories and events which have happened in Marion County. The history of the area will be woven with threads of interest in Native American lithics, pioneering families, the John Ford Home and Andrew Jackson's visit there. Other topics include Columbia as the state capitol, rodeo firsts, Civil War happenings, political importance with Governor Hugh White and Civil Rights in the 1960s. The Marion County Museum covers it all. **Carol Durham** is a graphics and video historian who is Curator at the Marion County Museum and Archives. She has worked with other small museums in several states in preparing special exhibit materials. She is from a pioneering family who moved to Marion County in 1811 and has researched much of the history of Marion County.

***HEL in a Handbasket: A Gentle Introduction to the History of the English Language* | \$25**

Tuesdays, March 19 - April 16 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Dr. Leah Parker

In this five-session course, we will explore the history of the English language, from its prehistoric Indo-European roots, through sound changes of the Middle Ages, standardization in the era of print and diversification as a global language in the modern world. Learners will experience selections from Old and Middle English literature in the original language, and embrace the oddities of modern English pronunciation, spelling and grammar. **Dr. Leah Parker** is an Assistant Professor of English at The University of Southern Mississippi, where she teaches early British literature and history of the English language. She holds a PhD in English literature from the University of Wisconsin-Madison and has published extensively on Old and Middle English literature.

***Learn the Art and History of Pysanka Easter Eggs (Ukrainian Eggs) and Red Orthodox Eggs* | \$25**

Thursday, March 21 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Dragana Alford and Adriana Ignatiev

In this class you will learn about the art and long history of creating the amazing pysanka Easter eggs, also called Ukrainian eggs. The artwork for these eggs is based on very old embroidery designs and symbols. You will create a pysanka egg using a basic design and will also dye eggs red using the natural process of boiling eggs in onion skins. Don't worry . . . you can always eat your mistakes! **Dragana Alford** is owner of Serene Southern Girl's Soaps and Creams. She produces her own natural toiletries and other crafts. **Adriana Ignatiev** is the owner of the Electric Lounge Hair Salon. Adriana learned the art of making pysanka eggs, Ukrainian eggs and naturally dyed Orthodox red eggs as part of her Russian family heritage.

***Quilts Then and Now: The Fabric of Life* | \$10**

Monday, March 25 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Martha Ginn and Linda Ginn

This seminar will present an overview of the place of quilts and quilting in American life. On beds and walls, as part of history, in literature and motion pictures—quilts have been there. See a trunk show of old and new quilts from two quilters whose interests cover a broad range of creative expression, from traditional to modern to artistic. **Martha Ginn** is a fiber artist, quilter and visual artist. She is a founding member and past president of Pine Belt Quilters and Mississippi Quilt Association. Her quilts have been exhibited internationally and in print in books and magazines. She works in many media, including fabric, paint and nontraditional elements such as leaves. **Linda Ginn** helped Martha Ginn in the project that started Martha in quilting in the 1980s but did not take up quilting herself until early 2017. She enjoys traditional quilting projects, wall hangings and table runners. She is Membership Director of Pine Belt Quilters and is a member of Mississippi Quilt Association.

Hattiesburg Baseball During the Roaring '20s | \$5.00

Monday, April 1 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Sean Farrell

This program will look at Hattiesburg's tenure in the Cotton States League from 1923 to 1928, including the championship seasons of '24 and '26. Baseball, especially minor league baseball, had a golden era in the 1920s and local communities saw their teams as important local fixtures. **Sean Farrell** is the former Director of The Library of Hattiesburg, Petal and Forrest County and a member of the Society for American Baseball Research.

Freedom Summer 1964: The Civil Rights Movement Up Close | \$10.00

Tuesday and Wednesday, April 16 and 17 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Two-Part Mini-Seminar led by Dr. Richard Conville

Meet on April 17 for second class at Forrest County Courthouse, 601 N. Main Street, for walking tour.

Join us for an orientation to Hattiesburg's role in the landmark human rights movement. The first class will meet at OLLI (3601 Pearl Street, Hattiesburg) and, for the second class meeting, we will do a walking tour of significant Civil Rights sites downtown. Following the tour, please plan on having lunch (Dutch treat) together at Hattiesburger on Front Street. There we can reflect on what we have seen and learned and enjoy a meal together. **Dr. Richard Conville** is a professor of communication studies (retired) and served on the faculty at Southern Miss for 35 years. He is the author of several books in the field of interpersonal communication, and he trained over 100 USM faculty to use service-learning in their classes. He became deeply interested in the civil rights movement in Hattiesburg when, in 2004, he helped plan a 40th anniversary remembrance of Freedom Summer 1964. Later, as a sabbatical research project, he investigated black-white friendships in Hattiesburg in the 1960s. In the process he met and befriended some of the local heroes of the movement and continues to learn from them.

Changes in Latitude Changes in Attitude: Life and Good Times of Jimmy Buffett | \$10.00

Thursday, April 25 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Jim Dryden

The kid from Pascagoula had a wild adventure in his 76 years -- from his birth on Christmas Day to his recent passing quietly on his own terms. Learn more about this amusing, enjoyable and carefree entertainer. Let's enjoy some of his more delightful and insightful songs and the stories behind them. Margaritas optional! Originally from Dayton, Ohio, **Jim Dryden** has lived in 11 states, cruising to all kinds of music as he worked and explored this country, with his very tolerant wife, Sherry. His love of music may only be matched by his love of stories and trivia and Sherry, of course!

LANGUAGE AND LITERATURE

Strengthening Your Poems | \$15

Wednesday, January 31 and February 7 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Dr. Angela Ball

Students will bring copies of one of their poems (enough for everyone) to class and we will brainstorm together on ways to make each poem even more interesting, surprising and engaging. Students may bring revisions to the second seminar as well as additional new poems. The course will concentrate on helping poets sharpen their self-editing skills by commenting on others' poems. Video available at <https://www.youtube.com/watch?v=6nOKFyzFz7E&t=3s>. Center for Writers Professor **Dr. Angela Ball's** poems, translations and essays have appeared in numerous journals, including the following: *The Atlantic Monthly*, *The New Yorker*, *The Paris Review*, *Poetry*, *The Bennington Review*, *The Partisan Review*, *Boulevard*, *The Kenyon Review*, *The New Republic*, *Grand Street* and *The North American Review*. Her sixth and most recent book of poems is *Talking Pillow*, published by the University of Pittsburgh Press.

Loving My Dream | \$10

Thursday, April 4 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Dr. Stephen Beam

In this seminar, we will discuss Dr. Beam's teaching and medical careers and how his life experiences have led him to his lifelong dream of creating novels. **Dr. Stephen Beam** is a retired physician who earned a BA from Ole Miss, a MA from USM and a MD from UMMC. Before practicing medicine in Hattiesburg for over 35 years, he taught high school science for seven years in Richton and Hattiesburg. He has now embarked on his third career, that of novelist.

***Journalism: Ethics and Evolution* | \$5**

Monday, March 18 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Joshua Wilson

Journalists are under attack in unprecedented ways. This mini-seminar explores journalistic ethics and why journalists do what they do in the way they do it. It also explores the evolution of journalism, the slow and unavoidable death of print media and the birth of multimedia journalism. Finally, it casts a bright light on the future of journalism and what it may look like over the next five years and well into the future. Joshua Wilson is the managing editor of the *Mississippi Business Journal*, the Magnolia State's primary source for business and economic development news. He also owns and operates a boutique marketing and public relations firm, Perch Creek Communications, and serves as an adjunct professor and student media advisor at The University of Southern Mississippi.

***Poetry . . . Inspiration for Visual Art?* | \$15**

Wednesday, March 20 and 27 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Klare Lane, Dana Stratton and Nick Adams

The poet creates with words. An artist speaks in images of line and color. In the first session of this two-part seminar, Nick Adams will read selections from his book, *What Was I Thinking*, and explain something about his writing process. Klare Lane will facilitate discussion about images evoked in Nick's poetry. Books will be provided. In the second session Dana Stratton will assist class members in completing art inspired by Nick's poetry. Klare Lane is a retired United States Postal Service supervisor with a bachelor's degree from Millsaps College. Dana Stratton has been teaching at OLLI since 2000 and is a retired art and art history teacher. Nick Adams is a University of Houston graduate with majors in English and journalism. He has published in various newspapers and magazines. He and Dallas Gorbett have edited and published three anthologies of stories and poems written by OLLI members.

***Life Story Writing* | \$25**

Thursday, March 21 - April 18 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Nick Adams

Life story writing is all about you, your accomplishments, your failures, your history. It is about the people you have encountered and the happy and sad moments that made you who you are today. Your children and grandchildren will thank you. Nick Adams is a University of Houston graduate with majors in English and journalism. He has published in various newspapers and magazines. He and Dallas Gorbett have edited and published three anthologies of stories and poems written by OLLI members.

***The Rogue Pirate: Max Hardberger's Adventures Fighting Pirates and Rescuing Ships* | \$10**

Monday, April 22 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Max Hardberger

Captain Max Hardberger takes seminar attendees on a wild ride through his world of maritime pirates and outlaw ports in his 30 years of rescuing seized and stolen ships. He will detail how the book, *Seized: A Sea Captain's Adventures Battling Pirates in the World's Most Troubled Waters* (Broadway Books, 2010) came about, and the current status of the movie project, "The Rogue Pirate." Max Hardberger's career includes positions as attorney, ship captain, airplane pilot, English teacher, marine surveyor and ship recovery specialist. He holds an MFA in creative writing from the University of Iowa's Writers' Workshop. His autobiography *Seized* was published by Broadway Books and is the basis for a movie project in development.

NATURE, SCIENCE AND TECHNOLOGY

***Mississippi Movie: Apollo 13* | \$10**

Thursday, February 1 | HB In-Person

12:00 p.m. - 2:00 p.m. | Movie Matinee

Join us at OLLI for a movie and popcorn! Based on the Apollo 13 lunar mission, astronauts fight for survival in this nail-biter. Astronaut Fred Haise, Jr., a native of Biloxi, was slated to become the sixth person to walk on the moon before the mission was aborted with the famous line, "Houston, we have a problem."

***A Cold Day in Paradise: South Mississippi and The Great Arctic Outbreak of February 1899* | \$10**

Thursday, February 8 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by James Rigney

In February 1899 frigid air from the Arctic enveloped the Deep South bringing the coldest temperatures ever recorded to south Mississippi and the surrounding region. All-time records were set at Hattiesburg (one below zero) and Biloxi (one above zero). We will examine historical reports of the bone-chilling cold, the meteorological pattern that led to the event and explore the probabilities that the records will be broken in

the near future. **James Rigney** is a meteorologist and oceanographer who served 31 years with the Naval Oceanographic Office, retiring as NAVO's Chief Scientist. His weekly weather columns can be found online at *The Sea Coast Echo*.

***Alzheimer's Advances in Science* | \$5**

Tuesday, February 13 | Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Kristen White

In this mini-seminar, learn basic information on the difference between Alzheimer's and dementia, stages of the diseases and risk factors as well as the latest research and FDA-approved treatments. We will cover the landscape of Alzheimer's and dementia science, risk factors, highlights in early detection and diagnosis and the latest advances in clinical trials, treatments and lifestyle interventions. **Kristen White** is a licensed master social worker. She received her undergraduate degree from Mississippi College and master's degree from The University of Alabama. She has experience working with those living with Alzheimer's and their caregivers in the nursing home and hospital setting. She joined the Alzheimer's Association in the fall of 2019. As program manager, she is responsible for educating the public about Alzheimer's.

***iMovie-For Beginners (on an iPhone, iPad or MacBook)* | \$15**

Wednesdays, February 21 and 28 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Santha Walters and Dr. L. Robin Clark

In this course, students will master the basics of video editing using iMovie. Learn how to trim, splice and transition between video clips and add overlays for the best results. The class will be split into an hour of lecture and then an hour of hands-on creation in a supportive environment. **Santha Walters** is an Apple Certified Instructional Coach. She delights in teaching and learning new technology. **Dr. L. Robin Clark** is a retired chemist. He has been roped into teaching this iMovie course by his daughter because she promises that "it will be fun!"

***Go to the Moon... A Lifelong Adventure* | \$15**

Tuesdays, February 27 and March 5 | HB In-Person

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Lee Walker

Here's an adventure for your imagination, some not so old space history, surprising geology, good maps and an inexpensive telescope or binoculars. Every phase of the moon offers exciting features that most people never really see. Our nearest celestial neighbor challenges us and new data are still being revealed. We will handle "Genesis Rock," other lunar rocks, soil and more. **Lee Walker** is a retired public school teacher, designer and instructor in summer thematic adventure camps for young people with Mississippi State University and Mississippi College, co-founder and facilitator of the Interaction Factory hands-on children's science facility and a science curriculum designer with JBHM Education Group.

***The Natural State: Arkansas Ozarks - Gold, Diamonds, Quartz AND Hot Springs* | \$10**

Thursday, February 29 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Jim Dryden

Development and exploration of the Ozark Mountains occurred at several times and for different reasons. We will learn some of the geological and cultural history which provides the origins of the Hot Springs, discovery of diamonds and the mining of quartz in the modern era. AND as normally asked - is "there gold in them hills?". Let's explore the region so close to us, but many have not seen. **Jim Dryden** is a retired geologist with the Bureau of Land Management. Part of that time was working out of the Jackson office overseeing permits for mining of gold, diamonds and quartz in the Ozark region. His experience can provide interesting insight into this region.

***Hattiesburg Zoo Animal Encounter* | \$10**

Friday, March 1 | HB In-Person

12:00 p.m. - 1:30 p.m. | Seminar led by Elliott Fackler

The Hattiesburg Zoo is proud to offer the opportunity to bring a little bit of our zoo right to you! The Zoo's Outreach Program will bring a bit of the Zoo to OLLI to educate members about different animal species, their care, importance in the world and their conservation status. Zoo residents make visits to these facilities with the assistance of the Zoo's Outreach Coordinator, Elliot Fackler.

***Waves in the Ether* | \$10**

Wednesday, April 3 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Christopher Sirola

Astronomy is still primarily done via observations in visible light. But the discovery of radio waves opened up a new way to study the universe. We give a short history of radio astronomy from its inception in the 1930s until

the present day and review some of the many fundamental discoveries made via radio. **Dr. Christopher Sirola** is a professor at The University of Southern Mississippi in the Department of Physics and Astronomy. His PhD research studied the effects of supermassive black holes on their surroundings. His current scholarship looks into variable stars and improvements in science education. He lives in Hattiesburg with his wife Susan and adult triplets.

The Great American Eclipse 3.0 | \$10

Monday, March 4 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Christopher Sirola

For the third time in eight years, there will be an eclipse of the sun visible across the continental United States, having been a total eclipse in August 2017 and again a total eclipse in April 2024. We will discuss how solar eclipses occur, what we can learn from them and how to safely view them. **Dr. Christopher Sirola** is a professor at The University of Southern Mississippi in the Department of Physics and Astronomy. His PhD research studied the effects of supermassive black holes on their surroundings. His current scholarship looks into variable stars and improvements in science education. He lives in Hattiesburg with his wife Susan and adult triplets.

Scottish Highland Cows in Mississippi | \$10

Thursday, April 18 | HB Meet-Up

9:30 a.m. - 11:30 a.m. | Seminar led by Mit and Amber Cole

Meet at Tayco Farms, 77 Saint Amber Drive, Ellisville.

Come enjoy the farm with Mit and Amber! You will have the opportunity to learn about the beautiful cattle breed that they raise, Scottish Highlands, and see their fold, which includes Calvin, their 2,000-pound bull, his nine girlfriends and nature-permitting, a fluffy baby or two! Wear comfortable, closed-toe shoes. **Mit Cole** is a banker for The First, and **Amber** is a CPA and teaches accounting at USM, but when they're not running numbers, they enjoy their true passion—farming. Amber was raised on the land they now farm. Her late father Dan and mother Mariann operated a 137-acre working cattle, horses and blueberry farm for many years. In 2016, Mit and Amber embarked on a project to take the remaining 40 acres back to its roots by starting the first registered Scottish Highland cattle farm in Mississippi. The farm has grown since 2016 and they now tend Scottish Highland cattle, chickens, bees and vegetable and flower gardens.

PERSONAL ENRICHMENT

Supervised Play of Bridge | \$25

Tuesdays, January 30 - February 27 | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Ellen Davies

This course gives students an opportunity to play bridge with the instructor handy to make suggestions and answer questions. Students in this class should have taken at least two bridge courses or have played for about one year. **Students who have not taken this course will be given first available seats.** **Ellen Davies** is a retired teacher and lawyer who has played bridge since she was a teenager. She has taken many bridge classes at OLLI and has taught many courses as well. There is always time for instruction and time for play.

Homes of Hope Past, Present and Future | \$10

Monday, February 5 | HB Meet-Up

9:30 a.m. - 11:30 a.m. | Seminar and Tour led by Judge Tony Mazingo

Meet at Homes of Hope for Children, 344 Harold Tucker Road, Purvis.

This course offers OLLI the opportunity to become involved in the long-term mission of Homes of Hope for Children by introducing its work with underprivileged children and giving OLLI the opportunity to participate in hands-on volunteering in such areas as tutoring, mentoring or teaching classes. **Tony Mazingo** is executive director of Homes of Hope for Children, a nonprofit charity located near Purvis that serves displaced and neglected children. Judge Mazingo's teaching experience includes secondary and college level instruction. He graduated USM, Mississippi College School of Law and the National Judicial College.

Discover Your Fabulous Colors . . . then Shop with Them! | \$85

Wednesdays, February 7 and 14 | HB In-Person

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Catherine Nowicki

The first class will meet at OLLI, 3601 Pearl Street, Hattiesburg.

For second class, meet at T.J. Maxx, 5024 Hardy Street, Hattiesburg.

This new workshop was SO popular last semester (no lecture) that Catherine decided to teach it again! This is for those women and men who just want to know what colors look best on them and walk away with their color swatches in hand! Enjoy watching others get their colors done as well as you, one after the other! Lots of fun

and Catherine will answer questions. **Course fee includes personalized swatch wallet of colors.** Nowicki has been a certified color and image consultant since 1988. She was trained by Color Me Beautiful and has a private studio in Laurel. Her services include color analysis, personal shopping, closet cleaning and figure/style analysis. She has helped hundreds of people feel better about themselves through color and style.

Love is Sweet! Cookie Decorating with Loblolly Bakery | \$25

Monday, February 12 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Martha Foose, Tatum Brown and Katie Churchill

Participants will mix their own royal icing and decorate two of their own sugar cookies for Valentine's Day.

Baking material cost included in course fee. John and James Beard award winner **Martha Foose** is the head pastry chef at Loblolly Bakery in Hattiesburg. Hailing from the Mississippi Delta, she has become one of the most acclaimed food writers and pastry chefs in the US. **Tatum Brown** is a recent graduate from the Mississippi Gulf Coast Community College's Baking and Pastry Arts Program last December. She is the Pastry Lead at the Loblolly Bakery and loves working in the kitchen! Her favorite things include decorating special occasion cakes and watching people enjoy all of the sweet treats she makes. **Katie Churchill** has been baking bread and pastries for five years and loves working in the kitchen, bringing joy to people with food!

Green Dot Training | \$15

Tuesdays, February 20 and 27 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Kimberly Newell and Ashton Thompson

Green Dot is a bystander intervention strategy that teaches people how to recognize the warning signs of interpersonal violence and how to intervene safely and effectively. Trainings are interactive with activities and team competition used to help participants learn the tools needed to create safer communities for everyone to enjoy! **Kimberly Newell** is the executive director of The Shafer Center for Crisis Intervention. She has a BS in rehabilitation services and a MS in counseling psychology from Southern Miss. **Ashton Thompson** is a therapist and prevention educator at The Shafer Center for Crisis Intervention. She has a BS in criminal justice from Southern Miss in counseling psychology. She also has a MS in counseling psychology from William Carey University.

Sweet Bliss Creations | \$45

Wednesday, February 21 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Tiffany Rogers

Sweet Treats Class! This delightful culinary adventure is designed to satisfy your cravings and elevate your dessert-making skills. You will be guided through each step, ensuring you leave with the ability to whip up mouthwatering sweet treats in your own kitchen. Get ready to explore the world of confections and savor the joy of homemade desserts! ***Baking material cost included in course fee and you will take them home.*** Tiffany Rogers is a graduate of USM and has been baking for over 25 years. She started her in-home bakery in 2018 and specializes in specialty cakes but enjoys coming up with different sweet treats to satisfy any sweet craving. She is the wife of Cedric Rogers and mother of Charli Rogers who is 7 years old.

From Turmeric Powder to Turmeric Lotion | \$20

Tuesday, March 5 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Dragana Alford

In this seminar, you will be learning how to make beautiful and useful day lotion from ingredients that are easily accessible and affordable. This course also includes short pointers on how to get an idea made into a physical product and put out into the market arena. **Dragana Alford** has a degree in Chemistry and Biochemistry from USM and currently works as a pharmacy technician at Forrest General Hospital's main pharmacy. Her passion is making soaps and lotions that are good to use on sensitive skin. All her products are made from scratch and with high-quality ingredients.

Floral Design Workshop | \$70

Monday, March 18 | HB Meet-Up

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. James DelPrince and Wanda Norton

Meet at MSU Coastal Research and Extension, 1815 Popp's Ferry Road, Biloxi.

Join us at the MSU Coastal floral design studio for a floral design workshop. In this hands-on workshop, create and take home a fresh vase arrangement with a variety of flowers and ornamental greenery using "tradition with a twist." Learn the proper techniques for floral care and how to create symmetry and balance in floral design. Supply cost included in course fee. Bring floral snips. Dr. Jim DelPrince is an Associate Professor and Horticulture Specialist with MSU Extension. He leads the MSU Extension Master Floral Designer program and has taught floral design for over thirty years. **Wanda Norton** is a professional florist and

retired special education teacher. She is a Master Floral Designer, Naturalist and designer. Wanda has assisted Dr. DelPrince in many floral workshops.

Strategies for Playing Bridge | \$25

Tuesdays, March 19 - April 16 | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Ellen Davies

In this course, we will review basic bridge rules and practices; additionally, we will discuss a few of the simpler bridge conventions. Students should have taken at least two bridge courses or played bridge for at least a year. **Students who have not taken this course before will be offered first available seats.** **Ellen Davies** is a retired teacher and lawyer who has played bridge since she was a teenager. She has taken many bridge classes at OLLI and has taught many courses as well. There is always time for instruction and time for play.

How Can I Help?! Community Needs | \$5

Tuesday, March 19 | HB In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Amy Lyon

In this mini-seminar, members will get an overview of United Way of Southeast Mississippi (UWSEMS), whose mission is to cultivate partnerships in our community to improve all lives in Forrest, Lamar, Marion and Perry Counties. They will learn about the needs and resources in the main impact areas of education, health and economic mobility. Information will be provided on the 13 partner agencies that receive annual funds through UWSEMS. Members will also learn about how they can get involved in the community in a volunteer capacity. **Amy Lyon** is the Director of Community Impact for United Way of Southeast Mississippi. She collaborates with partner agencies and other nonprofit organizations that work in education, health and economic mobility in Forrest, Lamar, Marion and Perry counties. She is motivated by seeing the needs in our community and finding effective and efficient ways to meet them. Prior to United Way, Amy worked for Pine Belt Mental Health for 11 years.

Makeup For Seniors: How to Flatter the Mature Face | \$40

Wednesday, March 20 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Catherine Nowicki

This new course will cover everything from skin care prep to the final stroke of lipstick! Learn what kinds of skin products to use and why, how to properly apply foundation to prevent settling in creases and wrinkles, where to place blush, how to keep lipstick from smearing and how to fix thinning brows and lashes. Catherine will answer questions as she demonstrates and covers the importance of correct color knowledge. **Fee includes a personalized makeup product.** **Catherine Nowicki** has been a certified color and image consultant since 1988. She was trained by Color Me Beautiful and has a private studio in Laurel. Her services include color analysis, personal shopping, closet cleaning and figure/style analysis. She has helped hundreds of people feel better about themselves through color and style.

Goodbye, Winter! Hello, Spring! | \$5

Thursday, March 21 | HB In-Person

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Thomas Keith

Just in time for Easter decorating, you will learn how to create a colorful container garden using fresh, locally grown spring flowers and foliage. You will also pick up tips on how to prolong the life of your arrangements thru proper watering, selecting the correct potting soil and using the appropriately-sized container.

Thomas Keith has been in the gardening industry for 21 years and earned a finance degree from Northeast Louisiana University.

Cosmetology History | \$10

Monday, March 25 | HB In-Person

10:00 a.m. - 2:00 p.m. | Seminar led by Vanessa Myers and Carlene Daniels

Join OLLI members to learn a brief history of influential people related to the cosmetology field, then enjoy mini-manicures, gel-polished nails or haircuts, all for free! The cosmetologists will treat us until time expires at 2 p.m. **Vanessa Myers** is an instructor at Unlimited Cosmetology School, where she has taught for nine years. She has been a licensed cosmetologist for 32 years. She worked in the JCPenney Beauty Salon for the first 13 years of her career and became self-employed in 2001. Although she is an instructor, she still finds time to practice her skills as a cosmetologist by working in the evenings after she finishes teaching her students and on Saturdays at the salon. **Carlene Daniels** is the owner of Unlimited Cosmetology School, since 2010. She has been a licensed cosmetologist for 33 years and Instructor for 34 years. She worked in the JCPenney Salon in the early part of her career before becoming self-employed for many years prior to following her dreams of opening her own school, Unlimited Cosmetology School.

Thyme to Plant Your Herbs! | \$50

Thursday, April 4 | HB Meet-Up

11:00 a.m. - 1:00 p.m. | Seminar led by Linda Franzo

Meet at The Kitchen Table, 3720 Hardy Street, Suite #3, Hattiesburg.

Yes, it is that “thyme again”! Join OLLI members at The Kitchen Table for another delicious herb class presented by Linda Franzo. Learn tips for planting herbs for the best results and enjoy a wonderful lunch, using the fresh herbs. Recipes are included. **Linda Franzo** is the instructor of *Passionate Platter* cooking classes and garden tours. She is a 25-year member of the *Herb Society of America*, an advanced master gardener of St. Tammany Parish and a food and history tour guide in New Orleans. Linda teaches “hands-on” seasonal cooking, garden-to-table, at her herb gardens, presents at *Petals from the Past*, in Jemison, Alabama, *The Kitchen Table*, in Hattiesburg, as well as many places around the country. She is an advocate for “edible school gardens,” instructing children on garden techniques and how to cook the food they grow. She was featured on PBS *Cooking with Kids*, a 2004 *Southern Living* article and appeared on Nashville’s *Crook & Chase* show. When she is not cooking or gardening, Linda likes biking, the beach, yoga and antiques. Linda has a vintage cottage home with themed herb gardens along the paths. She refers to herself as “The Herban Chick” and lives in the antique district in Slidell, Louisiana. Linda has cottage herb gardens, raises chickens and has been married to her husband, Rick, for 45 years. She has three sons, three daughters-in-love and eight grandchildren. You can follow Linda at www.instagram.com/passionate_platter/ or www.facebook.com/lindaann.franzo.3/. Linda puts herbal pizzazz in her food and passion in her gardens!

It's the Little Things that Divide the Races | \$15

Tuesday, April 16 and 23 | HB In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Dr. Dena Semmons

This class will discuss the book *It's The Little Things* by Lena Williams. "A sounding board for blacks and whites concerned with bridging the racial divide." - *News Day* | In an open and safe environment, be prepared to ask those questions you have thought about but were uncomfortable asking. Purchasing the book is suggested but not required. **Dr. Dena Hurst Semmons** is a retired educator. She has facilitated cultural diversity workshops throughout the United States and in Korea. She holds a BA in Theater Education and Black Studies, a MS in Counseling and a Doctorate in Educational Leadership. An OLLI member, she has taught classes focused on the Black American experience.

Longevity and The New Retirement | \$5

Thursday, April 25 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Courtney Payton

Edward Jones' ongoing collaboration with Age Wave now includes a comprehensive new study, *Longevity and the New Journey of Retirement*, to explore how the journey of retirement unfolds, the patterns of people's experience in retirement and the keys to thriving along the way. **Courtney Payton** is a practicing Edward Jones financial advisor who has been serving the Pine Belt community since 2020. With 12 years of experience in the finance industry, she brings a wealth of knowledge to her practice. Her credentials include the professional designation of Accredited Asset Management Specialist, Graduate Certification in Finance and Master of Public Administration from Belhaven University.

TRAVEL

Trip to Suriname, South America | \$5

Monday, March 18 | HB In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Catherine Merrikin

Suriname, South America, formerly called Dutch Guiana, was renamed when the country gained its independence in 1975. Join us to learn more about this amazing South American country. **Cathy Merrikin** is a retired Business Technology instructor from Pearl River Community College. Before moving to Mississippi, she taught at several high schools in the Boston area. She loves living in Hattiesburg and says she never wants to see snow and ice again.

Visit Clotilda: The Exhibition | \$65

Friday, April 5 | HB Field Trip

8:00 a.m. - 5:00 p.m.

Meet at the gravel parking lot on the corner of Montague and N. 36th Avenue, Hattiesburg.

Under the cover of night in the summer of 1860, a ship carrying 110 Africans slipped into Mobile Bay. The *Clotilda*, the last known U.S. slave ship, made its illegal voyage 52 years after the international slave trade had been outlawed. In the ensuing years, the displaced Africans survived enslavement and then established a community as free Americans. But they also were able to maintain aspects of their African identities, creating

the tight-knit, independent community in Mobile known as "Africatown." Africatown Heritage House is a community building in Mobile, Alabama that houses "Clotilda: The Exhibition," about the survivors and descendants of slaves transported on the *Clotilda*, many of whom established Africatown. Join OLLI members on a visit to the *Clotilda* at the Africatown Heritage House.

***Hitting the Trail for Lewis and Clark: A Road Trip to Remember* | \$10**

Thursday, April 18 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Lee Walker

The instructor of this class and his wife recently completed two weeks tracing the beginning route of the Lewis and Clark exploration route. Lewis and Clark were seeking a way to get some sense of what the NEW west was as far as the United States was concerned. In an attempt to find a river passage to the Pacific, President Jefferson sent the best mapping and scientific expedition team. The task and effort took courage and extreme dedication. Consider a road trip into history. **Lee Walker** is a retired public school teacher, summer adventure camp designer and implementer, science curriculum designer for JBHM Education Group, writer and guitar player.

***Traveling to London* | \$10**

Tuesday, April 23 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Steve Clyburn

In this seminar you will view PowerPoint slides of different places in England, Ireland, Scotland and Wales. The focus will be on where to stay, what to see and how much it costs. British terms will be explained as they do not correspond with our food items in the US. A guidebook will be available to peruse and there will be time for questions. **Steve Clyburn** has a BS degree in political science and a ME from William Carey University. He retired from the US Army and taught for sixteen years at Lawrence County High School, Monticello, MS. He has made five trips to London and one trip to Ireland, Scotland and Wales.

SPECIAL INTEREST GROUPS (SIGs)

SIGs are free with your OLLI membership.

Below is the schedule for SIG meetings. You must be a current OLLI member to join.

Register to receive emails from the SIG host.

HB Art HB In-Person	1st Friday at 1:00 p.m.
GP Book Club Zoom Only	3rd Friday at 1:00 p.m.
HB Book Club HB In-Person and Zoom	2nd Friday at 10:00 a.m.
GP Crafting GP In-Person	2 Fridays a Month at 9:00 a.m.
HB Crocheting HB In-Person	2nd Wednesday at 2:00 p.m.
HB Knitting HB In-Person	1st and 3rd Friday at 2:00 p.m.
HB Life Story and Poetry Writing HB In-Person and Zoom	3rd Friday at 10:30 a.m.
HB MS Books and Authors HB In-Person and Zoom	4th Friday at 11:00 a.m.
GP Outdoors in South Mississippi GP Meet-Up	3rd Friday at 9:30 a.m.
HB Photography Zoom Only	1st and 3rd Fridays at 2:30 p.m.
GP Rummikub SIG GP In-Person	1st and 3rd Mondays at 2:00 p.m.
GP Stringed Instrument GP Meet-Up	Tuesdays at 2:30 p.m.
GP Ukulele GP Meet-Up	Thursdays at 2:30 p.m.
HB Ukulele HB In-Person	Fridays at 2:00 p.m.

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Mail: 118 College Drive, #5055

Hattiesburg, MS 39406

Monday - Friday

8:00 a.m. - 5:00 p.m.

Gulf Park

228.214.3277

maryann.herodes@usm.edu

Physical: N. Academic Building, Room 225

Mail: 730 E. Beach Boulevard

Long Beach, MS 39560

Monday - Friday

8:00 a.m. - 5:00 p.m.



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