

Ow'll See You



Photo credit: OLLI Member Pauline Larson

at OLLI!

SPRING 2025

Online and email registration | Wednesday, January 15 at 9 a.m.

Phone registration | Thursday, January 16 at 9 a.m.

Walk-in registration | Friday, January 17 at 9 a.m.

Courses begin Monday, January 27, held in person and/or on Zoom.



at The University of
Southern Mississippi

Are you 50 or older and seeking opportunities to engage in innovative and enriching programs in an inclusive environment with others who share similar interests? Join OLLI Southern Miss today!

Learn for a lifetime.

Annual Membership Fee

\$50 Hattiesburg

\$40 Gulf Park

\$30 USM Faculty and Staff

\$30 Zoom Only



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Contact your local OLLI office for Zoom instructions. Zoom links will be emailed the afternoon before class.

IMPORTANT INFORMATION

MEMBERSHIP AND CLASS REGISTRATION | Email and online registration will begin Wednesday, January 15 at 9 a.m. Phone registration will open Thursday, January 16 at 9 a.m. Walk-in registration will open Friday, January 17 at 9 a.m. Courses begin Monday, January 27 and will be held in person and/or on Zoom. You may email your course selections to maryann.herodes@usm.edu (Gulf Park | GP) and tay.baucum@usm.edu (Hattiesburg | HB), register online at www.campusce.net/usm or call either office to request registration, 228.214.3277 or 601.266.6554.

REGISTRATION OPTIONS | We encourage members to register using the online system at www.campusce.net/usm.

If it is not feasible for you to register online, you may email your class registration list to one of the email addresses above or call the office nearest you and a staff member will enroll you when phone registration begins. You may visit your local OLLI office to register after all other registration options are underway. However, to increase the likelihood of securing a spot in your preferred classes, email and online registration are better options. Mail your checks to **OLLI, 118 College Drive #5055, Hattiesburg, MS, 39406.**

CLASS CANCELLATION POLICY | OLLI reserves the right to cancel any class at any time for any reason.

COMMUNICATIONS | We email an "OLLI Update" weekly or as needed to keep you informed of upcoming events and cancellations. If you have given us an email address but are not receiving emails, add olliengage@lists.usm.edu and paula.mathis@usm.edu to your email address book. Also, check your junk or spam folder if you are not receiving emails from OLLI. If you find an OLLI message in the folder, mark it "not SPAM" and/or move it to your inbox. This is the best way to stay informed of current and upcoming activities.

PARKING | Parking lots for the Hattiesburg campus are provided on N. 37th Avenue between Pearl Street and Montague Boulevard. Handicapped-accessible parking is available in that lot and at the building entrance on 36th Avenue. **For our Gulf Park campus**, parking is available in any lot by **permit only**. You **MUST** email maryann.herodes@usm.edu to register your vehicle. No permit is required to park in the Hattiesburg OLLI lots.

INCLEMENT WEATHER | OLLI follows the policy of The University of Southern Mississippi in times of inclement weather. If USM closes either the Gulf Park or Hattiesburg campus because of weather conditions, OLLI will also cancel classes. Rely on trusted news sources when the National Weather Service issues a storm watch or warning. Please do not risk traveling until danger has passed.

PAYMENTS AND REFUNDS

How should I pay? | A number of payment options are available: 1) pay online with a credit card at the time you enroll in classes, 2) mail a check to your local OLLI office (mailing addresses available at the end of this guide), 3) place a check in a payment drop box at your local OLLI office, 4) pay with exact cash in Hattiesburg (not an option on Gulf Park campus) or a credit card in your local OLLI office. To protect your financial information, OLLI staff cannot accept credit card details by email or over the phone. **NOTE:** Payments are due within seven business days of registering or your place may be forfeited.

What happens if I paid for a class and it is cancelled? | When a class, seminar or field trip is cancelled, all members are notified by phone or email and OLLI staff will credit your OLLI account the amount paid.

May I request a refund? | A refund may be granted if a class is cancelled, or if you notify OLLI you wish to withdraw from a course at least seven days prior to the class start date. If you paid with a credit card, the refund will be credited to your card. Other payment forms require completion of University paperwork, including a W-9 form, to obtain a refund. Otherwise, all credits will be credited to your OLLI account, not refunded. OLLI credits may not be used for membership dues, nor may membership dues be refunded.

May I use credits from semester to semester? | We will gladly apply your credits to pay for classes, seminars and field trips in a future semester. Members may not use credits toward membership dues.

What happens if I cannot attend a class, seminar or field trip? | If you cancel at least seven days prior to a class, seminar, or field trip, a credit will be issued for future registrations. If you choose not to attend a course or field trip without contacting the office seven days in advance of the event, no credit or refund will be issued.

EMERGENCIES AT OLLI | Should you suffer a medical emergency while attending an OLLI program (e.g., seminar, class, field trip, meet-up, pop-up or special event) or while in any building connected to OLLI (the Peck House, classrooms on the Long Beach campus or off-site locations), we are required to contact emergency services.

COMMITMENT TO DATA SECURITY | Southern Miss is dedicated to preventing unauthorized information access, maintaining information accuracy and ensuring the appropriate use of information. We strive to have appropriate physical, electronic and managerial safeguards to secure the information we collect in all formats: on paper, electronically and verbally. Security practices are consistent with the policies of the University, the laws and regulatory practices of the state of Mississippi and multiple federal agencies.

NOTE: Member information will be shared with OLLI Staff and the OLLI Membership Committee. Also, OLLI reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of OLLI or by other participants, for administrative and promotional purposes. By enrolling in an OLLI program, participants agree to allow their images and names, if visible, to be used in such.

SPECIAL EVENTS

Music We Grew Up On—The Crooners

Thursday, January 23 | HB In-Person | Free and Open to the Public
2:00 p.m. - 4:30 p.m. | Event led by Jim Dryden

From the Rat Pack to Michael Bublé—to kick off the spring semester let's sit back, relax and groove to the soft, intimate style of crooning. We will enjoy discussing the early days of silky-voiced singers of sentimental jazz to the modern styles of Conniff and Bublé. Come ready to dance and enjoy!

Jim Dryden has lived in 11 states, cruising to all kinds of music, as he worked and explored this country with his very tolerant wife, Sherry. His love of music may only be matched by his love of stories and trivia. Like many others, he grew up listening to his tiny transistor radio under his pillow, long after his mom told him to go to bed.



OLLI Gras | No Charge

Friday, February 28 | GP In-Person

11:00 a.m. - 12:00 p.m. | Event organized by the Social Committee
Celebrate Mardi Gras with us, OLLI-style! Drinks and king cakes will be provided.



Before I Die: Preparing for Death | Free and Open to the Public

Tuesday, March 11 | HB In-Person

10:00 a.m. - 12:00 p.m.

Seminar led by Jennifer Holder, Don Woodall and Nanci Youngblood

This event will feature a panel consisting of a palliative care physician, a hospital chaplain and representatives from both hospice and a local funeral home. Each of the presenters will share their particular area of expertise that will be followed by a time for question and answers from the participants.



Cinco De Mayo Spring Social | Dutch Treat

Thursday, May 1 | GP Meet-Up

11:00 a.m. - 12:30 p.m. | Event led by the Social Committee

Join OLLI friends for our annual celebration of Mexican culture and heritage.



Gulf Park 10th Anniversary Celebration | Free and Open to the Public

Late Spring | Details will be announced at a later date.

Join OLLI in celebrating 10 years of learning new things, developing friendships, traveling the coast and making memories.



GULF PARK

ARTS

***Painting in Grayscale with Pastels* | \$30**

Mondays, January 27 - February 24 | GP In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Henry Stiller

Students will learn how to create drawings with grayscale pastels. They will learn the technique by using pastels and the different grades of shading and blending. We will begin with simple compositions and gradually work into more complex drawings. This course is designed for beginners and advanced students.

Supply List: 18 x 24 pad (preferably newsprint), 12-piece drawing pastels (12 color gray), kneaded eraser and paper towels. **Henry Stiller** is a retired Air Force veteran of twenty-four years. His career in the Air Force consisted of jobs as a medical illustrator, graphics technician and art director of a national magazine. He worked twelve years in civilian life as a medical illustrator at the Keesler Medical Center in Biloxi. He has illustrated medical journals and children's books. He also has four bronze plaques on the Bay St. Louis Bridge from a local art contest sponsored by the MS Department of Transportation.

***AI Art Magic: A Beginner's Guide* | \$10**

Monday, February 3 | GP In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Dean Pennington

Unleash your creativity with artificial intelligence! This class is for beginners with limited computer skills. The instructor will guide you step-by-step through AI basics and using AI tools to create stunning art and images. Explore different styles and bring your ideas to life. Whether curious about digital art or seeking a new hobby, this class will open up a world of possibilities. Discover the artist within! (This description was written with AI.) **Dr. Dean Pennington** is a retired environmental scientist who spent over thirty years in the Mississippi Delta working in water resources. He has been involved in photography for both work and as a hobby for most of his life. His interest in photography created an early interest in AI use for creation of artistic images and editing photos.

***Drawing Basics Part I* | \$30**

Tuesdays, February 4 - March 4 | GP In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Dr. Tammy Gragg

Come learn beginning drawing skills with a focus on still life. **Supply List:** For the first class you will need black fine tip and medium tip permanent markers (Sharpie), a ruler, inexpensive 9X12 or larger paper or sketch pad. A field sketch board is recommended. Pencils and erasers to be used in later classes will be discussed during our first class session. **Dr. Tammy Gragg** is a retired nurse practitioner and artist working mainly in watercolor and colored pencil. She studied art at Mississippi Gulf Coast Community College, the New York Academy of Art and University of North Carolina. She is an active member of the Gulf Coast Art Association and the American Society of Botanical Artists.

***Beginning Guitar* | \$30**

Wednesdays, February 5 - March 5 | GP Meet-Up

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Pat Noonan

Meet at First United Methodist Church, 208 Pine Street, Long Beach.

Participants will learn to play the guitar with chords, strumming and picking methods, from simple folk songs to more complex renditions toward the end of the class. Students must provide an adult instrument and tuning mechanism. We will start with simple fun songs and will learn two or three chords each session, which will be repeated in following songs with a new chord added each time we meet. Folk songs are most easily played as a beginner. Plan to practice at home at least one hour daily. Your fingers and grip will become stronger and the callouses will form in time so that playing becomes more comfortable. **Note:** You must have an adult acoustic guitar, preferably a small size instrument (3/4) if purchasing, as the large ones are harder for women and beginners to play. A notebook for the songs, a stand and a capo are helpful. Picks are optional. If you would like the instructor's input before buying an instrument, please contact her at patn44@yahoo.com. If you already have an instrument, there are ways to make the larger size workable. We will not have the ability to plug in electric guitars or amplifiers. **Pat Noonan** PMHNP retired is an artist, guitar player, ukulele player, sailor and camper who has recently taken up golf. She has taught guitar at OLLI. She is an alumna of

The University of Southern Mississippi and the University of South Alabama and retired from the State of Alabama after teaching nursing and nurse practitioner courses at the University of South Alabama, Mobile.

Mardi Gras Mask Decoration: Laissez Les Bon Temps Rouler | \$50

Monday, February 10 | GP Meet-Up

10:00 a.m. - 12:00 p.m. | Seminar led by Ohr-O'Keefe Museum of Art Pottery Instructor

Meet at the Ohr-O'Keefe Museum Pottery Studio, 386 Beach Boulevard, Biloxi.

Create an elaborate, colorful Mardi Gras mask decoration out of clay. Start with a clay template, add decorative clay additions and paint your creation with under glazes. We will "fire" it for you and it will be ready in two-three weeks. **Supply cost included in the course fee.**

Mardi Gras Beads and Diamonds | \$25

Thursdays, February 20 and 27 | GP In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Michelle Magrath Greene

We will enjoy using diamond painting techniques to embellish Mardi Gras themed objects. We will use traditional diamond painting but will also utilize unconventional techniques with actual Mardi Gras beads.

Supply cost included in the course fee. Michelle Magrath Greene recently returned home to Biloxi after a long absence while living in Alabama. She enjoys football, crafting and reading.

Drawing Basics Part II | \$30

Tuesdays, March 18 - April 15 | GP In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Dr. Tammy Gragg

This class will teach you to refine the skills learned in Drawing Basics 1 as you learn to create volume and depth using values and perspective. **Supply List:** Graphite pencils (2H, HB, 2B), kneaded eraser, dust-free plastic eraser, 9X12 or larger sketch pad or paper, field sketch board, ruler, pencil sharpener. **Dr. Tammy Gragg** is a retired nurse practitioner and artist working mainly in watercolor and colored pencil. She studied art at Mississippi Gulf Coast Community College, the New York Academy of Art and University of North Carolina. She is an active member of the Gulf Coast Art Association and the American Society of Botanical Artists.

Landscape Art | \$30

Thursdays, March 20 - April 17 | GP In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Pat Noonan

This class will cover drawing and painting in watercolor. You will learn the technique of perspective with use of color, shading, shadow and form. Examples of landscape paintings, photos and demonstration will be used as examples of nature in art. If the weather permits we will go out on the campus grounds to sketch.

Supply List: sketch pad, drawing pencils, gum eraser, pencil sharpener, small set of watercolor paints, watercolor brushes, a pad of watercolor paper, a covering for the table when painting, a container for water, paper towel and mixing pan if using tube paints. **Pat Noonan** PMHNP retired is an artist, guitar player, ukulele player, sailor and camper who has recently taken up golf. She has taught guitar at OLLI. She is an alumnus of The University of Southern Mississippi and the University of South Alabama and retired from the State of Alabama after teaching nursing and nurse practitioner courses at the University of South Alabama, Mobile.

Ceramic Wall Pocket Planter/Vase for Spring | \$50

Monday, March 24 | GP Meet-Up

10:00 a.m. - 12:00 p.m. | Seminar led by Ohr-O'Keefe Museum of Art Pottery Instructor

Meet at the Ohr-O'Keefe Museum Pottery Studio, 386 Beach Boulevard, Biloxi.

Join us for an amazing, creative experience. You will learn basic hand building techniques, working with slabs, template, textures and spring molds to create a beautiful vase/planter perfect to use inside or outside. Choose a glaze color and we will glaze and fire your creation. It will be ready for pickup in two or three weeks. **Supply cost included in the course fee.**

Japanese Inspired Threaded Easter Eggs | \$20

Tuesday, April 15 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Lorraine Magrath

Temari is the Asian art of creating delicate threaded balls. Instruction on the history and techniques of temari will be provided. We will utilize the skills from this ancient art to make threaded Easter eggs from fabric, thread and embroidery floss or Perle cotton. The beautiful creations will be started in class and all necessary techniques will be demonstrated; however, the eggs may need to be completed at home. **Supply cost**

included in course fee. Dr. Lorraine Magrath is a semi-retired Accounting Professor who recently returned to her Coastal roots. She enjoys beading, needlework and painting.

EATING YOUR WAY THROUGH OLLI

Valentine's Luncheon with OLLI | Dutch Treat

Friday, February 14 | 11:00 a.m. - 12:30 p.m. | GP Meet-Up

Meet at Salute Italian Restaurant, 15th Place, 1712 15th Street, Gulfport.

Join OLLI friends for a Valentine's Day luncheon.

Luncheon at Captain Al's Steak & Seafood | Dutch Treat

Friday, March 21 | 11:00 a.m. - 12:30 p.m. | GP Meet-Up

Meet at Captain Al's Steak and Seafood, 1458 Magnolia Street #3515, Gulfport.

Join OLLI friends for steak or seafood. Captain Al's Steak & Seafood Restaurant has been the home of "THE ORIGINAL" Surf & Turf on the Mississippi Gulf Coast since 1993.

OLLI Luncheon at The Lady May | Dutch Treat

Friday, April 25 | 11:00 a.m. - 12:30 p.m. | GP Meet-Up

Meet at The Lady May, 708 Washington Avenue, Ocean Springs.

Join OLLI friends for a meal inspired by family and tradition and experience the art of home-cooking passed down through generations, with dishes influenced by both Italian Catholic and Southern cuisine. The owners Will Taylor and Chris McDonald crafted The Lady May restaurant by combining their grandmothers' love-infused recipes, resulting in a unique, nostalgic menu.

HEALTH AND FITNESS

Chair and Standing Pilates | \$35 Each Term

Mondays and Wednesdays | GP In-Person

Term I: January 27 - March 5

Term II: March 17 - April 23

8:30 a.m. - 9:30 a.m. | Exercise Class led by Juliet Shaw

Come define and tone your muscles while improving your posture and balance with a low intensity workout!

Pilates is a great way to increase physical strength and flexibility and to enhance mental awareness. **Members must bring their own cushioned exercise mats.** Juliet Shaw recently graduated from USM and has earned her Pilates instructor certification.

Tai Chi Chih for the Beginner | \$35 Each Term

Tuesdays and Thursdays | GP In-Person

Term I: January 28 - March 6

Term II: March 18 - April 24

8:30 a.m. - 9:30 a.m. | Exercise Class led by Susie Pham

This class is for newcomers and will teach traditional physical meditative practice. It is designed to build strength, improve health and flexibility, reduce stress and increase energy flow. **Susie Pham** has practiced Tai Chi for years and was trained by Grand Master Shi DeRu, 31st generation descendant of the Shaolin Temple.

Intermediate Tai Chi Chih | \$35 Each Term

Tuesdays and Thursdays | GP In-Person

Term I: January 28 - March 6

Term II: March 18 - April 24

9:45 a.m. - 10:45 a.m. | Exercise Class led by Susie Pham

This class is for those who have previously taken Tai Chi Chih for the Beginner. This class will teach traditional physical meditative practice. It is designed to build strength, improve health and flexibility, reduce stress and increase energy flow. **Susie Pham** has practiced Tai Chi for years and was trained by Grand Master Shi DeRu, 31st generation descendant of the Shaolin Temple.

Slow Flow Yoga | \$25 Each Term

Wednesdays | GP In-Person

Term I: January 29 - March 5

Term II: March 19 - April 23

4:00 p.m. - 5:00 p.m. | Exercise Class led by Amy White

What Is Slow Flow Yoga? It is a gentle, meditative style focusing on moving slowly and mindfully through various poses. It's a great style of yoga for beginners who want to slow down and focus on their breath and

movement. Slow Flow Yoga can also help to improve flexibility, strength and balance as well as to increase mindfulness and body awareness. **Amy White** is a teacher with twenty-three years of educational experience. She has earned Yoga Certification through Yoga Alliance with an emphasis in social-emotional support. She also has 200-hour Yoga Teacher Certification (CYT 200) and a Gold-standard international yoga teacher certification.

Caregiving without Burnout | \$10

Wednesday, February 5 | GP In-Person

9:45 a.m. - 11:45 a.m. | Seminar led by Dr. Jan Vinita White

In this positive and uplifting presentation and discussion, aging expert Dr. Jan Vinita White provides strategies for joyful and enriching caregiving approaches that are practical, attainable and uncomplicated. Expand your toolbox! Former caregiver? Come and share lessons learned. **Dr. Jan Vinita White** is a gerontologist, consultant, aging authority, writer, speaker and researcher on the biological, psychological and social issues of health and aging. For fourteen years she has been advancing this conversation through her blog post, which has attracted a global following.

A Practical Guide to Retirement Community Options | \$10

Wednesday, February 12 | GP In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Diana White

Where you live matters, and this seminar will discuss the costs associated with how you decide to live out your retirement days. Time, connection and financial obligations are all factors to consider when planning for how you will live out your days. We will explore associated costs for aging in your home, home health options or moving into a continuing care, or life-plan, retirement community. **Diana White** is the Southern Area Marketing and Sales Director for Methodist Senior Services. She has a BA in Communications and Public Relations and has seventeen years of experience in the marketing, public relations and communications fields for government, private and nonprofit agencies. She has worked in the senior living industry for the last three years.

Living with Chronic Pain and Fatigue Part II | \$5

Thursday, February 13 | Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Dr. Megan Broadway

After being diagnosed with fibromyalgia in 2023, Megan attended a two-day seminar at Mayo Clinic in Jacksonville, FL on how to improve quality of life when experiencing chronic pain and fatigue. This talk is based on what was learned and what strategies have been most helpful in producing a better quality of life in spite of symptoms. **Dr. Megan Broadway** is a comparative psychologist and professor at the University of Louisiana at Monroe. Although her research focus is animal behavior and cognition, she has experienced chronic pain and fatigue for much of her life and has developed a unique perspective on how to live life to the fullest despite difficulty.

Situational Awareness: Saving Lives and Self Defense Course | \$10

Monday, February 17 | GP In-Person

9:45 a.m. - 11:45 a.m. | Seminar led by John Miller and Sherry Loba

This course will include two parts. Part one is a lecture on Situational Awareness and the importance of ALWAYS being aware of your surroundings. It will also discuss various parts of anatomy to target. The second part is on Self-defense and being able to use the tools you have on hand to help defend yourself. Part two will have some hands-on techniques and training on how to safely perform the techniques being used. **John Miller** is the owner and chief instructor at Full Circle Martial Arts and Yoga. He specializes in various styles of martial arts, combatives, women's self-defense, situational awareness, yoga, meditation and life coach. He also works with women and children dealing with different types of trauma. He teaches in groups and private lessons. **Sherry Loba** has a passion for physical fitness and believes it is a way of life. She feels it is even more important as we age so that we can continue living an independent lifestyle. She enjoys yoga, women's self-defense and Karate.

Unlock the Ancient Power of Meditation to Transform and Empower Your Life | \$10

Wednesdays, February 19 and 26 | Zoom

10:00 a.m. - 11:00 a.m. | Two-Part Mini-Seminar led by Rev. Kathryn Lane

Discover the incredible power of meditation to transform your life holistically in our groundbreaking class, "Unlock the Power of Meditation." This immersive experience delves into the intersection of ancient mindfulness practices and cutting-edge neuroscience, offering a unique approach to personal transformation.

Receive practical tips and strategies to integrate meditation into your daily life seamlessly, beginner to advanced. **Kathryn Lane** has the audacity to believe that you can cultivate a life filled with passion, purpose and service. Kathryn is currently pursuing a Doctorate of Ministry with a specialization in Holistic Life Coach. She will be sitting for her national wellness and nutrition board exams fall of 2025. She is also a competitive bodybuilder.

***Eat with Extension: Cooking with Herbs* | \$10**

Wednesday, February 19 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Sharonda Allen

This class will demonstrate strategies and provide motivation for middle-aged and older adults to incorporate herbs into a variety of foods for enhanced flavor and health benefits. **Sharonda Allen** is the Family and Consumer Sciences Extension Agent for Mississippi State University Extension Service-Harrison County. She has a BS from the University of Mississippi and a MS from Walden University. Ms. Allen began her career with MSU Extension Service in 2021.

***Hope for Cancer: 7 Principles to Remove Fear and Empower Your Healing Journey!* | \$10**

Tuesday, March 25 | GP In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Betty Sue O'Brian

This is a Master Class based in large part on the work of Dr. Tony Jiminez, MD, ND, Medical Director of Hope for Cancer in various locations in Mexico. This book will cover the research and implementation of integrative, nontoxic therapies that target cancer and also the biological terrain that encourages its growth. **Betty Sue O'Brian** holds a master's degree from USM and is a retired instructor. She became a traditional naturopath and iridologist after retirement. She presents worldwide on topics relating to natural health and wellness. If you would like to know more about her, check out her websites, www.bettysueobrian.com and www.iridologyacademy.org.

***Secrets to Living Longer and Healthier* | \$10**

Monday, April 14 | GP In-Person

9:45 a.m. - 11:45 a.m. | Seminar led by Dr. Jan Vinita White

In this positive and informative presentation and discussion, aging expert Dr. Jan Vinita White compares and contrasts the Blue Zone methods with scientific centenarian research. Participants can immediately apply practical strategies for enhancing their quality of life. **Dr. Jan Vinita White** is a gerontologist, consultant, aging authority, writer, speaker and researcher on the biological, psychological and social issues of health and aging. For fourteen years she has been advancing this conversation through her blog post, which has attracted a global following.

***What Secrets Can Our Organs Hold?* | \$5**

Monday, April 21 | Zoom

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by Dr. Sasha Tran

Have you ever wondered why certain characteristics or genetic illness run in the family? Why it is so hard to break away from objectively difficult habits? In this course we will go over how our organs control our habits, memories and emotions. **Dr. Sasha Tran** is a chiropractor and an advocate for her patients and the people around her. She specializes in the mind-body connection with a unique chiropractic technique called Applied Kinesiology and Neuro-Emotional Technique.

HUMANITIES

***A Fun Romp Through Mississippi History* | \$10**

Tuesday, January 28 | GP In-Person/Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Brother Rogers

This course will use historical markers to highlight people and events in Mississippi history. It will then pivot to exploring the origins of names of cities and counties in Mississippi. **Brother Rogers** is a historian at the Mississippi Department of Archives and History.

***The Old Spanish Trail* | \$10**

Thursday, January 30 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Patrick Alford

What was the Old Spanish Trail? Was it a trail of Spanish conquistadors, or was it a vision of a transcontinental highway from St. Augustine, Florida to San Diego, California? Come discover the truth about The Old Spanish Trail. **Pat Alford** retired after forty-two years as a science teacher and administrator. He is a master volunteer ranger for the National Park Service and has taught several classes and led several tours for OLLI.

***Life in the US Japanese Internment Camps* | \$10**

Wednesday, February 5 | GP In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Jamie Stanfield

This seminar will discuss life inside these camps. It will provide pictures, personal testimonies and general overviews of how those detained managed to live, what health and living conditions were like and how people used minimal resources to sustain not only their own person, but those imprisoned with them. **Jamie Stanfield** is the head of Gulf Coast Libraries at Southern Miss. She has a master's in library science and a second master's in history. Her specialization era is World War II and the Cold War. Jamie studies the history of medicine and is especially interested in the history of midwifery. She enjoys teaching with graphic novels.

***Media Savvy: Navigating the News* | \$10**

Thursday, February 6 | GP In-Person/Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Joshua Wilson and Dr. Edgar Simpson

Become media savvy with this course offered by the Roy Howard Community Journalism Center at The University of Southern Mississippi. Gain essential skills to critically evaluate news sources, detect misinformation and disinformation and understand media's role in society. Upon completion, you will be equipped to navigate today's complex information landscape with confidence. You'll also earn a valuable certification in media literacy. **Joshua Wilson** is the community liaison for the Roy Howard Community Journalism Center at The University of Southern Mississippi. He also teaches in the School of Media and Communication. **Dr. Edgar Simpson** is the director of the School of Media and Communication at The University of Southern Mississippi, where he is also a professor. His work helped to secure the Scripps Howard Fund grant for the Roy Howard Community Journalism Center.

***C.S. Lewis: Heretic, Atheist, Christian?* | \$15**

Mondays, February 17 and 24 | GP In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Rev. Jon Caridad

C.S. Lewis is a treasure in Christian literature. Besides the timeless and popular *Screwtape Letters*, he has written numerous books and articles on living the Christian Life and frequently discusses his conversion journey. This seminar is an introduction of Lewis' life, education and Christian journey. **Rev. Jon Caridad** is a retired Episcopal priest with extensive experience in education, ancient history and biblical study.

***They Called Her the 'Ship of Dreams,' A History of the RMS Titanic* | \$5**

Monday, February 24 | GP In-Person

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by Allisa Beck

The RMS Titanic, which struck an iceberg and sank in 1912 with great loss of life, has become one of the most famous sea disasters of all time. In this talk, the instructor will present the great ship's story--from her construction to her tragic end in the Atlantic Ocean. On the way, you'll learn about some of the people who were aboard the liner as well as some stories about this well-known tragedy. **Allisa Beck** is the Arts and Sciences Librarian at The University of Southern Mississippi Gulf Coast Library. She also administers the Gulf Park College for Women archives, which are housed in the library. She is a member of both the Long Beach Historical Society and the Historical Society of Gulfport.

***Roald Dahl's 'The Landlady'* | \$5**

Thursday, February 27 | Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Leah Holmes

Indulge in this chilling tale of 17-year-old Billy Weaver's first and last stay at a bed and breakfast. After asking the porter for a recommendation, he opts for the boarding house, where the landlady looks good on the surface but holds a disturbing secret. A classic gem from Dahl! **Leah Holmes** is a retired USM English Instructor. She is currently the Bay St. Louis Library Branch Manager. She holds advanced degrees in literature.

***Women in the Bible* | \$10**

Monday, March 17 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Damon Franke

This course discusses the books in the Bible that are titled with names of women: Ruth, Esther and Judith. Learners are asked to have read these books in the Old Testament and Apocrypha before attending class.

Discussion will ask and analyze: Why do these women become titular characters in the Bible? Why is Judith only in the Apocrypha? How would you compare these women to others in different books of the Bible? **Dr. Damon Franke** has been an Associate Professor of English at USM Gulf Coast for twenty years, teaching a wide variety of classes including Literary Study of the Bible.

***Muhammad Ali: Floating and Stinging* | \$10**

Tuesday, March 18 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Christi Magrath

A strong bodied boxer full of courage and peace: an anti-establishment, war-hating, fighter who refused to fight and paid a steep price. A weak bodied fighter full of courage and peace: the lighting of the Olympic torch with shaking hands was a courageous display of athletic strength. A discussion of "The Greatest" will include career highlights, famous quotes, video/audio clips and the importance of Ali to boxing, America and the World. **Dr. Christi Magrath** is a retired Biology Professor who loves Science, Art and Pop Culture.

***Ancient History: How and When Did That Happen? Part II* | \$30**

Mondays, March 24 - April 21 | GP In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Rev. Jon Caridad

This class will cover the ancient history of Greece and Rome. We will discuss the foundations of democracy and the basis for modern government structures. Former participation in part one is helpful but not required. This is STILL not your grandfather's history course! **Rev. Jon Caridad** is a retired Episcopal priest with extensive experience in education, ancient history and biblical study.

***Literature's Little Giants* | \$30**

Thursdays, March 27 - April 24 | GP In-Person

12:00 p.m. - 1:30 p.m. | Five-Week Class led by Donna Bradbrook

Readers like the short story for its brevity. We like its punch, the ironic twist we often anticipate before we reach it. Many readers find the most appealing aspect of an exemplary story is the writing itself. Let's take a closer look at some renowned stories and see if we can locate the qualities that make them memorable. Let's take the challenge to write a short story. Together we can enjoy literature's little giants! Stories will be provided. **Donna Bradbrook**, BA, M.ED., is a former English teacher who taught secondary English and AP English in schools in New Orleans and on the Mississippi Gulf Coast. She is a freelance writer who enjoys sharing a love of literature with fellow devotees.

***Reading the Bible Again for the First Time* | \$15**

Tuesdays, April 1 and 8 | GP In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Dr. Gerald Richardson

This course will be a brief discussion on the nature of the bible: what it is, what it is not, how we think about ethical issues in light of biblical teaching, how the bible does and does not inform policy questions. Bring a Bible, notepad, pen and an inquiring mind! **Dr. Gerald Richardson** is a retired United Methodist minister. Gerald has served the church in Louisiana, Texas, Tennessee and Mississippi. Gerald worked in leadership development for the church in Nashville and currently serves the churches as needed on the Coast.

***Would You Like to Play a Game? Artificial Intelligence on Film* | \$5**

Wednesday, April 2 | GP In-Person

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by Allisa Beck

What do the films 2001: A Space Odyssey, Star Trek: The Motion Picture and WALL-E have in common? They all use artificial intelligence as a major plot point. A.I. is a hot topic these days, but many people may not realize that 'thinking computers' -- some good, some bad -- have been featured in movies since the early days of cinema. In this talk, we will discuss some of the most well-known and some lesser-known A.I. films. **Allisa Beck** is the Arts and Sciences Librarian at The University of Southern Mississippi Gulf Coast Library. She also administers the Gulf Park College for Women archives, located in the library. She is a member of both the Long Beach Historical Society and the Historical Society of Gulfport.

***The Rise and Fall of the Tung Oil Queens: A Forgotten Gulf South Story* | \$5**

Wednesday, April 9 | GP In-Person

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by James Rigney

In the 1950s tung nut orchards bloomed across the southernmost Gulf South, yielding an important cash crop for the economically challenged region. Oil from the nuts was an international commodity. Tung Oil Queens reigned over Tung Oil Festivals. Promoters of "tung tourism" lured visitors to the area to view the "pink clouds of Dixie." By 1969, the industry was dead. Yet, within the last few years there have been new glimmers of

tung life. Join us to learn more. **James Rigney** is a meteorologist and oceanographer who served 31 years with the Naval Oceanographic Office, retiring as NAVO's Chief Scientist. His weekly weather columns can be found online at the *Sea Coast Echo*.

***History and Humanity: The Life and Legacy of Dr. Gilbert R. Mason, Sr.* | \$15**
Wednesdays, April 16 and 23 | GP In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Angela Juzang and Dr. Evelyn Parker

A comprehensive look at the life and legacy of Dr. Gilbert R. Mason, Sr., a key leader in the Civil Rights Movement and a prominent figure in the desegregation of Biloxi, Mississippi. Focusing on both the historical context of the Biloxi Wade-Ins and the desegregation of Biloxi schools, the course also delves into the personal life of Dr. Mason, exploring the complexities of his leadership, influences and outcomes. **Angela Juzang** is the daughter of Dr. Gilbert R. Mason, Sr., the civil rights leader who famously led the desegregation of Mississippi's Gulf Coast beaches and Biloxi Schools. She earned her Bachelor's in Political Science from Georgia State University, specializing in International Affairs and Women's Studies and has an MBA from Walden University. **Dr. Evelyn Parker** is Professor Emerita of Practical Theology at Perkins School of Theology. Parker earned her PhD from Northwestern University, in Religious and Theological Studies, with an interdisciplinary emphasis in Christian Religious Education, womanist approaches to religion and society and education and policy.

***Healing Through Heritage: Unlocking Resilience Through Cultural Psychology* | \$10**
Monday, April 21 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Henry Miller

Come explore the importance of culture in shaping mental health and resilience! In this interactive seminar, participants will delve into Sikolohiyang Pilipino (Indigenous Filipino Psychology), a framework highlighting how cultural heritage influences emotional well-being. Attendees will gain practical strategies to foster empathy and support for individuals from diverse backgrounds, enriching their local communities. **Henry Miller** is a student researcher at Mississippi State University. His research focuses on cultural resilience, psycho-dynamic perspectives and Filipino-American mental health. He has presented his research at regional and international conferences, including the 2024 Mississippi Psychological Association conference.

NATURE, SCIENCE AND TECHNOLOGY

***The Science of Gumbo* | \$35**

Monday, February 10 | GP Meet-Up

2:30 p.m. - 4:30 p.m. | Seminar led by Samantha Capers

Meet at the USM Marine Education Center, 101 Sweetbay Drive, Ocean Springs.

In this hands-on seminar, learners will explore key seafood species found in gumbo, learning about their biology, ecology and role in Gulf ecosystems. Then, under the guidance of a chef, they'll discover the art of gumbo making-perfecting a roux, seasoning and simmering seafood to create an authentic gumbo. Ideal for anyone passionate about sustainable seafood and culinary skills! **Food cost is included in the course fee.** **Dr. Samantha J. Capers**, project manager at USM's Marine Education Center, evaluates vessel-based STEM programs for K-12 students, using data to measure impact. A former 8th grade science teacher, she holds a BS in elementary education and is pursuing a PhD in research, aiming to enhance educational outcomes through hands-on marine science.

***Sea Darts: Mississippi's Coastal Least Terns* | \$5**

Wednesday, February 12 | GP In-Person and Zoom

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by Dr. Abby Darrah

Mississippi's mainland beaches host one of the densest breeding concentrations of Least Terns in the Gulf of Mexico. This seminar will present information on Least Tern life history, population trends and recent research on breeding site fidelity and movement patterns. **Dr. Abby Darrah** is a biologist who obtained her PhD at the University of Arkansas, where she assisted with lecture course and laboratory instruction.

***New Findings in Dinosaur Behavior* | \$10**

Thursday, February 20 | GP In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Craig Huch

Look at new discoveries made with new and old scientific techniques in Paleontology. We will look at dinosaur brains, locomotion (including speed), teeth and jaws and why T. Rex had such small arms. We will look at the social behavior of dinosaurs, parental care, sight, hearing and smell. We will also discuss how we prepare

fossils in the lab and will allow students to actually work on a real Dinosaur bone. **Craig Huch** is retired with a bachelor's degree in applied biology from the Georgia Institute of Technology. Craig has had a lifelong fascination with dinosaurs and joined the staff of the University of New Orleans Geology Department in 1996. He was appointed the director of the Vertebrate Paleontology Lab, preparing dinosaur bones from the Lance Creek Formation of Wyoming. Craig has been giving lectures on dinosaurs for over twenty years.

What the Bluebirds Told Me | \$5

Monday, March 3 | GP In-Person and Zoom

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by John Lipscomb

This mini-seminar will cover bluebird mating, nesting and fledglings. Also included will be information about habitat, bluebird box placement and predators. **John Lipscomb** is a Master Naturalist residing on the Mississippi Gulf Coast. He has been involved with birding most of his life. This presentation on bluebirds will cover basics on identification, migration and how to attract them.

Screen Time and Blue Light Brains | \$10

Monday, March 3 | GP In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Valerie Loeschen Hale

This course will discuss Screen Time: how our use, misuse and abuse of technology affects our brains and behavior. There is much emerging research that shows how our interactions with screens shape our brain anatomy. What is "too much" time? How does the nature of content and the pacing of information affect us and particularly a child's developing brain? Assessment tools and resources will also be covered. **Valerie Loeschen Hale** has been a practicing psychotherapist at Patterns Counseling Center in Laurel since 2002. She has a general practice with a specialty in trauma and anxiety related issues.

Exploring Drones: Technology and Applications | \$10

Monday, March 3 | GP In-Person/Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Dean Pennington

Join our class designed for beginners with minimal knowledge of drones. Dean will cover the basics of drone operation, explore their diverse uses in photography, agriculture, and more, and discuss legal requirements and limitations. This class aims to give you a solid understanding of drone technology without the expectation of becoming a drone pilot. Dive into the fascinating world of drones and discover how they can transform various fields! **Dean Pennington** is a retired environmental scientist that spent over thirty years in the Mississippi Delta working with water management. Dean built his first UAV in 2010, before commercial drones were available. He is a licensed drone pilot and has a private pilot license and has used drones in agricultural research and disaster management in the Delta.

Exploring Mississippi Sandhill Crane National Wildlife Refuge | \$10

Wednesday, March 5 | GP Meet-Up

9:30 a.m. - 12:30 p.m. | Seminar led by Paula O'Briant

Meet at the MS Sandhill Crane National Wildlife Refuge, 7200 Crane Lane, Gautier.

Join refuge staff and volunteers for an overview of the refuge and learn more about how staff manages the land to promote restoration of the pine savanna habitat. The refuge is home to many unique species, including carnivorous plants and orchids, as well as endangered species such as the Dusky Gopher Frog and MS Sandhill Crane. Tour our Visitor Center, walk the C. L. Dees trail and participate in a short (1.5 - 2.0 hour) van tour of the refuge. **Entry fee is included.** **Paula O'Briant** is a Wildlife Refuge Specialist with Mississippi Sandhill Crane National Wildlife Refuge. She has a degree in Environmental Biology from USM and is passionate about wildlife conservation.

Native Plants: Add more HEART to your Habitat! | \$15

Wednesdays, March 19 and 26 | GP In-Person/Zoom

10:00 a.m. - 11:00 a.m. | Two-Part Mini-Seminar led by Nadine Phillips

Gardening is our most intimate relationship with the earth. Our gardens can draw us closer to nature, nourish the web of life and help bolster biodiversity. This class offers that gardening with native plants especially enhances our affection for the natural world by forging deeper connections. Gardeners are more empowered than ever before to positively impact the health of the planet simply by adding native plants into their garden habitat. **Nadine Phillips** is a lifelong nature lover. She is most at home, and most herself, in the forest. Nadine has led Forest Therapy walks since 2018 and is a certified Nature and Forest Therapy Guide, accredited by the International Nature and Forest Therapy Alliance (INFTA). All her interests revolve around nature and promoting biodiversity to support the interconnected Web of Life. Nadine is also a longtime volunteer at The Crosby Arboretum.

Discover The Crosby Arboretum: The Premier Native Plant Conservatory in the Southeast | \$20

Wednesday, March 19 | GP Meet-Up

12:00 p.m. - 2:00 p.m. | Seminar led by Pat Drackett

Meet at the Crosby Arboretum, 370 Ridge Road, Picayune.

Join us to learn about the history of the Crosby Arboretum, an award-winning public botanical garden, and its mission to educate the public on the plants native to our region. Come enjoy this engaging overview of the Arboretum and the native plants you will discover during the guided tour of the Arboretum and its Mississippi Landmark Pinecote Pavilion designed by E. Fay Jones. Entry fee included. **Pat Drackett** is the Director of Mississippi State University Crosby Arboretum. She joined the staff in 2007. She obtained degrees in botany and landscape architecture and is also an associate extension professor of landscape architecture.

Longleaf Pine and Turpentine | \$10

Thursday, March 20 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Patrick Alford

Come learn how the longleaf pines and turpentine made South Mississippi a leader in naval products and lumber and how the resources determined the population, wealth and makeup of South Mississippi. **Pat Alford** retired after forty-two years as a science teacher and administrator. He is a master volunteer ranger for the National Park Service and has taught several classes and led several tours for OLLI.

Storm and Disaster Preparation | \$5

Monday, March 31 | GP Meet-Up

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by Bernie Cullen

Meet at The Ground Zero Museum, 335 Coleman Avenue, Waveland.

Come learn how to plan and prepare for a severe storm, flood or natural disaster. **Bernie Cullen** is a retired RN with many years of leadership and educational experience. She holds a BS from William Carey University and MS in Nursing from the University of South Alabama.

War in the Air, the Combat Pilots and Aircraft of World War I | \$10

Wednesday, April 2 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Jim Farned

In this course, you will learn about many of the combat pilots of World War I and the aircrafts they flew. We will discuss Baron Von Richthofen, Albert Boelcke, James McCudden, Albert Ball, Eddie Rickenbacker and many others. There will be an overview of the extraordinary progress made in military aviation from the beginning of the war in 1914 and its end in 1918. **Jim Farned** is an Air Force and Civil Service retiree with a lifelong interest in aviation, particularly World War I aviation. He recently created a historically accurate game on this subject called *The Deadly Ballet*. The research he did for the game, along with a long-term familiarity with the subject, are the basis for this seminar.

Mediums and How They Communicate with the Dead | \$5

Monday, April 7 | GP In-Person

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by Connie Rainey

Mediums communicate with spirits. Some have a sensory experience, such as smelling or hearing. There are different types of communication including séance, trance and ouija. Join Connie in learning more about mediums. **Connie Rainey** is a retired RN, active paranormal investigator and researcher. She has twenty years of experience, and a lifetime of being empathic.

Native Plants that Pollinators Love | \$5

Monday, April 7 | GP In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Dr. Eddie Smith

Pollinators are essential for the health of our ecosystems and the health of many of our food crops. However, pollinator populations are declining worldwide largely due to habitat loss and pesticide poisoning. By creating a pollinator-friendly garden full of native plants, you can help pollinators in your area. Native plants are best adapted to your local area's climate, growing seasons and soils. Making them easy to grow and enjoy for years. Join us to learn more. **Dr. Eddie Smith** is the Mississippi State University Extension County Coordinator and Extension Agent IV in Pearl River County. He has been employed with MSU-ES since July 1, 2008. He was the

2014 State Master Gardener Coordinator of the Year. He is also an International Society of Arboriculture Certified Arborist.

The Evolution of Birds and the Origin of Flight | \$10

Wednesday, April 9 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Ron Bruni

The evolution of birds is one of Earth's most captivating stories. Over 150 million years ago, feathered, carnivorous dinosaurs began an extraordinary evolutionary journey into the first true birds, small winged creatures capable of flight. Join me as we trace this path from the Mesozoic era to the present diversity of modern birds, exploring the anatomical changes, development of flight and evolutionary pressures that shaped the transformation. **Dr. Ron Bruni** is a pediatrician who recently retired after fifty years of private practice at Bruni Pediatric Clinic with his son, Tim Bruni, MD. He earned his BA in pre-med at Seton Hall University in 1963 and a MD and his internship residency from Georgetown in 1967.

PERSONAL ENRICHMENT

Santa's Off Season: Epic 40 Day Adventure to the North Pole via USA and Canada | \$15

Mondays, January 27 and February 3 | GP In-Person

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Dave "Santa Claus" Meisburger

Come relive Santa's summer of 2024, forty day, 16,541-mile photographic journey traveling through twenty-one USA states, four Canadian provinces, as he narrates his epic journey utilizing more than 1,000 photos. There will also be Santa-related topics of interest and a Q and A session. **Dave Meisburger** is real-bearded Santa with twenty-four years of experience representing the Toys for Tots organization and has a love for travel.

Business: The Good, the Bad and the Ugly! | \$5

Tuesday, January 28 | GP In-Person/Zoom

2:30 p.m. - 3:30 p.m. | Mini-Seminar led by John O'Hara

This course will discuss how to be the "good," avoid being "bad" and how not to become a victim of the "ugly." This seminar will focus on the lost art of customer service from both the business and consumer perspective, sharing information collected from the Better Business Bureau locally and nationally in respects to consumer service. You will also learn how to become a smarter consumer. **John O'Hara** is the CEO of the Better Business Bureau serving Mississippi. John was born and raised in Long Island, NY where he lived for twenty years. He relocated to the south and graduated from the University of Georgia with a degree in agriculture in 1988.

CRASE Citizen Response to Active Shooter Events | \$10

Wednesday, January 29 | GP In-Person

9:45 a.m. - 11:45 a.m. | Seminar led by Shanice Bolton

In today's society, we face various dangers to life and limb. The CRASE class helps prepare participants to react to critical situations and quickly make the essential decisions that might save their lives. Studies have shown that people who move quickly through the three phases of a crisis: denial, deliberation and the decisive moment are more likely to survive the event. **Shanice Bolton** is currently a police officer assigned to the Community Relations office at The University of Southern Mississippi. Officer Bolton has four years of experience as a police officer and has served the university for one year. She received her BS from USM in 2019 and her MS in public relations in 2024.

Beginner's Bridge: Learn One Skill at a Time | \$30

Wednesdays, January 29 - February 26 | GP In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Betty Ann Jones

Bridge is about "winning tricks." Hands-on activities will be used to teach play rules for no-trump and suit contracts. **Dr. Betty Ann Jones** is a retired educator and a Ruby Life Master member of the American Contract Bridge League.

Basic Mahjong | \$30

Tuesdays, February 4 - March 4 | GP In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Gina Aguilar and Laura McKerns

Class attendees will learn to play the Chinese version of mahjong. This class focuses on becoming familiar with each tile making up the mahjong set, getting familiar with the combination of tiles to achieve goals of winning, recognizing different "winnable" playing patterns and developing individual strategies to mahjong. **Gina Aguilar** and **Laura McKerns** are retired and enjoy playing mahjong with other OLLI members on a weekly basis, for fun.

I Think I Can, I Think I Can: Mexican Train Dominoes | \$15

Thursdays, February 6 and 13 | GP In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Gina Stanton

Yes, you can! Mexican Train Dominoes is played everywhere with many "local" variations. We will teach by the printed game rules and then show some of the possible variations one may run across as they join play groups. Each game presents different play challenges. No "partners" are needed. You play your own game against other players with the goal of using all your tiles first. This is not a card game; there are numbered tiles to play. **Gina Stanton** is a retired legal assistant and moved here from Louisiana in 2016. She is currently leading the Rummikub SIG at Gulf Park and enjoys teaching and the social aspect of table games.

Colorful Spring Flowers | \$5

Monday, March 17 | GP Meet-Up

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by Polly Cuevas

Meet at Pine Hills Nursery, 7434 Cuevas Road, Pass Christian.

Come learn to select blooming colorful plants this spring while visiting Pine Hills Nursery. You will learn how to coordinate and care for the best color plants that will bloom all spring. **Polly Cuevas** has been manager at Pine Hills Nursery since its beginning in 1986.

Fun in a Structured Learning Exercise | \$10

Monday, March 17 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Georgina Aguilar

Attendees will participate in a group activity that provides self-introspection and reflection as learning opportunities. This activity-oriented session challenges learning through experiencing an activity where participation is fun and full of comradeship. **REQUIRED:** A sense of humor, camaraderie, smiles and joy. **WARNING:** Be prepared for anything and everything. **Gina Aguilar's** varied work experiences include organizational management and development with a focus on training and development, succession planning, process improvement, team building, job analysis and targeted selection (assessment center). Gina is retired and has been an OLLI member since 2019.

The Untold Truth About 401(k) Strategies | \$15

Wednesdays, March 19 and 26 | Zoom

2:30 p.m. - 3:30 p.m. | Two-Part Mini-Seminar led by Ben Pounds

Are you maximizing your retirement and letting your money work for you? Are you familiar with the requirements, fees and taxes associated with 401(k) accounts? This course will show you calculated solutions to avoid the problems associated with 401(k) accounts. You will also learn about the retirement miracle that few are finding today. **Ben Pounds** is a financial professional who obtained his AA degree at MGCCC, then studied at MS State, and graduated with a BA from the University of Alabama. He has a strong desire to help others learn financial education. His recent accolades include a Life license and a CompTIA Security+ license.

Gulf Coast Passenger Rail Update | \$5

Monday, April 14 | GP In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Todd Stennis

Come hear an update on the new twice-daily Gulf Coast Passenger Rail Service. **Todd Stennis** is the Director of Governmental Affairs for the Southern Region for Amtrak.

Charter a Course to Happy Fishing | \$125

Wednesday, April 16 | GP Meet-Up

10:00 a.m. - 2:00 p.m. | Seminar led by Angie Holland

Meet at Biloxi Small Craft Harbor, 679 Beach Boulevard, Slip A12, Biloxi.

Get happy on an inshore charter fishing trip with Happy Fishing Charters. Enjoy fishing around Deer Island as well as our Coastal bays and bayou system. The charter includes fuel, bait, tackle, ice, fishing licenses and fish cleaning services. Fish for redfish/red drum, flounder, speckled trout, white trout and black drum as target species but may catch other species, too. **Angie Holland** is one of the Coast's few female Charter Boat Captains and owners. She owns and operates Happy Fishing Charters from the Biloxi Small Craft Harbor.

HATTIESBURG

ARTS

The Historic Journey of African American Quilters | Free and Open to the Public

Monday, January 27 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Diane Williams

Diane Williams, storyteller and fiber artist, begins her presentation with a discussion of Kente cloth weaved fibers of West Africa and moves on to utilitarian quilts made by African slaves in America who sewed for their owners. She provides a reflective look at how the designs of Underground Railroad quilts relate to storytelling and explores the works of Harriet Powers (1837-1910) and three other female fiber artists. **Diane Williams** is a neo-griot, along the lines of the storytellers from times gone by when oral historians were crucial to maintaining black folks' history because book publishers didn't believe the history worth chronicling. Williams is also a quilter, an artistry befitting for a woman known for paying homage to the past. Williams uses silk yarns, beads, stones and vibrant colors to make traditional quilts with Motherland inspiration to tell stories of strength, resilience and hope.

Watercolor—It's Fun! | \$30

Wednesdays, January 29 - February 26 | HB In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Marty Broadus Turnbo

Never learned how to paint? Let's do watercolor! Learn tricks and techniques. Watercolor is fun!

Supply List: Watercolors, round watercolor brushes (assorted sizes, S - L), watercolor paper (9X12 or so), painter's tape, resist medium such as crayons, pastels and fluid. Bring anything else that looks like fun! **Marty Broadus Turnbo** is a retired art and drama teacher from Oak Grove and a longtime member of the South MS Art Association.

Nature Art in Watercolor | \$30

Thursdays, January 30 - February 27 | HB In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Evelyn Timidaiski

This course will use brief discussions of nature science followed by demonstrations of painting techniques. Students will then work on a painting of their choice dealing with the topic of the week. Examples of topics: Leaves, flowers, fungi, plants and animals. Supply List: Artist tape, quality paints, quality paper (140 pounds), color wheel, masking fluid or frisket, round brushes in small, medium and large size, large flat brush, water container, pencil artist eraser, transfer paper or light box pallet, paper towels without a design, Kleenex, natural sponge, Q-tips and board to support painting. **Evelyn M. Timidaiski** is a former Biology teacher with 33 years of experience. She is a 5-time published author with The Wild Rose Press. Her classes are hands-on with ample opportunity for class questions and individual practice. Students share their work if they are comfortable.

Ukulele for Beginners | \$25

Fridays | HB In-Person

Term I: January 31 - March 7

Term II: March 21 - April 25

1:00 p.m. - 2:00 p.m. | Six-Week Class led by the OLLI HB Southern Miss Ukies: Jim and Sherry Dryden, Paula Cruz, David Williams, Jean Jones and Cheryl Stevens

Come and have fun with the OLLI HB Southern Miss Ukies! Learn the basic chords and strum patterns that will allow you to play hundreds of songs. Supply List: Concert ukulele, tuner and music stand.

Polymer Clay Jewelry for Beginners | \$15

Wednesdays, February 5 and 12 | HB In-Person

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Marlette DeFelice

This course will teach how to create beautiful polymer clay jewelry from start to finish, using different styles and techniques. You will have a wearable handcrafted piece at the end. Supply List: Two packs of polymer

clay in colors of your choice, one acrylic roller and one tissue blade for cutting, available at Hobby Lobby, Amazon, Temu or Michaels. Also, one piece of smooth porcelain tile at least 12 x 12 inches, available at Home Depot or Lowe's. **Marlette DeFelice** has been a polymer clay artist for 12 years with concentration on jewelry. A now-retired photographer and Veterans Administration nurse, Marlette is originally from Detroit, Michigan and lived in Orlando, Florida for seven years. She is now a Hattiesburg resident.

Cell Phone Photography | \$45

Wednesdays, February 5 and 12 | HB Meet-Up

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Betty Press

Meet at Singing River Art Studio, 100 West 4th Street, Suite 20, Hattiesburg.

Many people now take photos with their phones without knowing how to use all the features available on the latest models. You'll learn all the basics of iPhone photography in this course as well as plenty of tips and tricks that you can use during every day shooting to make your photos stand out from the rest. We will also discuss post processing apps such as Snapseed and Instagram where we can share our photos. **Betty Press** was formerly a photography instructor in the USM Art department and is a member of the Women's Art Collective in Hattiesburg. She has published several books, exhibits regularly and is now represented at the Singing River Art Studio. Her website is bettypress.com and Instagram is @bettypress and @singingriverartstudio.

Advanced Crochet for Fun | \$20 Each Term

Thursdays | HB In-Person

Term I: February 6, 13 and 20

Term II: March 27, April 3 and 10

2:30 p.m. - 4:30 p.m. | Three-Part Seminar led by Sherry Dryden

Learn some new stitches and/or techniques. Come renew your crochet from your past. You will see samples of Amigarumi crochet and/or Tunisian crochet. You decide which you would like to try. Beginners who have never crocheted are also welcome to learn with us. **Supply List:** Crochet hook (4.50 (G), 5.00 (H), 5.50 (I)) Cotton yarn or Acrylic (solid color or multi-colored - choose a light color as it will be easier to see).

Sherry Dryden is a retired loan officer and supervisor from a credit union in Maryland. She has been a crafter since a young age. She was taught to crochet and embroidery by her mother and grandmother. She crochets gifts for her seven grandchildren and friends.

Tortilla Press Block Printing | \$25

Mondays, February 10 and 17 | HB In-Person

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by John Carvalho

This course will cover materials used for block printing. Students will have the opportunity to carve blocks and print small editions of their own original designs. Day one: single color print. Day two: prints using multiple blocks/colors. Blank carving blocks, ink and paper will be provided. Skills: Transfer design to block, carve and print blocks, align for printing multiple colors, including "Split Fountain" printing (multiple colors from one block). Born and raised in Denver, CO, **John Carvalho** earned his BFA in Painting and Printmaking at Washington University in St. Louis, and his MFA at MICA in Baltimore, MD. John earned a BS in Nursing at Georgetown University. He worked as an ER nurse. John paints primarily in oils on linen, using printmaking, papermaking and book arts for collaborative works.

AI Art Magic: A Beginner's Guide | \$10

Tuesday, February 11 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Dean Pennington

Unleash your creativity with artificial intelligence! This class is for beginners with limited computer skills. The instructor will guide you step-by-step through AI basics and using AI tools to create stunning art and images. Explore different styles and bring your ideas to life. Whether curious about digital art or seeking a new hobby, this class will open up a world of possibilities. Discover the artist within! (This description was written with AI.) **Dr. Dean Pennington** is a retired environmental scientist who spent over thirty years in the Mississippi Delta working in water resources. He has been involved in photography for both work and as a hobby for most of his life. His interest in photography created an early interest in AI use for creation of artistic images and editing photos.

Glassblowing at Mohawk Glass and Steel | \$80

Thursday, February 13 | HB Meet-Up

9:30 a.m. - 11:30 a.m. | Seminar led by Jeremy Thomley

Meet at Mohawk Steel and Glass, 50 Hegwood Road, Hattiesburg.

Glassblowing experiences with Jeremy Thomley at Mohawk Glass do not disappoint! Come along and see what it's all about and blow your very own piece of glass! **Fee includes charge for creation of vase.** **Jeremy Thomley** received a bachelor's degree in speech communications from the University of South Alabama and served a two-year Latter Day Saints mission. He always wanted to be a teacher and great storyteller. His experiences made him trade his cubicle for a workshop. Through the years of dedication and commitment, Thomley has built quite a following for his work.

***Polaroid Transfers: Emulsion Lift Workshop* | \$60**

Tuesday, February 18 | HB Meet-Up

12:00 p.m. - 2:00 p.m. | Seminar led by Betty Press

Meet at Singing River Art Studio, 100 West 4th Street, Suite 20, Hattiesburg.

Polaroid Emulsion lifting is a technique that separates the thin layer of photo emulsion from the Polaroid frame. Once freed, it behaves like a delicate fabric that can be manipulated into unique configurations and transferred to another material, such as glass, wood or paper. Lifts are made using cell phone photos which are printed on Polaroid film. **Supplies included in course fee.** Choose 4 photos from your cell phone. All levels welcome. **Betty Press** is a documentary photographer. In 2012 she received the Excellence in Photography Award from the Mississippi Institute of Arts and Letters for the photobook *I Am Because We Are: African Wisdom in Image and Proverb*. She received the Visual Artist Fellowship from the Mississippi Arts Commission in 2013 and 2018 for *Finding Mississippi*.

***Harp: An Exploration of Sound and Color Through Time* | \$10**

Wednesday, February 19 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Kristina Finch

This course will explore the possibilities of sound and color on the harp through the use of standard and contemporary harp repertoire and storytelling about the history of this fascinating instrument. **Dr. Kristina Finch**, harpist (Hattiesburg, MS) is constantly striving to connect with new and diverse audiences using classical training and a passion for popular music to defy expectations and expand perceptions of the harp. Kristina is harp faculty at The University of Southern Mississippi.

***Memories & Inspiration: The Kerry and C. Betty Davis Collection of African American Art* | \$20**

Tuesday, February 25 | HB Field Trip to the Lauren Rogers Museum of Art in Laurel

9:30 a.m. - 2:00 p.m. | Seminar led by Hillary Steinwinder

Comprising 67 spectacular works of art, *Memories & Inspiration: The Kerry and C. Betty Davis Collection of African American Art* is the culmination of a 35-year journey into a realm that few have explored with such passion and dedication—the world of art and art collecting. *Memories & Inspiration* draws generously from the Davis Collection, a treasury of artworks located in a private home in Atlanta, Georgia, primarily by African American artists. We will lunch in Laurel (Dutch Treat) prior to returning to Hattiesburg. **Don't forget to bring cash for a donation to the museum.**

***Let's Make "Thinking of You" Cards* | \$20**

Term I: Tuesday, March 4

Term II: Tuesday, April 8

2:30 p.m. - 4:30 p.m. | Seminar led by Karen LeBeau and Aimee Cotton

In this seminar, we will make eight cards: two each of four designs. **Supplies are provided, including envelopes for mailing.** These cards can be personalized to be suitable for birthdays, get well, missing you or whatever you choose. **Karen LeBeau** enjoys craft of many types, usually focusing on fiber arts. Almost every day she wears something she has created. **Aimee Cotton** (Karen's daughter) has been involved with paper crafts for a few years. She designs the cards and provides most of the equipment used.

***Origins of Photography* | \$10**

Thursday, February 27 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Richard "Tony" Lewis

This illustrated talk will cover the origins of photography, beginning with antecedents to the daguerreotype and ending with the introduction of the Kodak camera in the 1880s. In connection to the technical innovations, the talk focuses on photography in the wider social and cultural context. Issues of photographic truth, ethics, informational content and the status of photographs as professionals/artists shall be examined. **Dr. Richard "Tony" Lewis** has taught courses in art history, mass communication and library science at the graduate level and holds doctorates in art history and communication from Northwestern and The University

of Southern Mississippi. He has organized over 100 exhibits, most recently the permanent exhibit at MAX in Meridian.

***Behind the Music* | \$5 Each Term**

Term I: Monday, March 10

Term II: Monday, April 21

9:30 a.m. - 10:30 a.m. | HB In-Person

Mini-Seminar led by Dr. Gregory Wolynec Music Director Dr. Gregory Wolyne will present one-hour talks to preview upcoming programs during the USM Symphony season. These informative talks are designed to be approachable for people both new to Classical music as well as experienced concertgoers. A combination of discussion and guided listening will enhance your appreciation of the programs with our acclaimed orchestra. **Dr. Gregory Wolyne** is the newly appointed Director of Orchestral Activities at The University of Southern Mississippi, where he directs the Symphony Orchestra and oversees the graduate program in Orchestral Conducting. He also serves as the Music Director of Middle Tennessee's acclaimed Gateway Chamber Orchestra, which he cofounded in 2008.

***"By Special Request ..."* | \$30**

Mondays, March 17 - April 14 | HB In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Dana Stratton

At last! The colored pencil class you have been waiting for (or not?). Choose your own subject, bring your own pencils and paper - you can even work in a 'coloring book.' We will explore what your pencils can do and how best to use them. Let's make marks! If you have questions, email Dana at rndstrat@comcast.net and she'll do her best to give you some answers. **Dana Stratton** is a longtime instructor at OLLI and likes to draw and paint and gossip about art history and other things.

***Counted Cross-Stitch for Fun!* | \$15**

Tuesdays, March 18 and 25 | HB In-Person

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Terry Buchanan

Did you once do counted cross-stitch in another life? Join us if you did cross-stitch or have always wanted to learn. We will complete at least one small project. **Supply List:** Your best close work glasses (if you need them) and scissors. Any project you are already working on if you like. **Terry Buchanan** is a retired public school teacher from Maine. She has been attending OLLI since 2019 and has been creating counted cross-stitch pieces since 1980.

***Drawing* | \$30**

Wednesdays, March 19 - April 16 | HB In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Marty Broadus Turnbo

Learn how to draw or improve your skills. Let's learn the basics and then add to them. You'll learn about perspective, value, color, composition and texture. You'll draw faces, animals and other things you like. **Supply List:** Paper (any size), regular pencil, gum eraser, Sharpie, colored pencils, a picture you want to draw and anything else you would like. **Marty Broadus Turnbo** is a retired art and drama teacher from Oak Grove and a longtime member of the South MS Art Association.

***Learn the Beautiful Art of Calligraphy* | \$30**

Thursdays, March 20 - April 17 | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Harriette Suggs

Students will learn the correct way to hold the pen in order to make the thin and broad lines in each letter. Students will then learn each of the pieces to form each letter. Students will learn each letter in both Old English and Gothic lettering. **Supply List:** Calligraphy pen with two or three different size nibs. **Harriette Suggs** has been teaching Calligraphy for 40 years in continuing adult education schools in South Carolina and Virginia. She has lettered wedding invitations, birth announcements, table place cards and Bible family tree pages. She enjoys teaching others and makes it easy.

***Weird Music and How It Got That Way* | \$30**

Thursdays, March 20 - April 17 | HB In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Dr. Edward Hafer

Music for amplified cactus? Music without performers? Performers without music? These are a few products of the avant-garde movement in the 20th century, a period that challenged composers to reinvent traditional notions of music, sound and even noise. Our seminar will consider some of the motivations behind these works in hopes that listeners might gain a new appreciation for some of the most perplexing (and fun!) works of the last century. **Dr. Ed Hafer** holds a BA in Music History and Literature from Indiana University of Pennsylvania and the MM and a PhD in Historical Musicology from the University of Illinois at Urbana-Champaign. He teaches music history at USM.

Animal Art (Watercolor) | \$30

Thursdays, March 20 - April 17 | HB In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Evelyn Timidaiski

This course will use brief discussions of the different groups of animals followed by teacher demonstration of techniques. Students will then work on individual artwork related to the topic. **Supply List:** Artist tape, quality paints, quality paper (140 pounds), color wheel, masking fluid or frisket, round brushes in small, medium and large size, large flat brush, water container, pencil artist eraser, transfer paper or light box pallet, paper towels without a design, Kleenex, natural sponge, Q-tips and board to support painting. **Evelyn Timidaiski** is a former biology teacher with 33 years of experience. She is a five-time published author with The Wild Rose Press and her classes are hands-on with ample opportunity for class questions and individual practice. Students share their work if they are comfortable.

Help Me Make It Through The Night For The Good Times | \$10

Tuesday, April 22 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Jim Dryden

Kris Kristofferson was an American country music singer, songwriter and actor. A pioneering figure in the outlaw country movement of the 1970s, moving away from the polished "Nashville Sound" and toward a more raw, introspective style. Let's spend some time listening and enjoying the life and times of this musical legend. **Jim Dryden** has lived in 11 states, cruising to all kinds of music, as he worked and explored this country with his very tolerant wife, Sherry. His love of music may only be matched by his love of stories and trivia. Like many others, he grew up listening to his tiny transistor radio under his pillow, long after his mom told him to go to bed.

Don't Lose Your Peepers | \$15

Tuesday, March 25 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Gracie Nichols

In this course you will be creating your own custom eyewear chain. Constantly losing your readers? Want a little added flare for your sunnies? Fusing jewelry making elements you will leave with a unique, functional and stylish chain to adorn your glasses. **Supply List:** Jewelry plier set (round nose, needle nose and wire cutters) can be found on Amazon for under \$10. **(Bring any beads or charms you may want to use.)**

Gracie Nichols has been a local multimedia artist behind Garage Dog Studios since 2016. Mainly focusing on handmade wood and metal jewelry, she has recently expanded into collage murals in several spaces in downtown Hattiesburg. She holds her BFA from MSU and has been a production assistant for a jewelry line out of Austin, TX.

Through the Eyes of Photography | \$30

Tuesdays, March 25 - April 22 | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Dr. Steve Coleman

Explore a new way of photography. This course can show you a new way to "see" things others do not with your images. You will explore composition, framing, light, dark, depth-of-field choices and other areas. You will learn different categories of shooting to make your images pop. The idea is to get that "WOW" moment from viewers. **Dr. Steve Coleman** is a retired Assistant Teaching Professor from The University of Southern Mississippi. He taught photography, graphic design and multimedia courses. His background is photojournalism with 46 years' experience. He has had over 20 years of teaching experience.

Do You See What I See? | \$5

Tuesday, March 25 | HB In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Dana Stratton

This will be a brief examination of the hidden and not-so-hidden signs and symbols in three paintings. The artists are Holbein, Poussin and van Gogh. You'll never look at art the same way again! **Dana Stratton** likes

to draw, paint, read art history and has been teaching studio art and art history classes at OLLI since 2000 and just can't seem to stop. She is a published illustrator and an active participant in a variety of art shows and loves to gossip about the lives (and sometimes the loves) of artists of the past.

Walking Tour of Murals Downtown | \$10

Wednesday, March 26 | HB Meet-Up

12:00 p.m. - 2:00 p.m. | Seminar led by Catherine Parker Edmonson

Meet at the Saenger Theater, 201 Forrest Street, Hattiesburg.

Visit Hattiesburg's murals while walking downtown with friends. Make sure you wear comfy shoes and bring money for our coffee stop at Cafe de Luna. We will check out the Pocket Museum and discuss the artists who

are bringing color to our fair city's walls. Learn how art activates public space and plays an important part in our downtown's revitalization. **Catherine Parker Edmonson** is an art historian and consultant with two decades of experience in the commercial arts. An adjunct instructor at USM, Edmonson is an enthusiastic art educator who advocates that everyone deserves a well-balanced visual diet. Edmonson is an active member of the Hattiesburg Alliance for Public Art.

Quilts and More, Round 3 | \$10

Tuesday, April 1 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Martha Ginn and Linda Ginn

This third seminar will focus on contemporary quilt blocks, the modern quilt movement and a variety of ways to use quilt art and quilt techniques in the domestic arts, including postcards, table runners, placemats, tree skirts and barn quilt signs. This seminar will include hands-on opportunities to arrange fabrics into at least two contemporary quilt tops. **Martha Ginn** is well-known for her artistry in contemporary fiber arts and traditional quilt-making. Her quilts have been featured in exhibits across the US and China and in books and magazines. A founder of Pine Belt Quilters and The Mississippi Quilt Association, she is also a member of South Miss Art Association, Southern Fiber Artists and the Meistersingers. **Linda Ginn** has been quilting since 2017 and enjoys making quilts with both traditional and contemporary blocks. She is a retired catalog librarian. Horses, cats and birds are her favorite creatures. She enjoys reading and listening to novels and she sings in the Meistersingers. Favorite podcasts include *StarTalk* and *Escape to Rural France*.

Paint Your Very Own Original Walter Anderson | \$15

Tuesday, April 1 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Lynda Laurendine

This is a fun, easy watercolor class for the beginner to intermediate student. During the first portion of the class, the learner will be shown basic watercolor methods as demonstrated on a large Walter Anderson screen print. **Paints and brushes will be provided for your use.** Walter Anderson black-and-white cards will be available for purchase. **Lynda Laurendine** is a retired special education teacher. She was born in Meridian and grew up in Laurel. Her marriage took her to Pensacola, where she and her then-husband raised two children. Lynda returned to Laurel in 2012.

Capturing Memories: Photo Transfer Painting Workshop | \$80

Monday, April 7 | HB Meet-Up

12:00 p.m. - 3:00 p.m. | Seminar led by Andrea Kostyal

Meet at Singing River Art Studio, 100 West 4th Street, Suite 20, Hattiesburg.

Join us for a fun-filled, hands-on photo transfer painting workshop! Learn the unique art of transferring photos onto canvas, combining photography and painting into stunning artwork. No experience needed: just bring your creativity and enthusiasm! **Supplies included in course fee:** 12x9x3/4 primed canvases, at least 10 different colored acrylics, Matte Medium gel, brushes and old membership/gift cards. **Andrea Kostyal** is a studio artist living in Hattiesburg. She is the cofounder of the Singing River Art Studio and the Artists Across Borders artist group. She is currently serving as the visual art coordinator for FestivalSouth. Her paintings have been invited to solo and group exhibitions at museums and many galleries nationwide.

Monday Matinee at OLLI | \$10

Monday, April 21 | HB In-Person

12:00 p.m. - 2:00 p.m. | Movie—*Waking Ned Divine*

Only in Ireland! The backdrop of a small village in Ireland sets the stage for an interesting comedy about a winning lottery ticket and the dead guy it belongs to. *Waking Ned Devine* is about the waking up of a small village that has been fast asleep since the start. The side stories of love, friendship and greed do not fall short. They in fact add to the greatness of this comedy.

HEALTH AND FITNESS

***Tai Chi for Health on Zoom* | \$35 Each Term**

Mondays and Wednesdays | Zoom Only

Term I: January 27 - March 5

Term II: March 17 - April 23

9:30 a.m. - 10:30 a.m. | Six-Week Exercise Class led by Susan Nodurft

This class is open to all participants of the 2020-21 Zoom class or with permission of the instructor. Participants must be familiar with Dr. Lam's Tai Chi for Arthritis and Fall Prevention (40 Sun forms) and Tai Chi for Beginners (first 6 forms of the 24 Yang style Forms). Emphasis will be placed on advancing the practice and learning new forms. **Susan Nodurft** is a retired biology teacher. After retirement she began the study and practice of Qigong/Tai Chi. She has been certified through the Institute of Integral Qigong and Tai Chi and the Tai Chi for Health Institute.

***Chairobics* | \$35 Each Term**

Mondays and Wednesdays | HB Zoom

Term I: January 27 - March 5

Term II: March 17 - April 23

12:00 p.m. - 1:00 p.m. | Six-Week Exercise Class led by Valerie Webber

Chairobics combines fun and fitness while moving to music. This class is designed to increase muscle strength and range of movement as well as improve cardiovascular health. Small hand weights and elastic bands are used for toning and a chair is used for seated exercises and standing support. There are no on-the-floor exercises. **Valerie Webber** is a Southern Miss graduate with a BSBA and MBA. She is a life member of the USM Alumni Association and has worked in the accounting and finance industry and in IT.

***Beginning Tai Chi for Health and Balance* | \$35 Each Term**

Mondays and Wednesdays | HB In-Person

Term I: January 27 - March 5

Term II: March 17 - April 23

4:00 p.m. - 5:00 p.m. | Six-Week Exercise Class led by Susan Nodurft

This class is designed for beginners and those who may have previous experience and simply wish to maintain this gentle practice for health and balance. In the first term, students will be introduced to the fundamentals of Tai Chi and learn an easy, step-by-step set of movements created by Dr. Paul Lam. The second term builds on the first adding additional movements to the set taught in the first term. It is recommended that potential participants sign up for both terms. After retiring from teaching in 2007, **Susan Nodurft** began the study and practice of Qigong/Tai Chi. She has been teaching this gentle practice for over 10 years. Susan is certified through the Institute of Integral Qigong and Tai Chi (Dr. Roger Jahnke) and the Tai Chi for Health Institute (Dr. Paul Lam).

***Yoga for Every "Body" - Mixed Level Yoga* | \$35 Each Term**

Tuesdays and Thursdays | HB In-Person

Term I: January 28 - March 6

Term II: March 18 - April 24

10:30 a.m. - 11:30 a.m. | Six-Week Exercise Class led by Stacey Ready

Throughout this mixed-level class you will be invited to experience each pose with self-awareness as well as awareness of safe alignment while enjoying yourself! This class will allow advanced students to deepen their practice, and modifications of poses will be offered both visually and through detailed vocal cues allowing Level I students to advance their practice while honoring their growth. Warm up, standing poses/balance, cooldown-HAVE FUN! **Stacey Ready** is a returning yoga instructor at OLLI. A lifelong yoga enthusiast, upon

retiring from Southern Miss, she decided to become a certified yoga instructor and has enjoyed every moment. In addition to teaching at OLLI, she is a frequent substitute instructor at both Hattiesburg and Petal YMCAs.

Fun Chair Dance Class | \$35 Each Term

Tuesdays and Thursdays | Zoom

Term I: January 28 - March 6

Term II: March 18 - April 24

12:00 p.m. - 1:00 p.m. | Six-Week Exercise Class led by Leah Wheelless

Students have a choice of sitting or standing for some or all dances. Great music and the dances are easy to follow! **Leah Wheelless** has the following certifications: Viniyoga teacher 500-hr, Viniyoga yoga therapist, Chair yoga dance, Trauma Sensitive yoga. She also earned an MBA and served 35 years with the federal government, including 10 years as a contractor.

Line Dancing for the Beginner | \$25 Each Term

Wednesdays | HB In-Person

Term I: January 29 - March 5

Term II: March 19 - April 23

10:30 a.m. - 12:00 p.m. | Six-Week Exercise Class led by Joni Guthrie

Line dancing is a great way to stay healthy in a fun way. No experience or partner necessary. Come dance with us! After retiring from USM, **Joni Guthrie** worked part-time with former OLLI director Sue Pace and also taught OLLI classes. Joni has taught Line Dancing for 30 years.

Healthy Aging, Happy Living | \$10

Tuesdays, February 4 and 11 | HB In-Person

2:30 p.m. - 3:30 p.m. | Two-Part Mini-Seminar led by Dr. Robert Bateman and Dr. Amanda Parker

This course offers practical strategies to optimize your health. Discover the power of nutrition to fuel your body and mind, the benefits of regular physical activity to boost energy and vitality and the importance of quality sleep for mental and physical restoration. Learn effective techniques to manage stress and build strong social connections. By prioritizing these essential components of healthy aging, you can enhance your quality of life. **Dr. Robert Bateman** directs the Medical Biochemistry courses at William Carey University where he also serves as the Associate Dean for Research. Dr. Bateman has been teaching chemistry and biochemistry as a university faculty member since 1988. His research interests are lifestyle medicine in the prevention of disease and the treatment of diabetes. **Dr. Amanda Parker** is the biochemistry teaching partner of Dr. Bateman at William Carey University College of Osteopathic Medicine. She is the Associate Dean for Preclinical Sciences and a member of the American College of Lifestyle Medicine.

Care to Hear My Five Wishes? | \$10

Tuesday, February 18 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Nanci Youngblood

A booklet, *Five Wishes*, available to each seminar participant, presents five wishes we might have as we age and face end of life issues. This document can be used to start the discussion of those wishes with family members and/or friends who may be making decisions for us if we cannot speak for ourselves. The seminar is interactive as participants share ideas and learn from others' experiences that will help with aging and end of life issues. **Nanci Youngblood** is a graduate of Emory University who briefly taught high school German until the children came. She is very family-oriented and is interested in keeping lines of communication open, especially as issues related to aging and end of life issues arise.

Getting to Know Medicare and the Auxiliary Coverages Available | \$5

Thursday, March 6 | HB In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Adam Stockett

In this seminar, we will cover the basics of Medicare and coverages available to those on Medicare. We will also review the secondary coverages available to ensure full coverage. **Adam Stockett** is a licensed health and life insurance broker who has been working in the industry for 30 years. He specializes in all lines of health

insurance for all ages. The brokerage that he helps run, along with his dad and brother, sells over 20 million in annualized premium each year, focusing on individuals, families and small businesses.

Understanding Hair Loss | \$5

Monday, April 21 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Hannah Price

We will review the different types of hair loss and what over-the-counter, medical and cosmetic treatment options are available. **Hannah Price** is a dermatology PA currently practicing at Pine Belt Dermatology in Hattiesburg and Petal. She has seven years' experience in dermatology, having also previously worked in Clinton, MS. She graduated with an MS in Medicine from Mississippi College in 2017.

HUMANITIES

Policing the Pine Belt: The Homelessness Dilemma | \$10

Monday, January 27 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Dr. April Overman

This course examines the complex issue of urban homelessness. While homelessness seems to simply be a matter of helping people find homes, the root causes of our urban homelessness problem run much deeper than mere housing. The seminar will examine the connections between mental illness, substance abuse, justice involvement and homelessness. We will survey the many programs designed to address the causes of homelessness. **Dr. April Overman** is a retired law enforcement officer with extensive experience in homeless outreach efforts. She has also worked in the mental health field and is a nationally recognized drug recognition expert. She holds a PhD in urban studies and is also a licensed attorney.

Let's Learn Spanish with a Taste of Culture! | \$40

Tuesdays, January 28 - February 25 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Kia Stewart

In this course, each participant will learn beginner Spanish. By the end of the course, participants will be able to understand the basics of the Spanish language and culture. To add a little excitement, each participant will be able to start each class by tasting various Spanish food and exploring the culture. **Kia Stewart** is a Mississippi Certified Educator and enjoys teaching. Kia has been teaching Piano, Spanish, Voice, Clarinet, Poetry and English for over 18 years. Kia provides a fun and unique experience for learning. Kia's extensive experience and education supports her ability to ensure learning takes places.

Capturing the Essence of Hattiesburg's Historic African American Cultural Hub | \$5

Wednesday, January 29 | HB In-Person

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Vanessa Molden

This seminar will discuss the Sixth Street Museum District's role of enhancing the lives of our neighbors and growing the economy of Hattiesburg by highlighting the rich history of our area's African-American community through preservation and the interpretation of their contributions in a way that connects with residents and visitors alike. **Vanessa Molden** is the operations and education supervisor with the Sixth Street Museum District in Hattiesburg.

Why Not--Women on Juries? The Women's Jury Movement in Mississippi | \$10

Wednesday, January 29 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Paige Mason

In 1968, Mississippi became the last state to allow women to serve on state court juries. This course will look at the movement for women's jury service in the state and the factors that contributed to the prolonged exclusion of Mississippi women on juries. We will see how women's organizations across the state mobilized to advocate for jury service and how current events influenced the trajectory of the movement. **Paige Mason** received her MA in history from The University of Southern Mississippi in December 2024 and a BA in history from Judson College in 2021. She enjoys studying political and women's history during the nineteenth and twentieth centuries.

Citizen Lincoln: How We Can Still Learn from Abraham Lincoln | \$10

Thursday, January 30 | Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Dr. Susannah Ural

This two-hour seminar will use items from the Frank and Virginia Williams Collection of Lincolniana (WCL) at Mississippi State University to explore what Abraham Lincoln can teach us about the importance of engaged citizenship. The WCL contains hundreds of original manuscripts, 19th-century campaign paraphernalia, paintings, statuary, broadsides, newspapers and more. **Dr. Susannah Ural** is the Frank and Virginia Williams

Chair for Abraham Lincoln and Civil War Studies at Mississippi State University. She is also a proud golden eagle thanks to her time on the USM faculty in the Dale Center for War and Society from 2009-2023.

A Fun Romp Through Mississippi History | \$10

Thursday, January 30 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Brother Rogers

This course will use historical markers to highlight people and events in Mississippi history. It will then pivot to exploring the origins of names of cities and counties in Mississippi. **Brother Rogers** is a historian at the Mississippi Department of Archives and History.

Grant Returns to the Magnolia State: The Ulysses S. Grant Presidential Library | \$10

Monday, February 3 | Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Anne Marshall

This seminar will explain the unlikely journey which brought the Ulysses S. Grant collection to Starkville, Mississippi, where it functions today as the Ulysses S. Grant Presidential Library. Topics discussed will include the role of the library, the development of the museum and of presidential libraries more generally.

Dr. Anne Marshall is an associate professor of history at Mississippi State University, where she has taught since 2006. She has served as Executive Director of the U.S. Grant Association and Ulysses S. Grant Presidential Library since March 2022. She has a BA from Centre College of Kentucky and a PhD in History from the University of Georgia.

The Mississippi Community College Story: From Rural Roads to the Information Highway | \$5

Tuesday, February 4 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Dr. Ronald Nettles

Mississippi Community Colleges form the oldest system of community colleges in the USA. Originally established as agricultural high schools, they have transformed into leaders in workforce development and online learning. This presentation will explore the evolution of the junior college mission from serving rural populations through the challenges of the Great Depression, World War II and social conflicts, to becoming modern community colleges. **Dr. Ronald Nettles** is a retired college administrator with over 29 years' experience in the Mississippi community college system. He spent 24 years as an administrator at Copiah-Lincoln Community College, including 10 years as president. He also served as executive director of the Mississippi Community College Foundation for five years.

How the Assyrian Empire Caused Christianity | \$30

Wednesdays, February 5 - March 5 | HB In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Dr. Daniel Browning

This course will look at the Old Testament background that created the Christian understanding of Jesus as the Messiah. To accomplish that, it will review: the three major theological covenants that determined the Israelites' view of their status before God, the dire historical events (begun by the Assyrian Empire) that threatened that status, interpretation of the covenants by the "writing prophets" (Amos, Hosea, Isaiah, etc.) in light of catastrophic changes and New Testament writers' interpretation of those prophets' writings.

Dr. Daniel Browning is currently Instructor of History, Religion and Geography at Pearl River Community College, following a long career as Professor of Religion and History at William Carey. He holds a PhD in Biblical backgrounds, archaeology from Southwestern Baptist Theological Seminary, a recent MS in geography/GIS from USM and a BSE in industrial engineering. His research focuses on the intersection of spatial references in ancient texts and archaeological remains.

Putin's Russia and the War in Ukraine | \$30

Thursdays, February 6 - March 6 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Dr. Brian LaPierre

It is not an exaggeration to say that Vladimir Putin is one of the most well-known and controversial politicians on the planet. In this course, we will be studying Putin and the Russia that he has created. We will also examine Putin within the larger context of the collapse of the Soviet Union, the turmoil of the post-Communist transition and Russia's neo-colonial war of expansion in Ukraine. **Dr. Brian LaPierre** earned a PhD from the University of Chicago and is a social historian of modern Russia. He is the author of the monograph *Hooligans in Khrushchev's Russia: Defining, Policing, and Producing Deviance during the Thaw* and of several peer-reviewed articles on crime, social control and the legal system in the post-Stalinist USSR.

America's Enemy During the Vietnam War | \$10

Monday, February 10 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Oscar Coles

This course will provide a study of the Vietnam War from the 'other side.' By including more Vietnamese perspectives and lived experiences of the conflict, we can better understand the war that has had such an impact on the United States, Vietnam and the world. The first hour will include a brief overview of Vietnamese history and the second hour will focus on my particular research, the North Vietnamese Army during their fight against the US. **Oscar Coles** is a current 4th year History PhD student at The University of Southern Mississippi, focusing on the Vietnam War. Oscar has spent two summers in Vietnam learning Vietnamese and conducting research for his dissertation. From the United Kingdom, Oscar has traveled extensively and previously spent two years in China teaching English.

***Media Savvy: Navigating the News* | \$10**

Thursday, February 13 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Joshua Wilson and Dr. Edgar Simpson

Become media savvy with this course offered by the Roy Howard Community Journalism Center at The University of Southern Mississippi. Gain essential skills to critically evaluate news sources, detect misinformation and disinformation and understand media's role in society. Upon completion, you will be equipped to navigate today's complex information landscape with confidence. You'll also earn a valuable certification in media literacy. **Joshua Wilson** is the community liaison for the Roy Howard Community Journalism Center at The University of Southern Mississippi. He also teaches in the School of Media and Communication. **Dr. Edgar Simpson** is the director of the School of Media and Communication at The University of Southern Mississippi, where he is also a professor. His work helped to secure the Scripps Howard Fund grant for the Roy Howard Community Journalism Center.

***Music of the Holocaust* | \$10**

Monday, February 17 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Kay Guiles

Music was an integral part of the Holocaust. Jewish musicians found ways to compose, even in the death camps. Some were able to survive by using their talents as performers for their captors. Others have composed music in memory of those lost. This is a somber but fascinating topic. To quote Churchill: "Those that fail to learn from history are doomed to repeat it." **Kay Guiles** retired as a music instructor at Jones College and continues working in the music field as organist at Westminster Presbyterian Church.

***The Seven Wonders of the Ancient World* | \$5**

Tuesday, February 18 | HB In-Person and Zoom

2:30 p.m. - 3:30 p.m. | Mini-Seminar led by Dr. Benny Hornsby

In this class, we will look at the seven wonders of the ancient world, which are located in Egypt, Turkey, Greece, Iraq and on the island of Rhodes. The presenter's personal experiences at each site will be summarized and all seven will be placed in their historical and cultural contexts. **Dr. Benny Hornsby** spent 36 years on active duty in the Navy where he visited over 100 foreign countries. Before he was 20, he had seen five of the seven ancient wonders of the world. He recently retired as Chair of the Psychology department at William Carey University and is a longtime columnist for the *Hattiesburg American* and the *Pine Belt News*.

***The Holocaust: A Pictorial Recounting of Man's Inhumanity to Man* | \$10**

Wednesday, February 19 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Dolyene Davis

Through the use of historic photographs, the events that led to the Holocaust and a recounting of the Jewish genocide that occurred during World War II will be examined. **Dolyene Davis** is a retired educator with over thirty years of experience on both the secondary and university levels. She is also a Holocaust educator who was the first Mississippi teacher to attend The Olga Lengyel Institute in New York City.

***The Rise and Fall of the Tung Oil Queens: A Forgotten Gulf South Story* | \$5**

Monday, February 24 | HB In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by James Rigney

In the 1950s tung nut orchards bloomed across the southernmost Gulf South, yielding an important cash crop for the economically challenged region. Oil from the nuts was an international commodity. Tung Oil Queens reigned over Tung Oil Festivals. Promoters of "tung tourism" lured visitors to the area to view the "pink clouds of Dixie." By 1969, the industry was dead. Yet, within the last few years there have been new glimmers of tung life. **James Rigney** is a meteorologist and oceanographer who served 31 years with the Naval

Oceanographic Office, retiring as NAVO's Chief Scientist. His weekly weather columns can be found online at the *Sea Coast Echo*.

***Acting President Edith Wilson and all of the Women Who Have Run for U.S. President* | \$10**

Tuesday, February 25 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Jerra Boatner Runnels

Edith Wilson secretly served as the nation's chief executive from October 1919, when her husband, President Woodrow Wilson, suffered a stroke, until the end of his second term in March 1921. Many historians have called her the first "acting" female U.S. President. We also examine the history of women running for the highest political office even before they could vote and the road they paved for present women who have sought the US Presidency. **Jerra Boatner Runnels** is a member of OLLI and a proud USM graduate. She recently completed her MA in history (war and society) and works part-time at USM as an assistant to the

directors at the Center for the Study of the National Guard. Jerra enjoys sharing women's history so much that she started her own Women's History Book Club.

***Discovering de Grummond: Experience of the Treasures of Children's Literature* | \$10**

Wednesday, February 26 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Karlie Herndon

In this course, participants will visit the McCain Library and Archives, where all of de Grummond's materials (250,000 books and 1,400 manuscript collections) are housed. Participants will receive a brief overview of what is available in de Grummond, followed by a behind the scenes tour to view over 250 pieces of original art, then a hands-on session examining original materials and centuries-old books. **Karlie Herndon** is the curator of the de Grummond Children's Literature Collection, part of Special Collections at The University of Southern Mississippi. She is also a PhD candidate, writing on the late Victorian British nursery space in children's literature.

***Visit the Two Mississippi Museums* | \$35**

Thursday, February 27 | 9:30 a.m. - 4:30 p.m.

HB Field Trip

We are the sum of the brave choices, bold inspiration, tragedies and triumphs that led up to today. Mississippi's Two Museums forge real connections to the moments and movements that continue to shape our world. These are not exhibits trapped behind glass, but immersive stories of our first people, epic battles, great floods, potent protests and powerful music. Join OLLI to tour these phenomenal exhibits.

***How Did We Become So Divided* | \$10**

Thursdays, February 27 and March 6 | HB In-Person

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Dr. Alice Graham

On day 1 we will view Ava Duvernay's movie *Origin*. On day two we will discuss responses to the film. Individuals will react and respond to the film based on their particular life experiences so this seminar will offer an opportunity to listen and to share differing responses. **Dr. Alice Graham**, an ordained minister in the American Baptist Church, USA, has a BA from Spelman College, MDiv from Garrett Evangelical Theological Seminary and a PhD from Northwestern University in pastoral care and psychology. She is a retired Fellow from the American Association of Pastoral Counselors and retired ED from Back Bay Mission.

***A Trip to The Museum of the Southern Jewish Experience* | \$40**

Monday, March 3 | HB Field Trip

8:00 a.m. - 4:30 p.m.

Located in New Orleans, The Museum of the Southern Jewish Experience explores the many ways that Jews in the American South influenced and were influenced by the distinct cultural heritage of their new homes. Through exhibits, collections and programs focused on the unique and remarkable history of Southern Jews, the Museum encourages new understanding and appreciation for identity, diversity and acceptance. **Lunch will be Dutch Treat.**

***Why Can't I Say "Ain't"? A Popular History of the English Language* | \$30**

Thursdays, March 27 - April 24 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Dr. Stanley Hauer

This course surveys the history of the English language from its origins in Indo-European to the present day. The five classes cover the background to English, Old English, Middle English, Renaissance English and American English. **Dr. Stanley Hauer** taught language history for forty years at USM. He earned a PhD at the

University of Tennessee and completed postdoctoral work at New York University. Dr. Hauer is a two-time winner of a Southern Miss Excellence in Teaching Award.

***History and Humanity: The Life and Legacy of Dr. Gilbert R. Mason, Sr.* | \$15**

Mondays, March 17 and 24 | HB In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Angela Juzang and Dr. Evelyn Parker

A comprehensive look at the life and legacy of Dr. Gilbert R. Mason, Sr., a key leader in the Civil Rights Movement and a prominent figure in the desegregation of Biloxi, Mississippi. Focusing on both the historical context of the Biloxi Wade-Ins and the desegregation of Biloxi schools, the course also delves into the personal life of Dr. Mason, exploring the complexities of his leadership, influences and outcomes.

Angela Juzang is the daughter of Dr. Gilbert R. Mason, Sr., the civil rights leader who famously led the desegregation of Mississippi's Gulf Coast beaches and Biloxi Schools. She earned her bachelor's in political

science from Georgia State University, specializing in International Affairs and Women's Studies and has an MBA from Walden University. **Dr. Evelyn Parker** is Professor Emerita of Practical Theology at Perkins School of Theology. Parker earned her PhD from Northwestern University, in Religious and Theological Studies, with an interdisciplinary emphasis in Christian Religious Education, womanist approaches to religion and society and education and policy.

***Lernen Wir Deutsch!* | \$30**

Tuesdays, March 18 - April 15 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Dr. Veronica Dzugan

Want to be introduced to the basics of German language in hopes of getting more out of your travel abroad? Wanting to refresh German you learned in school or just always been curious about learning more about this great world culture? This class can be tailored to include beginning learners as well as those who have had some experience. **Dr. Veronica Dzugan** is currently teaching the beginning German language courses at USM both in person and online. She loves to engage with those who travel and share an interest in the German language, history and culture.

***Building Blocks of French* | \$30**

Wednesdays, March 19 - April 16 | HB In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Gwen Combs

Have you traveled to French speaking places? Do you want to? Did you take French in high school or college and need a refresher? Did you not take French in school and regret it? This class begins with the building blocks of the language that will serve as an introduction (or review) of the foundations of the language. Also, learning a language teaches much about the culture of the countries in which it is spoken. And we will have fun! **Gwen Combs** is a retired attorney. She earned a BA in English and French, a MA in English and a JD. She studied French for four years in high school and studied in Switzerland and France during a summer term. Before attending law school, Gwen taught high school English and French for seven years.

***Hattiesburg's 'Book Farm:' Charles Heartman and a Failed Writers Colony* | \$5**

Wednesday, March 26 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Jennifer Brannock

Before coming to Mississippi, German emigre Charles Heartman was a well-known rare book dealer, foreign correspondent in the Balkans and society reporter for *The New York Herald*. In 1936, he moved to Hattiesburg and bought 400 acres south of Hattiesburg, naming his estate "The Book Farm." This talk will discuss Heartman's life and career, efforts to make The Book Farm a utopian writer's retreat, and his impact on African American literature. **Jennifer Brannock** is the Curator of Rare Books and Mississippiana at The University of Southern Mississippi. She loves talking about the amazing collections held in Special Collections at USM.

***Tell Me About The Resurrection* | \$15**

Wednesdays, April 2 and 9 | HB In-Person

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Jan Siesling

The lecture series proposes an art historian's outlook on the early days of Christianity. Why did it survive from day one to become a worldwide ideology? 1. The Holy Shroud (or the Shroud of Turin). 2. Who was Jesus of Nazareth? The Gospels: History, Legend, Fiction. 3. The Last Supper and Eleusis. Christ and Dionysus. 4. The Mother of God. 5. Early Saints. **Jan Siesling** is an art historian and writer of many books. He is a former professor at the USM Art Department and a former director of the USM Art Museum. His forthcoming books are *Van Gogh's Novel* and *A Modern Iconography of Christian Art*.

The 6888th Women's Army Corp and Black Nurses in the Army Nurse Corps During WWII | \$20

Tuesdays, April 8, 15 and 22 | HB In-Person

12:00 p.m. - 2:00 p.m. | Three-Week Class led by Jerra Boatner Runnels

Black women played an important role overseas during WWII as Women's Army Corp (WAC) and Army Nurse Corps (ANC) members. We will learn about the 6888th Central Postal Directory Battalion and the 500 Black nurses in the ANC, the injustices and resilience both groups endured in the Jim Crow military, and how their contributions led to victory. We will watch Netflix's new movie and a documentary on the 6888th, with a discussion in the last session. **Jerra Boatner Runnels** is a proud USM grad with an MA in History (war and society). She is currently working part-time with USM's Center for the Study of the National Guard. She loves sharing about women's history, is involved in numerous book clubs, volunteers at the African American Military History Museum, and enjoys taking OLLI classes.

Healing Through Heritage: Unlocking Resilience Through Cultural Psychology | \$10

To Be Determined | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Henry Miller

Come explore the importance of culture in shaping mental health and resilience! In this interactive seminar, participants will delve into Sikolohiyang Pilipino (Indigenous Filipino Psychology), a framework highlighting how cultural heritage influences emotional well-being. Attendees will gain practical strategies to foster empathy and support for individuals from diverse backgrounds, enriching their local communities. **Henry Miller** is a student researcher at Mississippi State University. His research focuses on cultural resilience, psycho-dynamic perspectives and Filipino-American mental health. He has presented his research at regional and international conferences, including the 2024 Mississippi Psychological Association conference.

NATURE, SCIENCE AND TECHNOLOGY

Outsmart the Scammers | \$5

Thursday, January 30 | HB In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Charles Legg and Dr. Austin Elders

Incidents of financial fraud are on the rise and scammers' tactics are becoming more complex. This presentation will give you the information you need to outsmart the scammers. During the program, we will discuss how to spot certain red flags that may indicate a fraudulent encounter, resources you can turn to in the event you or loved ones are targeted and steps you can take to help protect yourself and loved ones. **Charles "Charlie" Legg** is a CERTIFIED FINANCIAL PLANNER® with Edward Jones. He has been serving clients in the Hattiesburg area and beyond for 17 years. Charlie is a graduate of Southern Miss and originally from Laurel. He is married to his wonderful wife Michaela, and they have three great kids, Charlie, Cambrie and John. **Austin Elders** is originally from Hickory, MS in the Newton County area. He received his bachelor's from Mississippi State University in 2018 and his MBA in finance in 2020. He and his wife moved to Hattiesburg after they married in March 2024 and recently welcomed their first child, a boy named Callahan November 6, 2024.

Up Close and Personal with the Hattiesburg Zoo | \$25

Tuesday, February 4 | HB Meet-Up

9:30 a.m. - 11:30 a.m. | Seminar

Meet at the Hattiesburg Zoo, 107 S. 17th Avenue, Hattiesburg.

The Hattiesburg Zoo is a small 12-acre zoo located within Kamper Park in Hattiesburg and is operated by the Hattiesburg Convention Commission. Join us for a ride on the train, animal encounter and a behind-the-scenes view of the zoo.

Exploring Drones: Technology and Applications | \$10

Tuesday, February 4 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Dean Pennington

Join our class designed for beginners with minimal knowledge of drones. Dean will cover the basics of drone operation, explore their diverse uses in photography, agriculture and more, and discuss legal requirements and limitations. This class aims to give you a solid understanding of drone technology without the expectation of becoming a drone pilot. Dive into the fascinating world of drones and discover how they can transform various fields! **Dr. Dean Pennington** is a retired environmental scientist that spent over thirty years in the Mississippi Delta, working with water management. Dean built his first unmanned aerial vehicle (UAV) in 2010, before commercial drones were available. He is a licensed drone pilot, has a private pilot license and has used drones in agricultural research and disaster management in the Delta.

***Troubled Waters: Water is Life, How is That Working Out for Us?* | \$10**

Tuesday, February 18 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Dr. Karrie Pennington

Earth is a water planet 70% covered by water. Humans are also about 70% water. Water is life is not an exaggeration. All living things from the smallest to largest need water to survive. Water can also be deadly in excess, floods, and in scarcity, drought. Clean water is a global human rights issue and is essential to maintaining ecosystems from oceans to forests and deserts. Let's talk about water, our needs, and our responsibilities. **Dr. Karrie Pennington** is a retired environmental scientist and published textbook author whose thirty-five-year career centered around water resources and the environmental issues that arise from human use of this life-giving resource.

***Cottonmouth or Water Moccasin? Things to Know About Snakes in Mississippi* | \$10**

Mondays, February 24 and March 3 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Two-Part Mini-Seminar led by Sara Robin

A beginners course on snakes of Mississippi. This course will include Identification skills, habitat information, expected behaviors and how to coexist peacefully with snakes. **Sara Robin** is an educator on Facebook who covers the topic of snakes in Mississippi. She has been engaged in this form of education since 2019 with a team of additional educators. Sara has a bachelor's in psychology and focuses on behavioral aspects. Sara has also assisted rescuers and biologists in teaching about snakes in person.

***Screen Time and Blue Light Brains* | \$10**

Tuesday, February 25 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Valerie Loeschen Hale

This course will discuss Screen Time: how our use, misuse and abuse of technology affects our brains and behavior. There is much emerging research that shows how our interactions with screens shape our brain anatomy. What is "too much" time? How does the nature of content and the pacing of information affect us and particularly a child's developing brain? Assessment tools and resources will also be covered. **Valerie Loeschen Hale** has been a practicing psychotherapist at Patterns Counseling Center in Laurel, MS since 2002. She has a general practice with a specialty in trauma and anxiety-related issues.

***Native Plants that Pollinators Love* | \$5**

Tuesday, March 18 | HB In-Person

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Dr. Eddie Smith

Pollinators are essential for the health of our ecosystems and the health of many of our food crops. However, pollinator populations are declining worldwide largely due to habitat loss and pesticide poisoning. By creating a pollinator-friendly garden full of native plants, you can help pollinators in your area. Native plants are best adapted to your local area's climate, growing seasons and soils, making them easy to grow and enjoy for years. **Dr. Eddie Smith** is the Mississippi State University Extension County Coordinator and Extension Agent IV in Pearl River County. He has been employed with MSU-ES since July 1, 2008. He was the 2014 State Master Gardener Coordinator of the Year. He is also an International Society of Arboriculture Certified Arborist.

***Ice Ages Through Time* | \$10**

Thursday, March 6 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Jim Dryden

There have been at least five major ice ages in the past 2 billion years. Hypotheses exist to explain large-scale ice ages and smaller ebbs and flows. Factors include the atmosphere, earth orbit, plate tectonics, solar output, the earth-moon system, large meteors and volcanism. We will explore these possibilities and Jim will tell you the EXACT year of the next ice age (or NOT!). **Jim Dryden** earned a dual bachelor's in Geology and Environmental Studies. He then began a 31-year career with the US Bureau of Land Management in various positions, Archaeologist and Geologist. Jim retired as both the Deputy Director of Fish, Wildlife and Endangered Species Lead Climate Change Coordinator in Washington, DC.

***What the Bluebirds Told Me* | \$5**

Monday, March 31 | HB In-Person and Zoom

2:30 p.m. - 3:30 p.m. | Mini-Seminar led by John Lipscomb

This mini-seminar will cover bluebird mating, nesting and fledglings. Also included will be information about habitat, bluebird box placement and predators. **John Lipscomb** is a Master Naturalist residing on the

Mississippi Gulf Coast. He has been involved with birding most of his life. This presentation on bluebirds will cover basics on identification, migration and how to attract them.

***Artificial Intelligence in Mississippi: What Does It Mean for Us?* | \$10**

Tuesday, April 1 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Lynne Jeter and Chris Chism

At the end of 2024, Mississippi lawmakers were still searching for a starting point on AI legislation, with our state as one of 20 without even AI guidelines. This seminar will briefly cover the magnitude of artificial intelligence, its rapid transformation, how it can be used well and misused and legislation needed to be at the forefront of "a new digital species" while also protecting Mississippians. **Lynne Jeter** is an award-winning business writer who penned the first book to market about the WorldCom debacle, *Disconnected* (Wiley, 2003) and authored *Chief* (Quail Ridge Press, 2009). Her diverse body of work has appeared all over the world. Twice, she was named the SBA's Mississippi Small Business Journalist of the Year. **Chris Chism**, a superintendent in the Pearl Public School District, has been a transformative figure in educational leadership

for nearly 30 years. Chris's commitment to data utilization and AI is evident in his more than 100 speaking engagements statewide. Twice, he was named the district's Administrator of the Year.

***A New, Exotic Insect in Hattiesburg! Ecology of the Two-Spined Trap-Jaw Ant* | \$10**

Mondays, April 7 | HB In-Person and Zoom

2:30 p.m. - 3:30 p.m. | Mini-Seminar led by Dr. Kaitlin Baudier and Caroline "Apollo" Marley

The two-spined trap-jaw ant, *Odontomachus haematodus*, is a ground-nesting ant native to South America that has been introduced to Mississippi. We will talk about why this ant is so interesting, how to identify it and discuss the research our lab is doing with this species at the Peck House here in Hattiesburg! Come and learn about some amazing ants you can find in your own backyard. **Dr. Kaitlin Baudier** is an assistant professor of biology in the School of Biological, Environmental and Earth Sciences at The University of Southern Mississippi whose research focuses on the physiology, ecology and behavior of highly social insects. **Caroline "Apollo" Marley** is a USM Honors scholar who received funding from the Drapeau Center for Undergraduate Research to study the ecology and behavior of the two-spined trap-jaw ant in Hattiesburg for her Honors thesis.

***Native Plants: Add More HEART to Your Habitat!* | \$10**

Tuesdays, April 15 and 22 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Two-Part Mini-Seminar led by Nadine Phillips

Gardening is our most intimate relationship with the earth. Our gardens can draw us closer to nature, nourish the web of life and help bolster biodiversity. This class offers that gardening with native plants especially enhances our affection for the natural world by forging deeper connections. Gardeners are more empowered than ever before to positively impact the health of the planet simply by adding native plants into their garden habitat. **Nadine Phillips** is a lifelong nature lover. She is most at home, and most herself, in the forest. Nadine has led Forest Therapy walks since 2018 and is a certified Nature and Forest Therapy Guide, accredited by the International Nature and Forest Therapy Alliance (INFTA). All her interests revolve around nature and promoting biodiversity to support the interconnected Web of Life. Nadine is also a longtime volunteer at The Crosby Arboretum.

***Field to Forest Farming* | \$80**

Friday, April 25 | HB Field Trip

9:30 a.m. - 2:00 p.m. | Seminar led by Anthony and Leilani Rosenbaum

Learn how a Field to Forest Farm has been built over the years. Visitors will have firsthand experience on site from Anthony and Leilani Rosenbaum. Each visitor will find something to incorporate where they live. They will be able to see how important it is to be observant of the natural ecosystem and work with it. Most importantly, everyone can help to improve the environment where they live and where the wildlife is.

Anthony Rosenbaum is the main one running the lab where the cultivated mushrooms begin. Anthony has studied wild edibles alongside Leilani. Anthony has also studied becoming an Apiarist beside Leilani. Together they have their hands in the soil together. Shroomdom, Inc. and MisBeehaving Bee's is a Field to Forest Farm. Visitors are able to learn firsthand. **Leilani Rosenbaum** owns and operates Shroomdom, Inc. and MisBeehaving Bee's with her husband. Leilani took a Mushroom Cultivation Seminar under Paul Stamets in September 2012, and earned certification to forage and harvest wild, edible mushrooms in 2020. Leilani also keeps bees in AZ Hives from Slovenia. Leilani lives what she teaches. **Lunch spot to be determined, Dutch Treat.**

PERSONAL ENRICHMENT

Hospitality In A Glass | \$20

Monday, January 27 | HB Meet-Up

2:30 p.m. - 3:30 p.m. | Mini-Seminar led by Roy Windham

Meet at The Pullman, 2205 W 4th Street, Hattiesburg.

There is more than liquid that goes into a glass. With passion, sophistication and creativity at the foundation of every pour, building a pristine cocktail or brewing a remarkable beer can be the catalyst of exceptional hospitality. When the drink surpasses expectation and the presentation creates an experience, something spectacular happens. It is these moments that exemplify why gathering around a table or at a bar has stood the test of time. **Roy Windham** is a USM graduate and the founder and owner of TWENTYTHREE Hospitality Group, which is responsible for The Porter Public House, The Pullman, and Forgotten Kingdom Brewing Company, all located in Hattiesburg, MS. Windham has worked in the hospitality industry for over twenty years and opened his first restaurant in 2016.

Strategies for Bridge | \$30

Tuesdays, January 28 - February 25 | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Ellen Davies

In this course, we will review basic bridge rules and practices; additionally, we will discuss a few of the simpler bridge conventions. Students should have taken at least 3 bridge courses. Students who have not taken this course before will be offered first available seats. **Ellen Davies** is a retired teacher and lawyer who has played bridge since she was a teenager. She has taken many bridge classes at OLLI, and she has taught many courses as well. There is always time for instruction and time for play.

Learn the Ancient Game of Mah Jongg | \$30

Wednesdays, January 29 - February 26 | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Harriette Suggs and Debra Topp

Mah Jongg is a fascinating rummy light game played with tiles rather than cards. China is the games birthplace. We will learn some of the history behind the game and why some of the moves are preformed. We will learn the description of each tile and how to use them together to make a legal hand. This game has become one of the favorite pastimes of many people. Come learn and enjoy the fun. **Harriette Suggs** is a retired nuclear engineering technician who studied at the University of Tennessee and USM. She became interested in mah jongg while associated with the Air Force and played for many years by their rules. After moving to Mississippi at retirement, she became familiar with the National Mah Jongg League rules which is played in America and across the European continent. Debra Topp has played Mah Jongg for 10 years at Parkway Heights United Methodist Church.

Women's Basketball: We've Come a Long Way, Baby | \$10

Thursday, January 30 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Rick Cleveland

Women's basketball has come a long, long way - in Mississippi and beyond. There was women's basketball before Title IX, but that historic legislation, passed in 1972, spearheaded the sport's growth. Mississippi women were pioneers in the early days before the sport's explosion. Primarily, the Delta State women's teams of the early to mid-1970s showed people in our state that women could not only play the sport but excel at it. **Rick Cleveland**, a Hattiesburg native and Jackson resident, has been *Mississippi Today's* sports columnist since 2016. A Southern Miss graduate, Rick has been inducted into the Mississippi Sports Hall of Fame, the USM Alumni Hall of Fame, the Hattiesburg Hall of Fame and the Mississippi Press Association Hall of Fame. Join us for the USM women's basketball game vs Texas State at 6:00 p.m. (Ticket information to follow.)

Afternoon Tea at the Ross Mansion | \$60

Monday, February 3 | HB Meet-Up

12:00 p.m. - 2:00 p.m. | Seminar

Meet at the Ross Mansion, 416 Bay Street, Hattiesburg.

Join OLLI members at the Ross Mansion for Afternoon Tea and enjoy "Authentic memorabilia...seasonal menu of multiple courses served on fine china...the large verandah...stroll(ing) the 300 foot garden walk."

Mississippi Magazine, May/June 2024 pg. 144.

Advancing your Bridge Play: Explore the World of Duplicate Bridge | \$30

Thursdays, February 6 - March 6 | HB In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Dr. Sherry Kinkopf and Dr. Deanna Stewart

Love contract bridge already? Want to improve your game and learn about the world of competitive bridge? Join us for a five week deep-dive into duplicate bridge where you will learn about scoring differences, conventions for bidding, defensive strategies and more. Each lesson will provide a focused topic with practical applications through supervised play. Get hooked on duplicate bridge with us and explore a whole new world of game play opportunities. **Dr. Sherry Kinkopf** is a retired classroom teacher and teacher educator with 29.5 years of experience. She retired from USM in 2023 and has been enjoying her lifelong passion for duplicate bridge. Sherry has moved up in her ACBL (American Contract Bridge League) rank from a Junior Master to an Advanced North American Bridge Championship Master and is four points from Life Master. **Deanna Stewart, M.D.**, is a practicing physician in Hattiesburg with over 25 years of experience in her field. She shares a passion for bridge like her sister, her parents and her brother. Deanna has been teaching bridge in Hattiesburg for over a year, and she is a Silver Life Master with the ACBL.

Herbal Pizzazz in Your Gardens to your Plate! | \$50

Wednesday, February 19 | HB Meet-Up

11:00 a.m. - 1:00 p.m. | Seminar led by Linda Franzo

Meet at The Kitchen Table, 3720 Hardy Street, Suite #3, Hattiesburg.

Linda will present how to grow, harvest and cook with herbs from your garden. Learn how to start container herb gardens! Enjoy herbal appetizers, fresh bread, entree and dessert! Linda will show you how to enjoy endless ways to use your herbs! Recipes are included. Herb plants may be available for sale. Put Herbal Pizzazz in your gardens and on your plate! **Linda Franzo** is the cooking instructor at The Kitchen Table in Hattiesburg. Linda teaches seasonal and herb garden-to-table classes. Linda brings many herbs for you to pinch, smell and taste. Learn how to grow, harvest and cook with herbs. Linda will demonstrate an herbal lunch, recipes included. Put Herbal Pizzazz in your gardens and your plate!

Unveiling the Secrets: Wills, Trusts and Long-Term Care Medicaid Demystified | \$10

Monday, February 24 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Angela Davis-Morris

"Unveiling the Secrets" is an engaging presentation designed to demystify the complexities of estate planning, wills and trusts while addressing the critical topic of Long-Term Care Medicaid planning. Led by an experienced attorney, this session will offer the practical insights and provide the confidence needed to empower you to make informed decisions for a secure future. Perfect for individuals, families, caregivers and curious minds. **Angela Davis-Morris** is managing attorney of Davis-Morris Law Firm, P.A. She has limited her practice to helping people make the most of life's twists, turns and celebrations via estate planning and asset protection, Long-Term Care Medicaid planning and Social Security disability. She is a popular presenter and has been helping families for more than 32 years.

The Good Life: Lessons on Happiness for Seniors | \$40

Thursdays, February 27 - March 27 | HB In-Person

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Drs. Sandra and Nate Bender

This course, based on the book *The Good Life* by Robert Waldinger, MD and Marc Schulz, PhD is about how relationships more than our cholesterol level or retirement account make the most difference in happiness. The class will be about how WE, the people present in the class, create relationships. We will discuss our strengths and build skills. And to quote the concluding chapter, "It is never too late to be happy."

Dr. Sandra Bender, a retired psychologist and octogenarian, has facilitated in churches and private practice, many groups with Nate, on how to establish and maintain relationships. Sandra obtained her PhD from Case Western Reserve University. **Dr. Nate Bender**, a retired clinical counselor and octogenarian, worked with Sandra forty years, teaching relationship skills in private practice and churches. Nate obtained his PhD from US International University. Nate is also a retired Lt. Col. from the US Army.

Walk Like A Model | \$10

Tuesday, March 4 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Annette Sowell

Good posture is key to a model's grace, elegance and style. In fact, proper posture can even make your clothes fit better. And you too can learn to improve yours! We'll also share some pastries and tea cakes as we sit properly in our chairs. Come and let your natural beauty shine! **Annette Sowell** is a retiree from the retail corporate world. She spent many years helping to drive sales at Sears, T J Maxx and Marshalls. When she retired, her journey led her from Texas to Hattiesburg where she found purpose and friendship at OLLI.

It's 5 O'clock Somewhere | \$15

Tuesday, March 4 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Sarah Finnicum

Learn how to mix the perfect martini! Shaken, not stirred. This seminar will help you develop a flavor profile, use egg whites, create syrups and determine when to add champagne for a special zip. The class will also cover how to make your own syrups to add freshness and flavor to your martini. Bring a shaker if you have one. Tasting included provided you are over 21! **Sarah Finnicum** is a 1976 graduate of Southern Miss. During COVID, Finnicum shook over 366 different "quarantinis" to the amusement of her friends and family. She researched websites for recipes and eventually started creating her own recipes. All were posted on Facebook with the recipe and a picture of the quarantini, also known as the martini.

Healing with Crystals and Energy | \$15

Mondays, March 17 and 24 | HB In-Person

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Brandiilyne Mangum-Dear and Layney Day

We will delve into the fascinating world of crystals and their healing properties! This immersive experience will explore how these powerful tools can enhance your energy healing practices, including Reiki and meditation. Bringing understanding to the connection between crystals and energy healing practices. This class is for anyone interested in spiritual growth, healing and the transformative power of crystals and the human energy field. **Brandiilyne Mangum-Dear** is a passionate and experienced healer whose journey has led her to create The Red Jasper, a unique metaphysical and crystal shop in Hattiesburg. With over 20 years of spiritual teachings in religious studies, she has a deep understanding of spiritual practices, including Reiki healing, holding certifications in both Usui and Holy Fire. **Layney Day** is a renowned expert in the fascinating field of Quartz Metaphysics. Her specialized area of expertise lies in detecting and interpreting the metaphysical properties along with the distinctive energies of various crystals. She holds profound wisdom of the subtle bodies, the Auric Field, as well as the Chakra System.

Supervised Bridge with an Emphasis on Defensive Bidding and Playing | \$30

Tuesdays, March 18 - April 15 | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Ellen Davies

In this course, we will study the finer points of bridge, with an emphasis on defensive bidding and defensive playing. All learners will be invited to offer their own tips and secrets. In order to register for this class, learners need to have completed at least three bridge courses. **Note:** This course is recommended for those who have played bridge for approximately two years. **Ellen Davies** is a retired teacher and lawyer who has played bridge since she was a teenager. She has taken many bridge classes at OLLI, and she has taught many courses as well. There is always time for instruction and time for play.

CRASE Citizen Response to Active Shooter Events | \$10

Thursday, March 20 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Shanice Bolton

In today's society, we face various dangers to life and limb. The CRASE class helps prepare participants to react to critical situations and quickly make the essential decisions that might save their lives. Studies have shown that people who move quickly through the three phases of a crisis: denial, deliberation and decisive moments are more likely to survive the event. **Shanice Bolton** is a police officer assigned to the Community Relations office at The University of Southern Mississippi. Officer Bolton has four years of experience as a police officer and has served the university for one year. She received her BS from USM in 2019 and her MS in public relations in 2024.

Business: The Good, the Bad and the Ugly! | \$5

Thursdays, March 20 | HB In-Person and Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by John O'Hara

This course will discuss how to be the "good," avoid being "bad" and how not to become a victim of the "ugly." This seminar will focus on the lost art of customer service from both the business and consumer perspective, sharing information collected from the Better Business Bureau locally and nationally in respects to consumer service. You will also learn how to become a smarter consumer. **John O'Hara** is the CEO of the Better Business Bureau serving Mississippi. John was born and raised in Long Island, NY where he lived for

twenty years. He relocated to the south and graduated from the University of Georgia with a degree in agriculture in 1988.

Beer Basics: Boost Your Beer IQ | \$20

Thursday, March 20 | HB In-Person

4:00 p.m. - 6:00 p.m. | Seminar led by James Runnels

Meet at Hub City Beers, 1715 Hardy Street, Hattiesburg.

What is beer? Where did it come from and how has it evolved into one of the most popular beverages in the world? We will look at these questions and discuss the craft beer boom; the ever-evolving beer laws in the US and Mississippi; and how beer is currently distributed as a result. Finally, we will touch on how beer is made; learn about the many different styles of beer; and culminate with a delicious tasting of some of the more popular types. **James Runnels** is a USM graduate, retired law enforcement officer and a retired Lieutenant Colonel with the Mississippi Army National Guard. Shortly after retirement, his love of beer led him to purchase Hub City Beers, Hattiesburg's finest craft beer store.

Herbal Pizzazz from the Garden to your Plate! Field Trip | \$60

Thursday, April 10 | HB Field Trip

9:30 a.m. - 5:00 p.m. | Seminar led by Linda Franzo

Enjoy a half hour herb garden tour at Linda Franzo's cottage garden. Linda will discuss the theme Herb Gardens: pinch, smell and taste herbs. Learn how to grow, harvest and cook with herbs. Enjoy an herbal meal complete with recipes. Plants may be available for sale. Linda will demonstrate a part of your meal. The meal is seasonal, consisting of many tastings, appetizers, bread, main dish and dessert. **Linda Franzo** is a retired speech therapist. She opened Passionate Platter in January 2000. Her herb gardens and cottage home were featured in *Southern Living* in July 2004. She teaches children and adult cooking classes, hands-on or a demonstration. Linda travels with her herbs for you to smell, pinch and taste! Recipes are included.

Wake-up with Makeup | \$10

Tuesdays, April 15 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Two-Part Mini-Seminar led by Heather Darby

In this seminar, we will discuss cosmetic and medical tattooing as well as skincare options. **Heather Darby** is a nurse and owner of Pigments Permanent Cosmetics. She specializes in medical and cosmetic tattooing and skincare.

Let Them Eat Pie! | \$10

Wednesday, April 16 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Kay Smith

When you were younger, did you like to visit people who always had something sweet to eat? I did...my Gramma's house always had tea cakes. In this class we will make pies that can last 3 months. Well, depending upon how much company comes to visit. Once you make these pies, even Gramma comes around. **Kay Smith** is a retired teacher who received her degree from USM. Even before teaching, her greatest passion was hostessing. With help from her mother, she started cooking in her teens. Some of the recipes from that time were later published in *Mississippi Magazine*. Her favorite activity is "having company."

Makeup for Seniors: How to Flatter the Mature Face | \$40

Wednesday, April 16 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Seminar led by Catherine Nowicki

This course will cover everything from skin care prep to the final stroke of lipstick! Learn what kinds of skin products to use and why, how to properly apply foundation to prevent settling in creases and wrinkles, where to place blush, how to keep lipstick from smearing and how to fix thinning brows and lashes. Catherine will answer questions as she demonstrates and covers the importance of correct color knowledge. **Fee includes a personalized makeup product.** **Catherine Nowicki** has been a certified color and image consultant since 1988. She was trained by Color Me Beautiful and has a private studio in Laurel. She has helped hundreds of women and men feel and look better through color. Her services include color analysis, personal shopping, closet cleaning and figure and style analysis.

Seasonal Libations | \$30

Wednesday, April 23 | HB In-Person

12:00 p.m. - 1:00 p.m. | Seminar led by Logan Montgomery

Meet at Big Trouble, 2313 Hardy Street, Hattiesburg.

Explore the bounty of the south through the cocktail glass alongside Logan Montgomery of Big Trouble. We will take a ride through the seasonal fruits and vegetables flourishing within both our state and region and how to best showcase them in the glass. In doing so, you will take away easy recipes to showcase for your friends and family for that next gathering and dinner party. **Logan Montgomery** is the bar manager for Big Trouble here in Hattiesburg, MS. He began his Food and Beverage experience at New South Restaurant Group in 2016, eventually learning to bartend in both Mahogany Bar and Branch. He left Hattiesburg in 2019 to work in Atlanta. He and his wife returned to Hattiesburg in 2022 to prepare for his current role.

A Final Gift | \$10

Wednesday, April 23 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Rebecca Currie

We will discuss the details of signing an Advance Directive/Living Will, Medical Power of Attorney and other end of life issues. The legal forms, recognized by the State of Mississippi, will be available for course attendees. We will discuss how to complete the forms and what to do with those documents once they are completed. **Rebecca Currie** is a retired registered nurse. She held a certification in geriatric nursing and

taught academic and clinical psychiatric nursing. She has three wonderful sons and daughters-in-law and three beautiful grandchildren. She volunteers at the Osceola McCarty After School Program and Summer Camp.

Branson, MO Show and Travel Experience | \$10

Thursday, April 24 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Dr. Mary Green

This seminar will briefly cover Mary’s travel experience on a bus tour to Branson, MO, including a little about the city itself. The main portion of this presentation is a video of the Haygood show the travel group saw in person on the trip. The video is 1.5 hours long and was taped while we were watching the show. Participants are welcome to bring their own snacks and beverage. **Dr. Mary Green** is an adjunct instructor at The University of Southern Mississippi who enjoys traveling. She retired in 2018 from USM and has been on a few trips since, including three bus tours. She’ll share information on her October 2024 bus trip to Branson, MO.

SPECIAL INTEREST GROUPS (SIGs)

The current schedule for SIGs is below. Your OLLI membership must be current to participate in a SIG. Also, to receive emails with the Zoom joining details, you must be registered in the SIG.

HB Art In-Person	1st Friday at 1:00 p.m.
GP Basic Mahjong In-Person	Wednesdays at 1:30 p.m.
GP Book Club Zoom	3rd Friday at 1:00 p.m.
GP “Caste” Book Discussion In-Person	4th Wednesday at 12:00 p.m.
HB Book Club In-Person and Zoom	2nd Friday at 10:00 a.m.
HB Crocheting In-Person	2nd Wednesday at 2:00 p.m.
HB Life Story and Poetry In-Person and Zoom	3rd Friday at 10:30 a.m.
HB MS Books and Authors In-Person and Zoom	4th Friday at 11:00 a.m.
GP Outdoors in South Mississippi In-Person	Dates chosen quarterly.
HB Photography Zoom	1st and 3rd Fridays at 2:30 p.m.
GP Rummikub SIG In-Person	2nd Tuesdays at 2:00 p.m.
GP Stringed Instrument Meet-Up	Tuesdays at 2:30 p.m.

GP Ukulele | Meet-Up
HB Ukulele | In-Person

Thursdays at 2:30 p.m.
Fridays at 2:00 p.m.

OSHER LIFELONG LEARNING INSTITUTE

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8 a.m. - 5 p.m.

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