

# Wade into OLLI this Summer



at The University of  
Southern Mississippi

Watercolor by OLLI Member Janet Rodgers Bennett

## Summer 2025

Online and email registration | Wednesday, May 28 at 9 a.m.

Phone registration | Thursday, May 29 at 9 a.m.

Walk-in registration | Friday, May 30 at 9 a.m.

Courses begin | Monday, June 9

## Annual Membership Fees

\$50 Hattiesburg

\$40 Gulf Park

\$30 USM Faculty/Staff

\$30 Zoom Only

Are you 50 or older and seeking opportunities to engage in innovative and enriching programs in an inclusive environment with others who share similar interests?

*Live and learn with gusto!*

*OLLI Southern Miss*



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⚠ *The views and opinions expressed in courses are solely those of the presenter and do not necessarily reflect the views or positions of OLLI.*

## IMPORTANT INFORMATION

**MEMBERSHIP AND CLASS REGISTRATION** | Email and online registration will begin Wednesday, May 28 at 9 a.m. Phone registration will open Thursday, May 29 at 9 a.m. Walk-in registration will open Friday, May 30 at 9 a.m. Courses begin Monday, June 9. You may email your course selections to [maryann.herodes@usm.edu](mailto:maryann.herodes@usm.edu) (Gulf Park | GP) and [tay.baucum@usm.edu](mailto:tay.baucum@usm.edu) (Hattiesburg | HB), register online at [www.campusce.net/usm](http://www.campusce.net/usm) or call either office to request registration, 228.214.3277 or 601.266.6554.

**REGISTRATION OPTIONS** | We prefer members to register using the online system at [www.campusce.net/usm](http://www.campusce.net/usm). If it is not feasible for you to register online, you may email your class registration list to one of the email addresses above or call the office nearest you and a staff member will enroll you when phone registration begins. You may visit your local OLLI office to register after all other registration options are underway. However, to increase the likelihood of securing a spot in your preferred classes, email and online registration are better options. Mail your checks to OLLI, 118 College Drive #5055, Hattiesburg, MS, 39406.

**CLASS CANCELLATION POLICY** | OLLI reserves the right to cancel any class at any time for any reason.

**COMMUNICATIONS** | We email an “OLLI Update” weekly or as needed to keep you informed of upcoming events and cancellations. If you have given us an email address but are not receiving emails, add [olliengage@lists.usm.edu](mailto:olliengage@lists.usm.edu) and [paula.mathis@usm.edu](mailto:paula.mathis@usm.edu) to your email address book. Also, check your junk or spam folder if you are not receiving emails from OLLI. If you find an OLLI message in the folder, mark it “not SPAM” and/or move it to your inbox. This is the best way to stay informed of current and upcoming activities.

**PARKING** | Parking lots for the Hattiesburg campus are provided on N. 37th Avenue between Pearl Street and Montague Boulevard. Handicapped-accessible parking is available in that lot and at the building entrance on 36th Avenue. **For our Gulf Park campus**, parking is available in any lot by **permit only**. You **MUST** email [maryann.herodes@usm.edu](mailto:maryann.herodes@usm.edu) to register your vehicle. No permit is required to park in the Hattiesburg OLLI lots.

**INCLEMENT WEATHER** | OLLI follows the policy of The University of Southern Mississippi in times of inclement weather. If USM closes either the Gulf Park or Hattiesburg campus because of weather conditions, OLLI will also cancel classes. Rely on trusted news sources when the National Weather Service issues a storm watch or warning. Please do not risk traveling until danger has passed.

**PAYMENTS AND REFUNDS** | *How should I pay?* | A number of payment options are available: 1) pay online with a credit card at the time you enroll in classes, 2) mail a check to your local OLLI office (mailing addresses available at the end of this guide), 3) place a check in a payment drop box at your local OLLI office, 4) pay with exact cash in Hattiesburg (not an option on Gulf Park campus) or a credit card in your local OLLI office. To protect your financial information, OLLI staff cannot accept credit card details on email or over the phone. NOTE: Payments are due within seven business days of registering or your place may be forfeited.

**What happens if I paid for a class and it is cancelled?** | When a class, seminar, or field trip is cancelled, all members are notified by phone or email and OLLI staff will credit your OLLI account the amount paid.

**May I request a refund?** | A refund may be granted if a class is cancelled, or if you notify OLLI you wish to withdraw from a course at least seven days prior to the class start date. If you paid with a credit card, the refund will be credited to your card. Other payment forms require completion of University paperwork, including a W-9 form, to obtain a refund. Otherwise, all credits will be credited to your OLLI account, not refunded. OLLI credits may not be used for membership dues, nor can membership dues be refunded.

**May I use credits from semester to semester?** | We will gladly apply your credits to pay for classes, seminars and field trips in a future semester. Members may not use credits toward membership dues.

**What happens if I cannot attend a class, seminar or field trip?** | If you cancel at least seven days prior to a class, seminar, or field trip, a credit will be issued for future registrations. If you choose not to attend a course or field trip without contacting the office seven days in advance of the event, no credit or refund will be issued.

**EMERGENCIES AT OLLI** | Should you suffer a medical emergency while attending an OLLI program (e.g., seminar, class, field trip, meet-up, pop-up or special event) or while in any building connected to OLLI (the Peck House, classrooms on the Long Beach campus or off-site locations), we are **required** to contact emergency services.

**COMMITMENT TO DATA SECURITY** | Southern Miss is dedicated to preventing unauthorized information access, maintaining information accuracy and ensuring the appropriate use of information. We strive to have appropriate physical, electronic and managerial safeguards to secure the information we collect in all formats: on paper, electronically and verbally. Security practices are consistent with the policies of the University, the laws and regulatory practices of the state of Mississippi and multiple federal agencies.

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**NOTE:** Member information will be shared with OLLI Staff and the OLLI Membership Committees. Also, OLLI reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of OLLI or by other participants, for administrative and promotional purposes. By enrolling in an OLLI program, participants agree to allow their images and names, if visible, to be used in such. Participants who prefer their images not be used are asked to contact the OLLI office.



## SPECIAL EVENTS

### ***Community Health and Resource Fair***

**Tuesday, June 3 | HB In-Person | Free and Open to the Public**

**1:00 p.m. - 4:00 p.m. | Hosted by *Seniors BlueBook* in conjunction with OLLI**

How is the best way to age well? It is knowledge, education and resources. Join us to learn more about the resources available in Hattiesburg.



### ***Rise and Shine Featuring Ian Alexander Gonzalez***

**Saturday, June 7 | HB In-Person | Free and Open to the Public**

**10:00 a.m. - 11:00 a.m. | Hosted by OLLI in conjunction with FestivalSouth**

Wake up and celebrate the start of your day with *Rise and Shine*, featuring the remarkable 14-year-old cellist, Ian Alexander Gonzalez. With his rich tones and impressive artistry, Ian's performance is sure to be the perfect blend of precision and passion. Fresh from his acceptance into the prestigious Sphinx Performance Academy at The Juilliard School in 2024, Ian's journey is one that continues to brew with brilliance.



### ***Art Reception: Life Musings with Evelyn Timidaiski***

**Saturday, June 7 | HB In-Person | Free and Open to the Public**

**11:00 a.m. - 1:00 p.m. | Hosted by OLLI in conjunction with FestivalSouth**

Join us in the Peck House to celebrate OLLI instructor and member artist Evelyn Timidaiski and her vibrant artwork!



### ***Yonder***

**Tuesday, June 10 | HB Meet-Up | Free and Open to the Public**

**2:30 p.m. - 3:30 p.m. | FestivalSouth Event led by Catherine Parker Edmonson**

**Meet at Prospect on Main, Prospect Gallery, 522 Main Street, Hattiesburg.**

Ricardo Moody's work is characterized by expressive, vivid colors and explores human connection to objects and places. Moody has painted murals throughout Hattiesburg and across the Southeast and was a featured artist on HGTV's *Home Town*, Season 7. Visit the renovated century-old building, Prospect on Main. Prospect Gallery is a newly envisioned exhibition space for artists with southern roots.



### ***Celebrate America Gulf Park Social***

**Friday, June 27 | GP In-Person | Free and Open to the Public**

**12:00 p.m. - 1:30 p.m. | Hosted by Gulf Park Social Committee**

Bring a friend and join fellow OLLI members for a social celebrating our country. Share your favorite savory or sweet dish with others.

### ***What's Going on in Hattiesburg: An Update***

**Tuesday, August 5 | HB In-Person | Free and Open to the Public**

**10:00 a.m. - 11:00 a.m. | Seminar led by Mayor Toby Barker**

Come hear the latest developments in our city. Bring those questions you have been eager to ask for Q and A. At age 25, Toby Barker was elected to the Mississippi House of Representatives to represent District 102. At that time, he became the youngest legislator and first Millennial elected to the House. Now, he serves as the 35th Mayor of Hattiesburg.

### ***Remembering Hurricane Katrina 20 Years Later***

**Wednesday, August 20 | HB In-Person | Free and Open to the Public**

**10:00 a.m. - 12:00 p.m. | Seminar led by Dr. Johnny DuPree, John Brown and Col. Annie Lee**

As we remember Hurricane Katrina, former Hattiesburg Mayor Dr. Johnny DuPree, current Mississippi Red Cross Director and former WDAM reporter John Brown and Col. Annie Lee of the Mississippi Army National Guard will share their unique perspectives on preparing Hattiesburg for the storm and its impact on our area.

## OSHER ONLINE

### ***The Economics of Public Policy Issues* | \$50**

**Tuesdays, July 8 - August 12 | Zoom Only**

**12:00 p.m. - 1:30 p.m. | Six-Week Class led by Geof Woglom, PhD**

Economics plays a central role in shaping every aspect of society. This course examines a series of prominent policy issues with economics at their core. We will explore the origins of these issues, the underlying data and evidence, and the policy tools available to address them. Each lecture will be standalone, delivered by a subject matter expert with a PhD in economics. Potential topics include climate change, healthcare economics, economic inequality, and more, with final selections based on the most relevant and timely issues at the start of the course. **Dr. Geof Woglom** is professor emeritus of economics at Amherst College, where he taught for over 40 years. He has held visiting positions at Cambridge, Harvard, and the London School of Economics. Woglom was a Fulbright Scholar at the University of the Western Cape in Cape Town and at Nanjing University. Over his career, he has served as an economic consultant for the International Monetary Fund, the Federal Reserve Board, and the Federal Reserve Bank of Boston.

### ***Behind Those Baby Blues: The Films of Paul Newman* | \$50**

**Tuesdays, July 8 - August 12 | Zoom Only**

**2:00 p.m. - 3:30 p.m. | Six-Week Class led by Arnold Blumberg, PhD**

Paul Newman, the embodiment of charisma, captivated movie audiences with his iconic baby blue eyes, striking features, and powerful screen presence. Known for his multiple Academy Award-nominated performances in films like *Cat on a Hot Tin Roof* (1958), *The Hustler* (1961), and *Absence of Malice* (1981), Newman ultimately won an Oscar for *The Color of Money* (1986), the sequel to *The Hustler*. Alongside his acting career, he pursued a parallel path as a race car driver and dedicated significant time to entrepreneurial and philanthropic endeavors. This course will trace the timeline of Newman's remarkable career, from his legendary collaborations with Robert Redford in *Butch Cassidy and the Sundance Kid* (1969) and *The Sting* (1973) to his final roles in *Road to Perdition* (2002), *Empire Falls* (2005), and *Cars* (2006), where he voiced the retired race car Doc Hudson. **Dr. Arnold T. Blumberg** is a publisher, author, artist and pop culture historian. He has taught courses in media literacy and cultural studies at University of Maryland, Baltimore College (UMBC), the University of Baltimore, Community College Baltimore College (CCBC), and the Osher Institute at Towson University. With fifteen years of experience in the comic book industry and five years curating a pop culture museum, he now runs his own publishing company, ATB Publishing.

### ***History of Beer* | \$50**

**Tuesdays, July 8 - August 12 | Zoom Only**

**6:00 p.m. - 7:30 p.m. | Six-Week Class led by Karl Brown, PhD**

Historians, beer enthusiasts and curious minds alike will enjoy this exploration of the history of brewing. We will begin in the distant past with the invention of beer around 4000 BCE then, we will journey through time to the modern rise of craft brewing. Along the way, we will dive into fascinating topics including medieval brewing, beer in Shakespeare's era, colonial brewing, Prohibition, indigenous brewing traditions worldwide and the evolution of beer commercials. This course meets during happy hour, so feel free—nay, encouraged—to raise a glass and toast to history while we learn. **Dr. Karl Brown** teaches courses in modern European history, film and media studies and the history of drugs and drinking at the University of Wisconsin-Whitewater. Before his academic career, he installed and operated brewpubs in Japan and Greece. Brown co-founded Second Salem Brewing Company in Whitewater and is an avid homebrewer of beer, cider, wine and mead.

### ***Enjoying the Past and Present New York City: A History of Recreation in the Big Apple* | \$50**

**Wednesdays, July 9 - August 13 | Zoom Only**

**10:00 a.m. - 11:30 a.m. | Six-Week Class led by Adam Kocurek**

This course will explore the history of Manhattan, emphasizing the unique traits that drew into its harbor millions of immigrants and millions more tourists seeking its many resources, rich culture and complex history. Together we will explore the history of New York City's parks, city shopping, entertainment venues, museums and concerts. We will also discuss the social and arts movements that grew out of the city. Gain an appreciation of what the city has to offer its visitors and an insight into the history behind the tourist attractions. **Adam Kocurek** is a PhD candidate in History at The CUNY Graduate Center. His research lies at the intersections of LGBTQ+ history, labor history and the history of higher education. He is an adjunct

lecturer at Hunter College where he teaches modern American history. He has held fellowship positions at Queensborough Community College and Medgar Evers College and has taught at Baruch College. He is a tour guide for Big Onion Walking Tours, leading locals and visitors on innovative and exciting tours through New York's ethnic neighborhoods and historic districts. Through his research and teaching, he is committed to illuminating the complexities of American history and fostering a deeper understanding of the diverse narratives that shape our society today.

***Demystifying Energy Security* | \$50**

**Wednesdays, July 9 - August 13 | Zoom Only**

**12:00 p.m. - 1:30 p.m. | Six-Week Class led by Beth Hill-Skinner**

Energy is essential for both national and economic security, underpinning all aspects of life. Yet discussions of energy security often exclude the public, reducing complex issues to simplistic narratives like "Green is Good" or "Oil is Evil," which provide little actionable insight. In this course, you will engage in a comprehensive examination of energy's role in human development. Topics include the unmatched importance of hydrocarbons (oil and more); advancements in electricity, the past, present and future of nuclear energy; and the potential of renewables. We will explore how these energy sources impact national security, economic stability, industrial production, transportation and daily life. Join this course for a balanced, realistic assessment of energy security, a critical issue of our time. **Beth Hill Skinner** has graduate degrees in Theology and International Diplomacy with a specialization in transnational terrorism. She has educated individuals and organizations for the purpose of empowering citizens to improve their community, state, and country. She believes there is a clear difference between providing information and education. She enjoys transforming the opaque or complex into clarity for her students or audiences.

***Public Health Across the Lifespan* | \$50**

**Wednesdays, July 9 - August 13 | Zoom Only**

**4:00 p.m. - 5:30 p.m. | Six-Week Class led by Michelle Boyd, MPH**

This course provides a comprehensive overview of key public health topics across the human lifespan, from prenatal health to aging care. We will examine major health challenges, interventions and policies that impact individuals at each life stage. By focusing on health disparities, preventive care and the role of public health systems, the course equips us with the knowledge and skills to understand health issues in diverse populations. Through readings and case studies, we will gain insight into the life-course approach to public health, emphasizing the importance of early intervention, continuous care, and aging with dignity.

**Michelle Boyd** is an epidemiologist and public health researcher dedicated to advancing health equity through data modernization and effective health communication. With a focus on infectious disease data collection, surveillance, and maternal and child health, she brings expertise in analyzing public health data to uncover meaningful patterns and trends. Boyd holds a Master of Public Health in epidemiology from Indiana University Indianapolis and BS in human communication sciences from Northwestern University. Boyd is a board member for Fearless Brown Girls, a nonprofit organization aimed at empowering young girls and increasing financial literacy. Her passion for health equity and public health education drives her commitment to improving healthcare outcomes through data and community engagement.

***Architectural Oddities: An Off-the-Beaten Path Look at Unconventional Architecture* | \$50**

**Thursdays, July 10 - August 14 | Zoom Only**

**12:00 p.m. - 1:30 p.m. | Six-Week Class led by Eleanor Schrader**

Architectural history follows a canon of both traditional and eclectic styles from ancient to contemporary times. But what happens when a mix of whimsy, eccentricity, humor—and sometimes the creator's genius—insert themselves into the mix? Occurring throughout time and in various parts of the world, these unconventional structures exist to serve the cultures they were created for, from ancient religious sites to modern car-culture merriment. This course explores a myriad of structures set against the backdrop of the societies in which they existed, the construction methods used, the patrons for whom these structures were constructed, and the notions of the builders and architects who created them. **Eleanor Schrader** is an award-winning educator, lecturer and author. She lectures and leads tours worldwide on art and architectural history. She has been named a distinguished instructor at UCLA Extension, where she teaches history of architecture, interior design, furniture and decorative arts. Schrader is a Professor Emerita of art and architectural history at Santa Monica College and has completed graduate work in fine and decorative arts at Sotheby's Institute in London and New York. She has served as a design review commissioner for the City of Beverly Hills and currently serves on the board of directors of the John Lautner Foundation.

***100 Years of Magic: The Disney Legacy and Influence* | \$50**

**Thursdays, July 10 - August 14 | Zoom Only**

**6:00 p.m. - 7:30 p.m. | Six-Week Class led by Maria Massad**

How did Walt Disney's life and vision shape the creation of an entertainment empire? How did early challenges influence the company's identity and creative output? And how did Disney grow into a global powerhouse? This course explores these questions and more as we delve into the 100-year history of the Walt Disney Company, tracing its evolution from humble beginnings to a global entertainment giant. Topics include the rise of Disney animation and theme parks, the company's 1990s revival and the strategic acquisitions that transformed Disney into a media conglomerate. We will also examine Disney's future and gain insights into what it's like to work behind the scenes at the company. Throughout the course, we will consider diverse perspectives—from those who revere the Magic Kingdom to those who critique it and everywhere in between. This course offers a comprehensive look at how Walt Disney's vision became a cultural force shaping today's entertainment industry. **Maria Massad** is a seasoned marketing leader and storyteller with a lifelong connection to the magic of Disney. Early in her career, she contributed to PBS's acclaimed *American Experience*, a Walt Disney documentary, helping bring Walt's visionary story to life for audiences nationwide. Massad also served on the leadership team of The Walt Disney Birthplace, where she led digital marketing and strategic partnerships to preserve and celebrate the Disney brothers' legacy. With an MBA from the University of Chicago Booth School of Business, Massad has worked across marketing, media and storytelling, helping organizations craft impactful campaigns and connect with audiences. Her deep knowledge of Disney's history, combined with her professional expertise, offers unique insights into the company's evolution and enduring influence.

***The Rehnquist Court, 1986-2005: Moves Toward Small Federal Government* | \$50**

**Mondays, July 14 - August 18 | Zoom Only**

**10:00 a.m. - 11:30 a.m. | Six-Week Class led by Lauren Andersen, JD**

Chief Justice William Rehnquist led the US Supreme Court for nearly 19 years (1986-2005), overseeing cases on privacy, civil rights, the environment, the First Amendment and states' rights. Under his leadership, the Court actively struck down federal statutes and precedent, often with conservative outcomes. However, as its composition shifted, some conservative rulings diminished. This course examines the legacy of the Rehnquist Court, as well as his 15 years as an associate justice under Chief Justice Warren Burger. We will explore landmark cases, including *Woodson v. North Carolina* (1976), *Craig v. Boren* (1978), *Miller v. Johnson* (1995), *Bush v. Gore* (2000), *Atkins v. Virginia* (2001), and *Lawrence v. Texas* (2002). **Lauren Andersen** is the director of the Utah Judicial Institute. Andersen practiced appellate law in the state of California and presented arguments to the California Supreme Court and the US Supreme Court. During this time, Andersen closely studied the Roberts Court. She has lectured about the Supreme Court and the death penalty. Her opinions were quoted by *The New York Times* and the *ABA Journal*. She was previously the director of the Osher Lifelong Learning Institute at the University of Utah.

***Stories of Adventure: The Norse Sagas* | \$50**

**Wednesdays, July 16 - August 20 | Zoom Only**

**2:00 p.m. - 3:30 p.m. | Six-Week Class led by Vic Peterson**

Are you interested in stories rich with murder, intrigue and sharp wit? This course will explore the Norse sagas, which are medieval tales rooted in Old Norse mythology, written in Iceland centuries after the Viking era. These stories range from realistic travel chronicles to epic sword-and-sorcery adventures, and they offer a fascinating glimpse into "Dark Age" swashbuckling. In this course we will also discuss how these stories continue to profoundly influence modern culture. **Vic Peterson** is the author of *The Berserkers* (Hawkwood, 2022; Recital, 2023), a novel set in a fictional Nordic country. He holds a BA in English from Kenyon College, and MA degrees in humanities from The University of Texas at Dallas and in religious studies from the University of Chicago, where he also completed coursework at the Booth School of Business. After a successful career as a business executive, Vic now focuses on writing and teaching.

# GULF PARK

## ARTS

### *Watercolor Botanicals* | \$20

Tuesdays, June 10 - 24 | GP In-Person

12:00 p.m. - 2:00 p.m. | Three-Week Class led by Tammy Gragg, PhD

We will create plant portraits while learning negative painting and color mixing techniques. No drawing experience is needed. This is an intermediate watercolor skill level class. **Supply List:** Watercolor paint (Alizarin crimson, Scarlet Lake, Winsor Yellow Deep, Lemon Yellow, French Ultramarine, Phthalo Blue, Sap Green, Burnt Sienna, Payne's Gray), round watercolor brushes (S, M, L), 100% cotton watercolor paper (8X10 or larger), palette, pencil, kneaded eraser, drawing board, masking tape, paper towels, water jar.

**Dr. Tammy Gragg** is a retired nurse practitioner and artist working mainly in watercolor and colored pencil. She studied art at Mississippi Gulf Coast Community College, the New York Academy of Art and the University of North Carolina. She is an active member of the Gulf Coast Art Association and the American Society of Botanical Artists.

### *Let's Play the Ukulele* | \$30

Wednesdays, June 11 - July 16 (No class the week of July 4<sup>th</sup>) | GP Meet-Up

2:30 p.m. - 4:30 p.m. | Five-Week Class led by Gina Aguilar

Meet at First United Methodist Church, 208 Pine Street, Long Beach.

In this class OLLI members will come to understand the ukulele as a musical instrument, learn to read ukulele chords and play while reading the chords. Left-handed members will need left-handed ukuleles. **Supply List:** Concert, tenor or baritone (with GCEA strings) ukulele, ukulele tuner (used before class begins) and music stand. **Gina Aguilar** is retired and has taught ukulele to OLLI members on a regular basis. Playing the guitar and the ukulele are two of her hobbies.

### *She Sells Seashells* | \$15

Monday and Thursday, July 14 and 17 | GP In-Person

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Janice Jenkins

Create a seashell craft for your home and learn a variety of ways to decorate and make shell art.

**Supply List:** Glue, shells, containers, frame/base, paint and brush. **Janice Jenkins** is a retired family consumer science teacher and interior design consultant with Sears. She has volunteered with the Mississippi State University Extension Service and the American Red Cross.

### *Yarn Mandala Magic* | \$15

Wednesday, July 23 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Christi Magrath, PhD

A mandala is a "geometric, symbolic and often meditative design." Mandalas originate from a central point and are generated by creating beautiful intertwined patterns. They can be drawn, carved, painted, or woven. In this class, we will create beautiful and colorful mandalas from yarn and wooden "sticks." Creatively embellishing dowels using a few simple repetitive wrapping techniques will create decorative, hangable items. **Materials are included in the fee but bring any special colors of yarn you'd like to use.**

**Dr. Christi Magrath** is a retired biology professor who enjoys arts and crafts.

## HEALTH AND FITNESS

### *Slow Flow Yoga* | \$25

Wednesday, June 11 - July 23 (No class the week of July 4<sup>th</sup>) | GP In-Person

4:00 p.m. - 5:00 p.m. | Exercise Class led by Amy White

What is *Slow Flow Yoga*? It is a gentle, meditative style focusing on moving slowly and mindfully through various poses. It's a great style of yoga for beginners who want to slow down and focus on their breath and movement. *Slow Flow Yoga* can also help improve flexibility, strength and balance as well as increase mindfulness and body awareness. **Supply List:** Yoga mat and blocks. **Amy White** is a teacher with 23 years of educational experience. She has earned Yoga Certification through Yoga Alliance with an emphasis in social-emotional support. She also has 200-hour Yoga Teacher Certification (CYT 200) and a Gold-standard international yoga teacher certification.



***Situational Awareness/Self-Defense Class | \$155***

**Thursdays, June 12, 19, 26, July 10 and 17 | GP Meet-Up**

**2:30 p.m. - 4:30 p.m. | Five-Week Class led by John Miller and Sherry Loba**

**Meet at Full Circle Martial Arts & Yoga, 20144 Pineville Road, Suite B and C, Long Beach.**

This course is a basic introduction to obtaining insight into becoming situationally aware of one's surroundings as well as basic self-defense instruction. It will take an in-depth look at ways to train yourself in situational awareness inside your home, in public or at events. Students will learn self-defense tactics, how to use their "VOICE" as a tool, human anatomy and striking, which will include open hand techniques and weapons. **John Miller** is the owner and chief instructor at Full Circle Martial Arts & Yoga. He specializes in various styles of martial arts, combatives, women's self-defense, situational awareness, yoga, meditation and is a life coach. He also works with women and children dealing with different types of trauma and teaches in groups and offers private lessons. **Sherry Loba** has a passion for physical fitness and believes it is a way of life. She feels it is even more important as we age so that we can continue living an independent lifestyle. She enjoys yoga, women's self-defense and karate.

## **HUMANITIES**

***When the Cold War Went Hot | \$10***

**Monday, June 9 | GP In-Person and Zoom**

**9:30 a.m. - 11:30 a.m. | Seminar led by Jamie Stanfield**

Officially, the Cold War began after World War II when tension between the United States and the Soviet Union culminated in the idea of communism versus anticommunism. Though the two countries have never been at war against each other, the Cold War represented numerous "hot proxy wars" involving both countries. Wars in Korea, Vietnam, Afghanistan and other areas were all influenced by both countries, while the two never technically fired a shot at each other. Join us to learn more about the origins of the Cold War (it was around a long time before World War II!) and discuss the wars and incidents that occurred during the Cold War when it got hot, hot, hot! **Jamie Stanfield** is the head of Gulf Coast Libraries at Southern Miss. She has a master's degree in library science and a second master's in history. Her specialization era is World War II and the Cold War. Jamie studies the history of medicine and is especially interested in the history of midwifery. She enjoys teaching with graphic novels.

***Those Terrible Middle Ages | \$30***

**Mondays, June 9, 16, 23, July 7 and 14 | GP In-Person**

**2:30 p.m. - 4:30 p.m. | Five-Week Class led by Rev. Jon Caridad**

This course will discuss the period following the fall of the Roman Empire and how its collapse changed Western history. It will include the church's influence on the period, the supremacy of England, France and Germany and the impact of the Crusades. **Rev. Jon Caridad** is a retired Episcopal priest with extensive experience in education, ancient history and biblical study.

***Vietnam War | \$10***

**Wednesday, June 11 | GP In-Person and Zoom**

**10:30 a.m. - 12:30 p.m. | Seminar led by Andrew Wiest, PhD**

Let's discuss the causes, prosecution and tragic end of America's most controversial war. Optional: We will lunch at the Beachview Café after class. **Dr. Andrew Wiest** is a nationally known historian, author and documentarian. He specializes in the history of the Vietnam War and is now researching the Mississippi National Guard in the war in Iraq. He has several major books to his credit but most germane to this class is *The Boys of 67: Charlie Company's War in Vietnam*, which was also the subject of the Emmy-nominated documentary *Brothers in War* for the *National Geographic Channel*.

***History and Guided Tour of the G.I. Museum | \$10***

**Thursday, June 12 | GP Meet-Up**

**10:00 a.m. - 12:00 p.m. | Tour led by Doug Mansfield**

**Meet at the G.I. Museum, 5796 Ritcher Road, Ocean Springs.**

Join OLLI for a guided tour of the G.I. Museum where history comes ALIVE! You will learn about the many aspects of a day in the life of an American G.I. from 1917 through the present using original artifacts from the museum. **Doug Mansfield** owns and operates the G.I. Museum. He retired from Mississippi Gulf Coast Community College with over 30 years of experience and enjoys sharing his vast knowledge of US history.

***Welcome to the Gulfport Museum of History | \$10***

**Wednesday, June 18 | GP Meet-Up**

**9:30 a.m. - 11:00 a.m. | Tour led by Betty Shaw**

**Meet at the Gulfport History Museum, 1429 27th Ave, Gulfport.**

This event will include a tour of the museum located in the 1904 train depot in downtown Gulfport. After a short presentation, visitors will have the opportunity to explore the museum exhibits and archives. **Betty Shaw** authored a book about the history of Gulfport and co-founded the Historical Society of Gulfport.

***Lighthouses of the Mississippi Sound | \$10***

**Thursday, June 19 | GP In-Person**

**12:00 p.m. - 2:00 p.m. | Seminar led by Patrick Alford**

The citizens of major Gulf Coast seaports relied on water transportation, not highway or railroad, for food, clothing and other goods. Lighthouses were constructed to light the way for safe passage. Before the days of dredging shipping channels, the Mississippi Sound posed treacherous conditions for navigators sailing between New Orleans and Mobile. **Pat Alford** retired after 42 years as a science teacher and administrator. He is a master volunteer ranger for the National Park Service and has taught several classes and led tours for OLLI.

***Tour the Mississippi Aviation Heritage Museum | \$20***

**Thursday, June 26 | GP Meet-Up**

**10:00 a.m. - 12:00 p.m. | Tour**

**Meet at the Mississippi Aviation Heritage Museum, 429 Pass Road, Gulfport.**

Join OLLI for a tour of the Mississippi Aviation Heritage Museum. The goal at the museum is to educate visitors by honoring Mississippi aviation heritage and the heroes that forged it, from the Delta to the Gulf Coast and from the Alabama line to the Mississippi River. **Entry fee is included in course fee.**

***The Didache: A Window into the Lives of the Earliest Christians | \$10***

**Tuesday, July 8 | GP In-Person**

**12:00 p.m. - 2:00 p.m. | Seminar led by David Gauthier**

How did the first century Christians pray? What did they teach? How did they tell the difference between a true apostle and a fake apostle when one came knocking on the door? The Didache is a brief text from the earliest Christian communities, instructing not only how to pray, fast, perform Baptisms and other rituals, but also how to greet strangers and to show love for one another. **Dave Gauthier** is the Director for Rite of Christian Initiation of Adults and Religious Education Coordinator for St. Thomas the Apostle Parish in Long Beach, Mississippi. Since retiring from a long shipyard career in 2018, he has worked extensively in ministry in both jail and prison environments.

***Maritime & Seafood Industry Museum Tour | \$20***

**Wednesday, July 9 | GP Meet-Up**

**10:30 a.m. - 12:30 p.m.**

**Meet at the Maritime & Seafood Industry Museum, 115 E 1st St, Biloxi.**

Join OLLI on a tour of the Maritime & Seafood Industry Museum. The Maritime & Seafood Industry Museum was established in 1986 to preserve and interpret the maritime history and heritage of Biloxi and the Mississippi Gulf Coast.

***History of Camp Shelby Museum and Tour | \$30***

**Tuesday, July 15 | GP Field Trip**

**10:00 a.m. - 4:00 p.m.**

**Meet at the Gulf Park Campus to ride in a van.**

Join OLLI members to tour the Mississippi Armed Forces Museum and learn the history of the camp. There will also be a short tour of the grounds. **Lunch at a local restaurant, Dutch treat. Travel fee is included in course fee.**

***Dead Sea Scrolls | \$10***

**Monday, July 21 | GP In-Person**

**12:00 p.m. - 2:00 p.m. | Seminar led by Rev. Jon Caridad**

Since their discovery in 1947, the Dead Sea Scrolls have aroused excitement in biblical scholarship and archaeology. A group of church scholars tried to discredit the Scrolls and their origins due to jealousy, foreboding and fear that the Scrolls would undermine the foundations of Judaism and Christianity. Come learn who and why. **Rev. Jon Caridad** is a retired Episcopal priest with extensive experience in education, ancient history and biblical study.

***Chimneys, Radishes and Hospitality: A History of Long Beach, Mississippi* | \$5**

**Tuesday, July 22 | GP In-Person**

**12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Allisa Beck**

Long Beach, the 'Friendly City,' has a long and fascinating history. Did you know that Long Beach was a hub of truck farming and was once the 'radish capital of the world?' Have you heard about historic Gulf Park College for Women? Learn how Long Beach grew from an original small one-family settlement called 'The Chimneys' into the city we know today with shops, restaurants and a beautiful beach. **Allisa Beck** is the Arts and Sciences Librarian at The University of Southern Mississippi Gulf Coast Library. She also administers the Gulf Park College for Women archives, which are housed in the library. She is a member of both the Long Beach Historical Society and the Historical Society of Gulfport.

***"A Worn Path," by Eudora Welty* | \$5**

**Thursday, July 24 | Zoom Only**

**12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Leah Holmes**

In this poignant and moving story an elderly African American woman, Phoenix, embarks on a perilous journey to a distant town to obtain medicine for her sick grandson. Themes of resilience, faith and the enduring power of human connection shape the tale, one of Welty's best. **Leah Holmes** is a retired high school and university English instructor. She now works full time with hot glass in her Diamondhead studio.

***Español: Language and Culture Classes for Every Age* | \$15**

**Wednesdays, July 16 and 23 | GP In-Person and Zoom**

**9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Romy Hall**

Explore the beauty of the Spanish language and Latin American culture in this engaging, interactive course designed for learners fifty years and older. Through conversation, music and real-world scenarios, you'll build confidence in Spanish while discovering cultural traditions from Spanish-speaking countries. No experience needed, just curiosity and a sense of adventure! Bring a notebook/journal and a Spanish-English dictionary (optional). **Maria del Pilar, "Romy" Hall**, is a bilingual educator with extensive experience in adult education, curriculum development, and cultural awareness training. Passionate about bridging language gaps, she specializes in practical, immersive learning. Romy has also worked as a translator and community advocate, fostering cross-cultural connections.

<b><u>NATURE, SCIENCE AND TECHNOLOGY</u></b>
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***The Big Sink: The Crucial Role of the Oceans in a Changing Climate* | \$15**

**Monday, June 16 and 23 | GP In-Person**

**12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by James Rigney**

The ocean dwarfs the atmosphere in terms of the amount of energy it can store, allowing it to function as a "sink" for excess heat in the atmosphere. Is the ocean approaching a limit for storing excess heat? If so, what will be the effects on the ocean and the climate? We will examine and discuss the latest research, including the theories with broad consensus as well as the strongest candidates for alternative theories. **James Rigney** is an oceanographer and meteorologist. He worked for over thirty years at the Naval Oceanographic Office, retiring as NAVOCEANO's Chief Scientist. He writes a weekly weather column available online each Friday at the website of the *Sea Coast Echo*, Hancock County's hometown newspaper.

***Sunflower Farm Experience* | \$25**

**Tuesday, June 17 | GP Meet-Up**

**9:30 a.m. - 12:30 p.m.**

**Meet at the Coastal Ridge Farm, 27230 Rd 221, Picayune.**

You can pick flowers, take great photos or just relax. The sunflowers do not bloom all at once, so there is a steady progression of new blooms each week. This assures you of pretty flowers throughout the flower season. One bucket of flowers per person. There will be walking, rough ground, possible ants and holes, so be careful and wear closed-toe shoes! **You must bring:** Clippers, bucket, chair, water and a sack lunch. **Entry fee is included in course fee.**

***The Microbial World: Microbiology Made Easy! | \$20***

**Wednesdays, June 18 and 25 | GP In-Person**

**12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Christi Magrath, PhD**

Microbes are amazingly beneficial to our life and survival, as well as dreadfully harmful and potentially deadly. We will learn basic structure/function and common methods to combat microbial contamination and infection. Additionally, we will learn and practice a technique known as "sterile technique" that is used in laboratory settings but is also exceedingly important in medicine and can even be applied to food preparation and processing. All materials will be provided. Dr. Christi Magrath is a retired biology professor with a passion for teaching "approachable" science.

***Institute for Marine Mammal Studies Adventure | \$25***

**Tuesday, June 24 | GP Meet-Up**

**9:30 a.m. - 12:30 p.m.**

**Meet at the Institute for Marine Mammal Studies, 10801 Dolphin Lane, Gulfport.**

Come for a fun learning experience that will help you understand and appreciate the species that make our Gulf Coast waters unique. We will explore the interactive museum and encounter sea creatures, such as stingrays, sharks, horseshoe crabs, blue crabs, sea stars and sea urchins. Learn about tropical birds and reptiles in an animal presentation. We will also see Bottlenose dolphins work and interact with their trainers. The Institute for Marine Mammal Studies is a non-profit organization established in 1984 for the purposes of public education, conservation, and research on marine mammals in the wild and under human care. It serves as an important educational outlet for the MS Gulf Coast, incorporating programs for conservation, education and research. Entry fee is included in course fee.

***Hummingbirds to Toucans: The Amazing Birds of Central America and Mexico | \$10***

**Tuesday, July 8 | GP In-Person and Zoom**

**9:30 a.m. - 11:30 a.m. | Seminar led by Dave Reed**

Central America and Mexico are home to more than 100 species of Hummingbirds. In addition to hummingbirds, the area has many other colorful and interesting birds including toucans, macaws, tanagers and parrots. Come to this class and see some of the beautiful birds of Central America and Mexico through photographs from the area. Dave Reed worked as a hydrologist and river forecaster for the National Weather Service for 32 years. Since his retirement he has enjoyed traveling and pursuing his hobbies of bird watching and bird photography.

***Navigating the Technology World Safely | \$10***

**Thursday, July 24 | GP In-Person and Zoom**

**2:30 p.m. - 4:30 p.m. | Seminar led by Tracy Daniel-Hardy, PhD**

The Internet is a wonderful place to find information, access social media, shop, and more, but it can also be a scary place if you don't take the necessary precautions to protect yourself. Come learn how to safely navigate online, recognize scams, and protect your data from bad actors. Dr. Tracy Daniel-Hardy is a retired director of technology for a public, K-12 school district in south Mississippi. As founder of and an instructor for the Senior Academy of Technology and Continuing Education, she provides free computer classes to educate, enhance and empower senior citizens and those who are technologically challenged.

<p><b><u>PERSONAL ENRICHMENT</u></b></p>
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***Introduction to Fly Fishing | \$10***

**Tuesday, June 10 | GP In-Person**

**9:30 a.m. - 11:30 a.m. | Seminar led by Jay Hyer**

This is a class for beginners who are interested in the sport of fly fishing. Some of the best fly fisherman in the country live in the Gulf Coast area. This course will cover history, basic fly tying and basic fly casting, and tackle selection, assembly and care. Jay Hyer is a fly fisherman and local club member who has been teaching fly fishing for over fifty years. He is a member of the fly fishing club closely associated with the GCRL campus. He is currently teaching at the Mary C. Center in Ocean Springs, Seabee Base and Gulfport Yacht Club.

***Summer Gardening and Care | \$5***

**Friday, June 13 | GP Meet-Up**

**9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Polly Cuevas**

**Meet at Pine Hills Nursery, 7434 Cuevas Road, Pass Christian.**

Come learn how to create and care for a successful garden this summer while visiting Pine Hills Nursery. Polly will teach you how to keep your plants and flowers in bloom through the summer. She will show you what plants thrive in the heat. **Polly Cuevas** has been the manager at Pine Hills Nursery since its beginning in 1986.

***Basic Mahjong | \$30***

**Mondays, June 16 - July 21 (No class the week of July 4<sup>th</sup>) | GP In-Person**

**9:30 a.m. - 11:30 a.m. | Five-Week Class led by Gina Aguilar and Laura McKerns**

Class attendees will learn to play the Chinese version of mahjong. This class focuses on becoming familiar with each tile making up the mahjong set, getting familiar with the combination of tiles to achieve goals of winning, recognizing different "winnable" playing patterns and developing individual strategies to mahjong. **Gina Aguilar's** varied work experiences include organizational management and development with a focus on training and development, succession planning, process improvement, team building, job analysis and targeted selection (assessment center). Gina is retired and has been an OLLI member since 2019. **Laura McKerns** is an active OLLI member who enjoys playing mahjong with her friends.

***The World Seems to Have Gone Crazy; But We Don't Have To! | \$10***

**Tuesday, June 17 | GP In-Person**

**2:30 p.m. - 4:30 p.m. | Seminar led by Alice Graham, PhD**

Self-awareness is an essential practice in building healthier communities. Developing practices that support knowing ourselves more fully creates the bridge for getting to know others more fully. Living in increasingly diverse communities challenges our capacity to connect across differences. To build healthy communities, we must learn strategies for listening to our self-talk as we engage people from differing backgrounds.

**Dr. Alice Graham**, an ordained minister in the American Baptist Church, USA, has a BA from Spelman College, MDiv from Garrett Evangelical Theological Seminary, and a PhD from Northwestern University in pastoral care and psychology. She is a retired Fellow from the American Association of Pastoral Counselors and retired ED from Back Bay Mission.

***Plant Propagation | \$5***

**Thursday, June 19 | GP Meet-Up**

**9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Rachel Bond**

**Meet at Pine Hills Nursery, 7434 Cuevas Road, Pass Christian.**

This class will discuss three main types of plant propagation: stem cuttings, dividing and grafting. Rachel will use hands on examples of plants to demonstrate these methods and techniques. You will learn which plants respond best to which technique, as well as tips and tricks to successfully use each. **Rachel Bond** is the manager at her family's business, Pine Hills Nursery in Pass Christian. She is a graduate of Mississippi State University with a bachelor's degree in Horticulture.

***Put a Little EVOO in Your Life with Olive Oils and Vinegars | \$15***

**Thursdays, July 10 and 17 | GP In-Person**

**9:30 a.m. - 10:30a.m. | Two-Part Mini-Seminar led by Kyla Jacobs**

**Meet July 17 at Pass Christian Olive Oils and Vinegars, 141 Davis Avenue, Pass Christian.**

Let's dive into the world of extra virgin olive oil and balsamic vinegar! We will explore the chemistry, the benefits and even become an oleologist for a day by learning fun ways to use olive oil and balsamic in everyday life! Come join me as we put a little EVOO in our life! **Food is included in course fee.**

**Part I:** Meet on campus for a presentation and small sampling. **Part II:** Meet at Pass Christian Olive Oils and Vinegars store to try oil and vinegar pairings and end with a sweet treat. **Kyla Jacobs** is a Southern Miss alumna and is the regional manger of Pass Christian Olive Oils and Vinegars. She has been serving the MS Gulf Coast community for twelve years with the freshest and highest quality extra virgin olive oil and balsamic vinegar from Modena, Italy and around the world!



***Charcuterie Board Workshop | \$35***

**Thursday, July 10 | GP In-Person**

**12:00 p.m. - 2:00 p.m. | Seminar led by Sharonda Allen**

This class will focus on all five food groups in USDA's MyPlate. This includes cured meats, cheeses, crackers, nuts, veggies, fruits, pickled items, sauces, and spreads. Emphasis will also be placed on food safety. Individuals will learn to create their own unique layouts based on personal preference and likeness.

Participants will increase their knowledge related to healthy eating during the holidays and day-to-day using charcuterie boards. **Food is included in course fee.** **Sharonda Allen** is the Family and Consumer Sciences Extension Agent for Mississippi State University Extension Service-Harrison County. She has a BS from the University of Mississippi and a MS from Walden University. Ms Allen began her career with MSU Extension Service in 2021.

***Amazing Air Fryers | \$10***

**Wednesday, July 16 | GP In-Person**

**12:00 p.m. - 2:00 p.m. | Seminar led by Michelle Magrath Greene and Christi Magrath, PhD**

Let's join together to discuss all the amazing benefits of using an air fryer to prepare food. We will also share recipes. **Optional:** Bring your favorite recipes and a sample of a food cooked in your air fryer.

**Michelle Magrath Greene** enjoys football, crafting and reading. She works from home and loves her puppies. **Dr. Christi Magrath** loves science and crafting.

***Chandeleur Island Brewing Company Tour and Tasting | \$20***

**Monday, July 21 | GP Meet-Up**

**2:30 p.m. - 3:30 p.m.**

**Meet at the Chandeleur Island Brewing Company, 2711 14th St, Gulfport.**

Join OLLI at a laid back, neighborhood taproom. Get a front row seat to the brewing process through large viewing windows. Every bartender is involved in the brewing process and will be sharing their knowledge. This meet-up includes two beer samples and a sticker. **Tasting cost included in course fee.**

***Business: The Good, the Bad and the Ugly! | \$5***

**Tuesday, July 22 | GP In-Person and Zoom**

**9:30 a.m. - 10:30 a.m. | Mini-Seminar led by John O'Hara**

Are you ready to explore the good, the bad and the ugly of the business world? Join us for an engaging mini-seminar that dives into the opportunities, challenges and risks of starting, running and growing a business. Whether you're an aspiring entrepreneur, a small business owner or simply curious about the journey, this session is for you! **John O'Hara** is the CEO of the Better Business Bureau serving Mississippi. John was born and raised in Long Island, NY where he lived for twenty years. He relocated to the south and graduated from the University of Georgia with a degree in agriculture in 1988.

***Allies Training: A Crash Course in LGBTQ+ Sensitivity and Awareness | \$10***

**Thursday, July 24 | GP In-Person**

**9:30 a.m. - 11:30 a.m. | Seminar led by Kerigan Brewer**

Want to learn how to be a better ally to the LGBTQ+ community? Allies Training is an LGBTQ+ sensitivity and awareness training meant to prepare attendees to be allies in and out of the USM community through informative lecture and thoughtful discussion. These trainings are open to both interested allies and LGBTQ+ community members who want to learn more about sexuality, gender, biological sex, pronouns and more.

**Kerigan Brewer** is a recent graduate of The University of Southern Mississippi with a bachelor's degree in social work and the Coordinator of Community and Belonging at USM, overseeing the PRISM Resource Center and advising the student organization Sexuality and Gender Equity (SAGE).

## EATING YOUR WAY THROUGH OLLI

*Lunch Gathering: Beachview Café | Dutch Treat*

Monday, June 9 | GP In-Person

12:00 p.m. - 2:00 p.m. | Lunch with OLLI

Meet at Beachview Café in Hardy Hall, 730 E Beach Boulevard, Long Beach.

Join OLLI friends for good food and socializing.

*Lunch at McElroy's Harbor House | Dutch Treat*

Friday, June 20 | GP Meet-Up

11:00 a.m. - 12:30 p.m. | Lunch with OLLI

Meet at McElroy's Harbor House, 695 Beach Boulevard, Biloxi.

Join OLLI members at a casual, maritime-themed restaurant overlooking the water, serving seafood and southern fare.

*Lunch with OLLI at Sumo Japanese Steakhouse & Sushi | Dutch Treat*

Friday, July 11 | GP Meet-Up

11:00 a.m. - 12:30 p.m. | Lunch with OLLI

Meet at Sumo Japanese Steakhouse & Sushi, 2650 Beach Boulevard, #1, Biloxi.

Join OLLI members for great food and amazing conversation.

*Chill Sloth Ice Cream & Smoothies Outing with OLLI | Dutch Treat*

Friday, July 25 | GP Meet-Up

1:30 p.m. - 3:00 p.m. | Dessert with OLLI

Meet at Chill Sloth Ice Cream & Smoothies, 127 E Pine Avenue, Wiggins.

Join OLLI at this extraordinary rainforest-themed ice cream and smoothie shop. The owners' mission is to bring joy to the community through delectable treats while raising awareness about sloths. The sloth ambassador, Sammy, lives in a satellite exhibit from Wild Acres, a hands-on animal experience zoological park. Sammy's keepers are highly knowledgeable and trained, and maintain a perfect USDA facility inspection record for all of the animals in their care.



Watercolor by OLLI Member Patricia Wolfe

# HATTIESBURG

## ARTS

### ***Learn the Ancient Art of Calligraphy | \$30***

**Mondays, June 9 - July 14 (No class the week of July 4<sup>th</sup>) | HB In-Person**

**9:30 a.m. - 11:30 a.m. | Five-Week Class led by Harriette Suggs**

Students will learn the correct way to hold the pen in order to make the thin and broad lines in each letter. Students will then learn each of the pieces to form each letter. Students will learn each letter in both Old English and Gothic lettering. **Supply List:** Calligraphy pen with two or three different size nibs.

**Harriette Suggs** has been teaching Calligraphy for 40 years in continuing adult education schools in South Carolina and Virginia. She has lettered wedding invitations, birth announcements, table place cards and Bible family tree pages. She enjoys teaching others and makes it easy.

### ***Choosing Independence - Mary Cassatt and Berthe Morisot, Two Impressionist Artists | \$5***

**Monday, June 9 | HB In-Person and Zoom**

**12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Dana Stratton and Catherine Parker Edmonson**

Join us and let's discuss two artists: Cassatt, an American expat in Paris, and Morisot, a daring Frenchwoman. Both Impressionists had pivotal roles in the professionalization of women artists, overcoming societal challenges and developing modernist ideals. As key members of the avant-garde, they faced obstacles shared by many artists of their time, especially women, in their pursuit of artistic careers. **Dana Stratton** has been teaching studio art and art history classes at OLLI since 2000 and just can't seem to stop. She is a published illustrator and an active participant in a variety of art shows and loves to gossip about the lives (and sometimes the loves) of artists of the past. **Catherine Parker Edmonson** is the Program Director at Prospect Gallery, housed in a century old building downtown. Her career in the arts spanned galleries in London, Christie's Auctions in New York and the Alliance for Public Art in Hattiesburg. She advocates that everyone deserves a well-balanced visual diet.

### ***Monday Matinee: The Russians are Coming! The Russians are Coming! | \$10***

**Monday, June 16 | HB In-Person**

**12:00 p.m. - 2:00 p.m. | Seminar**

When a sightseeing Soviet commander runs his submarine aground off the New England coast, the crew's attempts to find a boat to dislodge them almost start World War III! Alan Arkin leads an all-star cast, including Carl Reiner, Eva Marie Saint, Brian Keith and Jonathan Winters, in this riotous, uproarious, and side splitting comedy! Russian Lieutenant Romanov (Arkin) and crew hit the beaches of Massachusetts unaware of the panic they're causing. Join us and bring a snack!

### ***Drawing | \$30***

**Wednesdays, June 18 - July 23 (No class the week of July 4<sup>th</sup>) | HB In-Person**

**2:30 p.m. - 4:30 p.m. | Five-Week Class led by Marty Turnbo**

Let's draw! It is easy to learn—you will learn how on day one. You will then learn shading, perspective, enlarging and drawing faces. **Supply List:** #2 pencil, mechanical pencil (optional), eraser, colored pencils, Sharpie with two tips (fine and medium), small drawing pad and 10-12 sheets copy paper. **Marty Turnbo** is a retired art and drama teacher from Oak Grove and is a longtime member of the South MS Art Association.

### ***Polaroid Transfers: Emulsion Lift Workshop | \$60***

**Thursday, June 19 | HB Meet-Up**

**12:00 p.m. - 2:00 p.m. | Seminar led by Betty Press**

**Meet at Singing River Art Studio, 100 West Fourth Street, Hattiesburg.**

Polaroid emulsion lifting is a technique that separates the thin layer of photo emulsion from the Polaroid frame. Once freed, it behaves like a delicate fabric that can be manipulated into unique configurations and transferred to another material, such as glass, wood or paper. The lifts are made using cell phone photos which are printed on Polaroid film. **Supplies are included in course fee.** **Betty Press** is a documentary photographer and a recipient of the Excellence in Photography Award from the Mississippi Institute of Arts and Letters and Mississippi Arts Commission Visual Art Fellowship in 2013 and 2019. She has been selected for the Mississippi Invitation at the Mississippi Museum of Art opening on June 28. She loves teaching workshops.

***Woven Memories* | \$10**

**Wednesday, June 25 | HB In-Person**

**2:30 p.m. - 4:30 p.m. | Seminar led by Sarah McCarty**

In this course we will discuss the processes of making memory keepsakes from clothing. Quilts, pillows, bears and other items are wonderful ways to keep memories alive with something comforting and tangible. **Sarah McCarty** is a former high school teacher who has always been crafty but found passion in making memory keepsakes for families. These include quilts, bears, pillows or any animal special to the person being remembered. She has been sewing for at least 20 years, among many other crafts.

***Let's Make History - A Watercolor Workshop!* | \$30**

**Monday, Tuesday and Wednesday, July 7, 8 and 9 | HB In-Person**

**12:00 p.m. - 2:00 p.m. | Three-Day Workshop led by Dana Stratton**

This class will be an in-depth exploration limited to the use of three colors, a red, a yellow and a blue (examples: Winsor Red, Winsor Blue, Winsor Yellow, known as the staining triad; or Cerulean Blue, Yellow Ochre, Burnt Sienna—the desert triad; or Rose Madder, Cobalt Blue, and Aureolin Yellow—the transparent triad). **Supply List:** *Paints* - Any threesome composed of a red, a yellow and a blue. Three traditional Triads are the staining (Winsor Red, Winsor Yellow and Winsor Blue), desert (Cerulean Blue, Yellow Ochre and Indian Red or Burnt Sienna), transparent (Rose Madder, Cobalt Blue and Aureolin Yellow). *Paper* - Ten pieces or more of 140# watercolor paper (nothing smaller than 6" x 9"). *Brushes* - A variety of rounds and flats. Also, bring paper towels, a note or sketch book and pencil and eraser and a pallet for your paints or for mixing. There should be an ample supply of water containers already in the art room. Because we meet at noon, you may also bring your lunch. **Dana Stratton** has been teaching studio art and art history classes at OLLI since 2000 and just can't seem to stop. She is a published illustrator and an active participant in a variety of art shows and loves to gossip about the lives (and sometimes the loves) of artists of the past.

***Summer Screwball Cinema Series* | \$30**

**Tuesdays and Thursdays, July 10, 15, 17, 22 and 24 | HB In-Person**

**2:30 p.m. - 4:30 p.m. | Five-Session Class led by Doug Rust, PhD**

This summer, sharpen your appreciation of classic Hollywood films with Dr. Douglas Rust and your friends from OLLI, as we review some of the finest examples of the "screwball comedy" subgenre of romance movies from 1934 - 1942. Each class day, Dr. Rust will introduce and then screen a different film. Participants are encouraged to stay after the movie to discuss. **Dr. Douglas Rust** teaches in the USM School of Music. He has published numerous articles on music in professional journals and has edited performing editions for commercial publishers. As an organist, Dr. Rust accompanies silent movies and performs at an annual film festival.

***A Musical Extravaganza: Featuring Our New Piano* | \$5**

**Monday, July 14 | HB In-Person**

**12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Kay Guiles**

In this musical extravaganza, we will explore many of the ways we will be able to use our new and wonderful piano over the years to come. We will have piano solos and duets and hear the piano accompany the voices of OLLI members as well as their solo instruments. You will even be able to join us for our fun group singalong. **Kay Guiles** is Organist at Westminster Presbyterian Church and a retired music teacher. She will be joined by Jan Mesrobian, an incredible pianist and the donor of our wonderful new piano at OLLI, as well as many of our other talented OLLI friends, for a performance to highlight the ways we will be able to use our new piano at OLLI!

## **HEALTH AND FITNESS**

***Tai Chi for Health on Zoom* | \$35**

**Mondays and Wednesdays, June 9 - July 23 (No class the week of July 4<sup>th</sup>) | Zoom Only**

**9:30 a.m. - 10:30 a.m. | Six-Week Exercise Class led by Susan Nodurft**

This class is open to all participants of the 2020-2021 Zoom class or with permission of the instructor. Participants must be familiar with Dr. Lam's Tai Chi for Arthritis and Fall Prevention (40 Sun forms) and Tai Chi for Beginners (first 6 forms of the 24 Yang style Forms). Emphasis will be placed on advancing the practice and learning new forms. **Susan Nodurft** is a retired biology teacher. After retirement she began the study and practice of Qigong/Tai Chi. She has been certified through the Institute of Integral Qigong and Tai Chi and the Tai Chi for Health Institute.

***Yo-gonna Love it* | \$35**

**Mondays and Wednesdays, June 9 - July 23 (No class the week of July 4<sup>th</sup>) | HB In-Person**

**10:30 a.m. - 11:30 a.m. | Six-Week Exercise Class led by Joni Guthrie**

Yoga is a low impact exercise that, in addition to other benefits, increases flexibility and range of motion, improves balance and helps reduce stress. No matter your age or level of fitness, yoga is a practice for everyone. **Joni Guthrie** is a certified yoga instructor. Her educational background is in exercise science, and she has over 25 years of experience as an exercise instructor.

***Chairobics* | \$35**

**Mondays and Wednesdays, June 9 - July 23 (No class the week of July 4<sup>th</sup>) | Zoom Only**

**12:00 p.m. - 1:00 p.m. | Six-Week Exercise Class led by Valerie Webber**

Chairobics combines fun and fitness while moving to music. This class is designed to increase muscle strength and range of movement as well as improve cardiovascular health. Small hand weights and elastic bands are used for toning and a chair is used for seated exercises and standing support. There are no on-the floor exercises. **Valerie Webber** is a Southern Miss graduate with a BSBA and MBA. She is a life member of the USM Alumni Association and has worked in the accounting and finance industry and in IT.

***Moving to the Oldies (Low Impact Aerobics)* | \$35**

**Mondays and Wednesdays, June 9 - July 23 (No class the week of July 4<sup>th</sup>) | HB In-Person**

**11:30 a.m. - 12:30 p.m. | Six-Week Exercise Class led by Joni Guthrie**

In addition to moving to the oldies, low impact aerobics raises your heart rate while minimizing any major impact on the joints, which reduces the risk of injury. This mode of exercise can help you achieve your exercise goals while maintaining and building muscle mass that, unfortunately, decreases with age. **Joni Guthrie** is a long-time exercise instructor with more than 25 years' experience. Her educational background is in exercise science from The University of Southern Mississippi. Joni has taught multiple genres of aerobics including step aerobics, high and low impact floor aerobics, water aerobics, and dance aerobics.

***Beginning Tai Chi for Health and Balance* | \$35**

**Mondays and Wednesdays, June 9 - July 23 (No class the week of July 4<sup>th</sup>) | HB In-Person**

**4:00 p.m. - 5:00 p.m. | Six-Week Exercise Class led by Brigid Elchos**

This class is designed for beginners and those who may have previous experience and simply wish to maintain this gentle practice for health and balance. In the first term, students will be introduced to the fundamentals of Tai Chi and learn an easy, step-by-step set of movements created by Dr. Paul Lam. The second term builds on the first adding additional movements to the set taught in the first term. **Brigid Elchos** is a nurse, massage therapist and registered yoga teacher who holds certifications for Laughter Yoga, breathwork and meditation. She is also a certified Tai Chi Easy and Medical Qigong Practice Leader. Brigid has extensively studied mindfulness for stress management and various other health conditions.

***Yoga for Every Body: Mixed Level Yoga* | \$35**

**Tuesdays and Thursdays, June 10 - July 24 (No class the week of July 4<sup>th</sup>) | HB In-Person**

**10:30 a.m. - 11:30 a.m. | Six-Week Exercise Class led by Stacey Ready**

Throughout this mixed-level class you will be invited to experience each pose with self-awareness as well as awareness of safe alignment while enjoying yourself. This class will allow advanced students to deepen their practice and modifications of poses will be offered both visually and through detailed vocal cues for Level I students to advance their practice while honoring their growth. Warm up, standing poses, balance and cool down. HAVE FUN! **Stacey Ready** is a returning yoga instructor at OLLI. A lifelong yoga enthusiast, upon retiring from Southern Miss, she decided to become a certified yoga instructor and has enjoyed every moment. In addition to teaching at OLLI, she is a frequent substitute teacher at both Hattiesburg and Petal YMCAs.

***A Matter of Balance* | \$20**

**Tuesdays, June 10 - July 22 (No class the week of July 4<sup>th</sup>) | HB In-Person**

**1:00 p.m. - 2:00 p.m. | Six-Week Exercise Class led by Ashlee Dearman and Paige Zachary**

*A Matter of Balance: Overcoming the Fear of Falling* is the most widely-implemented fall prevention program across the country. A six-week evidence-based field-tested program, *A Matter of Balance* has been shown to be highly effective in reducing the fear of falling among older adults. **Ashlee Dearman** is employed by the Southern Mississippi Planning and Development District as their Preventive Health Coordinator. She is a Master Trainer in the evidenced-based program *A Matter of Balance*. **Paige Zachary** is employed by the Southern Mississippi Planning and Development District as their Senior Project Coordinator and a Master Trainer in the evidenced-based program *A Matter of Balance*.



## HUMANITIES

***There and Back Again: Travel MS through Time with Stories from Those Past and Present* | \$30**

**Mondays, June 9 - July 14 (No class the week of July 4<sup>th</sup>) | HB In-Person and Zoom**

**2:30 p.m. - 4:30 p.m. | Five-Week Class led by Rodney Mooney**

Rodney Mooney, along with guest speakers, will introduce *MS Macabre*, the first comic to preserve Mississippi's folklore. This class will include the history of comics, how to read them and will lead in to reading through the comic's first stories as well as preview what's to come. It will also feature his project Wandering the Pines of Mississippi which promotes travel around the state and preserves its history. You would not believe the treasures Rodney has found! **Rod Mooney** is a jack-of-all-trades, having his original music played in over 80 countries, conducted research that has led to the development of three historical markers and an AAUSO museum, created a tutoring system and course which were adopted state-wide and established *Wandering the Pines of MS* and *MS Macabre* to promote travel in Mississippi as well as preserve its history.

***The Wonder of French Verbs* | \$20**

**Tuesdays, June 10, 17 and 24 | HB In-Person**

**12:00 p.m. - 2:00 p.m. | Three-Week Class led by Gwen Combs**

This is a continuation course of the *Building Blocks of French* or for anyone who has had French or spoken French before. We will learn how French verbs are the driving force of this beautiful language. **Gwen Combs** is a recovering attorney. She earned a BA in English and French, an MA in English, and a JD. She studied French for four years in high school and studied in Switzerland and France during a summer term. Before attending law school, Gwen taught high school English and French for seven years.

***"Journey into Fear:" Jewish Women's Involvement in the Civil Rights Movement* | \$5**

**Wednesday, June 11 | HB In-Person and Zoom**

**2:30 p.m. - 3:30 p.m. | Mini-Seminar led by Rebecca Tuuri, PhD**

In this seminar, we will explore the role of Northern Jewish women's efforts during the 1960s Civil Rights Movement in Mississippi and the response of Southern Jewish women to these efforts. **Dr. Rebecca Tuuri** is the Associate Dean of the Honors College and an Associate Professor of History at The University of Southern Mississippi, where she teaches US, Civil Rights, African American and Women's and Gender history.

***The Enigma Project; My Mother's Story* | \$5**

**Thursday, June 12 | HB In-Person and Zoom**

**9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Sinclair Lundy**

Margaret BC Hill Lundy was a Scottish national who was chosen as a codebreaker for Special Duties in the British Navy. This is a presentation of her biography up to and including her wartime service. **Sinclair Lundy** is a CPA in Hattiesburg. A graduate of Mississippi University for Women, Sinclair moved to Hattiesburg in 1980 to open her accounting firm. She presented her mother's wartime story at Camp Shelby in 2011 during the *Women in the Military* celebration.

***US History: 1840s - 1861* | \$20**

**Thursdays, June 12, 19 and 26 | HB In-Person and Zoom**

**12:00 p.m. - 2:00 p.m. | Three-Week Class led by Ryan Schilling**

This course is a continuation of last year's seminar on early American History. Together, we will discuss key events of the period, including Western Expansion, slavery and the road to the Civil War. Historical approaches will be social, cultural and political. **Ryan Schilling** is an Instructor of History at Mississippi Gulf Coast Community College, where he's taught for fifteen years. He enjoys reading, traveling, and spending time with his dogs. This is Mr. Schilling's tenth year to teach at OLLI.

***The First 100 Years of Hattiesburg* | \$35**

**Tuesdays, June 17 | HB Meet-Up**

**11:00 a.m. - 1:00 p.m. | Meet-Up led by Dean Meador Smith**

**Meet at Meador Homestead, 6775 US Hwy 49 North, Hattiesburg.**

Guests will come to Meador Homestead to tour the oldest standing home and the only log cabin standing in Hattiesburg. We will listen to the history of the first 100 years happening in Hattiesburg and enjoy lunch together. **Dean Meador Smith** owns Meador Homestead B & B and Tea Room in Hattiesburg and has previously taught a class for OLLI. **Meal is included in course fee.**

***In-Bent Fractals: The Short Fiction of David Foster Wallace* | \$30**

Thursdays, June 19 - July 24 (No class the week of July 4<sup>th</sup>) | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Hannah Smart

Most classes that center on David Foster Wallace pertain to his magnum opus *Infinite Jest*, but *In-Bent Fractals* will be a crash course in his short fiction. We will work through his oeuvre chronologically, reading famous stories such as *Little Expressionless Animals*, *Forever Overhead*, and *Good Old Neon*, as well as essays and stories that engage in critical conversations with these works. The classes will include lectures and discussions. **Hannah Smart's** short work has appeared in *West Branch*, *The Boston Globe*, *Puerto del Sol*, *SmokeLong Quarterly*, and *Cleaver*, among others. She was nominated for a 2024 Pushcart Prize and 2025's Best of the Net anthology. Hannah is a first-year writing professor and PhD student at The University of Southern Mississippi and a four-time presenter at the International David Foster Wallace Conference.

***Hattiesburg History Safari* | \$10**

Tuesday, June 24 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Russell Archer

**Meet at Pocket Museum, 119 W. Front Street, Hattiesburg.**

Join local historic preservationist Russell Archer as he shares a fascinating overview of the history of Hattiesburg followed by a walking tour through historic downtown. This hybrid class will begin with a presentation of interesting facts and historic photographs and will wrap up with a downtown stroll where you'll experience history, architecture and stories of how a small railroad and timber town became such a unique and thriving community! **Russell Archer** is a local historian and Historic Preservation Planner for the City of Hattiesburg. He attended USM, earning a BS in Hospitality Management ('98) before attending graduate school at Ball State University, Indiana, where he earned a master's degree in historic preservation ('03). He lives in Hattiesburg and is active in all things downtown.

***An Interview with Mississippi Outlaw James Copeland* | \$10**

Tuesday, July 8 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Dan Davis and Danny McKenzie

In pre-Civil War Mississippi, James Copeland was one of the most feared outlaws in the South and beyond. We'll let him tell his story in an interview session almost 170 years after his public hanging in Perry County. **Danny McKenzie** is a retired journalist and former golf coach at Blue Mountain University. **Dan Davis** is a retired journalist with an interest in Mississippi history.

***The History of Cuba* | \$15**

Wednesdays, July 9, 16 and 23 | HB In-Person

2:30 p.m. - 3:30 p.m. | Three-Part Mini-Seminar led by Matthew Casey, PhD

This course will introduce OLLI students to the history of Cuba from the period of Spanish colonialism, through the decades of US dominance, the rule of Fidel Castro and into the present day. In addition to focusing on standard historical themes of politics and economics, the class will touch on Cuban culture from every period. **Dr. Matthew Casey** is Associate Professor of History at The University of Southern Mississippi. He has traveled to Cuba many times in the past decades--including two trips with USM students. He teaches Latin American history and has published widely on the history of Cuba and Haiti. He loves teaching at OLLI.

***What it Means to Eat Israeli Food in New Orleans: Authenticity and Appropriation* | \$10**

Tuesday, July 15 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Andrew Haley, PhD

Since the early twentieth century, Americans have celebrated the diversity of our culinary offerings and immigrant entrepreneurs have competed to serve foods from around the globe. This seminar examines the global history of American foodways and the questions raised by dining in "eleven different languages." Drawing on works of history and philosophy, this seminar will raise questions and ask participants to provide their own answers. **Dr. Andrew P. Haley** is an associate professor of American History, Faculty Ombud, and an award-winning author at The University of Southern Mississippi, where he studies culture, community, and cuisine in the United States from the Gilded Age through the 1950s. He received his doctorate degree in History from the University of Pittsburgh.

***Getting To Know Transgender People, Their Struggles and How To Help!* | \$10**

**Tuesday, July 22 | HB In-Person and Zoom**

**2:30 p.m. - 4:30 p.m. | Seminar led by Mickie Stratos, PhD and Stacie Pace, PhD**

Join this lecture covering basic education on who transgender people are and the terminology associated with them, medical/physical issues that transgender people face, the sociopolitical issues they face as well as practical things that regular citizens can do to help this minority population with their struggles.

**Dr. Stacie Pace** is a nurse practitioner who co-founded and operates the first and only transgender hormone therapy clinic in the state of Mississippi. She is board certified by the World Professional Association for Transgender Health (WPATH), as well as serving as a certified medical mentor for WPATH, meaning that Dr. Pace trains other healthcare providers in transgender medicine. **Dr. Mickie Stratos** is on the board of The Spectrum Center, which is a nonprofit organization that serves the needs of the LGBTQ+ community at large.

***Creative Writing: Finding Your Voice* | \$10**

**Monday, July 21 | HB In-Person and Zoom**

**2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Olivia Clare Friedman**

In this seminar, you will be introduced to foundational elements of fiction and poetry writing. The session will consist of a craft talk, some time for in-class writing and writing exercises you can continue on your own if you wish. This course is for all levels, from beginning to advanced. We will also discuss how you can sustain your writing practice beyond the class. **Dr. Olivia Clare Friedman** is the author of four books, most recently a book of poems, *An Arm Fixed To A Wing*, published by LSU Press. Her debut novel, *Here Lies*, was published by Grove Atlantic in 2022. She is an associate professor of English and Director of Center for Writers (Creative Writing) at The University of Southern Mississippi.

***Chocolate and Coffee: What It Means to Work in Fair, Direct and Transparent Trade* | \$5**

**Wednesday, August 13 | HB In-Person**

**2:30 p.m. - 3:30 p.m. | Mini-Seminar led by Anjie Price**

This seminar will include a brief Q and A session to learn about what fair, direct and transparent trade actually looks like in practice. Anjie will give a very brief description of her company and the work that she and her husband do and then open the discussion for questions about the benefits and challenges of working and living the ethos of fair, direct, and transparent trade. **Anjie Price** is a Returned Peace Corps Volunteer who, with her husband, has expanded their chocolate and coffee company from Nicaragua to Hattiesburg. A graduate of The University of Southern Mississippi, Anjie has lived in Nicaragua since 2008 until recently, when she and her husband opened Mulukakao Hattiesburg, where they retail and wholesale their products.

## **NATURE, SCIENCE AND TECHNOLOGY**

***Men of Science and Faith: Two Lives that Changed the World* | \$15**

**Tuesday and Wednesday, June 10 and 11 | HB In-Person**

**9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Lee Walker**

Explore the lives and remarkable insights of two wonderful men, Michael Faraday (1791 -1867) and his 40-year younger friend, James Clerk Maxwell (1831-1879), who changed the world because of their great desire to know and understand the way the universe works. You will see recreations of early experiments in the electromagnetic spectrum. Their lives defied a social class system in their friendship and work. **Lee Walker** is a retired school teacher from Hattiesburg Public Schools and a co-founder of the former Interaction Factory, a Hattiesburg science adventure center. He also developed and shared innovative science explorations in Mississippi schools through Partnership for Learning.

***The Most Complete Dinosaur Ever Found in Mississippi* | \$5**

**Monday, June 16 | In-Person and Zoom**

**12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Derek Hoffman**

This seminar will include a brief summary of the history of dinosaur paleontology in Mississippi and the work Derek completed for his thesis project. We will discuss the geology of Mississippi during the time of the dinosaurs, the kinds of dinosaurs that occupied the southeastern United States and the methods utilized in Hoffman's thesis to identify the type of dinosaur. **Derek Hoffman** is a second year master's student at USM. He finished his thesis researching the most complete dinosaur to be discovered in Mississippi. He serves as a teaching assistant for several geology classes at USM and enjoys conveying his passion for paleontology.

***Long Leaf Pines and Turpentine | \$10***

**Tuesday, June 17 | HB In-Person**

**2:30 p.m. - 4:30 p.m. | Seminar led by Patrick Alford**

Longleaf Pines and turpentine made South Mississippi a leader in naval products, lumber and determined the population, wealth and makeup of South Mississippi. **Pat Alford** is retired after forty-two years as a science teacher and administrator. He is a master volunteer ranger for the National Park Service and has taught several classes and led several tours for OLLI.

***Plant Confidence | \$10***

**Thursday, July 10 | HB In-Person**

**12:00 p.m. - 2:00 p.m. | Seminar led by Leanna Kincannon**

Did you know just one spider plant can purify the air for 20 sq ft removing chemicals like formaldehyde and mold spores? Let's take a dive into the world of houseplants together and learn how to improve your living space by bringing a piece of nature indoors. From soil and water, propagation and even attending local plant swaps—let me boost your "plant confidence." **Leanna Kincannon** is a self-proclaimed plant enthusiast with a special interest in house plants. She believes bringing a bit of nature into your indoor space can bring a sense of vitality and happiness to your home. Leanna loves to share her knowledge of plants and ways to help them thrive indoors.

***How Viruses Cause Disease and Why Vaccines are Valuable in Protection from Viral Diseases | \$10***

**Thursdays, July 17 and 24 | HB In-Person**

**2:30 p.m. - 3:30 p.m. | Two-Part Mini-Seminar led by Mary Lux, PhD**

In this seminar, we will discuss the basics of virology and continue with explanations about how vaccines provide important aspects of protection. **Dr. Mary Lux** is a retired professor in medical laboratory science at The University of Southern Mississippi. She attended the University of Mississippi and has lived in Hattiesburg since 1990.

***Life from the Skies! (Spend a Few Hours with Asteroids) | \$10***

**Monday, July 21 | HB In-Person and Zoom**

**12:00 p.m. - 2:00 p.m. | Seminar led by Dr. Christopher Sirola**

Spend a few hours getting to know your favorite asteroids: Ceres - the first asteroid; Tunguska - enemy of reindeer; ALH 84001 - visitor from Mars; Dimophos - savior of life? We will take a brief look at these asteroids, our history with asteroids, recent asteroid events and our current knowledge of these space rocks—and how they ensure the Earth isn't as isolated as we first thought. **Dr. Christopher Sirola** is an Associate Professor in the School of Mathematics and Natural Sciences at Southern Miss. He is both USM's astronomer and physics education specialist. He won USM's University Excellence in Teaching award in the spring of 2024 and his students were recognized for the best physics poster at a recent research conference.

***The Big Sink: The Crucial Role of the Oceans in a Changing Climate | \$15***

**Wednesdays, June 18 and 25 | HB In-Person**

**2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by James Rigney**

The ocean dwarfs the atmosphere in terms of the amount of energy it can store, allowing it to function as a "sink" for excess heat in the atmosphere. Is the ocean approaching a limit for storing excess heat? If so, what will be the effects on the ocean and the climate? We will examine and discuss the latest research, including the theories with broad consensus as well as the strongest candidates for alternative theories. **James Rigney** is an oceanographer and meteorologist. He worked for over thirty years at the Naval Oceanographic Office, retiring as NAVOCEANO's Chief Scientist. He writes a weekly weather column available online each Friday at the website of the *Sea Coast Echo*, Hancock County's hometown newspaper.

## PERSONAL ENRICHMENT

### *Strategies for Bridge* | \$30

Tuesdays, June 10 - July 15 (No class the week of July 4<sup>th</sup>) | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Ellen Davies

In this course, we will study offensive strategies, with a focus on game and slam bidding. There is no shame in going down! We will focus on adding across the table, for purposes of reaching game and slam. Points required for game, based on where you play it, are about 24-25 for notrump, 26 for a major, and 29 in a minor. Slam is 32-36. We will learn when to count distribution. **Ellen Davies** is a retired teacher and lawyer who has played bridge since she was a teenager. She has taken many bridge classes at OLLI and she has taught many courses as well. There is always time for instruction and time for play.

### *It's 5 O'clock Somewhere* | \$15

Tuesday, June 10 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Sarah Finnicum

Learn how to mix the perfect martini! Shaken, not stirred. This seminar will help you develop a flavor profile, use egg whites, create syrups and determine when to add champagne for a special zip. The class will also cover how to make your own syrups to add freshness and flavor to your martini. Bring a shaker if you have one. Tasting included provided you are over 21! **Sarah Finnicum** is a 1976 graduate of Southern Miss. During COVID, Finnicum shook over 366 different "quarantinis" to the amusement of her friends and family. She researched websites for recipes and eventually started creating her own recipes. All were posted on Facebook with the recipe and a picture of the quarantini, also known as the martini.

### *Basic Sign Language* | \$20

Wednesdays, June 11 - July 23 (No class the week of July 4<sup>th</sup>) | HB In-Person

9:30 a.m. - 10:30 a.m. | Six-Week Mini-Seminar led by Terry Buchanan

In this class you'll learn a bit about Deaf culture, the basic signs for everyday use, and even play a couple of simple games in sign language. **Terry Buchanan** is a retired public school teacher from Maine. She graduated with a national teacher certification as a Teacher of the Deaf from Flagler College in St. Augustine, Florida. She spent roughly half of her 32 years teaching working with deaf and hard-of-hearing students.

### *Refresher Bridge* | \$30

Thursdays, June 12 - July 17 (No class the week of July 4<sup>th</sup>) | HB In-Person

9:30 a.m. - 11:30 a.m. | Five-Week Class led by Ellen Davies

In this course, we will study the changes in bridge over the years. It is for those who have not played bridge in the last five years. There have been many changes in practices of play in that time. We will study "duplicate" scoring, which is not hard to learn if you have a grasp of rubber scoring. There is no one who is too rusty to learn. This course is not for those who have never taken or played bridge. **Ellen Davies** is a retired teacher and lawyer who has played bridge since she was a teenager. She has taken many bridge classes at OLLI and she has taught many courses as well. There is always time for instruction and time for play.

### *Wiggin' Out* | \$5

Thursday, June 12 | HB In-Person

2:30 p.m. - 3:30 p.m. | Seminar led by Anne Sylvest, PhD

Have you ever wondered about wearing a wig yet seen some that looked so "wiggy" that it has kept you from even trying a wig? Don't know where to start? Then this class is for you. We'll have a short wig overview, look at a variety of wigs, discuss making them work for you, and try some on if you're game. Whether for health reasons, personal convenience, or simply wanting to have a good hair day, wigs can be a viable and positive option. After 19 years, **Dr. Anne Sylvest** retired from USM as the Director of Educational Field Experiences. Before her years at USM, she was a classroom teacher and principal in Texas, Louisiana, and Stuttgart, Germany. In the fall of 2018, a serious illness forced Anne into the world of wearing wigs, and she hasn't looked back since.



***Let's Learn to Play Mah Jongg | \$30***

**Wednesdays, June 18 - July 23 (No class the week of July 4<sup>th</sup>) | HB In-Person**

**9:30 a.m. - 11:30 a.m. | Five-Week Class led by Harriette Suggs**

Mah Jongg is a fascinating rummy light game played with tiles rather than cards. China is the game's birthplace. We will learn some of the history behind the game and why some of the moves are preformed. We will learn the description of each tile and how to use them together to make a legal hand. This game has become one of the favorite pastimes of many people. Come learn and enjoy the fun. **Harriette Suggs** is a retired nuclear engineering technician who studied at the University of Tennessee and USM. She became interested in Mah Jongg while associated with the Air Force and played for many years by their rules. After moving to Mississippi at retirement, she became familiar with the National Mah Jongg League rules which is played in America and across the European continent.

***Cook a Little, Eat a Lot: Simple(ish) Italian Showstoppers | \$40***

**Monday, June 23 | HB In-Person**

**9:30 a.m. - 12:30 p.m. | Three-Hour Seminar led by Ed Hafer, PhD**

We will prepare a three-course meal of delicious Italian delights. We'll begin with an insalata caprese con burrata, followed by a dazzling asparagus raviolo al'uovo, and end with a simple lemon mousse with fresh berries. Come hungry; leave happy! Food cost included in price of seminar. **Dr. Ed Hafer** is the product of two Italian grandmothers who taught him the importance of cooking and eating. While his skills pale in comparison, he has been known to cobble together a decent meal or two for friends.

***Encourage Writing and Storytelling About Your Past for Personal Enrichment | \$5***

**Monday, June 23 | HB In-Person and Zoom**

**12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Clark Hicks**

In this seminar, the instructor will discuss his book of stories, how the book came into existence, his experiences in the book, what writing and storytelling has meant to him and the impact of his work on others within the community. He will read a few stories, open the floor to discussion, encourage participation and share his recollections of coming of age in Mississippi in the 1970s, shortly after integration. **Clark Hicks** is a Hattiesburg attorney and author of *Mississippi Musings*, a part-memoir and part-history, reflecting stories of life in Mississippi. Clark has been a featured speaker at numerous book signings and has been a speaking contributor to legal education seminars. He has tried over 100 cases to juries and is an experienced storyteller.

***Business: The Good, the Bad and the Ugly! | \$5***

**Tuesday, June 24 | HB In-Person and Zoom**

**9:30 a.m. - 10:30 a.m. | Mini-Seminar led by John O'Hara**

Are you ready to explore the good, the bad, and the ugly of the business world? Join us for an engaging mini-seminar that dives into the opportunities, challenges, and risks of starting, running, and growing a business. Whether you're an aspiring entrepreneur, a small business owner or simply curious about the journey, this session is for you! **John O'Hara** is the CEO of the Better Business Bureau serving Mississippi. John was born and raised in Long Island, NY where he lived for twenty years. He relocated to the south and graduated from the University of Georgia with a degree in agriculture in 1988.

***Navigating Safe Cannabis Use and The Mississippi Medical Cannabis Program | \$10***

**Tuesday, June 24 | HB In-Person**

**9:30 a.m. - 11:30 a.m. | Seminar led by Layney Day and Taunja Lowry Kemp**

Taunja Kemp Lowry and Layney Day would like to educate OLLI students about the Cannabis plant, the history of its medical use and how enrollment in the Mississippi Medical Cannabis Program works. They will explain the different ways Cannabis can be used medically, what to do if you think you may want to enroll in Mississippi's Program, what a participant in the Program can expect in both the enrollment and retail processes. **Layney Day** is a current Mississippi Medical Cannabis patient, and an advocate for safe Cannabis use. She also participated in the California Cannabis Industry and Medical Cannabis Program for 12 years. She has a strong understanding of the plant, the benefits of Cannabis use, its many forms, and how one might join the Mississippi Medical Program. The Cannabis plant has been a central part of **Taunja Kemp Lowry's** life and career for well over three decades, as an advocate, activist, retailer, educator, historian, cultivator and patient in multiple cities in America. She is the CEO of Signature Pharms, a cultivation facility in Hattiesburg and has a wealth of knowledge about Cannabis and its medical program in Mississippi.

***Building Community Between Pets and People | \$5***

**Wednesday, July 9 | HB In-Person and Zoom**

**2:30 p.m. - 3:30 p.m. | Mini-Seminar led by Sarah Krock and Dani Snell**

Come learn about all of the ways that we can build and strengthen the bonds between pets and people! Pets provide us with comfort, joy, and unconditional love, and in turn we provide them with the safety and care they need to thrive. From providing life-saving care to underage kittens to hosting donation drives and so much more, there is no shortage of ways to make a positive impact on the pets and people in our community. **Sarah Krock** is the Community Engagement Manager at Southern Pines Animal Shelter in Hattiesburg. She has worked with Southern Pines for over a decade as a foster, volunteer and staff member with a focus on educating and engaging our community in the care of neonatal kittens and puppies. **Dani Snell** is the Development Manager at Southern Pines Animal Shelter in Hattiesburg and has been part of the Southern Pines team for nine years, overseeing marketing, social media and fundraising efforts to support the organization's lifesaving mission to bring people and pets together.

***Allies Training: A Crash Course in LGBTQ+ Sensitivity and Awareness | \$10***

**Thursday, July 10 | HB In-Person**

**9:30 a.m. - 11:30 a.m. | Seminar led by Kerigan Brewer**

Want to learn how to be a better ally to the LGBTQ+ community? Allies Training is an LGBTQ+ sensitivity and awareness training meant to prepare attendees to be allies in and out of the USM community through informative lecture and thoughtful discussion. These trainings are open to both interested allies and LGBTQ+ community members who want to learn more about sexuality, gender, biological sex, pronouns and more. **Kerigan Brewer** is a recent graduate of The University of Southern Mississippi with a bachelor's degree in social work and the Coordinator of Community and Belonging at USM, overseeing the PRISM Resource Center and advising the student organization Sexuality and Gender Equity (SAGE).

<p><b><u>TRAVEL</u></b></p>
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***Around the World with World's Fairs and Expositions | \$10***

**Monday, June 9 | HB In-Person**

**9:30 a.m. - 11:30 a.m. | Seminar led by Kay Guiles**

World's Fairs were BIG deals: they were where broadcast television started and where the Eiffel Tower was unveiled. They're how we learned about cultures on the other side of the globe and where our ancestors were introduced to new technologies – everything from electric street cars to the Ferris wheel to space travel. They are the source of some of our wildest stories, most creative ideas and incredible landmarks. **Kay Guiles** is Organist at Westminster Presbyterian Church and a retired Jones College music teacher. She has long been fascinated with World's Fairs and their many stories and has enjoyed this deep dive into all the wonderful, interesting and quirky tales about these fascinating events and their legacy.

***The Eudora Welty Home with a Stop at Lemuria Bookstore | \$35***

**Friday, June 20 | HB Field Trip**

**9:00 a.m. - 4:30 p.m.**

The Eudora Welty House is one of the most intact literary houses in America in its authenticity. Its exterior, interior, and furnishings are as they were in 1986 when Welty bequeathed her home to the State of Mississippi. We will also stop at the wonderful Lemuria Bookstore.

## SPECIAL INTEREST GROUPS

The current schedule for SIGs is below. Your OLLI membership must be current to participate in a SIG. Also, to receive emails with information pertaining to a SIG, you must be registered in the SIG.

HB Art   In-Person	1 <sup>st</sup> and 2 <sup>nd</sup> Friday   1:00 p.m.
GP Basic Mahjong   In-Person	Wednesdays   1:00 p.m.
GP Book Club   In-Person	4 <sup>th</sup> Friday   10:00 a.m.
HB Book Club   In-Person/Zoom	2 <sup>nd</sup> Friday   10:00 a.m.
HB Crocheting   In-Person	2 <sup>nd</sup> Wednesday   2:00 p.m.
HB Life Story and Poetry Writing   In-Person	3 <sup>rd</sup> Friday   10:30 a.m.
HB MS Books and Authors   In-Person/Zoom	4 <sup>th</sup> Friday   11:00 a.m.
GP Outdoors in South Mississippi   In-Person	Dates chosen quarterly.
HB Photography   Zoom Only	1 <sup>st</sup> and 3 <sup>rd</sup> Fridays   2:30 p.m.
GP Rummikub   In-Person	Tuesdays   2:00 p.m.
GP Stringed Instrument   Meet-Up	Tuesdays   2:30 p.m.
GP Ukulele   Meet-Up	Thursdays   2:30 p.m.
HB Ukulele   In-Person	Fridays   2:00 p.m.

# OSHER LIFELONG LEARNING INSTITUTE

## CONTACT INFORMATION

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## FIND OLLI ONLINE

Website: [www.usm.edu/olli](http://www.usm.edu/olli)

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